



HTI's

Perspectives in Healing

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

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Gateways of Light



"Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens." ~ Carl Jung

HEALING TOUCH INTERNATIONAL, INC.
445 UNION BLVD., SUITE 105
LAKEWOOD, CO 80228
303-989-7982 FAX: 303-980-8683
OFFICE HOURS (MOUNTAIN TIME)
8:30 AM - 4:30 PM MON. - FRI.
WWW.HEALINGTOUCHINTERNATIONAL.ORG

STAFF

Executive Director / Integrative Healthcare / Editor
Lisa Anselme
Director@HealingTouchInternational.org
Volunteer Co-Editor, Perspectives in Healing
Terry Sparks / Sue Kagel
Office Administration / Certification / Graphics
Kassi Anderson
Certification@HealingTouchInternational.org
Office Administration / Membership
Cathy Nunemaker
Membership@HealingTouchInternational.org
Office Administration / Education
Carrie Niewenhous
Education@HealingTouchInternational.org
Research Director
Mary Megel
mmegel@unmc.edu

BOARD OF DIRECTORS

| | |
|----------------|--|
| President | Mary O'Neill oneillmary@yahoo.com |
| Vice President | Evie Caprel evie@livewellhealing.com |
| Secretary | Laura Hart lahart38@msn.com |
| Treasurer | David Wolffs dnwolffs@aol.com |
| Director | Denise DeForest Pastoor dpastoor@holisticmuse.com |
| Director | Rauni Prittinen King rking487@aol.com |
| Director | Terry Sparks terryannsparks@sbcglobal.net |
| Director | Judy Turner turnerjudy3@yahoo.com |

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www.HealingTouchInternational.org

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HEALING TOUCH INTERNATIONAL, INC.

*Spreading Healing, Light and Love,
Creating Wholeness on Earth
through heart-centered service, education
and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program by Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingTouchInternational.org. Click on Education for class information.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established in AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart Centered
- Respect
- Service
- Working Together in Community
- Solid Established Curriculum
- Spirit Level-Letting Go of Ego
- Unconditional Love
- Outcome of the Work is the Spiritual Journey

HTI Perspectives in Healing, the official publication, is published quarterly.

cover photo by Caitlin Anselme Miller



Letter from the Editor

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, Executive Director

Gateways of Light... Openings... Entrances and Exits

"Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens." ~ Carl Jung

St. Louis Gateways: Shortly after arriving in St. Louis on September 6, we made a stop en route to the hotel at the Missouri Botanical Gardens. Our plan was to visit the renowned Japanese Garden and participate in the Japanese festival. Immediately upon entering the Botanical Garden, there was a gateway sculpture by the artist Dale Chihuly, leading into an interior garden. It is an arching extravaganza of bright yellow and orange glass; the sun illuminates the sculpture and it becomes transformative fire. This gateway became the first of many as we immersed ourselves in the garden with its Monet-like bridges, culminating in the Chihuly glass float sculptures upon the Lily pond, the overarching botanical biodome in the background.

These gateways were many things: fluid and organic, opaque and transparent, isolate and interspersed with the landscape. Each one was an invitation to go within and heal; each one an inspiration to step through and transform. The cares and hard labor of the past number of months leading up to our event began to lift from our beings, changing us into something new.

As we entered the Grand Hall of the Marriott Union Station we were surrounded by countless over-lighting arches wherever we looked. Each end of the Grand Hall was a spectacular archway of 7 sculptures of Grecian women, arms held high, torch lights in each hand. Across the balcony, were two more women sculptures standing upon the balcony, each bearing two lanterns. They were holding the light and **inviting us inward**, to heal and become whole; and **drawing us outward**, to expand in our consciousness and **dreams** as a community, to transform in the light. The arched stained glass windows on the sides and ceiling captured the light of the sun throughout the day, illuminating the interior with subtle colors of the light spectrum. Throughout the train station itself, these archway patterns repeated over and over, while the light streamed into our event.

The invitation to heal and be transformed through light was carried forward by our gracious and outstanding keynote presenters. As we premiered Brian Luke Seaward's *Earth Songs* and viewed the beauty and heard the song of the Earth, we began to drop into presence and come into **heart** coherence with the pulse of the Earth and its creatures. We became light holders for the Earth and ourselves.



On opening night, Anodea Judith called us into presence with each other, **awakening** our precious hearts and recognizing ourselves as "*imaginal cells*", becoming and transforming like the caterpillar into the butterfly, into our shared collection of our higher selves. Brian Luke Seaward engaged us with his "light" heart and contagious humor, inviting us to expand beyond ourselves and transform through changing our perspectives and viewpoint. Dr. Marilyn Mandala Schlitz, president of IONS, then touched upon a global view from a perspective that was first described when Edgar Mitchell, founder of IONS, gazed back at the Earth while walking on the moon in February, 1971.

An Earlier Gateway in 1971: That same year that Edgar walked on the moon, I had just turned 16 and received my driver's license. I was driving home from school, the first day I was allowed to borrow the family car, and encountered an intersection of black ice. Another car, driving much too fast, was unable to stop and went through the red light and struck the driver's side of my



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Motivations from the President

Greetings from the President

by Mary O'Neill RN, CHTP/I

*Hello Hola G'Day Aloha Hallo Konnichiwa Hej
Bon Jour Kia Ora Namaste Dia Dhuit Ciao*

On September 9th at the HTI Conference during a beautiful Passing of the Light Ceremony,

I was announced as the newly installed President of Healing Touch International and handed the Light by Sue Kagel. As I lifted the Light high for all to see, I can't begin to describe the incredible, loving wave of energy that swept over me when more than three hundred people stood, clapped and cheered! That wave was palpable and I was stunned at the welcoming response of the attendees. It is very humbling to stand in the footprints of Janet Mentgen, the Founder of Healing

Touch International, Anne Day, Diane Wind Wardell, Savitri Kumaran and Sue Kagel. Each of these remarkable women have drawn from their unique and precious gifts to reflect to the Healing Touch Community the importance of our work, the value of our coming together in a service organization to share and hold the Light of healing to our world. A truly beautiful tapestry is being created and each of you, as members and future members of HTI, adds to the richness, depth and the woven story.

I had a great opportunity to meet so many wonderful people at the HTI Conference but I'm also aware that many of you don't know me at all. I would like to share a little of my journey. Our HTI Conference was in St. Louis this year and it is my home. I have resided here all my life and it truly is the Heartland. I attended nursing school at St. Louis City Hospital, graduating in 1970. I began my career in Emergency Nursing at City Hospital. I have spent most of my nursing career working with the underserved and under-privileged. Just before graduation, my high school principal challenged my choice of attending a public hospital for nursing education. Her questioning became a barometer in my life as I learned the value of service against what society says is the norm and expected. Sometimes we have to follow our souls' path to find our true purpose in life. At seventeen, I couldn't communicate that to her but I have never regretted that educational decision. It has opened my heart to others and has helped me become a human being in service and a healing presence.

My husband, Rea and I have just celebrated our 40th wedding anniversary. We have five children and two grandchildren. Two more grandchildren are due, one in November (girl) and another in January (boy). So it will be a busy winter for our family with new grandbabies to welcome. We love having the family celebrations in our home. Our dining room table was expanded by Grandpa O'Neill about ten years ago and it now seats fourteen! This table is literally the heart of our home. It holds the energy of all our family gatherings for 39 years and more to come with a new generation unfolding.



In 1992 I had an opportunity to go to Bosnia on a medical mission and spiritual retreat. It was a life changing event for me. I was with twenty-nine other nurses and doctors. We delivered, sorted and dispersed \$2 million worth of medical supplies and pharmaceuticals to the Bosnian people through the Franciscan Community. Their hospitals had been stripped bare in the face of impending war. I experienced a beautiful, courageous people facing a war they didn't want but so believed in freedom that they moved fearlessly toward liberation through their vote for independence. The war began that night before we could leave the country. We were delayed in our departure as the airport in Sarajevo was under fire.

We eventually had to leave our Bosnian guides in Mostar and drive in a school bus south through Serbia to escape the country in a small plane. After becoming lost in the back country, the Serbian Army boarded our bus and held us under a watchful eye and at gunpoint until we were on the plane in Titograd. We drove 20 hours on that bus for a 20 minute flight to Belgrade and eventually on to London and home to the USA.

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Greetings from the President continued...

I learned many lessons of courage, trust and faith from that journey. I also learned about the presence of our angels and guides for protection. When facing difficult circumstances today, I put it in the perspective of those courageous, unforgettable people.

My Healing Touch story began in 1996 when a young man (now my son-in-law) told me about Healing Touch. I was intrigued by the name and wondered how touch could be healing. I attended the next class six weeks later and the journey began. I remember in that Level 1 class listening to the stories and realizing that this work was the heart and soul of nursing. It was an incredible awareness that this was what I was born to do. All the steps in my life experiences and education had led me to this point in time. I was certified in 1999 and received my pin in 2000 in Hawaii. By then, I had left my job at the hospital and opened a private practice, Healing Connections. In 2002 I became a Certified Instructor. I love teaching Healing Touch and enjoy watching the students as they grow in confidence, ability, awe and wonder of the work. I now teach Levels 1 through 4.

In 2005 I was invited to come to DePaul Health Center in St. Louis. I am a member of the Palliative Care Team. I offer Healing Touch to patients, family members as needed and hospital staff that request it. We now have paid positions for three part time nurses and additional HT volunteers assist with coverage. Healing Touch is widely accepted at DePaul. We enjoy a very good relationship with nursing and the medical staff. I continue my private practice also.



In my Healing Touch St. Louis Community, I served on the Board and the final two years as President of HTSL. I came on the HTI Board of Directors in 2007. It has been a time of challenge, growth, clarity and deep resolve in our commitment to move forward in integrity as a non-profit professional organization to serve the public, our HTI members, students and those that hold the CHTP and CHTI credential. I am deeply honored to have been on the board during the past three years. I have been witness to a dynamic community of healers, bringing their gifts forward working very diligently on both the Board of Directors and committees to deepen HTI's firm foundation.

Together we have reconfirmed a clear vision, mission and the means to manifest it. Our very successful conference this year was a wonderful testimony and joyful celebration of all those efforts. In the past two years we held training for thirteen new instructors. These fresh faces, combined with our sixteen new instructors-in-training after conference are seeds for future growth.

Today, we are stronger and on a clear path of service spreading Healing Light and Love. I look forward to the next two years as the President of the HTI Board. We have a very talented and dedicated team on the Board of Directors. I truly enjoy the work we do together. Their love and commitment to Healing Touch is very evident.

Janet Mentgen chose to create HTI in 1996 because she was committed to the service aspect of a non-profit organization, along with offering a gold standard curriculum and credential that recognized all who met the criteria for certification. We have chosen to continue this excellent work following in her guidance, but we also have far to go. It only takes reading the paper, talking with a neighbor or listening to the news, to see how much healing is needed in our world today. The need for healing is always around us. Healing Touch International will continue to welcome, teach, research, educate, integrate, heal, certify, open our hearts a little wider and "just do the work"! But...we can't do it alone. We need the support, energy, creativity and enthusiasm of each of you. It is through our collaborative efforts that we move forward in our mission of Spreading Healing Light Worldwide. I look forward to meeting many more of you, hearing your stories of being called into Healing Touch and how you live this work each and every day. We have a very bright future. Let's take the next step together, hold the Light for each other and continue this incredible journey. It is an honor to serve this organization.

With peace,
Mary





Message from the Past President

Handing Over to the New Captain

by Sue Kagel RN, BSN, CHTP/I, HTI Past President

Our HTI ship is under full sail now. All the components needed to carry us forward and expand through the Gateway of Light are in place. They have been refurbished, created, or are in process of creation. Some are just coming forward and will be polished and available soon.

Conference Thanks!

Our conference was glorious. Thank you all for being part of it, either as the conference committee - Jean Whalen, Mary O'Neill, Lisa Anselme; as volunteers - thank you St. Louis; as hard working office staff - thank you Cathy, Kassi, Jodi and our helper Caitlin on the ground and Carrie in the office. Special thanks to Carol Weaver our "on site" Conference Planner/Assistant who made it possible for Lisa Anselme, Executive Director to finally smile, laugh, and dance! Thanks to all of you who attended and brought your energy, and to all of you who "tuned in" energetically from home. My sense of conference was an ease and flow of love, joy, healing and success. It was such a wonderful feeling of heart-centered connectedness with participants from around the world.

Changing Tracks

As I left conference on the metro, sitting in a seat facing backward and watching the conference center fade away, I felt a letting go and a moving away from my presidential responsibilities. I envisioned Mary O'Neill as she steps up at the helm. Mary is well prepared for this position. She is a Past President of Healing Touch St. Louis, and has been on the HTI Board of Directors for 3 years, coming on just before the transition occurred. She has assisted in seeing us through in the role of Vice President for several years. Her presidential training started 8 months ago so that we would have a smooth transition. When I handed her the "baton" to carry on in our board meeting, I told her that in a track meet, the 4th person "runs it in", but we were ahead and she could now walk.

Relay Team

In considering our HTI Presidents since Janet's passing, Diane Wardell was the first leg on the relay team, (each presidential term is two years). She used the metaphor of each year representing one ascending chakra. (In looking at HTI's life through the chakra system, our first year, 1996 would represent the root chakra, with each subsequent year through 2003,

the next chakra up. In 2004, we returned to the root chakra and started the cycle over again.) Diane worked to deepen our foundation (root), and moved us through the emotional issues (sacral).

Savitri Kumaran was the second leg, and worked with the mind (solar plexus) and heart (heart center) issues during the negotiations and the ensuing grief.

My role in the third leg was improving communication (throat) and clarity (brow), reviewing all of our systems, written communication, our committees and creating clarity where there were muddy waters and eddies in the river. I enjoy running and I had the fast run to bring in all the pieces that Janet trained me to do during the summer before her passing. They are now in place. We are ahead of the race now to get this all done - a race within ourselves - to provide the tools needed to Spread Healing Light Worldwide.

Mary takes up the fourth leg, the Crown Chakra, the divine, our Bearing Fruit in the Tree of Life. She can now walk it in to the finish line - which is really the beginning of the next level of the spiral as we come to conference in Hawaii. We slow our pace to one of balance, ease and grace as our conference exemplified energetically. In March 2011, we return to the root chakra, further deepening our foundations and connections with each other, as well as connecting together for 2011 conference on the Big Island, the "Root" island of Hawaii.

How Did We Do It?

I was asked repeatedly at conference, "I don't know how you did it." We did it with big, dedicated, hard working teams, with group genius, with thinking out of the box, with collaboration, with manifestation for the highest good, and always with divine guidance (and dark chocolate). I walk in prayer, asking for guidance and faith to get the work done as a constant chant to myself. We chant mantras when we send out communications to you to infuse them with a heart-centered, high vibration. We are never alone in our work. We generally work well together. There are times we get frustrated with each other, with the hard work, the long and intense hours, but we all know we are working for something much greater than we are, and we are living our passion and our service. There is a light at the end of the tunnel and this time it is not a train.

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We have had misunderstandings, and we worked hard to communicate, understand and clean them up. I finish now with Ho'oponopono. "I love you, I'm sorry, please forgive me, I forgive you, thank you." I say this to all of you in the event I stepped on any toes, and open my heart in gratitude.

Team Work and Resource Council

In our rotations on the board or on committees, we continue to work closely together with the outgoing officers, chairs or directors and the incoming leaders so that there is always support and guidance. Our prior leaders are retained in the HTI organization as Resource Council and HTI Ambassadors. I now take my place among our other leaders.

What Now?

What now? I am not going away. Mary said she would take the position if I remained at her right shoulder and so I will as a consultant in the role of past president. I remain on several committees: Marketing/Membership to revamp our website and increase/inspire new membership; International Council as the US representative, assisting in creating community internationally, bringing together HTI Affiliate Country representatives for collaboration and support of HTI developing affiliate countries; International Teaching Committee; Professional Development, creating new learning opportunities for our students, CHTPs and CHTIs and others interested in healing education beyond our HTI Healing Touch Certificate Program Levels 1-5. I will also continue to volunteer with the HTI Office as I have through the presidency, as another set of professional hands, including finalizing our workbooks and Instructor Training Booklets.

We are in a place of ease now, having moved out of chaos into higher consciousness, and our Executive Director is going to be working 8 hour days at the HTI office rather than 16, something that is much needed. It is time for balance, self care, ease and grace!

What is next for me? Continued joy and inspiration, big hairy audacious ideas and goals, play, play, play, working out, and being as right brained as possible to come back into balance.

And, I will **DANCE....**

See you in Hawaii! Save up, be creative, think out of the box, and create new possibilities. You CAN manifest anything for the highest good of all, just BELIEVE!

Editor's Letter continued...

car at high speed. Strangely, my seat belt unlatched and I was ejected from the right door of the car out onto the ice. The next thing that I was aware of was that I was at a tremendous height above the ground, observing the tops of two tiny cars and my very small body sliding along the ice very fast, just ahead of the two hurtling cars. The cars and I came to rest about a block from the intersection.

As I gazed down at the scene, I was aware of an overarching brilliant light that warmly enfolded me. I knew at some level, that I had a choice: to reengage at the accident scene below and be transformed in some as yet unfathomable way, or to engage with the overarching light. It seemed that I considered this for a very long time and then I made a choice to return to the scene below while asking that light to come with me. I found myself on the very cold ice and continued to feel enfolded in this warm and comforting light. I felt no discomfort and was completely alert. As the police arrived, my teenage self, knowing that I appeared to be okay, next began to fret about my car and whether or not I was going to be in trouble for it being wrecked on my first day of driving alone.

As the recurring arches of St. Louis presented themselves to me over the course of the conference, this concept of **choice** became more and more prominent. I felt in the deepest areas of my being, the choices that we were being invited to make each day and that we were making, both personally and collectively, to bring the light along with us, each gateway being an opportunity to do so. I felt a lightening of my spirit as the event unfolded, and a knowing that we were making a collective choice to continue to grow in our understanding of ourselves, each other, our planet and its beings, and the greater universe. I felt the enfolding of that collective light and departed at conference closure deeply inspired and at peace.



Inspirations

Transformation Arises

by Stephanie Ann Barrows, 2009 (Reprinted with permission)

**Transformation arises
From within a
healing –**

**There the
Real power**

**Coagulates,
Forms into
Shapes, sizes,**

**Colors, textures:
To be shaken,**

**Stirred,
Massaged
Into being,**

**Only to be
Dismantled again.**

**All it takes
Is another leap
Into the**

**Void: there the
Cavern awaits.**

**Enter there
To be reborn;
Now the calm begins.**

Editor's Note:

Stephanie Ann Barrows is an aspiring potet, musician and dancer. Her poems will appear in her first chapbook, "Planting the Seeds", a homegrown multimedia project in Lawrence, Kansas. She hopes this mix of poetry, jazz and classical instrumentation and photography will inspire others. Inquiries may be sent to barrowssa@gmail.com.

Photo by: Caitlin Anselme Miller

Associate Partnership

Healing Touch Netherlands

by Wietzke van Oene, CHTP/I
Chair Healing Touch Netherlands

As many of us are experiencing this in our own lives, the times of change are rippling over the globe like water. Healing Touch Netherlands had 3 board members step down in September, Pauline de Maar, Tineke Limbach and Nancy Strybol. They will continue spending their time and skills in the community, spreading the light of Healing Touch.

We are most grateful that 2 new board members stepped forward, Natascha van den Ban and Berlinda van Trigt (above photo). Mariëlle Nelemans is board member-to-be, and joined us at a distance while we set the Hara line for our community, and connected with the hara line of the international network. We went to the Global Platform and could envision our own goals and felt supported in spirit, to continue the work for Healing Touch Netherlands with ease and enjoyment.

How wonderful that Sue Kagel could spend time and energy to be in the Netherlands, teaching Level 3 with Wietzke van Oene, instructor-in-training. We had a great time, and Sue witnessed our renewed start in many different ways.



Wietzke, Berlinda & Natascha

We initiated the new center of our courses in Utrecht, which is in the center of our country. Even though the Netherlands is not large, it has the most dense population per square mile in the world.

Traveling by car is often not an option, and to have a new center for Healing Touch near the train station was a great opportunity for us.

Dutch Accreditation of HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program has been accredited by the Quality register of the V&V, Dutch association, the largest Dutch professional association for nurses and caregivers, (the equivalent to the ANA within the US) since 2009, for a period of 3 years.



Community Development

The Language of Energy is Universal and Worldwide

by Sue Kagel, RN, BSN, HNB-BC, CHTP/I
HTI Ambassador, Past President



The language of energy never ceases to amaze me, no matter where I am in the world. I have had the privilege of teaching in many locations within the US, Ecuador, Peru and the Netherlands. I also work with international students, including mixed groups of medical and lay people, groups of doctors and nurses who are more skeptical and scientific in their approach, and with the general public from around the world. Teaching with Andrew Weil's Arizona Center for Integrative Medicine Fellows, including international doctors and nurses, and presenting introductory lectures to Canyon Ranch's global clientele allows me to reach out worldwide and observe the responses of the participants. Whether the Healing Touch Classes were 1 hour introductions, full classes, taught in English or in other languages, the reactions are delightfully universal.

fills my heart with joy! It is all I can do to keep from laughing audibly when it occurs. Instead great mirth spreads across my face. While I don't always understand the comments being made (depending on the language spoken), the body energy and facial expressions are the same in every language.

It was so delightful for me to observe this in the Netherlands in October. Prior to leaving the US, I had just completed teaching two intro classes back to back, with a total of 50 docs and nurses. I had the pleasure of experiencing their skepticism and then their joy in discovering the energetic sensations. Next morning I hopped the plane and several days and thousands

of miles later, I observed exactly the same reactions, only in Dutch at a Level 1 class of 13 holistic nurses. The marvel is always present.

While in the Netherlands, I was honored to attend a Healing Touch Practice/Support Group and again found the universality of our work in the structure of the group meeting,

centering and practice. I was able to participate, even though our combined language skills were limited. Sign language is always the default language and in our healing work, what more is needed?

The following day I had the privilege of teaching a Level 3 class of 13 students while co-teaching with Wietzke Van Oene, CHTP/I as part of her advancement to Level 3 instructor. She

did a wonderful job of teaching a new class level while shifting between 3 languages. The languages spoken were English, Dutch and French. The two who spoke French at times translated to each other as one spoke English and the other Dutch. Even with 3 languages being spoken in the room, (one student mentioned the Tower of Babel), I was able to track the class by following the energy, even without the language skills.

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Level 1 Class



Level 2 Class



Level 3 Class

The didactic lecture portion explaining Healing Touch is generally received mentally. The fun starts with the experiential portion, introducing grounding and centering and observing the calmness and serenity that softens the faces. When the participants are feeling the energy in their own palms, the expression of curiosity begins to appear across the brow. When expanding the experiential exercises to "playing with the energy" of a partner's hands, the looks of interests and wonder spread to the eyes and mouth as smiles begin to form.

The ensuing sharing time brings the onrush of high energy chatter and amazement. The burst of enthusiasm that occurs in this exercise is universal and

Board Corner

A Busy Time

by Evie Caprel BA, CFT, CWC, CHTP, HTI Vice President



As I embark on my second year on the HTI Board, I continue to be impressed by the pure dedication, the authentic compassion and heartfelt desire of our membership, Greater Council and Boards to grow Healing Touch in the United States and around the world. The connection we have together as a cohesive non-profit organization reaches into the hearts of those we serve as well as for the higher good of all.

Thank you for being the powerful, light-filled force you are in the world.

Highlights from our 14th Annual HTI Conference in St. Louis, MO:

During the **HTI Business Meeting**, the Board reported on several topics of progress and information to the membership.

Certification Board – Applications for CHTPs have been increasing and the Certification Board is keeping HTI's highest professional standards and quality a priority. (See Certification Board Member Call next page)

Education Committee – the first draft of the HTI Healing Touch Certificate Program workbooks, designed to accompany the curriculum textbooks, were unveiled and presented to the instructors for their suggestions, additions and ideas. In our continuing commitment to “green” the office and our products, these will be available online in the future for instructors to download as needed.

Ethics Committee – the entire ethics complaint and review process has been reviewed and updated.

International Council – membership continues to grow across the world.

Research Committee – the HTI Research Survey was revised in 2010 and is available for purchase online. As always, a summary and bibliography is also online.

Marketing Committee – updating the website and growing our membership to 3,000 are both short term and long term goals of this committee.

Nominating Committee – we welcomed two new Board members as selected by our membership: Denise DeForest Pastoor, MED, APRN, BC, CHTP and Rauni Prittinin King RN, BSN, HN-BC, CHTP/I.

Goals for 2010-2011

Community Development and Support
Membership Growth increasing to 3,000 by 2011
Continuing increase in number of Class Offerings and Class Size
Continuing Instructor Training and Advancement
New Professional Development Offerings
Healing Care Integration Expansion
New Look in Website, HTI General Brochure, Marketing Tools
Instructor Tools

Thank you to Sue Kagel, outgoing Board member and past president of HTI. Your leadership ability, steadfast commitment and “out-of-the-box” thinking brought us to new heights and helped us launch into a new future of possibility and growth. We are grateful to you and look forward to your continued involvement on various committees.

See you in Hawaii!

Community Development “The Language” continued...

We enjoyed a day of rest and boat ride in the canals. The next day we were off by train and bus to Utrecht, Netherlands in the middle of the country. This was the first time that the HTI Healing Touch course was organized by the Complementary Department of the Academy of V&VN (Dutch professional association of Nurses and Caregivers, the Dutch version of AHNA), with the help of Nancy Strybol, Netherlands, nurse and HTI-Practitioner. Healing Touch Netherlands has been recognized by this organization for one and a half years. The class was taught in Dutch, (with English translation of the conversations for me) but I was able to participate, knowing the content and following the energy and expressions, hand and body movements. They are the same everywhere.



I was honored to meet the new Healing Touch Netherlands Board of Directors and be present as they set the energy in their new class space and began a visioning process. I also had the pleasure of dinner at an Autumn Celebration with the former board members who I had met the year prior.

The classes were wonderful and the looks on the faces and body language at the end of each class demonstrated that the students “got it”. You can see the energetic glows in the photos. Enjoy! I did, as we spread healing light worldwide.

A special thank you to Wietzke for inviting me to participate in the Netherlands Community and share in teaching. Our Healing Touch work is truly International and Universal.



Call for Additional Certification Board Members:

Our number of applications for practitioner and instructor certification continues to expand. There is currently a need for the HTI Board of Directors to appoint additional individuals to serve on the HTI Certification Board. This opportunity is a wonderful way to serve the International Healing Touch community. If you are called to serve as a volunteer in this capacity, please forward a letter indicating your interest in serving along with your resume or CV to the HTI Office, attention Executive Director.

The Certification Board member commits to serve as a volunteer for 3 years, with the option to renew at the end of that time. We would like to develop a list of individuals who would be willing to serve now or later as other vacancies occur.

The criteria for Certification Board members are:

- Registered Nurse with advanced degree (MSN desired)
- Certified Healing Touch Practitioner (CHTI desired)
- Prior review experience and/or background in education
- Understanding of legal and ethical ramifications of practice scope
- Volunteer position
- Fluency in English and another language (spoken and written) is an asset (Spanish, French, etc.)
- HTI Member in good standing
- Computer skills and access with the availability to participate throughout the year

Please submit your application for membership with the Certification Board by **November 15, 2010**. This should allow time for appointments to be made before January 1, 2011. Once your application is submitted, interviews will be scheduled to allow the applicant to learn more about the position, the commitment, and the orientation process. The volunteer journey with the HTI Certification Board is another memorable path that we hope will provide you with additional joy in service.



Clinical Application

Empowering Clients with Wellness Tools

by Anne L. Day BSN, MA, HNB-BC, CHTP/I

My many years of teaching Holistic Nursing and Wellness Counseling at a community college in Denver gave me many important insights for helping people expand their consciousness of Higher Level Wellness. It is interesting how many people go through life with very little awareness beyond their physical symptoms, and often only aware of those that call out in loud “voices” after years of neglect!

The concept of Higher Level Wellness was written about in the mid 1980’s as the holistic movement began to gain momentum. Higher Level Wellness expanded the consciousness of wellness to include something greater than a lack of symptoms. That measurement, which is considered “well” in a typical annual exam, is only a mid-point on the Higher Level Wellness continuum. To be vibrantly well, one goes beyond the lack of symptoms with enough energy for all desired activities (Physical), a radiance of joy and happiness (Emotional), positive, up-lifting thoughts (Mental), and a strong connection with something greater than oneself (Spiritual).

The Wellness Workbook, by Travis and Ryan, is a wonderful tool for very in-depth assessment of wellness on many levels. There is a wellness index at the beginning, which takes several hours to complete for optimal self-assessment. I found there were many interesting assessment tools, which I gave to my classes to practice on themselves and others. What these tools did was awaken the possibilities of living at a higher level of wellness for those who used them. From this point, wellness goals can be created to help that person move to a fuller, more satisfying life.

I believe that we as Healing Touch Practitioners can empower our clients by teaching them to use these wellness tools.

We have been including a wellness assessment tool in our intakes for several years, the PEMS scale. Recently, its use has been discussed by instructors, as there are some who have mixed feelings about using it. I believe the challenge has been shifting from the medical model of the scales of pain, anxiety and stress, to a different scale of wellness. Let’s take a look at how to use this very important tool in a way

that is easier for the practitioner. I strongly believe it is a very important tool and would like to encourage students and practitioners to see it through “new eyes”. Continue to use the 0-10 scale for pain, stress and anxiety. Then talk to your client about Higher Level Wellness and how helpful it is to commit to a daily assessment of one’s physical, emotional, mental and spiritual health, as it shifts and changes with the various flows in our lives. When we are conscious of these shifts, we have an important awareness of where we need to focus “refilling” ourselves on a daily basis. If we have an accident, we will need to focus on physical support, if we have a sad event happen, we need to seek emotional support, if we have a life problem that brings up judgment and criticism, we need to seek mental support, and if we have a huge loss or challenging life change, we need to also seek spiritual support. This awareness leads to more balanced, healthy living.

I do like to use a number scale for PEMS, but that is not necessary to use this tool. I say this to my clients, “Looking at your overall wellness, beginning with physical health, on a scale of 0-10, with 0 being no energy and 10 being all the energy you need to do everything that you desire, where would you rate yourself?” Then for emotional, I say “Emotionally, where would you rate yourself with 0 being depressed and 10 being very happy?” “On the mental scale, with 0 being very critical of yourself and others, with lots of negative self-talk and 10 being very positive and encouraging of yourself and others, where would you rate yourself?” “On the spiritual scale, with 0 feeling no connection to something greater than yourself and 10 feeling very connected to a greater energy in the Universe, where would you rate yourself?” Now, you could use the words, high, medium or low instead of numbers. Many are more comfortable with those words, which work fine also. I learn so much from my clients by using this tool!

A client I once told me that on the emotional scale she was an “8” with others, but a “2” with herself! That was a “red flag” to me of where to focus intention with her and the discussion of goals for emotional healing.

continued on page 15

Mentorship

Treatment Sheet Documentation for Client Sessions

by Mary Jane Aswegan RN, CHTP/I

Documentation, Documentation, Documentation!

This has been a nursing mantra emphasized repeatedly since day one of nurses training. The legal understanding was always that documentation reflected what happened with your patient. The way you wrote it is exactly what happened. If you did not write it, it did not happen. This mantra carries the same meaning in Healing Touch (HT). This article, the second in our mentoring series, will focus on each of the **9 components of a typical treatment documentation sheet** and include an explanation and a scenario example of documentation in italics.

1. Intake/Update: **Intake** refers to the very first session with your client. Here the practitioner will give a description of the client's background and relevant information about their current situation from a medical and/or a holistic perspective. This information will guide the choice of HT interventions. It could include a scenario: *"RS is a 60 year old male who has recently undergone bilateral knee replacements due to old sports injuries which were impinging upon his daily life with limited exercise etc. He is otherwise healthy and wanting to regain exercise activity in his life without pain. He is involved in an extensive physical therapy rehabilitation program post operatively. He seeks Healing Touch to help along with medical regime to aide his self-healing process. Pain, anxiety and stress are rated on a scale of 0-10. 0 = no pain, anxiety or stress and 10 = the worst in each of those categories. Always say where the pain is located. Tell what anxiety and stress are related to. In this case you might say; "Client states pain is minimal in both knees 2/10 scale. His stress and anxiety are also minimal, 3/10 scale, as he is feeling so much better after the surgery and hopeful in his recovery."*

Physical, Emotional, Mental and Spiritual (PEMS) Wellness may be optionally addressed from a holistic perspective. *"RS states that physically he is gaining energy everyday. Emotionally he is happy with results of surgery but feels some impatience in recovery. Mentally, he is optimistic and positive in his thinking. Spiritually he feels a strong connection to spirit."* As practitioners do the HT work, they should begin to see a correlation between the overall PEMS wellness in relation to the pain, anxiety and stress. As the pain, anxiety and stress come down towards zero the feeling of PEMS wellness should rise.

Update refers to subsequent sessions and should always include feedback from the last treatment and any new developments in medical / holistic regime. *"RS states since last treatment, physical therapy has gone extremely well, he has no pain and his overall feeling of wellness is more positive. Today he has no physical pain and states his anxiety and stress are perhaps only 2/10 scale as he now faces going back to work in two weeks time. PEMS: physically he is much stronger with more energy. Emotionally and Mentally he is happy and very positive—looking forward to going back to work. Spiritually he still feels a strong connection. His intention is to stay energetically balanced to promote self-healing."*

2. Practitioner Preparation: The practitioner should describe how they prepared themselves just prior to treatment. It is always important to ground, center, attune to the client and set intention for their highest good. If utilizing primarily level 1 and level 2 techniques this may be all that one needs do. If upper level healing is anticipated, then, the practitioner must set their hara line; complete a chakra meditation with spinning and rotating each of the chakras and extending the core star. Many practitioners do a Hara meditation as self-care at the beginning of the day and think that it carries over to the treatment. It does not. Just prior to treatment with the client the practitioner must reset the hara line, re-spin the chakras and extend the core star in preparation for upper level work. *"I prepared myself by grounding, centering, attuning to RS and setting intention for his highest good"*

3. Pre-Treatment Assessment: Pendulum and Hand Scan are used to assess the chakras and biofield. The practitioner can also use any intuitive or visual information. It is important to get the truest reading of the **pendulum**. The assessment of the chakras should be done **first**—prior to the hand scan. It is a good idea to set a scale for the pendulum. Clockwise/counterclockwise (CS/CCS) Small = < 2 inches; CM/CCM medium = 2-4 inches; CL/CCL large = > 4 inches; D = Diagonal; E = elliptical; S = Still etc. *"RS's root, sacral and solar plexus were spinning CS; heart, throat, brow and crown were CM."* These can be labeled on the figure of your treatment sheet.

continued on page 15



Mentorship continued...

"Hand scan revealed heaviness around the head, heat and throbbing over both right and left knee." On the figure of the treatment sheet, these disturbances can be drawn---(some people use colored pencils to emphasize the abnormalities).

4. Problem Statement: The Practitioner should give a descriptive statement of the client's presenting issues. This statement is based on the Intake/Update information and findings of the pre-energetic assessment. *"Disturbances in biofield around head, knees and chakras related to recent knee surgery, pain, stress and anxiety."*

5. Mutual Goals/Plan: Discuss with the client mutual goals agreed upon and describe a plan for achieving those goals. *"We mutually agreed that this treatment would focus on overall balancing to decrease pain, anxiety and stress to promote the healing process from his surgery. We agreed to meet and do Healing Touch weekly through his rehabilitation program."*

6. Healing Touch Interventions: Here the practitioner describes the healing touch interventions used in order and relates the rationale for using them based on the intake/update from the client and pre-energetic assessment. *Treatment for RS could include:*

1. Chakra Connection: to promote full body balancing and opening of chakras
2. Mind Clearing: to help refocus mind, decrease heaviness felt in hand scan, relax and decrease anxiety/stress
3. Ultrasound to right and left knee to break up congestion in both knees
4. Pain Drain to right and left knee to transfer energy, relieve pain
5. Magnetic Clearing to clear biofield head to toe of congested energy

7. Post Treatment Energy Assessment: When the treatment is complete, the practitioner needs to reassess the biofield with a hand scan and reassess the chakras with the pendulum. *"RS's biofield felt smooth as glass to hand scan and all chakras from root to crown were rotating CL."*

8. Ground and Release: The practitioner should describe what was done to bring the client's awareness back to the present moment and how they released from the client's energy field. *"I released from RS's energy field, allowed him a few minutes to integrate the session and then grounded client to present by calling his name and rubbing his legs."* Allow them sit up gradually, offer water etc. It is important if

they are getting in a car to drive home to be sure they are grounded. If it is a patient in the hospital, the practitioner can make the agreement that if the patient falls asleep, they will let them sleep and wake up naturally so they can fully integrate the treatment.

9. Evaluation/Follow Up: This is the time to evaluate the client's experience or response to the treatment. Be sure to re-evaluate any scales used regarding their pain, anxiety, stress. If PEMS wellness was addressed pre-energetically then it should be re-questioned here. *"RS states he has no pain in his knees 0/10 and he feels lighter with no stress or anxiety 0/10. PEMS: Physically he feels more energetic. Emotionally and Mentally he feels happy, relaxed, and positive. Spiritually he relates he had a spiritual experience during the treatment so feels a strong connection. He would like to continue with treatments during his healing process."* It is important to **identify self-care needs or offer referrals** if needed. *"RS likes to write so I suggested he begin some Journal writing about how he felt prior to surgery and his experiences in the recovery process following surgery. I taught him how to perform ultrasound and pain drain on his knees, suggesting he do this prior to and after physical therapy. We plan another HT treatment in one week."*

These are the important aspects of Healing Touch Documentation. Take them to heart and put them into practice.

(Editor's Note: Another perspective of PEMS post assessment is addressed in the article below.)

Empowering Clients with Wellness Tools continued...

As the PEMS is a wellness awareness tool, I don't believe it is necessary to re-assess it at the end of the treatment, as you need to do with the pain, anxiety, and stress scales. It would not generally change very much in the course of one treatment, but rather move gradually over time. It is a very good thing to re-assess each time you treat this client however, to see how they are moving on the continuum.

I hope this has given you some insight into a very empowering wellness tool, the PEMS assessment, and how to use it with your clients with ease and enthusiasm!



Mary O'Neill

2010 Conference Experience

The Light of Conference 2010

by Mary O'Neill RN, CHTP/I and Jeanne Whalen RN, CHTP



The many months of preparation and anticipation began to unfold and culminated with the opening day of the 14th annual Healing Touch International Conference in St. Louis,

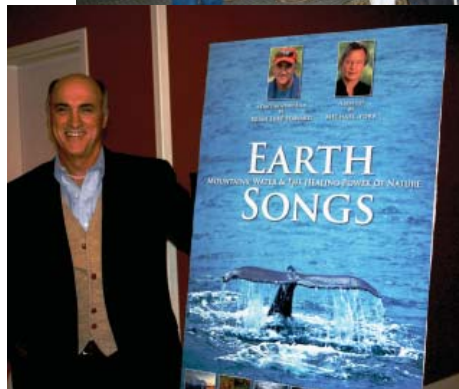
Missouri. We came together in community from around the world for Healing, Transforming, and Expanding through the Gateway of Light. Through reflection and the lessons learned at this conference, we are better able to reflect the Gateway of Light into the rainbow of colors for healing of our Mother Earth, our Universe, each other, and ourselves.

Opening day is filled with hustle and bustle as people are arriving and registering. Entering into the historic Grand Hall of the hotel, we couldn't help but stand in awe and feel the radiance of the architectural elegance that surrounded us. The towering barrel vaulted ceilings, trimmed with gilded Celtic knots, stained glass windows, and the seven light bearers on each side of the Grand Hall brought a historical wisdom of the ages into our presence. We were greeted by the genuine warmth and friendliness of the hotel staff and volunteers from Healing Touch St. Louis who helped us feel welcomed and comfortable.

That evening, we met in the Regency Hall to gather with friends, enjoy conversation, food, and music, then quite unexpectedly JOIA appeared, a percussion ensemble playing music that was contagious with a primal pulse. You couldn't help but get up and dance to the beat while feeling the pulse of the earth beneath your feet. JOIA began leading us out of Regency hall down the corridor toward the Grand Ballroom where the main conference activities would take place. We gaily paraded following

the piper carrying our HTI banners proudly. Each banner displayed an aspect of Healing Touch. WOW what an exciting/energizing build up to the Conference.

The Conference officially opened with a prayer asking for the blessings of the seven directions and a candle was lit in honor of our beloved founder, Janet Mentgen.



best by experience Did you know that standing tall with feet shoulder-width apart, pelvis forward, knees slightly bent, and feet turned inward is the best stance to run energy, strengthen and align your chakra system and hara line?

Brian Luke Seaward was our next keynote speaker and we had so much fun!!! He is a renowned expert in the field of holistic stress management and a true gem. Do you encounter stress in your life or get angry but don't know what to do with your anger? We learned to identify in ourselves those times that we mismanaged our anger and also shared ideas on creating an anger management skills action plan. A quote "He who angers you, conquers you" is so true and helped us to realize the importance of recognizing and managing anger. We also took part in an exercise

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Jeanne Whalen

of creating a Mandala of the Human Spirit and learning about the natural cycle of the "Seasons of the Soul". Luke has that special gift as a speaker because he makes you laugh so hard you are in tears and yet shares such tender, personal stories of inspiration and courage of the human spirit.



Our last keynote speaker graced the stage on Sunday morning. Dr. Marilyn Mandala Schlitz, President of IONS (Institute of Noetic Science) has pioneered clinical and field based research in the area of human consciousness, transformation, and healing. She shared with us a film where many different healers from varying religious backgrounds, ethnicity, and culture spoke on the concept of healing. Even though they had their obvious differences, they all spoke the same language of healing.

Each morning, we had the opportunity to begin our day with sleeping in (not my choice), Yoga, QiGong, Zumba Gold, or Watsu. I (Jeanne) had experienced all the activities but Watsu. What is Watsu? I thought I would step out of the box, get into my bathing suit, and track on down to the outdoor, heated pool at 7:00 a.m. I am so glad I did. What a wonderful therapy for anyone who is looking for calm and relaxation, relief from arthritis or fibromyalgia. We partnered up with each other and learned to give and receive, support and be supported in the water. You are floating in the water, completely supported by your partner. Your ears are under water but your face and nose never go under. After a period of time, you develop a trust in your partner and you begin to let go of all thought, and be totally

immersed in the feeling and sound of the water, drifting into a time of safety and security. What a wonderful experience and I'm so glad I stepped outside that box. Had it not been for conference, I probably would never have experienced Watsu.



We gathered in the Grand Ballroom for a group meditation before starting our day of learning. Each morning's meditation built around the theme of healing, transforming and expanding through the Gateway of Light. As we have been taught in Healing Touch, the first meditation was focusing on our heart, radiating compassion, harmony, healing presence, and unconditional love. We proceeded to the next morning meditation of taking that very important step in acknowledging our pain and the need



for healing. The presenter spoke of the anniversary of 9/11, the suffering of our Mother Earth and its people, and the need for healing. Conference attendees brought water from their native land and were asked to deposit their water into the community vase, now representing waters from the four directions, now unified. Later in the day, a group of conference attendees took the vase holding the healing waters and poured it into the Mississippi River with the intention that the healing waters would flow to the Gulf, out to the ocean, and all corners of the world. Our last



morning meditation was a message of transformation, expansion, and a vision of hope because a new day is dawning. This meditation ended with a beautiful voice singing acapella "Somewhere Over the Rainbow". This was so deeply moving; we don't think there was a dry eye in the house.



Every day we had the opportunity to attend breakout sessions that gave a full menu of presenters to choose from on varying topics. This process of choosing is always a difficult one because each speaker has so much to offer. There are always opportunities for learning new techniques, understanding

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Conference 2010 continued...

vibrations in sound and words, expanding our heart energy, the physics behind Healing Touch, raising our consciousness, ancient wisdom, and personal enlightenment.

The banquet was a delight. The auction items were bid on very vigorously and everyone had fun competing for the beautiful quilt, Janet's hat, and signed t-shirt, also a lovely framed photo of Mt. McKinley. Lenny Klinger's Galaxy Band danced us into the night with a wonderful range of popular music from the fifties to present day. The dance floor filled up and stayed that way all evening long. We had a great time celebrating our work and friendships.

The energy we experienced at the conference was the incredible tone of joy and happiness. All through the hallways the sound of happy greetings and sight of hugs being exchanged was so evident all week. There was an unmistakable energy of delight, laughter and excitement. Everyone was so happy and enthused to be at the conference and share in the energy of *communitas* and healing. This energy continued to build and encompass not just our group but the hotel staff, public and the employees in the food court were even given to random acts of genuine kindness.

Our closing ceremony culminated in a beautiful video showing people offering free hugs. First rejected then finally accepted and embraced. We replicated that hug fest as we said our goodbyes and exchanged leis to say...Aloha...Hawaii 2011. We all left reenergized, refreshed, recharged and committed to go back to our communities and offering Healing Touch to those we serve. What a true blessing to be in such a great community of healers. I heard the comment "this group knows how to celebrate, have fun and learn".



See you in Hawaii 2011

2010 Conference Photos



2010 Conference Photos



Student Perspective

Bringing Healing Touch to Comatose Patients - Netherlands

by Nancy Strybol RN, BSN, MSSc, HTI-PA



Occasion: In the Netherlands, a nursing home for young adult patients with Acquired Head Injuries organizes every year a Summer Festival in which patients are invited to engage in several creative activities.

Goal: As 30% of the patients live in a (sub) comatose state, the nurse manager took up the challenge to bring the festival to this patient group too.

Implementation: The nurse manager, who is acquainted with complementary modalities, decided to invite healers who work with energy to discuss alternatives. Martina (Tineke) Limbach RN, BSN, HTI-PA and I, both Healing Touch Practitioner Apprentices, were among the invited persons. Before we attended the meeting, we looked for literature (research), reporting on Healing Touch and comatose patients. As we found results supporting the use of music therapy and acupuncture we decided to offer the use of Healing Touch as another (vibrational) way to come “in touch” with these patients.

On the day of the festival Martina and I both were invited to give HT treatments to 15 (sub) comatose patients.

We were able to work in a quiet nicely decorated environment where meditative music was playing. Patients were installed in rolling armchairs and wheelchairs. Some patients were screaming; some were agitated, some were quiet and ‘with us’, some were quiet and “away” (not present). Most of them had their eyes open, some made eye contact, some looked inward, and some looked anxious. It was the first time we worked with comatose patients and we didn’t have experiential knowledge to lead us. We felt touched and grateful to have the opportunity to bring healing touch to this special group. How many times before had we prepared ourselves with centering, grounding to earth, attuning to our client and setting intention for the highest good? How many times did we attune to a client after we did an intake, rated the PEMS, anxiety and pain scales and listened to his (medical) history? These patients WERE their story

and attuning to them meant that we had to be open and inviting so their story could unfold and our souls could come together in a unique vibration.

Each patient was different and asked for an individual approach but all showed the desire to have our hands moving in the field before the physical body could be touched. During the minutes of slowly using magnetic passes, we could create a shared energetic intimacy in which our hands were invited to touch the physical body and do a chakra connection. All our patients relaxed during the treatment. They stopped screaming, made eye contact, and some took our hands and held them to stay ‘in touch’. Contracted muscles relaxed and anxious looks softened. Most patients stayed in ‘our’ room after treatment, their ‘being in the moment’ creating an atmosphere of joyful serenity.

The families accompanying the patients reported that they ‘felt a change taking place’ in the being of their relatives. This feeling touched them in an emotional and spiritual sense; some cried, some experienced a sacred connection to their relative.

Evaluation: After the intervention all patients showed noticeable changes in behavior. Some changes lasted hours, some lasted days.

Follow up: The manager has invited us to talk about the possibility to bring HT to these patients on a regular basis.

Please contact Nancy at htenn@hetnet.nl if you are working with comatose patients, she would love to network with you.

Editor’s Note: In the Netherlands, the use of classification of “sub” comatose describes patients that sometimes show some responsiveness, while some are in a deeper coma. This appears to be comparable to the description of “semi” comatose criteria within the United States.



In Appreciation of our St. Louis Volunteers!

There is a description of mid-westerners being the “Salt of the Earth”. They live in the “Heart Land”. The volunteers who have helped us get ready for this event have surpassed both of those descriptions! We thank you from the depths of OUR hearts for all your fantastic help!

Mary Agnew
 MMark Blum
 MPat Brush
 PJoan Carnaghi
 JPatty Clarke
 PREichard Curtis
 RElaine Darner
 EPatricia Dulle
 PSuzanne Fischer
 SMAureen Flachs
 MPeggy Galantowicz
 PTed Galantowicz
 MMargaret Ganey



William Grafeman
 WJo Greenwood
 JSue Griffard
 JSJoanne Guerrierio
 JSr. Patricia Hottinger, SH
 SCarole Jerome
 CSandy Karr
 SPam Kelch
 PSusan Kohlhausen
 SNancy Lane
 JJennifer Lang
 JSr. Gladys Leigh
 SMickey Linck
 MNorma Line
 KKenneth Mack, Sr.



Jan McArthur
 JRuth Ann Meyer
 RJanet Neal
 JGreg Pacini
 JGMadonna Rossell
 MSr. Annette Seymour
 SMerry Schlegel
 MAntoinette Schmidt
 EDElizabeth Sweet-Friend
 AJanie White
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Healing Touch St. Louis

Granted \$2000 for Banquet and Opening Night entertainment: Lenny Klinger's Galaxy Band and JOIA!

Wedgewood Partners, Inc.

Anthony Guerrero Chairman, granted \$1,000 towards international scholarship, extended to cover conference costs of two instructors from Peru.

Peggy Galantowicz

Granted the exquisite quilt of the St. Louis Arch and River for Banquet auction.

Evie Caprel

Granted the beautiful custom framed photo of sunset over Mt. McKinley.

Anonymous CHTP

Granted \$300 toward the banquet gifts.

Dave Ebenhoh

Granted Black/White still photography banners and slide show.

Jennifer Hagan

Granted graphic design on HT banners

Mary O'Neill and Jeanne Whalen

Granted the HTI banner production costs

Whispering Tree

Granted \$250 for single item gift in our registration packets.

Aurora Brown RN, BSN, CHTP/I

Granted \$125 that was placed toward international scholarship.

Diane Wardell RN, PhD, CHTP/I

Granted \$100 that was placed toward international scholarship.

Diane White HT Student

Has shared some of her beautiful greenhouse foliage for the stage.

Jim O'Neill

Granted stands and poles for HT Banners.

And Conference Photographers

Dave Ebenhoh, Bill Grafeman and Caitlin Anselme Miller

Exploring the Elements, Creating Wholeness on Earth

15th Annual Energy Healing Conference and Instructor Meeting

October 19 - 23, 2011

Hilton Waikoloa Village, Waikoloa, Big Island, Hawaii



Approximately 1,500 years ago, Polynesian voyagers discovered the **Island of Hawaii**, the southernmost island in the chain. From the moment you arrive on the **Big Island**, you will know you are in a magical place unlike anywhere else in the world. The island's diverse topography and climate zones, unspoiled beauty and active volcano very prominently express all



of the elements of the planet: water (ocean and waterfalls), wood (tropical rain forests at higher elevations), fire (world's most active volcano), earth and metal (rolling green hills and snow capped peaks), air/space (movement, flow, spirit) and black, green and white sand beaches.

The islands of Hawaii are known as islands of healing. We will be exploring the elements that are so richly abundant in the islands, and personal and global healing at this gathering. Watch our website and ezines for calls for proposals, keynote information, and links to the hotel and airlines. Coming soon!

Island Photos by Cat Miller

Logo Art: "Beams of Love" Image: Sr. Mary Southard, CSJ
Congregation of St. Joseph of LaGrange
Courtesy of www.ministryofthearts.org



Certification Matters

Celebration

Jody Hueschen, RN, MN, NEA-BC, CNOR, CHTP/I
Director HTI Certification Board



The celebrations were abundant at our Healing Touch International Annual Conference. There were two very important events to celebrate Healing Touch Certification journeys. The first celebration was held as part of the Annual Instructor Meeting. The **first instructors certified in 1993** were recognized: Anne Day, Myra Tovey, Susan Kosinec (Canada), and Nancy Wingerter. The senior instructors then pinned each instructor present with the new Certified Healing Touch Instructor pin. Instructors were also recognized for **completion of 15 years**: Alexandra Jonsson (Canada), Victoria Slater, Claramae Webber, and Lori Wyzykowski. Those **completing 10 years** as instructors were: Catherine Awai (Canada), Penelope Hanson, Lori Protzman, David Rabinowitsch, Kathleen Scacciaferro, Nola Schmidt, and Barbara Schommer. The **five year instructors** recognized were: Susan Ashton (Australia), Mary Jane Aswegan, Mary Ann Carlson, Carol Ann Flack, Emiliana Sanilorente

(Peru), Geraldine Hartmayer, Eileen Kearney (Peru), Catherine McJannet, and Carol Reamer (Peru). **Newly certified instructors** were introduced and welcomed: Dorothy Lawse, Veronika Oliver (Australia), Jeanne Thune and Sr. Mary Maloney (Chile).

The ceremonial bowl sang out the gathering call as the **Pinning Ceremony** began for Healing Touch Practitioners. The Certification Celebration honored twenty five newly Certified Healing Touch Practitioners and the many other newly certified practitioners from around the world, who were unable to attend the conference. The new CHTPs were pinned by their mentors, lit candles from the HTI Ceremonial Candle and joined their colleagues in sacred circle. The setting was enhanced by the **live music provided by Richard Schulman** which has become a tradition at conference. Please join the HTI Certification Board members in welcoming our new CHTPs and CHTIs into our global family as we ever increasingly expand our healing light worldwide.





Educational Insights

The One Breath that Unites Us All

by Barb Schommer RN, MS, CHTP/I

Did you know that Janet's legacy of Healing Touch continues? Of course you know, because you are each "doing the work" as she so often encouraged

us. Each of us carries on Janet's legacy in our own way, connected by that legacy, connected by the air we breathe, connected by our unconditional love for ourselves and everyone we encounter. It is through seeing with Sacred Eyes, the divine essence in each other and practicing unconditional love and cooperation that we collectively flow into heart centered living. Take time to breathe, breathing out into the one breath that created all, and breathing in everything you need. Allowing this to become daily practice will create flow and ripples out to our families, communities, and the world. We ARE the ones we have been waiting for!!

During the annual Instructor Workshop in St Louis, MO, instructors had opportunity to re-connect with the heart of our work, through meditations lovingly facilitated by Myra Tovey and Anne Day. We also re-connected with the heart of our work through experiencing the one breath uniting us as we worked with Dave Ebenhoh. What a magical day in sacred community – *communitas* – as the light of healing connection was expanded and rippled out.

Janet's legacy and vision rippled out in several huge ways during the HTI conference. Two newly Certified Instructors were welcomed into *communitas* and honored for choosing this path – Dorothy Lawse and Jeanne Thune. Many of you listened to your inner voice and attended Instructor Training. Sixteen Certified Healing Touch Practitioners took the plunge and will begin making ripples as Level 1 Instructors-in-Training. WOW! This is added to the 13 Level 1 Instructors-in-Training from the previous year. Thank you for saying "yes" to your inner voice!

Three CHTI's listened to their inner wisdom and took Level 2 Instructor Training class and seven CHTIs advanced to the Level 3 Instructor Training class and added to the ripples of legacy. To round out the ripples, two CHTIs attended Level 4 Instructor Training. We celebrate with them for their contribution to expanding the light and love of Healing Touch International.

Additional Instructor Training classes are planned for the future, so if you hear the call from your heart to begin the Instructor path, or to teach another level, please listen to your inner wisdom. Instructions and application forms are available on the website: www.HealingTouchInternational.org or by contacting the HTI office.

Moving HTI along on this Instructor Training journey are several people who spent years, weeks, months, days, and hours creating the supervisory model of Instructor Training courses which have been approved by the Education Committee and Board of Directors. All gratitude, love, and thanks to Lisa Anselme, Maggie, Freel, Laura Hart, Alexandra Jonsson, Myra Tovey, Judy Turner, and Diane Wardell for giving of your wisdom, time, and hearts to this process.

Another ripple that is not yet quite visible, but soon will be, is the ripple of newly created workbooks for each Level of the HTI Healing Touch Certificate Program. Drafts have been submitted by Education Committee, and are being finalized by the Board of Directors. Many thanks to Lisa Anselme, Sue Kagel and Mary O'Neill for editing and designing the draft workbooks and making them available for instructor review and comment at conference. We are so grateful that you spent hours and hours getting the drafts ready for review.

Your Education Committee continues working on your behalf, to maintain the integrity in the core curriculum Levels 1 – 5 and to honor and follow Janet's legacy and vision. Members giving of their time and wisdom include: Mary Jane Aswegan, Anne Day, Diane Wardell, Deborah Larrimore, Mary Szczpanski, Myra Tovey, Mary Frost, Judy Turner, Barb Schommer, Laura Hart, who resigned earlier this year, and Mari Kelley who is currently serving in the Peace Corps in Uganda.



Energy Research Health and Health Care Use

by Mary A. Megel, RN, PhD, MEd, CHTP



As you know, the 14th Annual Healing Touch International Energy Healing Conference occurred September 8-12 in St. Louis, MO. It was an amazing conference, filled with shared knowledge, heart-centered energy, and fun. For those who were not able to attend the Conference or did attend but missed the Research Workshop, this column is a review of the information shared during Conference. Information is also shared at the end of this article about the new HTI Research Committee.

The first presenter at conference was Joel Anderson, PhD, who presented ***"Results of the 2007 National Health Interview Survey."*** The National Health Interview Survey (NHIS) is an annual nationally representative survey designed by the National Center for Health statistics of the Centers for Disease Control and Prevention to provide data on health and health care use in the U. S. Two supplements collected in 2002 and 2007 provide information on the use of Complementary and Alternative Medicine (CAM) providers, practices, and products, including energy healing therapies. According to the 2007 NHIS data, 38.3% of the U. S. population reported use of at least one CAM therapy in the last 12 months. U. S. adults made an estimated 354.2 million visits to CAM providers. In that same year, adults' out-of-pocket expenditures for the use of CAM providers, CAM products, and CAM practices totaled \$33.9 billion; the majority (\$22 billion) was spent on CAM products and classes compared to \$11.9 billion spent on CAM providers.

Of the total number of respondents, 1.60% had seen a practitioner for energy healing therapy at some point, and of those, 34.16% had seen a practitioner in the past 12 months. The majority of individuals using energy healing therapies made two to five visits (40.40%) and paid less than \$20.00 per visit (40.25%). The vast majority (82.41%) of those who used energy healing therapies did so for general wellness or disease prevention. A little over half (55.04%) used energy healing therapies based on a recommendation by family, friends, or co-workers. Energy healing therapies were used by 55.04% for a specific health problem or condition, with the majority of individuals (39.60%) using these therapies for pain conditions, including back pain and arthritis.

My presentation, entitled ***"Research: Expanding Our Knowledge Base,"*** focused on a review

of published systematic reviews of biofield/energy therapies. The purpose of this presentation was to synthesize the results of biofield therapy research in terms of their effectiveness and make recommendations regarding further research. I found 9 review articles: 3 comprehensive narrative reviews of biofield research, 3 systematic reviews, and 3 systematic reviews that included meta-analysis of the data included in the studies reviewed. Types of biofield therapies used in the studies included Healing Touch, Therapeutic Touch, Reiki, prayer, Johrei, Polarity Therapy, and Qigong. Some reviews included lab studies and distance work; others restricted the review to research involving human subjects. In other words, these reviews were "all over the map." Nevertheless, based on these reviews, biofield therapies were shown to be effective for wound healing; decreasing pain, anxiety, fatigue, and stress; improving quality of life, and improving functioning/decreasing agitation in the elderly.

The most recent reviewers (Jain & Mills, 2010) suggested that more study needs to be done involving children, mood disorders, and substance abuse populations. Other recommendations of the reviewers included the following suggestions: 1) study ill, not well people, and within a single study, limit subjects to the same diagnosis or procedure; 2) report the demographics of the study sample thoroughly, so that the generalizability of the results can be determined; 3) conduct a power analysis to determine appropriate sample size and obtain it (large-scale studies are recommended); use experienced practitioners to provide treatments and standardize the protocol for time and number of treatments; assign subjects randomly to groups and measure variables pre- and post-treatment; thoroughly report the methods/procedures used in the study so validity can be assessed; report effect size; and include a treatment group, comparison group, and group that gets no treatment other than "usual care." We had a stimulating discussion about whether or not our studies should include a "mock" or sham HT group, and the jury is still out on that, although I believe the group agreed that "sham" treatment groups are receiving a treatment of some sort and do not constitute a no-treatment control group. Some reviewers who are steeped in

continued on page 28

Energy Research continued...

the randomized controlled study (RCT) design may be overlooking some of our studies or excluding those that do not have a sham comparison group, as the number of included Healing Touch studies in this reviews was small.

Two attendees' questions resulted in continuing thought on my part after the meeting. One individual asked why we need to follow the rules for research established by funding sources such as the National Institutes of Health, and another asked why we should be concerned about obtaining grant funding. I believe our work will continue regardless of federal funding. However, it increases our credibility if we can show the effectiveness of Healing Touch through well-designed, funded studies (funded because without it, we cannot afford to conduct well-designed studies and pay the practitioners who provide the treatments). Published in peer-reviewed journals, an arsenal of such articles can be used to support the need to offer our services in hospitals, community agencies, clinics, and even big business as part of their occupational health services. Every review that I found made the statement that we may have a modality that provides benefit to patients but further study is needed (followed usually by a list of suggestions).

Reference Cited (other references available upon request):

Jain, S., & Mills, P. J. (2010). Biofield therapies: Helpful or full of hype? A best evidence synthesis. *International Journal of Behavioral Medicine*, 1-16.

Looking for ideas for your research project? We have a wealth of interesting pilot work included in the HTI Research Survey, available through the HTI website. Authors' names are mentioned so you may be able to contact them for more information if needed.

If anyone is currently conducting research and has not provided an update in the past year, please send an email to me with an update. Thank you in advance!

The HTI Board of Directors has approved the formation of a Research Committee. The purpose of this committee is to update the membership about research quarterly via these articles in *Perspectives in Healing*, the annual conference, and personal contact; provide support and mentoring to HTI members conducting research in Healing Touch; and maintain the Research Survey and other databases of past, present, and ongoing research. The committee can

be composed of as many as four HTI members with experience in research and a minimum of a master's degree. Experience in the practice of HT is also a requirement. Appointments are for 3-year terms, made by the Board of Directors.

If anyone is interested in serving on the Research Committee, please send an email to Mary Megel (mmegel@unmc.edu) for the application form and further instructions. The Board will meet in November, 2010 to review applications.



HTI Mini Banner
Photo By Dave Ebenhoh

Words of Wisdom

Death and Dying

by Diane Wardell RN, PhD, AHN-BC, CHTP/I



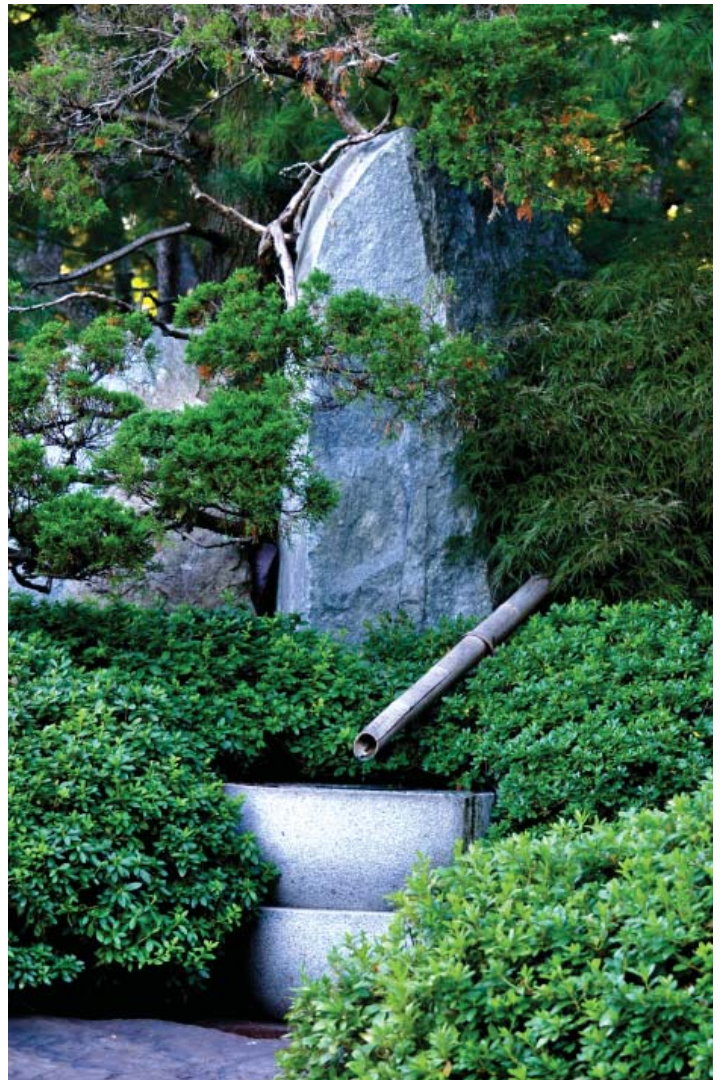
This is the 5th anniversary of Janet Mentgen's passing; the final celebration of her life was held in October, 2005. For me, the grieving process did not take one year, or even two as many in the field of psychology would suggest. Now, five years later I feel a sense of completion about my personal grief on losing Janet. And yet, I am always reminded when teaching, by others more observant and aware, that Janet is "there". The classroom is where she loved to be and where she "shined" the most bright.

So what did Janet believe about death? She wrote the following in her journal in early January 1986 after the death of a client: "I came away feeling good for having the privilege of working with him. I was aware of how much he taught me about the work I do, how I can help others. I feel motivated to work harder, to know more. I feel an understanding of my teaching that it comes from my inner source and strength, from the universal collection of knowledge. It comes from my clients' inner wisdom and internal collective strength, the universal knowledge through the client. It comes from language, written words about energy, life. I have the ability to gather the information and put it to work. I must keep the channel open, which is my responsibility in this process. It flows through me. I receive and send."

She also wrote about how this client's death affected her heart chakra. She said, "The key to my feeling whole is to invite my heart chakra to be with me. The chakra closed down during the meditation, causing pain. While the pain was present I was cut off from the emotions I was trying to work with. When it happened, [meditation teacher] asked for a dialogue with the heart chakra. It opened and got very bright, like a glowing white light. When the visual field was white, the pain went away and could freely flow and integrate again. When it happened the second time, I was able to dialogue with the heart chakra and reopen it. I became aware that the answers are inside me and that I can communicate with my energy centers and gain their cooperation for healing."

Janet's words are so very important. Look for life's teachers in all that you do. For me, it was important

to realize how to live fully in my heart chakra. I have seen Janet's life's work moving forward with a collective wisdom and sharing of knowledge through the wisdom keepers who knew her well. I can walk the earth once more with a light step and dance in the joy of a community of healers holding a vision of spreading light worldwide. I ask you to walk this journey with an open heart, a sense of integrity, and joy and join in Janet's wisdom.



Japanese Garden by Cat Miller

Congratulations to the Newly Certified!!

Instructor

Nora Mary Moloney - Inquique, Chile

Practitioners

Judiline Abito - San Diego, CA

Regina Adams - St. Cloud, MN

Mistye Arnold - Sarasota, FL

Patricia Askew - South Lyon, MI

Margaret Bohman - Bloomington, MN

Naomi Busker - Owatonna, MN

Rebecca Cochran - Findlay, OH

Tracy Dickovich - Plymouth, MN

Vicki Dove - Jacksonville, FL

Suzanne Due - Svendborg, Denmark

Carol Forshey - Tucson, AZ

Susanne Gawreluk - St. Paul, MN

Carolyn Green - Longwood, FL

Raiselle Gittler - Ft. Lauderdale, FL

Miki Heyne - Blue Springs, MO

Patricia Klasen - New Richmond, WI

Erin Martinson - San Diego, CA

Jill Meinke - Ankeny, IA

Janet Olson - Tucson, AZ

Janene Papendick - Aberdeen, SD

Deborah Parker - Oakdale, MN

Bernadette Sakiyama - Chula Vista, CA

Sandra Sickler - Knife River, MN

Gail Sliwinski - St. Clair Shores, MI

Gwen Steckler - Yankton, SD

Renee Stice - Mahtomedi, MN

Sarah Stinson - Red Wing, MN

Kathleen Young - San Diego, CA

Susan Zinck - Sioux Falls, SD

HTI Professional Development Series

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Touch International Certification and Renewal. These classes are open to registered nurses, health care professionals, body-oriented therapists, psychotherapists, licensed health care professionals, and individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. Click on the www.HealingTouchInternational.org website for the latest listings on the new HTI Professional Development Series page. **Attend these Professional Development Classes or Schedule One in Your Area:**

* Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living is a healthier way to live.

November 13-14, 2010

Location: Colorado Springs, Colorado

Instructor: Myra Tovey

Contact: Myra Tovey at 719-622-0694 or davidmyra7@msn.com

* Beyond Surgery Program – Bridging the Gap

A powerful blend of integrative therapies to support primary medical care that are useful before and after surgeries, medical procedures, chemotherapy or radiation, and to assist in relieving anxiety or discomfort, coaching the body's innate healing response.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at

JudyLynneRay@yahoo.com

Check HTI website for future classes

www.HealingTouchInternational.org

* Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - The Energy Wisdom and Practice course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact: Liz Fraser at

Fraser.Elizabeth@scrippshealth.com

Check HTI website for future classes

www.HealingTouchInternational.org

* Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system as a whole. Assist in re-creating a healing pattern to release the cellular memory, and re-pattern the energy for a higher level of functioning.

Pre-requisite - This course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing chronic pain.

Contact: Liz Fraser at

Fraser.Elizabeth@scrippshealth.com

Check HTI website for future classes

www.HealingTouchInternational.org

* Journaling the Healing Journey

Journal writing is widely acknowledged by leaders in the holistic health movement to be an integral part of the journey toward health and wellness. In this innovative two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. Whether you are facilitating others in the healing process, or taking charge of your own healing, you'll find these methodologies easy, enjoyable – and most of all effective! Whether or not you have had any experience with the journal, you will learn new ways to access your inner healer through the writing process. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at

AnneDay7@gmail.com

Check HTI website for future classes

www.HealingTouchInternational.org

2010 Healing Touch International Conference

“Healing, Transforming & Expanding Thru the Gateway of Light”

September 9 – 12, 2010

St. Louis, MO

***Please Read *** All orders are going to be shipped to you this year because of transportation issues. You may order recordings individually or as a complete set. Full Sets are offered at a significant discount, priced below. Orders placed at the conference will be shipped to you within 2 weeks. The difference in price represents a different amount of discs for that session. Thank you for your business!

| | |
|--|--------------|
| I would like to purchase a Full Set of MP3 recordings , on a data DVD, at a 60% discount. | \$150 |
| I would like to purchase a Full Set of Audio CDs at a 20% discount. | \$275 |

Thursday Sessions

| # | Title | Presenter | CD |
|------|-------------------------|----------------|-------------|
| Open | Opening Ceremony | HTI Committee | \$12 |
| Key1 | Waking the Global Heart | Anodea Judithh | \$18 |

Friday Sessions

| # | Title | Presenter | CD |
|--------|--|----------------------------------|-------------|
| Key2 | Into the Heart of It | Anodea Judithh | \$18 |
| Int | Intention Experiment | Sue Kagel | \$12 |
| Fri-1 | Transforming: Gateway of the Heart | Myra Tovey & Jody Hueschen | \$18 |
| Fri-2 | Mentorship: A Shared Experience | Mary Jane Aswegan & Donna Cahill | \$18 |
| Fri-3 | Enneagram: Part 1 | Terry Ann Sparks | \$18 |
| Fri-4 | Bridging the Gap | Judy Lynne Ray & Nancy Jean Blue | \$18 |
| Fri-5 | Research: Expanding Our Knowledge Base | Mary Megel & Joel Anderson | \$18 |
| Fri-7 | Elder Initiation: Expanding Into Our Power | Robin Goff | \$18 |
| Fri-9 | Vibrational Awareness | Amy Camie | \$18 |
| Fri-10 | Experiential Awakening to Higher Consciousness | Mary Jo Bulbrook | \$18 |

Saturday Sessions

| # | Title | Presenter | CD |
|-------|---|---------------------------------|-------------|
| Key3 | Good Vibrations | Brian Luke Seaward | \$18 |
| Key4 | Stand Like Mountain, Flow Like Water | Brian Luke Seaward | \$18 |
| Sat-1 | Creating Caring Environment in Hospital Setting | Lisa Thompson | \$18 |
| Sat-2 | Enneagram Part 2 | Terry Ann Sparks | \$18 |
| Sat-3 | Journey To Joy: Care for the Caregivers | Lynne Jeffrey | \$18 |
| Sat-4 | Physics of HT & It's Application to PTSD | Vicki Slater | \$18 |
| Sat-5 | Healing Touch Class Coordination | Judith Villegas & Kimberly Bell | \$18 |
| Sat-6 | Three Turns of a Kaleidoscope | Bonnie Johnson | \$18 |

Sunday Sessions

| # | Title | Presenter | CD |
|------|-------------------------|-----------------|-------------|
| Key5 | Expanding Consciousness | Marilyn Schlitz | \$18 |

Please tally your charges *(only once your order is complete)*

| | |
|---|--------------|
| I would like to purchase the Full Set of mp3s , on a data DVD, at a 60% discount | \$150 |
| I would like to purchase the Full Set of Audio CDs , at a 20% discount | \$275 |

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| | | | x \$18 | |
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| | | | Total | |

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| City/State/Zip | | | | | | | | | |
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| Card # | | | | | | | Exp. Date | | |
| Signature | | | | | | | | | |

Backcountry Productions

624 SW Hill St.

Bend, OR 97702

(904) 460-2379

www.Backcountry-Productions.com

These classes are recognized by the HTI Healing Touch Certificate Program
which is endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing.

This listing is updated weekly; for current info, please visit the web site!

Level 1 - 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------|--------------------|--------------------|--------------|-----------------------------------|
| Nov 5-6 | Raleigh, NC | Deborah Larrimore | Jane Templeton | 919-604-2327 | jane.templeton@gmail.com |
| Nov 5-6 | Ketchum, ID | Lisa Thompson | MaryKay Foley | 208-727-8414 | foleym@slhs.org |
| Nov 6-7 | Pine River, MN | Dana Spates | Dana Spates | 320-266-5476 | dspates@mchsi.com |
| Nov 6-7 | New Brunswick, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Nov 6-7 | Belmont, CA | Elizabeth Helms | Elizabeth Helms | 209-795-2559 | Elizabeth@sierrahealingtouch.com |
| Nov 6-7 | Lake Park, FL | Judy Lynne Ray | Nora Hersey | 561-632-1031 | Nhersey1mt@yahoo.com |
| Nov 12-13 | Clarksville, SC | Victoria Slater | Vicki Slater | 931-358-9410 | vslater@bellsouth.net |
| Nov 12-14 | Orlando, FL | Trish Huster | Judy Lee | 407-240-8778 | Jlee20@cfl.rr.com |
| Nov 13-14 | Charleston, SC | Bonnie Johnson | Janet Neal | 843-388-1834 | htpclasses@bellsouth.net |
| Nov 13-14 | San Diego, CA | Lisa Thompson | Patrica Pascucci | 619-520-8995 | tntpascucci@hotmail.com |
| Nov 13-14 | Hannibal, MO | Pam Kelch | Kathy Kapfer | 573-629-2243 | bds.health@mywdo.com |
| Nov 20-21 | Boston, MA | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Dec 4-5 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| Dec 4-5 | New York City, NY | David Rabinowitsch | David Rabinowitsch | 914-443-5997 | HealingTouchCatskills@hotmail.com |
| Dec 11-12 | Red Bud, IL | Mary O'Neill | Sr Clare Boehmer | 618-282-3848 | clareswebworks@aol.com |

Level 1 - 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|--------------|-------------------|-------------------|-------------------|---------------|------------------------------------|
| Jan 8-9 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Jan 15-16 | Boston, MA | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Jan 21-22 | Waterford, MI | Janet Tait | Oakland CC | 248-232-4150 | |
| Jan 22-23 | St Louis, MO | Mary O'Neill | Mary O'Neill | 314-602-2701 | oneillmary@yahoo.com |
| Jan 29-30 | Jackson, MI | Barb McConnell | Barb McConnell | 517-914-4133 | mconb51@bigplanet.com |
| Jan 29-30 | La Jolla, CA | Rauni King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.com |
| Feb 5-6 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Feb 12-13 | Morristown, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Feb 18-19 | Lakewood, CO | Lisa Anselme | Red Rocks College | 303-914-6600 | admissions @ rrcc.edu |
| Feb 19-20 | St Joseph, MN | Barb Schommer | Jackie Mielke | 952-473-9378 | jackiemielke@qwestoffice.net |
| Feb 19-20 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Feb 19-20 | La Jolla, CA | Rauni King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.com |
| Feb 26-27 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Mar 11-12 | New Richmond, WI | Barb Schommer | Connie Counter | 651-208-5275 | conniecounter@gmail.com |
| Mar 18-20 | Phoenix, AZ | Lynne Jeffrey | Stephanie Clark | 602-321-9775 | stephanie.j.clark@bannerhealth.com |
| Mar 19-20 | Columbia, SC | Deborah Larrimore | Deborah Larrimore | 336-407-7221 | dlbyriver@aol.com |
| Mar 25-26 | Somers Point, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Apr 9-10 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Apr 16-17 | La Jolla, CA | Rauni King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.com |
| Apr 30 - May | Boston, MA | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| May 7-8 | Minneapolis, MN | Barb Schommer | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| May 7-8 | Cary, NC | Deborah Larrimore | Jane Templeton | 919-604-2327 | jane.templeton@gmail.com |
| May 14-15 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| May 14-15 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| May 20-22 | Phoenix, AZ | Lynne Jeffrey | Stephanie Clark | 602-321-9775 | stephanie.j.clark@bannerhealth.com |
| May 21-22 | Chapel Hill, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Jun 11-12 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Jun 11-12 | La Jolla, CA | Rauni King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.com |
| Jul 9-10 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Aug 27-28 | La Jolla, CA | Rauni King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.com |

Healing Touch Class Schedule 2010 - 2011

These classes are recognized by the HTI Healing Touch Certificate Program
which is endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing.

Level 1 - 2011 cont'd...

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------|-------------------|------------------|---------------|------------------------------------|
| Sep 10-11 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Sep 24-25 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Oct 1-2 | La Jolla, CA | Rauni King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.com |
| Oct 8-9 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Oct 14-16 | St. Joseph, MN | Dana Spates | Jackie Mielke | 952-473-9378 | jackiemielke@qwestoffice.net |
| Oct 15-16 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Nov 4-5 | New Richmond, WI | Barb Schommer | Connie Counter | 651-208-5275 | conniecounter@gmail.com |

Level 2 - 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------|-------------------|------------------|--------------|----------------------------|
| Nov 6-7 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| Nov 6-7 | Pontiac, MI | Janet Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Nov 6-7 | Cresco, IA | Maggie Freel | Lisa Bormann | 319-330-0623 | chi.lisabormann@gmail.com |
| Nov 13-14 | Littleton, CO | Ruth Muhr | Ruth Muhr | 303-794-4720 | ruth1234@q.com |
| Nov 13-14 | Denville, NJ | Maggi Hutchinson | Healing Touch NJ | 973-214-2582 | info@HealingTouchNJ.com |
| Nov 13-14 | St. Louis, MO | Kay Cook | Kay @ Genesis | 314-772-6333 | kaycook@prodigy.net |
| Nov 13-14 | Winston-Salem, NC | Deborah Larrimore | Robin Weiner | 336-813-4813 | HTofthecarolinas@aol.com |
| Nov 20-21 | Harrisonburg, VA | Deborah Larrimore | Gina Bondurant | 540-433-3421 | calendula@ntelos.net |
| Nov 20-21 | Asheville, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | KarenToledo@hotmail.com |
| Nov 20-21 | Iowa City, IA | Maggie Freel | Lisa Bormann | 319-330-0623 | chi.lisabormann@gmail.com |
| Dec 11-12 | Asheville, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | KarenToledo@hotmail.com |

Level 2 - 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|--------------|-------------------|-------------------|-------------------|--------------|--------------------------------|
| Jan 13-14 | St Cloud, MN | Carol Schoenecker | Carol Schoenecker | 612-672-7272 | cschoen2@fairview.org |
| Jan 22-23 | San Diego, CA | Lisa Thompson | Patrica Pascucci | 619-520-8995 | tntpascucci@hotmail.com |
| Jan 29-30 | Boston, MA | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Feb 12-13 | Cary, NC | Deborah Larrimore | Jane Templeton | 919-604-2327 | jane.templeton@gmail.com |
| Feb 18-20 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackiemielke@qwestoffice.net |
| Feb 22-23 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Feb 26-27 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Mar 5-6 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Mar 12-13 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Mar 18-19 | Lakewood, CO | Lisa Anselme | Red Rocks College | 303-914-6600 | admissions @ rrcc.edu |
| Mar 26-27 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Apr 9-10 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Apr 29-May 1 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackiemielke@qwestoffice.net |
| May 7-8 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| May 17-18 | New Richmond, WI | Barb Schommer | Connie Counter | 651-208-5275 | conniecounter@gmail.com |
| Jun 11-12 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Jul 16-17 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Aug 6-7 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Sep 17-18 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Sep 27-28 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Oct 14-16 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackiemielke@qwestoffice.net |
| Oct 15-16 | Minneapolis, MN | Barb Schommer | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Nov 5-6 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Nov 12-13 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |

Healing Touch Class Schedule 2010 - 2011

These classes are recognized by the HTI Healing Touch Certificate Program
which is endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing.

Level 3 - 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|----------------------|-----------------------|-----------------------|---------------|------------------------------------|
| Nov 6-7 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-453-4954 | kscacciaferro@gmail.com |
| Nov 6-7 | Middleton, NY | David Rabinowitsch | Kathy Bonnell | 845-283-4337 | healingtouchcatskills@hotmail.com |
| Nov 13-14 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Nov 13-14 | Farmington Hills, MI | Barb Schommer | Barb McConnell | 517-914-4133 | mconb51@bigplanet.com |
| Nov 20-21 | La Jolla, CA | Rauni Prittinen King | Liz Fraser | 1-800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| Nov 20-21 | Kansas City, MO | Lisa Anselme | Jody Hueschen | 816-237-1217 | jhueschen@aol.com |
| Dec 3-5 | Lakewood, CO | Lisa Anselme | Lisa Anselme | 303-989-7982 | htihosp@aol.com |
| Dec 4-5 | Winston-Salem, NC | Deborah Larrimore | Robin Weiner | 336-813-4813 | HTofthecarolinas@aol.com |

Level 3 - 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------|-------------------|-------------------|--------------|------------------------------------|
| Jan 21-23 | Phoenix, AZ | Lynne Jeffrey | Stephanie Clark | 602-321-9775 | stephanie.j.clark@bannerhealth.com |
| Feb 26-27 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stskate.edu |
| Mar 5-6 | Denville, NJ | Maggi Hutchinson | Maggi Hutchinson | 973-214-2582 | maggi@HealingTouchNJ.com |
| Mar 29-30 | St Cloud, MN | Carol Schoenecker | Carol Schoenecker | 612-672-7272 | cschoen2@fairview.org |
| Apr 9-10 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Apr 15-16 | Lakewood, CO | Lisa Anselme | Red Rocks College | 303-914-6600 | admissions@rrcc.edu |
| May 7-8 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stskate.edu |
| May 21-22 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Jun 4-5 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Jun 15-16 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Jun 25-26 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Jul 9-10 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Sep 9-10 | New Richmond, WI | Barb Schommer | Connie Counter | 651-208-5275 | conniecounter@gmail.com |
| Sep 23-25 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackiemielke@qwestoffice.net |
| Oct 15-16 | Minneapolis, MN | TBA | Janet Dahlem | 651-690-7758 | jldahlem@stskate.edu |
| Nov 20-21 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |
| Dec 3-4 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |
| Dec 3-4 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas.com |

Level 4 - 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-----------------|---------------|------------|--------------|---------------------|
| Nov 5-7 | Baton Rouge, LA | Mary Frost | Mary Frost | 228-342-1519 | tothealth@aol.com |
| Nov 11-14 | Tucson, AZ | Sue Kagel | Sue Kagel | 520-577-9371 | sue.kagel@gmail.com |

Level 4 - 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|--------------|------------------|-------------------|-----------------------|--------------|--------------------------------|
| Jan 21-23 | Bristol, VT | Jeanne Zuzel | Kathy N & Kathleen S. | 860-886-1960 | kathynoyes@snet.net |
| Jan 27-30 | Greensboro, NC | Deborah Larrimore | Deborah Larrimore | 336-407-7221 | dlbyriver@aol.com |
| Feb 24-27 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Apr 14-17 | Stillwater, MN | Anne Day | Barb Schommer | 763-458-0220 | barb.schommer@gmail.com |
| Apr 14-17 | Grass Lake, MI | Deborah Larrimore | Barb McConnell | 517-914-4133 | mconb51@bigplanet.com |
| Aug 4-7 | Denville, NJ | TBA | HT New Jersey | 973-214-2582 | maggi@HealingTouchNJ.com |
| Aug 11-14 | Greensboro, NC | Deborah Larrimore | Deborah Larrimore | 336-407-7221 | dlbyriver@aol.com |
| Sep 28-Oct 1 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Oct 14-17 | Hawii, HI | Anne Day | Edith Kawai | 808-885-0788 | edithkawai@hawaii.rr.com |

Healing Touch Class Schedule 2010 - 2011

These classes are recognized by the HTI Healing Touch Certificate Program
which is endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing.

Level 5 – 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|---------|----------------|---------------|------------|--------------|-------------------|
| Dec 3-5 | BatonRouge, LA | Mary Frost | Mary Frost | 228-342-1519 | tothealth@aol.com |

Level 5 – 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|------------------|-------------------|-------------------|--------------|--------------------------------|
| Jan 16-18 | Hamptonville, NC | Deborah Larrimore | Deborah Larrimore | 336-407-7221 | dlbyriver@aol.com |
| Apr 14-17 | Stillwater, MN | Judy Turner | Barb Schommer | 763-458-0220 | barb.schommer@gmail.com |
| Apr 14-17 | Grass Lake, MI | Diane Wardell | Barb McConnell | 517-914-4133 | mconb51@bigplanet.com |
| May 19-22 | Hawi, HI | Anne Day | Edith Kawai | 808-885-0788 | edithkawai@hawaii.rr.com |
| Jun 16-19 | Indianapolis, IN | Deborah Larrimore | Judith Villegas | 317-413-8692 | Judith@HealingTouchIndiana.com |
| Aug 4-7 | Norwich, CT | Jeanne Zuzel | Kathy Noyes | 860-886-1960 | kathynoyes@snet.net |

International Classes

Level 1 – 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|------|----------|---------------|---------|-------|--------|
|------|----------|---------------|---------|-------|--------|

Level 1 – 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------------|-------------------|---------------|--------------|---------------------------------|
| Feb 26-27 | Peterborough, ON Canada | Alexandra Johnson | Angela Mattos | 705-652-0506 | HTCanada@healingtouchcanada.net |
| Apr 23-24 | Comox, BC Canada | Bev Worbets | Bev Worbets | 250-339-7452 | bevworkbets@shaw.com |

Level 2 – 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------------|------------------|------------------|----------------|------------------|
| Nov 20-21 | Brisbane, Australia | Rosalie Van Aken | Rosalie Van Aken | 61-2-6628-8439 | N/A |
| Nov 27-28 | Maple Ridge, BC, Canada | Ginny Mulhall | Karen Stewart | 778-292-1845 | Kasinbc@yahoo.ca |

Level 2 – 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------------|-------------------|---------------|--------------|---------------------------------|
| Apr 2-3 | Peterborough, ON Canada | Alexandra Johnson | Angela Mattos | 705-652-0506 | HTCanada@healingtouchcanada.net |
| May 14-15 | Comox, BC Canada | Bev Worbets | Bev Worbets | 250-339-7452 | bevworkbets@shaw.com |

Level 3 – 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|---------|-------------------|------------------|-----------------|----------------|---------------------|
| Nov 6-7 | Comox, BC Canada | Catherine Awai | Beverly Worbets | 250-339-7452 | bevworkbets@shaw.ca |
| Dec 4-5 | Cairns, Australia | Rosalie Van Aken | Kay McVean | 61-7-4036-4458 | N/A |

Level 4 – 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-------------|--------------------|------------------|------------------|----------------|---------------------------------|
| Oct 31-Nov3 | Yamba, Australia | Rosalie Van Aken | Rosalie Van Aken | 61-2-6628-8439 | N/A |
| Nov 18-21 | Nanaimo, BC Canada | Catherine Awai | HT Canada | 705-652-0506 | HTCanada@healingtouchcanada.net |

Level 5 – 2010

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------|-------------------|------------------|----------------|---------------------------------|
| Oct 25-28 | Yamba, Australia | Rosalie Van Aken | Rosalie Van Aken | 61-2-6628-8439 | N/A |
| Nov 18-21 | Dieppe, NB Canada | Alexandra Jonsson | HT Canada | 705-652-0506 | HTCanada@healingtouchcanada.net |

Level 5 - 2011

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------------|---------------|------------|--------------|------------------|
| Mar 18-20 | Cape Town, South Africa | Mary Frost | Mary Frost | 228-342-1519 | tothealt@aol.com |

Healing Touch International, Inc.
445 Union Blvd., Suite 105
Lakewood, CO 80228

VISION

Spread Healing, Light and Love, restoring wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch International practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch