



HTI's *Perspectives in Healing*

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

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In this issue:

Directory & Editor's Note	2	
<i>Inspiration & the Mountain Way</i>		
Motivations from the President .3		
<i>Catch the Trade Winds</i>		
Words of Wisdom	4	
<i>Good Times & Bad</i>		
Integrative Health Care.....	5	
<i>Inspiring and Manifesting</i>		
Associate Partnerships.....	8	
<i>ABMP and ASCP</i>		
Affiliate News.....	9	
In Service	10	
<i>South Africa on the Move</i>		
Energy Research.....	11	
<i>Post-operative Cancer Patients</i>		
<i>Review of ISSSEEM.....</i>		15
Interesting Facts	14	
Board Corner	16	
Student Perspective	17	
<i>Intention</i>		
Community Development	18	
<i>India Project Update</i>		
Education Insights	19	
Certification Matters	21	
Professional Development.....	22	
<i>The Healing Energy of Children</i>		
Animals and Healing.....	26	
<i>Spirit Dog</i>		
Class Schedules	29	
<i>India Project Update</i>		

*Spreading Healing
Light Worldwide
through heart-centered
service, education
and professional
development*

Inspiration and the Mountain Way



*"Whatever you can do or dream you can, begin it.
Boldness has genius, power, and magic in it. Begin it now."*

- Goethe

HEALING TOUCH INTERNATIONAL, INC.
445 UNION BLVD., SUITE 105
LAKEWOOD, CO 80228
303 989-7982 FAX 303 980-8683
OFFICE HOURS
8:30 AM - 4:30 PM MON. - FRI.
WWW.HEALINGTOUCHINTERNATIONAL.ORG

STAFF

Executive Director/Integrative Healthcare/Editor
Lisa Anselme

Director@HealingTouchInternational.org

Volunteer Co-editor, *Perspectives in Healing*
Sue Kagel

Office Administrator/Certification/Graphics

Joyce Ramsaur

Certification@HealingTouchInternational.org

Office Administration/Membership

Cathy Nunemaker

Membership@HealingTouchInternational.org

Research Director

Diane Wind Wardell

diane.wardell@uth.tmc.edu

Administrative Assistant

Kassi Anderson

Education@HealingTouchInternational.org

BOARD OF DIRECTORS

President Sue Kagel

Sue.Kagel@gmail.com

Vice President Mary O'Neill

oneillmary@yahoo.com

Secretary Laura Hart

lahart38@msn.com

Treasurer Stephan Nobs

stephan.nobs@assetlink.com

Director Terry Ann Sparks

terryannsparks@sbcglobal.net

Director Judy D. Turner

turnerjudy3@yahoo.com

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www.HealingTouchInternational.org

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Letter from the Editor

by Lisa Anselme, Editor and HTI Executive Director



Our theme for this issue of *Perspectives in Healing* is "Inspiration and the Mountain Way". Webster defines inspiration as (1) the act or power of moving the intellect or emotions, or (2) inhalation (the movement of air into the lungs). Curiously, movement is a component of both definitions; in our work of Healing Touch, we observe how the Qi rides the breath in both the practitioner and the client.

On a broader scale, the Qi of Healing Touch has moved throughout the world through riding the breath of inspiration as we have collaborated, become inspired, shared and served through this work. All those who have offered Healing Touch in different areas and arenas have set the stage and opened the door for this work to evolve and expand. All who are currently engaged in this work are preparing the path for those who come behind us. It is through setting aside personal agendas, coming together, and inspiring each other that this work is able to be carried forward.

I believe that Healing Touch International is following what Tenzing Norgay described as "the mountain way". A Sherpa born in the high altitudes of Nepal, Tenzing made his first trip to Mount Everest (29,035 feet at summit) in 1935, working as a porter for a team of British mountaineers. Seven major expeditions tried and failed to make the summit between 1920 and 1952 and Tenzing was on 6 of the 7 expeditions. He was a highly respected Sherpa who was able to carry incredibly heavy loads at high altitudes, an expert mountaineer and full expedition member. In 1952, he climbed to 28,250 feet with a Swiss team of mountaineers.

In 1953, on his 7th expedition to the mountain, Tenzing was the Sherpa leader for a British mountaineering team. The team consisted of 10 high altitude mountaineers, including a mountaineer from New Zealand named Edmund Hillary, in hopes of getting two people from base camp to summit. The team required an incredible two and a half tons of equipment and food which was delivered to Kathmandu and then carried on the backs of men and women over 180 miles, up and down Himalayan mountain ridges and across rivers via narrow rope and plank bridges, to the base camp. Tenzing hired over 200 hundred people just to get the supplies to the mountain base camp; another 40 porters, each a Sherpa with extensive mountain experience would carry the supplies up the mountain above base camp. The best 1/3 of that team of Sherpas would continue working higher up

continued on page 23

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Support@HealingTouchInternational.org



Motivations from the President

Catch the Trade Winds!

by Sue Kagel, RN, BSN, HNB-BC, CHTP/I, HTI Board President

"Twenty years from now, you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Dream. Discover." Mark Twain



Greetings Leaders!

Yes, that is you....we are all leaders in our HTI non-profit organization.

The Dream

As I prepare to write this article, I am reminded of the vision and mission that Janet Mentgen, our founder of Healing Touch International, had with the Healing Touch work. She did throw off the bowlines and sail out there in uncharted waters, and she wasn't alone in the journey. She wanted every household to have someone with Healing Touch training, and she saw this work going forward 7 generations. She had a dream and it stretched her to try many new experiences and ways of being in the process. She was willing and she stepped up. Over the years, countless numbers of us have given time and energy to continue this dream.

"You and who else?"

Many of us made a promise to carry on this work. I was recently at Merritt Center in Payson, AZ, where many Healing Touch classes and retreats have taken place since the early 1990's. Betty Merritt, CHTP and founder of the center, recounted her last visit with Janet. She promised her that she would continue hosting the Healing Touch classes at her center to keep the work going. Janet's comment was "you and who else?" This article is about "you and who else" as we inspire and create together.

Compass, Map and Code

I just finished reading another book on managing non-profit organizations, a fascinating reading. As we continue to sail forward catching the trade winds, there are 3 aspects guiding us all.

1) Our actions are in alignment with our **HTI Vision/ Mission** which is used as our **compass**, staying to true north.

2) Our Vision and Mission (see page 1 of this publication for HTI's) flow from our HTI Articles of Incorporation which list our purposes, serves as a **map** and include education, certification, research and service to the public.

3) We operate from our **Core Values** to keep us in integrity, our **code of honor**.

From here we move into opening to inspiration and creation. Let us join together in collaborative, creative, group genius as we inspire to create 2010 and beyond.

Reviewing

As we approach September and our Conference, the HTI Board, HTI Certification Board, and HTI Committees will be doing another round of Strategic Planning for our 1-5 year plan that continues to evolve. Our Tree of Life metaphor has moved us from 2008 Roots/Stability; 2009 Growth and Creativity; and now.....

2010: Blossoming and Blooming

We will be looking at several aspects: Who are we now? How do we best serve? Did we reach last year's goals? (We are pretty close.) Are we maintaining what we have created? What things can we improve upon that we already do well? Are we releasing the old that no longer serves? How can we inspire more volunteers with fresh ideas to participate, while maintaining our core?

Inspiration

I see part of my role as that of facilitator of

continued on page 4

Motivations, cont.

brainstorming, creating new ideas, working to build collective and collaborative teams with all of us participating in whatever way we are called, and keeping us on track with the above 3 points as our compass, map and code. We are expanding and spreading healing light and love worldwide. This article has a series of reflective questions. Grab a pencil and paper, or use your computer.

The Platform

Before answering the questions, I invite you into this special, meditative space of inspiration and creativity.

Center and ground in your heart space; connect with HTI's heart space. If you know how to do the Hara Alignment Meditation from HT Level 3, I invite you to do that now and connect with HTI's hara line. Raise your vibration way up with feelings of joyful memories and love, the highest vibrations and always for the highest good of all. Slide up the HTI hara line. Imagine yourself on a sparkling white platform of peace and beauty, where all is already created and you just have to listen in your heart for the answers for the highest and most loving and joyful good of all.

Find your place on the platform and sit in silence, rest and listen in your heart. Dream, Discover...

Ask to be in alignment with the HTI Vision and Mission and your vision and mission.

The Questions

New ideas:

Where do you see yourself in a year, 5 -10 years?

Where would you like to see HTI in that time frame?

How will HTI best support us as a collective?

How will you best support HTI to offer these services?

How do you see yourself in this organization as a leader? What are you doing? What would you like to be doing to contribute to this work?

What tools do you need?

What tools and skills do you have to share?

In what ways are you willing to step up and stretch yourself?

What other things just "pop" up without thinking?

Write these now and meditate on this often. The more you go here, the more you open to what is.

Together as collaborative and collective genius and in sacred community (communitas) we create new possibilities and flow, and grow and blossom as we catch the trade winds in full sail.

Please use your loving and joyful voice and send your inspirations to Board@HealingTouchInternational.org before Sept 1st, so that we can incorporate your voice and responses into our strategic planning for 2010 and beyond.

See you at conference where you will feel the heart-centered, joyful, loving vibrations of the HTI platform manifest in a wonderful, sacred community-communitas. If you are unable to attend this year, connect with us energetically from that joyful, loving place in your heart center and catch the wave, feel the vibe!

Blessings, joy, gratitude and enthusiasm! Sue

Words of Wisdom

Reflection on Good Times and Bad

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I

I read Healing Touch International's **Perspectives in Healing** from beginning to end and always savor the journey and wisdom of others. The last edition's "Words of Wisdom" column was not written by me! I wondered who was so gracious as to let my name be attached. It was Sue Kagel, President of HTI. Sue's capture of Janet was a healing experience for me. It gave me a chance to reflect on my experience at Shadowcliff, as it was difficult for me. When I had seen Janet less than two months before she was vibrant and engaging everyone at the Canadian Conference. Even though it was clear to me and others that she was using the time to say goodbye to a country and people that she loved there was still a sparkle in her eye. In that month's interim she had been diagnosed with brain metastases; and was receiving radiation and high doses of steroids to counter the effects. Her walking was affected and she relied on others to move from place to place.

continued on page 6

Integrative Health Care

Inspiring and Manifesting at Banner Good Samaritan Medical Center

by Stephanie Clark RNC, LMT

I knew from the first Healing Touch class that I took that this would be great to have for the patients in the hospital where I worked; but, never in my wildest dreams that I would be the one to help facilitate that. Integrating HT into the hospital where I work is still in the making but one step leads into another. And, here's the deal... if you become excited and tell some people, things start to happen. This is what happened to me a few years ago with Healing Touch. My name is Stephanie Clark. I have worked for 25 years in Obstetrics (OB), which I love.

In October 2005 I saw a flyer for a Healing Touch Level I class. It was to be held at a sister hospital in the Valley. This class looked interesting. Plus, HT seemed like something that would compliment my massage practice. I excitedly registered and a week before the class, it was cancelled due to lack of students. Ah, disappointment... however, I was told that another Level I class was occurring in a couple of weeks in a city 3 ½ hours away. No problem. The Universe was working for me. I had that weekend off and my father happen to live in that city so I would have a place to stay.

What happened to me that weekend changed my life. I experienced, listened to and observed a class of 24, mostly Hospice workers and volunteers. It was incredible to watch people who claimed to “not know anything about energy”, “do the work” and watch as their lives were changed and their beauty came through. The love that I experienced that weekend gave me much joy.

Another year went by before my time and money allowed me to take the next level. I had to travel 2 hours by car to take the Level 2 class. It

was totally worth it. Although I do remember spending much of the weekend feeling frustrated to the point of tears on and off because I couldn't feel “holes” and “cold/warm spots”, etc. Could I ever do this???

This is where the story of integration begins. Before the Level 2 class, I was promoted as a Clinical Manager for my unit. The Director of Women's and Infants Service (WIS) we had at the time knew that I was a Massage Therapist incorporating Healing Touch on my off hours. The director decided that one of our 3rd quarter goals in 2007 was to bring Healing Touch to our service. She looked directly at me as she said this. Being new in management and not wanting to fail, I accepted the challenge. I had no clue how to do this. I contacted Lynne Jeffrey, the instructor who I had taken my 2 levels from to see if she could help me through this process. She assisted me tremendously and continues to do so. We know that certain things need to be done when having a class at a hospital and particularly a non-profit hospital. I learned about “meeting room agreements”, contracts, became “friends” with the legal department and the AA's in the Administrative Department. I learned about requesting a room set-up from EVS, conference requests, honed my Excel computer program skills and mass emailing to employees. All of the red tape was new to me and gave me many opportunities for growth.

At first I targeted the WIS services at the Banner facilities in Phoenix, then moved to other areas and employees. The first class had 14 students in attendance. It was a dream that had come true. I had worked hard overcoming some glitches along the way. I needed to ground, center and breathe throughout. I welcomed the



L.- Lynne Jeffrey, R.- Stephanie Clark

students with tears in my eyes seeing the beautiful hearts and Beings that had graced the class. What I learned solidly during the coordinating of the first class was that “I was not alone, there were people willing to help and all I had to do was ask”.

Since that time, 10 Healing Touch classes from Levels 1-3, with 113 students have been taught at Banner Good Sam. Word has spread throughout the community and they seek out the classes. I hold a monthly practice session at the hospital that is open to anyone who has attended Level I and above. I see this evolving this year into bringing in “clients” for the Level 4 students. As I have stayed focused on my own vision and mission which is to bring Light, Love and Beauty to those around me, telling stories and demonstrating Healing Touch, the path keeps opening. I have been lead to be courageous. I have spoken to many people in the hospital

continued on page 6

Integrative Health Care, cont.

from the Managers and Educators, to the Director of Volunteer Services and our CNO. I was invited to speak at the OB resident's noon conference and again at a teleconference for the OB residents and attending physicians in our Amphitheater. I facilitated Lynne Jeffrey and Carol Baldwin to present to the leadership team at my hospital regarding Healing Touch. Fox Channel 10 came and did a news story regarding HT at my hospital. My unit is embarking on an Evidenced Based Practice Project. We are waiting for the IRB's review to be complete. Several sister hospitals are inquiring about Healing Touch. Word of mouth is slowly spreading and the nurses and physician are requesting Healing Touch for their patients. And, patients are requesting themselves....not in large quantities but enough to see a slow progression upwards.

The journey has been wonderful. I know that I will feel better and perhaps more qualified after I attend my Level 5 in San Diego this September. I will celebrate when I become certified! I couldn't have done all of this without help. A special thank you goes to Lynne Jeffrey, for believing in me and mentoring me. Lynne has driven or flown from New Mexico to Phoenix to teach and give of herself. Thank you to Diane Wind Wardell for spending time with me on the phone and email about the best way to set up the research project. A thank you goes to HTI for having tools available such as the power point that I used in my teleconference and the Integrative Health Care and Research Booklets. Also, thank you to my co-workers... my Senior Clinical Manager, Karni Olsen who has promoted Healing Touch and has just completed Level 4 herself, my Clinical Nurse Specialist, Chris Tussey for attending a Level I and using her knowledge and expertise into putting the EBP together assisting me with Power Point. I thank my other co-workers who are too many to name, who have taken classes, part of the EBP, request HT for their patients. We are on this journey together.

Words of Wisdom, cont.

In my earlier travels with Janet she made it clear that she was not a guru and never wanted to be treated as such. She saw this as a failing of other healers. I must admit, this was difficult to do at first, as I adored her!

Over time our relationship matured and we had open discussion and arguments. One time she even apologized for her rather negative response to me. At Shadowcliff, I was once again reminded of her humanness and her pain at being diagnosed with this terrible disease that was taking her life little by little. There were times over the weekend in which I could sit in her wisdom and be reminded of those days when it literally felt as if the guides were whispering in her ear. And there were other times in which her anger, resentment, and pain reminded me that Janet, like all of us, was a developing soul.

Janet was once questioned about her loyalty and devotion to the writings of Alice Bailey, especially **Esoteric Healing**, as it contained racial and religious bigotry. Janet's response was that any channeled information had to be looked at through the human container through which it passed. It is not "pure" and contains aspects of personality. It is important, she would say, to look at the message, but also realize who it was for, and then see how it applies to you. She sought to find the truth behind or in the words.

The words that Sue selected to share from Janet in the last newsletter are for us all. I recently had an experience of deep meditation in which I was told to "wait". Waiting is hard for me. And now I realize that a collective spirit is one that requires waiting, for only in slowing down can we be truthful, real, authentic, and at peace. We are always being challenged to take the next step and to grow and develop.

Editor's Note: Correction: As identified by Diane, last issue's **Perspectives in Healing**, Words of Wisdom: Shadowcliff article was a transcription of taped recording of Janet Mentgen's words to instructors at Shadowcliff, transcribed by Sue Kagel.



Congratulations to Kassi and Sean Anderson

Kassi is a valued member of the HTI office staff, and Sean is currently working for the Douglas County Sheriff's Dept. and is planning a career in law enforcement.

After a beautiful wedding and a honeymoon in Riviera Maya in Mexico, we are happy to have Kassi home!



2009 Election - HTI Board of Directors

Your participation in this important process is appreciated.

We have two openings on the Board.

Two candidates have stepped forward.

You may securely vote on line by going to the "Members Only" section and entering your UserID and password.

All ballots must be received in the Healing Touch International office by August 15, 2009

Following are brief statements from nominees to the HTI Board of Directors:

David Wolffs BA, MA, CMT, CHTP

Foster City, California



"If elected to the HTI Board, I will bring my expertise in finance and marketing to the HTI Organization. This is a critical time of transition, both globally and professionally for each of us. During these challenging times I can contribute to the evolution of HTI. In Jungian terms, I can bring together the feminine heart centeredness of

Healing Touch with the masculine pragmatism of business and finance. I believe it is this balance that will carry on Janet's vision to bring Healing Touch out to the world."

David is a Certified Practitioner (CHTP) through the Healing Touch International Healing Touch Certificate Program (HTI HTCP). He has a BA in Business Administration/Economics and an MA in Liberal Arts/Humanities. David studied with Mathew Fox in his Creation Spirituality Program and spent over twenty-five years in the jewelry industry in various capacities: from business owner to corporate vice-president. David is a Certified Massage Therapist and holds numerous certificates in both Western and Eastern Modalities.

He studied for a year at the University of Bordeaux while a student at the Monterey Institute of International Studies and is fluent in French.

Evie Caprel BA, CHTP

Wheaton, Illinois



"I have served on several non-profit boards of directors in the past, and want to blend this and my business background with my love of Healing Touch. By doing this I feel I can help spread the light of Healing Touch to reach even farther and deeper. Just even in the few years I have been certified, there seems to be a shift in the public's awareness that

there is 'something more' to health and well-being. I want to help HTI jump on this wave of awakening."

Evie Caprel is a Certified Healing Touch Practitioner (CHTP) through Healing Touch International. Her passion about energy medicine began in the early 1980's after reading Barbara Brennan's Hands of Light. After many years in the public relations field, Evie chose to leave that entrepreneurial world to raise her children who were then 6 and 2, and in 2004 she was able to start on the path of health and healing when she selected the HTI Healing Touch Certificate Program for its rigor and professionalism. She was certified in 2006 and has been in private practice ever since, offering heart-centered, intention-based energetic healing for adults and children. She has served on diverse non-profit boards as a member at large and as an officer. Evie is also a wellness coach and co-chair of the DuPage County Health Department's Well Woman Coalition, an advisory board to the breast and cervical cancer program.

Associate Partnerships

HTI partners with ABMP and ASCP

We are thrilled to announce our associate partnership with Associated Bodywork and Massage Professionals (ABMP) and Associated Skin Care Professionals (ASCP)!

The HTI Business Council recommended our pursuit of student and practitioner liability insurance and practitioner business website templates after our Hilton Head conference. We are happy to announce that we have successfully accomplished these goals for our members!

Discounts from ABMP and ASCP Special Offers for HTI Members

HTI has been referring practitioners to ABMP for liability insurance for many years. We have been working closely with ABMP for the past several months with regard to partnership, national advertising and discounts for professional benefits. With our new affiliate relationship all HTI members are eligible to receive \$50 discount off your new or renewing membership with ABMP and/or ASCP. The HTI member price for ABMP is \$149/year. Student membership for ABMP is \$65/year. To qualify for the discounted rate, you must identify yourself as



a member of Healing Touch International when processing your affiliate membership.

ABMP or ASCP membership benefits include:

- The most comprehensive liability insurance coverage in the industry for students, practitioners and instructors.
 - * Students are eligible after their first class.
 - * A broad range of therapeutic modalities are covered and are updated regularly (check with ABMP for current listing of modalities)
- Business development assistance
- Free personalized business website
- Subscription to Massage & Bodywork magazine for ABMP members or Skin Deep magazine for ASCP members
- Many more benefits and resources available on the Members section of <http://www.abmp.com/> and <http://www.ascpskincare.com/> respectively.

For more information, please contact ABMP (800-458-2267) or <http://www.abmp.com/> or ASCP (800-789-0411) or <http://www.ascpskincare.com/>

HTI National Advertising: Working on your behalf to Spread Healing Light Worldwide. Look for HTI's ½ page ad in Massage & Bodywork Magazine's July/August 2009 issue. This publication is distributed to more than 70,000 professional massage and bodywork therapists and the digital edition is emailed to 40,000 readers.



HEALING TOUCH INTERNATIONAL, INC.

Spreading Healing Light Worldwide

Earn CE Contact Hours

The HTI Healing Touch Certificate Program™ is a nursing based continuing education multi-level program in energy therapy that moves from beginning to advanced practitioner and is complementary to traditional health care. Endorsed by the American Holistic Nurses Association since 1997, our program offers continuing education contact hours for both nurses and massage therapists.



Discover how to restore balance and harmony to the body, mind and spirit through heart-centered care and gentle touch.



Creating Flow: Healing Globally - 13th Annual Energy Healing Conference
presented by Healing Touch International, Inc.
September 3-6, 2009 Tucson, Arizona

Dynamic Keynotes
Jan Phillips Visionary Thought Leader, Author - The Art of Original Thinking
Belleruth Naparstek LISW: Renowned Pioneer in the Field of Guided Imagery
Stuart Hameroff, MD Pioneer in Consciousness Studies

A rich variety of additional workshops will also be offered. Explore the creation of flow in our personal and professional development, as we expand globally, awakening to new possibilities.
Earn Continuing Education Contact Hours while enjoying these thought-provoking presentations.

Preparing Certified Healing Touch Practitioners and Instructors
Providing Research and Integrative Healthcare Resources to Health Care Professionals
For more information, to find classes near you, or register for the conference, please visit us at:
www.HealingTouchInternational.org

Affiliate News



Australian Foundation for Healing Touch

Greetings to our Healing Touch sisters and brothers throughout the world. It is with great pleasure that we provide this Healing Touch report from our beautiful land.

All but one of our scheduled classes have been well attended for the first six months of 2009 so the feeling is the energy is continuing to build. It has been very exciting for us to obtain endorsement from the premier Australian nursing organisation, the Royal College of Nursing Australia Inc. (RCNA) for our Healing Touch classes and associated activities.

In October we will be running a Level 5 class in Cairns (Queensland) so if any of you wish to experience a class in a different country and visit the Great Barrier Reef, here is your chance. Come and join us.

We hold Healing Touch and HTI in the light. May peace and joy be with each and everyone of you. Rosalie Van Aken (International representative, on behalf of the Australian Foundation for Healing Touch Inc. (AFHT Inc.).



Greetings to all Healers!
Wow, what a class act our Newfoundland members did in putting on our Healing Touch

Association of Canada (HTAC) Conference on April 24th – 26th. It was truly wonderful to see 'old' friends again in the beautiful province of Newfoundland. I am also continually amazed at the number of new members I meet at every event. Ask anyone who attended and I am sure that they would voice our admiration and thanks to all who were involved in making our Conference happen.

It gives me great pleasure to announce that the 2011 HTAC Conference will be held in Whitehorse, Yukon. The Chair Persons are Nina Bolton and Judy Urquhart. As they have told me, "The Yukon Magic and Mystery is already in action." More details will follow once their team has firmed up their plans. Please consider joining us there in the spring of 2011.



Healing Touch European Conference

Healing@Work - October 9 - 11, 2009

The conference will offer training and networking in the unique location of Venwoude, Netherlands (conference language is English).

Dr. Philip Estherhuizen, MD, Dr. Henk Fransen, MD, Dr. Margreet M.A. Derksen, Judy Turner, Dr. David Rabinowitsch and many others will present on a variety of holistic topics, including the stimulating effect of storytelling on healing, the healing connection between heart and emotion, the healing strength of symbols, and discovering the energy of plants and trees.

You can download a registration form at www.healingtouch.nl
For more information contact Healing Touch Netherlands at conferentie@healingtouch.nl phone 023 5321 421/06 2149 1022

North American contact: David Rabinowitsch 914 443-5997 or healingtouchcatskills@hotmail.com



The Healing Touch training has been registered at V&VN, Dutch largest professional association for Nurses and Nurse aids.

The conference Healing @ Work and the Healing Touch training are endorsed by them for Continuing Education credits.

One of our goals for this year is to increase membership in HTAC. We would love to hear from other Healing Touch communities and Instructors on how this is being accomplished in your area. Please send your ideas to any Board member so they can be compiled and presented in the Canadian newsletter – the Nexus. The contact information is available on our [HTAC](#) web site. It would be wonderful to share with all of us what works in your community, as we may not have thought of that idea but are willing to try new approaches.

The current HTAC Board has the same goal in all the healing work we do over the coming year. We stand as one in our desire to be united with all healers across Canada. United we can create strength and productivity in promoting Healing Touch, not only in Canada but around the globe.

Jan Fennell BA, CIP, CHTP, HTCP
President Healing Touch Association of Canada

In Service

South Africa on the Move

by Mary J. Frost, RN, MS, HN-BC, CHTP/I

What a joy it is to continue the work of spreading Healing Touch to the lovely people in South Africa!

In February of this year a group of eight women went through the first Healing Touch Level 4 class in Cape Town, South Africa. Two women from the United States, Lisa Stone of Arizona and Shirley Funnamark of California, traveled half way around the world to share in this class with some very remarkable healers at the tip of the Eastern Hemisphere. When we arrived, after a very long trip, it was unseasonably hot. We decided to begin our stay with a dip in the cool, refreshing waters of the Indian Ocean at Boulders Beach with the indigenous South African Penguins! In South Africa even the animals are hospitable and these delightful birds were ready to entertain us by swimming playfully beside us in the clear, blue water.

Day one of the Level 4 class was begun in the living room of one student's home and finished with two days at Novalis Ubuntu Institute. Novalis, a nonprofit service organization, has been hosting Healing Touch classes for several years now and the staff has become like family to us. Two of the women from the class, Jessica and Dillion, immediately undertook their first community service project by joining in a Healing Touch clinic held at The Place of Blessing in Nyanga Township for local elders. The Place of Blessing is a grassroots project which cares for vulnerable children in the community and two of the child care workers were excited to take both Levels 1 and 2 Healing Touch.

During the past seven years both Robin Goff, RN, CHTP/I and I have traveled a number of times to this incredible country of such past strife and remarkable peoples to carry hope and Healing Touch. Even with the deep wounds of Apartheid and the AIDS epidemic influencing so many, we have seen such remarkable strength and love flowing through the citizens, both young and old, of all colors. We have been privileged to train individuals such as Claire Barry who have taken the Healing Touch skills into everyday life and work. Claire has been director for an Orphan and Vulnerable Children's project through Novalis and has utilized Healing Touch to care for the caregivers who work directly with children in various locations around Cape Town. She has worked with a group of 75 Grandmothers who care for their orphaned grandchildren and taught them Healing Touch basics to treat each other at monthly gatherings.



Our core group of international healing friends experienced an evening of sound healing from a gifted local man, Chris Tokalon, overlooking the Atlantic Ocean at sunset. He shared that earlier in the day his home had been rifled by a roving band of wild mountain baboons that had helped themselves to all of his fresh fruits and vegetables. In spite of the incident he guided us through a deeply moving session using his voice and various instruments. Later he attended the Healing Touch Level 1 class to gain skills that would add to his healing repertoire.

Our international community of healers is growing--- and it is always inspiring to witness the amazing ways our common understanding of hands-on, heart centered ways can bind us together in creating unity and caring for the world's family.

Energy Research

The Lived Experience of Postoperative Mastectomy Patients Receiving Healing Touch

by Valerie S. Eschiti, PhD, RN, CHTP, AHN-BC (left) and Betty Ann Baker, LMT, CHTP (right)

Despite remarkable advances and decreases in mortality in breast cancer treatment, surgery, chemotherapy, and radiation produce distressful after-effects for post-operative mastectomy patients. Such treatment, as well as a diagnosis of cancer, may cause anxiety that in turn may increase levels of pain. Pain and anxiety exist as two major issues for women after mastectomy. After-effects of surgery may hamper vitality and quality of life for breast cancer survivors. Many seek other therapies in order to relieve symptoms and gain a sense of control during their treatment and recovery.

One of the therapies women find helpful is Healing Touch (HT). Potential benefits of HT include reduced pain, increased relaxation, increased calmness, improved breathing, stress relief, increased energy, overall comfort, spiritual benefit, mood improvement, becoming more comfortable with oneself during the healing process, a sense of unity and connectedness during this difficult experience and reaching out for assistance to meet the challenges that are faced. HT may facilitate a feeling of caring and holism.

All of these benefits should improve quality of life for these women, and help them to achieve the sense of control they desire. Costs for certain medications, such as narcotics and anxiolytics, also could be potentially be decreased, since women may find relief from pain and anxiety facilitated by receiving HT.

Aims

The aims of this pilot study were to describe the thoughts and feelings of women who are receiving HT within six months following a mastectomy, and to determine study feasibility. The information gained contributes to an understanding of the women's lived experience that may serve as helpful information in developing strategies for improving the quality of their lives. It also provides recommendations for conducting a full study. The long-term goal is to develop and test an intervention that will improve the quality of care for women after undergoing a mastectomy—a time when they may suffer detrimental after-effects from treatment for breast cancer.

Design

A feminist phenomenological design was employed. Although breast cancer also occurs in men, the disease



decimates women's health with greater frequency. In the U.S. society, breasts are often viewed within a sexual context. As such, when mastectomy occurs, a woman's body image may be adversely affected. Therefore, the social and historical contexts in which breast cancer occurs in the U.S. have ramifications that support utilizing a feminist approach. It is important to view this experience through feminine lens, in order to fully understand the experiences of these women.

The operative word in phenomenological research is "describe". The aim of the researcher is to describe as accurately as possible the phenomenon, refraining from any preconceptions, and remaining true to the facts. Approval of the Cancer Institute Scientific Review Committee and Institutional Review Board (IRB) at the University of Oklahoma Health Sciences Center was obtained.

Methods

There were no known risks to participating in the study. It is possible that recalling surgery and treatment for breast cancer could bring up uncomfortable feelings for a woman. These feelings should be minimally distressing, and would likely dissipate while talking about them to the researcher, who would use therapeutic communication skills. If a woman felt distressed during the telephone interview, the researcher would ask her if she would like to end the interview. If she did, the researcher would then supply her with the name and contact information of a psychiatric nurse practitioner who could speak with her to assist her with her feelings. The woman would also be instructed to notify her physician of her distress. If the psychiatric nurse felt that a woman needed further professional assistance, the nurse would have referred her to the Oncology Counselor at Jupiter Medical Center. This did not occur with any participants.

continued on page 12

Energy Research (Lived Experience), cont.

Recruitment was provided through the Program Director of HT Buddies of Jupiter, Florida - Betty Ann Baker. HT Buddies program provides HT treatments to women free of charge for one year after diagnosis. For the recruitment process, flyers were posted in the HT Buddies office and distributed in community. A flyer and contact permission sheet was posted on HT Buddies website. Potential participants contacted the Principal Investigator (PI) directly or through the Program Director—not their HT practitioner, so as not to feel pressured to participate.

Once PI received a woman's request to participate, informed consent forms were sent via postal mail to the potential participant, along with a self-addressed, stamped envelope in which to return the signed forms to the researcher. Participants were informed that their participation was voluntary, that potential benefits may outweigh the risks, and that they could withdraw at any time. Once the completed forms were signed and returned, the PI arranged a time with the participant for a telephone interview.

One semi-structured telephone interview was conducted with each participant by the PI using an interview guide. The PI could contact some participants for an additional interview if it seemed necessary to clarify more information. An open-ended approach to interviews was maintained in order to remain true to phenomenological methodology. Interviews were audio recorded.

Demographic information collected was age, ethnicity, marital status, educational level, time since breast cancer diagnosis, time since mastectomy (included partial mastectomy, lumpectomy), length of time receiving HT, and occupation. One hour was allowed for telephone interviews - an interview guide was employed and probing questions were asked as needed. A \$20 health food store gift certificate was provide to participants to thank them for their time.

Data was collected until February 2009, when 2 years of IRB approval expired, and recruitment had been occurring for 18 months. The researcher needed to continue collecting data until saturation of information occurs; this was estimated to be about 10 participants. This investigation served as a pilot study, as saturation of data was not achieved.

Sample

The sample consisted of 5 white women, ages 43-75 years of age; 3 were married, 1 widowed and 1 divorced; 2 were retired, and 3 employed. Time since breast cancer diagnosis

was 2-8 months. Time since mastectomy was 1-8 months (it took time to receive consents and arrange interviews). 3 women received a partial mastectomy; 2 received a full bilateral mastectomy. Length of time receiving HT was 1-7 months.

Findings

There were 4 major themes identified: Preparation for Surgery, Social Support, Healing (with sub themes of Physical, Mental, Emotional, and Spiritual Healing), and Practitioner Attributes (See boxes for exemplars).

Preparation for Surgery

Participant #1: "She [HT practitioner] gave me Healing Touch and she stayed with me until they took me down to the operating room. I felt very comfortable. I didn't feel stressed at all and I am probably not the calmest person in the world...I felt very relaxed...They [family] were angry with me because I didn't take a pill [Valium]. But I didn't have any problems if I were to tell you the truth. I was very comfortable."

Participant # 2: "She [HT practitioner) was there as I was going into surgery, and she did it just before surgery. She got my blood pressure down. I mean way low and way calm. So I went in very calmly and I have a tendency for my blood pressure to shoot, you know, when I'm upset."

Social Support

Participant #1: "My husband-he rejected me. He wouldn't have anything to do with me. And if I didn't have Betty Ann, and people at the Cancer Group, I would have been lost... his first wife had an arm removed because of cancer, and I understood that. ...I think that it's a great support system."

Participant #2: "Since I am alone it made it so much incredibly easier for me to deal with."

Participant #4: "My Healing Touch buddy...was my best support system."

Healing

Physical Healing

Participant #2: "Diarrhea, nausea, vomiting...— I find that when she does Healing Touch it gets me centered again, so I can deal with it."

Participant #3: "When I went back to have the ultrasound done on the breast, the right breast—not the one I had the lumpectomy on—they couldn't find the cyst. It was completely gone. Nobody could find it."

Participant #4: "The anesthesiologist mentioned how little I was bleeding...two doctors related that to the Healing Touch because I happen to be a person who bleeds easily."

continued on next page

Energy Research (Lived Experience), cont.

Mental Healing

Participant #1 "I was not sleeping. And I was having nightmares all the time." Stated these were helped by HT.

Participant #3: "It was reaffirming that I felt, you know, something during the session and ah – basically we can control, you know, even like our feelings and thoughts and stuff like that."

Participant #5: "My treatments have helped clear my mind."

Emotional Healing

Participant #2: "It just checked my emotions that were going crazy and it calmed me down...I was very depressed, very anxious, very sorry for myself. Sad, lonesome. You know, this Healing Touch Buddies made me feel like I wasn't so alone."

Participant #5: "It has been really, really calming."

Spiritual Healing

Participant #3: "I guess it [HT session] was like more of a meditative state. Truthfully, I think it helped me through everything, you know, for about a week or so, because yeah, you go back to certain things and you think about certain things when you start getting, feeling your body getting stressed out."

Practitioner Attributes

Participant #1: "Betty Ann Baker is excellent and kind, and you know she's caring. And I think that's what helps. ..I guess because I had confidence in the doctor, I had confidence in Betty Ann. The doctor, the surgeon, was very caring. You know, and all those things count when you're going through cancer."

Participant #4: "Having somebody who you feel is a real buddy of yours who you can become connected with who understands you and is there for you."

Suggestions for Future Research

Recommendations for future research include having a stronger recruiting strategy in place, possibly enabled by funding and/or larger population from which to draw a sample. The recruitment strategy and study design could draw upon other races/ethnicities in the population, e.g. flyers and interviews in Spanish language.

In addition, in-person interviews may facilitate collection of richer data. A researcher could arrange to interview participants again later in their treatment trajectory to compare across time. One might find it beneficial to conduct a longitudinal study so that participants can be followed over time.

A final consideration is the incorporation of probing questions that extend data collected from pilot study, e.g. Participant #4 stated, "I would wish that it would be made known to people that there was a better way to share with people...I don't know if the American Cancer Society would have informed me that such a thing was available."

Acknowledgements: This study was funded by a grant from Healing Touch International. Recruitment support was provided by HT Buddies of Jupiter, Florida. The authors extend sincere gratitude to the women who shared their experiences.

Contact Information: Valerie Eschiti: valerie-eschiti@ouhsc.edu Betty Ann Baker: HTBuddiesInc@cs.com

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Interesting Facts: The Inspiration and Creation of Healing Touch International



Did you know?

- ☺ Janet Mentgen, our Healing Touch International Founder, believed strongly that Healing Touch should be available to all with an interest in healing, while maintaining its nursing continuing education professional standards. As a result, HTI was founded by Janet Mentgen, with the collaboration and support of many, as a non-profit organization in 1996 to accomplish this goal.
- ☺ The AHNA Healing Touch Certificate Program curriculum objectives and course content and Healing Touch Certification moved in their entirety from the American Holistic Nurses' Association (AHNA) to the newly founded HTI so that standards would be continued without interruption. This standardized curriculum and certification credentialing has become a recognized "gold standard" in energy therapy throughout the world.
- ☺ HTI provides a place, voice and representation to the greater public for members, students, practitioners and instructors in the work that they love and value.
- ☺ The first visionary HTI Board members were Janet Mentgen, HTI Founder and President, Mary Jo Bulbrook and Susan Morales. Susan is credited by Janet with coining the name Healing Touch when it was forming within AHNA.
- ☺ The name Healing Touch International (HTI) was chosen to confirm our mission of *Spreading Healing Light Worldwide* and reflect our international membership, which included key people in many countries, including Susan Morales (Canada), Alexandra Jonsson (Canada), Rosalie Van Aken (Australia), Annis Parker (New Zealand), Diane Blumenfeld-Schaap (Netherlands), Wietzke van Oene (Netherlands), and Mary Jo Bulbrook (USA) who were teaching internationally.
- ☺ There were 1,199 Charter Members of HTI, of which 92 were members who resided in countries outside the USA. Today, 13 years later, 34% of our original Charter Members remain active.
- ☺ Public Service and Education are important aspects of HTI in its role as a non-profit 501c6 professional trade organization.
- ☺ The original certificates of course completion stated: "A Certificate of Completion of the American Holistic Nurses Association Healing Touch Program." Certificates of Completion from 1996 forward read: "A Certificate of Completion of the Healing Touch International Healing Touch Program."
- ☺ HTI Healing Touch Certificate Program (the curriculum, not the certification) became an AHNA Endorsed Certificate Program in 1997, applied and paid for yearly by HTI. Our professional affiliation and supportive relationship with AHNA continues.
- ☺ The first HTI Annual Conference was held in January, 1997, across the street from HTI's current office. Our upcoming 13th annual conference has now widened beyond HTI to include all with an interest in healing.
- ☺ HTI Healing Touch Standards of Practice/Code of Ethics and Scope of Practice set Healing Touch apart from other energy therapies and assure safe practice.
- ☺ The HTI Research Director position was created in 1996 through a grant from AHNA.
- ☺ The creation of HTI's Health Care Integration was instituted in 1998 to support the development of hospital and health care based Healing Touch classes and clinics, bringing Healing Touch to the bedside.
- ☺ The combined endeavors of HTI Research and Integrative Health Care coordination and consultation have given Healing Touch great credibility with the general public and in the health care and academic communities.
- ☺ University HT class offerings for nursing, medical and allied health students have also been a key and important means of bringing HT into the health care system, adding to the credibility of Healing Touch.
- ☺ HTI Affiliate Country Organizations are established in Australia, Canada, Netherlands, New Zealand, and Peru and offer affiliate member services for those practicing Healing Touch within their borders.
- ☺ In just the first six months of 2009, HTI instructors prepared 236 new Level 4 students in the U.S. alone. Each of these students will provide 100 HT sessions as part of their Level 4 homework. This means more than 23,600 healing sessions will be lighting the planet from these students alone.
- ☺ Janet's inspiration continues in each of us as we practice this Healing Touch work and spread its healing light worldwide. How are you sending out the ripples?

Sources: Janet Mentgen on history at Shadowcliff Instructor Retreat, transcriptions, 2005,
Healing Touch a Guidebook for Professionals, Hover-Kramer,
AHNA archives and the HTI archives

Review of the Research Day at ISSSEEM: International Society for the Study of Subtle Energy and Energy Medicine Conference

by Diane Wind Wardell, PhD, RN, WHNP-BC, AHN-BC, CHTP/I

It was my pleasure to join other scholars at the ISSSEEM conference in presenting and discussing the current status of research in energy medicine. There was a full day allotted to this aspect of the work as a pre-conference activity and it was well attended. The conference day was opened by Dr. James Oschman, President of ISSSEEM and author of *Energy Medicine: The Scientific Basis*.

Topics that were presented included reviews of completed studies in lecture and poster formats, a panel on the theories of energy process and structure, a lecture by Dr. William Tiller, and a panel discussion on recommendations for research methodologies. I was honored to present both my Healing Touch research with chronic neuropathic pain in spinal cord injured veterans and thoughts on research methodologies.

The individual research presentation reviewed included a focus on chronic pain and its reduction with: Chi Gong (Ms. Coleman); Healing Touch (Dr. Wardell); Quantum Touch (Dr. Walton); and distant healing from a healer in Japan (Dr. Tsubono). Other topics discussed included the effect of homeopathic medicines on improving mood (Dr. Bell), the use of homeopathic function (Dr. Lenger), and differences in dream diaries in those receiving homeopathic remedies (Dr. Bell). The effect of self directed Reiki on increasing finger perfusion was also discussed (Dr. Baldwin).

A lecture was provided on the science of the heart in yoga (Dr. Anderson, MD) in which the emphasis was placed on the heart as the modulator leading to a system that is called "energy cardiology" where dreams and visions occur. He stated, "The ultimate dimension of the heart is as an ever-present, conscious, condition without limitation to any sense of separate self." This resonates with the "heart" of Healing Touch.

There was also another very complex and heady lecture by the esteemed researcher, Dr. William Tiller, Professor Emeritus from Stanford University. Dr. Tiller provided numerous mathematical formulas that explained the effect of intentionality. One experiment he reported on was the ability of meditators to raise the PH of water by one degree by intention (this is a significant change). The experiment was successful and it also found that at ground level this was accurate, at three stories up it was less, and in a basement lab it was higher. The meaning of this is not quite clear but

it is intriguing and may indicate that electromagnetic fields may be only partially responsible for transmission of energy. His lecture, although filled with physics and complicated hypotheses, was excellent! It felt as if the answer to the question of "how" energy effects change was provided. He referred us to his website at www.tiller.org for more information!



The conference day ending was provided by a panel that reviewed how to conduct research in energy medicine. There were no conclusions but some helpful ideas from beginning researchers to well seasoned experts. It was acknowledged that clinical research provides complex issues related to intention, expectations, and culture. It was a great honor to be a part of this wonderful event.

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Board Corner

by Terry Sparks J.D., M.Div., CHTP/I

On behalf of the HTI Board of Directors, I want to thank each member and friend of HTI for investing in HTI by holding the Board in your hearts and sending us love and light over the past few months. I particularly thank the members of the Greater Council and all members of the HTI committees in this regard. Your heart-centered investment of energy directed towards the Board makes our work lighter, more joyful, more creative and more productive.



Whatever you call your personal practices for sending love to another person, please continue to include the Board in your list of recipients. I am convinced this makes a bigger difference in life than any of us can completely understand.

I can say with certainty that your investment in the Board over the last two months has produced a much greater return than investment in any of the world's stock exchanges have produced during that time. As the financial analysts say, we are trending up. Below is a list of specific actions the Board has taken recently. Think of these as the return on your investment of love and light that you have poured into HTI.

Education Committee

The Education Committee is responsible for general oversight of the HTI Healing Touch Certificate Program™, developing curriculum and class delivery. They have been very busy over the last year, as we continue to address needs in this area. All committees function under the Board, but there are also several subcommittees under the Education Committee, all of which have been active. If you would like to help in any of these areas, please contact us at Board@HealingTouchInternational.org. The current focus of these subcommittees is listed below:

- **Instructor Meeting:** The Education Committee has planned the curriculum for the Instructor Meeting at the HTI Annual Conference.
- **Curriculum Co-Facilitators:** This is a new subcommittee consisting of teams of experienced instructors for each class level. They work under the Education Committee to impart information from the Committee to the Instructors of the various levels.
- **Mentorship:** This is a new subcommittee that is responsible for revising the mentorship guidelines, and for creating mentor trainings at Conference. The new

guidelines will be available at Conference, and there will be a workshop on mentorship at Conference.

- **Instructor Training & Advancement:** This subcommittee creates the criteria for an Instructor to be considered to teach advanced level classes, and develops curriculum for Instructor training. This subcommittee has been working under a year-long pilot program to conduct one Instructor training for each level of class. The pilot program will be extended to 18 months to allow for completion of a Level 5 Instructor training class.
- **Professional Development:** This subcommittee is creating the criteria for accepting other professional development programs as being a quality source of continuing education. They have created an application process and are currently reviewing several programs who have applied to HTI for this status. This process is designed to support the growth and development of all healers.

Fund Development Committee

This is a new committee that is forming now. If you have interest in this area, or previous experience, and would like to serve here, please contact Board@HealingTouchInternational.org. Targeted fundraising will help us to pursue some of our long-range goals.

Nominating Committee

The HTI nominating committee put a call out for prospective board members and two highly motivated and qualified candidates stepped forward for this year's board election. We will be electing two new members to the Board of Directors shortly. If you are currently a member of HTI, you are eligible to vote and I encourage you to do so. If you are not a member, you will be eligible when you join. Go to www.HealingTouchInternational.org for information on joining HTI.

Marketing

We are looking to create a Marketing Committee, as this is an area the Board has been giving attention to over the past few months. HTI has focused upon three major things recently:

- HTI is setting up an HTI Facebook page within the Non-Profit section and connecting this to the HTI website and Twitter with the help of Pam Neill. This will help us spread information about HTI and Healing Touch to people who use these venues. This is a particularly important way to communicate with younger people who are interested in healing work. The more diverse ways we send out our message, the
- continued on page 17

- more groups of people we are likely to attract.
- HTI has advertised classes and annual HTI conference in the June AHNA and ABMP national publications.
- HTI had an exhibitor booth and representation at the AHNA Conference, and representation at the Healing Touch Association of Canada conference in St. John, Newfoundland, Canada.
- HTI provided marketing and educational materials at the ISSSEEM conference in Westminster, Colorado, the Therapeutic Touch International conference in Boston, Massachusetts and the Scripps Integrative Medicine Conference in San Diego, California.
- Diane Wind Wardell was on the Research Panel presentation at ISSSEEM.

Associate Partnerships Updates since May

- Associated Bodywork and Massage Professionals (ABMP) and Associated Skin Care Professionals (ASCP):** We have solidified our relationship with ABMP and ASCP and established a collaboration that allows our HTI members to receive discounted membership benefits that include professional liability insurance and business development support (see more on page 8).
- American Holistic Nurses Association:** We continue our longstanding collaboration with AHNA, met with their endorsed program committee and networked with leadership at the AHNA conference.
- Council for Healing:** We continue our longstanding collaboration with Council for Healing and have a featured segment on HTI in their first online newsletter; we will be forwarding that to you by email this week.
- Humanitarian Healers Partnership/Disaster Working Group:** The Board has agreed to partner

with the International Society for the Study of Subtle Energy and Energy Medicine (ISSSEEM) and the Association for Comprehensive Energy Psychology (ACEP) in a humanitarian healing effort that they are spearheading. Mary Jo Bulbrook has chaired the Humanitarian Committee for ACEP for some time, and developed this proposal to give healers from many different disciplines an avenue to assist in times of natural disaster and situations of large-scale distress. HTI has had a Disaster Working Group for some time that has been attempting to promote HTI doing work in this arena. More details will be forthcoming on how to connect with humanitarian healing efforts through this new partnership. Thank you Mary Jo for your persistent work on this project.

Certification Board

The Board of Directors has appointed Kathleen Scacciaferro RN, BSN, MSA, CHTP/I and Lori Protzman RN, BS, CHTP/I as new members of the Certification Board.

As I said earlier, we're trending up. If your personal financial investments currently are yielding as much as your investments in HTI, please contact me. I want to know how you're doing it!

We have accomplished a great deal in a relatively short time. Much of the energy for this really does come from the love and light you invest into HTI. If you would like to invest further, and become more personally involved with HTI through a volunteer role, please contact us at Board@HealingTouchInternational.org. Again, from all on the Board, thank you for your generous and loving investments in HTI.

Student Perspective

Intention

by Shannon Armitage

I work for a private ambulance company. We do emergency and non emergency transports. Last week we had a long string of suicide attempts/thoughts. My last patient that day had been unable to fall sleep for almost 2 weeks. She stated that the lack of sleep had led to hours of thinking, that wasn't always good. Our transport time was just over an hour, but about 5 minutes into the transport, she began to open up more than she had in the 3 hours she was with her doctor.

She commented that she actually felt comfortable, and cared about. "It's almost like my getting in this truck took

all my bad feelings away." I couldn't believe it. Just before getting the run, I was doing some guided meditation. I asked her if she had heard about Healing Touch. She had, but had never experienced it. I asked her if I could use some techniques for her. She commented that she "isn't a touchy-feely person". I calmly explained that I didn't have to touch her, and she didn't have to do anything.

I couldn't believe it, but using only intention I did it. In no time she was sleeping, breathing evenly and deeply. It was so awesome. When we got there, she thanked me and hugged me. I asked her if I could share the experience only, and she said sure. So I just had to tell about it so it could encourage others to just use intention. It was amazing.

Community Development

Healing Touch India Project Update

by Martha Rather, BFA, CHTP/I



A Brief History of Healing Touch India Project

The Healing Touch India Project began in 1999 when Kathleen Rosemary, LMT, CHTP/I visited Auroville, Tamil Nadu, India, and taught the first Healing Touch class there. During that trip she met a young man, Sivaraj, who had a dream of developing a Holistic Healing Center that would benefit both people from his village as well as visiting tourists.

Since then, many Healing Touch instructors have donated their time and expertise in educating local village people and visiting tourists. Classes were held in 1999, 2000, 2004, 2006, and 2008. We are now in the planning stage for 2010.

Summary Report of Classes In 2008

In Feb. 2008, I was pleased to escort another group of Healing Touch Instructors and American students to what is now known as Martuvam Healing Forest for a Healing Touch class series. Mr. Sivaraj was proud to show us the improvements that had been made on the holistic center with the help of a trust fund from Holland. More information on this is available at <http://www.martuvam.org>. He showed us a building under construction that would become the Holistic Clinic where people could receive treatment.

During the 2 weekends we spent there, the 5 instructors, including Mary Frost, Martha Rather, Margaret Leslie, Geraldine Hartmayer, and Vicki Slater, taught 7 classes at separate locations to 82 local and international students from 8 countries. This series included the first Level 3 class which was taught by Mary Frost.



From my own experience teaching Level 2 to the village women, I find these students to be sincerely interested. While teaching with a translator can be challenging, there is no doubting the expressions of pain relief which

transcend verbal translations. The gratitude is priceless, plus they are learning to interact with each other in a more holistic manner that they truly love.

New Developments in 2009

In Jan. 2009, two Healing Touch students who are nurses and who had traveled with me to this area in previous trips, Debi Hood and Judy Davie, decided to “vacation” at Martuvam Healing Forest. Because they had traveled to this location before and knew the family, arrangements were made for them to stay with the Sivaraj family for 3 weeks.

During this time, they conducted 2 hour “Review Classes” almost daily for the village women or anyone who wanted to come.

Judy Davie has generously contributed some of her impressions of working in this Indian village to this newsletter.

MR: “In what way do you think these classes are benefiting the village people?”

JD: “The humility of the Tamil population is profound. The village women thanked us for “having enough respect for us to think we were worth teaching,” as translated by Malar. Another young Muslim woman invited us to her home for tea and snacks after class: present were her mother, sister, nieces and nephew (all Muslim), Debi and me (US) and Malar (Hindu). HT brought together women from three very different cultures, with a vibration of love and acceptance. Also, two of the older girls invited me into their homes in the village to meet their families and celebrate Pongal, again with the HT vibration of love and acceptance. These are cultural boundaries that I doubt I would have had the opportunity to cross otherwise. The classes benefited ME! When I first rode through the village, all I saw was poverty and squalor. When I last went through, I saw friends and joy. “

continued on page 19

Education Insights

An Inspired Curriculum

by Barb Schommer, RN, MS, CHTP, CHTI



The following thoughts from the HTI Education Committee are for students, instructors, practitioners, and anyone interested!

HTI's Annual Conference and Instructor Workshop

are fast approaching. Have you signed up yet??? There are so many excellent educational opportunities available for anyone interested in energy and Healing Touch. Conference is valuable learning for anyone who has taken Healing Touch classes, people who will take classes in the future, Certified Healing Touch Practitioners, Certified Healing Touch Instructors, and the public. There is something for everyone at conference this year! Register now if you have not done so already.

All Instructors are warmly invited to join the Education Committee for the Annual Instructor Workshop on Thursday September 3, 2009. The AHNA education committee designed the HTI Healing Touch Certificate Program core curriculum, based upon the

work of Janet Mentgen and others. Janet was guided to have training progress in a specific order from Level to Level. We will use that same concept, and build energetically throughout our day together. The morning portion of the workshop will be a review and discussion of interventions taught in Healing Touch Levels 1 – 5. What a great opportunity for us to come together in community with commitment to the core curriculum and review how we are each teaching the interventions. All Levels will be covered in the morning session, so even if you are not teaching a particular Level, it will be great chance for you to review what you learned in that Level, and determine if you are ready to advance to teaching the next Level. Learning about the teaching of other Levels deepens your understanding of what you are teaching in your Level or Levels. As part of the flow of learning, you will receive Guidelines for moving to the next Level in your teaching career.

The afternoon sessions will focus on those key concepts that make the HTI Healing Touch Certificate Program

continued on page 20

Community Development, cont.

MR: "How has working in India with this population affected your life? "

JD: "The most profound impact on me has been becoming more conscious of some of my own Western biases, pre-judgments. It was refreshing at first to teach in a culture that already accepted the basic concepts of energy work, not have to explain right brain concepts using left brain methods (about chakras et al).

Then I began to realize the depth of the women's commitment to and acceptance of their dharma. I was able to see the results that came from their years of simply living grounded, service filled lives; the energy had been freed naturally to flow in torrents through the older women. Our "tea" woman who served tea daily to the quilters and is married to the building caretaker, proved to be a powerful healer with no techniques, no practice. She simply trusted that what we told her would work, and had a lack of ego that allowed her to "get out of the way" and let the energy do its work. I suddenly saw how many western constraints are still imbedded in my own ego, how separate I still hold myself from the cosmic flow and how much I still identify myself as "the doer."



Future Plans For 2010

Once again in Feb. 2010, I will be conducting another trip to India to this area for further adventures. My group will work in the village, but stay at a hotel in town. We will also include tours of local sites, including the amazing Matri Mandir of Auroville. If you would like to join in with this group of both new and seasoned travelers, please contact me for further information at martyrather@comcast.net

Education Insights, cont.

unique among energy medicine offerings. Our collective energy of group genius will uncover those key concepts, and enable you to articulate them when you are asked “so how is Healing Touch different”, or “what is the difference between.....” The outcome of this flow of ideas may be new marketing tools for your use in your teaching practice.

The day closes in high vibration. We will be connecting as community and celebrating the role instructor’s play in allowing our light to shine. We will be facilitating participants in how to connect from the heart in unfolding their light for doing the work.

Coming together in community in integrity and high vibration has been an ongoing theme for your Education Committee. In that light, the committee, with Board of Directors approval, decided to establish the role of co-facilitators for each Level of the HTI Healing Touch Certificate Program. As CHTIs, we are all approved by HTI as providers of the Healing Touch Certificate Program, and are independent entrepreneurs responsible for following the HTI Instructor Guidelines when we teach. At the same time, it is important that the integrity of the core curriculum that makes up the HTI Healing Touch Certificate Program be maintained, and that there is consistency in the way independent instructors teach this core content.

The HTI Education Committee has been in place since 1996 to oversee curriculum integrity. Committee members have included those holding backgrounds and experience in education, and leaders of the various levels.

With the evolving focus on a collaborative approach within Healing Touch International, came the opportunity to bring a fresh perspective to the question of how to maintain integrity and consistency among Certified Healing Touch Instructors withing the HI Healing Touch Certificate Program.

After much discussion, and looking at a variety of alternatives, the HI Education Committee (with the HTI Board of Directors approval) developed the concept of co-facilitators for each level of training. The instructor co-facilitators function as a a sub-committee of the Education Committee, who sees their role as yet another way HTI, as an organization, practices leadership by community.

Instructor co-facilitators are available to convey information to instructors regarding curriculum changes and teaching strategy changes. They have also been asked to collate and make available standardized classroom materials to use in addition to the textbooks. The plan is for these materials to be available on the HTI website for downloading as needed or wanted by instructors.

The Education Committee is pleased to announce that the following people have agreed to serve HTI in the capacity of co-facilitator.

Level 1	Deb Larrimore and Barb Schommer
Level 2	Myra Tovey and Mary Szczepanski
Level 3	Judy Turner and Mary Frost
Level 4 & 5	Diane Wardell and Anne Day

Instructor co-facilitators will serve a term (yet to be defined, but not to exceed 5 years). So there is room for change and growth in the co-facilitator role. Consider the possibilities of serving HTI in this capacity when the call goes out for new co-facilitators!!!!

That’s it for Education Insights. Hope to see lots of you in Tucson in September!!

May your days and your heart be filled with joy and light.

Instructor Guideline Revisions

The revised Instructor Guidelines
are now posted in the
Instructor area on the website:

www.HealingTouchInternational.org

All instructors should please download,
read and become familiar
with the new additions.

We will be discussing them at the
HTI Annual Instructor Meeting
at the HTI Conference in
Tucson, AZ, Sept 3rd.

Certification Matters

by Jody Hueschen RN, MN CNOR, NEA-BC, CHTP/I, Director HTI Certification Board



The excitement builds every year as we anticipate the annual HTI Conference. This is a very exciting year as the theme is so fitting to our certification process. The flow of individuals who pursue excellence in their healing work continues to expand the number of practitioners demonstrating to the world evidence of meeting the gold standard of

certification. Congratulations to all those applicants who have achieved certification this year.

The updated certification application forms were introduced this year. Although the criteria have remained consistent from the inception of the HTI Certification Program the action/evidence required has been clarified and the format for the application has been enhanced to illustrate the professional work of Healing Touch. The applications that are being submitted have certainly shown that each applicant is carefully following the necessary requirements to demonstrate their Healing Touch practice.

The first July submission of application for practitioner certification has been received and is currently under review. The Certification Board is committed to completing the review in advance of the HTI Conference so that newly certified practitioners may be pinned at conference.

The Certification Board is preparing special ceremonies for practitioners and instructors for the 13th Annual Energy Healing Conference in Tucson. In past years the ceremonies were held at separate times during the conference to allow dedicated recognition of each significant and important role. The Certification Board has decided to return to the tradition of separate ceremonies. Celebration and recognition of

Instructors is scheduled for Thursday, September 3rd from 4:00 to 4:30pm immediately following the Annual Instructor Meeting/Workshop. New CHTIs will be recognized and instructors who have completed 5, 10, or 15 years as an instructor will receive those pins.

Celebration and the international pinning ceremony for newly certified practitioners will be at HTI Conference on Friday September 4th from 4:30pm to 5pm. This recognition and celebration of our new CHTPs has been a tradition since the inception of Healing Touch certification. The Certification Board is preparing a very special ceremony for this sacred tradition.

New CHTPs and CHTIs who are attending HTI Conference are requested to notify the HTI office, indicating your desire to be pinned or recognized. The on-line conference registration form provided a space to record that information. If you did not include that in your registration information, you are requested to send a note prior to conference with the information. Please email Joyce Ramsaur, HTI Certification Administrator at the HTI Office at HTIheal@aol.com. Please indicate your preference of pinning or recognition of your certification and provide the name of your mentor and/or the individual who will be pinning you during the ceremony. Please bring the certification pin that you have already received to be presented during the pinning ceremony.

The Certification Board has the distinct pleasure of honoring your Healing Touch work, your achievements and your continuing pathway of excellence as we awaken to new possibilities to expand globally and creatively carry the healing energy of Healing Touch to every home in the world.

Welcome to the new HTI Business Support Council



David Wolffs, CMT, CHTP, our new Chairperson invites your collaborative genius, ideas, expertise and participation in creating business support for all of our students, practitioners, members, and instructors.

Exercise your voice and wishes. How would you like this committee to support you and how would you like to participate?

Join the HTI Business Support Council for a "dutch-treat" breakfast on Saturday morning during our 13th Annual Energy Healing Conference in Tucson, AZ.

Unable to attend? Please send your suggestions to Board@HealingTouchInternational.org and we will pass them along to the committee so that your participation is included.

Professional Development

The Healing Energy of Children

by Judy Stoddard, RN, BS Ed., CHTP



In the midst of the crisis week following my elderly mother-in-law's knee replacement surgery, when she was in the ICU on life support after having several strokes post op, I called our daughter and asked if I may have our grandson to play with for an hour. He was fifteen months old at the time and I brought him to our house and sat on the floor with him playing with a wooden marble run that had been made for me by a favorite uncle when I was a child. His joy at being with Grammy all by himself and playing with something special was soothing and calming for me and his sitting on my lap as we ran marbles was more comforting than anything I could possibly have done. When the phone call came at the end of our hour of playing together telling me that another crisis was ensuing, I was ready to face it.

Before I had grandchildren, I joined a volunteer organization which reads to preschool children. I volunteered simply because I felt that I was missing the energy that children unconsciously bring to us. I didn't think of it as energy, I simply intuitively knew that I was missing having children in my life. I didn't know any of the children before reading to them and many came from homes where no one had the time or inclination to do one-on-one reading. I came away from these weekly sessions restored and happy, not just from the stories I had read, but from the children making me laugh with the questions they enthusiastically asked me: "Why do you have those things on your face?" (wrinkles), "How did you get so many of those?" (freckles), "How many little kids do you have at home?" (I was early 60s).

I didn't realize that what I was seeking in these situations was children's healing energy. I have no idea what words I would have attached to it then, but after learning Healing Touch, I believe that it is their actual life energy that comforts and heals. It is a positive force, uncomplicated, pure and given freely without strings attached.

If you do not currently have children in your life, I would encourage you to connect to some. You don't have to especially like children or even feel comfortable around them. They will like you and feel comfortable with you. It helps if you can be silly.

We are fortunate to have two more grandchildren in our lives, both girls and both loving spirits as our grandson is. They are all full of bounding physical energy and bounding spiritual energy. They are challenging as all small children are, but they give us many precious gifts and they are good teachers.

To be healed means to be made whole. To receive the healing energy of children, all any of us needs to do is to be open and welcoming to the healing we are being offered. It is one of life's blessings.



Editor, cont.

the mountain, carrying up the 750 pounds of necessary equipment in 30 pound loads. Only Tenzing and 3 other Sherpas would have the necessary strength and skill to reach the high camps near the summit.

Tenzing noted that a greater amount of teamwork was needed for each level that the climbers reached.

One set of men would exhaust themselves just to get equipment up the mountain for the next group. Tenzing noted that, "You do not climb a mountain like Everest by trying to race ahead on your own, or by competing with your comrades. You do it slowly and carefully, by unselfish teamwork. Certainly I wanted to reach the top myself; it was the thing I had dreamed of all my life. But if the lot fell to someone else I would take it like a man, and not a cry-baby. For that is the mountain way." (Ullman, 1955).

This level of teamwork allowed for two, two-man teams to attempt the summit. The first team failed, leaving the second team of Tenzing and Edmund Hillary to make the attempt. Tenzing wrote the following about the first team of Tom Bourdillon and Charles Evans, "They were worn-out, sick with exhaustion, and of course terribly disappointed that they had not reached the summit themselves. But still...they did everything they could to advise and help us. And I thought, yes, that is how it is on a mountain. That is how a mountain makes men great. For where would Hillary and I have been without the others? Without the climbers who had made the route and the Sherpas who had carried the loads? Without Bourdillon and Evans, Hunt and Da Namgyal, who had cleared the way ahead? Without Lowe and Gregory, Ang Hyima, Ang Tempra, and Penba, who were there only to help us? It was only because of the work and sacrifice of all of them that we were now to have our chance at the top." (Ullman, JR, *Man of Everest: The Autobiography of Tenzing*, 1955).

On May 29, 1953, Tenzing Norgay and Edmund Hillary accomplished something that no other human had been able to accomplish. They realized their dream and achieved the summit of Mount Everest, thanks to the collaborative work of all those who had gone before and all those that were supporting their efforts at the time.

Like the Sherpas carrying the supplies and paving the

paths, Healing Touch International has been working on behalf of all of us since 1996 to hold the gold standards of education, certification, standards and ethics, advocacy and support to further the availability and credibility of this unique and valuable therapy. It's important to consider that our individual efforts and investments may not yield direct results to us personally, but rather our efforts may help someone else to succeed, or surpass where any of us have gone previously. Because it's really not about our personal agendas or successes; it's about enhancing the well being and success of the greater whole.

Included in this *Perspectives in Healing* are rich examples of how our boards, staff, members, students, practitioners, instructors and committees are collectively acting on our behalf to make this work available to many. At our upcoming international conference in Tucson, AZ, we will gather to celebrate, network, and further inspire each other. We hope that you will join us in whatever way that you can. Collectively, we can achieve our vision,

our mission, and our unique summit of Spreading Healing Light Worldwide.



Healing Touch Makes TV News

Healing Touch has been in the news much more lately, and we wanted everyone to see these two recent news stories, one from Florida, the other from Arizona.

You can go to the HTI website at **www.HealingTouchInternational.org** and click on the links, or you can type in the following addresses and go right to the story.

http://www.myfoxtampabay.com/dpp/health/doctor_jo/Healing_with_touch_070209

and

http://www.myfoxphoenix.com/dpp/news/only_on_fox/healing_touch

HTI CHTP Mentor Call

This an opportunity for joyful Healing Touch service!

Many thanks to all of you who have been dedicating your time, love and energy as a mentor for students of the Healing Touch Certificate Program these past 20 years, during the time periods under AHNA and/or HTI. We are so grateful for your service to our Healing Touch work.

If you are interested in becoming or continuing to be an HTI Mentor, we are looking for you!

Mentorship is an exciting and rewarding process that supports Level 4 students to become the best healers that they can be. You can play an important role in assisting students as they move through the process from HTI Level 4 to HTI Level 5 and on to HTI Certification.

HTI is updating its support systems for mentors and students seeking mentors.

We are working to:

- Create an easy system for Level 4 students to find mentors through an updated online mentor list.
- Strengthen our mentorship program through formalized mentor criteria.
- Update the Mentorship Guidelines booklet.
- Ensure that our mentors remain current and informed to be the best mentors that they can be!

Requirements for HTI Mentorship:

- HTI CHTP in good standing and follows the HTI Code of Ethics/ Standards of Practice, Scope of Practice.
- Recommended minimum of 6 months as an HTI CHTP with an active Healing Touch Practice recommended at 3-5 HT sessions/week to hone clinical skills. (This is the criteria to maintain HTI Practitioner Certification).
- In order to remain current and well informed it is highly recommended:
 - HTI Membership or HTI Affiliate Country membership to support the professional organization. (Join at HTI Website)
 - Read the HTI Perspectives in Healing
 - Read HTI Ezines, Documents, Website and Members Only area

- HTI Website Practitioner listing for easy locating. (Keep information current online in Members Only area).
- The primary mentor is highly recommended to be a nurse for non- nurses. (Criteria 4 HTI Practitioner Certification). A co-mentor can be part of the mentoring team who is not a

nurse. Non- nurses can mentor nurses. This provides health care information and nursing process overview as we are a nursing continuing education offering. The primary nurse mentor has monthly contact and communication, and review documentation.

It is recommended that the HTI CHTP mentor, where possible:

- Participate in local HTI Healing Touch practice/support groups or Clinics.
- Assist in HTI Healing Touch classes as Coordinator or Helper.
- Attend HTI Healing Touch Annual Conference at least once, or more, every five year renewal period to continue learning and networking.
- Read recommended reading from Mentor Reading List. (Coming soon.)
- Participate in HTI Mentorship trainings offered at HTI Annual Conference and in HTI Professional Development courses. (Coming soon.)

Expectation:

The HTI CHTP Mentor will:

- Commit to at least one year or more as needed, working with an HTI student monthly as follows: in person, by phone or email as appropriate reviewing practice, documentation and assignments.
- Remain Current in HTI Healing Touch Certificate Program curriculum and HTI Healing Touch Certification changes. Read and follow the revised HTI Mentorship Guidelines(2009)

continued on page 25

Become a Mentor, cont.

Clarifications by the HTI Education Committee

- Be clear about your affiliations. You must be a certified practitioner in the organization for whom you are mentoring. HTI CHTPs mentor HTI students as that is their area of expertise. Mentoring outside of the organization that you are affiliated or certified with is not considered to be sound practice.
- Students must decide on the Healing Touch course of study they are choosing to pursue, and choose the corresponding mentor.
- Students who may have taken HTP classes AFTER April 1, 2008 are able to use the Student Solutions to transfer HTP classes into the HTI track for continuation to HTI Level 5, HTI Healing Touch Certificate Course Completion and HTI Certification. (see Student Section on the HTI Website)
- All Healing Touch Classes taken BEFORE April 1, 2008 still are accepted for HTI Healing Touch Certificate Program coursework and Course Completion.
- Non-nurse students must have a nurse as a mentor. It is highly recommended that the nurse be the primary mentor by the HTI Certification board. A CHTP non – nurse may be a co-mentor. (Criteria 4 HTI Practitioner Certification).

Contact us at Education@HealingTouchInternational.org

HTI MEMBERSHIP DRIVE

Our GOAL is to DOUBLE our membership by September 1, 2009

We are manifesting this as one of our 2009 Strategic Planning goals.

Why Membership?

- It supports our mission of public service and Spreading Healing Light Worldwide!
- It supports all of us through increased public awareness and credibility, through links with affiliate countries and associate organizations.
- It supports you: with support for your HT classes, practice, materials, service, professional development, advertising, and discounts of 10-25% on products, classes, conference and services.

Can we do this? Yes! Easy as 1, 2, 3!

1. Not a member? Due for Renewal? Join or Renew Now! Visit www.HealingTouchInternational.org , select **Shop** in the drop down menu, select **Join/Renew**.
2. Find a friend, or 2, or 3. Encourage and/or help them join!
3. Are you an Instructor? Offer your students a member discount if they join by end of class! They now appreciate the value of this work after experiencing the weekend. Collect their membership form and fee, and send it in with your class roster.

TOGETHER WE CAN MAKE THIS HAPPEN!

TOGETHER WE CAN SPREAD HEALING LIGHT WORLDWIDE!

TOGETHER WE CAN BE THE CHANGE WE WISH TO SEE IN THE WORLD!

Inspirations

Only in quiet waters do things mirror
themselves undistorted. Only in a quiet
mind is adequate perception of the world.
~Hans Margolius

In all things be a master
Of what you do and say and think.
Be free.
Are you quiet? Quieten your body.
Quieten your mind.
By your own efforts
Waken yourself, watch,
And live joyfully.
Follow the truth of the way.
Reflect upon it.
Make it your own.
Live it.

- Buddha



New HTI Power Point Now Available!

HTI's new Healing Touch Research and Integrative Health Care Power Point presentation is now available for purchase!

A 75 slide presentation that includes an overview and history of Healing Touch, Healing Touch Research and Integrative Health Care Models, this presentation can be used for presentations to health care personnel. Used in combination with the HTI Research and Integrative Health Care booklets, it provides sound and important information re: Healing Touch.

Cost: \$25 members, \$30 non-members.

Order online at www.HealingTouchInternational.org

Animals and Healing

Spirit Dog

by Linda



My Belgian Tervuren presented with penile bleeding and I took him to the veterinarian. They did X-rays and found that he had four large bladder stones. These are calcifications like kidney stones, but much larger and I was told that there is no possibility to pass them because of how large they get. Three of the stones were a little larger than the size of moth balls. So I set him up for surgery on the following Monday. I did two healing sessions on Spirit during the week. This dog loves energy work....always has. (He cut his foot pretty bad one time and came and laid in my lap to let me do the pain drain on him.) So I wanted to prepare him for what the next week would bring. I truly didn't want him to have to go through surgery.

When I went in, the veterinarian, who is always good about sharing teaching information with me because he knows I am a nurse, told me he would put Spirit up on the table and let me palpate the stones. He said they would be obvious at this size. After about 3 or 4 minutes the vet turned to me, puzzled and said he wanted to take another X-ray. He said it didn't make sense that he couldn't palpate these stones with an empty bladder. So we got Spirit on the X-ray table and took another X-ray. Placed side by side with his first film.....there it was.....an empty bladder.

The vet stumbled numerous times as he told me this didn't make any sense. I watched him trying to figure out a reason..... he pointed out the clarity of both X-rays. He showed me Spirit's spine, intestines, scrotum....everything else in the X-rays that lined up and that spoke to both X-rays being clear and without question. He explained while he was taking in the X-rays, that these stones cannot dissolve or break up. He went into the next room and brought out a stone in a jar to show me how large they were and how hard they were. I watched him trying hard to make sense of it. Then he turned to me, looked me square in the eye and said, "I think I am looking at my first miracle dog". I laughed out loud, and then the tears came....because I knew how powerful this was. To him - a miracle, to me - the opening of another realm! I know he probably thought my tears foolish....but I didn't care. I seem to have lots of those gratitude tears these days and they are serving me well!

So, I just wanted to share this amazing piece with all of you! And just remind you to EXPECT MIRACLES - they are our birthright!

Editor's Note: We received this delightful article from Linda without an identified last name. If Linda can please let us know who she is, we will acknowledge her contribution in our next Perspectives in Healing.

Volunteer Opportunities

Are you interested and inspired to be of joyful service to HTI? We have some awesome opportunities for you to help us in our mission to Spread Healing Light Worldwide!!

Perspectives in Healing We are looking for assistance in evolving our publication, *Perspectives in Healing*, to new heights and we need your help. Do you have experience editing, writing, proofreading, advertising? We would love to work with you! Our publication comes out quarterly so the time is incremental and concentrated. Contact Director@HealingTouchInternational.org.

Mentor a Level 4 student. As a result of our increasing Level 4 student population, we have a growing need for mentors.

Updated Mentorship Guidelines will be available in September 2009 at the annual conference and on the HTI website. These guidelines will reflect changes made to insure a high quality mentorship experience for both the Mentor and Mentee. We'll also be presenting a special

workshop at the 2009 Conference for you to learn more about mentoring.

If you feel your heart being called to this service, just go to the HTI website www.HealingTouchInternational.org and update your CHTP listing via the Members Only area. Be sure your listing is current and indicates your willingness to serve as a mentor to another healer. If you have any questions about this process, please call us at 303 989-7982 or e-mail Certification@HealingTouchInternational.org. (For more information see page 24)

Fund Development

HTI is creating a Fund Development Committee and is in need of creative fundraisers and developers! We have a number of projects that need funding above and beyond our budget. If you have prior experience in fundraising, development, creative out-of-the-box ideas and a passion waiting to be expressed please contact us at Board@HealingTouchInternational.org.

Continued on page 28

Volunteer Opportunities, cont.

HTI Ethics Committee

The Ethics Committee is seeking one or two additional members. The Committee acts autonomously and is accountable to the Healing Touch International Board of Directors. One Director is a committee member and is our liaison to the Board. Members are appointed for a three year term.

Healing Touch International and the Ethics Committee use three documents to guide ethical behavior of its members: the Healing Touch International Code of Ethics/Standards for Healing Touch Practitioners, the Healing Touch International Scope of Practice guidelines, and the Healing Touch International Instructor Guidelines and 9 Core Values.

The Ethics Committee has two primary responsibilities:

1. It responds to and investigates ethics complaints filed against students, certified practitioners, and certified instructors. The Committee recommends action to be taken to the Board, which makes the final decision.
2. From time to time, the committee provides education regarding ethics, usually in newsletter (*Perspectives in Healing*) columns.

Qualified candidates must possess:

1. Knowledge and experience in ethical decision-making as applied in various fields, which might include psychology, social work, law, and/or energy-based therapies.
2. A Baccalaureate degree.
3. Membership in Healing Touch International.

Preferred qualifications include:

1. A Baccalaureate degree in nursing.
2. A Master's degree.
3. CHTP or HT experience.

If you possess these qualifications and are called to this work, please forward your CV and a Letter of Intent to:

Director@HealingTouchInternational.org

or mail to:

HT International, Inc. – Attn: Director
445 Union Blvd., Suite 105
Lakewood, CO 80228

13TH ANNUAL CONFERENCE

September 3-6, 2009 * Tucson, Arizona
**Enjoy thought-provoking presentations
by these dynamic keynote speakers**



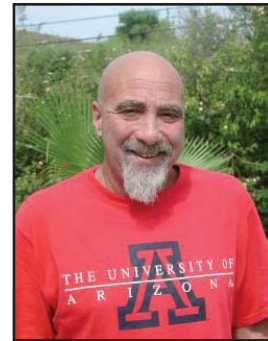
Jan Phillips
Visionary Thought Leader
Award-Winning Author



Belleruth Naparstek
LSW, Pioneer in the
Field of Guided Imagery



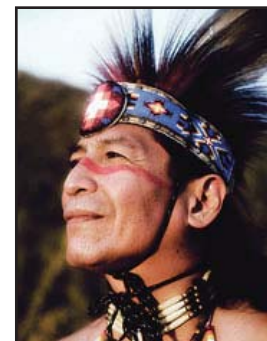
Gary Schwartz, PhD
Laboratory for Advances in
Consciousness and Health



Stuart Hameroff, MD
Pioneer in
Consciousness Studies



Sue Kagel RN, BSN, HNC,
CHTP/I Canyon Ranch,
University of Arizona
Integrative Medicine



Tony Redhouse
Navajo, Sound Healer,
Spiritual Teacher,
Hoop Dancer

For more information or to register go to
www.HealingTouchInternational.org
or call 303 989-7982

Creating Flow, Healing Globally

Explore the creation of flow in our personal and professional development, as we expand globally, awakening to new possibilities.

**Discounted Hotel Room Rate
only available through August
10th so call now to make your
reservations - then register at
www.HealingTouchInternational.org
for this exciting 3-day event
at the fabulous
Loews Ventana Canyon Resort
in sunny Tucson, AZ**

Single Day Attendees Welcome

Presented by **HEALING TOUCH INTERNATIONAL, INC.**



**Loews Ventana Canyon Resort in Tucson
Kivas at Loews Resort**



Come enjoy the wonder of the desert!

**A rich variety of additional workshops
will also be provided.**

**Continuing Education Contact Hours for
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Entertainment by:
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Lisa Otey



Level 1 - 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 1-2	Brownsburg, IN	Deborah Larrimore	Terri Bohlander	317-224-5161	serendipitydoggie@rocketmail.com
Aug 1-2	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Aug 1-2	Encinitas, CA	Mary Jane Aswegan	Mary Jane	760-633-6312	aswegan.maryjane@scrippshealth.org
Aug 4-5	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	starhawklight1@aol.com
Aug 7-8	Minneapolis, MN	Tim McConville	Kathy Kerber	612-863-7937	kathryn.kerber@allina.com
Aug 7-9	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Aug 8-9	St. Louis, MO	Kay Cook	Kay Cook	314-773-8333	kaycook@prodigy.net
Aug 14-16	Alton, IL	Mary O'Neill	Ruth Ann Meyer	314-521-3803	N/A
Aug 14-16	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-616-5896	CarolA623@yahoo.com
Aug 15-16	Ann Arbor, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Aug 15-16	Baldwin, KS	Robin Goff	Robin Goff	785-255-4583	info@lightcenter.info
Aug 20-21	Winston-Salem, NC	Deborah Larrimore	Tina Payne	363-716-9484	tmpayne@wfubmc.edu
Aug 21-22	W. Palm Beach, FL	Lori Wyzykowski	Lori Wyzykowski	561-818-4517	lwyzy@bellsouth.net
Aug 22-23	Mobile, AL	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Aug 22-23	Iowa City, IA	Laura Hart	Lisa Bormann	319-330-0623	chl.lisabormann@gmail.com
Aug 22-23	Jackson, MI	Barbara McConnell	Barbara McConnell	517-914-4133	mconb51@bigplanet.com
Aug 22-23	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Aug 28-30	Phoenix, AZ	Lynne Jeffrey	Stephanie Clark	602-321-9775	Stephane.J.Clark@bannerhealth.com
Aug 29-30	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Aug 29-30	Boone, IA	Gail Hardinger-McCarthy	Lisa Person	515-230-9216	person@qwestoffice.net
Sep 12-13	Baton Rouge, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Sep 12-13	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Sep 12-13	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Sep 18-19	Colorado Springs, CO	Myra Tovey	Lisa Baske	719-365-5760	Lisa.Baske@memorialhealthsystem.com
Sep 18-19	Sioux Falls, SD	Julie Jones	Julie Diken	605-322-3575	julie.diken@averacancer.org
Sep 19-20	Denville, NJ	Maggi Hutchinson	Maggi Hutchinson	973-214-2582	maggi@HealingTouchNJ.com
Sep 19-20	Charleston, SC	Deborah Larrimore	Janet Neal	843-388-1834	htpclasses@bellsouth.net
Sep 25-27	St. Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Sep 26-27	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Sep 26-27	Stanford, CA	Elizabeth Helms	Elizabeth Helms	209-795-2559	elizabeth@sierrahealingtouch.com
Sep 26-27	Ann Arbor, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Sep 26-27	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Oct 2-4	Daytona Beach, FL	Judy Lynne Ray	Joanne Vogel	386-441-0685	jovoh@bellsouth.net
Oct 3-4	Lakewood, CO	Lisa Anselme	Red Rocks College	303-914-6600	www.rccc.edu
Oct 3-4	Encinitas, CA	Mary Jane Aswegan	Mary Jane	760-633-6312	aswegan.maryjane@scrippshealth.org
Oct 3-4	Minneapolis, MN	Dana Spates	Janet Dahlem	651-690-7758	holistic@stkate.edu
Oct 3-4	Ann Arbor, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 3-4	Pali Momi, HI	Carolyn Ma	Joyce Wong	808-487-5824	N/A
Oct 9-10	Alexandria, MN	Dana Spates	Sandy Larson	320-762-4406	SandyL@alextech.edu
Oct 9-10	Yankton, SD	Jan Halbach	Marci Pederson	605-668-8475	mapederson@shhservices.com
Oct 9-11	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Oct 9-11	Ft. Lauderdale, FL	Carole Burkhart	Marcia Gill	954-973-1928	marciag@bellsouth.net
Oct 10-11	Ridgewood, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	Maggi@HealingTouchNJ.com
Oct 10-11	Colorado Springs, CO	Myra Tovey	Liz Berardi	719-776-7393	ElizabethBerardi@centura.org
Oct 10-11	St. Louis, MO	Kay Cook	Kay Cook	314-773-8333	kaycook@prodigy.net
Oct 15-17	Bemidji, MN	Dana Spates	Richard Lehmann	218-333-6656	richard.lehmann@ntcmn.edu
Oct 16-18	Springfield, MO	Mary O'Neill	Shirley Murphy	417-882-1297	sjmurphy@mercystl.org
Oct 17-18	Evansville, IN	Victoria Slater	Peggy Graul	800-467-8600	pgraul@usi.edu
Oct 23-24	Hutchinson, MN	Dana Spates	Carol DeVries	320-234-8534	carol.devries@ridgewater.edu
Oct 24-25	Des Moines, IA	Gail Hardinger-McCarthy	Gail Hardinger-McCarthy	515-964-9842	lifnbalance@aol.com
Nov 6-8	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-616-5896	CarolA623@yahoo.com
Nov 7-8	Winston-Salem, NC	Deborah Larrimore	Tina Payne	363-716-9484	tmpayne@wfubmc.edu
Nov 11-12	Kauai, HI	Savitri Kumaran	Savitri Kumaran	808-821-9051	N/A
Nov 13-14	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Nov 14-15	Belmont, CA	Elizabeth Helms	Elizabeth Helms	209-795-2559	Elizabeth@SierraHealingTouch.com
Nov 14-15	St. Louis, MO	Kay Cook	Kay Cook	314-773-8333	kaycook@prodigy.net

Level 1 – 2009 cont.

Nov 14-15	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Nov 20-21	Coon Rapids, MN	Jackie Mielke	Sheila Judd	763-433-1402	sheila.judd@anokaramsey.edu
Dec 5-6	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org

Level 1 - 2010

Date	Location	Instructor	Contact	Phone	e-mail
Feb 5-6	Coon Rapids, MN	Jackie Mielke	Sheila Judd	763-433-1402	sheila.judd@anokaramsey.edu
Feb 20-21	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Feb 26-28	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Apr 17-18	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Apr 30-May 2	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 2-3	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Oct 8-10	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net

Level 2 - 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 1-2	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	N/A
Aug 7-8	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	starhawklight1@aol.com
Aug 14-15	Minneapolis, MN	Carol Schoenecker	Lynnea Forness	612-312-3413	lforness@bethlehem-church.org
Aug 15-16	Oklahoma City, OK	Carol Hjersted-Smith	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
Aug 28-29	Sioux Falls, SD	Barb Schommer	Julie Diken	605-322-3575	julie.diken@averacancer.org
Aug 29-30	Jackson, MS	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Sep 2-3	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Sep 12-13	St. Louis, MO	Kay Cook	Kay Cook	314-773-8333	kaycook@prodigy.net
Sep 12-13	Oahu, HI	Lori Protzman	Lori Protzman	808-456-2869	N/A
Sep 19-20	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Sep 19-20	Maui, HI	Lori Protzman	Heather Wiest	808-250-4004	N/A
Sep 25-27	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Sep 26-27	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Oct 2-3	Payson, AZ	Lynne Jeffrey	Betty Merritt	928-474-4268	betty@merrittcenter.org
Oct 2-4	Daytona Beach, FL	Nancy Wingerter	Joanne Vogel	386-441-0685	jovoh@bellsouth.net
Oct 3-4	Omaha, NE	Mary O'Neill	Vicki Baines	402-350-8402	jvbaines@cox.net
Oct 3-4	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	holistic@stkate.edu
Oct 3-4	Winston-Salem, NC	Deborah Larrimore	Tina Payne	363-716-9484	tmpayne@wfubmc.edu
Oct 17-18	Evansville, IN	Bonnie Johnson	Peggy Gaul	800-467-8600	pgraul@usi.edu
Oct 17-18	Ann Arbor, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Oct 23-25	Payson, AZ	Lynne Jeffrey	Betty Merritt	575-354-3424	betty@merrittcenter.org
Oct 28-29	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	starhawklight1@aol.com
Oct 31-Nov 1	Baldwin, KS	Robin Goff	Robin Goff	785-255-4583	info@lightcenter.info
Nov 6-8	Alton, IL	Mary O'Neill	Ruth Ann Meyer	314-521-3803	N/A
Nov 7-8	Colorado Springs, CO	Myra Tovey	Liz Berardi	719-776-7393	ElizabethBerardi@centura.org
Nov 7-8	Ann Arbor, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 8-9	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Nov 13-14	Aberdeen, SD	Barb Schommer	Janene Papendick	605-225-4613	jkpapendick@abe.midco.net
Nov 13-15	Orlando, FL	Nancy Wingerter	Trish Huster	386-574-9216	trishly55@yahoo.com
Nov 14-15	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Nov 14-15	Charleston, SC	Deborah Larrimore	Janet Neal	843-388-1834	htpclasses@bellsouth.net
Nov 14-15	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Nov 14-15	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com
Dec 5-6	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-616-5896	CarolA623@yahoo.com
Dec 5-6	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Dec 5-6	Winston-Salem, NC	Deborah Larrimore	Tina Payne	363-716-9484	tmpayne@wfubmc.edu
Dec 12-13	St. Louis, MO	Kay Cook	Kay Cook	314-773-8333	kaycook@prodigy.net

Level 2 - 2010

Date	Location	Instructor	Contact	Phone	e-mail
Jan 23-24	Belmont, CA	Elizabeth Helms	Elizabeth Helms	209-795-2559	Elizabeth@SierraHealingTouch.com

Level 2 – 2010 cont.

Jan 29-30	Alexandria, MN	Jackie Mielke	Sandy Larson	320-762-4406	sandyl@alextech.edu
Feb 20-21	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Feb 26-28	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Mar 19-20	Coon Rapids, MN	Jackie Mielke	Sheila Judd	763-433-1402	sheila.judd@anokaramsey.edu
Apr 17-18	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Apr 30-May 2	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 2-3	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Oct 8-10	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net

Level 3 - 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 7-9	Kansas City, MO	TBA	Jody Hueschen	816-237-1217	jhueschen@aol.com
Sep 11-13	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Sep 11-12	Yankton, SD	Barb Schommer & Jan Halbach	Marci Pederson	605-668-8475	mapederson@shhservices.com
Sep 19-20	San Diego, CA	Anne Day	Lisa Thompson	858-481-3768	lthompson@rchsd.org
Oct 3-4	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	holistic@stkate.edu
Oct 9-11	Ft. Lauderdale, FL	Nancy Wingerter	Marcia Gill	954-973-1928	marciag@bellsouth.net
Oct 10-11	Oahu, HI	Lori Protzman	Lori Protzman	808-456-2869	N/A
Oct 17-18	Winston-Salem, NC	Deborah Larrimore	Tina Payne	363-716-9484	tmpayne@wfubmc.edu
Oct 17-18	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com
Oct 17-18	Maui, HI	Lori Protzman	Heather Wiest	808-250-4004	N/A
Oct 24-25	Tampa, FL	Judy Turner	Tammy Dragel	813-870-4766	N/A
Oct 24-25	Woodbury, MN	Carol Schoenecker	Mary Beth Miller	651-735-8184	marrod63@comcast.net
Oct 30-31	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	starhawklight1@aol.com
Oct 31-Nov 1	Oklahoma City, OK	Sue Kagel	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
Nov 7-8	Farmington Hills, MI	TBD	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Nov 7-8	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Nov 7-8	Lakewood, CO	Lisa Anselme	Red Rocks College	303-914-6600	www.rccc.edu
Nov 7-8	Baton Rouge, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Nov 7-8	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Nov 7-8	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Nov 14-15	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net

Level 3 - 2010

Date	Location	Instructor	Contact	Phone	e-mail
Jan 22-23	Aberdeen, SD	Barb Schommer	Janene Papendick	605-225-4613	jkpapendick@abe.midco.net
Feb 20-21	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Apr 17-18	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu
Sep 24-26	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 2-3	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	holistic@stkate.edu

Level 4 - 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 6-9	St. Louis, MO	Mary O'Neill	Jan McArthur	636-724-2435	N/A
Sep 23-25	San Diego, CA	Rauni King	Cathyrose Johnson	760-944-1393	cathy13roseHT@roadrunner.com
Nov 5-8	Havi on the Big Island of HI	Anne Day	Edith Kawaii	808-885-0788	edithkawaii@hawaii.rr.com

Level 4 - 2010

Date	Location	Instructor	Contact	Phone	e-mail
Apr 15-18	Jackson, MI	Deborah Larrimore	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Apr 15-18	Stillwater, MN	Judy Turner	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 29-May 2	Omaha, NE	Maggie Freel	Iva Mueller	402-392-0664	bobniva@aol.com

Level 5 - 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 6-9	St. Louis, MO	Anne Day	Jan McArthur	636-724-2435	N/A
Sep 17-20	Ann Arbor, MI	Judy Turner	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Sep 23-25	San Diego, CA	Anne Day	Cathyrose Johnson	760-944-1393	cathy13rose@raodrunner.com
Nov 5-8	Iowa City, IA	Maggie Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com

Level 5 – 2010

Date	Location	Instructor	Contact	Phone	e-mail
Jan 21-24	Greensboro, NC	TBA	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Apr 15-18	Jackson, MI	Diane Wardell	Barb McConnell	517-914-4133	mccomb51@bigplanet.com
Apr 15-18	Stillwater, MN	Anne Day	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 29-May 2	Omaha, NE	TBA	Iva Mueller	402-392-0664	bobniva@aol.com

INTERNATIONAL CLASSES

Level 1 – 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 7-8	Jönköping, Sweden	David Rabinowitsch	Healing Touch Sweden	N/A	www.healingtouch.se
Aug 14-15	Odense, Denmark	David Rabinowitsch	Healing Touch Danmark	N/A	www.healingtouch.dk
Aug 15-16	Christchurch, New Zealand	Debbie Carter	Sharon Gardiner	(03) 352 5312	N/A
Sep 26-27	Qualicum, BC Canada	Donna Duff	Donna Liedtke	250-468-7136	donna@islandhealingtouch.com
Sep 26-27	Fredericton, NB Canada	Jeanne Balcom	Jocelyn Clark	506-455-3141	brad3@nb.sympatico.ca
Oct 2-4	Comox, BC Canada	Bev Worbets	Bev Worbets	250-339-7452	bevworkbets@shaw.ca
Oct 17-18	Tokyo, Japan	Sarah Porter	Miki Toda	N/A	info@ht-tokyo.jp
Oct 24-25	Vancouver, BC Canada	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Oct 24-25	Moncton, NB Canada	Jeanne Balcom	Cecile Richard	506-876-1104	mu_shu_2004@hotmail.com
Oct 31-Nov 1	Christchurch, New Zealand	Debbie Carter	Sharon Gardiner	(03) 352 5312	N/A
Nov 7-8	Bathurst, NB (French class)	Jeanne Balcom	Helene Fournier	506-548-9493	helene@rogers.com
Nov 21-22	Miramichi, NB Canada	Jeanne Balcom	Cecile Richard	506-876-1104	mu_shu_2004@hotmail.com

Level 2 – 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 9-10	Jönköping, Sweden	David Rabinowitsch	Healing Touch Sweden		www.healingtouch.se
Aug 16-17	Odense, Denmark	David Rabinowitsch	Healing Touch Danmark		www.healingtouch.dk
Oct 17-18	Fredericton, NB Canada	Jeanne Balcom	Jocelyn Clark	506-455-3141	brad3@nb.sympatico.ca
Nov 14-15	Tauranga or Napier	Wietzke van Oene	Billie McCarthy	(05) 835 7980	N/A

Level 3 – 2009

Date	Location	Instructor	Contact	Phone	e-mail
Aug 22-23	Haarlem, Netherlands	David Rabinowitsch & Wietzke van Oene	HT Netherlands		healing4eu@aol.com

Level 4 – 2009

Date	Location	Instructor	Contact	Phone	e-mail
Oct 7-9	Venwoude, Netherlands	Judy Turner	Wietzke van Oene	N/A	healing4eu@aol.com
Oct 15-18	Prince George, ON Canada	Catherine Awai	HT Canada	705-652-0506	HTCanada@HealingTouchCanada.net

Level 5 – 2009

Date	Location	Instructor	Contact	Phone	e-mail
Oct 12-14	Venwoude, Netherlands	Judy Turner	Wietzke van Oene	N/A	healing4eu@aol.com
Oct 20-22	Cairns, Australia	Rosalie Van Aken	Kay McVean	61-7-4036-4458	therapys@bigpond.net.au
Oct 22-25	Toronto, ON Canada	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net

VISION

Spread Healing, Light and Love, restoring wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch