



HTI's

Perspectives in Healing

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

2ND QUARTER 2012

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*Spreading Healing Light
Worldwide through heart
centered service, education
and professional development*

Healing and Our Infinite Potential - Part 2 Fire and Rain



"I've seen fire and I've seen rain.
I've seen sunny days that I thought would never end."
~James Taylor

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This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to HTIhosp@aol.com ... Thanks!
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HEALING TOUCH INTERNATIONAL, INC.

*Spreading Healing, Light and Love,
Creating Wholeness on Earth
through heart-centered service, education
and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program by Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingTouchInternational.org.
Click on Education for class information.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart Centeredness
- Respect of Self and Others
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

HTI Perspectives in Healing, the official publication, is published quarterly.

Cover Photo "Fire and Rain" by Caitlin (Cat) Anselme Miller



Letter from the Editor

Fire and Rain; Healing and Infinite Potential

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, HTI Executive Director

My birth home in the heartland is typically humid, green and lush, with the rivers overflowing and flooding after the heavy rains in the spring and summer. Along the Mississippi River Valley, we have experienced several phenomenal floods throughout my lifetime, including one that carried away so much soil it uncovered marine Paleozoic fossils from an ancient sea, now called the Devonian



Fossil Gorge. These floods were anything but gentle in their methods of cleansing and washing; and yet as the waters revealed the fossils, these floods revealed the goodness in people and the hope within the earth. We worked collectively and alongside one another to clean up, replant, nurture, restore, and ease the suffering of our fellow travelers on this planet.

At this time, the view from my **western home** is green, but it is artificially created by sprinklers and underground watering systems. The lakes around our green belts serve as the foreground for the mountains in the distance. I live within minutes from the foothills, the red rocks rich and earthy and ancient in their guardianship of those peaks behind them. Five miles to the west, the HTI office sits at the base of Green Mountain, several blocks from where the original Healing Touch offices were housed in 1993.

The taste of smoke and ash is in the air. Two weeks ago, we flew over the Northernmost High Park Fire as we returned from the AHNA conference in Utah, the plumes of smoke highlighting the surrounding burn area of over 42,000 acres. Now, looking to the South towards Pike's Peak and Colorado Springs from the deck of my home, we see the cloud of smoke arising from the Waldo Canyon Fire. Other fires have been burning in New Mexico and Arizona. Record high temperatures, below average snowfall, high winds and lightening strikes have created an environment for fast

burn fires in the canyons and on the slopes through our summer months. These forest wildfires use the trees and adjacent plant life, nature's living beings that gift us and the planet with oxygen for our breath, as fuel.

Ten years ago, I again stepped outside of my western home and tasted smoke and ash on the air. That wildfire had all the ingredients described above, along with the back-story of an emotionally disturbed woman



Waldo Canyon Fire, Colorado Springs

burning a letter from her estranged husband, and a fire that resultantly got out of hand. **Twenty years ago**, a coal seam fire, a drought, a lightening strike and a fast burn took the lives of 13 firefighters on one of the mountains to the west of here.

Our family knows fire very intimately. While away at college, my parent's home caught fire in the early morning after my father had left for work, burning out the interior from the basement to the second floor. Our rescue dog, found and adopted one summer while I was home from college, saved my mother's life by jumping up and down on her chest and barking, awakening her before she was overcome with smoke inhalation. He lost his life in the fire – a beloved hero that repaid my mother's love a million fold. In their grief and loss, my family reached within to their interior strength and faith that they could begin anew, and they were supported in this by their family and surrounding community.

Fire is a very harsh mistress. Fire has been a source of comfort, light, and protection for humankind throughout the ages; in traditional Chinese Medicine it relates

continued on next page

Letter from the Editor cont...

to the heart and the circulatory system. It fuels the life force and when it becomes diminished, we “burn out”. Yet fire has the capacity for great destruction and its burn and the resultant loss is at times unbearably painful. Just as in the times of water and cleansing, out of these times of hardship by fire, some of the very best qualities of people are revealed; neighbors open their doors to those without a home, and open their arms to comfort and their pockets to assist. People safeguard beloved animals and diligently work to protect the land and its flora. We repeatedly hear stories of how kindness steps to the fore and creates a space for healing to begin.

Our world has been experiencing physical, emotional, intellectual and spiritual fragmentation, imbalance, drought and fear for some time. Not only have we as a species fragmented within ourselves, but we have lived separately from and out of balance with the land, its creatures, and its flora.

Fear, isolation and excess has had a noose around the throats and hearts of humankind, and like the coal fires started from coal compressed beneath the weight of the mountains, this human fear and excess has been smoldering and under pressure. Many have commented that it seems very “chaotic and up” for humanity right now. The compressed emotions and actions of our species perhaps creating a “burn” that reflects our separation, our emotional and spiritual pain and drought, and the earth mirrors this. As humanity works itself into righteous anger in order to alleviate its pressure and annihilate the presumed source of its fear so that we can once again feel safe, we have done so without the balancing half of compassion and love. The usual methods have failed to resolve or “cure” the problem; indeed, these old methods don’t work any longer. We cannot fight these internal and environmental fires only with fire lines and propellant and courageous men and women. We must also fight these fires with inner courage, peace, strength, integrity, grace, compassion and unconditional love that is always available to us and within our own hearts for the Earth and all its inhabitants.

Spiritual traditions have as a foundation the teaching that unconditional love, compassion and forgiveness are the requisite steps along the spiritual path and the key to our freedom. But each tradition also teaches that when there is wrong doing, when there is wrong action, it is appropriate to take the minimum necessary action required to prevent further harm, to assist justice, and to alleviate pain and suffering; this is sometimes called wrathful intervention. Our freedom and perhaps our very survival requires a balance between the two.

What we sometimes have failed to realize and embody is that **unconditional love and wrathful intervention are inseparable** and when delivered together, transformation, resolution and evolvment to higher spiritual consciousness and healing can occur. To judge, punish, limit, and correct through the action of fear and anger merely builds and adds fuel to the fire and ignites the dry and barren heart. But to take firm action while still retaining unconditional love and compassion in one’s heart pacifies the spirit, calms the soul, teaches and models correct action, and protects future generations along with this one. The wrathful intervention is like the lightening strike or the coal seam fire that burns away the old in preparation for the new; it is then the compassion and unconditional love that brings the soothing rain, calms the spirit, and mobilizes the fire into passion to create rather than to destroy, at last opening us to our personal healing and infinite potential.

Editor’s Note: At the time of this publication, the temperatures have lowered, soft rains have arrived in the afternoons, and the High Park Fire is 100% contained. Officials predict the Waldo Canyon Fire to be 100% contained by this week’s end.





Motivations from the President

Exploring Our Individual and Collective Healing Path - Part 2

by Mary O'Neill RN, CHTP/I, HTI President

"As to the part love has to play in the healing process: Love is the life expression of God; love is the coherent force which makes all things whole, and love is all that is." ~ Alice Bailey

When beginning our journey in Healing Touch we learn the value and importance of preparing ourselves to offer healing energy to another person. The Level 1 student can explain and demonstrate grounding, centering and setting an intention for the client's highest good. This puts the practitioner in the best state to be a healing presence. When a student completes Level 3 class, they learn the Hara Alignment Meditation an additional method of preparing their energy field to maintain a higher vibration and allow the client to experience a deeper healing. In the process of learning these techniques, we tend to compartmentalize, holding these skills for only when we step into the time of offering Healing Touch to a client. I believe that all the healers we learn from want us to incorporate these skills into every encounter, action and intention throughout our day. This offers us the opportunity to truly incorporate all aspect of healing work into our daily interactions with others.

Beginning with Ourselves

I tend to wake up very early in the morning and like to take a few minutes to set my intention for the day. A simple awareness that each day is indeed a gift and an opportunity to put myself into service to be a healing presence for anyone I encounter.

This begins the process of awareness. Taking time to do some Healing Touch is very helpful and certainly setting a Hara Line for the day gets things moving energetically and puts me in the right space to be a healing presence.

Awareness of Others

I really like the Health Care facility I work in. It has a strong Mission Statement that incorporates respect and honor for all and the connection with a greater Power in our mission of healing. This Mission also reveals that we reflect the Divine in our healing work to the patients. We have a five foot and ten foot rule that all employees are asked to abide by as they go about their day. It is a great practice for anyone and I believe can change lives and provide healing to many.

When we encounter another person coming toward us, at ten feet we make eye contact and at five feet acknowledge the person with a good morning or hello and add their name if you know it. I can't tell you what

this does for the energy in the building. It raises the vibration as we acknowledge, honor and respect the person in front of us.

This practice offers an opportunity to provide healing to each person throughout the day. Many times I've encountered a family member or visitor in the elevator. They look exhausted from being at the bedside of a loved one in the ICU. Just a simple hello and reminder that I will keep their loved one in my thoughts or prayers has provided a sense of healing. It has given the opportunity to release their burden for just a few minutes. They realize that they are not alone.

As we all know, the health centers in most places are really run not by administration but the workers who provide, around the clock, the tasks most of us would not do. If we didn't have the maintenance staff, housekeepers, dock workers, food service workers and those who perform all the most necessary tasks, our hospitals would not function and we would simply have no patients to serve. Many times these people go about their daily tasks with little or no recognition. They walk unseen by many "professionals" as if they don't matter. My hospital has now become a family that meets and greets one and all. One of the food service attendants greets me with a hug each time I meet her. She takes special care to respectfully enter a patient's room with their tray while I offer HT to a patient. She many times offers comfort and a healing word to the patient as she serves their tray. I've heard her stories and she has heard mine. We meet in the hall with a look that goes deeper and genuinely touches the heart. This is a healing moment for both of us. This is but one instance in the day, multiplied many, many times over the day.

The Path that Encompasses All

As we continue to learn and grow into being a healer, it is helpful to remember that this work is about total transformation. It is not just an occasional dipping our toes into the healing pool. We have a unique opportunity to experience the depth of healing work in every aspect and encounter in life. We can always offer "more" of a heart-centered connection in each of our moments with others. The simple eye contact, genuine greeting and offering heart energy is healing for each one and for ourselves as we can indeed change the world.

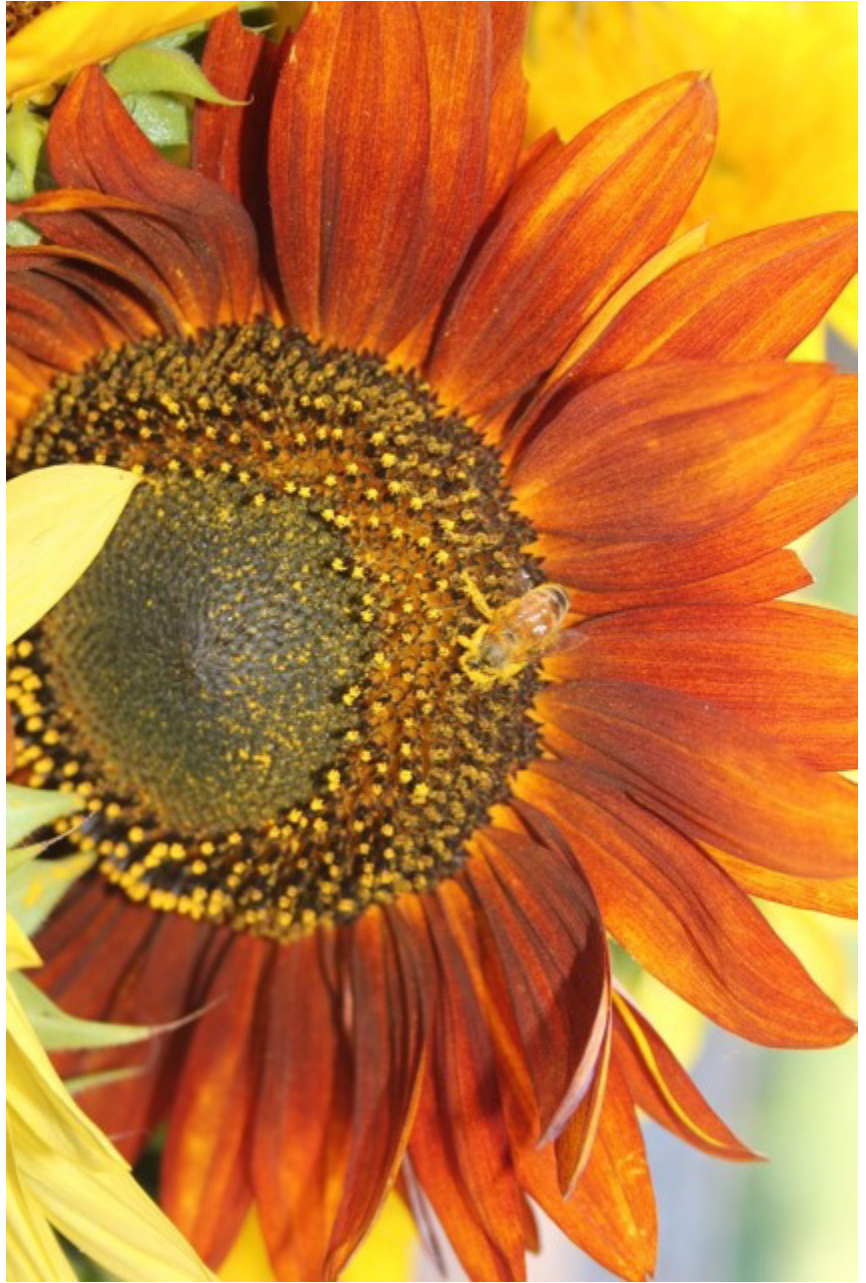
Inspirations

Infinite Potential - An Alpha Poem Written While Observing a Level 4 Class

by Lisa Anselme

In each of us lies the seed of
infinite potential.
Nothing limits us except
our lack of imagination.
Fanciful dreams? Or calls
of the spirit?
Inward journeys, outer
expressions
Night is the dream time;
morning is the
awakening
I unfold awareness.
Travels of consciousness
bring wisdom from
knowing. Past and future
Entering the now.

Possibilities and pathways,
a multitude
Opportunities available if
I am willing.
True heart and passion fuel
the dream.
Even as doubts and second
thoughts arise
“**N**onsense”, I say.
“**T**o thine own dream be true.”
Intention for the greatest good, I follow the path unfolding.
All paths lead to wholeness.
Love is my navigator.



“Sunflower and Bee” by Caitlin (Cat) Anselme Miller

Community Development

Tokyo, Japan Level 4 Class

by Anne Day BSN, MA, HNB-BC, CHTP/I; Lori Protzman RN, BS, CHTP/I;
Miki Toda CHTP; Maki Shimamura HTI-P

The first HTI Healing Touch Certificate Program Level 4 class took place outside of Tokyo, Japan, June 22 - 25. After 5 years of building classes in Japan, there were 20 very committed students for this first practitioner level class. There were 7 nurses, 2 physicians, a dentist and a variety of other professions represented. Anne Day was the instructor and Lori Protzman, from Hawaii, was the Mentor. Lori had taught many of these students for the previous level classes. Much credit goes to Maki Shimamura and Miki Toda, who direct Healing Touch Tokyo, for their commitment to bringing Healing Touch classes to so many in Japan! They both also committed many, many hours to translation of all of the workbooks!

We honored Miki at the first pinning ceremony in Japan during the class, as she had just received the letter from Healing Touch International congratulating her on her CHTP certification! This was very inspirational for all of the students; many commented that it gave them the desire to continue the path to HTI certification. Maki will be submitting for certification this month, so hopefully there will be 2 CHTP's in Japan very soon, with mentorship for the 20 new Level 4 students in process!

We have more to share that we will put into a longer article for the next newsletter! Until then, Anne Day, Lori Protzman, Miki Toda and Maki Shimamura



Grace and Intention

Mary Silberzahn MA, OTR/L, CHTP

Mary Silberzahn MA, OTR/L, CHTP was an occupational therapist who lived in South Pasadena since the mid-1990's. Mary passed away on Christmas Day, 2011, after a long illness. She was 81. Mary was born in Pontiac, Illinois. During World War II, Mary worked as a recreation director for troops in Germany and Okinawa, Japan.



Mary graduated from Mt. Mary College in Milwaukee, WI in 1952 with a degree in occupational therapy and earned a Master of Arts degree at USC in 1967. She was also an assistant professor of occupational therapy at USC in the late 1960's.

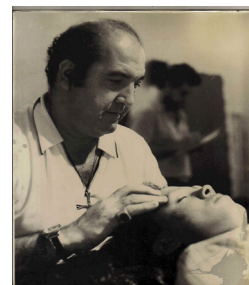
Mary worked at Hollywood Presbyterian Hospital in the early 1970's and taught at Pasadena-based Sensory Integration International from 1973 to 1983. Later in her career, she worked in private practice and expanded into Healing Touch and Energy work. Mary was a Charter Member of Healing Touch International (1996 – 2012) and was a Certified Healing Touch Practitioner through Healing Touch International (1997 – 2012). Mary was particularly interested in assisting children with sensory integration disorders and autism, to improve their quality of life. In her Healing Touch Practice, "Healing Touch Pasadena", Mary worked with individuals with a wide variety of health care challenges and also offered Healing Touch on a regular basis in her work as an Occupational Therapist in Adult Day Care Centers. She believed that these individuals needed an energy base for self care activities and had the right to be as pain free as possible.

Mary believed in service and volunteered at a HIV clinic once a week for 3 years, using Healing Touch as her major healing modality. She also participated in fund raising events by offering Healing Touch to participants.

Her work was published in the American Journal of Occupational Therapy and two textbooks. Mary was described as a beloved friend to many and a generous contributor to countless organizations. Her pioneering work combining the fields of Occupational Therapy and Healing Touch will not be forgotten.

Grace and Intention

Rev. Rudy Noel



Rudy Noel Clavijo was born in the 1930's in Chicago, his mother a Prima Ballerina of the Brussel's Opera and his father a professional translator. Both his mother and sister were teachers, and they taught Rudy dance. After graduating from High School, Rudy performed in Ballet Theater, the Jack Cole Dancers and the road company of *Guys and Dolls*. He also began to teach. After marrying and the birth of his son, he and his wife began to perform in well known clubs, including the Palace Theater in New York, The El Cortez, The Dunes and The Desert Inn in Las Vegas, Chez Paree in Chicago, The Eden Rock in Miami Beach, The Savoy Hotel in London, and Clubs in Spain and Paris. They were the opening act for Patti Paige, Red Skelton, Bob Hope, Sid Caesar, the Will Matson Trio featuring Sammy Davis Jr., Louis Armstrong, Jack Benny and Pearl Bailey. After the birth of his daughter, he sustained dance injuries, retired from dancing and formed the Noel Talent Management and started a production company and then a comedy club in Chicago.

Rudy later went to Hollywood and went from sleeping in his car to being offered a job with William Morris and a job from Stan Irwin as road manager for Johnny Carson and Pearl Bailey for awhile. In the 1970's Rudy began studying with Rev. Rosalyn Bruyere at the Healing Light Center and was ultimately asked to join Rosalyn's teaching staff. He described Rosalyn as his mentor, friend and teacher. In 1981, he moved to Denver, CO and opened a healing practice. He later met and became friends with Janet Mentgen and offered two adapted techniques that were later included in the Healing Touch curriculum: Mind Clearing and the Hopi Back technique. Rudy passed January 26, 2012. Shortly before his passing, he published a short story about his work, entitled "*The Huggin' Healer*". We are so very grateful for his life and for his contribution to Healing Touch.

Editor's Note: I first met Rudy in 1997, at the 1st Healing Touch International Conference that was held at the Sheridan Hotel, Lakewood, CO, directly across the street from our current offices of Healing Touch International. He was at the very back of the room in one of the workshops, standing behind a large video camera, filming the session. He had a very casual style that disguised the studied healer that he had become.

HTI Networking Column

Healing Touch Networking Column

Healing Touch International is pleased to offer the following column as a means to facilitate networking within your local communities. Healing Touch International, Inc. makes no claims as to the accuracy or content of the various networking groups. It is our expectation that all groups conduct themselves in accordance with the HTI Code of Ethics & Standards of Practice and maintain respect and confidentiality of all networking information.

Community Meetings/Gatherings

The purpose of community meetings is to: build community; educate by relaying information from the international organization outward; promote membership in Healing Touch International, Inc.; encourage attendance at the international annual conference, thus affording global networking for students, practitioners and instructors. We suggest that these meetings can best serve these goals by being held within a single day format, serving as distant points of light that shine outward from the center.

Affiliate Organizations: National & International Conferences

Healing Touch International's 16th Annual Energy Healing Conference & Instructor Meeting

Date: September 27-30, 2012

Location: Broomfield (Denver), Colorado
OMNI Interlocken Resort & Spa

Theme: *Healing and the Path of Infinite Potential*

Contact: For additional information please visit:
www.HealingTouchInternational.org

Australian Foundation for Healing Touch - National Gathering

Date: October 26-28, 2012

Location: Maleny, QLD Australia
Tranquil Park

Theme: *Sharing the Journey: Aligning out Purpose*

Contact: Veronika Oliver at
veronika.oliver@hotmail.com
Tranquil Park at
reception@tranquillpark.com.au

In The News

New Guided Imagery Initiatives in the V.A.: Grant was awarded to a terrific Oklahoma City V.A. Chaplain – **Terry Sparks** – who is combining Healing Touch treatments with our Healing Trauma imagery, in a protocol that is similar to what researchers studied at the Scripps Center for Integrative Medicine with Marines post-deployment. Chaplain Sparks won an Employee Innovation Competition, which is one way the V.A. has been encouraging new ideas from clinical staff and making things happen faster than usual.

Fairview Medical Center: March 26, 2012, Located in Red Wing, Minnesota, **Sarah Stinson** and **June Woitas Rodgers**, both Certified Healing Touch International Practitioners, are interviewed and pictured in an article for their local newspaper "Red Wing Republican Eagle". The Fairview Medical Center is on their way to providing Healing Touch.

Rady Children's Hospital: Video February 29, 2012, Located in San Diego, California, **Lisa Thompson**, RN, CHTP/I, speaks on how Healing Touch can help ease the pain for children while in the hospital. Video

A Spirit of Compassion - Video January 25, 2012, **Deborah Larrimore**, a Certified Healing Touch International Practitioner and Instructor, talks about Healing Touch and the spirit of compassion in health care through this wonderfully presented video.

Community Outreach

(1) **Healing Touch with Cancer: Reawakening the Essence of Wholeness** and (2) **Clinical Applications: Healing Touch in the Acute Care Setting** **Lisa Anselme** RN, BLS, HN-BC, CHTP/I, presented two ½ day workshops at the 32nd American Holistic Nurses Association Conference: Holistic Nurses: Catalysts for Conscious Change June 13 – 16, 2012 in Snowbird, Utah.

Mary O'Neill, HTI President and **Lisa Anselme** HTI Executive Director, exhibited at the **American Holistic Nurses Association Conference**, Snowbird, Utah, June 13-16, 2012.

Savitri Kumaran RNC, CHTP/I will be presenting at the **5th Asian-Pacific International Conference on Complementary Nursing Conference** October 16-19, 2012, Bangkok, Thailand.



HEALING TOUCH INTERNATIONAL, INC

PRESENTS

Healing and the Path of Infinite Potential

16th Annual Energy Healing Conference & Instructor Meeting
September 26 - 30, 2012 * Omni Interlocken Resort
Broomfield (Denver/Boulder area), Colorado

Continuing Education Contact Hours for Nursing & Massage Therapy
Enjoy Thought-Provoking Presentations by these Dynamic Keynote Speakers

Single Day Attendees Welcome

Includes a rich variety of
additional workshops

Sponsorship and Exhibitor Opportunities



Christine Page, MD

Mystical physician, homeopath, gifted intuitive, and alchemist, sharing her insights and knowledge through teaching, soul readings and writing.

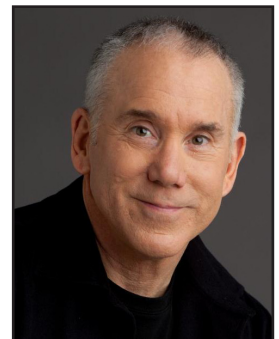


Jonathan Ellerby, PhD

Best-selling author, CEO, consultant, experienced in holistic healing and spiritual counseling. Featured an expert in films, print, television & radio.



Logo Art: "Path of Infinite Potential"
Artist: Joe Pagac



Dan Millman

Former world-champion athlete, university coach, martial arts instructor, author, and college professor. Teaches & influences others worldwide.



Kathleen Adams, LPC

Best-selling author, speaker, psychotherapist and visionary. Defines Journal Therapy as a significant influence in contemporary journal keeping.

For more information visit:
www.HealingTouchInternational.org
or call 303-989-7982



Call for Exhibitors

Healing Touch International

16th Annual Energy Healing Conference & Instructor Meeting

September 27 - 30, 2012

Preconference September 26 - 27, 2012

OMNI Interlocken Resort

Broomfield, Colorado

Download Exhibitor Prospectus and Application at:

www.HealingTouchInternational.org

2012 Conference Sponsorship Opportunities

Sponsorship opportunities for HTI's annual conference are now available and can be tailored to meet your needs. Individual Grants of any value are also available and greatly appreciated. For a complete sponsorship package please visit the website at: www.HealingTouchInternational.org Please contact the HTI office for individual opportunities not listed.

Gold, Silver, Bronze Sponsorships are available along with the following additional opportunities

- Literature/Product Sample in Registration Packet
- International Scholarship Sponsor
- Entertainment
- Refreshment Break
- Conference Proceedings Booklet Back Cover
- Keynote Speaker
- Saturday Banquet

All Sponsorships Include the Following Benefits

- Enhance your visibility and name recognition with health care professionals
- Recognition on signage at the conference
- Company name and website in official 2012 conference proceedings booklet
- Listing as conference sponsor on the HTI website – Average 12,000 unique hits/mo
- Exposure to 400+ attendees and 11,000+ students, members & practitioners (ezines)
- Acknowledgement in HTI Perspectives in Healing Quarterly Publication
- Visibility and name recognition throughout the Healing Touch community
- Establishment of your organization as a proponent of holistic and integrative care
- Enhanced exposure of your products, services or organization

Board Corner

International Development

by Rauni Pritinen King RN, BSN, MIH, HNB-BC, CHTPI



The HTI Board of Directors has been working on many different ways to expand our organization and maintain its professional standing. Healing Touch has been taught in over 40 countries and it continues to spread worldwide. Our strength has been our heart centered work, dedication and desire to serve. We would like to thank all of you who are “Spreading Healing Light and Love, and Creating Wholeness on Earth through Heart-Centered Service, Education and Professional development”

My journey in HT has taken me to other countries. When I started practicing HT in 1993, my personal goal was to bring HT to health care systems in the US and abroad, especially to my native Finland and lately to the nursing students in India. I wanted to teach and keep the HT work so professional that institutions would create paid positions for CHTPs. Now HT work is expanding all over the world. However, when it comes to international development, we still have a lot of work to do. Internationally, HT needs a solid infrastructure to grow and expand. We need a new navigational map that anyone interested in HT can access for guidance, whether it is an individual, institution or a country. The best way to get any health care system, in the USA or abroad to pay attention to HT is by providing accurate data and research. So, we need to collect data. This starts with collecting information about which countries have had HTI classes, what levels were taught and who were the students. Thanks to Mary Frost who created the questionnaire entitled “Instructor Survey 2012 Teaching Across Home Country Borders” we now have an instrument to make this possible. You can access the questionnaire on the HTI website in the instructor area. If you have been teaching HT outside of the US please fill this survey out as soon as possible in order for us to move forward with this project.

As a board member, I have been appointed to be the HTI Board Liaison to work with Stephan Nobs from Europe on this project. Stephan has agreed to be the International Council Chair for project

development. He was asked to create an organizational chart or structure for affiliate countries, which he did and it was approved by the HTI Board as a working document. Stephan and I have identified four major groups or tracks in international development. We call it the algorithm which we work from. The most organized countries are obviously those that are called “Affiliated HTI Organizations”. These organizations have been formally incorporated within their own country and their members have been formally recognized to be in relationship with HTI. This group may need some guidance, but in general they have figured out how to move forward with their program. The second group consists of countries that are “Affiliated Organizations in Formation”. This group requires guidance and support from the HTI main office. Cathy Nunemaker, HTI Membership Administrator, is the contact person at HTI. The third group is “Independent Countries” that have HTI presence but are not able or willing to create formal affiliation. As all of us know, each country has their own rules and regulations when it comes to organizational activities which may not have anything to do with HT. So, how can we help them to be the best possible HT partners while following their own guidelines? The fourth group that we have identified are those countries that have visiting HT instructors. How can we support these instructors? Mary Frost has agreed to be the liaison for this group.

Stay tuned.....you will hear more about this at the HTI conference in Denver this September and in future communications.

We are very blessed to be able to do this healing work. The individuals whose lives you touch will not forget you. As beautifully stated by Maya Angelou:

“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel”.

Important Reminder Notice to Instructors Teaching Internationally

Please complete and return the International Instructor’s Survey, located in the Instructor Only area at www.HealingTouchInternational.org

Certification Matters

Important Information about your Healing Touch Certification



Dear HTI Certified Healing Touch Practitioners and Certified Healing Touch Instructors,

Please be advised that only Healing Touch International may award the credential of Certified Healing Touch Practitioner (CHTP) and/or Certified Healing Touch Instructor (CHTI). Also, it is **only through Healing Touch International that you may renew these credentials**. These credentials were established in 1993 in the American Holistic Nurses Association, and then transferred to Healing Touch International in 1996.

Renewal reminders are sent by email from Healing Touch International to our certified practitioners and instructors at 90-120 days, then 30-60 days prior to their certification renewal date and upon lapse of the certification. The Healing Touch International globe logo, is consistently displayed on all of our material, including certification documents. It represents our service to our international community, vision and mission. We advise that you closely review any HT Certification renewal reminder to ensure that it is indeed from Healing Touch International and not another agency.

Please check your renewal date on your certificate of certification and expect that you will receive information re: this renewal prior to that time. You should be receiving routine communication by email from Healing Touch International (HTI quarterly Perspectives in Healing, announcements and information about conference). If you are not receiving these communications, have any questions, or need assistance with your renewal, please contact the HTI office in Lakewood, Colorado at 303-989-7982 or email Kassi Anderson BA, Certification Administrator at Certification@HealingTouchInternational.org.

We thank you for your continued good work in sharing our mission of Spreading Healing Light Worldwide and wish each of you many blessings.

In light,

Healing Touch International Board of Directors
Healing Touch International Certification Board
Healing Touch International Staff

~ Congratulations Newly Certified ~

Practitioners

Beatriz Almenara Figari - San Isidro, Lima Peru
Debbie Dugan - San Diego, CA
Mary Edwards-Zucchini - Raleigh, NC
Leslie Elmore - Redwood City, CA
Ashley Fleetwood - Pfafftown, NC
Jean Flores - Trenton, NJ
Cindy Fox - Urbandale, IA
Brenda Hoehn - Perryville, MO
Jerry Hopping - Pfafftown, NC
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Claudette Landry - Riverview, ON Canada
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Lauren Mayr - Raleigh, NC

Elizabeth McKeown - Kernersville, NC
Elizabeth Rogers - Burlington, NC
Tammy Shimfessel - Kernersville, NC
John Stobaugh - Indianapolis, IN
Jan Switzer - Carlsbad, CA
Miki Toda - Tokyo, Japan
Kathleen Turner - Groton, CT
Adriane Villegas - Indianapolis, IN
Glenna Wilkerson - Orlando, FL

Instructors

Ruth-Ann Eaton - Waterbury, VT
Nancy Strybol - Leidschendam, ZH Netherlands

Mentorship

Getting to Know the New Certification Packet

by Anne Day BSN, MA, HNB-BC, CHTP/I and Mary Jane Aswegan RN, CHTP/I



Anne Day

There is a new Certification Packet on line at the HTI Website that is now dated from January 2012 to December 2014. There are no changes to the criteria but a few changes to the action/evidence required to meet the criteria, so we encourage mentors and mentees to download the latest version so you will be familiar with those changes. This article will be devoted to pointing out the most important changes in the process.

Criteria 1: Coursework Completion

Action/evidence required:

- Include a signed/dated Level 5 Instructor Recommendation form on page 15 of the packet, which will be signed by the Instructor at Level 5.
- Include a copy of HTI Certificate of Course Completion, issued upon verification of homework completion by the Level 5 instructor

You no longer need to include copies of all the Levels of HT certificates. We suggest that you put your original certificates in sheet protectors of your profile book, which you take to level 5. That way you always have them in a safe place where you can find them should they be needed down the road.

Criteria 2: Resume

Requirements are essentially the same but be sure to include in the body of your resume the Healing Touch classes and include the dates/locations/instructors or student solutions if applicable.

Criteria 3: Modalities

There are no changes to these requirements

Criteria 4: Mentorship

It is more clearly stated that the Mentorship must have been in effect for a minimum of one year following the completion of Level 4 and not have ended more than one year prior to applying for certification. It is recommended that the mentorship continue through the certification application process.

Under Mentor Resources

it is highly recommended that the HTI Healing Touch Mentorship Guidelines be downloaded from the HTI website for review by the mentor and mentee. This is important for the establishment of responsibilities on the part of the mentor and mentee. **Mentee:** Just prior to submission for certification the mentee applicant will sign

and date the "Applicants Statement of Professional Responsibility" on page 16 of the packet. **Mentor:** Before the certification packet is submitted, the mentor will sign and date the "Mentor's Statement of Recommendation." *A separate mentor's statement of recommendation is to be submitted by each mentor in the case where there is more than one mentor.*

Criteria 5: Educational Experiences

Remains the same for requirements. This packet does not specify having an Index of categories with the list of books and other educational experiences under each category. If an index is included, it is acceptable, but it is not required.

Criteria 6: Case Study

The format and action/evidence is the same.

Criteria 7: Documentation of Healing Touch Curriculum Techniques

Here is where the biggest change comes in that the applicant must provide a mini case study utilizing one technique from each of **two groups** listed. *There used to be three groups of techniques to include but now only two groups so read carefully those techniques in the two groups and choose accordingly.* Be sure to read the format required in this group. It is similar to the format for the case study. The new format **does not include hand positions of the technique** as in the previous certification packet but **does want the applicant to state the intervention used and the rationale for selection of this technique based on mutual goals and energetic assessment.** This is where to show discernment in why this technique was chosen, what was noticed or observed as the technique was administered, and the response of the client to this treatment technique.



Mary Jane Aswegan

continued on page 15

Educational Insights

Healing and the Path of Infinite Potential

by Barb Schommer RN, MS, CHTP/I



When I look at the words “Infinite Potential”, I think of infinite possibilities. Possibilities are all those things that could or might happen today. One can begin the day by creating all the possibilities for this day, and end the day in gratitude for all those possibilities that manifested. It can be helpful to create and manifest in this way.

As I pondered on the words “potential” and “possibilities”, I became aware that both can take our thoughts into the future or the past (creating and then being grateful for what was created).

There is also an awareness in our healing work that we are most conscious, most aware when we are being in the present moment. It is in being in the present moment that we are fully conscious and aware of the infinite potential of the present moment. It seems like a dynamic tug to be living in the awareness of the future “potentials” for the day, and at the same time in all the “potential” and “possibility” of the moment. This is brought home to me when I look at my calendar full of present moments that have already been scheduled into the future!!!!

So how do we live in the moment of infinite potential?? Perhaps the infinite potential is in the pauses of life – that pause at the end of an expired breath, before the inspired breath. The pause during that first break in a Level 1 class, when people are shifting – not yet sure what they are shifting into. The pause of watching a baby or young child sleeping. The pause of being near a tree. The pause in weeding the food and flower garden, and taking a moment to really look at the growing bean plant. The pause at the stop sign on the way to an errand. The pause in reading when the words are allowed to soak in. The pause when writing a letter, and really focusing on the person being written to. The pause at the end of each Healing Touch class, just before everyone goes out into their own journey. Add your own “pause moments” to this list_____

How often do we move so fast, we miss the pauses and as a result, may miss the potential?

A popular quote from Lao-tzu is “A journey of a thousand miles begins with a single step.” In digging

further into the quote, I found a translation closer to the Chinese - “The journey of a thousand miles begins beneath one’s feet”. It said Lao-tzu regarded action as something that arises naturally from stillness. Another possible phrasing – “Even the longest journey must begin where you stand.” So here it is again, that focus on consciousness, being, being in the present moment, pausing.....

Here is your invitation to pause in awareness of the “potential” that arises naturally from your own stillness. Celebrate your pauses!! Celebrate your “potential”!!

Mentorship cont...

Group 1 Techniques include primarily techniques used in level 1 & 2 and **Group 2 Techniques** include full spectrum healing techniques, which include upper level work. Mentees and Mentors please read and be familiar with this section carefully.

Criteria 8: Self Study and Established Practice of Healing Touch

This is pretty much the same except under the heading of **current practice**. Here they want you to

- Describe the setting and location of your practice
- The average number of clients provided HT (average per week or month).
- Average number of sessions per client
- Types of clients (age range and conditions presented such as pain, cancer, arthritis etc.)

Charlotte McGuire says: “*Imagine your dream, hold it expectantly in your consciousness and watch it unfold.*” This is a wonderful journey we are all on and being in tune with all that is required to fulfill that dream makes it so much more worthwhile.

Energy Research

The Power of Intention and how it led to a HT Education Program for Student Veterans in Higher Education

by Janet Olson CHTP, Program Coordinator, University of Arizona



In 2009 at the Healing Touch International (HTI) conference in Tucson Arizona, past HTI president, Sue Kagel, led the attendees in an intention setting exercise for the upcoming year and the work we would be doing with our Healing Touch practices. To set an intention means to concentrate or focus on a purpose or plan, to direct the mind; with the forces of the universe aligned the impossible can become possible. Having close to 400 people set their personal intentions backed by the powerful force of the group energy was an incredible experience.

My intention happened to be to bring Healing Touch (HT) to the student veterans at the University of Arizona. I had just recently completed Level 4 in Payson, Arizona at the Merritt Center, where they hold retreats throughout the year to help veterans with post-traumatic stress. I could feel a pull on my heart towards the same work and a definite push to get moving. I believed that HT could bring relief from the trauma many have experienced during their tours of duty. I remembered that the first time I experienced HT was after I had finished going through treatment for cancer. I could not walk into a room where people were receiving intravenous medication (IV's) or even watch it on TV without instantly feeling nauseated. During my first session the practitioner, Judith, did a pain drain at my port-a-cath site, a device for intravenous access inserted in a vein beneath the skin of the chest for patients that require frequent infusions. Judith asked me to imagine all the remnants of the chemotherapy drug being drained out of the site; she even had me imagine what color it was. The very next time I saw an IV being administered I had absolutely no nausea; the physical reaction was gone. If that could happen to me after one HT session, I thought it could happen to others. It was as if the cellular memory of the trauma had been erased.

The University of Arizona's Disability Resource Center was awarded a congressionally-directed grant entitled the "Disabled Veterans Reintegration and Education Project (DVRE)." The DVRE aimed to develop a research-based, replicable model for higher education that included various programs, services, and strategies to create an inclusive and accessible campus environment for student veterans. As part of my role on the project, I assisted in planning a four

day roundtable discussion exploring how to best serve student veterans in higher education. This was the open door to fulfilling the intention I set at the 2009 conference. From my perspective, it was a great opportunity to introduce HT to individuals already working with student veterans. We had a group of five volunteer HT practitioners that gave 30-minute sessions to approximately twenty participants. The feedback was overwhelmingly positive with many of the professionals remarking that they wanted to know how they could bring HT to their campuses.

One of the student veterans, Tom (pseudonym), was serving on a panel at the roundtable and asked if I would give him a Healing Touch session. He was a new student vet at the UA and was dealing with PTSD (Post-Traumatic Stress Disorder). Tom's initial concerns included troubled sleep, pain and panic attacks. He explained that his hyper vigilance was so severe that he had to sleep with a gun under his pillow at night, and then he could only sleep at the most two hours before waking up in a sweat. I said I would be willing to see him and we would see how HT could help.

At the time, I did not have a private room where I could see clients. My initial approach was to reserve a conference room, place a foam mat on the conference table, use a portable CD player with ear phones and place a note on the door that said "ROOM IN USE! DO NOT DISTURB!" I had Tom listen to Belleruth Naparstek's "Healthful Sleep" guided imagery CD during the session. He subsequently took the CD and listened to it every night at bedtime. Listening to the guided imagery at the same time as receiving energy work helped him to relax, let go and enter a calm and peaceful state that he can recreate when listening to CD's at other times.

Within the first four weeks of HT sessions Tom's, anxiety was alleviated and he was better able to focus. He began to sleep for several hours a night. He moved his gun from under his pillow to the nightstand, and finally to the dresser. Tom was surprised to find his pain reduced and delighted that he felt hopeful about "getting his life back together." Over the

continued on next page

Energy Research cont...

course of the semester, this student experienced twelve HT sessions. It affected Tom profoundly, to the point that he suggested that, "Healing Touch saved my life". Tom went on to become one of the leaders in the new Student Vets Office; and became an enthusiastic spokesperson for Healing Touch on campus. In May 2012 he received his undergraduate degree from the University of Arizona and is now pursuing his doctorate in psychology!

Following our initial success with HT we implemented monthly clinics at the Student Vets Office. The student leadership was very supportive and active in promoting HT. The strategy was to reserve a meeting room with a large conference table so that we could put a foam pad on it with enough room to set up one massage table. This way, we could have two practitioners working with the students in each hour long session. We had a large group (from throughout Tucson) of Level 4 HT apprentice-practitioners who were willing to volunteer. We were also able to secure a private office at the Disability Resource Center, which is about a ten minute walk from the Student Vets Office, where we could offer weekly sessions to the students.

Once the students began reporting that the sessions were helping with a variety of issues, staff decided to start a research project to assess the effects of HT and guided imagery on student veterans who had reported trouble with one or more of the following: PTSD, sleep, stress, depression, anxiety, exercise/diet, flashbacks, over use of drugs or alcohol, difficulty focusing on class work, loneliness, and pain. We collected pre and post data: a short questionnaire was administered prior to their first HT session, and after the fourth session we had them complete an exit questionnaire followed by an interview. This confidential data has helped us understand how students describe the effects of HT on their wellness, as well as better understand their top health concerns.

Our findings suggest that the most noticeable improvements are relative to depression – all participants significantly improved in this area. Although less drastic, a majority of participants showed improvement with regard to sleep, stress, and anxiety. In response to questions about specific health and wellbeing issues we found that HT has also helped with anger, insomnia, sleep disruptions and mental focus.

Last summer at an HT clinic in the Student Vets Office I had a student veteran Bill (pseudonym), sign up who was hoping HT could help with his anger issues. He

described uncontrollable outbursts that he relieved through drinking alcohol, prompting him to calm down and sleep. I asked Bill if he would rate his anger on a one to ten scale, with ten being the most anger he could imagine. He rated it a 7.5. After the first session Bill said he felt calmer and was willing to come back for three more sessions to complete the requirements to participate in the research project.

After the fourth HT session on the exit interview, Bill reported that he had not had an anger outburst for two full weeks following the second HT session. He was using less alcohol, sleeping better, and felt happier. Bill said he had spent the last year in another type of therapy hoping to get relief from his anger but it had not helped. He said, "The other therapy served its purpose but this did more good than all of it. I wish I had started this last year. I just thought it was weird to be lying quietly in a dark room. Boy, if I had only known it would make this big of a difference in my life".

I followed up with Bill ten months later to find out if his anger issues had returned. He reported that he had not had a single anger outburst since our second session together and he was doing very well and looking forward to graduating. He said, "I highly recommend this treatment, even though it seems weird. I have a friend who has been hit seven times by IED's [Improvised Explosive Device]. He is a mess, he would really benefit from this."

I am grateful for the collective energy of the Healing Touch community that helped me and every other person who set an intention that day. I would love to hear each and every story of how their intentions manifested. In the course of the past two and a half years, we have introduced 145 students and staff to Healing Touch; overall we have given over 400 sessions. A new space for the Student Vets Office is being designed and it will include a designated Healing Touch room; that means no more conference tables! The University of Arizona has a model program for student veterans and considers Healing Touch to be a valuable service to assist student veterans in achieving the utmost success in their reintegration into civilian life and higher education.

Note: Janet currently works with Adaptive Athletics at the University of Arizona's Disability Resource Center as a Program Coordinator and is conducting qualitative research on the effects of Healing Touch with student veterans through the Disabled Veterans Reintegration and Education Project. She has helped create advocacy programs and retreats in the Tucson community for cancer survivors and teaches Tai Chi.

Book Review

THE BOND: Connecting Through the Space Between Us

by Lynne McTaggart

Free Press, New York, 2011. ISBN 978-1-4391-5794-7

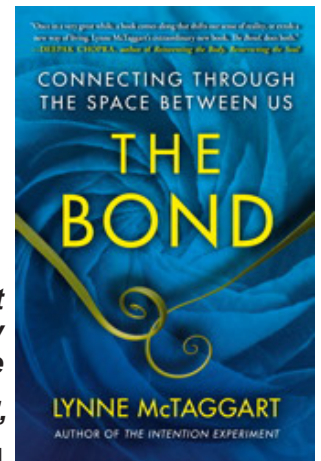
The Bond (now in paperback), a Nautilus Award Gold Winner and “Best Science Book of 2012”, is a sequel to Lynne’s book, *The Intention Experiment*. In *The Bond*, she argues that new scientific evidence shows that **“humans are hardwired to seek connection and to live in harmony, rather than the modern – day assumed drive to compete”**.

McTaggart uses recent studies in physics, biology and other sciences to argue that our individualistic, competitive way of living is based on outdated survival of the fittest (Darwinian) belief, and that cutting-edge science shows that a drive for cooperation and partnership is a fundamental aspect of human nature and should inform and direct our lives. Our present competitive worldview brings economic and ecological crises; the new scientific story told by quantum physics offers “the extraordinary possibility that all of life exists in a dynamic relationship of cooperation.” As part of Lynne’s argument, she utilizes the work of biologist Franz Halberg, a founder of chronobiology, who says humans are part of a complex energy system that is acted upon by the universe’s planetary geomagnetic activity. While much of McTaggart’s referenced material is considered preliminary or unconfirmed she capably weaves them into a scientific case for holistic living within a cosmic “Bond.”

“Every conflict that occurs is resolved only when we can fully see and embrace the space, the bond, between us.”

Utilizing interviews and human stories as examples, McTaggart provides specific recommendations to help enhance more holistic thinking, more cooperative relationships, and more unified social groups. She includes (1) a simple daily practice that conditions the brain to enable you to become more empathetic toward others, (2) a new way of speaking and listening that can overcome polarization, (3) the idea that “people who fire together wire together” (e.g. whenever a group works together for a common goal, the brains of all parties begin to get on the same wavelength, strengthening the bond within the group), and lastly, (4) fairness is more powerful than unfairness: A small group of individuals committed to strong reciprocity can “invade” a population of self-interested individuals and create a more fair society.

The **Core values of Healing Touch International** (Integrity, Heart-Centeredness, Respect of Self and Others, Self Care, Service, Community and Unconditional Love) are compatible with Lynne’s world view of cooperation, collaboration and respect.



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Healing Touch Word Find

By: Ruth Muhr RN, CHTP/I

C	A	R	I	N	G	H	T	O	O	M	S
H	E	S	A	C	R	A	L	O	P	E	N
A	C	C	E	B	G	B	R	O	W	N	N
K	N	W	O	R	C	R	O	N	C	U	O
R	A	L	O	S	V	O	O	M	S	T	I
A	L	R	B	H	F	E	T	U	P	T	S
M	A	G	N	E	T	I	C	L	N	A	S
R	B	A	L	A	T	N	E	M	S	D	A
P	C	O	R	R	V	X	N	L	M	M	P
S	V	B	O	T	U	N	T	E	D	A	M
E	I	O	C	S	C	D	E	R	O	C	O
V	N	L	A	U	T	I	R	I	P	S	C

1. attune

2. balance

3. brow

4. caring

5. center

6. chakra

7. compassion

8. crown

9. field

10. ground

11. heart

12. love

13. magnetic

14. mental

15. open

16. plexus

17. root

18. sacral

19. scan

20. serve

21. smooth

22. solar

23. spirit

24. core

Words of Wisdom

Infinite Potential

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I



Janet Mentgen's writings in the year 1986 were identified as the year of "Faith". I believe it is the time that she came into awareness about her life's work as a healer and her own potential. Using the word "infinite" before the word potential certainly expands the possibilities of one's awareness of what they may accomplish. When Janet would be asked if she had the vision for Healing Touch to be spread around the world she would laugh and say "no" and then add that she thought she would hopefully be teaching in her own community. I believe the reason that it did expand globally is that she was able to follow the energy of the work to allow it to unfold.

I remember when traveling with her that she would admonish me for worrying about getting to the next teaching assignment, which usually required connecting plane flights and tight schedules. She would offer that it was all in divine timing and that we would be where we needed to be when the time was right. We never missed a class! But, even more importantly, the stress and anxiety was relieved and I was able to be more present. When one allows for "this or better" in setting intention the universe has a chance to loosen itself from your mind's restrictions. What often follows is beyond our expectations.

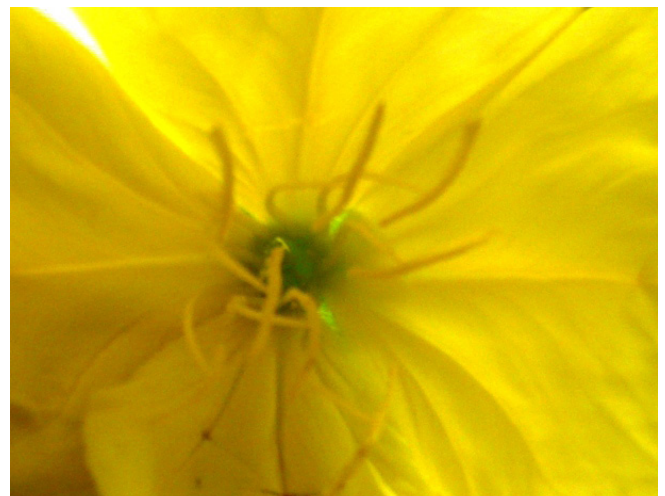
There are many ways to let go of the mind's programming. For Janet this occasionally took the form of art therapy. She was not a talented artist but it provided her with a means of pre-verbal connection to her past. In 1986 she wrote that she became aware that her pictures were trying to tell a story. She wrote: *"I am aware of being fascinated with my own creation and emergence, wanting to know myself, a really new interest, being attracted to me is a new awareness of self-love, my own uniqueness, my purpose, and my potential. It's like embracing that awareness instead of being afraid of it. I want to explore it, am curious instead of being fearful of touching it or knowing about it. There is a sense that I created me and chose to come instead of my parents creating me. There is this sense of molding and directing me instead of my parents doing it, a sense of self-direction, self-purpose, self-responsibility instead of it being done or controlled by others."* What occurs with this perspective is the knowledge that if one is responsible for self, blaming and judgments no longer serve.

Later she wrote about her experience of sharing her artwork as, *"I had a sense of excitement in sharing my awareness about the finger painting and I was pleased to have time today to share them. The image of the blue light ray and the ladder are still very clear, almost like an invitation, a symbol to remember. It all felt so spiritual that it frightened me. I am aware of the need to make some changes to help me let go of things that are keeping me from progressing, like weights and barriers. It is time for me to move on."* In the last year of her life she also reflected on "moving on" in order for the work to expand and grow to a new level. She was conscious of the need for a new vision of collaboration.

Each of us has to climb a ladder in this life. It is much easier to do without carrying our life's baggage on our back. Better to do so with the awareness that we are unique, loved, and loving with the ability to create our future. Opening to life and being in the heart involves climbing higher and higher up the ladder. It is also nice to know that we do this with loving support. How high that ladder extends is our infinite potential. There is no "too high". Take a moment to look around at where you are now and be grateful for all you have done to reach this height. Then place your hands back on the ladder with a smile and continue onward.

Reference:

Wardell, D. (2005). Path of a healer: Janet Mentgen's Early Days. Unpublished manuscript. p. 117.



"Yellow Flower" by Caitlin (Cat) Anselme Miller

Professional Development

Classes to Expand and Deepen your Healing Practice

by Anne Day, MS, BSN, HNB-BC, CHTP/I; Judy Turner, RN, CHTP/I; Rauni Prittinen King, MSN, BSN, HNB-BC, CHTP/I; Diane Wind Wardell, PhD, RN, WHNP-BC, AHN-BC, CHTP/I

The professional development classes offered through Healing Touch International that are entitled “*Energy Wisdom and Practice*”, and “*Healing Disruptive Energy Patterns*”, are courses that were developed from the work of Janet Mentgen. Originally, Janet was the only one teaching these classes. In 2004, Janet trained a select group of upper level instructors and gave them her blessing to teach these classes. Diane Wind Wardell was appointed the lead instructor for these Advanced Practice Classes. Diane was also responsible for the first publication about the conduct and effect of the classes that was published in *Alternative and Complementary Therapies* in 2000¹. Janet offered it as a handout until the materials were developed.

“*Energy Wisdom and Practice*” evolved from the class originally called Advanced Practice 1. The foundation for the Energy Wisdom and Practice is taken from the descriptions on Janet’s teaching practice provided in *White Shadow: Walking with Janet Mentgen*.² The class expands on this work by including the Bioscalar Technique, from professor emeritus, Dr. Valerie Hunt, from UCLA and also incorporates principles of sacred geometry. It also includes the Pyramid Technique, The Central Core Balance, and the Double Hand Spinal Balance.

The second class, “*Healing Disruptive Energy Patterns*”, builds on the Advanced Practice 2 class offered by Janet. Diane had extensive experience with Janet while traveling with her in 1998 and helped to modify and structure the class during that time. This technique includes a trauma release and was often reserved for the more advanced student. This is a profound technique which is often quite significant in relieving chronic pain.¹ Through the experience and collective wisdom we were able to modify this technique in order to create a more complete and comprehensive healing pattern.

Both of these classes are open to all experienced energy workers who desire an in-depth learning of new techniques to deepen their understanding of the work. There are no other pre-requisites for these classes.

Recent comments from a class included: “*These techniques are life-changing!*” “*I look forward to incorporating these techniques with my patients!*” “*Course material was easy to understand and integrate.*” “*Very helpful new information!*”

To schedule a class in your area, please contact one of the four instructors:

Diane Wardell - Diane.Wardell@uth.tmc.edu

Anne Day - anneday7@gmail.com

Judy Turner - judithturner38@gmail.com

Rauni King - RKING487@aol.com

References

1. Wardell, D. (2000). The trauma release technique: How it is taught and experienced in Healing Touch. *Alternative & Complementary Therapies*. 6,1, p. 20-27.
2. Wardell, D. (2000). *White shadow: Walking with Janet Mentgen*. Lakewood, CO: Colorado Center for Healing Touch.



Dr. Valerie Hunt

HTI Professional Development Series and Advanced Practice Offerings

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Touch International Certification and Renewal. These classes are open to any individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. ***If you wish to bring one of these classes to your area, please contact the coordinator or instructor to learn how this may be accomplished.*** *Please watch the HTI Website for information on how to apply.*

Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living leads to a healthy life.

Contact: Myra Tovey at davidmyra7@msn.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system. **Pre-requisite** - The course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing pain

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at
brianlukes@cs.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Beyond Surgery Program-Bridging the Gap

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Program is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at JudyLynneRay@yahoo.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Journaling the Spiritual Journey and Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. Whether you are facilitating others in the healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at AnneDay7@gmail.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Touch Class Schedule - 2012

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

This listing is updated regularly; check often for classes near you!

Date	Location	Instructor(s)	Contact	Phone	e-mail
INSTRUCTOR TRAINING		*** COMPLETED application packets due to HTI by <u>Aug 15</u> ***			
Level 1					
Sep 24-26	Broomfield, CO	Deborah Larrimore	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org
Level 2					
26-Sep	Broomfield, CO	TBA	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org
Level 3					
26-Sep	Broomfield, CO	TBA	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org
Level 4					
26-Sep	Broomfield, CO	TBA	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org
Level 5					
1-Oct	Broomfield, CO	TBA	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org

PROFESSIONAL DEVELOPMENT ** for info on these classes, please visit www.healingtouchinternational.org **

Date	Location	Instructor(s)	Contact	Phone	e-mail
Bridging the Gap					
July 20-22	Rochester, MN	JL Ray / N Blue	Nancy Blue	828-230-9388	nblue@mtwaves.net
Oct 19-21	Brevard, NC	JL Ray / N Blue	Judy Lynne Ray	828-553-8146	JudyLynneRay@yahoo.com

Energy, Wisdom & Practice

July 07	Littleton, CO	Judy Turner	Ruth Muhr	303-794-4720	ruth1234@q.com
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Healing Disruptive Energy Patterns

July 08	Littleton, CO	Judy Turner	Ruth Muhr	303-794-4720	ruth1234@q.com
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Heart Centered Living

Journaling the Healing Journey

Journaling the Spiritual Journey

Spirit of Ireland Healing Journey

LEVEL 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
July 12-13	Fairfax, VA closed	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
July 14-15	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
July 14-15	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
July 14-15	San Diego, CA	LThompson/C Kasperik	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
July 14-15	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
July 21-22	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
July 21-22	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
July 21-22	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net
July 24-25	Aberdeen, SD	Jeanne Thune	Janene Papendick	605-622-5164	Janene.Papendick@avera.org
July 28-29	Middletown, NY	David Rabinowitsch	Kathy Bonnell	845-283-4337	healingtouchcatskills@hotmail.com
July 28-29	Westerly, RI	Jeanne Zuzel	Timothy Zuzel	860-889-4690	tzuzel@yahoo.com
Aug 3-4	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brenda.disparti@memorialhealthsystems.com
Aug 4-5	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Aug 4-5	OKC, OK	Benham & Smith	HT Oklahoma	405-706-7716	innerchi@cox.net
Aug 10-11	Minneapolis, MN	Carol Schoenecker	Carol Schoenecker	612-672-6366	cschoen2@fairview.org
Aug 11-12	St Louis, MO (closed)	Mary O'Neill	Mary O'Neill	314-602-2701	oneillmary@yahoo.com
Aug 11-12	North Liberty, IA	Carol Ann Flack	Carol Ann Flack	605-966-5645	carolflack@longlines.com
Aug 11-12	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Aug 17-18	Minneapolis, MN	Carol Schoenecker	Kathryn Kerber	612-863-7937	kathryn.kerber@allina.com
Aug 18-19	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	760-815-5439	nursebecky@roadrunner.com
Aug 17-18	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Aug 24-25	Arvada, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions @ rrcc.edu
Aug 25-26	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Aug 25-26	LaJolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Aug 25-26	Cedar Rapids, IA	Carol Ann Flack	Carol Ann Flack	605-966-5645	carolflack@longlines.com

Healing Touch Class Schedule - 2012

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 1; cont'd...

Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 1-2	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Sep 8-9	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Sep 8-9	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Sep 8-9	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Sep 8-9	Somers Point, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Sep 15-16	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	Sueknutson@usfamily.met
Sep 15-16	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Sep 15-16	Bemidji, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Sep 15-16	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Sep 15-16	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	605-966-5645	carolflack@longlines.com
Sep 21 & 24	Kansas City, MO	Mary Oberg	Mary Oberg	913-599-6750	healingtouch736@gmail.com
Sep 22-23	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Sep 22-23	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Sep 22-23	San Diego, CA	L Thompson/ C Kasperick	Cecilia Kasperick	858-246-1126	ckasperick@ucsd.edu
Oct 5-6	Minneapolis, MN	Carol Schoenecker	Kathryn Kerber	612-863-7937	kathryn.kerber@allina.com
Oct 6-7	Wake Forest, NC	Deborah Larrimore	Jane Rochelle	919-602-5680	teenytinypieces@gmail.com
Oct 6-7	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brenda.disparti@memorialhealthsystems.com
Oct 8-9	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 11-12	Fairfax, VA closed	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Oct 12-14	Bismarck, ND	Mary Ann Carlson	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 12-14	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Oct 13-14	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Oct 13-14	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	Sueknutson@usfamily.met
Oct 18-21	Richardson, ND	Mary Ann Carlson	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 20-21	Minneapolis, MN	Dana Spates	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 20-21	Omaha, NE	Jeanne Thune	Vicki Baines	402-350-8402	jvbaines@cox.net
Oct 20-21	Des Moines, IA	Gail Hardinger-McCarthy	Gail Hardinger-McCarthy	515-964-9842	lifenbalance@aol.com
Oct 22-23	Shakopee, MN	Barb Schommer	Tamara Severtson	952-428-2551	severtson.tamara@allina.com
Oct 27-28	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Oct 27-28	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Oct 27-28	Waukesha, WI	Judy Turner	Polly Schellinger	262-370-3810	Rschellinger@wi.rr.com
Nov 3-4	Ann Arbor, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 2-3	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Nov 3-4	Kapiolani Pali, HI	Carolyn Ma	Joyce Wong	808-487-5824	JoycWong@aol.com
Nov 10-11	San Diego, CA	Mary Jane Aswegan	Donna Cahill	619-686-3774	cahill.donna@scrippshealth.org
Nov 10-11	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Nov 10-11	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Dec 1-2	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Dec 8-9	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com

Healing Touch Class Schedule - 2012

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
July 28-29	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
July 25-26	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Aug 4-5	Red Bud, IL	Mary O'Neill	Clare Boehmer	618-282-3848	mailhealingmin@aol.com
Aug 10-11	Yankton, SD	Jan Halbach	Julie Camp	605-668-8477	jcamp@avera.org
Aug 11-12	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Aug 17-18	Minneapolis, MN	Carol Schoenecker	Kathy Kerber	612-863-7937	kathryn.kerber@allina.com
Aug 18-19	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
Aug 18-19	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Aug 18-19	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Sep 7-8	Arvada, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions @ rrcc.edu
Sep 7-8	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Sep 8-9	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Sep 8-9	Bemidji, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Sep 14-15	Red Wing, MN	Barb Schommer	Sarah Stinson	651-267-3506	sstinso1@redwing.fairview.org
Sep 14-16	Phoenix, AZ	Lynne Jeffrey	Stephanie Clark	602-321-9775	stephanie.j.clark@bannerhealth.com
Sep 15-16	Lake Park, FL	Judy Lynne Ray	Lindsay Babich	561-596-2727	ADivineLindsay@aol.com
Sep 15-16	LaJolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Sep 20-21	Fairfax, VA closed	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Oct 5-6	Duluth, MN	Jackie Mielke	Michelle Russell	218-724-3679	holistichealthhealing@gmail.com
Oct 6-7	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Oct 12-14	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Oct 13-14	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Oct 13-14	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Oct 20-21	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 20-21	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Oct 27-28	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 27-28	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Oct 27-28	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Oct 27-28	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	Ruth1234@q.com
Nov 2-3	Minneapolis, MN	Barb Schommer	Kathy Kerber	612-863-7937	kathryn.kerber@allina.com
Nov 3-4	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Nov 3-4	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	Sueknutson@usfamily.met
Nov 3-4	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	760-815-5439	nursebecky@roadrunner.com
Nov 3-4	Somers Point, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Nov 9-10	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brenda.disparti@memorialhealthsystems.com
Nov 10-11	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Nov 13-14	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Nov 30 - Dec 1	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Dec 6-7	Fairfax, VA closed	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Dec 8-9	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org

Healing Touch Class Schedule - 2012

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LEVEL 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
July 6-7	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
July 13-14	Eau Claire, WI	Barb Schommer	Sue Peck	715-836-5375	pecksd@uwec.edu
July 21-22	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
July 27-28	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Aug 8-9	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Aug 11-12	Colorado Springs, CO	Judy Turner	Myra Tovey	719-622-0703	davidmyra7@msn.com
Aug 22-24	Coon Rapids, MN	Jackie Mielke	LeAnn Snidarich	763-433-1279	leann.snidarich@anokaramsey.edu
Aug 25-26	San Diego, CA	Anne Day	Lisa Thompson	858-414-3631	lisamct@sbcglobal.net
Sep 14-15	St Cloud, MN	Carol Schoenecker	Vickie Ruegamer	320-255-5735	ext 54685 change in admin !!!
Sep 21-23	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Sep 22-23	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
Oct 11-13	Bismarck, ND	Judy Turner	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 13-14	Harrisonburg, VA	Deborah Larrimore	Gail Bondurant	540-433-3421	calendula@ntelos.net
Oct 19-20	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 20-21	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@skate.edu
Oct 20-21	LaJolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Dec 20-21	Farmington Hills, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.net
Oct 26-27	Yankton, SD	Jan Halbach	Julie Camp	605-668-8477	jcampa@avera.org
Oct 27-28	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Nov 1-3	Red Wing, MN	Jackie Mielke	Sarah Stinson	651-267-3506	sstinso1@redwing.fairview.org
Nov 3-4	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Nov 9-11	Lakewood, CO	Lisa Anselme	Carrie Niewenhaus	303-989-7982	education@htihome.org
Nov 10-11	Kansas City, MO	TBA	Jody Hueschen	816-237-1217	jhueschen@aol.com
Nov 24-25	Pontiac, MI	Janet Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Dec 1-2	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com

LEVEL 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
July 19-22	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
Aug 2-5	Stoneville, NC	Deborah Larrimore	Ashley Fleetwood	337-777-0680	HToftheCarolinas@me.com
Aug 17-19	Belmont, CA	Sue Kagel	Leslie Elmore	650-568-3235	leslie.elmore@sbcglobal.net
Aug 23-26	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Aug 24-26	Farmington Hills, MI	Deborah Larrimore	Barb McConnell	517-914-4133	mconb51@bigplanet.net
Sep 13-16	Columbia, IL	Mary O'Neill	Jeanne Whalen	314-771-8649	jwshamrock@sbcglobal.net
Oct 4-7	Ferryville, WI	Maggie Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Oct 4-7	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Oct 18-20	Oahu, HI	Anne Day	Mike Marcos	808-349-4863	papamoon@hawaii.rr.com
Oct 26-28	St Paul, MN	Barb Schommer	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Nov 16-18	LaJolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Nov 29- Dec 2	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
2013					
Feb 15-17	Tampa, FL	Nancy Wingerter	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org

LEVEL 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 2-6	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
Aug 9-12	Stoneville, NC	Deborah Larrimore	Ashley Fleetwood	337-777-0680	HToftheCarolinas@me.com
Aug 24-26	Farmington Hills, MI	Diane Wardell	Barb McConnell	517-914-4133	mconb51@bigplanet.net
Aug 24-26	Soldotna, AK	Mary Szczepanski	Mary Szczepanski	907-790-2402	marysz@gci.net
Sep 7-9	Sun Valley, ID	Anne Day	Mary Kay Foley	208-727-8417	foleym@slhs.org
Sep 13-16	Columbia, IL	Lisa Anselme	Jan McArthur	636-724-2435	janmac2001@gmail.com
Oct 25-28	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Nov 1-4	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
Nov 1-4	Oahu, HI	Anne Day	Mike Marcos	808-349-4863	papamoon@hawaii.rr.com
Nov 15-18	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Nov 16-18	LaJolla, CA	Anne Day	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Dec 6-9	Denville, NJ	Deborah Larrimore	HT New Jersey	973-214-2582	maggi@HealingTouchNewJersey.com
2013					
Feb 15-17	Tampa, FL	Judy Turner	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org

Healing Touch Class Schedule - 2012

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

International Classes Level 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 18-19	Perth, Australia	Rosalie Van Aken	Rosalie Van Aken	0410 286 187	
Aug 25-26	Sunshine Coast, Australia	Veronika Oliver	Veronika Oliver	07 5442 2921	
Sep 1-2	Cairns, Australia	Jenny Wales	Madonna Brodie	07 4039 1800	
Sep 8-9	Parksville, BC CANADA	Toby Krell	Anji Jones	250-752-3893	innerjoyht@gmail.com
Sep 15-16	Chinchilla, Australia	Mary Alford	Mary Alford	0417-075-361	sevens.670@bigpond.com
Oct 6-7	Charlestown, Australia	Susan Ashton	Susan Ashton	0409 223 186	
Oct 27-28	Prince George, BC	L Hickey / M Blair	Lisa Hickey	250-981-2308	lisa@bodymindrenewal.cca
Nov 17-18	Perth, Australia	Rosalie Van Aken	Rosalie Van Aken	61 86161 2562	
Nov 24-25	Sunshine Coast, Australia	Veronika Oliver	Veronika Oliver	07 5442 2921	

International Classes Level 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 15-16	Perth, Australia	Rosalie Van Aken	Rosalie Van Aken	0410 286 187	
Sep 22-23	Ballina, Australia	Susan Ashton	Dawn Stead	02 6624 7859	
Sep 24-25	Wauchope, Australia	Susan Ashton	Dawn Stead	02 6624 7859	
Sep 29-30	Vancouver, BC CANADA	Ginny Mulhall	Karen Stewart	778-292-1845	KASinBC@yahoo.ca
Sep 29-30	100 Mile House, BC	Marilyn Blair	Barb McLeod	250-791-6530	bam04@shaw.ca
Nov 3-4	Cairns, Australia	Rosalie Van Aken	Madonna Brodie	07 4039 1800	
Nov 3-4	Haarlem; Netherlands	Wietzke van Oene	Natascha van den Ban	31235321521	healing4eu@aol.com
Nov 24-25	Wauchope, Australia	Susan Ashton	Susan Ashton	0409 223 186	
Dec 8-9	Perth, Australia	Rosalie Van Aken	Rosalie Van Aken	0410 286 187	

International Classes Level 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 26-28	Toronto, ON CANADA	Alexandra Jonnson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
Nov 17-18	Haarlem; Netherlands	Wietzke van Oene	Natascha van den Ban	31235321521	healing4eu@aol.com

International Classes Level 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 11-14	Memramcook, NB CANADA	Catherine Awai	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
Oct 22-25	Sth East Qld, Australia	Rosalie Van Aken	Rosalie Van Aken	61 86161 2562	
Mar 7-10 2013	Sth East Qld, Australia	Rosalie Van Aken	Rosalie Van Aken	61 86161 2562	

International Classes Level 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
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Healing Touch International, Inc.
445 Union Blvd., Suite 105
Lakewood, CO 80228

VISION

Spread Healing, Light and Love, creating wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Touch International practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch