



# HTI's *Perspectives in Healing* A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

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*Spreading Healing Light  
Worldwide through heart-  
centered service, education  
and professional development*

## *Gratitude Overflowing*



"And how many ideas there have been on the earth, in human history, that were unthinkable even ten years earlier, and that would suddenly appear when their mysterious time had come and sweep over all the earth!" ---Dostoevsky

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*Spreading Healing, Light and Love,  
Creating Wholeness on Earth  
through heart-centered service, education  
and professional development.*

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This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to [hthosp@aol.com](mailto:hthosp@aol.com)

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### Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing, physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

### HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to any interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program with Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. See [www.HealingTouchInternational.org](http://www.HealingTouchInternational.org). Click on Education for class info.

### HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established in AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

### Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

**HTI Perspectives in Healing**, the official publication, is published quarterly.

### Advertise your business and/or event in Perspectives in Healing

Rates: 1/2 page - \$300; 1/4 page - \$150  
1/8 page - \$ 75; Business Card size - \$50

**For more information contact us at**  
**Support@HealingTouchInternational.org**



## Letter from the Editor

by Lisa Anselme RN, BLS, CHTP/I, HN-BC, Executive Director

### *Gratitude Overflowing*

Our theme for this issue of HTI's *Perspectives in Healing* is "Gratitude Overflowing". We certainly had both flow and gratitude at our 2009 HTI 13<sup>th</sup> Annual Energy Healing Conference in Tucson. Our presenters and local community were present in full energy and service and our participants from afar added to the ever expanding light of our gathering. The articles and photos within this issue show the breadth and depth of the work of Healing Touch in various settings, world locations and the cosmos (see Energy Research, Schwartz). We are immensely grateful for all of you who have answered the call and stepped forward to be in service to the planet at this time.

This past month I had an opportunity to further experience "gratitude overflowing". My daughter and I traveled for the first time to the Big Island, Hawaii, to fulfill a promise I had made to her during a time of great challenge; that we would swim with the wild dolphins to celebrate being alive. We would also explore the volcano while there; a life changing decision!

The Big Island is the youngest island in the Pacific chain and home to the most massive active volcano on the earth at this time, Mauna Loa (Long Mountain). It is also home to Madame Pele, known as "she who shapes the sacred land". Dwelling in the craters of Big Island's Kilauea Volcano, she has been sending ribbons of fiery lava down the mountainside and adding new land around the southeastern shore almost continuously since 1983. Capable of destruction and creation, she holds both simultaneously in her hands.

Our plan was to visit the volcano and stay several nights in a cabin on the volcano itself, prior to our ocean dolphin swim. We were joined by Savitri Kumaran, dear friend and past president of HTI. Our intention was to be open to whatever presented during this trip, to be in flow and follow our inspiration.

We drove from Hilo up to our little cabin and then on to the Kilauea Visitor Center within Volcano National Park, climbing roughly 4,000 feet up Mauna Loa (elevation 13,681'). At the Visitor Center, we spoke with a Park Ranger and learned that Madame Pele was becoming quite active at the Kilauea Caldera. We also learned that the previous day, a new lava flow began passing over the road near the coastal viewing area and eastern boundary of the park. Visitors could now get within 100 feet of the new flow! We were excited about this opportunity and quickly decided to visit the flow that very evening.

We made a brief trip to the nearby overlook at the Kilauea Caldera. The view at the caldera was humbling; we were looking into a vast crater that was sending billowing volcanic gases up into the sky. The earth energy pulsing beneath us was notable and palpable, and as we later discovered, very measurable on the seismic monitoring equipment!



View at Caldera

We then headed back down the mountain toward the coast to the new lava flow site and viewing area which was only open in the evenings. We parked and hiked a short distance to a roped barricade. The active destruction and burning of trees and glowing streams of red light where the flow would break through the lava tube surfaces filled the landscape. We watched the lights for almost three hours, much like early humans must have gazed, mesmerized, upon the element of fire. Late that night, we drove back up the mountain and went to sleep in our little cabin, and I dreamt of lava flowing beneath our "house of healing".

The next night we returned to the end of the road and the new lava flow, this time equipped with flashlights, long pants and sturdy shoes. We hiked over the uneven, sharp, crevassed and hardened lava trail leading to the vent viewing area near the coast, marked only by temporary tape reflectors on the old flow. When we arrived we saw the most amazing earth fireworks show! About a mile away, molten lava was rhythmically shooting high into the sky as though it was reaching toward the moon and blazing white/red lava was flooding onto the surrounding area, building a new cone of land. We were witnessing the creation of new earth! We were attuning to the pulsation and powerful life force of the Earth itself! It was the essence of chelation in action; each one of us cleared, energized and transformed by

*continued on page 5*





## Motivations from the President

### *Creating Flow to Blossom and Bloom Gratitude, Love and Peace*

by Sue Kagel, RN, BSN, HNC, CHTP/I

#### **Gratitude, Love and Peace**

The season of gratitude, love, peace and joy, high vibration and compassion is upon us. While we are moving into the depths of winter in one half of the world, the other half is experiencing summer.

In the winter quiet, the seeds we planted continue to take on the energy of new life, and in the summer hemisphere, they have already blossomed and bloomed.

#### **Intention Waves**

Our intention experiment at conference created a huge, loving wave of energy for our personal, professional and HTI intentions to heal globally within ourselves and surge out into our world. We hear that many of your intentions are already beginning to blossom and expand. We are at the tipping point to bring our Healing Touch work and HTI strongly out into the world, spreading healing, light and love, creating wholeness on earth. Our laser focus is on doing the work.

Gary Schwartz's intention experiment at conference showed that 245 participants in the room registered an immediate change in the Random Event Generator, and the changes to the cosmic rays in the box we focused on were "AWESOME". What would the 5,000+ on our mailing list register if all focused simultaneously? What effect would 20,000 healers register? (See Energy Research article)

#### **Enhancing our Flow**

Each of us must make a commitment to our personal healing in global aspects of self: body, mind, emotion and spirit. This enables us to flow, create out-of-the-box intentions and solutions, and expand into new approaches in spreading healing worldwide. Keys in manifestation include: focus in your heart in a very high vibration, see your intention as done, and give thanks, this or something greater for the highest good of all. Step into it. Always tie it into service and assistance to others, which can include being paid for your time.

Inspired by Jan Phillip's presentations, her book, *The Art of Original Thinking* and her CD series *Creating Every Day*, we chart a new course with our personal and professional true north aligning our vision with our HTI core values. The key is to stay focused and not become distracted from the vision and mission.

#### **Clearing the Old Patterns, Opening to the New**

In a conference meditation, we visualized dropping our attachments to old issues and stories into a virtual incinerator chute, cutting the cords to open the space for new opportunities, new ways of thinking and being, and connecting to our hearts. We then all ascended onto the HTI "platform". (See Spring HTI Perspectives for the HTI platform meditation). We invite all of you to do this visualization now and "Be Done" with the old stories and patterns in your lives. Global healing begins with the self. Belleruth Naparstek shared new research evidence that retelling old stories is actually re-traumatizing and releases damaging neurotransmitters. The new recommendations for healing are to shift to right brain activities that activate all the senses, engage in movement, evoke joy and love, breathe and let go.

#### **Creating Ourselves as Visionary Thought Leaders**

Jan Phillips honors all of us as thought leaders in alignment with our vision, mission and core values. It is important to work collectively from a place of unity. Original thinking requires an open heart, according to Phillips. What do you want your job and environment to look like? She suggests to see it fully, imagine it fearlessly, hold to it wholeheartedly, as we create the possibility for its being - this or something greater for the highest good of all. Janet Mentgen was clear about the Healing Touch focus being about the work, not the individual personality, and the importance of moving ego out of the way. Be conscious in your intentions.

#### **Shifting to Collective**

We are changing our HTI culture from a hierarchy to a collective, "we and us" all visionary thought leaders, sustainable convergence and compassion. Letting go of old patterns is the only way forward. Christine Page describes this point in history as the time for the collective, and the phasing out of the king/queen/ego archetype as we move into the new consciousness. We are equally involved as we move forward. We are all honored for the collective energy we each put into the HT work and our HTI organization, large and small. Be mindful of your positive contributions and honor them. Share what you do with others without apology.

*continued on next page*

## Motivations, continued

### **Uniting Mind and Heart for Empowerment**

The way of the future is in uniting our minds - logic and reason, with our hearts - compassion and caring. See yourself creating a balance between both now and adding imagination, hope, joy and belief. Choose empowerment, you have the power within you. Be entrepreneurial - create your own dream jobs. Believe that you can manifest your desires, and that you can be paid for the healing work that you do. Think out of the box. Might there be a grant, a special interest group, a patron, or donations available to support your dream? Teaming with others?

### **Uncharted Waters – Freedom to Explore**

Dare to set sail in uncharted waters using the stars as your guide and utilize all the support services available in HTI. If there are other tools that you need, contact HTI for assistance and we will direct you to existing solutions or explore creating new tools to support your Healing Touch work and dreams.

### **Seeds Germinating and Blooming**

We've seeded the new paradigm of creative innovation as we expand and spread our work further, making it available to all who seek and need it. We are HTI the new generation - what does this look like as we move into the future? Jan Phillips states we reap what we sow, abundance out - abundance in, compassion out - compassion in, healing out - healing in. Great need, urgencies and opportunities for service abound in health care and healing around the world. Prepare the vases for the blossoms that are already forming. Dare to Dream Big. As an energetic collective, we are advancing the Healing Touch work together.

## Gratitude Overflowing, cont.

the proximity of the Earth's molten core. What a gift! We later learned that a week after our departure from the volcano, the viewing area along the coast was completely engulfed in new lava flow and was no longer accessible to the public.



The next morning, Savitri wove a Hawaiian lei from the flowers outside our cabin. We returned to Kilauea Caldera



and did a ceremony and offered our gratitude to Madame Pele and the Earth. Madame Pele had shared her wisdom so poignantly with us: the necessity of being in and seizing each moment, the use of the fire element and its capacity for transformation and healing, the requirement of detachment to any preconceived outcome and the ever flowing cycle of destruction, transformation and creation.

Madame Pele's wisdom pervades our work of Healing Touch



as we center and show up fully present, ground and connect with the Earth, focus upon our hearts overflowing with unconditional love, set intention for the highest good, release attachment to the outcome and hold the image of wholeness in our awareness. We know that we must do our personal work and stand in the fire to clear and transform our own vessel. Lastly, we recognize and hold the knowledge that disease, vitality, death, life, destruction and creation all serve a purpose within the health/life continuum. Our gratitude for this opportunity is overflowing.



### *Editor's Addendum:*

*Linda Hunt LPN, CHTP is the author of Spirit Dog from the August Perspectives in Healing. Thank you Linda and Spirit!*

# Community Development

## The Arrival of Healing Touch in Northern Chile

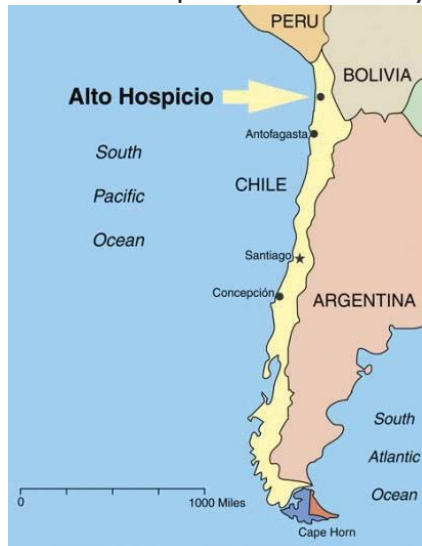
by Nelly Hidalgo

*Their softness came  
flying over time  
over the sea, over the smoke,  
over the spring,  
and when you placed  
your hands on my chest  
I recognized those golden dove wings,  
I recognized that clay,  
and that color of wheat.*

Excerpt from the poem "Your Hands" by Pablo Neruda



**Alto Hospicio**, formerly a quiet farming area with a population of about 2,000 people, is located in the northern part of Chile, near the Atacama Desert. Within the past twenty years, Alto Hospicio has dramatically turned itself into a town of 70,000 inhabitants. Due to the economic development of the región, mostly in mining and fishing industries, plus ZOFRI, a tax free port that deals in business with neighboring countries, it attracted people from other areas of the country as well as Peru and Bolivia. Everybody hoped there would be work for them. Some got a job but many others did not, and they ended up in Alto Hospicio, thus creating huge social problems in housing, health and education. Today Alto Hospicio is considered one of the poorest towns of the country, even though there are governmental and non-governmental agencies trying to improve living conditions there.



**The lack of employment** and the pressing economic problems brought about loss of self esteem, drug abuse, domestic violence, depression, hyperactivity in children and numerous physical ailments. More than 70% of the poor in this area are women and children. Frustration and powerlessness are constant emotions, but the women know that when there is hope, life is worth living.

**The Sisters of the Presentation of the Blessed Virgin Mary** lit their lantern offering hope and encouragement to the Alto Hospicio people by building "Nano Nagle House", a centre to help women who are struggling to regain their dignity. The Sisters know that women have the power to help entire families and communities escape poverty. Nano Nagle House offers a wide variety of courses so women can develop personally, emotionally and spiritually. It also provides opportunities to create income generating

businesses.

**The two Irish Sisters** of the Presentation, Mary Maloney and Eileen Pender, living in Alto Hospicio beside the people, felt something more could be of help at the emotional, mental and spiritual levels to make a difference in the struggles these people face. In coordination with PROSH (Promoviendo Salud Holística), they brought Sister Eileen Kearney from Lima, Peru, to introduce Healing Touch in Chile. At last, the technique that uses the gentle touch to facilitate the healing within the person on a heart-to-heart relationship with the practitioner came to Chile.

**On May, 2006**, twenty-one participants from Alto Hospicio and Iquique learned Level 1 and made a difference in the lives of those who attended. In October of the same year, Sisters Eileen Kearney and Margaret Kehoe taught Level 2 and also offered Level 1. I couldn't miss the opportunity to learn the technique that I had read about on the internet, so I took the class. Since then it has been a beautiful experience for me to bring a smile to somebody that needs healing touch. Now I have trained in Level 3 and this year I hope to learn Level 4.

**Since May of 2006**, the technique has been taught once or twice a year in Alto Hospicio with a good number of attendees. In November of 2008, Level 1 was taught in Santiago, the capital of Chile by Sister Eileen Kearney. Our hope is that the good news of Healing Touch will spread

*continued on next page*



## Community Development, cont.

to many other parts of Chile.

On January 23 and 24, 2009, Sister Margaret Kehoe taught Level I in Iquique plus a children's class called "I'm Energy" to twenty children who were so enthusiastic that they "demanded" more classes.

## **Community of Holistic Therapies**

In June of 2008 Healing Touch students decided to organize themselves as a group. The main aims of the group are to support the continuity of the courses offered by PROSH-Peru, and promote both the practice and the study of Healing Touch as a therapy among the people of Alto Hospicio. The president of the group is Solange Benedetti, a social worker.

Healing Touch therapy is now being offered at Nano Nagle House, Sector Santa Rosa (Santa Rosa area), Centro de Salud Mental (Mental Health

Centre), Carcel de Alto Hospicio (Alto Hospicio Jail Center) and Centro de Atencio Familiar (Family Attention Center).

The Centro de Atención Familiar is a project of the Methodist Church in Chile. The centre supports and helps women who experience domestic violence and has a multidisciplinary team lead by Pastor Alison Facey and her husband Chris Esdaile. The centre started offering Healing Touch in August 2008 with a team of five persons. Pastor Facey tells of their experience, "All the women who receive the therapy feel more relaxed, have more energy and feel more positive immediately afterwards. Some

have returned for their second or third session describing ways in which they feel they have been transformed. For example, a woman who was raped 20 years ago is now able to tell others about her horrific experience. A woman who is a recovering drug addict who was rescued by her husband after spending five weeks living on the streets feels more at peace with herself and her role as a mother and is committed to attending the therapy groups at the local mental health center."

As we develop our skills and experience we become more attuned to the needs of the person and can assist them in their process of healing.

To promote Healing Touch in the community, March 6 and 7 were busy days. On Friday, March the 6<sup>th</sup>, we gathered and did the meditation to heal the world at noon time in Iquique's City Hall. On the following day, March the 7<sup>th</sup>, we offered free short Healing Touch therapies at Prat's Square in Iquique. This pioneer group in Chile is committed to encourage healing among people through the ancient art of Healing Touch to reawaken the healer within.

## **Helpful Reminders**

### **Setting Intention**

Setting intention involves:

- \* Holding the intention for the highest good of all
- \* This or something greater
- \* Detaching from the outcome
- \* Moving our ego out of the way and allowing the healing process to happen
- \* Remembering that the person doing the healing is on the table
- \* Healing is not in our control

Remember to document your intention in your session write-ups and in your case study. It is useful to bring intention-setting steps into your life as a daily practice.



# IN THE NEWS

## SCRIPPS HOSPITAL AWARDED AACN BEACON AWARD

by Trish Wragg RN CCRN CHTP

### 1<sup>st</sup> in Region to receive the AACN Beacon Award

Scripps La Jolla Memorial Hospital, San Diego, CA CCU was the first in the region to receive the prestigious AACN Beacon Award for meeting evidence-based standards of excellence and patient safety. "CCU/MICU Manager Nioda San Antonio credits the passion and commitment of staff nurses Trish Wragg, Lisa Breedlove and Hermes Garma who worked to create a healing environment through Healing Touch and palliative care." The October issue of Bold Voices, the official publication of the American Association of Critical-Care Nurse (AACN) announced this honor. Link is below.

### The Beginning, as HT Student

In 2007 as I was working on my Healing Touch Certification, I informed my manager and she helped me get award money to take my level 4 and 5 classes. The director of all the ICU's at that time approached me and asked me to look into the BEACON AWARD for critical care excellence, because one of the 6 criteria for the award is "Creating a Healing Environment". I was thrilled to find a way to bring Healing Touch into Critical Care and started a small focus group of other interested staff.



### Staff R&R Days

We created "R&R days" for staff every other month which included a one to two hour CEU class with a focus on Nurturing the Nurses' spirit. (Some topics included: "Meditation in Medicine", "Pet Therapy", "Awareness, Balance Connection", and "Tai Chi"). We included breakfast and Healing Touch Treatments. We have 2 Healing Touch Practitioners and a relief nurse. We started our treatments at 0500 to include the night shift staff and offered 4-5 hours of 15 minute treatments. This not only balanced and relaxed our staff, but also educated them about the many benefits of the treatments, both for themselves personally and the many potential benefits for their critically ill patients.

### Healing Touch Spa during Nurses' Week

From this beginning, we have now, for the past 3 years, created a "Healing Touch Spa" during Nurses' Week in a conference room off the CCU. Each May, we create a beautiful healing space with soft sheer drapes, aromatherapy and music. We also have 2 practitioners for 40 hours each and a relief nurse...and we give 15 minute treatments all week long, as a gift to our staff members. The event has become tradition and LOVED by our staff.



### Research Criteria Met

This event has also provided an avenue to meet yet another Beacon Award Criteria, which asks if we have nurses in our unit participating in research. We took this opportunity, with the help of Diane Wardell, RN, PhD to create a Healing Touch research survey, to identify the effects of 15 minute HT sessions on ICU staff. Not only did we meet the research criteria for the award, our survey results (and audit tool) were published in the 10th annual HTI HT Research Survey last month.

### Passion Creates Forward Movement-Red Scrubs

As you can see, the passion creates forward movement, and the program continues to gain interest and momentum. Currently, I work 12 hours per week, providing Healing Touch Treatments to our critically ill patients in our 4 ICUs and to our staff. I wear red scrubs on my Healing Touch shifts and staff has come to identify the uniform with the Healing Touch offering here. It really feels good to have this support.

### Article link

The October issue of Bold Voices, the official publication of the American Association of Critical-Care Nurse (AACN) contains the article featuring Scripps La Jolla's Cardiac Care Unit and how one grateful patient and his family bestowed each of his 80 caregivers a San Diego Bay cruise. The patient, Robert Lichtman, is the father of KNSD 7/39 anchorwoman Susan Taylor.

To view this story, visit [http://www.nxtbook.com/nxtbooks/aacn/boldvoices\\_200910/#/14](http://www.nxtbook.com/nxtbooks/aacn/boldvoices_200910/#/14)

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## A Message from the Council for Healing Re: Health Care Reform in the United States

October 26, 2009

*Editor's Note: The following position statement was developed with input from Healing Touch International.*

### **To our elected officials and government agencies:**

We represent the Council for Healing (CfH), [www.councilforhealing.org](http://www.councilforhealing.org), an alliance of various national healing groups and practices, including the Association for Network Care, the American Organization for Bodywork Therapies of Asia, Education in Healing, Healing Touch International, Inc., Noetic Field Therapy, Prayer Healing, Therapeutic Touch International Association, Inc., and Wholistic Healing. The CfH represents approximately 12,000 healing arts practitioners, and promotes healing and access to healing. The Council has facilitated a Healer's Code of Ethics you may be interested in. Please see [www.councilforhealing.org/Ethics.html](http://www.councilforhealing.org/Ethics.html).

On behalf of our members nationwide, we offer the following input regarding health care reform:

#### **I. Today's medical systems must be transformed.**

- The current health insurance/medical industry system is not promoting health and well being for the people of the United States.
- We ask you to be daring. Create new and exciting ways to truly further the health of this nation and all of her people. Such efforts will inevitably support economic development while fostering excellent care.
- We ask you to support and promote simple efficiency along with quality and affordable multi-level, multi-faceted health care.
- Prevention of catastrophic illness is more cost-effective than treatment. We ask you to support medical plans and a comprehensive system that utilizes all therapies holding efficacy, from least invasive to most invasive, and focus upon prevention and health maintenance. This includes health care education and tools for self care that support physical, emotional, mental and spiritual well being (including but not limited to: healthy nutrition, relaxation, self exam, fitness/exercise, stress management, prayer, meditation, social support, and promotion of environmental health and safety).

#### **2. We ask you to integrate holistic and complementary practices in a new health care system.**

- Americans pay billions of dollars out-of-pocket annually for integrative therapies. That money could be used to pay for insurance and pay the practitioners when such practices are included in one's health care package.

- Many holistic integrative methods have been shown to promote healing and recovery from illness and to enhance health and healthy behaviors at a very low cost. The financial savings if these approaches are covered will be tremendous.
- Integrative and complementary practices have been added to insurance plans in some states and are showing themselves to be cost-effective as well as beneficial to the patient. The "ABC" coding system has been developed and utilized for this purpose and further defines the use of validated integrative therapies for acute and chronic conditions as well as to maintain health.
- Research supports the efficacy and safety of these integrative-holistic and healing practices in health care. You can find extensive research information on the Council website, [www.councilforhealing.org](http://www.councilforhealing.org), its member websites, in addition to other sources such as the NIH National Center for Complementary and Alternative Medicine.

#### **3. We ask you to regulate the health insurance, pharmaceutical, and medical equipment industries, not health care.**

- Create or reform laws that will end, quickly and permanently, the extensive profit making from disease and disease maintenance.
- Support and protect comprehensive health care plans that include all aspects of health care, including preventive maintenance and care, dental, vision, complementary and integrative medicine, etc.
- Support and protect accountability and reasonable costs.
- Set reasonable limits on the percentage of income one must pay for health insurance, for those who are wealthy as well as those who are not.
- There must be a provision for insurance coverage for every person.
- Give 100% tax credit to the self-employed for paid insurance premiums, with generous similar benefits for small businesses.

#### **4. Have the courage to stand up and create the best health care system on the planet.**

- Move forward with a plan that is fair and workable, regardless of the influence of lobbyists and the current for-profit insurers.

*continued on page 14*

# HTI's 13th Annual Energy Healing Conference and Instructor Meeting

## Bringing Celebration to Life: *Creating Flow – Healing Globally*

We met September 3-6, 2009 in the Arizona Desert  
We explored the creation of flow and awakened new possibilities!

We reached out our arms for the 13<sup>th</sup> Annual Energy Healing Conference, inviting all with an interest in healing to attend, joining with new faces and hearts!

Smiles, hugs, love, laughter were in abundance. Our attendees felt it was a fun and healing conference, a high vibration, with great opportunities to greet friends and form connections with newcomers. Comments included: Fabulous! Loved it!

Our pre-conference showing of *The Living Matrix* movie, offered Wednesday evening through Mary Jo Bulbrook, was open to Tucson healing groups as well as conference participants. Over 150 attended and really enjoyed it!

### Meanings and Metaphor

Our theme *Creating Flow - Healing Globally* had many levels of meaning. Beginning with the self, one creates flow by healing body, mind, emotions and spirit. As the self heals, this high vibration opens to a creative flow and ripples out into the world.



New research shows that working with the right brain, sensory input is very healing and reaches areas in the brain and consciousness that language is not able to access. Our conference was created with this in mind. Our setting was chosen to awaken us to the healing of nature. Rather than 40 days in the desert, we experienced 4 days to soak in the mountains, water ways, koi pond and trails in the foothills behind the hotel that provided easy access to the elements.

We were graced by a desert tortoise, usually very shy, on an early morning walk. Others reported seeing eagles, deer and a young mountain lion up in a cave on a hiking trail.



### Creative Flow Begins

The HTI Instructors gathered Wednesday evening to create traditional Mexican crepe-paper flowers, each blessed with intention and placed on the stage to waken the senses with vibrant chakra colors.

Pre-conference workshops expanded awareness and created opportunities to think outside the box through thought, stories and music. The instructor meeting utilized the creative genius process and presented a surprise “improve” by the Education Committee, as well as review of curriculum and materials.



Interesting name badge ribbons gave insights into the true natures of our members with sayings like “Runs with Scissors”, “Rock Star”, “Grandma”, “Teamwork” and more. Laughter is great medicine, and thus began the chuckles.

*continued on next page*

## Wakening the Senses

Our conference opening began with a deluge. The heavens blessed our senses with a monsoon, a big cleansing rain, thunder and lightning and the fresh smell of the wet desert. Freshly made guacamole and Mexican Mariachis Luz de Luna's music brought us into the culture of the Southwest stimulating taste and sound.



Our conference logo artist, Lee Rumsey, attended and was surprised to be called on stage to bring her art piece "Celebration" to life. She waved a magic wand and called in the drummers and dancers in sarongs and flowing scarves. The HTI Certification Board danced empty vases to the stage – the vessels to certification, followed by the HTI Instructors twirling crepe paper flowers representing the students who filling the vases. The HTI Greater Council and Tucson Volunteers then danced in with the colorful table decorations made to feast the imagination and senses. The room was transformed from white table cloths to color, light, humor and sound. A "teamwork" picture was placed on stage along with colorful helium animal balloons. Under dim lights, the HTI Board of Directors passed the altar bundle and lighted conference candle to the front of the room.

Tony Redhouse, Navajo spiritual leader, attired in full Navajo dress, performed a blessing, a hoop dance and circle dance to shift our energies to a unified and high vibration adding to our global culture and that of the Southwest. His resounding words of "Say YES to the universe" began our focus on commitment.



## Open Minds, Open Hearts, Open Consciousness, Intention and Integration.

We opened with a meditation to take us to the high vibration

of the HTI platform and release stories and patterns that no longer served us to create opening for the new. Jan Phillips, visionary thought leader, invited us to open our minds and then returned on Saturday afternoon for a general workshop to facilitate opening our hearts and venturing further out of the box. She ended by admonishing: "Don't apologize when describing your work. Stand firmly and in conviction and be proud of what you do and who you are in your Healing Touch work, now more than ever!"



Belleruth

Naparstek, psychotherapist and leading guided imagery expert then took us further out of the box with new research in healing with guided imagery, using the right brain, and sharing experiential guided meditations. Combined with energy therapies, imagery creates the opportunity for very powerful healing. Thank you to Belleruth for her extremely generous donation of profits from her CD sales to our non-profit organization.

Morning Creative Flow sessions varied and included Laughter Yoga, Qi Gong, and a variety of focused morning walks in the beautiful surroundings. Healthy, delicious nutrition was available for all meals.

Break out sessions throughout the weekend were diverse in offerings, selected to open and create flow through movement, music, the elements, mandalas, resiliency, out-of-the-box approaches, forgiveness, drumming, collaborating, self-care and client-based techniques for integration into our work in Healing Touch, Mentorship, Integrative Health Care and Research.

## More Monsoons

Banquet night brought us another monsoon downpour, moving our outdoor patio reception indoors. It hadn't rained most of the summer but the two activities we had planned for outdoor evenings were in a different kind of flow! Carol Reamer reported on the inspiring and heart-warming use of funds collected after the Peru earthquake two conferences ago. Lisa Otey, queen of barrelhouse and hot keyboard entertained us with romping good music and many danced with abandon, creating flow with laughter, dance and movement. Even those who tend to be more conservative were up and moving to the inspiring beat, free and easy.

*continued on next page*



## Conference 2009, cont.

### **Intention and Integration**

Sunday we moved into opening our consciousness with Stuart Hameroff, MD, Leader of the Consciousness Studies at the University of Arizona. He explained the quantum physics and physiology of consciousness from a scientific, research perspective.

Gary Schwartz PhD and Sue Kagel then led us in an intention experiment through the University of Arizona Laboratory for Advances in Consciousness and Health. Gary reports on the research - "In a word - AWESOME!" The energy was monitored by a REG machine that showed immediate response. (See the Energy Research Column for the results.)

Sue then lead us to power up again and bring forth out-of-the-box ideas inspired by the conference for personal, professional and HTI intentions to manifest for the highest good. The REG machine responded immediately again!. Feedback from participants is that these intentions are already manifesting rapidly and easily.

### **Hokey Pokey**

We closed with a Healing Touch Hokey Pokey inspired by Jill Peterson, letting us use creative flow in action as the computer/projector didn't work. We quickly shifted gears and it was perfect and great fun! Jill was moved by the creative energy and our huge circle wove arms and then opened up again facing outward, still connected with hugs all around. Our participants rippled back out into the world with their creative sparks to share with their communities and their clients, healing globally.



### **Post Conference**

The holiday lent well to post conference classes which included NLP, essential oils, dreams and extraordinary experiences. Our Instructor Advancement Committee provided a Level 5 Instructor Training pilot attended by 6 new instructors, ready to meet the needs of our very large Level 4 classes this year.

**See you in St. Louis!**



## In Appreciation of our Conference Volunteers!

We wish to send a very large thank you to our ad hoc members of our conference committee Jill Peterson and Lynn Jeffrey, our volunteers, the Healing Touch International Board of Directors and Staff! We also thank HT Tucson, HT St. Louis and Suzanne Weeks for donating a portion of their product sales.

We had a blast of creative energy making the center pieces for the conference. What a hoot. The directions were - no rules - create something new out of whatever was at hand. People brought all kinds of odds and ends to go into all kinds of containers.

The results are a feast for all the senses. Things are combined in ways that are way out of the box-colorful, full of wonderment to waken your creative muse and stimulate your right brain.

Filled with mirth and joy to keep you smiling! So thank you to all the centerpiece artists who assisted or sent their odds and ends. And thank you to all the volunteers behind and in front of the scenes who have joyfully shared their energy and creativity in helping to make this conference smooth and wonderful for all!

Anagrace Misenhimer, Jan Kindwoman, Patricia Martinez, Ann Adams, Janelle White, Phyllis Harris, Annette Lindstrom, Janet Olson, Roe Lewandowski, Barb Evans-Levine, John Anderson, Roni Dvoskin, Billie Schelble, Karen Ulehala, Ruth Hanon, Brenda Bollard, Kathie Stogsdill, Carol Forshey, Kathy Creath, Sandy Rees, Caroline Straub Saba, Kent Shaefer, Sharon Stahelek, Cindy Cawthorne, Keylaugh Marshall, Sheila Lortie, Deborah Shippione, Laurel Krueger, Sheila Williams, Donna Pugh, Lisa Stone, Sherry Levin, Ernestine Darling, Lu Ann Peters, Stephanie Clark, Ginny Anderson, Mimi Zoll, Stephanie Cutler, Heidi Redmond, Miriam Huber, Sue Kagel, Herschella Horton, Nancy Kurakowa, Valentina Zeff, Wendy Kreider.

We extend a special thank you to John and Ginny Anderson of Colorado, who were kind enough to provide round trip transportation for many boxes of materials, thus saving HTI the cost of shipping.

Level I instructor training  
October 29-November 1, 2009  
Toronto ON Canada



Top row left to Right:

Marguerite Langley, Alexandra Jonsson, Maggie Freel

Middle row:

Jane Barry, Kathleen Smythe, Wendy Joscelyn

Bottom Row:

Sandy Hutchinson, Marilyn Allpress, Laura Hart



## WANTED: A Few Good Men

No, we're not recruiting for the Marines.  
We are, however, looking for men  
to join the HTI Men's Group.

Anyone interested in helping to form a mission statement, set goals, and put together objectives can contact [dnwolffs@aol.com](mailto:dnwolffs@aol.com)



## In The News

### NATIONAL LEAGUE OF NURSING FEATURES DAVID RABINOWITSCH, CHTP/I

David Rabinowitsch DNP, RN, CHTP/I is featured in the National League for Nursing's bi-monthly peer reviewed publication, *Nursing Education Perspectives*.

The article highlights David's role as an assistant professor of nursing at Orange County Community College in Middletown, New York, one of the original AD nursing programs started in 1952, and also cites his offering of HT as a nursing elective at the college, along with his teaching of HT in Scandinavia. Describing his use of centering and imagery throughout his educational courses, and the opportunities for his students to observe him as he applies Healing Touch in clinical practice, David is acknowledged as a role model for exemplary education and compassionate care.

The article can be located through the NLN: <http://www.nln.org/publications/index.html>  
*Nursing Education Perspectives*, National League for Nursing, May/June 2009 Vol.30 No.3 pp: 146-147.



### Council for Healing, cont.

- Support, educate, encourage, and reward those who truly want to help people grow in health and heal from illness.
- Support and promote consistent, positive messages about the value of, and means to, one's health.
- Support and promote sustainable, just, dignified living so more healing can occur naturally.

Thank you for making a positive difference,  
The Council for Healing

#### Board of Directors

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### A Practical Guide To Healing Touch Practice: *Away From The Office*

**Jackie Mielke, BS, CHTP/I, CAHI**

Certified: Healing Touch Practitioner  
Healing Touch Instructor  
Allied Health Instructor

Focuses on providing Healing Touch in medical health care settings by the HT practitioner in private practice.

- Introduction
- Surgery, One Day Surgery, Surgical Center / Clinic
- Chemotherapy, Radiation Therapy
- Intensive Care Units, Emergency Room
- Homecare, Hospice, Long-Term Care, Asst'd Living
- Closing

This 2-CD set contains 92 minutes, and can be ordered on the [www.soundmindbodyhealing.com](http://www.soundmindbodyhealing.com) web site **Store** page, or by calling **651-688-2469** (have credit/debit card handy), or by Mailing a check for \$25 per copy (including tax, shipping/handling) made payable to:

Sound Mind & Body Healing Center  
1610 Blackhawk Lake Place  
Eagan, MN 55122-1200



## Student Perspective

### *The Gift of Bruno*

by Judith L. Stoddard, RN, BS Ed, CHTP

At age sixty-six, Bruno was diagnosed with pancreatic and liver cancer and given three months to live. I had learned of his diagnosis at a neighborhood party and when I completed my first class of Healing Touch a month later, I sent information to him on energy healing, inviting him for a session. His wife, Sue, called the following day for an appointment for him, thus beginning our two-and-a-half-year-journey together of love and hope, missing a weekly session only when one of us was out of town or had an unchangeable obligation.



This is Bruno's story, but it is also mine. I grew from a wide-eyed novice student of Healing Touch to a (still-awed) Certified Practitioner in those years and Bruno was one of my most gifted teachers.

Bruno was retired from a thirty-five year career as a chemical engineer, having spent twenty-eight of those years as a navigator in the Air National Guard where he met and married Sue, a flight nurse. Bruno's story is not about his disease process or his treatment with various chemo therapies, medical interventions such as Cyber Knife, or consultations and exploration of possible clinical trials. It is the story of his inspiring trust, hope, sense of humor and unwavering spirit of love.

From our first Healing Touch session, Bruno trusted. He put himself into God's hands through mine. He was interested in each new technique I learned and our standing joke upon my return from the next level class was that now I would get him levitated. In all sessions, Bruno felt energy moving, went into deep relaxation mode, often sleeping soundly and seeing colors, always varying shades and patterns of green and blue and often magenta and white.

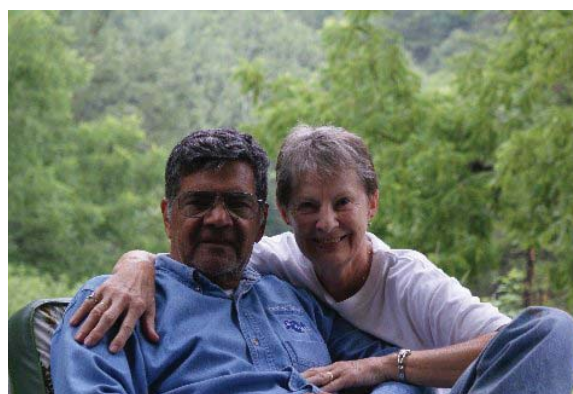
Our goals and healing intentions were to strengthen his immune system, increase efficacy of chemotherapy while decreasing side effects, to attempt to contain his cancer and healing for his highest good. He was able to travel to Hawaii several times to see grandchildren, to play golf almost weekly, go to baseball games, lunch with friends

and enjoy family gatherings. He attended church regularly. Bruno was sometimes tired, but until his last few months, lived an active life with minimal chemotherapy side effects and medication-managed pain. Sue learned magnetic clearing and the chakra connection to do with him when they were away. During those times, I did long-distance healing and experienced seeing patterns of greens and blues as I visualized sending healing energy to him.

The Healing Touch sessions in his hospice bed were shorter than usual. He had given me a chakra singing bowl and I always made it sing at the end of each session with him. He smilingly said it was his insurance that the session "took". I carried it with me to his home those last weeks and as I ended a session the day before he died and told him that he was "tuned up", Bruno gave me his quiet smile and as always, a hug. Even as Bruno's health diminished, our goals and intentions never wavered; I believe they were met.

The next morning I received a call that Bruno had unexpectedly declined during the night and family and friends were gathering. His daughter and I held his feet as he died, opening the chakras in the soles of his feet and feeling great warmth come into them. He was surrounded by people he loved and who loved him. Bruno was a pure example of holism. He was a man of faith, had wonderful family support, excellent medical care and most importantly, he never lost hope. His courage was an inspiration to everyone who knew him and to some who did not. He will be immeasurably missed.

Bruno gave me many gifts, but his incomparable gift was the understanding of what being "heart-centered" truly means, not the book or class definition, but the reality of actually feeling love and compassion pouring out of my heart center into another person while doing Healing Touch. And for that gift, I will be forever thankful.



Bruno and his wife, Sonny

## GIFTS THAT BENEFIT HTI

Searching for the perfect holiday gift? Consider a gift that will further our goal of creating a new DVD that captures our work around the world. The DVD will help you in your work, in your classes and further expand Healing Touch out into the world.

Tami Briggs, Suzanne Weeks and Lynn Maki have generously offered to give back a percentage of their sales to HTI. Tami's new book, *Women as Healers: Voices of Vibrancy* and new Christmas CDs, Suzanne's *Gratitude and Love Bottles*, and Lynn's MalaStones are gifts that give a big return to all of us!

In this time of gratitude, please consider making a Grant to Healing Touch International for the purpose of creating a DVD. You can support this purpose by visiting our website, selecting "Shop", and "Support HTI". To date, we have received \$4900; we're almost 1/3 of the way towards achieving our goal! Our gratitude is overflowing.

**Order Online before Jan. 1**  
**www.GratitudeAndLoveBottles.com**  
 use coupon code HTIDonate during checkout

**Gratitude and Love Bottles**

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white, black, red, green, blue  
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**www.HealingTouchInternational.org**



## Words of Wisdom - Flow

by Diane Wind Wardell, PhD, RN, WHNP-BC, AHN-BC, CHTP/I

It is memory that brings someone to life after their transition from this life to another. Conference this year was a wonderful memory of healing times and joy of being with others on a similar path. After someone asked why I was always sitting in the back of the room I remembered that it was where I would find Janet. I would slide into the seat next to her and just sort of melt into the comfort of knowing that we were sharing the same experience. No words were needed and it was a time when all responsibilities and duties would ease away. There was nothing else to do but "be in the flow" then and now.

This memory prompted me to search into more recent journals of Janet's. I figured I would try 10 years back. Simple! I'd see if those words had any meaning for me today. But, then I got caught in the search! It was a search for words that would lend themselves to meaning and wisdom for others to share. I found myself visiting with Janet on October 9<sup>th</sup>, 1999. It was a day in which she had recently traveled to Honolulu without a spiritual teacher by her side. She wrote that she was disappointed and experiencing deep sadness because she wasn't there.

She was given the following direction: "Disappointment is a feeling that comes with change or when expectations are not met. It is not within your control for things to always go the way you expect or desire. Do not make disappointment a

negative experience; instead learn that disappointments are a fact of the living experience. Keep yourself fluid and flexible so that change can happen easily and keep yourself in the flow of the living experience and not rigid." She was told then that reliability and commitment are important and to live her commitment to Healing Touch and to others for that is the nature of the work she was assigned to do. She was reminded to stay "alert, open, clear and receptive."

I found these words to be descriptive of "flow". In order to do this, one must be willing to get rid of the baggage that comes from disappointments in ourselves, others and situations. I think it is often our disappointment in ourselves that we did not do it smarter, better, easier, wiser, or whatever term we use to find fault that keeps our light from shining. Expectations can also be burdens that hinder our ability to be present to the work and others.

Additionally, recognizing that we are to be flexible and fluid but also reliable and committed can be a challenge of paradoxes. It is within this paradox that growth is possible and change happens. We continue to walk the path and journey together with all those in the Healing Touch community as we carry this work forward. Allow yourself to celebrate the joy that is you, the day that brings you joys and sorrows, and remember, always, you are not alone.

# Integrative Healthcare

## Healing Touch in Page, Arizona

by Julie Lindholm MD, CHTP

A seedling is becoming a tree in Page Banner Hospital, where Healing Touch has steadily become an important element of the hospital routine. The hospital is a Planetree affiliate, with a strong commitment to a holistic approach to patient care and employee work environment alike.

Lynne Jefferey RN, CHTP/I taught level I to providers and administrators 4 years ago, and Sue Kagel RN, CHTP/I has been teaching recent classes here.



Julie Lindholm and Linda Bene

Our two room O.R. has a full time staff of four RN's, one technician, and one secretary. Here, the nurses perform the full range of perioperative nursing roles: from outpatient clinic nursing to preop assessment and teaching, from scrubbing and circulating to recovery room nursing, the same tight-knit team cares for patients through every stage of surgical care.

Common cases include open and laparoscopic procedures in general surgery, orthopedics and gynecology. ENT and ophthalmology procedures are also performed here, and there is an anesthesia department pain clinic which is also conducted by the OR nurses.

While the same four nurses smoothly handle a wide variety of procedures, two of the nurses and the general surgeon are routinely adding an additional element to their profession: Healing Touch.

This OR team keeps a pace that does not slow down for integrated care. However, the essence of grounded loving energy and the unspoken compassion that is shared with patients throughout their care is often recognized by patients and physicians alike. Healing Touch is integrated throughout the patient experience.

The first contact is often in the preoperative interview process with simple grounded compassion and understanding, creating the presence of reassurance and comfort, and sometimes a brief discussion about Healing Touch in our setting. The first hands-on Healing Touch is usually on the day of the procedure. While placing blankets and starting the IV, nurses Melisa Serventi and Linda Behne often use grounding and magnetic passes followed by hands still or pain drain at the IV site. During the surgical preparation, the surgeon Julie Lindholm is present for patient evaluation, consent, and site marking. This time allows the patients to voice concerns and questions, and often provides an opportunity for hands still and healing presence during the exchange of information.



Melissa Serventi

Once in the OR, there is often time during anesthesia induction for the nurses or surgeon to stop and attune with the patient energetically by touching the patient's hands or feet. Arranging blankets can include hands-in-motion, and cricoid pressure can be hands still. Simple touch with intention in this moment can reassure both the patient and the OR team.

*continued on next page*



### **Integrative Health Care, cont.**

**D**uring the procedure itself, there is full focus on the case progress with undivided attention, meaning that Healing Touch is present but as part of who we are.

**O**nce in recovery room, the nurses often use pain drain, hands-in-motion and hands-still for immediate postop care while monitoring, charting and medicating patients.

**A**nesthesia department's pain clinics provide ideal moments for nurses to use hands-still while gently holding patients in position for injections.

**M**eanwhile our ED often has a need for Healing Touch during stressful events. And there is a very effective resource in these situations: Julie Poulson, the radiology unit clerk, has been able to intervene frequently for the ED. The most remarkable shifts in energy have been noticed by a number of ED physicians who recognized sudden calming in emotionally charged situations. The ED providers are aware and are supportive of Healing Touch, and a number of the providers have taken level one. The families as well as the patients are quickly calmed by Julie Poulson's presence when she enters the room, and ED providers are thankful to be allowed to concentrate on the clinical workup without emotional drama interrupting their work.

**W**hen assisting in the ED, Julie Poulson uses mind clearing, pain drain, and hands still while talking calmly to reassure the patient and family.

**O**utside of patient care, Page Hospital has a Planetree program called "caring for the caregiver", in which employees formally assist each other in a variety of ways from gardening or quilting classes to aromatherapy and Healing Touch sessions. Employees can sign up for 20 minute scheduled sessions, and at least forty employee sessions have been provided to date.

**F**or two years now there has been a Healing Touch booth at the Page Hospital Fair, and there is growing interest in our community.

**F**uture plans include another level one class with special initiatives for nurse aides to participate. A level four class is anticipated this spring, and meanwhile we are steadily unfolding the work of integrating our loving energy beginning with self-care, then caring for our families, our patients, employees, and our community.

## **Gratitude to Stephan Nobs**



*Attributes of the Heart  
Compassion, Innate Harmony,  
Healing Presence, Unconditional Love*

*"When these attributes are lived with  
pure intention, they become unified  
into selfless service." - Brugh Joy*

We sincerely thank Stephan Nobs for his service to the Board of Directors. The past three years, Healing Touch International has been the recipient of these gifts that he brought to us. One additional attribute that he possesses is courage. Courage literally means "with heart", to act with bravery and valor. Stephan has exemplified each of these qualities in extraordinary ways but especially the remarkable gift of courage. When times were difficult in recent years, he kept us grounded and on task with a clear vision and laser focus on our mission and purpose. Stephan

has a gift of asking the pertinent and difficult questions in a way that paves a clear path for moving forward with light and ease. He fully incorporates the three injunctions of Brugh Joy:

Make no comparisons, Make no judgments, and Delete the need to understand.

Stephan, we are deeply grateful for your willingness to serve our Healing Touch International community. We will miss your participation in our board meetings, not to mention the Swiss Chocolate you so generously brought! Your wonderful gifts and talents have strengthened our organization in numerous ways. Stephan, because of you, we are stronger in spirit, richer in wisdom, and we've grown in compassion and selfless service. Most of all, we are confident in the healing power of courage and love.

Mary O'Neill RN, CHTP/I  
HTI Board of Directors

## Board Corner

### *Blossoming and Blooming*



#### **September is Strategic Planning time at HTI.**

During two days of board meetings prior to conference, the HTI Board of Directors immersed in the desert and mountain environment to meditate, and then bring our visions into an action plan for the 2010 theme of our Tree of Life – Blossoming and Blooming.

All concepts brought forth for planning must be in alignment with our vision of “Spreading Healing, Light and Love, Creating Wholeness on Earth” and adhere to our Mission and Core Values. Goals have been set by month and include increased communication through monthly ezines in addition to our Board Corner column in the Perspectives in Healing. The Annual Business Meeting / Report was held and the members appraised of our past year achievements and plans at the 2009 HTI Conference.

#### **New Board Members**

We welcome our new HTI Board Members, Evie Caprel, BA, CHTP and David Wolffs, BA, MA, CMT, CHTP. Stephan Nobs' term has ended. (See gratitude article.)

#### **2010 HTI Officers**

- Sue Kagel: President
- Mary O'Neill: Vice-President
- Laura Hart: Secretary
- David Wolffs: Treasurer

#### **Finances**

HTI is stable and growing. Strategic Budget Review is underway.

**HTI Mentorship Guidelines** revision is completed and were presented at the HTI Conference workshop. They are now posted on the HTI website – click on Education - as a download to guide the mentor and mentee in the apprenticeship process. Thank you to Mary Jane Aswegan, Anne Day and Ilene Gottlieb, members of the HTI Membership Sub-Committee.

#### **Committee and Position Rotations**

- David Wolffs continues as chair of the Business Council.
- Evie Caprel is appointed chair of the Marketing and Membership Committees. The Membership Committee is now a subcommittee of the Marketing Committee.
- Mary Megal is appointed as HTI's Research Director starting Oct. 1, 2009. See related article.

#### **Affiliate Countries**

- Welcome Healing Touch Sweden!
- New officers for Healing Touch New Zealand are:  
Wendy Risdon, Chairperson; Joanne Coates, Secretary; Sharron Maree, Treasurer; Angela Wratt, Membership

#### **Education Updates**

- The revised Instructor Guidelines are now posted on the website under the Instructor section.

#### **Support HTI through GoodSearch and GoodShop non-profit benefits. (the easy way- no cost to you!)**

The use of GoodSearch and Goodshop by HTI members will accrue passive income for HTI. Use GoodSearch.com when you wish to search the internet or use GoodShop.com for online shopping and designate Healing Touch International as the recipient. Every time you search the internet, HTI will receive one penny and every time you shop online through GoodShop, HTI will receive up to 30% of every purchase. Help us grow our organization through use of these simple tools!

#### **Facebook and Twitter are now linked to the HTI website.**



# Tuba City Sisterhood

By Pat Nicolato RN, Level 3 HT Student, Nancy Andreas RN, Level 3 HT Student and Deb Wolfe RN, CHTP

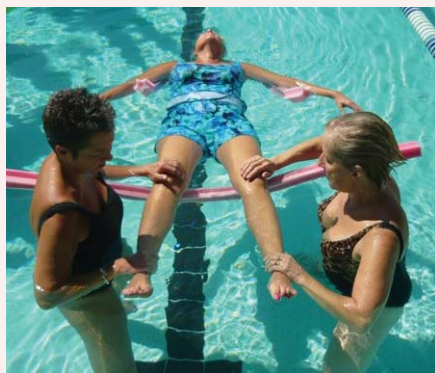
Three of us from Tuba City, AZ made our way to the Healing Touch International Conference: Nancy Andreas, Deb Wolfe, and me, Pat Nicolato. We are nurses at the Tuba City Regional Health Care Center which serves the western portion of the Navajo Nation.

The conference had quite an impact on us. The workshops were extremely well done. You would expect that. But there was much more that occurred resulting from creating flow intentionally. Nancy shared how she was impressed by the palpable collective energy flowing at conference. There was magic in the air from the very beginning.

Friday night a downpour of rain (locals call it a monsoon) gave the desert quite a drenching. The next day at the resort, a waterfall suddenly appeared, cascading full force down the mountainside; a visible reminder that all of nature creates abundant flow.

Deb felt an awesome sense of renewal and love from the circumstantial gifts that repeatedly came her way. When checking into the resort, she was told that a mountain view room was not available. As she stood there, lo and behold, a mountain view room became available. We loved the view from our patio; the waterfall and the little quails scurrying around.

Living on the reservation, the closest public swimming is an hour-and-a-half north or south. Deb had her heart set on swimming and had a fabulously refreshing session at the Serenity Pool Saturday morning. Saturday evening at the auction, she



acquired an artistic orange dragonfly. The next morning, while enjoying the Serenity Pool once again, Deb noticed an orange dragonfly skimming over the water; another reminder that we were caught up in a creative, healing flow.

For myself, I will be pouring over the information gathered from the conference for quite a while. Healing Touch is spreading across the globe in some very exciting ways. This

information will assist me in becoming a vital part of the Healing Touch movement.

However, the things about the conference that make me smile the most were the decorations and the dancing after the banquet. Sue Kagel did a masterful job of encouraging others to be creative and to “go with the flow”. If the centerpieces had been perfectly sculpted works of art, I would have said, “Oh, that’s pretty.” End of story. But these creative masterpieces made by the conference volunteers caused us to pause and say, “What were they thinking?” ...And I don’t mean that in a sarcastic way. I also loved that the crepe flowers were, after some coaching from Sue, made by the HTI instructors to be any ol’ way they wanted them to be. They were placed on the stage in all their budding (pun intended) glory. The one that was unraveling was left as it was. Perfect! It made me feel like my contributions to life, flawed as they may be, might just be good enough as well.



By the time the music began after the Saturday night banquet, creativity was once again flowing until it was a virtual monsoon. In all my years, I have never seen a room full of grown people dance with such playful, childlike abandon. We snake danced around the room, did the shuffle, the Charleston, twist, ballet...you name it. The white feather boa was a particularly nice touch. I grabbed a bright orange crepe flower for my hair, adding a Spanish flavor. That flower has now become a symbol to me that I too can dare to let my creativity flow and it will be perfectly what it is.

Thank you all for the inspiration.



# HEALING TOUCH INTERNATIONAL announces its 14<sup>TH</sup> Annual International Healing Conference & Instructor Training

## Healing, Transforming and Expanding Through the Gateway of Light

Thursday, September 9 - Sunday, September 12, 2010  
Marriott St. Louis Union Station  
St. Louis, Missouri



Personally and professionally explore new knowledge, connections and opportunities as we blossom forth into new frontiers. This year's conference agenda promises outstanding programming, unparalleled seminars, the latest exhibits, relationship building and fun! Here's a glimpse of outstanding keynotes already on the docket:

### Keynotes:

**Anodea Judith PhD** is a leading authority on the therapeutic application of the chakra system, a popular workshop presenter, and evolutionary activist. Her books have been considered classics in the field, and include *Eastern Body-Western Mind*, *Chakra Balancing*, and *Wheels of Life*, as well as the award-winning video: *The Illuminated Chakras*. Her most recent book *Waking the Global Heart* maps the chakra system onto our collective journey and won two literary awards in 2007. With a million books in print in 15 languages, she is a leading voice in the world of healing and cultural transformation.



**Brian Luke Seaward PhD**, is a renowned and respected international expert in the fields of stress management, mind-body-spirit healing and health promotion. The wisdom of Brian Luke Seaward can be found quoted in PBS specials, college lectures, medical seminars, boardroom meetings, church sermons, keynote addresses, and graduation speeches all over the world. His mission, as expressed through his legacy of acclaimed books and public appearances, is to make this a better world in which to live by having each of us reach our highest potential. Dr. Seaward is an award-winning author,



photographer, teacher, celebrated film director/producer and much sought after inspirational speaker. He truly touches hearts, and most anyone will tell you, this is how he heals. Through his teachings, he offers a unique synthesis of insights blending the "ageless wisdom" of human spirituality with the topic of stress to reveal the unique alchemy of humanity and divinity, what we call the "human journey."

**St. Louis, Missouri** is the Gateway to the West, a city rich in history of courageous exploration and thoughtful expansion. Beginning with the Lewis and Clarke Expedition on the banks of the Mississippi River and pioneers setting forth to explore new frontiers in the west, to the production of the Mercury and Gemini spacecraft, St. Louis has always been a beacon of Light. You won't want to miss it!



### Union Station

Join us in the historic Union Station, a newly-renovated 11-acre complex for an unforgettable experience rich in the tradition of a bygone era. Built in 1894, it was the largest single-level passenger rail terminal in the world. In 1976, this magnificent station was designated a National Historic Landmark. With a \$150 million restoration 100 years later, it has been transformed into an 11 acre complex inclusive of 20 specialty boutiques, dining and entertainment venues including the Marriott Hotel. Our exclusive and amazing negotiated conference rate is \$99/night single or double! (Rate available September 3-15, 2010, based on availability through August 16, 2010) Reserve your room now by calling 314.621.5262 and mention Healing Touch International.

Watch our website and *Perspectives in Healing* for our call for proposals and exhibitors at [www.HealingTouchInternational.org](http://www.HealingTouchInternational.org)

## Can Distant Group Healing Intentions Affect Patterns of Cosmic Rays?

by Gary E. Schwartz, PhD.

Laboratory for Advances in Consciousness and Health,  
The University of Arizona

As Lynne McTaggart writes in her book *The Intention Experiment*, substantial research indicates that group healing intentions can have effects from a distance on material and living systems. In collaboration with Lynne, my laboratory has conducted exploratory double-blinded experiments on the effects of distant group healing intentions on the growth of barley seeds, the biophoton emission of plants, and the structure of water (reviewed at [www.theintentionexperiment.com](http://www.theintentionexperiment.com)).

At the 2007 Healing Touch International meeting, Lynne led an experiment on the growth of barley seeds. I presented the results of these experiments (Healing Touch International was one of six groups who participated in the research) at the 2008 meeting of the Society of Scientific Exploration. A video of this presentation can be found at [http://www.scientificexploration.org/talks/27th\\_annual/27th\\_annual\\_schwartz\\_intention\\_seedling.html](http://www.scientificexploration.org/talks/27th_annual/27th_annual_schwartz_intention_seedling.html).

In my keynote address to the 2008 Healing Touch International meeting, I shared the results of this research. I explained how the Healing Touch practitioners produced the greatest increase in growth in the targeted seeds (n=30) relative to the non-targeted control seeds (n=90).

For the 2009 Healing Touch International meeting, Sue Kagel proposed that we conduct another distant group healing intention experiment. I suggested that we try something new – an exploratory experiment involving patterns of cosmic rays.

I had presented at the 2009 Society of Scientific Exploration meeting research indicating that a spiritual energy healer, when inviting the “Light of God” into our biophoton imaging chamber, was associated with an increase in the organization of cosmic rays recorded by low light CCD camera systems. Briefly, cosmic rays are constantly reaching the earth, presumably in a random pattern. Though they are of much higher frequency than visible light, because they are so intense, they leave their mark in terms of high intensity “blips” on individual pixels in the camera. Because they are so intense, they appear as little “stars” relative to the background low level light in a completely dark chamber.

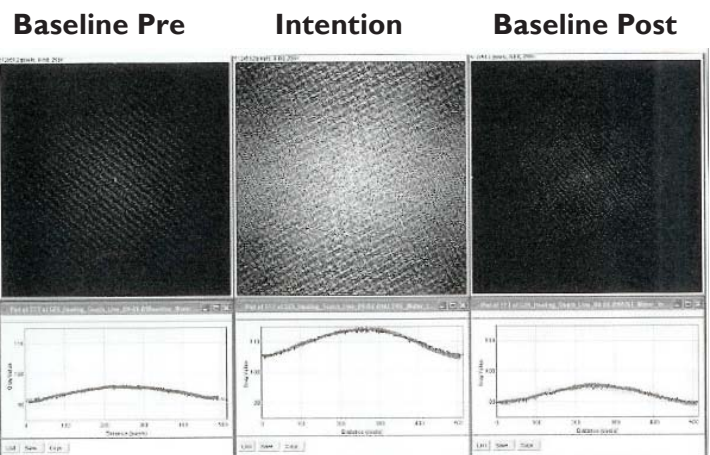
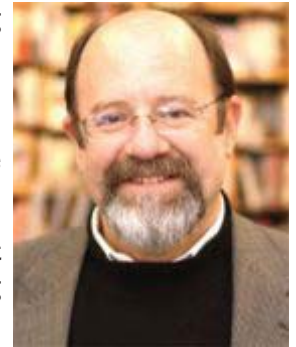
Using ImageJ software (available for free from NIH), it was possible to perform two dimensional spectral analyses of their distributions and plot the resulting image. What

we discovered was that during controlled periods when the healer was engaged in spiritual healing intentions, increased structure was observed in the spectral analyzed images.

The question arose, could distant group healing intentions (including the invitation of higher spiritual assistance) produce similar (or greater?) increases in the ordering of cosmic rays?

We conducted the following exploratory experiment. While I was reviewing our previous cosmic ray research in my 2009 Healing Touch International Keynote address at the Ventana Canyon Resort in the foothills of Tucson, my research assistant (Mark Boccuzzi) was collecting a 15 minute pre intention cosmic ray baseline recording in my University of Arizona laboratory approximately 20 miles away in the Tucson valley. Then, Sue led the audience in a 15 minute group intention exercise while Mark collected a 15 minute intention cosmic ray recording. After Sue finished the intention exercise, Mark collected a 15 minute post intention cosmic ray baseline recording.

The data for the pre intention, intention, and post intention recordings were analyzed and are shown below.



The first row of boxes show the spectral images, set on the same scale. You can see that not only is the middle intention brighter, but there is more structure present. The second row of boxes graphs the average intensities of the 512

*continued on page 25*

# Educational Insights

## *Creating Flow, Teaching with Integrity*

by Barb Schommer RN, MA, CHTP, CHTI

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It was such a joy to be in Tucson in September for the annual Healing Touch International Conference and Instructor Workshop, affirming our commitment to the HTI Healing Touch Certificate Program Curriculum.

Instructors are definitely in community/common unity as we move forward, creating flow as we teach around the world. There is a cohesive energy among instructors who are all teaching the curriculum which was so well laid out, so well envisioned and so well prepared by Janet Mentgen and the AHNA Education Committee. It is the curriculum that was and continues to be endorsed by AHNA. It is the curriculum that has been in place since the inception of HTI in 1996. It is solid, heart-centered, energy based, and alive!! And the instructors are teaching the curriculum with integrity.

We welcomed several newly certified Instructors as well as several Instructors-in-Training. The flow of legacy continues!!!!

In support of the established curriculum, and to promote integrity in teaching it, a new textbook is being developed. It will be in an E-book format, thus making it easier to access. Workbooks for each Level are also being finalized and will soon appear on the HTI website. This is flow in action!!

During the Instructor meeting, instructors were given an opportunity to indicate if they were interested in training to teach the next Level up from the Level they are currently teaching. Instructor Training classes are being planned for each Level. If you did not give your name at conference, or were not at conference, and wish to be considered for Instructor Training for the next Level, send an e-mail with your name and what Level you are interested in training for to [barb.schommer@gmail.com](mailto:barb.schommer@gmail.com). Thanks!!

At the Annual Instructor Workshop, we reviewed the interventions taught in each level. A flow of discussion and questions and answers were created during this portion of our meeting. Watch this column in the future for reviews of these questions and answers



As a start, here are some thoughts about teaching the energetic component of Level I:

Level I gently lifts participants energetically as the curriculum builds energetically. Instructors need to stay in Level I while teaching, stay in “beginner mind”. Janet always said to not give students everything you know at the first class but leave them hungry for the next Level.

Level I is about empowering students to sense energy, open their heart to unconditional love, and begin using their heart in the work. To that end, we teach them to use their hands to sense energy movement and congestion in the field. The Basic Healing Touch Sequence gives them a framework for beginning to work respectfully with another person. The 7 steps of the sequence help students focus on the person, on the energy, and open to the sensations they are experiencing. All their experiences in Level I build to their final energetic experience with the Chakra Spread where they experience heart opening and being in sacred presence with another person. What an inspired curriculum!!

I welcome your thoughts and comments on this description. Send me an e-mail.

### Helpful Reminders

#### Healing vs Curing

- \* Healing is related to making whole rather than curing
- \* We are not in control of how this occurs, nor totally aware of what is needed
- \* Healing effects body, mind, emotion and spirit
- \* Healing offers the possibility of new insights and awareness, and comes from within
- \* Healing offers the opportunity for continued learning and opening
- \* As students and practitioners we facilitate healing by providing a safe environment to allow healing to unfold
- \* Healing requires support rather than rescuing, fixing or controlling



## HTI Professional Development Series Launched!

We are excited to announce the maiden voyage of our HTI Professional Development Series designed to advance the development of healers. This new series offers audio and live advanced professional development workshops that can be utilized to fulfill nursing and massage continuing education requirements as well as Healing Touch International Certification and Renewal criteria. Several programs are now available with more to follow.

Workshops are open to all energy therapists, nurses, health care professionals, body-oriented therapists, psychotherapists, licensed health care professionals, and individuals interested in an in-depth understanding of healing related work. Some pre-requisites apply. The Beyond Surgery class was held in October to 20 enthusiastic students!

**Note:** All classes apply to Healing Touch Certification and Renewal, but not all have CE's, read carefully. **Attend Live Classes or Schedule One In Your Area.**

### ----- HTI Audio Workshop Series -----

2009 HTI Conference "Creating Flow – Healing Globally" CD's and MP3's

Unable to attend conference or fit in the other workshops you would have loved to attend? The information is available to you now through our HTI Audio Series.

### ----- Beyond Surgery - Bridging the Gap -----

A powerful blend of integrative therapies useful in supporting primary medical care such as before and after surgeries, medical procedures, chemotherapy or radiation and help with relieving anxiety or discomfort, as well as coaching the body's innate healing response. 18 contact hours in nursing and massage.

**Prerequisite:** HT Level 2 or permission of instructor

### ----- Energy Wisdom and Practice -----

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decreasing symptoms from musculo-skeletal disorders and providing the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine. 8 contact hours in nursing and massage.

**Pre-requisite:** This course is open to all experienced energy workers who desire to learn new healing techniques and healing work.

### ----- Healing Disruptive Energy Patterns -----

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system. Assist in re-creating a healing pattern to release the cellular memory, and re-pattern the energy for a higher level of functioning. 8 contact hours in nursing and massage. **Pre-requisite:** This course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing chronic pain.

### ----- Heart Centered Living -----

Living through the heart center has many advantages: it keeps one focused in the present time, allows relationships to be balanced and whole, and helps one handle stressful situations without blame or projection. In this introductory class, you will learn the steps to heart centered living, experience specific exercises, apply concepts to illness or health crises, and explore the heart centered living facilitator program. The importance of dream work is included. 8 hours.

**Prerequisite:** Open to all with interest in healing.

### ----- Little Hands Make Light Work - Teaching Healing Touch to Children -----

**Description:** The focus of this class is on teaching Healing Touch to young children using an actual classroom situation. Children ages 5-10 are taught elementary Healing Touch skills while adult practitioners observe the teaching process. Children are naturally loving and heart-centered, and are guided in learning about the energy system, grounding and centering, simple techniques and practical applications of the newfound skills in a fun and entertaining way, using a variety of engaging methods. \*This 3 hour class can be added to a weekend Healing Touch class on a Friday. Because it is taught to children there are no contact hours offered. Class counts as 3 hours for Healing Touch International Certification renewal. **Prerequisite:** Open to all with an interest in healing, children and adults.

**See page 25 for scheduling and registration information.**

## **Energy Research, continued**

of the 512 columns of pixels. Not only is the middle graph higher (showing the increased overall brightness), but the center column values are higher than the outer columns (replicating and extending the previous findings with the single spiritual energy healer).

These findings are exploratory. They suggest that distant group intentions, provided by skilled practitioners, can have a measurable effect on patterns of cosmic rays. However, until double-blind experiments are performed with groups varying in size, distance from the laboratory, and intention skills, no firm conclusions can be drawn. We have not completed analysis on the water.

I also recorded REG (random event generator) data using a portable electronic device developed at the PEAR (Princeton Engineering Anomalies Research laboratory). A review of the Global Consciousness Project led by Dr. Roger Nelson that uses these devices was presented at the Society of Scientific Exploration meetings. A video of this presentation is available at ([http://www.scientificexploration.org/talks/27th\\_annual/27th\\_annual\\_nelson\\_global\\_consciousness\\_events.html](http://www.scientificexploration.org/talks/27th_annual/27th_annual_nelson_global_consciousness_events.html)).

The REG showed increased deviation from randomness (i.e. increased order) during the intention period.

What is clear is that with continued advances in sensor and computer technologies it is possible to detect and analyze apparent effects of local and distal intentions, both individual and collective, on the material world. As Dan Brown writes about in his novel The Lost Symbol, we are entering an age where science, spirituality, and healing are coming together again.

I wish to personally thank Sue and other visionary leaders of Healing Touch International, as well as the people who participated in the 2009 group intention experiment, for helping to advance this mission. I also wish to thank Canyon Ranch for encouraging and fostering this research.

## **Professional Development Class Schedules**

**HTI Audio Workshop Series** - Download the order form for individual audio workshop listings at [www.HealingTouchInternational.org](http://www.HealingTouchInternational.org) or visit [www.backcountry-productions.com](http://www.backcountry-productions.com)

### **Beyond Surgery - Bridging the Gap**

**January 29th - 31st, Daytona Beach, FL**

Instructors: Judy Lynne Ray MS, LMT, CHTP/I

Nancy J. Blue M.Ed., LMT, CHTP/I

Contact: Joanne Vogel 386.441.0685

[jovoh@cfl.rr.com](mailto:jovoh@cfl.rr.com)

**April 16th - 18th - Boca Raton, Florida**

Instructors: Judy Lynne Ray MS, LMT, CHTP/I

Nancy J. Blue M.Ed., LMT, CHTP/I

Contact: Judy Lynne Ray 828.553.8146

[judylynneray@yahoo.com](mailto:judylynneray@yahoo.com)

### **Energy Wisdom and Practice**

**Saturday, April 24, 2010 San Diego, CA**

Instructors: Anne Day BSN, MA, CMT, HNB-BC, CHTP/I

Rauni King RN, BSN, HNB-BC, CHTP/I

Contact: Liz Fraser 858 554-3360

[fraser.elizabeth@scrippshealth.org](mailto:fraser.elizabeth@scrippshealth.org)

### **Healing Disruptive Energy Patterns**

**Saturday, June 19, 2010 San Diego, CA**

Instructors: Anne Day RN, BSN, MA, CMT, HNB-BC, CHTP/I

Rauni King RN, BSN, HNB-BC, CHTP/I

Contact: Liz Fraser 858.554.3360

[fraser.elizabeth@scrippshealth.org](mailto:fraser.elizabeth@scrippshealth.org)

### **Heart Centered Living**

**Dates & Locations To Be Announced**

Instructor: Myra Tovey RN, BSN, CHTP/I

Contact: Myra Tovey 719.622.0703

[davidmyra7@msn.com](mailto:davidmyra7@msn.com)

[www.heartcenteredliving.net](http://www.heartcenteredliving.net)

### **Little Hands Make Light Work -**

**Teaching Healing Touch to Children**

**Dates & Locations To Be Announced**

Instructor: Mary Frost RN, BSN, HNB-BC, CHTP/I

Contact: Mary Frost at [tothealt@aol.com](mailto:tothealt@aol.com)

Check at [www.HealingTouchInternational.org](http://www.HealingTouchInternational.org) for more offerings as they become available.

## Inspirations

### *Being the Garden*

by Stephanie Ann Barrows

I.     *It was  
Hard,  
Releasing those  
Habits -  
Weeds  
I never wanted  
To cultivate  
In my soul's garden.*

II.    *It is  
Easy,  
Swimming in  
Rivers of sand -  
Accepting  
The futility  
Of endless flight,  
My heart returns home.*

III.   *It is  
Beauty,  
Dwelling in  
The abode of love -  
Dancing  
In this bliss  
Of creativity's fire,  
A soul is reborn.*





## Congratulations Newly Certified Practitioners and Instructors

*There is one great truth on this planet: whoever you are, or whatever it is that you do, when you really want something, it's because that desire originated in the soul of the universe. It's your mission on earth.*

*- The Alchemist by Paulo Coelho*

### Practitioners

Susan E. Batt - Wixom, MI  
Sandra K. Booth - Branson, MO  
Barbara J. Evans-Levine - Tucson, AZ  
Pearl Glenn - Cape Cod, FL  
Annette M. Lindstrom - Tucson, AZ  
Pamela J. Marelic - New Hope, MN  
Rong Tang - Winston-Salem, NC  
Nancy Stephens - Cullowhee, NC  
Jane C. Taniwa-Wong - Pleasant Hill, CA

Linda Bettler - Hellertown, PA  
Beverly A. Dixon - Castro Valley, CA  
Sharon Ford - Rochester Hills, MI  
Bonnie Harrison - Hackettstown, NJ  
Mary Jo Loftus - Minneapolis, MN  
Patricia J. Overholt - Danville, CA  
Audrey A. Steele - St. Petersburg, FL  
Jan A. Sweet - Mt. Zion, IL

### Canada

Lisa L. Hickey - Prince George, BC

### Instructor

Raine Benham - Edmond, OK

## Certification Matters

by Jody Hueschen RN, MSN, CNOR, NEA-EC, CHTP/I  
Director HTI Certification Board



Certification is a very important credential to achieve and maintain. During the past couple of years, there may be some practitioners and instructors who have allowed their certification to lapse and may be in a position of not knowing what can be done to become recertified.

The HTI Certification Board wishes to encourage anyone who has allowed their certification to lapse, to consider the benefits of renewing that certification. The HTI Certification credential may be used in your healing work within the community only as long as you maintain your certification. Many have reported that the credential lends credibility to their practice as well as acceptance by professional institutions where you may wish to provide Healing Touch to a client or as a volunteer to members of the community or for community organizations.

The certification renewal process to follow is to download a renewal application from the HTI web site [www.HealingTouchInternational.org](http://www.HealingTouchInternational.org), prepare the documentation and submit the renewal to the HTI office. A letter may be attached to provide any information regarding the lapsed certification. The application will be reviewed by the HTI

Certification Board. Some additional requirements may be requested from you based upon the Certification Board review of the application for you to meet the requirements for certification. Any additional requests will be sent to you in writing and a time period will be established to allow for your response.

We honor where you are in your HTI Certification journey and extend our sincere best wishes for your success in your Healing Touch practice as we collectively embrace and expand the healing light worldwide.

## Practitioners and Instructors: Has Your Certification Lapsed?

We continue to support you in your Healing Touch work! To renew a lapsed HTI Practitioner (CHTP) or Instructor (CHTI) certification:

- \* Go to [HealingTouchInternational.org](http://HealingTouchInternational.org)
- \* Click on Certification in the top menu bar
- \* Download the appropriate renewal packet and complete it as far as possible
- \* Write a cover letter as to why your certification has lapsed and what, if anything, is missing
- \* Submit to HTI following the directions on the packet

Your renewal application will be reviewed and someone will contact you if additional information is needed.

## Research *Healing Touch International's Research Director Changes Hands*

by Diane Wind Wardell, PhD, RN, WHNP-BC, AHN-BC, CHTP/I

It is my pleasure to welcome Dr. Mary Megel from the University of Nebraska Medical Center, College of Nursing into the position of Research Director for Healing Touch International. She is a highly qualified educator and researcher as well as being a very heart-centered and caring individual. Mary is currently an Associate Professor of Nursing and has held a position at the University of Nebraska Medical Center for over 30 years.



Her area of focus at the university is in curriculum and educational design, parent-child nursing, and complementary therapies. She has given a number of presentations in the local community on a variety of biofield therapies including Healing Touch, Reiki, and Therapeutic Touch. Other complementary therapies are also represented in her presentations on yoga, music and aromatherapy.

Dr. Megel has received honors and/or awards for Excellence in Teaching, Outstanding Performance, and Leadership. She has published in a wide variety of areas. For example, in the last ten years she has peer-reviewed journal articles in the area of children's stories (2009), faculty issues (2009), instrumentation for research (2007), physiological and behavioral responses (2003), parental issues (2002), Healing Touch and massage for caregivers (2002) and companion

animals (2001, 1999). She has served as chair on dissertations and theses.

In addition to her scholarly activities she is an active professional and is on the State Board of Nursing for Nebraska. She has served as a Healing Touch mentor, member of a task force on Cultural Competence, a member of the ad hoc Pain Resource Network at the University of Nebraska Medical Center, and an ad-hoc member of the Integrative Medicine Committee.

Mary became a Certified Healing Touch Practitioner in 1995. She has offered Healing Touch to a variety of individuals. Her particular focus within Healing Touch is with children. She also does an in-service for the staff at the hospital on the use of Healing Touch for patients in pain. It is part of a program called, "The Pain Stops Here" for all new staff nurses so that they get the picture that pain management is important at The Nebraska Medical Center.

In order to maintain balance in her life she enjoys knitting, walking, listening to music and reading, and dabbling in gardening and cooking. She lives with her husband and loves "kitty-sitting" when friends who have felines are traveling.



## Gratitude to Diane Wind Wardell

It is with great respect and love that we truly thank Diane Wind Wardell for her service as Research Director for Healing Touch International from December 1999 through October 2009. During this ten year time span, Diane provided consultation for design, protocols and other aspects of Healing Touch research development, conducted her own research in Healing Touch and compiled the growing body of research within the Healing Touch Research Survey published by Healing Touch International. Diane has served as an ambassador for the work of Healing Touch to sister organizations in the holistic health and medical communities, on review committees within the National Institute of Health and published and represented Healing Touch to the greater scientific and lay communities.

"It may sound corny, but it's really true: People don't care how much you know until they know how much you care."  
John Maxwell

While Diane has been a treasure chest of knowledge about Healing Touch research and has served as a guiding light in that knowledge, it has been her deep sense of caring that has allowed people to hear and understand her words and our work. We thank her with the fullness of our hearts.

Lisa Anselme RN, BLS, CHTP/I, HNC  
Executive Director, Healing Touch International

## Affiliate Countries

### Report on the European Conference, “Healing @ Work”



The conference Healing @ Work was open to everyone working, studying or interested in the holistic health sector. The attendance was below expectations, but the 45 participants had a great time. We welcomed the Healing Touch community from Denmark, Sweden, Germany, Switzerland and the USA.

It became a conference of wonderful energetic quality, where the topics were woven as an amazing tapestry of healing and love. The opening with the Hang, an amazing instrument looking like a UFO creating a profound meditative vibration, was performed by Richard Bowring, followed by an opening word from Wietzke van Oene, president of Healing Touch Netherlands and Sue Kagel, president of Healing Touch International. This was followed by the CHTP pinning ceremony of Kirsten Jung from Denmark.



The presentations and workshops presented by nationally and/or internationally well-known guest speakers, were about enhancing healthcare and support from a holistic and healing perspective. The

program offered a variety of holistic topics such as “The Healing Power of Storytelling” by Dr Philip Esterhuizen, MD (NL) or “Activate Your Self Healing Capacity”, by Dr Henk Fransen, MD (NL). Dr. Fransen’s amazing presentation did bring our immune system to life and touched many of our hearts. Dr. Margreet M.A. Sanders (NL) presented HeartMath with her research of emotions on the heart. “The Power of Sacred Geometry” by Judy Turner (USA) helped many to experience the healing strength of symbols during this workshop. Another topic

on research concerning healing in a hospital in Sweden, was presented by David Rabinowitsch (USA): “Healing Touch in the Karolinska Institute”.



Frans Romeijn (NL) focused upon the movement of energy between ourselves and clients in a therapeutic setting or in our interaction with

nature. A final healing concert with ethnic instruments with Richard Bowring and Irine Poel (NL) was the most wonderful and final healing experience of this conference.

The essence of all we experienced on a deep and profound level was that one cell is the start of a body, one star part of the universe, one leaf the part of nature, one tone start of music and each of us part of the whole.

Blessings to you all, from the Healing Touch Community in Europe.



Pauline de Maar, Secretary; Nancy Strybol, Vice President  
Wietzke van Oene, President; Tineke Limbach, General Member; Hans Zeuleboet, Treasurer (not in picture)

## Healing Touch Sweden

Healing Touch Sweden is a non-profit organization since 2004. Its purpose is to spread Healing Touch in Sweden and to conduct training courses according to Healing Touch International’s guidelines and to provide support for their members. The Swedish organization has the intention to increase the awareness and acceptance of Healing Touch within the community, western medicine and alternative healthcare. HT Sweden has 115 members as of December 2009.





## In Service

### *The Pink Party and Healing Touch*

by Lois Speer, Healing Touch  
Practitioner Apprentice

Three years ago I was walking with the help of a cane. Today, as a Level 4 Healing Touch Apprentice, I gave eleven Healing Touch treatments at the the Susan B. Komen Pink Party. Our nearby town of Howell, Michigan opened their arms to the community offering silent auctions, Healing Touch treatments, food, and discounts at local shops. Over 800 tickets sold at \$25 each. All the funds went directly to the Susan B. Komen Cancer Fund.

My booth was set up inside the historic restored Howell Opera House. A 36"x36" table was covered with a pink tablecloth and adorned with a vase of pink peonies from the garden. A Healing Touch International banner hung from the front of the table. Brochures explaining Healing Touch with business cards stapled on the back were spread out on the table. Pink gift certificates offering free treatments in my office were neatly stacked on the table as well.

What if no one comes? What if too many come? What if? What if? At times over 100 people were in the opera house with us. People lined up for treatments. My first client, Beverly, (name changed) was a beautiful young woman. She had breast cancer and had had a complete mastectomy with reconstruction, months of chemotherapy and weeks of radiation. She just started a new job and now was newly diagnosed with bone cancer. Susan came next. She was a pharmacist. Her fingers were going numb from opening bottles. Her arm was numb as well.

Jill was an older woman awaiting knee surgery. She also had arthritis in her hand. Julie had Fibromyalgia and Chronic Fatigue. These beautiful women along with all the others being treated, all mentioned how relaxed they felt after the treatment. They all experienced some level of relief.

Yes, this was community service. But it was also a service to me. I felt as though I had traveled to another planet. The Pink Planet. Everyone was wearing pink. Everyone was in some kind of a costume. Yet, here near the wall, was the Healing Touch niche. I did not feel tired after all the treatments. I felt enlivened. I felt energized.

Thank you, Janet. Thank you all of my teachers for the gifts of your unconditional love and teachings.



# Business Strategies

## Notes on Conference

by David Wolffs BA, MA, CHTP

Have you ever been listening to a keynote speaker and, for a nano-second there is a flash; something connects and you experience one of those magnificent AH-HAH moments? You are suddenly wiser and it feels really good. I have come to expect these moments at an HTI Conference, because every Conference that I have attended featured world class keynote speakers, thought-provoking workshops, and beautiful locations. Tucson 2009 was no exception.

I would like to share with you one of the several AH-HAH moments that I experienced during Conference. It began between workshops; I was in the central hall checking out the vendor displays and began talking with an attendee that I will call Practitioner A. This person was a full time health care administrator, a CHTP, had a burgeoning HT practice and was frustrated. She was only getting lackluster results from her marketing strategies. Principally, she had a well structured business plan; great business cards and brochures; gave talks to some professional groups; gave out certificates for free introductory sessions; identified target clients; and once a month, made cold calls to selected offices around the hospital where she worked. Why was she not getting positive response to her marketing efforts? We both had to go to another workshop and agreed to continue our discussion later.

At the end of the second workshop, I struck up a conversation with a person I will call Practitioner B. This person was a full time nurse, CHTP, and had a small HT practice that was not growing despite her marketing strategies. She carefully had crafted a strategic attraction plan, had a clear visual image of what she wanted her practice to be, was conscious of how thrilling it would be to have a growing practice, truly believed that "you make yourself a magnet for whatever you want", did a daily heart meditation, and worked with a meditation wheel.

While Practitioner B and I were talking, I noticed Practitioner A approaching us. At that moment, for a nano-second, I had a flash! Something connected and, voila, an AH-HAH moment! I realized that Practitioner A was relying exclusively on external marketing strategies and Practitioner B was relying entirely on internal marketing strategies. Although both practitioners were utilizing sound marketing principles, what was missing from their efforts was a balanced integration of both internal and external marketing approaches.

I introduced Practitioner A to Practitioner B and suggested they share their marketing insights with each other. I left the



two in deep discussion.

As I think back on this AH-HAH moment, I fully appreciate what a remarkable event Conference is. I value the opportunity to learn, share, connect, and have fun. I am always grateful to have been able to attend. I am already looking forward to St. Louis!

As for Practitioner A and Practitioner B: will their practice grow because of their shared marketing knowledge? To be continued....

### Help Re-Shape and Re-Form the Business Council

This is a time of transformation and expansion. We have the opportunity to re-shape and re-form the HTI Business Council. Anyone interested in being a part of a committee to review the Business Council's mission statement, its goals and its objectives can contact [dnwolffs@aol.com](mailto:dnwolffs@aol.com)

### Spreading HTI's Word- Would you like to help?

We are gearing up to promote HTI with the start of a new marketing subcommittee, and you can help!

Do you like to write, are you good on the computer, enjoy photography, have an eye for design, like to research and organize or just want to help us get the word out? We are tapping our diverse and talented membership base to increase awareness and recognition of our unparalleled practitioner and instructor program, our many educational opportunities, breaking news in Healing Touch and our development and growth throughout the world. We want to reach even more potential healers, students, instructors and practitioners. We need your ideas, insights, thoughts and suggestions on how to best serve all those interested in healing and learning about Healing Touch International.

Most contact will be via computer or telephone, and you'll be able to schedule your volunteer time based on your availability. Thanks in advance for helping us 'Spread Healing Light Worldwide'!

If interested, please contact Board member Evie Caprel, [evie@livewellhealing.com](mailto:evie@livewellhealing.com).

# 2009 Healing Touch International Business Meeting/Report

## September 4, 2009, Tucson, AZ

The 2009 HTI Business Meeting was conducted with a supporting powerpoint slide show. The following are HTI Board activities and successes that benefit you and our non profit professional organization. This is a brief summary of the report.

### Who We Are as a Non-Profit Organization

- Review of our vision, mission, core values and original HTI Articles of Incorporation, established in 1996 by Janet Mentgen, Healing Touch International Founder and Board Member
- Aspects of HTI Governance and organization were reviewed
- Bylaws have been posted in the Members Only Area
- HTI Articles of Incorporation, a legal document that states the purposes for which Healing Touch International was created by Janet Mentgen, HTI Founder of the HTI non-profit. *These have not been changed since inception in 1996.*

### Healing Touch International Articles of Incorporation – 1996 Trade and Membership Organization

#### HTI has been specifically organized and established as a non-profit to:

- Provide continuing education for nurses, health care professionals and others in the energy-based therapy of Healing Touch;
- Promote research of Healing Touch;
- Provide certification of practitioners and instructors in Healing Touch;
- Provide community education of energy-based therapies.

### Beauty of a Non-Profit Organization – Working Together in Service

- HTI is a collective leadership consisting of an all volunteer Board and Committee Members with expertise in health care, nursing, massage, education, holism and administration, working in service for the whole. The Executive Director serves as a non-voting member of the Board of Directors. Decisions are a group process.
- The HTI Office Executive Director and Staff work under the leadership and direction of the HTI Board of Directors.
- Added additional board member seat for wider base of expertise in 2009.

### Strategic Planning Meeting -

#### Visioning and planning for the coming years

##### Based on the Tree of Life:

- The 2009 Theme, Growth and Creativity, guided our work throughout the year and tied into our conference theme.
  - Provided discounts on Professional Liability Insurance and Free Business Support through ABMP for HTI Members
- 2010 theme - Blossoming, Blooming, and Expanding.
- Prioritizing with an updated 1-5 year plan and goal setting.
- Staying within the vision and mission while innovating
- Continuing with high standards and integrity
- Creating new dimensions of performance, announced as they unfold.

### Finances

- Restructured budget significantly, creating stability and growth. We are financially strong. (charts/graphs are posted in HTI Member only area)
- Increased revenue through innovative fund raising, membership outreach, class growth, national marketing

### Leadership

- Created Greater Council of all HTI committee members for Group Genius process with significant issues, and weekly meditations to raise the heart centered high vibration
- Added one new Health Care Advisory Board Member

### Continuing Education

- Continued Endorsement by American Holistic Nurses' Association (AHNA) of The HTI Healing Touch Certificate Program since 1997.
- Continuing Education Contact Hours, national CE's with AHNA ANCC-COA (American Nurses Credentialing Center- Council on Accreditation)
- Continuing education provider for:
  - California Board of Nursing
  - NCBTMB (National Certification Board for Therapeutic Massage and Body Work)
- HTI Education Committee
  - Continues its mission to maintain and clarify the teaching and curriculum of the HTI Healing Touch Certificate Program and oversees HTI Education Sub Committees
- HTI Healing Touch Certificate Program, (1990 AHNA) (1996 HTI)



## 2009 Healing Touch International Business Meeting/Report, continued

- Review of all levels of curriculum: description, terminal objectives, course content
- Instructor Advancement Education completed
- All Instructor Training Levels available
- Instructor Co-Facilitators by Class Level to insure curriculum quality and communication from the HTI Education Committee to the Instructors
- Editorial subcommittee creating new text
- Creating new e-workbooks
- Healing Touch International Annual Conference (since 1997)
  - Next conference in St. Louis, 2010 in the fall
- HTI Professional Development Series
  - Quality offerings and instructors to enhance your healing practice and self care.
  - Open to all with an interest in healing
  - Listings on our HTI Website
  - Use to fulfill your recertification and continuing education requirements
- Mentorship
  - Revised Mentorship booklet
  - Mentorship training workshops
  - Mentorship training online- coming soon
  - Mentor support

### HTI Healing Touch Certification (1993 AHNA) to (HTI in 1996)

- Applications now accepted on 4 convenient dates per year
- Increased Certification Board by 2 seats, total of 7
- Tri-annual review and Revision of all certification packets, for New and Renewal for Practitioners and Instructors with new and streamlined formatting. Criteria are unchanged. Actions clarified.
- Certification Matters column in HTI Perspectives

### Integrative Health Care

- New CD Collaborative Integrative Health Care/Research Power Point
- Collaborative dialogue with national health care reform

### Research

- Gratitude to Diane Wardell for 10 years of service as Research Director
- New Director- Mary Megel

### Outreach

- Regular Ezines to stay connected and increase communication.
- HTI Perspectives in Healing evolved to higher quality and went green
- Branding for easy identification
- New CD on HTI Research and Healthcare Integration created.
- National marketing to 80,000 massage therapists
- HTI Representatives at national conferences and regional meetings

### Online – Gone Green!

- HTI Perspectives in Healing online and archives available free
- Conference registration online
- Online voting
- Downloads
  - Student Page- homework needs
  - Certification packets
- Members only area
  - Check your membership dates
  - Check your certification dates for renewal
  - Update your contact information
  - List your classes (CHTIs)

### Affiliate Countries – all our affiliates remain in good standing

- Australian Foundation for Healing Touch
- Healing Touch Association of Canada
- Healing Touch New Zealand
- Healing Touch Netherlands
- Healing Touch Peru

### Associate Partnerships - Uniting with like minded organizations

Linking with other non-profits

- AHNA – American Holistic Nurses Association
- AHMA – American Holistic Medical Association
- TT-Nurse Healers Professional Associates
- IONS – Institute of Noetic Sciences
- ISSSEEM – International Society for the Study of Subtle Energy and Energy Medicine
- Council for Healing

## Healing Touch Class Schedule 2009 - 2010

These classes are recognized by the HTI Healing Touch Certificate Program  
which is endorsed by the American Holistic Nurses Association.

### Level 1 - 2009

Date	Location	Instructor(s)	Contact	Phone	E-mail
Dec 12-13	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Dec 12-13	Baldwin, KS	Robin Goff	Robin Goff	785-255-4583	info@LightCenter.info

### Level 1 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 10 & 17	Houston, TX	Diane Wardell	Margaret Harle	713-419-8207	margaretharle@yahoo.com
Jan 9-10	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Jan 9-10	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Jan 15-16	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Jan 15-16	West Palm Beach, FL	Lori Wyzykowski	Lori Wyzykowski	561-818-4517	lwzyzy@bellsouth.net
Jan 15-17	Orlando, FL	Patricia Huster	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Jan 15-17	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Jan 15-17	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net
Jan 16-17	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Jan 16-17	Santa Fe, NM	Debra Denker	Debra Denker	505-466-4509	swlight1@aol.com
Jan 16-17	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Jan 16-17	Willimantic, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Jan 23-24	Oklahoma City, OK	Carol Hjersted-Smith & Raine Benham	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
Jan 23-24	Tucson, AZ	Sue Kagel	Anagrace Misenhimer	520-296-8177	anagracemi@msn.com
Jan 23-24	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Jan 23-24	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Jan 23-24	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Jan 29-30	Clarksville, TN	Vicki Slater	Vicki Slater	931-358-9410	vs Slater@usit.net
Jan 29-30	Milbank, SD	Jeanne Thune & Barb Schommer	Jeanne Thune	605-237-3025	jeannethune@hotmail.com
Jan 30-31	San Diego, CA	Lisa Thompson	Lisa Thompson	858-481-3768	lthompson@rchsd.org
Jan 30-31	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Feb 5-6	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Feb 5-6	Coon Rapids, MN	Jackie Mielke	Sheila Judd	763-433-1402	sheila.judd@anokaramsey.edu
Feb 6-7	Sussex, WI	Vicki Marish	Vicki Marish	608-822-6049	dmarish@tds.net
Feb 6-7	Morristown, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com
Feb 6-7	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Feb 7-8	Jackson, MS	Dorothy Porter	Dorothy Porter	601-940-3992	dotport@juno.com
Feb 13-14	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Feb 19-21	Daytona Beach, FL	Trish Huster	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Feb 20-21	North Liberty, IA	Carol Ann Flack	Bex Carver	319-351-3262	bex.carver@east-westschool.com
Feb 20-21	Winfield, KS	Robin Goff	Ken Kraus	620-221-9700	kenk55@att.net
Feb 20-21	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	htpclasses@bellsouth.net
Feb 20-21	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Feb 26-28	Ft. Lauderdale, FL	Trish Huster	Marcia Gill	954-973-1928	Marciaag@bellsouth.net
Feb 26-28	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Feb 27-28	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Mar 5-6	Yankton, SD	Jan Halbach	Marci Pederson	605-668-8475	mapederson@avera.org
Mar 6-7	St. Louis, MO	Vicki Slater	Nancy Lane	618-281-7761	ns1222@hotmail.com
Mar 6-7	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Mar 12-13	Bemidji, MN	Dana Spates	Richard Lehmann	218-333-6656	Richard.Lehman@ntcmn.edu
Mar 12-14	Orlando, FL	Patricia Huster	Linda Park	386-574-9216	parkl@bellsouth.net
Mar 13-14	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Mar 13-14	Colorado Springs, CO	Myra Tovey	Liz Berardi	719-776-7393	ElizabethBerardi@centura.org
Mar 19-21	Allentown, PA	Lucrezia Mangione	Carol Saxman	N/A	csaxman1@yahoo.com
Mar 19-20	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Mar 19-20	Minneapolis, MN	Tim McConville	Tim McConville	612-722-1051	ptmcc@msn.com
Mar 20-21	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com

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### Level 1 - 2010 cont...

Mar 27-28	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Apr 9-11	Rutherfordton, NC	Judy Lynne Ray	Laura Allen	828-288-3727	therassage@bellsouth.net
Apr 10-11	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Apr 17-18	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Apr 30-May1	Maplewood, MN	Carol Schoenecker	Mary Beth Miller	651-230-3854	mbm63@mac.com
Apr 30-May2	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
May 1-2	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
May 6-8	Bismarck, ND	Mary Ann Carlson	Sharon Spaedy	701-400-5026	sespaedy@aol.com
May 21-22	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
May 28-30	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Jun 4-6	Daytona Beach, FL	Carole Burkhart	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Jun 11-13	Ft. Lauderdale, FL	Carole Burkhart	Marcia Gill	954-973-1928	Marciag@bellsouth.net
Jun 12-13	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Jun 12-13	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Jun 12-13	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jun 15-Jul 1	Middletown, NY	David Rabinowitsch	Orange County CC	914-443-5997	www.sunyorange.edu
Jun 25-27	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net
Jul 10-11	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Jul 10-11	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Jul 30-Aug 1	Orlando, FL	Patricia Huster	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Jul 31-Aug 1	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Aug 21-22	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Aug 22-24	Phoenix, AZ	Lynne Jeffrey	Stephanie Clark	602-321-9775	stephanie.j.clark@bannerhealth.com
Aug 27-29	Virginia Beach, VA	Judy Lynne Ray	Karen Meade	757-428-3588	Karen.Meade@edgarcayce.org
Sep 11-12	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Sep 17-18	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Sep 17-19	Ft. Lauderdale, FL	Trish Huster	Marcia Gill	954-973-1928	Marciag@bellsouth.net
Sep 18-19	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Sep 24-25	Yankton, SD	Jan Halbach	Marci Pederson	605-668-8475	mapederson@avera.org
Sep 25-26	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Sep 25-26	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Sep 25-26	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Sep 25-26	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Sep 25-26	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Oct 1-3	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Oct 1-3	Daytona Beach, FL	Trish Huster	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Oct 2-3	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 8-10	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Dec 4-5	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu

### Level 1 - 2011

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 29-30	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com

### Level 2 - 2009

Date	Location	Instructor(s)	Contact	Phone	e-mail
Dec 12-13	St. Louis, MO	Kay Cook	Kay Cook @ Genesis	314-773-8333	kaycook@prodigy.net
Dec 12-13	Sussex, WI	Vicki Marish	Vicki Marish	608-822-6049	dmarish@tds.net



## Healing Touch Class Schedule 2009 - 2010

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### Level 2 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 8-9	Sun Valley, ID	Anne Day	Mary Kay Foley	208-727-8417	foleym@slrmc.org
Jan 15-16	Minneapolis, MN	Barb Schommer	Tim McConville	612-722-1051	ptmcc@msn.com
Jan 16-17	Woodbury, MN	Carol Schoenecker	Mary Beth Miller	651-230-3854	mbm63@mac.com
Jan 23-24	Belmont, CA	Elizabeth Helms	Elizabeth Helms	209-795-2559	Elizabeth@SierraHealingTouch.com
Jan 29-30	Alexandria, MN	Jackie Mielke	Sandy Larson	320-762-4406	sandyl@alextech.edu
Jan 30-31	Mobile, AL	Mary Frost	Lisa Kalloch	251-866-7204	MidEarthHealing@yahoo.com
Feb 12-13	West Palm Beach, FL	Lori Wyzykowski	Lori Wyzykowski	561-818-4517	lwyzy@bellsouth.net
Feb 16-17	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Feb 20-21	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Feb 20-21	San Diego, CA	Anne Day	Lisa Thompson	858-481-3768	lthompson@rchsd.org
Feb 20-21	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
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Feb 26-28	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
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Mar 19-20	Coon Rapids, MN	Jackie Mielke	Sheila Judd	763-433-1402	sheila.judd@anokaramsey.edu
Mar 20-21	Allentown, PA	Maggi Hutchinson	Carol Saxman	N/A	csaxman1@yahoo.com
Mar 20-21	Omaha, NE	Mary O'Neill	Vicki Baines	402-350-8402	jvbaines@cox.net
Mar 27-28	Lakewood, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions@rrcc.edu
Mar 27-28	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Apr 17-18	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
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Jul 30-31	Maplewood, MN	Barb Schommer	Mary Beth Miller	651-230-3854	mbm63@mac.com
Aug 21-22	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Sep 24-26	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Sep 25-26	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Sep 28-29	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Oct 1-3	Daytona Beach, FL	Nancy Wingerter	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Oct 2-3	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 8-9	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Oct 8-10	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 16-17	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Oct 22-23	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A

## Healing Touch Class Schedule 2009 - 2010

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### Level 2 - 2010 cont...

Oct 23-24	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Oct 30-31	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Nov 6-7	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Nov 6-7	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Nov 13-14	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Nov 13-14	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com

### Level 3 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 9-10	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Jan 22-23	Aberdeen, SD	Barb Schommer	Janene Papendick	605-225-4613	jkpapendick@abe.midco.net
Feb 7-8	Jackson, MS	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Feb 19-21	Daytona Beach, FL	Nancy Wingerter	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Feb 20-21	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Mar 6-7	St. Louis, MO	Mary O'Neill	Nancy Lane	618-281-7761	nsl222@hotmail.com
Mar 6-7	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com
Mar 13-14	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Mar 13-15	Evansville, IN	Mary O'Neill	Peggy Graul	812-465-1161	pgraul@usi.edu
Mar 19-20	West Palm Beach, FL	Lori Wyzykowski	Lori Wyzykowski	561-818-4517	lwyzy@bellsouth.net
Mar 20-21	Omaha, NE	Mary O'Neill	Vicki Baines	402-350-8402	jvbaines@cox.net
Apr 9-11	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net
Apr 10-11	Lakewood, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions@rrcc.edu
Apr 17-18	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Apr 24-25	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Apr 24-25	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
May 15-16	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
May 15-16	Colorado Springs, CO	Myra Tovey	Myra Tovey	719-622-0703	davidmyra7@msn.com
Jun 15-16	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jul 9-11	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Aug 7-8	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Aug 20-22	Ft. Lauderdale, FL	Nancy Wingerter	Marcia Gill	954-973-1928	Marciaag@bellsouth.net
Sep 24-26	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 1-2	Woodbury, MN	Barb Schommer	Mary Beth Miller	651-230-3854	mbm63@mac.com
Oct 1-2	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Oct 2-3	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 15-16	Yankton, SD	Jan Halbach & Barb Schommer	Marci Pederson	605-668-8475	mapederson@avera.org
Nov 12-14	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Nov 13-14	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Nov 20-21	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Nov 20-21	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org

### Level 4 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 28-31	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Feb 18-21	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Mar 3-5	La Jolla, CA	Rauni Prittinen King	Cathyrose Johnson	1-800-SCRIPPS	cathy13roseHT@roadrunner.com
Mar 18-21	Sarasota, FL	Nancy Wingerter	Nancy Wingerter	941-360-0517	nwingerter@aol.com
Apr 15-18	Jackson, MI	Deborah Larrimore	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Apr 15-18	Stillwater, MN	Judy Turner	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 29-May2	Omaha, NE	Lisa Anselme	Iva Mueller	402-392-0664	bobniva@aol.com
Jun 24-27	Denville, NJ	Deborah Larrimore	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com

## Healing Touch Class Schedule 2009 - 2010

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### Level 4 - 2010 cont...

Aug 5-8	St. Louis, MO	Mary O'Neill	HT St. Louis	314-822-4410	N/A
Aug 19-22	Willimantic, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net

### Level 5 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 21-24	Greensboro, NC	TBA	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Mar 18-21	Sarasota, FL	Judy Turner	Nancy Wingerter	941-360-0517	nwingerter@aol.com
Mar 19-21	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Aug 5-8	St. Louis, MO	Diane Wardell	Diane Wardell	713-500-2056	diane.wardell@uth.tmc.edu
Apr 15-18	Jackson, MI	Diane Wardell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Apr 15-18	Stillwater, MN	Anne Day	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 29-May2	Omaha, NE	Maggie Freil	Iva Mueller	402-392-0664	bobniva@aol.com
Jun 17-20	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jul 22-25	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Aug 5-8	St. Louis, MO	TBA	HT St. Louis	314-822-4410	N/A
Aug 19-22	Willimantic, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Sep - TBA	La Jolla, CA	Rauni Prittinen King	Cathyrose Johnson	1-800-SCRIPPS	cathy13roseHT@roadrunner.com
Sep 25-26	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net

### International Classes

#### Level 1 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 16-17	Dieppe, NB Canada	Jeanne Balcom	Cecile Richard	506-876-1104	mu_shu_2004@hotmail.com
Jan 30-31	Comox, BC Canada	Beverley Worbets	Beverley Worbets	250-339-7452	bevworkbets@shaw.ca
Jan 30-31	Fredericton, NB Canada	Jeanne Balcom	Jocelyn Clark	506-455-3141	brad3@nb.symptaico.ca
Feb 27-28	Auroville, Tamil Nadu, India	Mary Ann Carlson	Marty Rather	615-776-2240	MartyRather@comcast.net
March TBA	Sweden	David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se
Apr 24-25	Tokyo, Japan	Sarah Porter	Maki Shimamura & Miki Toda		info@ht-tokyo.jp
Apr 28-29	Nagoya, Japan	Sarah Porter	Maki Shimamura & Miki Toda		info@ht-tokyo.jp
May 8-9	Comox, BC Canada	Beverley Worbets	Beverley Worbets	250-339-7452	bevworkbets@shaw.ca

#### Level 2 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Feb 27-28	Auroville, Tamil Nadu, India	Marty Rather	Marty Rather	615-776-2240	MartyRather@comcast.net
March TBA	Sweden	David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se
Jun 26-27	Comox, BC Canada	Beverley Worbets	Beverley Worbets	250-339-7452	bevworkbets@shaw.ca
Oct 9-10	Tokyo, Japan	Lori Protzman	Maki Shimamura & Miki Toda		info@ht-tokyo.jp

#### Level 3 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Feb 13-14	Qualicum, BC Canada	Catherine Awai	Anji Jones	250-752-3893	anjijones@gmail.com
Feb 27-28	Auroville, Tamil Nadu, India	Mary Frost	Marty Rather	615-776-2240	MartyRather@comcast.net
May 25-26	Sweden	David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se

#### Level 4 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 27-30	Sweden	Judy Turner & David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se



## Healing Touch Class Schedule 2009 - 2010

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### International Classes Continued...

#### Level 5 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Mar 11-14	Nanaimo, BC	Canada Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
May 20-23	Sweden	Judy Turner & David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se

## **VISION**

Spread Healing, Light and Love, restoring wholeness on Earth.

## **MISSION STATEMENT**

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch