3RD QUARTER 2012

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Spreading Healing Light Worldwide through heart centered service, education and professional development

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Healing and Our Infinite Potential - Part 3 Hawest



"Judge each day not by the harvest you reap but by the seeds you plant." — Robert Louis Stevenson

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HEALING TOUCH INTERNATIONAL, INC.



Spreading Healing, Light and Love, Creating Wholeness on Earth through heart-centered service, education and professional development.

Healing Touch - a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program by Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingTouchInternational.org.

Click on Education for class information.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart Centeredness
- · Respect of Self and Others
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

HTI Perspectives in Healing, the official publication, is published quarterly.

Cover Photo "Still Life" by Cat Anselme Miller



Letter from the Editor

Seeds, Eggs, Sperm and Harvest

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, HTI Executive Director

Eggs

I have been reflecting for some time about a curious juxtaposition that occurs in nature. Human female babies are born with every egg (or

ovum) that they will ever have. The formation of these eggs in the ovaries begins during embryonic development while the baby girl is growing and "gestating" in utero. The eggs are held in a state of "suspension" until the girl reaches puberty. At that time, the eggs fully mature during the menstrual cycle and are released from the follicle in preparation to be fertilized and create a full human being. The sperm that fertilizes this egg are produced by the father and take approximately 2 $\frac{1}{2}$ months to mature. Once released, they then can live on average from 3-4 days, until fertilization of the egg occurs.

Preparing the Way

When we draw back and look at the bigger picture, we realize that the unique egg that created and became you was present in your mother's body when she was a fetus in utero during your grandmother's pregnancy. In other words, a very important aspect of you was with your mother, when she was developing in the environment that your grandmother was providing during her pregnancy, and that your grandmother was experiencing during her pregnancy. My mother was born in 1929, several months following the time of the great Wall Street Crash which heralded the Great Depression in the USA. We could then consider that the egg that created me was energetically present in 1929 through today. My grandmother died when my mother was 15 but she was an important holder of the environment that contained an aspect of me. She prepared the way; she nurtured not only the next generation (my mother) but the generation following (myself).

Anchoring the Present

In startling contrast, the sperm that was contributed by my father represented a time span of approximately 2 ½ months from the time of production within my father to the time of conception and was anchored very much within the "present" time of my birth year.

So, what does this have to do with us, and what indeed

might it have to do with this particular issue of HTI's Perspectives in Healing, in Part 3, of our exploration of our theme, Healing and Our Infinite Potential?

Space Time Travelers

When we look at the process of conception and fetal development from an energetic perspective, our parents have contributed the means by which we can travel multi-directionally in space and time, while remaining anchored solidly in the present. The energetic mind stream of the mother has the ability to influence the future before it happens, while carrying the lineage from her grandmother's past, while the energetic mind stream of the father continues to hold our consciousness firmly in the present. It is through holding the qualities of both the female and male parent, that we are able to ride the flow of time while remaining centered and grounded in our daily lives and our healing space.

Infinite Potential

It is also through holding the qualities of both parents that we can begin to create, envision, and enact our infinite potential, while still remaining in our present time and drawing from the creative energy of the earth. It is how we can travel through time and envision and dream of a better future and allow the steps to be revealed that will help us achieve that goal.

Mentoring the Future - The Next Generation

It is also through these qualities that we create the archetype for the mentorship process. Those of us who have been mentored, do so through harvesting the wisdom and understanding that was planted in the early practice and teachers of healing work, through teachers of Healing Touch, and finally through our mentors. In our work with our mentees, we have the opportunity to influence and nurture the future healers and leaders in wholeness. Just as our grandmothers and mentors traveled forward and backward in time, we too reach back into time, gathering and drawing upon the wisdom of those that came before us, bringing this wisdom and experience into the present, and gifting it onward to future generations. The environment that we create for this work to unfold, plants the seeds for future generations, who will travel back in time to touch us even as they move into the future, Spreading Healing Light Worldwide, Creating Wholeness on Earth.



Motivations from the President

Exploring Our Individual & Collective Healing Path - Part 3 by Mary O'Neill RN, CHTP/I, HTI President

"And in our common wounds, we breathe together, conspiring for life, for love, for compassion." ~Joseph Nassal

Have you ever taken the time to stop and wonder why you were brought into this healing work? What were the individual moments in your life that brought you to this moment now? What specific gifts, talents, longing, tasks, wounds, hurts and suffering poured into your soul that made you into a healer? It made you aware, in a most unique way, of the needs of your brothers and sisters. All of these experiences, these unlikely gifts, brought you to a level of compassion that will not be denied when someone is hurting or in pain.

It helps us grow and be defined by looking at the circumstances that brought each of us to this point in our collective healing journey. As we reflect, we see how much we have in common as a community of healers and also how unique and distinct each of us are from the other.

I fully believe that if we, as an organization, are to reach our fullest and highest potential, we have to know ourselves and know those we walk the path with each day. What is it that drives our passion to be compassionate? Why are we drawn to touch a hand of someone that has just received a difficult diagnosis? How can we sit with someone and hold the space for them to share their story of loss? What grace comes when we think we have nothing left to give and then... healing happens?

There are no easy answers and sometimes no answers at all to these questions. But I truly believe we learn all we need in the moment of reflection. Taking time to reflect on how we are present to each individual. Being grateful for all the small moments that bring us awareness and sometimes using simple insignificant ways of reflecting can assist us in eventually seeing the bigger picture.

Breathing Together

I have a dear friend, Joe Nassal, who is an excellent author of several books. Joe authored a book several years ago entitled *The Conspiracy of Compassion*,

Breathing Together for a Wounded World. Joe writes that the context of conspiracy is now thought of as something sinister or evil. When in reality, the original meaning of the word is to breathe together, to con-spire. In our work of Healing Touch, we frequently remind ourselves and our clients to breathe. We recognize the importance of the breath as we enter a time of meditation or prayer. The breath is the one thing that connects us most easily to all of humanity and to the natural world. When we hear of a natural disaster or terrible accident, we very soon hear the stories of those people who came to assist. Many times the smallest kindness will stir our heart to gratitude and compassion. We are experiencing the effects of breathing together. It is a powerful bond that says we are all one, we are equal and we are not alone.

Within the Healing Touch International Community we attempt to nurture this experience of breathing together with our world by offering healing energy, meditations and even in person visits. We are not individuals in isolation; we are always in the element of community. As we work with clients and offer healing energy we remember to breathe... breathe... breathe.

Passwords to Potential

Just as we reflect on the importance of conspiring, we can also use a password to open the door to potential. Many years ago our family with five children developed a code that we would use to let the kids know that, in case of emergency, it was ok for this person to pick them up from school or a friend's house. It was ok to open the door if someone said the password. Sorry kids, I'm breaking the cardinal rule, telling the password.... PUMPERNICKEL PICKLE! Even as grown adults they all remember the password. A password could open the door, resolve a mystery, reveal a truth, or reassure a child that all was ok. Today we use passwords all the time to gain access to our computers, bank accounts, email, rewards programs, and at work in the hospital to access the electronic health record. We have so many passwords that we continued on page 6

Board Corner

Growing Our Potential

by Denise DeForest Pastoor, MEd, APRN, BC, CHTP, CWP, RYT-200, HTI Board of Directors, Secre-

"Live your life from your heart. Share from your heart. And your story will touch and heal people's souls." ~ Melody Beattie

As I step into my third year serving on the Board of Directors for Healing Touch International, I embrace my growth as both a healer and person. I consciously set an intention upon awakening... to seek to honor the vision to spread healing, light, love, and service and to create wholeness. What a way to start the day!

Being on the BOD, I am deeply appreciative to work with such a dedicated, positive, cohesive group of healing spirits. The opening meditations that begin our monthly BOD calls hold a high vibration that resonates with me for the rest of the day. My morning meditation practice and daily healer preparation is my self-care, but the opening meditation on BOD calls sets the intention for DOING. Beyond grounding and centering, it is a power source from the divine to move forward, be productive, create ideas, and brainstorm solutions. I have introduced a centering opening meditation into one community business meeting I attend monthly and although it was initially received with raised eyebrows, it is now an anticipated element.

As healers, we embrace these practices naturally, but the public may not be familiar with the concepts. To reach our infinite potential, we need to empower others to reach their infinite potential. So, continue to spread HTI's vision. Through a simple practice of setting positive intentions and an opening meditation with a new group, we create a vibration that energizes to "Just Do the Work". In light and joy, may we hold positive intentions and gratitude for Healing Touch International, its members, affiliates, and through out the world!

"The Work" of the Board of Directors this quarter....

16th Annual Energy Healing Conference September 27-30, 2012 Omni Interlocken Resort- Broomfield, **Colorado** The Healing Touch International conference is resonating with a swirling vibration of all the healers who will gather to share laughter, wisdom, love, and friendship. Healing and the Path of Infinite Potential is not just a conference theme, it is a mantra to live by. The HTI conference will carry this vision by tapping into our own infinite potential, as well as the infinite potential from the universe. Join your Healing Touch International community to create new friendships, networking connections, deepen your expand knowledge, vibrate with joy, nurture creative ideas, honor your self-care practices, and hold your vibration high in healing. Set your intention to be an integral part of the Healing Touch International Conference on Sept 26-30th....a stepping stone on the path to creating a world of wholeness.

"It is not good enough for things to be planned; they still have to be done. For the intention to become a reality, energy has to be launched into operation." ~ Walt Kelly

HTI Board of Directors

Board of Director members David Wolff and Sandra Couts will be stepping down from their term on the HTI Board of Directors. We are grateful for David Wolff's dedicated service for 3 years. As treasurer, David contributed solid financial advice for the HTI budget to promote our financial growth and stability. Thank you, David for your strategic ideas, kind demeanor, and positive support.

Sandra Couts, our international representative from Canada, has regretfully stepped down after a year of service due to other commitments. Thank-you Sandra, for your creative ideas, open heart, and affirming support.

We welcome our newest appointed Board of Director member, Mary-Cathrine Campbell and newly elected Board of Directors Member Joel Anderson. Mary-Cathrine Campbell, from Canada, will replace Sandra as the international representative. Mary-Cathrine embraces HTI's international expansion and brings enthusiasm, nurturing intentions, and a strong desire to be of service. Joel has been serving on the HTI Research Committee and has presented at our HTI annual conferences. He is passionate about validating and furthering the work of Healing Touch, is working towards his own certification, and eager to be of service to our greater community. We wish to thank all those who submitted their names to the nominating committee and we look forward to calling upon your expertise and passion in the days ahead!

Education Committee

The Education Committee is creating new guidelines to promote Healing Touch training in affiliate countries. By seeking creative solutions, the Education Committee is defining requirements for Healing Touch certification that overcomes current language and cultural barriers. The use of translators in international classes, as well as offering on-line courses for pre-requisite anatomy/physiology, psychology, and ethics courses are avenues being explored to enhance the certification process.

continued on next page

Motivations cont...

forget our passwords and have to make up new ones. We have to change our passwords on a regular basis to gain access to our online learning center. Just when I've learned the password it is time for a new one. We are inundated with meaningless passwords. Typing in silly letters, numbers and symbols that we are supposed to remember and no one else will know. If reflection and repetition is how we grow and change why not use a password as an opportunity for reflection and growth?

An easy way to do this, consider a quality that you want to work on or develop deeper. This becomes your password. It is the secret you hold in your heart and allow to develop within you. It is the password to your highest potential. Our Core Values within Healing Touch International are an excellent place to start. Our first value is Integrity. It can become your password. Each time you type it into your computer, you might reflect on how you live in integrity or how you want to make it an important part of your character. Reflect on how you have practiced integrity in your daily activities or where you have failed to live up to that character value.

Then move on to developing the values of service, respect and community, self care all becoming passwords to your soul. This can help you to focus on specific character building actions that reflect the passwords. Then carry out the actions in your daily life. Perhaps you need to work on patience, kindness, honesty, these become passwords to your highest potential. Soon this word weaves its way into the fabric of your being and plants the seed to bring forth abundant fruit in your life and the lives of those you touch. As we all work toward the goal of developing to our highest potential, we are bringing Healing Touch International to a higher vibration to complete its Mission and Vision of spreading healing and light worldwide through the heart-centered practice and teaching of Healing Touch.

New book

A Guide to Completing the Level 4 Assignments

by Maggi Hutchinson, CHTP/I, Level 4 Instructor

For both apprentices and mentors

An easy-to-follow guide explaining every aspect of the Level 4 assignments including checklists, complete samples and tips: \$20

For more information and an order form email Maggi@HealingTouchNJ.com

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Board Corner cont

The Certification Board

The HTI Certification Board, Certification Board's International Liaison, Rosalie Van Aken, and HTI office developed, with Certified Instructors of Peru and Chili, a process by which certified practitioners from these two countries would assist the Certification Board with applications submitted in Spanish. This process was used during the January review cycle, resulting in the certification of the applicant.

International Committee

The International Committee is gathering feedback from international instructors in affiliate countries regarding their Healing Touch classes. They are working to create a unified international policy for affiliate countries.

Marketing Committee

Healing Touch International's website has a whole new look... more user-friendly, enhanced technology, expanded links, and new design. Check it out! Michele Burkhardt and Sue Kagel has resigned and rotated off from the Marketing Committee. Thank-you both for your valuable contributions in expanding HTI's presence in the world.

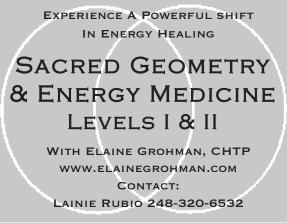
Research Committee

We extend a huge thank you to Mary Megel who is rotating off as Research Director and a big welcome to Joel Anderson who is rotating on to this appointed position. There is a new publication in *Military Medicine* on research using Healing Touch and guided imagery to treat PTSD.

Our Global Community

Mary ONeill and Lisa Anselme presented and exhibited at the AHNA conference in June in Salt Lake City, Utah. HTI will foster our collaborative relationship with AHNA, as they transition within their organization.

Stories are our journey.... Let us all come together at the HTI conference in a few weeks to share our journey. See you in Colorado!



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Inspirations

Born a Healer

by Denise DeForest Pastoor

Born with a passion to heal, Unfolding delicately like a butterfly, Emerging from a protective cocoon, To spread hope and wholeness.

A simple touch, A soft caress, A reassuring smile, An inner knowing.

Guided by my inner torch,
Igniting a call from deep within,
I spread threads of radiant light,
Weaving healing through the loom of life.

Embracing whispers from angels, Reigning softly in stillness, I listen to their flutter of wings, Carrying messages from the Divine.

Flowing energy cascades from the heavens, Grounding roots anchor to Mother Earth, Filled with heart-felt passion and purpose, I step onto life's pebbled path.

With each step,I tiptoe forward, A body heals, a soul at rest, My footprints tracing sands of time, My heart is hopeful, my journey blessed.

Community Development

Growing a Healing Touch Practice Group

by Maggi Hutchinson BS, JD, CHTP/I

Remember the feeling you had at the end of your first Healing Touch class? How excited you were about learning HT and how much you wanted to go out and use it? Most students need support in nurturing and developing their new skills, and a Healing Touch practice group is the perfect way to do that.

Because practice reinforces the techniques and keeps the energy flowing, students are encouraged to do the techniques for themselves as well as with family and friends. However, an ideal way to practice is with a group where participants both give and receive HT sessions. The group also provides a supportive environment which nurtures the student. Below you will discover the benefits of joining a practice group followed by tips on how to organize one in your area.

The Benefits

- Reviewing techniques and sequences If you haven't done HT in a while, a practice group is a good way to reconnect with the energy and jump start your practice. If you are a little rusty on the techniques, request a short review before the exchange sessions begin.
- 2. Receiving a session Receiving a one hour session is relaxing, and it allows you to experience the work of others. You will learn as much from receiving as giving. Even though HT techniques are standardized, the touch and flow of energy will vary from practitioner to practitioner. While receiving, you can observe how each technique affects your own energy field. I never fully understood the value of Magnetic Clearing until I experienced the full 30 passes done very slowly following a Chakra Connection in the course of a one hour session. Receiving a short session is simply not the same.
- 3. Documenting a session For apprentices working on their Level 4 assignments, attending a practice group has two extra advantages. Not only does it fulfill the support group requirement, but you get to document a full session.
- 4. Asking questions After sessions are completed, time is allowed for questions and discussion. From listening to the experiences shared by advanced students and practitioners, you will begin to understand the nuances of selecting techniques and how your choice affects the flow of energy and the outcome of the session.

5. Having fun Practice groups make it easier to stay motivated and excited about doing Healing Touch. It's fun to share what you love doing with like minded



people and feel supported in your work.

Making Practice a Priority

Reserve practice dates and times on your calendar six months in advance and make a commitment to attend. On the day of practice, your mind may generate thoughts such as "I'm too tired," "I can't remember the techniques," or "It's too dark or too cold outside." Simply notice these thoughts and turn them into reasons for attending. Tell yourself, "I'm going to practice tonight to review the techniques, feel energized and meet some really nice people." Then observe how you feel at the end of the practice. Remember that feeling for the next time the excuses arise.

Organizing a Practice Group

When it comes to practice groups, the more the merrier. If you would like to start a group in your area or add another group that meets at a different time or place, here are some tips to get you started:

- Recruit a coordinator Look for someone who is enthusiastic, loves Healing Touch, sees the value in practicing and has a little time. Recruit some helpers, too, for small tasks and to cover when the coordinator can't be there.
- 2. Find a venue Churches, hospitals, schools and private homes are all good locations. Try to find a place that has massage tables. If not, consider using banquet tables and having participants bring foam pads and pillows for cushioning.
- 3. Schedule a regular day and time Try to schedule the same day and time each month such as the 2nd Tuesday at 7pm. Keep in mind that most people work on weekdays so the best times for practice are generally in the evenings or on weekends. Select a schedule that accommodates as many people as possible.
- 4. Send out reminders Have either the coordinator or helper send out an email about two weeks in advance detailing when and where the group will meet. Be sure to collect everyone's email address,

Practice Group cont...

and let them know to look for the reminder. You might also consider asking for an RSVP, especially if you need to arrange for tables.

Practice Group Agenda

Begin the practice by asking each attendee to introduce themselves and identify their level of practice. Follow with announcements about upcoming HT classes or events. Then ask if anyone would like to have a technique or sequence demonstrated. After the demo, have a short meditation to ground and center the group before selecting practice partners. Then it's off to the tables for an exchange session. Allow time to conclude the meeting with a short debriefing when questions can be addressed.

A practice group is an essential tool for growing your Healing Touch community. Join or start one now!



Photo Courtesy of Sue Kagel

HTI Guidelines

Healing Touch Practice Groups and Public Clinics, 12/04

by Lisa Anselme RN, BLS, HN-BC, CHTP/I

Practice Groups:

Student practice groups have been a byproduct of the continuing education curriculum program of Healing Touch and have ranged from informal trades by several students to actual regularly scheduled group practice meetings. In essence, any number of students can informally gather and practice the interventions that they have learned within the classes. When available, CHTPs or CHTIs have at times helped the students in these practices to cultivate their skills.

The following are **recommendations** that could be helpful in establishing and conducting student practice groups:

Student Practice Groups:

- Students agree by consensus to practice in accordance with the HT Standards of Practice, Scope of Practice and Code of Ethics guidelines, and sign a statement acknowledging that they have read these documents and agree to conduct themselves in accordance with these documents.
- 2. There is an "open door policy" in that any sessions within a practice group are either

- in a large room (as in our classrooms), or if individual treatment rooms (less ideal), the door is to remain open at all times.
- Each individual is to use the standard curriculum for their guide: either the textbook or syllabus.
- 4. Students practice only those HT techniques for which they have received training via a Certified Healing Touch Instructor.

Public Clinics: (The practice group opens its services to the public)

- 1. Numbers 1-4 recommendations listed above are enacted.
- There is on-site supervision by a CHTP having legal scope to practice within that state. It is important to recognize that this CHTP is responsible for monitoring that the group follows the curriculum guidelines.
- Client signs statement acknowledging confidentiality and clients rights/ responsibilities.

12/2/04 L Anselme Approved HTI Ethics Committee Approved HTI Board of Directors



HEALING TOUCH INTERNATIONAL, INC

Healing and the Path of Infinite Potential

16th Annual Energy Healing Conference & Instructor Meeting September 26 - 30, 2012 * Omni Interlocken Resort Broomfield (Denver/Boulder area), Colorado

Continuing Education Contact Hours for Nursing & Massage Therapy Enjoy Thought-Provoking Presentations by these Dynamic Keynote Speakers

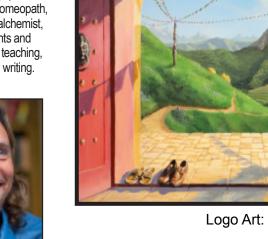
Single Day Attendees Welcome

Includes a rich variety of additional workshops

Sponsorship and Exhibitor Opportunities



Christine Page, MD Mystical physician, homeopath, gifted intuitive, and alchemist, sharing her insights and knowledge through teaching, soul readings and writing.



Logo Art: "Path of Infinite Potential" Artist: Joe Pagac



Jonathan Ellerby, PhD Best-selling author, CEO, consultant, experienced in holistic healing and spiritual counseling. Featured an expert in films, print, television & radio.

For more information visit: www.HealingTouchInternational.org or call 303-989-7982



Dan Millman Former world-champion athlete, university coach, martial arts instructor, author, and college professor. Teaches & influences others worldwide.



Kathleen Adams, LPC Best-selling author, speaker, psychotherapist and visionary. **Defines Journal Therapy** as a significant influence in contemporary journal keeping.

16th Annual HTI Conference

A Soul Group Invitation

by Lisa Anselme RN, BLS, HN-BC, CHTP/I

I am again reflecting upon what is ready to unfold at the 2012 HTI Energy Healing Conference. Having been involved in a number of organizations including Healing Touch International, I vacillate between wanting to be a part of the group, knowing that it is energetically more than the sum of its parts and remaining within my own personal space. I recognize that in performing this work, I draw upon and give to the collective group energy and consciousness in order to expand and understand myself and assist others in healing.

What are some of the personal benefits that I am anticipating? I can't wait to hear the presenters and explore the idea of infinite potential and healing with other minds, how we wear it and learn from it personally, but also engage and grow it collectively; I am looking forward to seeing familiar and new faces from nearby states and distant countries; I am welcoming an infusion of energy from dear souls who are called to this path of work; and I am anticipating the blanket of grace and blessing that comes whenever we as a collective meet and celebrate as one strong voice.

When this particular group gathers, we have the opportunity to look into our reflected selves through the eyes of the people that heal quietly, those that carry the warrior energy that breaks down the dis-ease and isolation that exists in our communities, and those that champion the rights of the underserved. We see those that carry the energy of the wounded healer and are striving for personal wholeness. We begin to understand that love is the healer.

What are the collective benefits? Over the past several years, we have witnessed the ongoing evolution and deepening of our organizational mission. Through observation and experience with other groups, I believe that the collective group can serve as a safe and special space for incubating the next step of the individual, the group leadership and collective soul group's path of infinite potential. And I know deep in my heart, that when the collective gathers together with the intention for the highest truth and good of all, then the synergy that is created is immeasurable and holds the potential for miracles and transformation for the world.

See you soon!

17th Annual Healing Touch International Energy Healing Conference

Theme and Location will be announced at this year's Annual Conference

SAVE THE DATES
October 3 - 6, 2013

Preconference Activities

September 30 - October 3
Preconference Workshops October 3

Instructor Training Activities Tentative Dates

Level 1 Instructor Training September 30-October 2

Level 2 Instructor Training October 2

Level 3 Instructor Training October 2

Level 4 Instructor Training October 7

Level 5 Instructor Training October 7



Mentorship

Bumps in the Road!

by Anne Day BSN, MA, HNB-BC, CHTP/I and Mary Jane Aswegan RN, CHTP/I



Mentorships generally start out with great enthusiasm and clearly set goals. These usually include finishing all the Level 5 Homework within the next year to allow the HT Practitioner Apprentice to attend a Level 5 about a year following their Level 4 class. However, we have found over the years of mentoring, that there are sometimes

unexpected "bumps in the road"! This article is written to address these "bumps" and suggest ways to deal with them in your mentorship relationship.

One of the most important things for a successful mentorship is a relationship between mentor and mentee that is open, honest and trusting. It is important for the mentee to feel comfortable sharing with their mentor and never be afraid to disclose life changes that may interfere with the desired timeline and goals. Life happens! Things change! But, if the relationship is strong, the mentorship can adjust to the needs of the mentee and still be active until the mentee has had the space to get back on track with goals, intentions and homework completion.

The mentorship requirement for certification is one year. However, we have had situations of mentees taking 2 or more years due to life situations that have come up. Delays are not a reason to dissolve the relationship. However, the expectations may have to be adjusted. Perhaps for a period of time the meetings may need to cut back to once every other month or every 2 - 3 months rather than monthly. It doesn't feel good for a mentee to meet with their mentor every

month if they really don't have the opportunity to do any treatment sessions, receive any modalities or write any educational reports. It is better to be honest and say – "I need to take a little break until my life shifts a bit".

One of the most important recommendations for both mentee and mentor that



Mary Jane Aswegan

we can make is to stay in communication with each other! The Mentorship Guidelines do state that the mentee will be in contact with their mentor by phone, email or by meeting at least once a month. We get most frustrated when a mentee doesn't communicate for 3 - 6 months without letting us know what is happening with them! If regular monthly appointments are set up with each meeting, this usually doesn't happen as then the mentee can honestly look at their situation and tell the mentor that they need more time between.

The HTI-Practitioner Apprentice year is one of incredible growth! We usually tell students at Level 4 to "fasten their seatbelts"! But, if that growth involves challenging life changes, we want to support mentees in ways that will keep them coming back in time to complete the goals.



Mary [a Bullared: 919-981-4196 affice 919-928-2419 cell



Paid Advertisement

HTI Networking Column

Healing Touch Networking Column

Healing Touch International is pleased to offer the following column as a means to facilitate networking within your local communities. Healing Touch International, Inc. makes no claims as to the accuracy or content of the various networking groups. It is our expectation that all groups conduct themselves in accordance with the HTI Code of Ethics & Standards of Practice and maintain respect and confidentiality of all networking information.

Community Meetings/Gatherings

The purpose of community meetings is to: build community; educate by relaying information from the international organization outward; promote membership in Healing Touch International, Inc.; encourage attendance at the international annual conference, thus affording global networking for students, practitioners and instructors. We suggest that these meetings can best serve these goals by being held within a single day format, serving as distant points of light that shine outward from the center.

Affiliate Organizations: National & International Conferences

Healing Touch International's 16th Annual Energy Healing Conference & Instructor Meeting

Date: September 27-30, 2012

Location: Broomfield (Denver), Colorado
OMNI Interlocken Resort & Spa

Theme: Healing and the Path of Infinite Potential **Contact:** For additional information please visit:

www.HealingTouchInternational.org

Australian Foundation for Healing Touch - National Gathering

Date: October 26-28, 2012

Location: Maleny, QLD Australia

Tranquil Park

Theme: Sharing the Journey: Aligning out Purpose

Contact: Veronika Oliver at

veronika.oliver@hotmail.com

Tranquil Park at

reception@tranquilpark.com.au

Healing Touch In the News

Now in Publication: HT & PTSD

Healing Touch with Guided Imagery for PTSD in Returning Active Duty Military: A Randomized Controlled Clinical Trial. *Military Medicine*, 177, 9:1015, September, 2012. Official Publication of Association of Military Surgeons of the U.S.

The findings of this randomized controlled trial to determine if Healing Touch and Guided Imagery reduced PTSD symptoms as compared to standard treatment in returning combat-exposed active duty military with significant PTSD symptoms showed statistically and clinically significant reduction in PTSD symptoms as well as depression, significant improvements in mental quality of life and cynicism.

Authors: Shamini JainPhD; CDR George F. McMahon, NC, USN; LCDR Patricia Hasen, NC USN; CDR Madelyn P. Kozub, NC USN; Valencia Porter, MD, MPH; Rauni King RNH, MIH, CHTP/I, Erminia M. Guarneri, MD.

Community Outreach

Planetree Annual Conference, September 30 – October 3, 2012. Palm Desert, California. Healing Touch International will be exhibiting with Mary O'Neill as our exhibitor representative. Planetree has a 30-year history of partnering with providers across the continuum of care to transform organizational cultures. Their international membership is comprised of more than 500 organizations from five countries. Additionally, Planetree was selected by The Department of Veterans Affairs (VA) to collaborate with the new VA Office of Patient Centered Care and Cultural Transformation in the development of the VA's own patient-centered care model for Veterans.

5th Asian-Pacific International Conference on Complementary Nursing Conference October 16-19, 2012, Bangkok, Thailand. Organized by Ramathibodi School of Nursing. Savitri Kumaran RNC, CHTP/I will be presenting.

Practitioner Perspective

The Generations of Mentorship

by Evie M. Caprel, BA, CHTP, WC, CFT, Vice President, Healing Touch International

They were pairing off in the circle.

But it didn't feel right; I had connected with the class, but I didn't feel a personal affinity with anyone to select a mentor. And then from across the room, next to the Level 4 instructor, my eyes met with a sage woman. One I had admired throughout the class. I was the 'odd number out' selecting a mentor, but it was a perfect match: the class assistant Jan Manthey.

This is the story about mentorship, but perhaps not the one you think.

My mentorship experience with Jan was magical. As a nurse she had the expertise and perspective I lacked as a layman. Her gentle soul allowed a space for learning laced with strong and unrelenting support. She offered her home in another state as a refuge to review my documentation and provided guidance and compassionate critique.

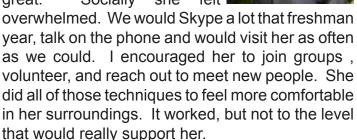
Our official relationship ended too quickly. Even though it was a relief to complete the certification process, I began to miss our regular mentorship appointments. To Jan's credit we continued to stay in touch to update each other on our Healing Touch practices and our lives.

Fast forward five years.

As I mentioned, Jan and I did not live in the same state. And as the Universe would have it, my daughter, Kelsey, decided to go to college, not only in the same state as Jan, but the same town. And the same University where Jan works.

My husband and I were surprised that our daughter chose such a large school. Even though she went to a high school with close to 2,500 students, we felt her personality was more focused on a few really good friends in a smaller environment. But she chose what she wanted and we embraced her preference.

The transition wasn't easy. Academically she was doing great. Socially she felt



When my daughter was accepted to Jan's University, I of course, emailed her. She was delighted, and being who she is in the world, suggested we all get together when we dropped Kelsey off to school, or when we visited her.

After my daughter was at school for a few months, I reached out to Jan. Would she be willing to perhaps email or call Kelsey and help her feel more at home? Jan immediately responded with a resounding, "yes!"

Jan did more than just email her. She invited her for dinner. They watched football games together. She would call her and take her out to lunch. Kelsey fell in love with her dog, Tazzy. Jan would share her favorite spots in town. And when Kelsey wasn't feeling good, Jan offered sound medical and Healing Touch guidance.

Jan embraced our daughter and gave her the connection she needed to excel in school. Her generous spirit softened the realities of living on your own for the first time, a challenging school curriculum and developing new relationships. What a gift Jan is to me, my daughter and my family.

The next generation of mentorship lives on.

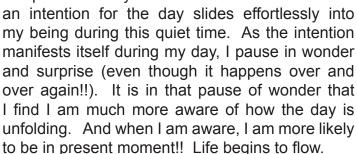
Educational Insights

Intention - One Path of Infinite Potential

by Barb Schommer RN, MS, CHTP/I

I thought "Intention" was a fine word to use in looking at one's Infinite Potential......and it is!! Intention is steeped in everything we do in Healing Touch. I have been reading past issues of Perspectives in Healing, and see it everywhere! We hear a lot about Intention as we move through Healing Touch classes and as we work in whatever setting we find ourselves practicing Healing Touch. In setting Intention for the "highest good" for the people we work with, we get ourselves out of the way. Our ego is out of the equation. The work flows when we are in a place of inner quiet and intending whatever is highest and best for the client.

The daily adventure for us becomes how to live in Intention from that place of quiet between the spaces, between the in-breath and out-breath, that place some of us identify as Hara. When I actually take time in the morning to quiet my head, move into my inner quiet place, and begin to listen, I am still amazed by the profound way in which



So here I am full circle – talking about being quiet and present which leads to a softly quiet intention for the day which leads to an inner awareness as I go about my day. The circle of life? The circle of being? The flow of life? I'd love to hear your stories about circle and flow of intention!!



Infinite Potential

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I

Janet Mentgen, our founder, was an unassuming woman to see. She was of short stature with short brown hair. She insisted instructors wear name tags so that they would not be mistaken as students as she had once been. Yet, in 1985, in her journal writings, she identified herself as a "beginning mystic". She set out on a twenty year path to accomplish the fulfillment of that role. She didn't know where it would take her and the roads she would travel through Canada, Australia, New Zealand, and throughout the United States.

In 1998 I asked her, "How does someone know they are not coming from ego?" She responded, "The healer has to know. Where do you feel it in your body? Where are you working right now? Where are you coming from? It is real quick. Heart centeredness has no emotion. It is unconditional.

It is empty. It is unattached. There is no feeling state with it. You have to combine it with another center to have feeling. Most people don't

understand the nothingness." She explained to me then that it is, "Like when you are doing your tai chi from the heart center you aren't even aware that people are looking at you. If you come out of center and you lost center, you become aware. It is self-consciousness. It is a knowing."

Our path to infinite potential requires many steps. Each step can lead to greater awareness that will require us to change our behavior and awareness. May we all follow the mystic's path of seeking truth and wisdom as we walk our soul's purpose.



Heart Centered Marketing

Growing Our Base

by Evie M. Caprel, BA, CHTP, WC, CFT Vice President, Healing Touch International, Chair HTI Marketing Committee

Welcome to the inaugural edition of the marketing and business column, *Heart Centered Marketing*. This column, brought to you by the HTI Marketing Committee, will update you on the latest marketing efforts by HTI, plus business insights and helpful hints to help support your Healing Touch practice. We'll touch on thoughts and ideas for those of you in private practice as well as those connected with healthcare and other organizations.

Marketing Update

A quick update on progress we have made:

- Do you like the updates to the HTI website?
 Check it out! www.healingtouchinternational.
 org
- Facebook is now up to 9,775 / week! Haven't had a chance to 'like' us yet? Click on the Facebook icon on the HTI home page.
- Join the discussions on Linked in! It's fun, free and easy. If you haven't subscribed to Linkedin yet, you'll be prompted to do so.
- Google and Facebook advertising for the 2011 conference produced cost-effective results:
 - Facebook: 333,828 impressions and 89 click-throughs to our website
 - Google: 162,715 impressions and 165 click-throughs to our website

Here are our plans

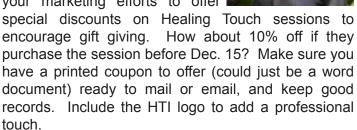
- Grow membership 20% year-over-year
- Increase our revenues via classes, conference, certification and products in order to better support our mission of spreading healing light worldwide
- Generate awareness of the benefits of HT to influence the healthcare community to embrace HT as a valuable complementary modality

In the works

- Getting more members to write for PIH. How about you??
- Distributing articles on Healing Touch and its impact.
- Researching outlets for HTI to touch new audiences
- Creating the next generation of HTI Ambassadors

Business Tip of the Quarter

As we move into the fall, prepare your marketing efforts to offer



Asking for referrals is also a great way to grow your business or reach new patients. Have a business card ready and offer a special incentive for the referral (a complimentary HT session for every person who books an appointment or comes to see you?) Make sure you follow-up after the referral has seen you to offer thanks. This can work in any setting.

Special Thanks

A special thanks goes out to Michele Bernhardt and Sue Kagel for their dedication to and passion for marketing Healing Touch International! Michele has been the Marketing Chair and Sue was on the Marketing Committee for several years. Both have taken a step back for personal reasons, and we wanted to make sure every HTI member knew that they both were a tremendous help, were always ready with new ideas and helped us launch into social media, website updates and membership promotions. On behalf of the Board of Directors, may I say 'thank you' to both Michele and Sue. You're a great asset to HTI and we're lucky to have you.

You can help!

Do you have an interest in helping to promote HTI? You can work on specific projects, or help plan the strategy for 2013 to help us grow! Please contact evie@livewellhealing.com for more information.

How about a testimonial? Tell us what HTI has done for you! Please make it short (two sentences), and include specific ways or results you have achieved by being an HTI member. Or, simply tell us what you like the best about being an HTI member! Email your thoughts to evie@livewellhealing.com. Looking forward to hearing from you! Live well, Evie

~ Congratulations Newly Certified ~

Practitioners

Sophie Allen - Boulder, CO Kiffany Brown - Glenwood Springs, CO Lisa Dankers - Red Wing, MN Rebecca Davis - LaCrosse, WI Maureen Delaney - Hinesburg, VT Amy Deneen - Goodhue, MN Deborah Determan - Omaha, NE Brenda Disparti - Woodland Park, CO Jane Eiken - California, MO Linda Emmons - Burlington, VT Carolyn Ettinger - Council Bluffs, IA Mary Ezequelle - Gypsum, CO Maria Cecilia Ferreyros de Nash La Molina, Lima Peru Mary Fuxa - Sioux City, SD Deb Goldberg - Minneapolis, MN Gregory Heaton-Hill - Minneapolis, MN Sarah Kirchner - Ostego, MN Joey Lee - Faribault, MN Cheryl McCallister - Delta, CO Sheila Mee - Omaha, NE

Nancy Olson - Red Wing, MN
Mary Jo O'Malley - Belle Plaine, MN
Annette Parker - Burlington, VT
Deborah Runyon - Greenwood, IN
Donica Schroeder - LaVista, NE
Charlene Selvig - Lake City, MN
Vicky Semelhack - Mora, MN
Maki Shimamura - Tokyo, Japan
Rose Swanson - Chaska, MN
Judy Tills - Burnsville, MN
Sharon Whelan - Northfield, MN
Mary Williams - Maple Grove, MN
Katherine Winfrey - St. Louis, MO
Lauri Wollner - Minneapolis, MN

Instructors

Lisa Hickey - Prince George, BC Canada Sarah Stinson - Red Wing, MN Patricia Wragg - Encinitas, CA



DerFa Lu - Pinning Ceremony 2010 - St. Louis



Pinning Ceremony 2011 - Hawaii

Join Us as we Acknowledge our Graduated and Newly

Certified Practitioners 2012 - Colorado

HTI Professional Development Series and Advanced Practice Offerings

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Touch International Certification and Renewal. These classes are open to any individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. If you wish to bring one of these classes to your area, please contact the coordinator or instructor to learn how this may be accomplished. Please watch the HTI Website for information on how to apply.

Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living leads to a healthy life.

Contact: Myra Tovey at davidmyra7@msn.com Check the HTI website for scheduled classes www.HealingTouchInternational.org

Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system. **Pre-requisite** - The course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing pain

Contact any of the following instructors:

Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu

Check the HTI website for scheduled classes www.HealingTouchInternational.org

Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscleskeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact any of the following instructors:

Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu

Check the HTI website for scheduled classes www.HealingTouchInternational.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at brianlukes@cs.com

Check the HTI website for scheduled classes www.HealingTouchInternational.org

Beyond Surgery Program-Bridging the Gap

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Program is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at JudyLynneRay@yahoo.com Check the HTI website for scheduled classes www.HealingTouchInternational.org

Journaling the Spiritual Journey and Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. Whether you are facilitating others in the healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal! **Pre-requisite** - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at AnneDay7@gmail.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

This listing is updated regularly; check often for classes near you!

PROFESSIONAL DEVELOPMENT	** for info on these classes, please visit www.healingtouchinternational.org **			
Date Location	Instructor(s)	Contact	Phone	e-mail
Bridging the Gap				
Feb 15-17, '13 Brevard, NC	JL Ray / Nancy Blue	Kathy Blue	828-577-6948	BlueCavu527@aol.com
Jan 17-19, '13 Red Wing, MN	JL Ray / Nancy Blue	Sarah Stinson	651-267-3506	Stinson.sarah@mayo.edu (** as of 9/25)
Mar 22-24, '13 Daytona Beach, FL	JL Ray / Nancy Blue	Joanne Vogel	368-405-5028	Jovoh@cfl.rr.com
Apr 12-14, '13 Tampa, FL	JL Ray / Nancy Blue	Tammy Dragel	813-870-4766	Tammy.Dragel@baycare.org
Jun 21-24, '13 Brevard, NC	JL Ray / Nancy Blue	Kathy Blue	828-577-6948	BlueCavu527@aol.com
July 19-21, '13 Lake Park, FL	JL Ray / Nancy Blue	Judy Lynne Ray	828-553-8146	Judylynneray@yahoo.com
Oct 4-6, '13 Brevard, NC	JL Ray / Nancy Blue	Kathy Blue	828-577-6948	BlueCavu527@aol.com
Energy, Wisdom & Practice Healing Disruptive Energy Patterns Heart Centered Living Journaling the Healing Journey Journaling the Spiritual Journey Spirit of Ireland Healing Journey				

LEVEL 1					
Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 5-6	Minneapolis, MN	Carol Schoenecker	Kathyrn Kerber	612-863-7937	kathryn.kerber@allina.com
Oct 6-7	Wake Forest, NC	Deborah Larrimore	Jane Rochelle	919-602-5680	teenytinypieces@gmail.com
Oct 6-7	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brenda.disparti@memorialhealthsystels.com
Oct 6-7	Hyde Park, VT	Ruth-Ann Eaton	Ruth-Ann Eaton	802-851-1589	reatonchtp@gmail.com
Oct 6-7	St Louis, MO	Pam Kelch	Joan Hogrebe	314-351-9621	joanhogrebe@aol.com
Oct 8-9	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 11-12	Fairfax, VA closed	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Oct 12-14	Bismarck, ND	Mary Ann Carlson	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 12-14	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Oct 13-14	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Oct 13-14	Bismarck, ND	Mary Ann Carlson	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 18-21	Richardson, ND	Mary Ann Carlson	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 20-21	Minneapolis, MN	Dana Spates	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 20-21	Cresco, IA	Laura Hart	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Oct 20-21	Omaha, NE	Jeanne Thune	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 20-21	Ft Lauderdale, FL	Trish Huster	Marcia Gill	954-494-2849	marciag@bellsouth.net
Oct 20-21	La Jolla, CA	Tricia Wragg	Tricia Wragg	760-519-6760	Wragg.patricia@scrippshealth.org
Oct 20-21	Biloxi, MS	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Oct 20-21	Des Moines, IA	Gail Hardinger-McCarthy	Gail Hardinger-McCarthy	515-964-9842	lifenbalance@aol.com
Oct 22-23	Shakopee, MN	Barb Schommer	Tamara Severtson	952-428-2551	severtson.tamara@allina.com
Oct 27-28	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	KarenToledo@hotmail.com
Oct 27-28	St Louis, MO	Mary O'Neill	Mary O'Neill	314-602-2701	oneillmary@yahoo.com
Oct 27-28	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-237-1217	jhueschen@aol.com
Oct 27-28	Waukesha, WI	Judy Turner	Polly Schellinger	262-370-3810	Rschellinger@wi.rr.com
Nov 2-3	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Nov 2-3	Lakewood, CO	R Muhr / C Niewenhous	Carrie Niewenhous	303-210-3906	cgn454@gmail.com
Nov 3-4	Ann Arbor, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 3-4	Houston, TX	Diane Wardell	Judy Walker	713-412-9774	standingstone@sbcglobalnet.com
Nov 3-4	Eau Claire, WI	Sue Peck	Jane Hilgedick	715-836-5645	hilgedj@uwec.edu
Nov 3-4	Kapiolani Pali, HI	Carolyn Ma	Joyce Wong	808-487-5824	JoycWong@aol.com
Nov 7-8	San Francisco, CA	Sue Kagel	Elizabeth Helms	650-863-1701	elizabethhelms@mac.com
Nov 9-10	New Richmond, WI	Barb Schommer	Dori Marty	715-246-6561	dori.marty@witc.edu
Nov 10-11	San Diego, CA	Mary Jane Aswegan	Donna Cahill	619-686-3774	cahill.donna@scrippshealth.org
Nov 10-11	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Nov 10-11	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Nov 10-11	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Nov 10-11	Stanford, CA	Sue Kagel	Elizabeteh Helms	209-795-2559	Elizabeth@sierrahealingtouch.com
Nov 10-11	Hyde Park, VT	Ruth-Ann Eaton	Ruth-Ann Eaton	802-851-1589	reatonchtp@gmail.com
Nov 10-11	Alton, IL	Mary O'Neill	Ruth Ann Meyer	618-463-0901	ram.chtp@att.net

LEVEL 1

LEVEL 1; con	t'd				
Date	Location	Instructor(s)	Contact	Phone	e-mail
Nov 16-17	Edina, MN	Carol Schoenecker	Jodi Wieczorek	952-924-8377	jwieczo1@fairview.org
Nov 17-18	Rochester, MN	Susan Knutson	Susan Knutson	507-292-0247	sueknutson@usfamily.net
Nov 28-29	Red Wing, MN	Sarah Stinson	Sarah Stinson	651-267-3506	sstinso1@redwing.fairview.org
Dec 1-2	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Dec 1-2	Tucson, AZ	Sue Kagel	Krista Weatherly	520-205-0361	weatherly4900@gmail.com
Dec 1-2	Oklahoma City, OK	R Benham/C Hjersted-Smith	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
Dec 1-2	Lihue, HI	Sarah Porter	Sarah Porter	808-212-1807	seportersicn@hotmail.com
Dec 8-9	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
2013					
Jan 10-11	St Cloud, MN	Carol Schoenecker	Vickie Ruegemer	320-255-5612	RuegemerV@centracare.com
Jan 12-13	Bemidji, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Jan 12-13	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
Jan 25-26	New Richmond, WI	Barb Schommer	Dori Marty	715-246-6561	dori.marty@witc.edu
Feb 9-10	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Feb 9-10	Morristown, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	Maggi@HealingTouchNJ.com
Feb 16-17	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Feb 22-23	Bloomington, MN	Barb Schommer	Terry Clegg	962-358-8708	terry.clegg@normandale.edu
Feb 23-24	Oklahoma City, OK	C Hjersted-Smith/R Benham	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
Feb 28 - Mar 1	St Cloud, MN	Carol Schoenecker	Vickie Ruegemer	320-255-5612	RuegemerV@centracare.com
Mar 2-3	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
Mar 15-16	Arvada, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions @ rrcc.edu
Apr 19-20	Bloomington, MN	Barb Schommer	Terry Clegg	962-358-8708	terry.clegg@normandale.edu
Apr 27-28	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
May 10-11	Bismarck, ND	Mary Ann Carlson	Sharon Spaedy	701-223-5926	sespaedy@aol.com
May 4-5	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
May 18-19	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Jul 5-6	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
July 13-14	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
Aug 10-11	Oklahoma City, OK	C Hjersted-Smith/R Benham	HT Oklahoma	405-706-7716	heartsmith@sbcglobal.net
Aug 17-18	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 8-9	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Oct 13-14	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Oct 19-20	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
Oct 27-28	Waterbury, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Nov 2-3	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
LEVEL 2					
Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 29-30	Ft Lauderdale, FL	Nancy Wingerter	Marcia Gill	954-494-2849	marciag@bellsouth.net
I lot h h	I II III II ATRI	TOOKIO MITOIKO	BRIONOLIO MILOCOLI	249 72A 2R70	nolletionooithhooling/glamoil.com

LEVEL 2; cont Date	Location	Instructor(s)	Contact	Phone	e-mail
Nov 9-10	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brenda.disparti@memorialhealthsystels.cor
lov 9-10	Palo Alto, CA	Mediatrix Valera	Elizabeth Helms	650-243-1710	mediatrixvaler@yahoo.com
lov 10-11	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
lov 10-11	Oklahoma City, OK	C Hjersted-Smith/R Benham	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
	• •	•			
Nov 10-11	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Nov 10-11	Lihue, HI	Savitri Kumaran	Sarah Porter	808-344-2823	seporterslcn@hotmail.com
Nov 13-14	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Nov 30 - Dec 1	*	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Dec 6-7	Fairfax, VA closed	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Dec 8-9	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
2013					
Jan 26-27	Bemidji, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
lan 26-27	Houston, TX	Diane Wardell	Judy Walker	713-412-9774	standingstone@sbcglobalnet.com
eb 23-24	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
//ar 5-6	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
лаг 9-10	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Mar 16-17	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Apr 13 & 20	Arvada, CO	Lisa Anselme	Red Rocks College	303-914-6600	admissions @ rrcc.edu
Apr 13 & 20 Apr 20-21	Oklahoma City, OK	R Benham/C Hjersted-Smith	HT Oklahoma	405-706-7716	heartsmith@sbcglobal.net
-	• •	Carol Schoenecker		320-255-5612	RuegemerV@centracare.com
April 25-26	St Cloud, MN		Vickie Ruegemer		ů C
May 10-11	Bismarck, ND	Judy Turner Judy Lynne Ray	Sharon Spaedy Judy Lynne Ray	701-223-5926	sespaedy@aol.com
lune 1-2	Brevard, NC	, , ,		828-553-8146	judylynneray@yahoo.com
lun 22-23	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
une 22-23	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
lul 9-10	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
Sep 7-8	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 7-8	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
Sep 14-15	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
Nov 23-24	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
Nov 5-6 Nov 23-24 Dec 7-8			•		
Nov 23-24 Dec 7-8	Brevard, NC	Judy Lynne Ray	Judy Lynne Ray	828-553-8146	judylynneray@yahoo.com
Nov 23-24 Dec 7-8 LEVEL 3	Brevard, NC Norwich, CT	Judy Lynne Ray Jeanne Zuzel	Judy Lynne Ray Tim Zuzel	828-553-8146 860-889-4690	judylynneray@yahoo.com healingtouchct@yahoo.com
Nov 23-24 Dec 7-8 LEVEL 3 Date	Brevard, NC Norwich, CT Location	Judy Lynne Ray Jeanne Zuzel Instructor(s)	Judy Lynne Ray Tim Zuzel Contact	828-553-8146 860-889-4690 Phone	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail
Nov 23-24 Dec 7-8 LEVEL 3 Date Dct 11-12	Brevard, NC Norwich, CT Location Bismarck, ND	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy	828-553-8146 860-889-4690 Phone 701-223-5926	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com
Nov 23-24 Dec 7-8 EVEL 3 Date Det 11-12 Det 13-14	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net
Dec 7-8 EVEL 3 Date Oct 11-12 Oct 13-14 Oct 19-20	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421 336-777-0680	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com
Nov 23-24 Dec 7-8 EVEL 3 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore Carol Schoenecker	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu
Level 3 Date Dot 11-12 Dot 13-14 Dot 19-20 Dot 20-21 Dot 20-21	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore Carol Schoenecker Rauni King	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28 Det 27-28	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28 Det 27-28 Nov 1-3	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28 Det 27-28 Nov 1-3 Nov 3-4	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com
Nov 23-24 Dec 7-8 LEVEL 3 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28 Det 27-28 Nov 1-3 Nov 3-4 Nov 3-4	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro Jane Hilgedick	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259 715-836-5645	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28 Det 27-28 Nov 1-3 Nov 3-4 Nov 3-4 Nov 9-11	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI Lakewood, CO	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA Lisa Anselme	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu education@htihome.org
Nov 23-24 Dec 7-8 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 26-28 Det 27-28 Nov 1-3 Nov 3-4 Nov 3-4 Nov 9-11	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro Jane Hilgedick	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259 715-836-5645	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu
Nov 23-24 Dec 7-8 EVEL 3 Date Oct 11-12 Oct 13-14 Oct 19-20 Oct 20-21 Oct 20-21 Oct 26-28 Oct 27-28 Nov 1-3 Nov 3-4 Nov 3-4 Nov 9-11 Nov 10-11	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI Lakewood, CO	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA Lisa Anselme	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro Jane Hilgedick Carrie Niewenhous	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259 715-836-5645 303-989-7982	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu education@htihome.org jhueschen@aol.com vickibaines5@gmail.com
Nov 23-24 Dec 7-8 EVEL 3 Date Oct 11-12 Oct 13-14 Oct 19-20 Oct 20-21 Oct 20-21 Oct 21-22 Oct 21-22 Oct 27-28 Nov 1-3 Nov 3-4 Nov 3-4 Nov 9-11 Nov 10-11 Nov 17-18	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI Lakewood, CO Kansas City, MO	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA Lisa Anselme M Frost / J Hueschen	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro Jane Hilgedick Carrie Niewenhous Jody Hueschen	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259 715-836-5645 303-989-7982 816-237-1217	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu education@htihome.org jhueschen@aol.com
Nov 23-24 Dec 7-8 EVEL 3 Date Oct 11-12 Oct 13-14 Oct 19-20 Oct 20-21 Oct 20-21 Oct 21-22 Oct 21-22 Oct 27-28 Nov 1-3 Nov 3-4 Nov 3-4 Nov 9-11 Nov 10-11 Nov 17-18 Nov 24-25	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI Lakewood, CO Kansas City, MO Omaha, NE	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA Lisa Anselme M Frost / J Hueschen Jody Hueschen	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro Jane Hilgedick Carrie Niewenhous Jody Hueschen Vicki Baines	Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259 715-836-5645 303-989-7982 816-237-1217 402-350-8042	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu education@htihome.org jhueschen@aol.com vickibaines5@gmail.com
Nov 23-24 Dec 7-8 LEVEL 3 Date Det 11-12 Det 13-14 Det 19-20 Det 20-21 Det 20-21 Det 21-22 Det 21-22 Det 26-28 Det 27-28 Nov 1-3 Nov 3-4 Nov 9-11 Nov 10-11 Nov 10-11 Nov 17-18 Nov 24-25 Dec 1-2	Brevard, NC Norwich, CT Location Bismarck, ND Harrisonburg, VA Winston-Salem, NC Minneapolis, MN LaJolla, CA Farmington Hills, MI Daytona Beach, FL Charleston, SC Red Wing, MN Burlington, VT Eau Claire, WI Lakewood, CO Kansas City, MO Omaha, NE Pontiac, MI	Judy Lynne Ray Jeanne Zuzel Instructor(s) Judy Turner Deborah Larrimore Deborah Larrimore Carol Schoenecker Rauni King Barb McConnell Nancy Wingerter Bonnie Johnson Jackie Mielke Kathleen Scacciaferro TBA Lisa Anselme M Frost / J Hueschen Jody Hueschen Janet Tait	Judy Lynne Ray Tim Zuzel Contact Sharon Spaedy Gail Bondurant Ashley Fleetwood Janet Dahlem Liz Fraser Barb McConnell Joanne Vogel Janet Neal Sarah Stinson Kathleen Scacciaferro Jane Hilgedick Carrie Niewenhous Jody Hueschen Vicki Baines Judy Rascano	828-553-8146 860-889-4690 Phone 701-223-5926 540-433-3421 336-777-0680 651-690-7758 1-800-scripps 517-914-4133 386-441-0685 843-388-1834 651-267-3506 802-363-0259 715-836-5645 303-989-7982 816-237-1217 402-350-8042 248-241-6636	judylynneray@yahoo.com healingtouchct@yahoo.com e-mail sespaedy@aol.com calendula@ntelos.net HToftheCarolinas@me.com jldahlem@stkate.edu fraser.elizabeth@scrippshealth.org mcconb51@bigplanet jovoh@cfl.rr.com healingtouch1@bellsouth.net sstinso1@redwing.fairview.org kscacciaferro@gmail.com hilgedj@uwec.edu education@htihome.org jhueschen@aol.com vickibaines5@gmail.com judy.rascano07@comcast.net
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LEVEL 4					
Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 4-7	Ferryville, WI	Maggie Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Oct 4-7	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggi@HealingTouchNJ.com
Oct 18-20	Richardton, ND	Judy Turner	Sharon Spaedy	701-223-5926	sespaedy@aol.com
Oct 18-21	Oahu, HI	Anne Day	Lori Protzman	808-456-2869	Lori.Protzman@yahoo.com
Oct 26-28	St Paul, MN	Carol Schoenecker	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Nov 2-4	LaJolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Nov 29- Dec 2	Norwich, CT	Jeanne Zuzel	Kathy Noyes	860-608-8733	kathynoyes@snet.net
2013					
Jan 10-13	Stoneville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Feb 15-17	Tampa, FL	Nancy Wingerter	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Mar 15-17	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	Maggi@HealingTouchNJ.com
Mar 21-24	Hinton, OK	Mary Szczepanski	HT Oklahoma	405-706-7716	innerchi@cox.net
May 30-Jun 2	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
July 11-14	Lakewood, CO	Lisa Anselme	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org
July 18-21	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
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LEVEL 5					
Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 25-28	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Nov 1-4	Oahu, HI	Anne Day	Lori Protzman	808-456-2869	Lori.Protzman@yahoo.com
Nov 15-18	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@HealingTouchIndiana.com
Nov 16-18	LaJolla, CA	Anne Day	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
Dec 6-9	Denville, NJ	Deborah Larrimore	HT New Jersey	973-214-2582	maggi@HealingTouchNewJersey.com
2013					
Feb 7-10	Stoneville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Feb 15-17	Tampa, FL	Judy Turner	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Mar 21-24	Hinton, OK	Mary Frost	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
June 20-23	Lakewood, CO	Lisa Anselme	Carrie Niewenhous	303-989-7982	education@healingtouchinternational.org
Aug 1-4	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Nov 7-10	Indianapolis, IN	Deborah Larrimore	Judith Villegas	317-413-8692	Judith@healingtouchindiana.com
International (Classes Level 1				
Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 29-30	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	508-382-4832	hummingforhealth@hotmail.com
Oct 5-6	Potters Bar, UK	Lisa Anselme	Alison Facey	01707 652978	alisonfacey@googlemail.com
Oct 6-7	Charlestown, Australia	Susan Ashton	Susan Ashton	0409 223 186	
Oct 6-7	Concepcion, Chile	Mary Maloney			
Oct 13-14	Nanaimo, BC CANADA		Bev Worbets	250-339-7452	bevworbets@shaw.ca
Oct 13-14	Montreal, QC CANADA	Ava Zaritzky	Irma Bubolic	514-483-6688	ibubolic@videotron.ca
Oct 13-14	Lima, Peru	Eileen Kearney	Margaret Kehoe		prosh@speedy.com.pe
Oct 13-14	Santiago, Chile	Emiliana Gonzales	•		
Oct 20-21	Christina Lake, BC	Kathleen Smythe	Kathleen Smythe	250-447-6201	sunflowerinnbb@shaw.ca
Oct 20-21	Peterborough, ON	A Zaritzky / J Barry	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
Oct 20-21	Galway, Ireland	Lisa Anselme	Felicia McCarthy	087-675-0446	feliciamccarthy@comcast.net
Oct 27-28	Prince George, BC	L Hickey / M Blair	Lisa Hickey	250-981-2308	lisa@bodymindrenewal.cca
Oct 27-28	Fredericktown, NB Jean	•	Jeanne Balcom	508-382-4832	hummingforhealth@hotmail.com
Oct 27-28	Vancouver, BC	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Nov 3-4	Toronto, ON CANADA	A Jonsson / W Joscelyn	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
Nov 10-11	Dieppe, NB FRENCH	Jeanne Balcom	Jeanne Balcom	508-382-4832	hummingforhealth@hotmail.com
Nov 17-18	Perth, Australia	Rosalie Van Aken	Rosalie Van Aken	61 86161 2562	
Nov 24-25	Sunshine Coast, Australia	Veronika Oliver	Veronika Oliver	07 5442 2921	
2013	,	•	•		
Jan 19-20	Victoria, BC	C Awai / L Hallett	Catherine Awai	250-597-4312	catherineawai@gmail.com
Juli 10 20		J. Mai / E i Idilott	Casionilo / Wai	_00 001 TO12	Salisinioanaleginaliooni

International (Classes Level 2				
Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 24-25	Wauchope, Australia	Susan Ashton	Dawn Stead	02 6624 7859	
Sep 29-30	Vancouver, BC CANADA	Ginny Mulhall	Karen Stewart	778-292-1845	KASinBC@yahoo.ca
Sep 29-30	100 Mile House, BC	Marilyn Blair	Barb McLeod	250-791-6530	bam04@shaw.ca
Oct 12-13	Potters Bar, UK	Lisa Anselme	Alison Facey	01707 652978	alisonfacey@googlemail.com
Oct 20-21	Comox, BC CANADA	Bev Worbets	Bev Worbets	250-339-7452	bevworbets@shaw.ca
Oct 26-28	Cape Town, S Africa	Robin Goff	Jessica Abramson	073 188 9156	
Nov 3-4	Cairns, Australia	Rosalie Van Aken	Madonna Brodie	07 4039 1800	
Nov 3-4	Haarlem; Netherlands	Wietzke van Oene	Natascha van den Ban	31235321521	healing4eu@aol.com
Nov 3-4	Kelowna, BC CANADA	Kathleen Smythe	Kathleen Smythe	250-447-6201	info@sunflowerinnbb.com
Nov 3-4	Concepcion, Chile	Mary Maloney			
Nov 10-11	Montreal, QC CANADA	A Jonsson / A Zaritzky	Irma Bubolic	514-483-6688	ibubolic@videotron.ca
Nov 17-18	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
Nov 17-18	Charlottetown, PE	Jeanne Balcom	Jeanne Balcom	508-382-4832	hummingforhealth@hotmail.com
Nov 24-25	Wauchope, Australia	Susan Ashton	Susan Ashton	0409 223 186	
Nov 24-25	Dieppe, NB FRENCH	Jeanne Balcom	Jeanne Balcom	508-382-4832	hummingforhealth@hotmail.com
Dec 8-9	Perth, Australia	Rosalie Van Aken	Rosalie Van Aken	0410 286 187	
Dec 15-16	Oostkamp, Belgium	Deborah Larrimore	Nancy Strybol		httenn@hetnet.nl
Dec 18-19	The Hague, Netherlands	Deborah Larrimore	Nancy Strybol		httenn@hetnet.nl
Date	Classes Level 3 Location	Instructor(s)	Contact	Phone	e-mail
Oct 20-21	Santiago, Chile	Emiliana Gonzales		705 050 0500	
Oct 26-28	Peterborough, ON	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
Nov 3-4	Comoc, BC CANADA	Bev Worbets	Bev Worbets	250-339-7452	bevworbets@shaw.ca
Nov 17-18	Haarlem; Netherlands	Wietzke van Oene	Natascha van den Ban	31235321521	healing4eu@aol.com
2013					
May 3-5	Toronto, ON CANADA	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
International (Classes Level 4				
Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 11-14	Memramcook, NB CANA	1/	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
Oct 22-25	Sth East Qld, Australia	Rosalie Van Aken	Rosalie Van Aken	61 86161 2562	
Dec 14-16	Santiago, Chile	Eileen Kearney			
2013	.	•			
	Sth East Qld, Australia	Rosalie Van Aken	Rosalie Van Aken	61 86161 2562	
May 16-19	Nanaimo, BC CANADA	Catherine Awai	HT Canada		HTCanada@healingtouchcanada.net
iviay 10-13	Nananno, DO CANADA	Janicille Awai	i i Gallaua	100-002-0000	TTT Carrada@ffeatiffgtodoffeatidda.ffet
	Classes Level 5				
Date	Location	Instructor(s)	Contact	Phone	e-mail
		Instructor(s) Margarita Kehoe Eileen Kearney	Contact	Phone	e-mail proshperu@yahoo.com

Healing Touch International, Inc. 445 Union Blvd., Suite 105 Lakewood, CO 80228

VISION

Spread Healing, Light and Love, creating wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Touch International practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch