



HTI's

Perspectives in Healing

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

VOL. 7, 1ST QUARTER 2010

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*Spreading Healing Light
Worldwide through heart-
centered service, education
and professional development*

Out of the Silence



"We are the music makers and we are the dreamers of dreams....."

~ Arthur O'Shaughnessy ~

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This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to htihosp@aol.com ... Thanks!

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HEALING TOUCH INTERNATIONAL, INC.

*Spreading Healing, Light and Love,
Creating Wholeness on Earth
through heart-centered service, education
and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing, physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to any interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program with Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. See www.HealingTouchInternational.org. Click on Education for class info.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established in AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart-Centered
- Respect
- Service
- Working Together in Community
- Solid Established Curriculum
- Spirit Level-Letting Go of Ego
- Unconditional Love
- Outcome of the Work is the Spiritual Journey

HTI Perspectives in Healing, the official publication, is published quarterly.

cover page picture taken by Cat Miller



Letter from the Editor

by Lisa Anselme RN, BLS, CHTP/I, HN-BC, Executive Director

Out of the Silence

Out of the Silence

The work of Healing Touch is growing and blossoming into a song that is being heard throughout the world.

From hospital rooms in Colorado, to a world renowned health spa and health and education fair for US Veterans and American Indian Veterans in Arizona, to volunteers helping with our 2010 conference in St. Louis, to healing prayers for Haiti and Chile where our teachers and students reside, to nursing schools in Taiwan, to healing centers in India and workshops in Zimbabwe, the voice of Healing Touch is clear and strong. The theme for this issue of HTI's Perspectives in Healing is "Out of the Silence". It was inspired by a song by Jan Garret and is exemplified by the stories of our many voices creating a huge light and sound harmonic as we are touched personally and touch others in turn. These world voices sang for my personal family in 2007 and inspired this theme that we share today.

Healing at the Borderland between Zones 7 and 9

It was a very busy Emergency Room that Sunday night in the spring of 2007. Eight hours of testing, emergency intervention and stabilization for physical and emotional shock was followed by weeks of critical care in the hospital that year, the next year and the last. Witness, coach, mother, healer, nurse, praying woman and advocate, I often slept in a little chair by the bedside. Other times I was gifted with a small and blessed roll-away cot. It had a dip in it, much like a hollowed out canoe. It conformed to my body and suspended me within the hospital room. We were suspended at this borderland between zones 7 and 9 within the never-never land of the hospital..... we were suspended in time, in space, between illness and healing, hope and hopelessness, physical life and non-life, between the phoenix burning and rising again.

Center, focus, ground, and breathe. These were the words and actions that kept panic at bay. Over the next 3 years, there were moments of hope and respite, points of light and breath within what seemed like interminable periods of hopelessness and suffering. There were hospitalizations too numerous to count, bills too large to comprehend, and dark nights of the soul when one questions the very existence of all things.

There was the high tech expertise, skills and compassion of the multi-layered health care team. And there was the **rolling OM of the energy practitioners** from around the world; those who held us in prayer upon arising and retiring, those who sat and worked with us in the borderland, those who sent light from the heartland and those who

sent healing from the southern hemisphere of Asia as the sun was setting here in Colorado. They did this from their great hearts, without fanfare or expectation of personal gain. It was often during these times of literal darkness and perceived isolation, that we discovered renewed hope and light as we received the energy waves from our colleagues. Our gratitude is beyond description, for all the healers, both Western and complementary.

Out of the Silence: At one point during this journey, we were facing the deadline for publication of this newsletter. There were few submissions and it was a true creative desert experience for me. I considered publishing a very small newsletter with numerous blank pages and asking our readers to contemplate the white paper and quiet. A colleague asked me what I needed personally at that moment and I responded "silence". She told me to write about it and I have included that writing in this publication.

Shortly after that writing, I returned home to get fresh clothing to take back to the hospital. I opened one of my travel CD cases and chanced upon Jan Garret's Gypsy CD purchased at our 2005 HTI conference in Breckenridge after Jan and her husband JD Martin performed at our banquet. As I was pulling into our driveway, the song "Out of the Silence" began to play; I had never heard it before. It touched a deep place within my heart and energy and became another pathway of healing and opening for this borderland experience. As that flow opened, comfort and light had even more space to enter. Even now, recalling the music, this happens to my heart chakra, like Tonglen practice and Flashing Heart Openness. That coupled with the rolling OM of energy, assured me that hope and light was in the world and would prevail.

The Background Story: I shared this experience and awareness with Jan and JD, along with the writing on Silence. She in return shared the following wonderful story that goes along with the writing of that song:

"My twin daughters were about 9 or 10, and I was collaborating with several women in Aspen to create a kids' play on the environment for a summer festival here. The story line was the typical good guy (green) vs. bad guy (grey) scenario, and we got stuck as to what might turn the plot to a good conclusion without being too obvious or corny. What we came up with (and this was a direct reflection of larger societal conflicts in real life) was that the issues were all so complicated we couldn't really tie it up into

continued on page 6



Motivations from the President

Creating Flow to Blossom and Bloom Gratitude, Love and Peace

by Sue Kagel, RN, BSN, HNC, CHTP/I

Motivations from the President

"One can't believe impossible things," Alice said. "I daresay you haven't had much practice," said the Queen. When I was your age, I always did it

for half an hour a day. Why, sometimes I've believed as many as six impossible things before breakfast." ~ Lewis Carroll, Through the Looking Glass, Chapter V

See the Possibility

As I was growing up, I became accustomed to the phrase from my parents "You and your big ideas!" It wasn't always complimentary...however I didn't let it stop me. I love to imagine the impossible ... and then make it happen. People comment to me frequently that they don't know how I do what I do. I BELIEVE that I can, and I do it. Sounds easy? It is a lot of work having big ideas. I also believe in the Tom Sawyer approach, get some good ideas going, catch them on fire and bring others along to catch the spark, feel the passion, and work as a team. Many hands make light work! I have more big ideas and we need more hands so that they become possible. When I hear "you can't do that" or "it's not possible", I say "watch me!" With the big ideas we as the HTI Board and Greater Council have for the rest of the year and beyond, I need about 10 more of me to get the jobs done! Since we don't have cloning yet, I am asking all of you to step up in your own way to pick up the torch where you have the skills and passion and let's get busy and EXPAND our healing work. Already busy? Then fan the flames and spread the sparks among your friends and acquaintances and bring them on board. The more the merrier! See the list of areas where our HTI organization is seeking more team members (ethics and marketing committees, and Certification Board) to volunteer to share the creative vision and manifest the impossible!

I have a vision, and it is the reason I am on the HTI Board. My mission is to EXPAND us way out into the world in so many levels in this year, to create the motivation and tools to support us all no matter where we live and work. Time is ticking, there is a sense of urgency. The world needs this work so much right now and we are reminded of that daily. We have a lot to do.

Honoring Janet Mentgen

Healing Touch International Founder

Janet Mentgen founded HTI and we honor her vision of Spreading Healing Light Worldwide with HTI Day on March 6th, the day that Janet, as President, filed the HTI papers to create it. She trained us to follow her mission and vision for HTI as well as do the Healing Touch work which is to "go forth 7 generations" and into every household. It is to become a household word. We are getting closer, but more is to be done.

I trained with Janet for 6 weeks the spring and early summer before her passing as she encouraged us to carry on the work as she envisioned it and to take it beyond her to the next levels. It is important that we maintain "laser focus", as Myra Tovey received in a dream about Janet a few years ago, ignoring the distractions, and staying the course. Janet never wanted to be a guru, and was clear to remind us that "it is about the work, not about ego or the personality, to keep the focus on Healing Touch."

Workings of the Non-Profit Model

In HTI, a non-profit organization and model, we work in a volunteer collective of committees and boards as team players. The focus must always be on the greatest good for the whole, because the rules are that no one can benefit individually from a non-profit. The revenue that comes in serves the whole and rolls back into the organization to provide service, tools and support rather than profit to owners, because there aren't "owners".

Our office staff is small and so we rely upon and work collaboratively with our volunteer committees and boards. Things do take longer at times within the non-profit model, because the volunteers work, teach, attempt to maintain balance with their lives and families, and go the extra mile. Working in collective, rather than ownership, the process can take longer, but we have a lot of input into our decision making and projects. Your contributions in spreading the work, in whatever way, whether with time, intro classes, helping with or teaching classes, providing sessions, creating service projects, gifting monetary grants, committee participation, volunteering locally, benefit all. Join in. As each of us contributes, the whole moves forward and ripples out.

continued on next page

We are continuing to carry the Healing Touch work throughout the world in honor of Janet and HTI Day, how will you manifest this during the month of March and beyond?

Making a Difference

Lasting contribution: How to think, plan and act to accomplish meaningful work. (Agate 2007) Tad Waddington PhD. I came across this book excerpt in the article *Making a Difference*, in *Spirituality and Health Magazine*, March/April, 2009, p. 43-47. The book is on my list to read, and I found the excerpt inspiring.

I've created a quick summary of Waddington's approach that we can apply to our Healing Touch work. He recommends beginning with an "inside out approach" using the word *arête* or virtue, beginning with excellence in mind, and applying it to the world. This is in alignment with our HTI focus of all things benefitting our vision and mission. He recommends being aware of your "final cause" in order to focus your attention in the right places. I see this in manifestation process as setting your intention and then, as the Native American tradition suggests, throwing the road forward, seeing it as done and following the path.

As we focus on the vision of Healing Touch International, we are Spreading Healing, Light and Love, Creating Wholeness on Earth. All that we do must be in alignment with this long term vision, not just in the HTI leadership, but with you, our members, instructors, practitioners, students and supporters as well.

As we focus on the final cause, with excellence, we begin creating possibilities and flow, opening to new ways. Our healing work clears the energies, and Waddington recognizes the need for clearing the eddies and beaver dams. He suggests we see a "Final Cause of mythic proportions". This can be either personal or professional with the Healing Touch work and for HTI.

The BiHAG

From the same article, Jerry Porras has the following quote from *Built to Last – BiHAG*. He suggests that a "**Big Hairy Audacious Goal**" gives you the moxie,chutzpah and pluck you need to get a difficult job done... maximizing the quality of the contribution you came to make."

Of course you will need to make a plan, set and meet goals, and then "set sail, go on your odyssey. What is your destination, your provisions, your crew? "A big cause gets you the motivation to get it done." Waddington

recommends that you embody the goal of that which you seek to cause, become the change. If it is self care, personal transformation - model it. Care for and feed your ideas, sacrifice and take action.

Support Groups / Master Minds

Consider using your local support groups in a new way to create empowerment circles, sharing your ideas and final cause or BiHAG, cheering along the progress. The group can offer insights and suggestions, master mind support and help along the way so that you can create lasting contributions.

Rising Above Doubt, Staying in Faith

The article continues to recommend that we "Speak from our hearts, say out loud what we are hungry for, and are willing to live for. Be in thought, word, action, and relationship. We are midwifing a new world into existence. This is our destiny". Collectively we can energetically support our missions, visions and each other either in person or distance to create our collective purpose. The key is to think big, listen in our hearts, feel joy and spread it around, and expand it outward. It continues, "Rise above doubt and pain, be in joy and love. Work from there where miracles happen."

HTI Visioning:

Continuing Janet's Vision and Beyond

We visioned and manifested at the HTI Conference in Tucson. I have heard that many of you have found that suddenly what you manifested has taken on a life of its own and things are expanding beyond your wildest dreams! Great! Keep it up! Those of you who weren't there, we raised our collective vibration, connected to the HTI Hara line, went on to the "HTI platform" and listened to our calling, our mission and purpose in the Healing Touch work, and we manifested together during an experiment that showed a change in the energy.

Tap into that experience now and manifest your dreams for carrying the Healing Touch work out into the world. We need to all work together as a team and support each other collectively. What do you have to offer HTI to carry out the mission of expanding our Healing Touch work? Time is ticking.... We expect to hear from you shortly....



Out of the Silence - Editor's Note, cont...

a neat believable bow. So we decided to give the play 30 seconds of silence. Yep, right in the middle of the action, all those cute little kids on stage in their costumes, the narrator came on and said Einstein's quote about how you can't ever solve a problem from the same level of thought that created it, so we'd better just shut up and meditate for half a minute and see what might show up out of the silence. He rang a Buddhist bell and everything went still. No action AT ALL for 30 seconds. (Backstory.....we spent more time teaching the kids to breath and meditate and follow their internal energy than we did all the song & dance numbers. It was profound.) Thirty seconds is a LONG time for nothing to happen (purposefully) in the middle of a kids' play. After about 8 or 9 seconds, the parents got all squirmy and embarrassed. At 20 seconds the universe started shifting. At 30 seconds the Buddhist bell rang again and the song "Out of the Silence" began. It was, as you can imagine, the most perfect set-up ever. People wept openly. The kids were champs. Nobody cared about the ending to the play; they were all just so beautifully cracked open.

We called the play "30 Seconds." I wish it had made it to Broadway. Maybe someday.....

Out of the Silence

Words & Music by Jan Garrett ©1991
(reprinted with permission of Jan Garret)

Out of the silence into the night
Out of the darkness into the light
Where there was nothing, something comes to be
Take a breath and see the possibility

Out of the morning, soft as a summer breeze
Out of the struggle into a life of ease
Here in the quiet, the turning of the tide
Out of the darkness into the light

Out of the silence into the sound
Millions of voices singing all around
Have we the courage to simply let it be
And listen carefully to hear the harmony

Over the rainbow and under the sun
Everything's blooming, the new day has begun
Here's the beginning, we've known it all along
Out of the silence into the song

(Editor's Note: to hear this song, you can visit
www.janGarret.com)

Editor's Correction

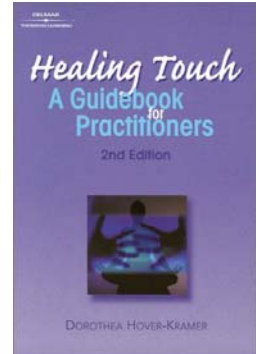
In the 4th quarter 2009 article Student Perspective, The Gift of Bruno, the correct title for the photo is Bruno and his wife, Sue.



Clarity on our use of the HTI Healing Touch a Guidebook for Practitioners textbook and an apology

HTI continues to use the **HTI Healing Touch a Guidebook for Practitioners 2nd Edition** published by Delmar, as our main source material. To be clear, we are not using any other Healing Touch textbooks that recently came on the market.

We would like to acknowledge that there is a book that has been developed and marketed by Colorado Center for Healing Touch doing business as Healing Touch Program, entitled *Healing Touch Guidebook*. The forward in this book contains comments by Jean Watson RN, that are erroneous and negate the existence of Healing Touch International in the history.



Jean was contacted by numerous HTI Practitioners and Instructors regarding the inaccurate statements. She expressed surprise, as she had written what she was asked. While she has requested not to be directly quoted, in her email to HTI, she has offered her sincere apology to HTI and the HTI community regarding the misinformation and errors, and regrets the confusion that was created. She expressed her support and honor for Healing Touch and all energy healing modalities.

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- Must possess a current Arizona nursing license, LPN or RN.
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In the News

Healing Partners Celebrates 5 Years of Service

By Rebecca Arora, Coach, Healing Partner Volunteer & HTI Healing Touch Practitioner Apprentice

As of its 5th anniversary, Healing Partners has provided free Healing Touch sessions to 175 women diagnosed with breast cancer in the San Francisco Bay Area. Women diagnosed with breast cancer are paired with Healing Touch (HT) volunteers who provide ongoing sessions for three to six months. Inspired by volunteer programs in Hawaii and Denver, Kathy Turner and Elizabeth Helms created Healing Partners (HP) in 2005 with the backing of Stanford University Medical Center. The program began to bloom thanks to the Creative Awareness Project, a local non-profit organization and grants from the Avon Foundation, Genentech, private donor funding and other support. "It has really been a community manifestation," says Helms.



Kathy Turner & Elizabeth Helms

It's so Good, Survivors are Becoming Providers

When Catherine Palter entered Healing Partners in 2005, she was paired with provider Margot Baker. She was so impressed with the program that she decided to study HT in order to become a provider in Healing Partners. She has gone on to work with a total of five partners, one of whom is D.J. Soviero (quoted above), who currently is studying HT and intends to become a Healing Partners volunteer in the near future. When D.J. is matched with her first partner, it will represent four "generations" of caring and service. In a recent local Healing Touch Level 2 class, 25% of the students were breast cancer survivors who had recently completed their HP program and who were in class to become Healing Partners providers.

For More Information About Healing Partners
Please visit: <http://womenshealth.stanford.edu/about/healingpartners.html>



Catherine Palter & Margot Baker

How Healing Partners Helps

Recipients in the Healing Partners program report that Healing Touch can help reduce some of the side effects of chemotherapy and radiation and speed up recovery from surgery. "I didn't expect to feel anything," says Catherine Palter, an environmental scientist at Stanford University who was diagnosed with breast cancer in 2005. "I almost immediately felt energy flowing through my body. It was like magic. I believe that it is the reason that I fared so well with the side effects and emotional aspects of breast cancer."

For D.J. Soviero, receiving HT was the only time she could just let go and be. Her Healing Partners sessions were like "an island of sanity in an otherwise chaotic existence."

Recipients in the HP program describe how getting a cancer diagnosis is like a double-edged sword. After hearing a devastating physical diagnosis, many feel compelled to be emotionally strong, for family, for children, and friends. One survivor admits that she didn't tell anyone she had cancer because she was afraid they would fall apart rather than give her the support she needed. For her, the reason Healing Partners is so effective is because it supports her on many levels.

In the News

- **Lisa Anselme, Kim Watson, Diane Wind Wardell** presented at the **First Canadian Medical Conference**, January, 2010, "*Healing Touch: Compassion, Complementary Care for the New Millennium*". Article may be reviewed at <http://www.thefirstcanadianhealthconference.ca/index.php?/Healing-Touch>
- **Healing Partners celebrates 5 years of Caring**, Stanford University.
- **Rauni King RN, BSN, CHTP/I** taught Healing Touch Level I in the Sri Narayani Hospital and Research Centre College of Nursing for 55 students. This was under Amma's blessings. The Chief of staff and Director of the hospital told them that the best thank you is to start immediately to do HT for their patients.

Community Development

Healing Touch Therapy in Zimbabwe

By Nyasha Nyandoro, PBVM

October 29, 2009

A very inspiring workshop on Healing touch was held in Nagle House, Marondera, from the 19th-22nd August 2009. Sr. Eileen Kearney, who is working in Peru, came to facilitate it. About 22 participants were able to do Levels 1 and 2.

Healing Touch is a bio field therapy that is an energy-based approach to health and healing. It uses touch to influence the human energy field that surrounds the body and the energy centres that control the flow from the energy to the physical body. These non-invasive techniques utilize the hands to clear, energize, and balance the human and environmental energy fields, thus affecting physical, emotional mental and spiritual health and healing.



I found this workshop very informative and life giving on the aspect of bringing healing to self and to others. We learned about different techniques to balance the energy centres and to enhance the flow of energy in the body using the Chakra Connection, Magnetic Clearing and the use of a pendulum, which was the high light.

It was a time of healing to many of us when we did the mind clearing, Headache techniques, pain management, spiral meditation etc. We all expressed how grateful we are for the opportunity we got and hope to continue The Healing Touch in our communities, areas where we work and to all who are in need of this Great exercise.

We hope to continue meeting as a group to practice with each other as well as to encourage each other in order to be more effective.

Special thanks to Sr. Eileen Kearney for her commitment, enthusiasm and hard work during the Workshop. Her presence among us was also a blessing. We will always remember her as our great teacher. I acknowledge with gratitude, the South American Province who asked and provided the air fare for Sr. Eileen to come and teach us on Healing Touch, and the Zimbabwean Vice Province for allowing us this opportunity, providing the food and all support during the Workshop.

We all got Certificates at the end of the Level 2, which is internationally recognized. This means we can proceed to Level 3.



Healing Touch India Project Update

Healing Touch Classes will continue to be offered in Auroville, India, spring of 2010. Three instructors, Mary Ann Carlson, Bismark, North Dakota; Mary Frost, Covington, Louisiana; and Marty Rather, Nashville, Tennessee will teach Levels 1-3 to groups organized through the **Martuvam Healing Forest Healing Center in Auroville**. The instructors will be accompanied by four other Healing Touch students, plan a review session for previous students, as well as to see local sights and tour the International Intentional Peace Community of Auroville.

HTI Board of Directors Election June 2010 Call for Nominees to the Board

Would you like to be a part of guiding and supporting the future of HTI?

The HTI Nominations Committee is seeking applications for nominees for the HTI Board of Directors. Each election we seek specific skill sets and are open to others as well. We keep an RN majority on the board as our foundation is based on nursing continuing education.

The skill set we are seeking is as follows:

- RN required
- Certified HTI Healing Touch Instructors preferred but not required
- Prior leadership experience
- Prior board experience preferred and recommended
- Team player
- Vision and Creativity
- Administrative experience, organizational skills
- Computer skills and access to Microsoft Word
- Daily access to email
- PR
- Fund Development
- International growth

Each board member is elected for a three-year term of voluntary service. In order to be considered for placement on the ballot, one must be at minimum an HTI member in good standing free of conflicts of interest. Commitments required from board members include: monthly scheduled conference calls, rare unscheduled conference calls in the event of an urgent issue affecting the organization, easy access by internet to allow email communication and Skype internet calls, along with an on-site 2 day meeting immediately prior to the annual international conference. Duties include fiscal oversight and review of rules and regulations that govern the general management of Healing Touch International, Inc. You may wish to consider serving for a term as a board member or nominating a fellow HTI member for a position. In June, the membership will receive the finalized ballot for the HTI Board of Directors.

Any person wishing to serve on the HTI Board of Directors should forward the following items to the Healing Touch International office by April 15, 2010, addressed to the attention of the nominating committee:

- Cover letter stating your intent and reason that you feel you would like to serve on the Board
- Professional resume
- 250-300 word summary bio about yourself that may be used for the HTI Board of Directors election ballot and may include your purpose for seeking to be on the Board

Submissions should be emailed to:

Director@HealingTouchInternational.org



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Creating Clarity Identifying Ourselves: HTI Scope of Practice Update

The Healing Touch International **Scope of Practice has been updated** to create clarity in identifying our organization, students and practitioners.

Effective immediately, if you are a **student taking Levels 1-3** you will identify yourself as a **"HTI Student of Healing Touch"**.

If you are a **Level 4-5 Student**, you will now use the term **Healing Touch International Practitioner Apprentice** or **HTI-PA**.

If you have successfully finished Level 5 and **received a Certificate of Completion of the HTI Healing Touch Certificate Program**, you will now use the term **Healing Touch International Practitioner** or **HTI-P**.

If you are an **HTI Certified Healing Touch Practitioner**, your **credentials remain unchanged** as a **CHTP**.

Please use these titles and credentials in identifying yourself either verbally or in any written materials.

The updated HTI Scope of Practice has been posted on the HTI website in the Student Resources Section.
www.HealingTouchInternational.org

Ethics Committee Call

The HTI Ethics Committee is seeking new members. If you meet these qualifications and are interested in serving on the Ethics Committee, please request an HTI Committee Application from Director@HealingTouchInternational.org

Qualifications include:

1. Baccalaureate degree required, graduate degree preferred. Baccalaureate degree preferred in nursing, other degrees considered.
2. Knowledge of holism and its application in energy work and ethical decision making.
3. Expertise and experience in medical or health care ethics. Application of ethics within professional health care delivery setting/classroom situation preferred.
4. Education and experience in energy work. HTI classes/credentials required. Completion of HTI Healing Touch Level I required, HTI Healing Touch Certification preferred.
5. Active, ongoing membership in HTI.
6. Computer skills, access to daily email.

We look forward to hearing from you!

Spreading HTI's Word Would you like to help? Call for Marketing Committee

Promoting HTI is gearing up with the start of a new HTI Marketing Committee and you can help!

Do you like to write, are you good on the computer, enjoy photography, have an eye for design, like to research and organize or just want to help us get the word out? We are tapping our diverse and talented membership base to increase awareness and recognition of our unparalleled practitioner and instructor program, our many educational opportunities, breaking news in Healing Touch and our development and growth throughout the world. We want to reach even more potential healers, students, instructors and practitioners. We need your ideas, insights, thoughts and suggestions on how to best serve all those interested in healing and learning about Healing Touch International.

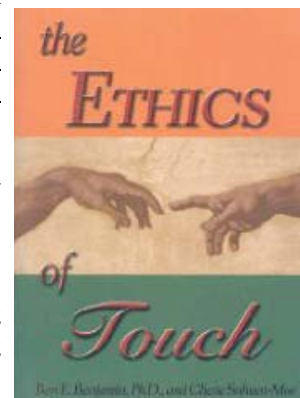
Most contact will be via computer or telephone, and you'll be able to schedule your volunteer time based on your availability. Thanks in advance for helping us "Spread Healing Light Worldwide"!

If interested, please contact Board member Evie Caprel, evie@livewellhealing.com.

Book Review: the Ethics of Touchrevisited

By Lisa Anselme, Executive Director

In 2003, I began reflecting and writing about ethics within the realm of our energy work. These articles, entitled "The Ethics of Touch Series," were printed in our HT newsletters. In keeping with the laws of attraction, I then received a request to review a new book entitled The Ethics of Touch, the Hands-on Practitioner's Guide to Creating a Professional, Safe and Enduring Practice by Ben Benjamin and Cherie Sohnen-Moe. This book is written primarily for body workers such as massage therapists and thus is not written from a perspective that is framed in energy practice. However, it does contain some of the most practical tools and information on ethical considerations within a typical bodywork practice published to date and I feel would prove very helpful for those working within Healing Touch practices, regardless of their clinical background or training.



Areas of discussion include Ethical Principles, Boundaries, Effective Communication, Dual Relationships, Touch, Business Ethics and Special Considerations in Cases of Trauma. I highly recommend it for those HT students and practitioners interested in enhancing their ethical awareness and practice. 304 pages, ISBN#1-880908-40-6, SMA Inc., Tuscon, Arizona, USA. Available at Amazon.



Discount HTI Membership Special for
this month only through **April 15**.

This offer is good for new or
lapsed memberships only.

Full time Student discount
for full membership: \$75.00

With proof of full time school enrollment.

Inspirations

SILENCE By Lisa Anselme

Emptiness, Consciousness, Awareness, Non-duality, Inner Peace, Stillness, Buddha Mind, Love, God, Goddess, Spaciousness, Essence, I AM presence, Inner Peace, Divine mind, Truth, Oneness, One Taste, the Jewel within.

All is contained within this silence, and all arises from this. It is here within me. It is here within you. It is here within all of us; every moment, every breath, every heartbeat. An inner peace is available for me at this very moment within this silence. It is available for you, this very moment.

If we were to look at a typical atom scaled to the size of a football field, the nucleus would be a grain of salt at the mid-field, and the electron cloud would be surrounding the field, with the rest reaching out into the void. In this spaciousness is the silence. In this spaciousness is infinite potential. This is the nothingness by which all arises.

At the time prior to conception, at the time of departure, there is only this. At the time in-between, there is only this. This silence is the very spaciousness of our being, of our hearts. Sages have proposed that all that we are, all that we need, all that we have ever hoped for is available in this silence.

Just stop.....and look, and listen with your soul. There is no “thing” to do, no “where” to be. Only stop..... and look.....and listen.

How to begin:

Silence is not just the absence of sound. Rather, it is the essence and basis for your very being.

Observe:

- the mountain
- the candle flame
- the sea ebbing and flowing
- the flower
- the wind
- the light.

Listen to:

- the mountain
- the candle flame
- the sea
- the flower
- the wind
- the light.

Regardless of movement or sound, there is available stillness, silence, God within, spaciousness, consciousness, awareness, and infinite potential. May you be at peace, may you sit in Truth, may you rest in stillness.

(Editor's Note: The following are quotes for personal reflection)

Confucius: “Silence is the true friend that never betrays.”

Martin Luther King Jr.: “We will remember not the words of our enemies, but the silence of our friends.”

Rachel Naomi Remen: “The most basic and powerful way to connect to another person is to listen. Just listen. Perhaps the most important thing we ever give each other is our attention.....A loving silence often has far more power to heal and to connect than the most well-intentioned words.”

Thomas Merton: “It is in deep solitude that I find the gentleness with which I can truly love my brothers. The more solitary I am the more affection I have for them....Solitude and silence teach me to love my brothers for what they are, not for what they say.”

Buddha: “When Shakyamuni Buddha was at Mount Grdhrakuta, he held up a flower to his listeners. Everyone was silent. Only Mahakashyapa broke into a broad smile. The Buddha said, “I have the True Dharma Eye, the Marvelous Mind of Nirvana, the True Form of the Formless, and the Subtle Dharma Gate, independent of words and transmitted beyond doctrine. This I have entrusted to Mahakashyapa.”

Certification Matters

Seeking Your Story

Jody Hueschen, RN, MN, NEA-BC, CNOR, CHTP/I
Director HTI Certification Board



The HTI Certification Board dedicates many hours each year to reviewing applications for practitioners and instructors. This is a most delightful experience as we have an opportunity to witness the wonderful stories that individuals share in the application process. For some time the Certification Board has held the desire to share some of the Healing Touch journey expressed in these applications with all the members of Healing Touch International. Therefore, we are inviting CHTP's and CHTI's from our international community to write their story of their own journey to certification. We wish to highlight the individual along with the story of their journey to certification in future HTI Perspectives in Healing publications.

We hope you will have an interest in preparing your story, beginning with describing your first interest in Healing Touch, the impact that Healing Touch has had in your life and your work within your community. We have the opportunity to present the stories from each country and each individual with such a wide variety of backgrounds from nurses, physicians, massage therapists, engineers, psychologists, chaplains, counselors, teachers, postal workers, librarians, providers of holistic medicine therapies, and many more. Please take time to write your story and forward the information to the HTI office. This will offer us all a chance to see Healing Touch in action around the world. We are eager to receive your responses so we can begin bringing these stories to life around the world.



Congratulations Newly Certified Practitioners and Instructor

Practitioners

Brenda Bollard - Tucson, AZ

Mary Ann Burman - Redwood City, CA

Judith Cole - Egg Harbor Townshiip, NJ

Marty Hurst - Harrisonburg, VA

Cecilia Kasperick - San Diego, CA

Diane Larson - Crystal, MN

Joanne Matsumoto - Encinitas, CA

Bruce Needhammer - Bayville, NJ

Jane Nelson - Dunedin, FL

Naimeh Tanha - Cardiff, CA

Leslie Teyssier - San Diego, CA

Bernadette Zorio - Riva, MD

Instructor

Dorothy Lawse - Mason City, IA

Board Corner

A Busy Time



Our HTI Greater Council continues supporting our work with high vibration and integrity, grounding the energy so that it is stable. The Creative Genius process bubbles up wonderful ideas, suggestions and refinements. We remain focused on our goals and expanding the Healing Touch work globally. Key to this is respect for each person, holding the light of healing brightly for each one. All volunteer our service with dignity and honor and are grateful for all contributions.

Stability

HTI is financially stable, in good position, upbeat and simultaneously moving forward with many projects. Our HTI 2010 very conservative budget is approved and in place for the year. As a collective, all committees are very confident in our work and things are progressing nicely in each committee.

HTI Conference in St. Louis

The HTI Conference Committee and volunteers in Healing Touch St. Louis have been very productive behind the scenes pulling in vendors, sponsorships, working with various aspects of conference so that all unfolds beautifully and smoothly. The brochure will be out shortly. We are keeping our tuition costs the same as last year to encourage and support your participation.

Marketing Committee Ramping up

Our new HTI Marketing Committee is underway. The website survey is complete and has brought forward wonderful ideas for improvement. Some are already in effect and more will follow, so watch for them. Website areas are being updated for easier navigation.

Fund Development Expands

- An **HTI Conference Sponsorship Program** is now in place, tying in our advertising program and revised policies so that all is uniform. Please request a packet to present to those who may be interested in granting aspects of conference or advertising in PIH or in the conference booklet.
- **HTI Challenge Grant benefitting the HTI Materials Fund** is in full swing. We are very grateful to another anonymous donor's \$4,000 support and challenge. Our goal is to quadruple this or more. Please contribute to support our Healing Touch work. See page 20 for details.

AHNA CE's for HTI Healing Touch Certificate Program has been submitted for renewal.

New guidelines will be forthcoming for instructors as updates from ANCCC.



Who's that Voice on the HTI Office Phone?

Welcome to our new HTI Office Staff Members

Joyce Ramsaur and her husband have moved from the Denver area and we wish them well. (See Gratitude Article on Joyce). We thank her for her service and wish her well.

We have rearranged responsibilities and hired new staff. Kassi Anderson has been promoted and we welcome Carrie Niewenhous and Jodi Eaton as new staff members! (See Welcome Article on Carrie and Jodi)

Who to call...

- HTI Certification and Graphics - Congratulations to Kassi Anderson with her promotion to this position.
 - Contact
Certification@HealingTouchInternational.org
- Membership and Reception - Cathy Nunemaker continues in this role as our Membership expert. Cathy is in the office Monday and Tuesday.
 - Contact
Membership@HealingTouchInternational.org
- Continuing Education – Jodi Eaton and Carrie Niewenhous are job sharing and available for other office needs as well.
 - Contact
Education@HealingTouchInternational.org
- Integrative Health Care - Lisa Anselme, Executive Director remains as expert in this area to consult and for other questions as needed.
 - Contact
Director@HealingTouchInternational.org
- General Questions – contact
Education@HealingTouchInternational.org

Member Issues:

- Checking and Updating your Information is Easy Online. Please ensure that the HTI office has your current contact information. Members can check their membership and certification dates, update contact information at www.HealingTouchInternational.org
- Click **MEMBER ONLY** section. Your sign on is your name without a space. Please note that it is case sensitive. Then enter your member password. Forgotten them? Click on the prompt. If you have problems, please call the HTI office.

Non-members: Please email contact information changes to Membership@HealingTouchInternational.org to continue to receive ezines and HTI Perspectives in Healing. If you are not a member you can:
JOIN ONLINE @ www.HealingTouchInternational.org

Please send love, light and positive energy to the office members as they move through their learning curves and training so that we can best serve the needs of our members, HTI organization and the public!



Thank You Joyce Ramsaur

We wish to extend our great appreciation to Joyce Ramsaur, who served as HTI's Certification Administrator and HTI Office Administrative

Secretary from July 2002 through January 2010. Joyce was instrumental in coordinating, monitoring and upgrading our ongoing international certification review process, while maintaining continuity and integrity within the process and being the point of contact to all applicants and the Certification Board.

As the needs of the organization expanded and changed, Joyce willingly assumed additional responsibilities through assuming diverse roles with our annual international conference and providing the graphics/layout editor for our HTI Publications and organization materials. Throughout her time with HTI, Joyce has been a familiar point of continuity and stability for the many individuals that we serve.

We have been truly blessed and enriched by Joyce and all that she has brought to us, both personally and as an organization. Joyce is moving from the area to accompany her husband in his new job. We will miss her and wish her the very best in her future goals.



CALENDAR OF EVENTS

☆ **North Central Healing Touch Community Gathering**, "The 6th Chakra: Accessing Our Vision to Inner Wisdom", March 27, 2010 (Pinning ceremony March 26, 2010), Plymouth, MN. For more information visit <http://nchtcommunity.org>

☆ **4th Annual Regional Symposium of Healing Touch California**, "Expanding the Light of Healing Connection", April 25, 2010 Town & Country Resort, San Diego. For more information visit www.healingtouchcalifornia.com

☆ **American Holistic Nurses Association 30th Annual Conference**: "Re-Visioning Environment: Creating a Habitat for Healing", June 3-6, 2010, Colorado Springs, CO. For more information visit www.ahna.org

☆ **ISSSEEM 20th Annual Conference**: "Evidence Based Spirituality for the 21st Century", June 25-29, 2010, Westminster, CO. For more information visit www.issseem.org

☆ **Healing Touch International 14th Annual Energy Healing Conference and Instructor Meeting**, "Healing, Transforming and Expanding through the Gateway of Light", September 9-12, 2010, St. Louis, MO. For more information visit www.HealingTouchInternational.org



WELCOME

Jodi Eaton and Carrie Niewenhaus!

Both Jodi and Carrie will be working with administering and tracking continuing education along with assisting in general office duties.



Carrie Niewenhaus RN, BS, CHTP, PTC

Carrie is a nurse and Certified Healing Touch Practitioner who has been practicing energy therapies for 5 years. A nurse entrepreneur, for the past 17 years Carrie initiated, owned and operated a transportation service for frail elders and people with disabilities throughout the

Denver metro area. Oriented toward service, Carrie has been a Healing Touch volunteer, Board member and site coordinator in the Denver metro Healing Buddies/LifeSpark energy partners program. She currently, owns and operates Body Wisdom, which provides a combination of services including Healing Touch, Tai Chi classes and Postural Therapy for joint and muscle pain management. She was drawn to accepting this position with Healing Touch International as a further continuing of her service.



Jodi Eaton CMT, RM

Jodi returns to us after journeying for the last several years in the healing arts world. Jodi is a healing arts practitioner that includes massage and energy therapies within her practice. She has taken Levels 1- 3 Healing Touch and is very passionate about this work. For the past several years, Jodi has been working with Hospice patients, providing massage and energy therapies to those at end of life. She previously has owned and operated a self help bookstore and a Curves studio. Jodi loves being part of a team working toward the greater good and is excited to return to work at Healing Touch International. She lives in Golden with her husband Bob and her sweet Westie dog Gracie. Her daughter, son-in-law and grandchildren live in the area and are very important in her life.

Integrative Health Care

Taiwan: Touch Your Heart

By Carol Ann Flack, LMT, CHTP/I, RM

Der-Fa Lu, PhD, RN, HTI-P

Upon arrival at the airport in Taipei, I saw a sign that said "TAIWAN Touch Your Heart". I felt gratitude in my heart and knew that was a sign that the people of Taiwan were ready for Healing Touch. The purpose of this article was to present and share how the authors conducted Healing Touch training in a country outside of U.S.

I recently taught two Introduction to Healing Touch and two and a half Healing Touch Level I classes (the second day of the third workshop was cancelled due to a Typhoon) in Taiwan. These were the first Healing Touch classes in Taiwan. I was invited by Assistant Professor Der-Fa Lu, PhD, RN, Healing Touch Practitioner of The University of Iowa,



College of Nursing to travel with her to Taiwan to be the Instructor for these classes. Der-Fa was my interpreter for the entire trip and was a helper for each of the classes. This trip manifested through former graduate students

of Lu's during her teaching years in her homeland of Taiwan between 2001 and 2003. Der-Fa's dream since then has been to take official HTCP Level I classes to her homeland. When I became certified as a HTCP Level I Instructor, it became my dream also. Der-Fa and I became friends during our Healing Touch Level 2A class in 2000.

The classes started forming in March 2008 with the intent of being self-sponsored. Healing Touch was a brand new concept in Taiwan. The cost of living in Taiwan is significantly lower than the U.S., so our initial intent was to model this trip as a volunteer vacation. Der-Fa's family and friends offered us room and board for our 18 day visit. We received funding from different organizations which included the Bureau of Health in Taitung County. These sponsors almost completely covered our international and domestic travel expenses. The Coordinators for these classes were Molly Mow, MSN, RN and Sho-Hua She, MSN, RN. Der-Fa introduced Healing Touch to Mow and She while she was their academic advisor for their Master's Thesis at Tze-Chi University between 2001 and 2003. Both Molly and Sho-Hua reviewed the teaching material before our arrival. Molly made a wonderful PowerPoint presentation in Chinese for the workshops. Ms. Mow and Ms. She were also classroom helpers and monitored return



Molly, Joan, Carol Ann, Der-Fa

demonstrations by students. To teach Healing Touch to large classes, it is necessary for us to activate onsite support. The directors of nursing departments for the second and third workshops participated in the entire workshop. This also provided significant role modeling for students.

This was an amazing and meaningful experience for us, because we were able to take the HTI Healing Touch Certificate Program to Taiwan, and develop personal friendship. We saw that Taiwan was energetically ready and our dream was fulfilled. I learned so much about the culture, food, life style and effect of climate changes in Taiwan (Taiwan was hit by a typhoon which caused the largest flood in 50 years). At the end of the workshops, students were asking when they could take Level 2 training. We intend to organize a distance practice group with them. We will also explore the opportunity to form a chapter of Healing Touch in Taiwan.

The following is a summary of the classes that were held:

INTRODUCTION TO HEALING TOUCH 3 HOUR CLASSES

July 27, 2009 Taipei Municipal Hospital, 8-E General Medicine Unit, Taipei, Taiwan. 12 attended including Head Nurse: Show-Yen Lee; one retired Nursing Director; six staff nurses; and four persons from the community. This workshop was facilitated by Flack and Lu.



July 31, 2009 Yensen Veterans Hospital,

Yilan, Taiwan. 35 nurses

including Head Nurse Sue Lin, attended the workshop. This workshop was facilitated by Flack and Lu. Following the class Flack and Lu met the Chief of the hospital. Then we toured the mental health department (chronic patient unit and skilled nursing care unit for the elders)

HEALING TOUCH LEVEL I Training Workshops

August 1-2, 2009 Yilan School Nurses Association, Yilan, Taiwan. Eighty-five students received Level I certificates with their Chinese names. There were 84 students from the Yilan district and one student from a neighboring district. This workshop was facilitated by Flack, Lu and Mow. Due to Lu's nursing credential, all participants also received nursing continuing education credits for renewing nursing licenses.

continued on next page

Integrative Health Care cont...

August 4-5, 2009 Taitung Veterans Hospital, 1000 Gengsheng Rd., Taitung City, Taitung County 95050 Taiwan (R.O.C.). Fifty-five students received Level I certificates with their English names. This workshop was facilitated by Flack, Lu and Mow. Director of Nursing, Joan Chen, participated the entire workshop. Majority of the students were staff nurses. There were a couple of students from the accounting department, a few school nurses, and one Yoga instructor who volunteers at the chronic mental health hospital. Students with nursing background received nursing continue education credit from the workshop.

August 6-7, 2009 Fooyin University 151 Chin-Hsueh Rd., Ta-Liao Hsiang, Kaohsiung Hsien 831, Taiwan. Forty nursing faculty and students attended the first day of class. This workshop was facilitated by Flack, Lu and She. The second day was cancelled because of a Typhoon, and therefore, no certificates were given.



You are invited to contact Carol Ann Flack at carolflack@Lcom.net for further information.

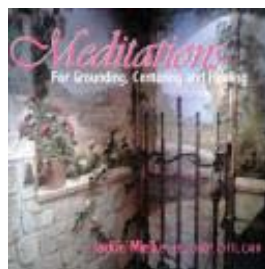
NEW CD's by:

Jackie Mielke, BS, CHTP/I, CAHI

Certified: Healing Touch Practitioner

Healing Touch Instructor

Allied Health Instructor



"Meditations for Centering, Grounding and Healing"

offers 4 guided meditations ranging in length from 16-21 minutes:

1. Grounding and Centering;
2. Expanding Energy to Heal Self, Others and the Earth;
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4. Vitalizing the Etheric Body

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MARCH, 2010

"Reaching for the Light"

Guided Meditations to aid in living and working at higher vibrations



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Paid Advertisement

Twelve Reasons to Have a HT Practice Group

By Karen Stewart HTI-PA, Angela Mattos CHTP and Sharon Yetman

1. A review of techniques in a relaxed, light-hearted environment
2. As part of ongoing self-care
3. To learn something new
4. To deepen your practice with joy
5. To encourage one another with our passion for HT
6. To share experiences
7. To be of service to the community of HTer's
8. To be of service to the people we are treating
9. To mentor others and provide spiritual companionship
10. To be reflective in a gentle, nurturing way
11. To move from "doing" to "being" a vessel of love
12. To belong to an engaged playful healing community

Editor's Note: Thank you Karen, Angela and Sharon for this "think tank" of reasoning. We are updating HT support and practice group listings. This is an excellent way to network in your area, and make your group visible to visitors, locals and other likeminded individuals. Please check on line at www.HealingTouchInternational.org. If you have a listing with inaccurate information, please go into the member only area and correct it. If your group is no longer in service, please delete it. If you have one of these in process in the HTI community, will you please go into the HTI membership area and list it. If you are not a member, please forward your listing to the HTI office.



Healing Touch International announces its 14TH Annual International Conference & Instructor Training

HEALING, TRANSFORMING AND EXPANDING THROUGH THE GATEWAY OF LIGHT

Thursday, September 9 - Sunday, September 12, 2010
Marriott St. Louis Union Station
St. Louis, Missouri

Explore new knowledge, connections and opportunities as we blossom forth into new frontiers. This year's conference agenda promises outstanding programming, unparalleled seminars, the latest exhibits, relationship building and fun! Here's a glimpse of outstanding keynotes and entertainment already on the docket:

~ Keynotes ~

Anodea Judith PhD

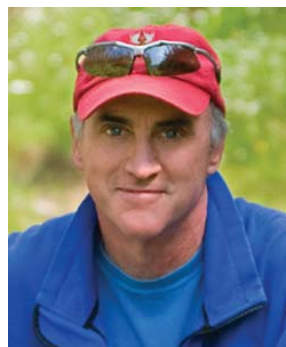
Anodea is a leading authority on the therapeutic application of the chakra system, a popular workshop presenter, and evolutionary activist. Her books have been considered classics in the field, and include *Eastern Body-Western Mind*, *Chakra Balancing*, and *Wheels of Life*, as well as the award-winning video: *The Illuminated Chakras*. Her most recent book



Waking the Global Heart maps the chakra system onto our collective journey and won two literary awards in 2007. With a million books in print in 15 languages, she is a leading voice in the world of healing and cultural transformation.

Brian Luke Seaward PhD

Brian is a renowned and respected international expert in the fields of stress management, mind-body-spirit healing and health promotion. The wisdom of Brian Luke Seaward can be found quoted in PBS specials, college lectures, medical seminars, boardroom meetings, church sermons, keynote addresses, and graduation speeches all over the



world. His mission, as expressed through his legacy of acclaimed books and public appearances, is to make this a better world in which to live by having each of us reach our highest potential. Dr. Seaward is an award-winning author, photographer, teacher, celebrated film director/producer and much sought after inspirational speaker. He truly touches hearts, and most anyone will tell you, this is how he heals. Through his teachings, he offers a unique synthesis of insights blending the "ageless

wisdom" of human spirituality with the topic of stress to reveal the unique alchemy of humanity and divinity, what we call the "human journey."



Marilyn Mandala Schlitz, PhD

For three decades, scientist and anthropologist Marilyn Mandala Schlitz, Ph.D. has pioneered clinical and field-based research in the area of human consciousness, transformation and healing. She is a thought leader on matters of individual

and social change whose respected voice offers new insights into the most pressing challenges of our time. A researcher, speaker, change consultant, and writer, Marilyn's books include: *Living Deeply: The Art and Science of Transformation in Everyday Life* and *Consciousness and Healing: Integral Approaches to Mind Body Medicine*. She writes, "We are alive at a time between stories. Out of this place of convergence are great new possibilities for the human condition. I enjoy thinking and writing about these opportunities." Marilyn serves as the CEO and President of the **Institute of Noetic Sciences (IONS)**, where she has worked for 15 years. She is also Senior Scientist at the California Pacific Medical Center. Noetic Science is featured prominently in the new novel by Dan Brown, *The Lost Symbol*.

~ Entertainment ~

Pack your comfortable dancing shoes, your fancy banquet duds and don't forget the feather boas! HTI Conference will rock on Saturday night!

Lenny Klinger's Galaxy Band

is one polished and well-rehearsed group! The Galaxy Band has been everywhere and played in most major US cities and internationally, too. They've opened coast to coast for acts including The Neville Brothers, Ronnie Milsap, Sheena



Backman-Turner Overdrive, Easton, Melissa Manchester,

The Bacon Brothers, Marilyn McCoo, Marvin Hamlisch, Michael McDonald, Chick Corea, Nancy Wilson, The Righteous Brothers, and many more. They've backed up acts including The 4 Tops, The Temptations, Mary Wilson, The Platters, Jack Jones, Vic Damone, Jerry Vale, Henny Youngman, The Chiffons, The Shirelles, Smokey Robinson, Bob Newhart, and many others. They play anything and everything and the Galaxy Band can deliver!

Visit: www.galaxyband.com



JOIA!!

Opening Ceremony! Bright, brilliant, clear and shining jewel is the translation from Portuguese. The musical translation in St. Louis is a dynamic, mobile world percussion ensemble with a contagious,

primal pulse. Led by Rick Kramer, Joia is not only a band, but a musical community based on the concept of making the experience of percussion performance accessible to anyone with the combination of desire and commitment. Different and evolving configurations of personnel perform a core repertoire of music steeped in the traditions of Brazil, Africa, Cuba, Japan and other world music forms.

St. Louis, Missouri is the **Gateway to the West**, a city rich in history of courageous exploration and thoughtful expansion. Beginning with the Lewis and Clarke Expedition on the banks of the Mississippi River and pioneers setting forth to explore new frontiers in the west, to the production of the Mercury and Gemini spacecraft, St. Louis has always been a beacon of Light. You won't want to miss it! Visit: www.explorestlouis.com to learn 25 awesome things to do in St. Louis, including:

The **St. Louis Arch and Museum of Westward Expansion** is a quick metro ride from the hotel. See the world famous **St. Louis Zoo...FREE** admission to all! Take a walking tour of the **Historic St. Louis Union Station...hotel** is located on the property.

Cheer the **St. Louis Cardinals** at a baseball game... the stadium is walking distance from the hotel. Visit the new **City Garden** in the middle of downtown...also a short walk from the hotel. Visit **Anheuser Busch Brewery** and the famous **Clydesdale** horses, free tour and a free sample of the product. Visit **Forest Park**, site of the 1904 Worlds Fair. Forest Park is larger than Central Park in New York City and houses the **Zoo, Art Museum, History Museum, Municipal Opera, Boat House, Golf Course** and the incredible **Science Center**. Plan to spend time at the **Missouri Botanical Gardens** about three miles west of the hotel. You don't want to miss a blooming thing at the **largest Japanese Garden outside of Japan**.

Drive through the historic neighborhoods of **Lafayette Square** and **Soulard** with their unique row houses and historic Victorian homes. These neighborhoods are

located just a short drive south of the hotel. Visit the **Historic Soulard Market**. Open air farmers market in continuous operation since 1779. It was part of the early French establishment in St. Louis. **Laclede's Landing** rocks on the weekend with Blues and Jazz and of course great food. It is just north of the Arch on the riverfront.

Plan a brief tour of **The Hill**. This is the Italian neighborhood filled with restaurants, corner markets and bakeries offering the very best of Italian dining. And let your inner child play at the very amazing and whimsical **City Museum**!



Accommodations: Union Station Join us in the historic Union Station, a newly-renovated 11 acre complex for an unforgettable experience rich in tradition of a bygone era. Built in 1894, it was the largest single-level passenger rail terminal in the world. In 1976, this magnificent station was designated a National Historic Landmark. With a \$150 million restoration 100 years later, it has been transformed into an 11 acre complex inclusive of 20 specialty boutiques, dining and entertainment venues including the Marriott Hotel. **Our exclusive and amazing negotiated conference rate is \$99/night single or double!** (Rate available September 3-15, 2010, based on availability through August 16, 2010) **Reserve your room now by calling 314-621-5262 and mention Healing Touch International.**

Watch our website for our conference registration brochure and call for exhibitors at www.HealingTouchInternational.org



HTI CHALLENGE GRANT IN CELEBRATION OF HTI DAY MARCH 6, 2010

We have been blessed by a \$4,000 grant, courtesy of another generous anonymous donor, for an HTI Challenge Grant. The challenge is to **quadruple the funds by June 21, 2010, the summer solstice!**

Benefit:

The HTI **Materials Fund** to be used for **HTI Class materials, DVD's & other related projects.** **You can help** meet our collective goals & benefit directly with new tools for your Healing Touch studies & HT work.

Contribute:

To HTI's non-profit mission and service to continue to **Spread Healing, Light and Love, Creating Wholeness on Earth** in whatever great or small way that you are able.

Expand the Grant:

1. Grant \$7.00 (symbol of the chakras) or more and we will meet this goal and beyond!
Please consider this or something greater for the highest good of all!

2. Grant online by visiting www.HealingTouchInternational.org
and click on **JOIN/SUPPORT** and then **SUPPORT HTI.**

3. Send your check to:

Healing Touch International
440 Union Blvd. Suite 105
Lakewood, CO 80228

Your generosity is gratefully appreciated by HTI and the world!

In gratitude, abundance and joy!

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HTI Professional Development Series

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and can also be applied to Healing Touch Certification and Renewal. These classes are open to registered nurses, health care professionals, body-oriented therapists, psychotherapists, licensed health care professionals, and individuals interested in an in-depth understanding of healing related work. Some pre-requisites apply. Click on the www.HealingTouchInternational.org website for the latest listings on the new HTI Professional Development Series page. **Attend these Professional Development Classes or Schedule One in Your Area:**

* Beyond Surgery Program – Bridging the Gap

A powerful blend of integrative therapies to support primary medical care that are useful before and after surgeries, medical procedures, chemotherapy or radiation and to assist in relieving anxiety or discomfort, coaching the body's innate healing response.

Pre-requisite: Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

April 16th-18th, 2010 — Boca Raton, FL

Instructors: Judy Lynne Ray MS, LMT, CHTP/I
Nancy J. Blue M.Ed., LMT, CHTP/I

Coordinator: Judy Lynne Ray 828-553-8146
judylynneray@yahoo.com

* Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Saturday, April 24, 2010 — San Diego, CA

Instructors:

Anne Day RN, BSN, MA, CMT, HNB-BC, CHTP/I
Rauni King RN, BSN, HNB-BC, CHTP/I

Contact: Liz Fraser 858-554-3360
fraser.elizabeth@scrippshealth.org

* Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of “memory” that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system. Assist in re-creating a healing pattern to release the cellular memory, and re-pattern the energy for a higher level of functioning.

Pre-requisite: This course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing chronic pain.

Saturday, June 19, 2010 — San Diego, CA

Instructors:

Anne Day BSN, MA, CMT, HNB-BC, CHTP/I

Rauni King RN, BSN, HNB-BC, CHTP/I

Contact: Liz Fraser 858 554-3360

fraser.elizabeth@scrippshealth.org

* Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self care. Research has proven that heart centered living is healthier way to live.

June 18-19, 2010 Kansas City, MO

Instructor: Myra Tovey RN BSN, CHTP/I, HN-BC

Coordinator: Jody Hueschen 816-237-1217

jhueschen@aol.com



Student Perspective

A Student's Personal Journey

By Amanda Wendel CPhT (Certified Pharmacy Tech), Healing Touch Level 2 Student



Several months ago I registered for a Level I Healing Touch Class at Anoka Ramsey Community College. I wanted to take as many of the classes in the Integrative Health and Healing program as I could before graduation or transferring to professional school. It has been a very interesting semester and one I would not have really expected.

At the beginning of the semester I really had no idea what Healing Touch was. I didn't know much about energy healing, only what was taught briefly in the Introduction to Holistic Healing class. As a pharmacy student, most of my course work had looked through a skeptical lens at the scientific research behind healing. I came to both the Level I class and to Healing Touch generally very skeptical. I decided that because it was a short class, I would keep my mind open. I also thought to myself that by taking the class I might find some positive information and more likely, reasons to denounce it.

After the first day of the Level I class, I still didn't know what to expect. It seemed like every student knew more than I did but I wasn't sure if I really wanted to know more. The assigned readings helped a little but, in my opinion, were geared for people who already knew about energy work and really didn't go too far to help novices. I was also told to fashion or buy a pendulum, either from stones and crystals or a paperclip on dental floss. At this point I figured I really had signed up for a class in the twilight zone, but I had promised to try it and keep an open mind so I bought some crystals and chain and made a pendulum. I had no clue as to what to do with it once I made it but I did as I was told and even researched some ways to make my pendulum "correctly".

Following the experience of the first weekend where we completed the Level I class, I was far more curious, not totally convinced yet, but definitely curious. I had experienced feelings and sensations I couldn't explain

with my scientific thinking, but I felt them none the less. I tried to stay impartial throughout the weekend, not pushing my mind into believing or disbelieving, but by Saturday evening I was leaning toward one direction and it was not the direction I expected.

My first interventions were done with my family, who I considered "safe" people. As I learned more about it, I started to think Healing Touch wasn't a complete farce, but I still wasn't sure if I wanted to start sharing what I was learning with others. My family was also very skeptical, perhaps more than me as they had not had any of the Integrative Health and Healing classes that I had previously taken. The first time I had an "ah-ha" moment when I was working with my mother. I also saw the effects prominently when working with my guinea pig.

During this semester, I also wrote a research paper on Healing Touch. This helped validate the modality in my mind, and was a wonderful opportunity for me to find the scientific "proof" I was looking for. Not only did I find this research, but I also found that Healing Touch was embraced by several major foundations, hospitals, and universities. This assignment gave me the research I needed to incorporate Healing Touch into my internship teaching project. By this time I had learned so much about Healing Touch that I not only wanted to let people know what I was learning, but to teach them about it also.

Following the Level 2 Class and my internship classes, Healing Touch took a new place in my life. I was asked to work with a few new people who were not family. One of these had never had any energy work done before, but was willing to do anything to help control the pain of a fractured pelvis, as she was experiencing adverse reactions to pain medication. I also was asked to assist at blood drives in my church with Healing Touch, and encouraged to inform more of the congregation that I was a Healing Touch student. Over a few weeks I had gone from a skeptic to a Level 2 student, complete with my own small client base.

While practicing the Level 2 interventions, I had a few interesting experiences that fueled my interest even further. The woman I worked on with the fractured

continued on next page

Student Perspective cont...

pelvis told me she had not slept well in days. Once I began the session, she fell asleep before I had finished the spiral meditation opening. Being scientifically oriented, I thought this was because she hadn't slept in a while and fell asleep because of medications. As I continued working on her, I noticed that every time my hands would be working over hers, her hands would involuntarily twitch until I moved on. She woke instantaneously when I grounded her even though I had not touched her.

Following the actual interventions she asked me a lot of questions. I thought this was really the best testament both to what I had learned and to how far I had come personally. For a person who had never experienced any energy healing, something must have happened for her to be so interested following the session. A few days later her daughter informed me that not only had she slept better that night, but she had admitted that, "Yeah, maybe the pain did feel better than before". Coming from a woman who tells it like it is, right or wrong, I knew that something had happened for her in just one session.

Overall, I have enjoyed Healing Touch Level 1 and Level 2 classes immensely and look forward to the possibility of Level 3 being offered through Anoka Ramsey Community College and the Integrative Health and Healing Program this summer. Even if it is not offered through Anoka Ramsey, I would like to continue learning it, even if I have to travel to take the class. I plan to continue with professional school, but I also want to continue learning and practicing Healing Touch. It has been such an interesting journey, going from probably the biggest skeptic in the class, attending as a required part of the program, to making pendulums for other class members, teaching about Healing Touch in my internship project, and offering my services to my congregation both on a personal level and at events such as blood drives. I think I have come further personally in this class than in many of my other classes, both inside and outside of the Integrative Health and Healing Program. It has been a great semester and I look forward to learning more whenever and wherever that happens.



Healing Mandala Workshop at the 2009 HTI Conference

By Kathleen Scacciaferro RN, CHTP/I

The word Mandala is Sanskrit. It means a circle, both the center and circumference, wholeness. Mandalas are everywhere! They are the structures of our cells, our world, and our universe. The Mandala is a Symbol of Life. Images can be literal or symbolic. The goal of the mandala is to serve



as a visual tool on our journey to self-awareness. It is a picture of our inner process.

The HTI Conference offering, Healing Mandalas, presented by Kathleen Scacciaferro, RN CHTP/I was well received by a standing-room only class. After a Mandala Meditation, participants created their own Healing Mandalas. Mandalas



can be used for self-awareness, self-reflection, to assist you to reach your full potential, access the Divine/Teacher within you, align body, mind, heart, and spirit into harmony, open the heart chakra, uplift your soul & promote spiritual enlightenment, calm your mind, quiet your emotions, induce feelings of tranquility and deep contentment, promote greater awareness of Self and Life, generate good health and well-being, and ground and center.



Business Strategies

A Practitioner Asks....

Question:

Is having a livable income solely with Healing Touch possible? Who's doing just Healing Touch for a living and what can we learn from them?

How many of us have a practice and possibly a teaching schedule just of HT (and not in combination with other work) that provides an income that is livable? I would like to know who has been successful in creating a full time job of having a solid, good income from which they support themselves fully only using Healing Touch work and teaching?

I haven't met one person yet who only uses HT as their sole means of income. I've met many people who practice HT "on the side" or "part-time", or as an additional modality in their current profession - which is perfectly fine and wonderful. I have met people who say "yes I do have a full time practice" but upon further questioning they have a significant other who shares in the household finances. The question I'm raising is, can HT stand on it's own and is it realistic to have a practice and teaching schedule that provides full time work and salary through HT alone? Is anyone doing just this? I'd like to know. Can it be done by someone who is not in the medical profession?

Signed,

Concerned Practitioner/Instructor

Dear Concerned Practitioner/Instructor,

I think this topic is a great idea for our Business Column and I encourage those of you who have been able to make a living with Healing Touch to submit your story so that we can all learn be inspired by each other.

Allow me to introduce myself. My name is Sue Kagel and I am a Certified Healing Touch Practitioner/Instructor, RN, and a Certified Holistic Nurse. I have made a living solely in Healing Touch, with health and retirement benefits, since 1997. As a single mom, without other financial support, I was able to put my two offspring through state college without outside help, (although one had some scholarship assistance).

I'd like to clarify that there are many ways to earn income with Healing Touch, but it often takes creativity and working outside of the box. If we look at a full time Healing Touch private practice in an office as the only way to make a living with Healing Touch, that is limiting. It can be done and I know of several practitioners who have been successful.

My adventure began with a manifestation workshop at the first HTI Annual Conference in 1997, in which I lined out exactly what I envisioned and participated in a manifestation exercise with 400 other conference attendees. I continued to visualize daily without wavering. The vision manifested so rapidly once I did this that it made my head spin! I continue to use this tool today and taught it at our recent HTI Conference in Tucson.

My personal experience has been in integrating my Healing Touch work into my existing place of employment and into other venues that happened along the way. As a nurse, I am employed at Canyon Ranch Health Resort and brought Healing Touch as a separate nursing service through our Medical Department 14 years ago. It took me two years to convince the management to allow this opportunity and a lot of hard work, free sessions, discussions, handouts and support from friends and management. I was able to grow my full time practice within an institution to include 6 additional HT practitioners in the Tucson location and 3 in the Lenox location a number of years ago. At one point we were doing 1,500 sessions a year between the combined properties. I lectured and gave intro workshops weekly or more at times, (still do) and came up with as many creative avenues as I could to keep HT out in front of the staff as well as the clients and the community. Perseverance, creativity, and out of the box ideas for exposure are all key. I include other staff and our Tucson HT Community to get the word out about Healing Touch so that we support each other in our work. We also refer to each other. Exposure is key and needs to be continuous.

I also have had a part time practice at home for family and friends who either paid me sliding scale or bartered with me. In the beginning, this helped supplement my income at work- as I am only paid fee for service. Marketing was a huge part of building the business through networking, lecturing, word of mouth, and hands on sessions for other staff members so that they could speak from their experience or a quick hands on for someone in pain or injury. I now have a very strong following of return guests from years of satisfied customers. I have planted seeds for 14 years and the fruits come in droves. I must continue to plant seeds, and keep it interesting and fresh for me and for my clients. We refer to HTI Practitioners world wide.

I became an instructor in 2001 and taught probably 6 classes a year one year and then had an opportunity to

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Business Strategies cont...

teach through a foundation to bring Healing Touch to Palo Alto, CA. I taught many more classes per year which helped bring in the extra income to pay for the college expenses. We built a strong community in Palo Alto over several years of teaching. In the process I advanced to teach more levels of classes over the years, which provided more opportunity for teaching.

Through connections and networking, I was invited to collaborate in creating an Energy Medicine online learning program through the University of Arizona Program of Integrative Medicine- Andrew Weil's Program. I have been on faculty there for over 9 years teaching energy medicine and presenting Healing Touch workshops to the associate fellows during residency weeks.

I have also received honoraria for speaking on Healing Touch and holistic nursing (for which I have a certification) at various national conferences.

The interesting thing is that I didn't go looking for any of this. I would pray every day and stand in my healing room with this mantra: "Let me be of service and bring those who I can assist in their healing. In return, I ask the universe to provide for me and my family so that I can provide this service, pay the bills, pay for education, retirement and some left over for a bit of fun and travel! We have a deal.

Do I lead a charmed life? I worked extremely hard to create my Healing Touch business within the Canyon Ranch umbrella. I always say I don't work for Canyon Ranch, I work for the universe and I'm stationed there at the moment. From that base, the rest of this has flowed - with a lot of hard work and follow up. My motto is "This or something greater, for the highest good of all. Let me be of service and receive abundance in return." I do believe that it is possible to do earn a living as a non-medical person as well. My profession as a nurse was where the doors opened for me, but I had to keep knocking.

What is your success story? We all have a variety of ways in which we incorporate this work. Please share your vision and mission with us so that we may all expand in our Healing Touch work.

We look forward to reading *your* articles in our future *HTI Perspectives in Healing*.

SUPPORT FOR HAITI AND HT COMMUNITY IN CHILE HEALING MEDITATION CONTINUES

As you have seen on news outlets, an extremely strong earthquake in northern Chile caused great loss of life and disruption there. The government of Chile is still searching for survivors and assessing the damage.

Mary Maloney CHTP and an HTI Instructor-in-Training is a leader in the HT community in Chile. HT in Chile has been focused in two areas - Iquique in the north and Santiago the capital. In Iquique there are people at all stages of HT training with 11 preparing at this time for Level 5. Our last *Perspectives in Healing* featured an article on the *Arrival of Healing Touch in Northern Chile* by HTI Student, Nelly Hidalgo. In Santiago there have been several courses and a group there recently completed Level 3. All four CHTIs, Sr. Eileen Kearney, Sr. Margaret Kehoe, Sr. Emiliana Gonzalez-Sanlloriente and Sr. Carol Reamer have all come from PROSH-Peru.

Mary lives in Iquique in the north of Chile which has not been affected physically by the earthquake but certainly has been deeply affected psychologically as most people have relatives in the south of Chile which has been so badly affected. Santiago has had a lot of damage and the airport there is very badly hit but the major part affected seems to be further south in Talca, Curica and Concepcion.

At this point, we do not know exactly what Mary and her community need, and yet we know the capacity for healing that is available through our work of Healing Touch. Please join the HTI Board of Directors in releasing powerful waves of peace, calm and reassurance to the people of Chile, and to Mary and her community.

Healing Meditation: We ask that you continue to keep the Meditation going for Haiti as we include Chile in our meditation. We are all aware of the strength and power of INTENTION and the capacity for HEALING that is available through our Healing Touch work.

Please join the leadership of Healing Touch International in setting intention for the highest good for our fellow beings in Haiti and Chile. We invite you to send healing, light, peace, calm and strength to all those who have been affected along with their extended family and friends.

Join us and participate at noon your time, throughout the next month and beyond, as you are able. If this time is not convenient, please join in whenever it is convenient for you. Together, we will create a rolling wave of Healing and Light.

Words of Wisdom

"Words"

By Diane Wind Wardell, PhD, RN, WHNP-BC, CHTP/I



The devastation in Haiti and Chile and the deepness of the winter season upon much of the Northern Hemisphere offers an opportunity for internal reflection. Where is the light, the heart's desire? It may be found in the light of day, the light of knowledge and the light of healing. Light is how we walk our path on this planet. We, as healers, have chosen to embrace it and work with it. Our task is to be in the light and offer it for others.

I chose to select the topic of "words" and then search through Janet's writings and sayings about how to use words. I believe that our information age has called upon us to be aware of the right use of words. When I was traveling with Janet and immersed in her teachings, I was very aware of the power of words both said and those left unsaid. How Janet used words in and out of the classroom was what I tried to capture. One of my tasks was to understand the energy of words. I began to realize that words could not be erased once said, nor discarded and cast aside. Once spoken, words are like a delicate glass ornament placed in your hand. Others liken words to an arrow, in that once released, they can never be recaptured. Janet's gift to me was her words.

The importance of taking care with words is evident in Janet's telling me how she had one time been attacked verbally at a meeting of colleagues. She said it was as if "they actually threw something at her heart." She then explained how those around her set about protecting her from the words and anger of the others. This story provided me with a heightened respect for the power of words and also made me realize that being in truth and integrity does not protect you from the attack of others.

Janet also had a principle about the use of words, that being one of simplicity. She said in *White Shadow*, "Don't use too many words. We are to bring them to the work through invitation.....if you talk too much, you are only imparting ten percent of what you know." She believed that her job was to respond to questions and once a question was asked, to answer but leave the person looking for more. Maybe this advice came from the guidance that she wrote about in her journal in 1993, in which she was told in guidance to "adhere strictly to the guidance given you by your teacher regarding the economy of words. In any situation where there is controversy, the less said, the better. Guard your words as well as your thoughts. Stay quietly centered and you will be much more helpful to others. There is no need to create stress, for stress is already present. What is missing is the quiet calm and peace in the situation. Notice how others respond and are

caught up in the drama. Create no drama, but create a calm presence and a quiet voice."

She was given further advice to continue to work on language and to "counter controversy without getting emotionally swept up in it. The word cooperation instead of competition is an example of changing a word to connote a different concept", she was told. And she was instructed to "simply stay informed and speak only dispel the nature of any serious misinformation. It is much better to state in positive terms what you do and let go of any tendency to argue your point."

Another aspect of using words is to do so in a way to create healing, not harm. In the year 2000 at the Healing Touch International, Inc. conference on the beautiful island of Kauai, Janet was honored by personal audiences with Satguru Sivaya Subramuniya-swami who was affectionately known as Gurudeva, a Hindu minister and revered teacher. Janet shared with me that she had read his book *Merging with the Shiva* (1999) a daily meditation guide. In these writings, he offered this advice; "Judge every action that you make, every word that you speak, with this law: Is it true? Is it kind? Is it helpful? Is it necessary?" (p. 53)

Building on this theme is a discussion on the use of words by Rabbi Joseph Telushkin in *Words that Hurt, Words that Heal*, in which he talks about the Jewish law of *lashon ha-ra*. It is considered a very serious offense when one disseminates accurate information about someone that will lower the status of the person and is often referred to as "negative truths". That means that we are, as healers, called to a higher order of understanding about the use of words and careful attention to how our words could affect others' beliefs about the person we are talking about. Further, if one discloses "facts" that are only hearsay, the damage one inflicts may be devastating and irrevocable. Rabbi Telushkin suggests that if you are going to say negative things about another (for example, gossip) to limit this to a very small number of people (i.e. your partner) and "develop a way of talking about others that is as kindly and fair as you would want others to be when saying things about you that, though true, are not complimentary." (p. 45)

When at all possible, do as Janet was directed and use the simplicity of words to "move into the heart energy and let it radiate from your center. See the light and watch the light as it comes from you. When this light emanates from you it becomes a magnet that attracts others to the light and it can be shared."

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Research

By Mary Megel PhD, MEd, RN, CHTP



Greetings! I am very busy becoming acquainted with my various roles as Director of Research; a huge thanks to Diane Wardell for her generous assistance and time spent in orientation. Please know that I am more than willing to assist members with research projects, so do not hesitate to contact me with questions.

This month, I'd like to share the results of an interesting study with you. The study was conducted by Deborah Lallier,

ThD, CHTP, CHT as part of her doctoral work. The purpose of the study, "An Integrative Process Embracing Heart Centered Consciousness," was to examine relationships between consciousness and well-being/health. Lallier's study was based on Richard Gerber's notion that health of the body and consciousness are integrally related, as well as Abraham Maslow's concept of self-actualization as the highest level of human development. "Holistic wellness" levels were measured in this study using the following instruments: a) physical levels (Symptoms Index); b) physical/emotional levels (Profile of Moods States™); and Emotional/mental/spiritual levels (Personality Orientation Inventory).

Deborah Lallier developed a method of measuring the location score of the Core Star™; Core Star™ assessment scores were obtained by Certified HealingTouch Practitioners also trained in energy observation. According to Lallier, the location score is considered to be a reflection of the current level and stage of consciousness through which an individual is presently operating. Holistic wellness scores on the physical, emotional, and spiritual inventories were correlated with Core Star™ location scores to determine relationships between health and level of consciousness. As predicted, higher location scores were correlated with higher well-being scores. In particular, the variable related to decreasing tension and anxiety within the mind/body, as well as variables related to the process of self-actualization, were found to be significantly correlated with higher location scores. Self-actualization variables found to be positively related to location score included ability to live in the moment, self-regard, self-actualizing values, and capacity for developing intimate relationships with other human beings that were unencumbered by expectations and obligations. Correlations were also found between Core Star™ demographic factors of age, length of time practicing HT, and level of HT training, which suggest a maturational effect of giving and receiving HT. The location scores found for the participants in the study denoted placement between the 2nd and 3rd chakras; the higher the location may indicate a trend away from the ego-centered consciousness level of the lower chakras toward a more heart-centered consciousness. Lallier concluded that her results support her model that health can be viewed as a

consequence of increasing consciousness (and reconnection to one's spiritual core) within the mind/body.

Congratulations to Lallier for her challenging and thought-provoking work. The results make me wonder if she has found support for a related theory from nursing, Margaret Newman's (2000), Health as expanding consciousness!

Instructor Alliance Committee

The Board of Directors created the Instructor Alliance Committee in April 2008 as a forum for HTI Instructors to communicate with each other and with the HTI Board, and to receive Instructor-oriented information in a timely manner. This was created as a one-year pilot program.

This committee served a vital communication role during 2008-2009, and helped many creative ideas bubble up from Instructors. The Instructor Alliance participated in the development of Student Solutions for those wanting to pursue HTI certification when not all their classes were HTI classes. They also generated the idea of non-residential and three day Level 4 and Level 5 classes. Both these ideas made it possible for many people to pursue certification with HTI.

The Board of Directors has reviewed the committee functions with Maggi Hutchinson and Lynne Jeffrey, the Co-Chairs of this group, and are in consensus that the committee has served its purpose and goals so it is time to dissolve this committee. The prior functions have evolved so that they are now accomplished through our Instructor E-zines, the ability for Instructors to communicate ideas and issues in a more efficient manner to HTI Board members by email at board@HealingTouchInternational.org, and by instituting two Co-Facilitators for each class level for Instructor curriculum communications. These new innovations provide a good information flow to Instructors, and a way for Instructors to continue to circulate their ideas.

The Board offers sincere thanks to the Instructor Alliance Committee members, and Co-Chairs, Maggi and Lynne. They all are examples of heart-centered living manifested through loving service. The members of the Instructor Alliance Committee:

Maggi Hutchinson, Co-Chair
Lynne Jeffrey, Co-Chair
Michela Donohue
Julie Jones
Deborah Larrimore
Barbara McConnell
Mary O'Neill
Terry Sparks
Rosalie Van Aken
In gratitude,
Terry Sparks, for the HTI Board of Directors

IN SERVICE with the US VETERANS

Stepping out into the Unknown – Creating a Project

By Patricia Martinez, RN, HTI-PA, Coordinator

I began my journey by discussing with my practice group that I was working on a community project. I asked them to save the date and that I would give further details when I got it all worked out. It was a Level 4-5 community project and I had no idea where to begin or how to proceed.

I was not sure just how to present an HT community project and decided that I had to take the first step. I made a phone call, introduced myself, and asked if I could bring Tucson Healing Touch to the **Tucson, AZ Community Wide Welcome Home OEF/OIF Warriors**, sponsored by the Community of Tucson and Southern Arizona Veterans Administration Health Care System (SAVAHCS) event and provide mini HT sessions. All the while I was praying and yet, I prepared myself to be turned down. What joy to hear “yes you can have a booth”. The event was scheduled for October 17, 2009.

The Project

Healing Touch was provided in chairs by a group of volunteers to Veterans from all the eras and their families, active duty members and their families, and SAVAHCS staff members and their families, including kids. HT was the last booth to close. When we finished, literally all the other booths were empty and taken down; the field was empty.

In the parking lot we were stopped by various vendors who had seen us working or who had heard about our treatments but did not have the opportunity to leave their booths to come. The Healing Touch word was spreading.

I counted that we provided 44 treatments and I think I missed a couple when we were all busy. Seven HT'ers volunteered: HTI-PAs Caroline Stroud, Mimi Zoll, & Liz Durham and HTI-P Brenda Bollard came for the full event. HTI-PAs Jan Olson & Wendy Kreider and HTI Student Pat Nye assisted during the afternoon for a couple of hours. We had quite a few people drop by who expressed interest, but were not able to stay for the 15 minute chair mini-session, so they were given general info

and brochures. Everyone who had a treatment received an HTI brochure.

Family Support

My husband and brother-in-law assisted as community volunteers. They assisted with set-up, went up by the front gate and passed out brochures and gave directions to our booth as people came in to the event. They also approached various booths, passing out information and encouraging everyone to come to the HT Booth. We were grateful that they braved the food line and made sure we received lunch and brought the lunches down to us so we could keep going. We had extra food and that was well received by a couple of families waiting for an HT Treatment.



The Veterans expressed interest and I tried to talk to each of them before they left, asking what they thought of the modality and letting them know that it isn't currently offered at SAVAHCS, and that if it is something they are interested in to talk to their primary providers or to call me for more information. I believe it is the Veteran's interest that will bring HT in to our facility, and that spark is now lit. The staff members also were very interested and expressed that this would be beneficial for our VA Clients. We had about 3 that said they want to take the classes.

Blessings Continue

I am blessed to be accompanied by my loving family and friends who are willing to share the fun and energy.

They are the reason I am now onto the next event, and next, and next...

continued on next page



In Service cont...

All it takes is a little introduction “Hi my name is Patricia Martinez, I am a Healing Touch International Practitioner Apprentice (HTI- PA), my HTI practice group and Tucson Healing Touch can provide education and Healing Touch for you, your family, friends, clients....” and the Universe smiled and sent me an invitation to provide Healing Touch mini sessions and education during the Third Annual Southern Arizona Gathering of American Indian Veterans Event in Tucson, AZ. I believe that I, my level 4 practice group and Tucson Healing Touch are blessed to have been invited to participate in this sacred event.



Healing Touch was well received all around by the Veterans, their families, and event staff from the Pasqua Yaqui Nation and Southern Arizona VA Health Care System (SAVAHCS). Many of the participants expressed a comfort and understanding of Healing Touch. Although they had not previously experienced HT, they were very open to the energy, information, and referrals/suggestions for healing and health.

Invited in as Part of the Sacred Community

The event was held at **AVA Amphitheatre at Casino del Sol in Tucson** on Nov. 7, 2009. This community event is sponsored by SAVAHCS and the Coalition of American Indian Veterans of Southern Arizona. This cultural event focuses on **bringing American Indian Veterans together for education, information, sharing, networking, and becoming familiar with their VA Veteran Benefits**. The Coalition and SAVAHCS Native American RN Case Manager personally reviewed and invited all the health fair providers who participated in this unique and sacred gathering. Health fair providers were also invited and encouraged to participate in all aspects of the event throughout the day: A presentation by former U.S. Surgeon General, Richard Carmona, MD, MPH, FACS, Miss Native American University of Arizona, Yaqui Tribal Chairman, Peter Yucupicio, Yaqui Blessing, Gourd Dancers, lunch (included traditional menu), coin presentation, etc. Health fair participants included staff members from SAVAHCS and Indian Health Services. **HT was the only outside participant participating in the the entire event.** An acupuncture group came for about an hour. The Blessings, singing, drumming, and burning sage provided a

sacred energy throughout the entire arena. We all feel very honored to have been invited to participate in this sacred event. This event provided us the opportunity to share this wonderful gift called HT and also receive a wonderful gift of love from those we shared with.

Volunteering Together

Our group consisted of four local Level 4 HTI-PA's and one Level 3 HTI Student from Tuba City, AZ who volunteered their time and energy to provide approximately 40 Healing Touch treatments. We were one of the first booths to open and the last booth to close and the last health fair participants to leave. We did not turn away any one, and we

stopped packing up to take late comers. Throughout the event my husband passed out the HT brochures and guided participants where to sign in and/or wait for their treatment. In general there were 4 providers at all times, and we were all busy providing treatments at the same time. I am blessed and grateful for my family support and the support of the HT community. I am very grateful for my Level 4 practice group and their support - especially Caroline, Jan, and Mimi for coming and sharing energy with the community and their support and encouragement for me to look for opportunities for all HTI'ers to spread the HTI word and mission. I am grateful for my HTI friends who attended this event in spirit especially Anagrace Misenhimer CHTP and Brenda Bollard HTI-PA. I am thankful for the inspiration I receive from HTI leaders especially our President, Sue Kagel.

Additional Support -Keep the Mission Going

I may be the event coordinator, but that is only because I have such wonderful support from family and friends who provide me encouragement and their energy to make the events successful by sharing themselves with me, this mission, HTI, and the community. Special thanks to my participants: HTI-PAs from Tucson, Caroline Stroud, Jan Olson, Mimi Zoll, Wendy Krieder and Level 3 student Pat Nicolota, Tuba City, AZ.

I can't believe upon finishing the event my group members and husband expressed, "What's next, keep the mission going for finding events and spreading HTI; you can count on me." Such a blessing. In peace and gratitude,
Patricia Martinez, RN, HTI-PA

Clinical Application

Working with Individuals Post Prostate Surgery

By Sue Kagel, RN, BSN, HNC, CHTP/I

The purpose of this column is to bring forth new uses of our Healing Touch work or combinations of techniques that seem to be working successfully for specific issues, so that other practitioners can field test the suggestions. If we find that a protocol works well, this may lead to a pilot study for a research project. Please consider submitting your findings for specific issues, so that we can all try them and see if they are consistent.

Removal of Prostate Robotically

I recently had the pleasure of working with two clients who had undergone nerve sparing robotic surgery for prostatectomy (removal of prostate gland) due to cancer. While this is a very small sample, I did find some significant results in just a few sessions and felt called to share this information. Unfortunately, in my work setting I don't have the ability to follow up long term as the "guests" are in our setting for a finite period of time, usually a week. My sense is that if I had been able to see them longer term, the results would have continued in an even more significant manner. I leave those opportunities to you.

Significant Issues Related to Prostate Surgery

In prostate surgeries, whether standard, for hypertrophy (enlargement) or nerve sparing removal, complications arise. These may include: urinary incontinence, erectile dysfunction (ED), and self esteem issues. Procedures vary depending on the instruments used for the surgery. It is important to understand the surgical procedure as there are 5 puncture wounds from the robotic instrument stabilizers inserted into the abdomen in addition to the incision into the abdomen for the actual removal. These vary in location. There are also major tracks inside the abdomen from the instruments traveling around which disrupt the abdomen and the energy field. Clients are often treated with a stimulation type drug like Cialis or long acting versions in a low dose in order to stimulate blood flow to the surgical area and assist in healing and restoring function. Both clients were taking related medications; Client A was daily and Client B was a long acting version.

Anatomy

I followed our usual protocol with an intake that I kept very clinical, technical and sensitive in discussion, allowing the clients to take the lead. I asked appropriate questions about function, and about the emotional aspect as well, how they were coping with the diagnosis, healing

process and resulting life changes. The pre-treatment energetic assessment in both revealed a considerable amount of congestion, stagnation and thickness in the pelvic region. It is important to recognize the anatomical location of the prostate- about 1 finger length from the pelvic floor and located behind the pubic bone. The prostate, the size of a walnut if it is not enlarged, is distal or below the bladder neck so when it is removed, the opening sphincter to the bladder is traumatized from the surgery and also from the indwelling catheter which can press on the nerves, creating a loss of control of urine. The nerves that are related to erection are attached to the prostate on either side and need to be peeled away from it in the nerve sparing procedure. They are traumatized in the process, even though "spared". Sometimes the nerve on one side is also removed.

Client A was 3 weeks post surgery and had issues with urinary incontinence and ED. Client B was 2 years post operative, had minimal issue with incontinence in the beginning and resolved. He had a more invasive procedure and continued with ED.

Mutual Goals - Client A – relieve incontinence, decrease ED. Client B decrease ED.

Interventions

- 1) **Wound Seal** all entry wounds and incisions to prevent further energy leakage while doing full body work.
- 2) **Chakra Connection** (Level 1-2 students) **or Chelation** - preferable. (Level 3 and above students) These are Interventions to either open and balance, or deeply clear the area and charge the field.
- 3) **Hand above and below the 2nd chakras** to clear the area and increase energy flow. These chakras are related to the reproductive organs.
- 4) Discuss with the client that you would like to slide a **hand under the very low back so that you are opposite the pubic bone, and place the other hand above the pubic bone-** but not touching the body on the front, to increase the energy flow in the pelvic region. Make sure that you are several inches

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Clinical Application cont...

above the body to avoid touching and let the client know it may feel like touch from the energy, but is not. Invite them to look at your hand position for comfort and trust. This technique is to further energize the area.

5) **Ultrasound to the pelvic region**, especially area above and around the pubic bone and down toward the pelvic floor, being careful of privacy areas and keeping several inches distance.

6) **Hands in Motion** to clear the congestion from Ultrasound.

7) **4 finger laser moving** from the hip bones (Iliac crest) sweeping slowly down toward and over the pubic bone without touching. Create a V shape through the abdomen and through the area of the bladder and prostate.

Moving laser is helpful to break up congestion and assist in nerve healing. Because the nerves are no longer attached, their location is uncertain. This will insure that the area is addressed for the nerves as well as the bladder neck and bladder corresponding nerves.

8) **Double Hand Boost** (Level 1-2 students) or **Cone – (preferred)** (hands cupped inward to direct the energy to a specific point) (Level 3 and above) directed over the pubic bone area, and above it in the low abdomen. Also include the root chakra aiming from the knee area to keep privacy distance.

You will need to move and reposition your hands to about 3 places to cover the area. I find that if I am sitting at the side of the table, and I rest my forearms on the right hip bone (iliac crest) or thigh, I can keep my hands steady in the off the body position and not fatigue, so I can stay in the position longer. It also seems to have less of an invasive feeling for the client coming in from the lateral (side) aspect and helps them identify where my hands are located.

Outcome

The client A, whose issue was incontinence, was seen 3 times over 2 weeks. Prior to the first session, he was using a form of incontinence padding that was saturating. After the first session, the incontinence was down to a very low level. After the 2nd session, he was able to function without padding and seemed to be having some

return of erectile function in sleep - which is the first to come back. His energy had also significantly picked up and he was walking every morning.

The Client B was 2 years post surgery. He was treated 3 times in one week, two days in a row and then again a few days later. After the first session as above, his sexual function, which had been mostly dormant, increased and while not sustainable for long, was a significant change. This was with the medication taken that morning. After his second session the next day, functioning level continued, even though he was not due for the medication until the next day. After the final sessions, I don't have follow up as they returned home.

Homework

In Client A, the case of incontinence and ED, we focused homework on continuing the Kegel exercises (note spelling) that had been prescribed by their medical practitioner prior to position changing from lying to sitting or sitting to standing, as that was when he noticed the most leakage. He was to Kegel (which is a squeezing of the pelvic floor as if to hold back urine, and continue to tighten the muscles up into the belly) several times, and then hold that position while arising from sitting or standing. He had been doing the exercises since surgery, but not specifically when changing position. This helped immensely. He was free of any incontinence or padding from that point forward.

For those clients who have not had Kegel exercises prescribed, it is important that they check with their medical practitioner before beginning this or any other additional physical activity.

Both clients were taught Healing Touch techniques of Ultrasound, and double hand boost with the hands cupped inward to form a cone. This was to be done to the pelvic region where I had lasered and done the cone as well. I taught with demonstration and return demonstration. I also taught the spouse of one of the clients so that she could continue to be supportive and assistive at home without feeling awkward.

I share this with the intention that it is a useful protocol for others assisting clients post prostate surgery. If you find this useful and we find that many are experiencing similar results, or with modifications, experiencing even more significant results, please write it up for clinical application so that we can take this information to the next level. Feel free to email me for any discussion of technique as well. sue.kagel@gmail.com

Education Insights

Blossoming, Blooming, and Expanding

By Barb Schommer RN, MA, CHTP/I



Spring is just around the corner, that is, in the Midwestern part of the United States at least! Snow still covers the ground and the bulb plants are not quite brave enough to push through that snow just yet. In other parts of the world, a different weather picture is at work – rainy season in Asia, Fall beginning in Australia and New Zealand, . Yet we are all united in spreading healing light and love around the

world. And we sense and feel the support of each other as we expand Healing Touch through teaching, practicing, and being connected with each other. That connection is a heart-centered, unconditionally loving connection that helps us stay in high vibration. High vibration – that sounds like energy!! Janet said “Everything I do is energetic”. I often wonder as I go about my daily life, if I am living energetically. I especially wonder when I do “head” work like write columns, work on workbooks, and collaborate on instructor training guidelines; all necessary things to move our organization and Healing Touch forward. But what is energetic about head stuff???

I went to the creative energy center, the sacral center, and asked! What I discovered is that this is a creative time within our organization. In the past few years, doors have been opened that allowed for creative expansion in several areas.

One area of creative expansion is in the instructor training classes. With many Certified Healing Touch Practitioners listening to their inner wisdom and deciding they wanted to become Certified Healing Touch Instructors, an HTI Board appointed Instructor Training and Advancement committee convened in Denver and mapped out Instructor Training criteria, objectives, course content and evaluation tools for Levels 1 – 5 that focused upon a supervisory model of training and follow up. Over the next 18 months, pilot training classes were held and evaluated using this model. This created energy in motion as support for new instructors and instructors who are ready to move into teaching another Level of Healing Touch. It allows Practitioners and instructors to flow and expand in their energetic skills, knowledge, and support of Healing Touch International. All the “head” work that went into the instructor training class guidelines,

objectives, course content, etc reflects a flow of energy and an expansion of energy. While it did not “feel” very energetic at times, the work got done, thanks to the heart centered loving efforts combined with collective wisdom and humor by the Instructor Training and Advancement Committee. Deep and loving gratitude to those people who served on this committee: Alexandra Jonsson, Diane Wardell, Judy Turner, Myra Tovey, Laura Hart, Maggie Freel, and Lisa Anselme. The incredible work of this committee was forwarded to the Education Committee for final edits and approval. It is now with the HTI Board of Directors for final action. Instructor Training Classes are scheduled for Levels 1 – 5, and are noted elsewhere in this edition of *Perspectives in Healing*.

The next bit of flowing, flowering, blossoming, and expanding energy comes in the form of enhanced education materials being worked on by the Education Committee. This has been a collaborative process, with everyone on the committee involved in building consensus around content of both the E text and workbooks while adhering energetically to the Healing Touch Certificate Program objectives as developed by Janet, AHNA, and then transferred to HTI, Inc. Head work – Yes!!! But done lovingly and energetically by your Education Committee members: Mary Jane Aswegan, Anne Day, Mari Kelley, Laura Hart, Diane Wardell, Deborah Larrimore, Mary Szczepanski, Myra Tovey, Mary Frost, Judy Turner, and Barb Schommer. Both the E text and the workbooks will support the education process of HTI Inc., Healing Touch Certificate Program classes, and will be available by mid year 2010.

Education Committee would like to remind all instructors that according to the Instructor Guidelines for Healing Touch Inc., # 10, “The primary resource for HTI Healing Touch Certificate Program Levels 1 – 5 is Hover-Kramer, D., Healing Touch: A Guidebook for Practitioners, 2nd edition, Delmar, Albany, NY, 2002.” Please see the Instructor section on the Website to review Instructor Guidelines in their entirety www.healingtouchinternational.org

In closing, let your hearts be filled with loving light. Let your light shine. Let everything you do be energetic, in unconditional love, from your heart. With all gratitude for each one of you and the light you are spreading over the whole earth.

Healing Touch Class Schedule 2010 - 2011

These classes are recognized by the HTI Healing Touch Certificate Program
which is endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing.

Level 1 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Mar 19-20	Sioux Falls, SD	Julie Jones	Julie Dixen	605-322-3575	julie.dixen@avera.org
Mar 19-20	Hutchinson, MN	Dana Spates	Carol DeVries	320-234-8534	carol.devries@ridgewater.edu
Mar 19-20	Minneapolis, MN	Tim McConville	Tim McConville	612-722-1051	ptmcc@msn.com
Mar 20-21	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Mar 20-21	San Diego, CA	Mary Jane Aswegan	Donna Cahill	619-686-3774	cahill.donna@scrippshealth.org
Mar 20-21	Baton Rouge, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Mar 26-27	Raleigh, NC	Deborah Larrimore	Deborah Larrimore	336-777-0680	dlbyriver@aol.com
Mar 26-28	Springfield, MO	Mary O'Neill	Shirley Murphy	417-882-1297	sjmurphy@mercystl.org
Mar 27-28	Colorado Springs, CO	Myra Tovey	Liz Berardi	719-776-7393	ElizabethBerardi@centura.org
Mar 27-28	Ann Arbor, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Mar 27-28	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Mar 27-28	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Apr 9-11	Hannibal, MO	Pam Kelch	Kathy Kapfer	573-629-2243	bds.health@mywdo.com
Apr 9-11	Rutherfordton, NC	Judy Lynne Ray	Laura Allen	828-288-3727	therassage@bellsouth.net
Apr 10-11	Newburgh, NY	David Rabinowitsch	David Rabinowitsch	914-443-5997	healingtouchcatskills@hotmail.com
Apr 10-11	Soldotna, AK	Mary Szczepanski	Bonnie Nichols	907-714-4500	bnichols@cpgh.org
Apr 10-11	Houston, TX	Diane Wardell	Margaret Harle	713-419-8207	margaretharle@yahoo.com
Apr 10-11	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Apr 17-18	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	tntpascucci@hotmail.com
Apr 17-18	Minneapolis, MN	Vicki Marish	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Apr 23-24	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Apr 30-May1	Maplewood, MN	Carol Schoenecker	Mary Beth Miller	651-230-3854	mbm63@mac.com
Apr 30-May2	Phoenix, AZ	Lynne Jeffrey	Stephanie Clark	602-321-9775	stephanie.j.clark@bannerhealth.com
Apr 30-May2	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
May 1-2	Page, AZ	Sue Kagel	Julie Paulson	928-640-1114	Julie.Paulson@bannerhealth.com
May 1-2	Pontiac, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
May 1-2	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
May 6-8	Bismarck, ND	Mary Ann Carlson	Sharon Spaedy	701-400-5026	sespaedy@aol.com
May 14-16	Ft. Lauderdale, FL	Nancy Wingerter	Marcia Gill	954-973-1928	MarciaG@bellsouth.net
May 21-22	La Crosse, WI	Jackie Mielke	Melanie Bush	608-789-6021	bushm@westerntc.edu
May 21-22	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
May 22-23	New Orleans, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
May 22-23	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	info@HealingTouchNJ.com
May 28-30	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Jun 4-6	Daytona Beach, FL	Sharon Stahelek	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Jun 5-6	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Jun 12-13	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Jun 12-13	Oxford, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Jun 12-13	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Jun 12-13	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Jun 12-13	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Jun 12-13	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Jun 15-16	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jun 15-Jul 1	Middletown, NY	David Rabinowitsch	Orange County CC	914-443-5997	www.sunyorange.edu
Jun 16-17	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	htpclasses@bellsouth.net
Jun 18-19	Sillwater, MN	Barb Schommer	Sue Lund	651-430-4510	slund@lakeview.org
Jun 25-27	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net
Jun 26-27	Egg Harbor Township, NJ	Maggi Hutchinson	Judy Cole	609-705-4574	joshuauid35@comcast.net
Jul 10-11	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	tntpascucci@hotmail.com
Jul 10-11	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Jul 10-11	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Jul 30-Aug 1	Orlando, FL	Patricia Huster	Judy Lee	407-240-8778	Jlee20@cfl.rr.com

Healing Touch Class Schedule 2010 - 2011

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Level 1 - 2010 cont...

Jul 31-Aug 1	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Aug 7-8	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Aug 7-8	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Aug 21-22	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Aug 22-24	Phoenix, AZ	Lynne Jeffrey	Stephanie Clark	602-321-9775	stephanie.j.clark@bannerhealth.com
Aug 27-29	Virginia Beach, VA	Judy Lynne Ray	Karen Meade	757-428-3588	Karen.Meade@edgarcayce.org
Aug 28-29	Ann Arbor, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Sep 11-12	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Sep 17-18	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Sep 17-19	Ft. Lauderdale, FL	Trish Huster	Marcia Gill	954-973-1928	MarciaG@bellsouth.net
Sep 18-19	Baton Rouge, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Sep 18-19	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Sep 24-25	Yankton, SD	Jan Halbach	Marci Pederson	605-668-8475	mapederson@avera.org
Sep 25-26	Morristown, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	info@HealingTouchNJ.com
Sep 25-26	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Sep 25-26	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Sep 25-26	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Sep 25-26	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Sep 25-26	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Oct 1-3	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Oct 1-3	Daytona Beach, FL	Trish Huster	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Oct 2-3	Pontiac, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 2-3	Minneapolis, MN	Sue Peck	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 8-10	St. Joseph, MN	Barb Schommer	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 9-10	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Dec 4-5	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Dec 4-5	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu

Level 1 - 2011

Date	Location	Instructor(s)	Contact	Phone	e-mail
Jan 29-30	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com

Level 2 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Mar 19-20	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Mar 19-20	Coon Rapids, MN	Jackie Mielke	Sheila Judd	763-433-1402	sheila.judd@anokaramsey.edu
Mar 20-21	Omaha, NE	Mary O'Neill	Vicki Baines	402-350-8402	jvbaines@cox.net
Mar 27-28	Pontiac, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Mar 27-28	Lakewood, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions@rrcc.edu
Mar 27-28	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Apr 9-10	Minneapolis, MN	Carol Schoenecker	Katie Ajer	612-312-3413	kajer@bethlehem-church.org
Apr 10-11	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Apr 16-17	Waterford, MI	Janet Tait	Oakland CC	248-232-4182	www.oaklandcc.edu/ce
Apr 17-18	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Apr 24-25	Stanford, CA	Elizabeth Helms	Elizabeth Helms	209-795-2559	Elizabeth@SierraHealingTouch.com
Apr 24-25	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Apr 24-25	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com
Apr 30-May2	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Apr 30-May2	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
May 1-2	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
May 1-2	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
May 6-8	Bismarck, ND	Judy Turner	Sharon Spaedy	701-400-5026	sespaedy@aol.com

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Level 2 - 2010 cont...

May 7-8	Cary, NC	Deborah Larrimore	Jane Templeton	919-604-2327	jane.templeton@gmail.com
May 8-9	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
May 15-16	Iowa City, IA	Maggie Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
May 15-16	Sussex, WI	Vicki Marish	Vicki Marish	608-822-6049	dmarish@tds.net
May 15-16	Houston, TX	Diane Wardell	Margaret Harle	713-419-8207	margaretharle@yahoo.com
May 15-16	Baton Rouge, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
May 22-23	Soldotna, AK	Mary Szczepanski	Bonnie Nichols	907-714-4500	bnichols@cpgh.org
May 22-23	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	htpclasses@bellsouth.net
Jun 4-6	Daytona Beach, FL	Nancy Wingerter	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Jun 5-6	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Jun 11-13	Ft. Lauderdale, FL	Nancy Wingerter	Marcia Gill	954-973-1928	Marciag@bellsouth.net
Jun 12-13	Ann Arbor, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Jun 15-Jul 1	Middletown, NY	David Rabinowitsch	Orange County CC	914-443-5997	www.sunyorange.edu
Jun 18-19	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jun 25-26	Yankton, SD	Jan Halbach	Marci Pederson	605-668-8475	mapederson@avera.org
Jun 25-26	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Jun 26-27	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Jul 9-10	Aberdeen, SD	Barb Schommer	Janene Papendick	605-225-4613	jkpapendick@abe.midco.net
Jul 10-11	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Jul 17-18	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Jul 30-31	Maplewood, MN	Barb Schommer	Mary Beth Miller	651-230-3854	mbm63@mac.com
Jul 31-Aug 1	San Diego, CA	Lisa Thompson & Anne Day	Lisa Thompson	858-481-3768	lthompson@rchsd.org
Aug 14-15	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Aug 14-15	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Aug 21-22	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Sep 17-18	La Crosse, WI	Jackie Mielke	Melanie Bush	608-789-6021	bushm@westernnc.edu
Sep 18-19	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Sep 24-26	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Sep 25-26	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Sep 28-29	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Sep 29-30	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	htpclasses@bellsouth.net
Oct 1-3	Daytona Beach, FL	Nancy Wingerter	Joanne Vogel	386-441-0685	Jovoh@cfl.rr.com
Oct 2-3	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 8-9	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Oct 8-10	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 16-17	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Oct 22-23	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	N/A
Oct 22-25	Payson, AZ	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Oct 23-24	Jackson, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Oct 30-31	Ann Arbor, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Oct 30-31	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Nov 6-7	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Nov 6-7	Pontiac, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 6-7	Lake Park, FL	Judy Lynne Ray	Carol Figgins	561-542-1276	CarolA623@yahoo.com
Nov 6-7	Encinitas, CA	Mary Jane Aswegan	Mary Jane Aswegan	760-633-6312	aswegan.maryjane@scrippshealth.org
Nov 13-14	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	info@HealingTouchNJ.com
Nov 13-14	St. Louis, MO	Kay Cook	Kay @ Genesis	314-772-6333	kaycook@prodigy.net
Nov 13-14	Asheville, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com

Healing Touch Class Schedule 2010 - 2011

These classes are recognized by the HTI Healing Touch Certificate Program
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Level 3 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Mar 19-20	West Palm Beach, FL	Lori Wyzykowski	Lori Wyzykowski	561-818-4517	lwyzy@bellsouth.net
Mar 20-21	Omaha, NE	Sue Kagel	Vicki Baines	402-350-8402	jvbaines@cox.net
Apr 9-11	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net
Apr 10-11	Lakewood, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions@rrcc.edu
Apr 16-18	Kansas City, MO	Lisa Anselme	Jody Hueschen	819-838-0438	jhueschen@aol.com
Apr 17-18	Tucson, AZ	Sue Kagel	Sue Kagel	520-577-9371	sue.kagel@gmail.com
Apr 17-18	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Apr 24-25	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-453-4954	kscacciaferro@gmail.com
Apr 24-25	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
May 15-16	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org
May 15-16	Colorado Springs, CO	Judy Turner	Myra Tovey	719-622-0703	davidmyra7@msn.com
Jun 3-4	Belmont, CA	Sue Kagel	Elizabeth Helms	209-795-2559	Elizabeth@SierraHealingTouch.com
Jun 12-13	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jul 9-11	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Aug 7-8	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Aug 20-22	Ft. Lauderdale, FL	Nancy Wingerter	Marcia Gill	954-973-1928	Marcia@bellsouth.net
Aug 28-29	San Diego, CA	Anne Day	Lisa Thompson	858-481-3768	lthompson@rchsd.org
Sep 24-26	St. Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackiemielke@qwestoffice.net
Oct 1-2	Woodbury, MN	Barb Schommer	Mary Beth Miller	651-230-3854	mbm63@mac.com
Oct 1-2	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Oct 2-3	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 9-10	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	info@HealingTouchNJ.com
Oct 9-10	Baton Rouge, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Oct 15-16	Yankton, SD	Jan Halbach & Barb Schommer	Marci Pederson	605-668-8475	mapederson@avera.org
Nov 6-7	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Nov 12-14	Orlando, FL	Nancy Wingerter	Judy Lee	407-240-8778	Jlee20@cfl.rr.com
Nov 13-14	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Nov 20-21	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Nov 20-21	La Jolla, CA	Rauni Prittinen King	Liz Fraser	1-800-SCRIPPS	fraser.elizabeth@scrippshealth.org

Level 4 - 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Mar 18-21	Sarasota, FL	Nancy Wingerter	Nancy Wingerter	941-360-0517	nwingerter@aol.com
Apr 9-11	Page, AZ	Sue Kagel	Julie Lindholm	928-707-0798	lindholmsi@yahoo.com
Apr 15-18	West Palm Beach, FL	Alexandra Jonsson	Lori Wyzykowski	561-818-4517	Lwyzy@bellsouth.net
Apr 15-18	Jackson, MI	Deborah Larrimore	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Apr 15-18	Stillwater, MN	Judy Turner	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 21-25	Payson, AZ	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Apr 22-25	Kansas City, MO	Mary O'Neill	Jody Hueschen	816-838-0438	jhueschen@aol.com
Apr 29-May2	Omaha, NE	Lisa Anselme	Iva Mueller	402-392-0664	bobniva@aol.com
Jul 15-18	Denville, NJ	Deborah Larrimore	Healing Touch NJ	973-214-2582	maggi@HealingTouchNJ.com
Jul 16-19	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Jul 23-26	Stoneville, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Jul 29-Aug 1	Stoneville, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Aug 5-8	St. Louis, MO	Mary O'Neill	HT St. Louis	314-822-4410	N/A
Aug 20-22	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Sep 24-26	Oceanside, CA	Rauni Prittinen King	Cathyrose Johnson	N/A	cathy13roseHT@roadrunner.com
Oct 7-10	Payson, AZ	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net

Healing Touch Class Schedule 2010 - 2011

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Level 5 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Mar 18-21	Sarasota, FL	Judy Turner	Nancy Wingerter	941-360-0517	nwingerter@aol.com
Mar 19-21	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Aug 5-8	St. Louis, MO	Diane Wardell	Diane Wardell	713-500-2056	diane.wardell@uth.tmc.edu
Apr 15-18	Jackson, MI	Diane Wardell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Apr 15-18	Stillwater, MN	Anne Day	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 22-25	Kansas City, KS	Judy Turner	Jody Hueschen	816-838-0438	jhueschen@aol.com
Apr 29-May2	Omaha, NE	Maggie Freel	Iva Mueller	402-392-0664	bobniva@aol.com
Jul 15-19	Payson, AZ	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Jun 17-20	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Jul 22-25	Winston-Salem, NC	Deborah Larrimore	Tina Payne	336-716-9484	tmpayne@wfubmc.edu
Aug 5-8	St. Louis, MO	TBA	Mark Blum	314-471-3229	MJDBlum@sbcglobal.net
Aug 20-22	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net
Sep 24-26	Oceanside, CA	Anne Day	Cathyrose Johnson	N/A	cathy13roseHT@roadrunner.com
Sep 25-26	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-886-1960	kathynoyes@snet.net

International Classes

Level 1 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
March TBA	Sweden	David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se
Mar 20-21	Vancouver, BC Canada	Catherine Awai	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Apr 10-11	Fredericton, NB Canada	Jeanne Balcom	Kelsie-Ann Balcom	506-382-4832	hummingforhealth@hotmail.com
Apr 24-25	Tokyo, Japan	Sarah Porter	Maki Shimamura & Miki Toda		info@ht-tokyo.jp
Apr 28-29	Nagoya, Japan	Sarah Porter	Maki Shimamura & Miki Toda		info@ht-tokyo.jp
Apr30-May1	Stockholm, Sweden	David Rabinowitsch	HT Sweden	N/A	info@healingtouch.se
May 1-2	Comox, BC Canada	Beverley Worbets	Beverley Worbets	250-339-7452	bevworkbets@shaw.ca
May 15-16	Prince George, BC Canada	Marilyn Blair	Lisa Hickey	250-964-1936	lisahickey@shaw.ca
May 15-16	Rotterdam, Netherlands	Wietzke van Oene	HT Netherlands	N/A	cursus@healingtouch.nl
May 29-30	Kitimat, BC Canada	Marilyn Blair & Kathy Clay	Lynne Wahl	250-632-8463	lynnewahl@telus.net
Jun 5-6	Odense, Denmark	David Rabinowitsch	HT Danmark	N/A	Koordinator@healingtouch.dk
Jun 5-6	Amsterdam, Netherlands	Wietzke van Oene	HT Netherlands	N/A	cursus@healingtouch.nl
Jun 12-13	Winnipeg, MB Canada	Alexandra Jonsson	Jennifer Johnson	204-663-0959	Thorey07@mts.net
Jul 26-27	Ylivieska, Finland	Rauni Prittinen King	Rauni Prittinen King	858-554-3319	king.rauni@scrippshealth.org

Level 2 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 25-26	Gothenborg, Sweden	David Rabinowitsch	HT Sweden	N/A	info@healingtouch.se
Mar 27-28	Toronto, ON Canada	Alexandra Jonsson	Suzanne Brisson	416-335-1629	Suzanne.Brisson@sympatico.ca
Mar 27-28	Dieppe, NB Canada - FRENCH	Jeanne Balcom	Kelsie-Ann Balcom	506-382-4832	hummingforhealth@hotmail.com
March TBA	Sweden	David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se
May20-Jun3	Haarlem, Netherlands	Wietzke van Oene	HT Netherlands	N/A	cursus@healingtouch.nl
Jun 12-13	Haarlem, Netherlands	Wietzke van Oene	HT Netherlands	N/A	cursus@healingtouch.nl
Jun 26-27	Comox, BC Canada	Beverley Worbets	Beverley Worbets	250-339-7452	bevworkbets@shaw.ca
Sep 25-26	Prince George, BC Canada	Marilyn Blair	Marilyn Blair	250-564-5015	Marilyn_Blair@telus.net
Oct 9-10	Tokyo, Japan	Lori Protzman	Maki Shimamura & Miki Toda		info@ht-tokyo.jp

Healing Touch Class Schedule 2010 - 2011

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International Classes Continued...

Level 3 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 2-3	Stockholm, Sweden	David Rabinowitsch	HT Sweden	N/A	info@healingtouch.se
May 8-9	Prince George, BC Canada	Catherine Awai	Judy Thomas	250-614-9273	jthomas13@shaw.ca
May 24-25	Eskilstuna, Sweden	David Rabinowitsch	HT Sweden	N/A	info@healingtouch.se
Jun 19-20	Haarlem, Netherlands	Savitri Kumaran	HT Netherlands	N/A	cursus@healingtouch.nl

Level 4 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 27-30	Sweden	Judy Turner & David Rabinowitsch	HT Sweden	N/A	www.healingtouch.se
Sep30-Oct 3	Alma, NB Canada	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net

Level 5 – 2010

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 20-23	Eskilstuna, Sweden	Judy Turner & David Rabinowitsch	HT Sweden		info@healingtouch.se
Nov 18-21	Dieppe, NB Canada	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net

VISION

Spread Healing, Light and Love, restoring wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch