



HTI's

Perspectives in Healing

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

1ST QUARTER 2013

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*Spreading Healing Light
Worldwide through heart
centered service, education
and professional development*

Wholeness Through Service: Expanding Our Vision Part 1



*"Service at its simplest, is the relationship of
giving and receiving" ~ Susan Trout*

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This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to HTIhosp@aol.com ... Thanks!
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HEALING TOUCH INTERNATIONAL, INC.

*Spreading Healing, Light and Love,
Creating Wholeness on Earth
through heart-centered service, education
and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program by Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingTouchInternational.org.

Click on Education for class information.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart Centeredness
- Respect of Self and Others
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

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Cover Art.: Francene Hart



Letter from the Editor

Wholeness through Service: Expanding Our Vision

through the words of Alice Bailey, Carolyn Myss & the Dalai Lama

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, HTI Executive Director

“As long as space abides, and as long as sentient beings remain, may I too abide and dispel the suffering of beings.” ~ HH The Dalai Lama

Last year's conference theme was Healing and the Path of Infinite Potential, in which we explored a necessary step in the development of the healer. This year's theme is *Wholeness through Service: Expanding Our Vision*. What is service, where does it fit in the healing path, and is it necessary to our work? Is there a shadow side of service? Years ago, we examined service and I gathered three contemporary teachers to provide diverse but very congruent views of the value of service.

Alice Bailey teaches that the ***Law of Service is the governing law of the future***, and intended to guide all soul activity. It is “the spontaneous effect of soul contact....so definite that the life of the soul can pour through into the instrument which the soul must use upon the physical plane.” She writes about service as the means by which we awaken the heart center and the nature of the soul is made visible in the world. “It is life demonstration...a soul urge...a natural expression of the soul's life ...and therefore, innate to soul unfoldment.” (Bailey, 1972)

Bailey believes that it is “essential that servers become relaying channels and not delaying points of selfish interest in the divine flow”. She acknowledges that this takes vision and courage, but that if this work is soundly done, then a world unity can be established which will produce right human relations, a sound world politic, and a united spiritual effort. (Bailey, 1972) This is the foundation for our vision at Healing Touch International, Inc.

Carolyn Myss writes that ***“being of service is not an option, but rather a biological necessity, an expression of the 7th chakra, where one becomes a human agent in a divine intervention.”*** (Myss, 2004) It is with this understanding of the development of the healer that self care forms the basis for further movement.

His Holiness the Dalai Lama speaks of the courage of the bodhisattvas, those altruistic beings who seek full enlightenment and are prepared to spend infinite lifetimes in order to free others from suffering. A prayer most quoted by the Dalai Lama captures this

commitment to service: ***“As long as space abides, and as long as sentient beings remain, may I too abide and dispel the suffering of beings.”*** (HH The Dalai Lama, 1996)

These three teachers describe service in terms of courage, vision and soul expression. Bailey writes that *“nothing can stop this life of natural, loving service, except in those cases wherein the personality gets in the way.”* (A. Bailey, 1972) How then do we persuade the personality to work with the soul's purpose? This is where our work in Healing Touch truly begins, through diligent self care and study: clearing; balancing; claiming power and authority over oneself, not others; cultivating self-esteem and self-love; forgiving and generating compassion; expressing and truth telling; choosing to see with the heart and seeking the inner wisdom; and deepening our connection to and expression of Spirit.

This is our path to walk, is it not; to reside in self care, to fearlessly strive for self clearing and self growth so that we may serve soundly; and to cultivate our soul's growth through joyful service? Indeed, this is our path to dance.....

References:

Bailey, A. (1972) *Serving Humanity*, Lucas Publishing Co., New York.

Dalai Lama, HH. (1996) *The Good Heart*, Wisdom Publications, Boston.

Myss, C. (2004) *Invisible Acts of Power*, Free Press, New York.





Motivations from the President

Wholeness Through Service: Expanding Our Vision

by Mary O'Neill RN, CHTP/I, HTI President

"Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time."

~ Marian Edelman ~

What a rich, dynamic theme has been chosen for this year! Our 2013 Conference is shaping up to offer superb presenters and workshops which will help us explore and deepen our understanding of service. Healing Touch, the work that we specialize in, is a very natural extension of service. It focuses us on heart centered caring, while we offer a person the opportunity for healing in their life. Many times we seem to think of service as an extension or additional time set aside from our regular routine to provide assistance, care, compassion or aid to others. But the quote I chose from Marian Edelman has a different take. She believes it is "the very purpose of life". We can begin to see service in a new light. It doesn't have to be an extraordinary time in our life, separate from our daily duties but it should be the very core of our existence and service becomes a part of everything we do in our daily lives.

In the early 1900's just after the turn of the century, four sisters and three brothers of the Carmody family in Western Ireland made the difficult decision to leave their homeland and sail to America. The oldest brother, Patrick, remained to care for the family farm. There were no jobs to be had in Ireland and their only hope for meaningful employment was to leave everything and everyone they knew. Their Mother, Johanna O'Leary Carmody, would die of "a broken heart" before their ship would reach America.

This reflection will focus on the life of service of one of those sisters, Julia. She would become the step-grandmother that I grow to know and love. The siblings eventually settled in St. Louis. Julia headed on to California and became a nanny for a family with several children. In late summer of 1916 she learned that one of her sisters, Johanna was very ill. Johanna had married Daniel Gleason and had two children and was expecting her third child (my father). Six weeks after his birth, Johanna died leaving her husband with three children ages 4, 2 and six weeks old. Julia returned to St. Louis and following the funeral a family discussion ensued about separating the children and placing them under the care of different relatives. My

grandfather was adamant that he didn't want to parcel out his children. "I've just lost my wife; I can't lose my children too." Julia simply walked to the corner drug store and phoned the family in California to resign her position. She would stay in St. Louis and help raise her sister's children and keep this family together.

Several years later, she married my grandfather as "it wasn't proper for a single woman to live in the household with a widowed man". She raised the children and eventually became my Grandmother. She shared stories of her home in Ireland and riding horses on the beach, running them through the surf to strengthen their legs.

She taught me some Gaelic songs. I watched her step dance from her chair when Irish music was playing. Her feet moved with swift, precise actions. She always provided Christmas dresses for my sister and I.

She cared for my Grandfather as he struggled with heart disease. Following his death, she brought in each sibling as they aged and needed assistance. She cared for each of them without complaint or any sign of burden. Hers was a life filled with daily service. She set an example that each action we do can be an act of service. She saw a need and she filled it. It was that easy and that complex.

Over the years she eventually lost her sight and her mind began to fail as she aged. I never once heard her complain. She would find humor in all situations. She died in November of 1961. I was 13 and felt I didn't have her long enough. I had more to learn from her.

In September of 1995 my husband, Rea, and I traveled to Ireland. Armed with family information, photos and maps we began a quest to find my Grandmother's home in Ardfert, County Kerry. After a

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Motivations cont...

few days we stood before it and completed the circle of coming home. I met Patrick's Granddaughter, Francis, who now cares for the farm. She took us through the beautiful Georgian style home on the western coast in County Kerry. It was like stepping back in time. Furniture and pictures were the same as when my Grandmother left so many years before. I saw the brass bed where she was born. With directions from Francis, we drove down the road and walked on Bana Strand, the beach where she rode the horses in the surf so many years ago. Beautiful rays of light broke through the clouds as the sun set into the Atlantic Ocean. It was my birthday and I felt her presence.

She lived a simple life of service. She impacted so many others and made their lives better for her having been attentive to the opportunity to serve.

"The best way to find your self is to lose yourself in the service of others."
- Mahatma Gandhi



Call for Additional Certification Board Members

Our number of applications for practitioner and instructor certification continues to expand. There is currently a need for the HTI Board of Directors to appoint additional individuals to serve on the HTI Certification Board. This opportunity is a wonderful way to serve the International Healing Touch community. If you are called to serve as a volunteer in this capacity, please forward a letter indicating your interest in serving along with your resume or CV to the HTI Office, attention Executive Director.

The Certification Board member commits to serve as a volunteer for 3 years, with the option to renew at the end of that time. We would like to develop a list of individuals who would be willing to serve now or later as other vacancies occur.

The criteria for Certification Board members are:

- Registered Nurse (advanced degree / MSN desired)
- Certified Healing Touch Practitioner (CHTI desired)
- Prior review experience and/or background in education
- Understanding of legal and ethical ramifications of practice scope
- Volunteer position
- Fluency in English and another language (spoken and written) is an asset (Spanish, French, etc.)
- HTI Member in good standing
- Computer skills and access with the availability to participate throughout the year

Please submit your application for membership with the Certification Board by **June 15, 2013**. This should allow time for appointments to be made before July 2013. Once your application is submitted, interviews will be scheduled to allow the applicant to learn more about the position, the commitment, and the orientation process. The volunteer journey with the HTI Certification Board is another memorable path that we hope will provide you with additional joy in service.



HEALING TOUCH INTERNATIONAL, INC.

Spreading Healing Light Worldwide

Happy Birthday Month HTI!!! Healing Touch International Day March 6, 2013

March is the birthday month of Healing Touch International and March 6, 2013 was our 17th anniversary. During this date and month is a great opportunity to promote Healing Touch in your community. Join Healing Touch colleagues world-wide in celebrating the growing awareness and use of Healing Touch!

Make a day of it with activities that will promote this wonderful and effective healing modality.

- Organize free mini Healing Touch sessions for the community
- Schedule an Intro to Healing Touch talk
- Gather Healing Touch providers for networking and social time
- **Join the world-wide healing meditation (noon your time)**

Promote your event with a downloadable HTI Day flyer and sample press release. Let us know about your activities (Email us at HTIHeal@aol.com) and we will list your HTI Day activity on the website. For more ideas and resources, visit:

www.HealingTouchInternational.org

About Healing Touch International

Healing Touch International, Inc. is the non-profit professional and educational organization for Healing Touch. We provide the following programs and services:

- Healing Touch Practitioner & Instructor Certification
- Continuing Education HTI Healing Touch Certificate Program & Professional Development Series
- Set International Ethics & Standards of Practice for Healing Touch
- Annual International Conference since 1997
- Collaboration with other National & International Organizations in Healing Touch, Holistic Nursing, Holistic Medicine and Subtle Energy
- Quarterly Publication: HTI's Perspectives in Healing
- Healing Touch Research Consultation & Coordination since 1997
- Hospital & Integrative Health Care Consultation since 1998
- Resource Publications: Research Survey, Integrative Health Care Booklet, Student Workbooks, Power Point Presentations, and Advertising Brochures

HEALING TOUCH



nurturing
energy
therapy

Inspirations

Let Hope Fly

Hope is the thing with feathers
That perches in the soul
And sings the tune without the words
And never stops at all.
~ Emily Dickinson



Bird in Flight: Cat Anselme Miller

Community Development

Netherlands and Belgium

by Deborah Larrimore, RN, BSN, LMBT, CHTP/I

It was cold, it was winter and I was met with warmth and good cheer. My first invitation to teach in The Netherlands was in February 2012. The invitation came from Nancy Strybol, RN and professor of nursing who was in the midst of her HTI Instructor training program but more so in the midst of infusing Healing Touch into the integration of the Dutch Healthcare System.



During this initial visit, I met with the Dutch Complementary Nurses Association and discussed not only Healing Touch, but also the successes of integrating Healing Touch into Healthcare systems within and across, the United States. At that time, I was actively involved within Wake Forest University Baptist Healthcare system and we were offering Healing Touch to all patients within the system.

In addition, during this initial visit, Nancy had opened the doors of establishing Healing Touch within a Healthcare facility specializing in the care for persons suffering long-lasting effects of brain injury in The Hague, Netherlands.

Level 1 ~ The Hague, Netherlands February 2012



Within the next ten months, Nancy completed her training, becoming the first nurse in the Netherlands to become an HTI Certified Healing Touch Instructor. She launched right into teaching Level 1 courses to other nurses and in December of 2012, Nancy invited me to return and bring the education of the HTI Level 2 curriculum.



It was December and the cities were alive in festive holiday spirit. During this visit, Nancy continued her initial goal of taking the Healing Touch curriculum not only into healthcare but on this visit she broadened her scope of expanding Healing Touch trainings into her homeland and country of Belgium. I was welcomed with open arms, and yes, Belgium chocolates! It was a small class but one of all nurses.



Level 2 ~ Belgium, December 2012



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Community Development cont...

From Belgium, we returned once again to The Hague to bring a Healing Touch Level 2 course. We had a class of 14, all healthcare professionals and many funded by the Healthcare facility we were in. The nursing manager of the rehabilitative care unit, who we fondly referred to as “the Boss”, took the Level 2 course and has already implemented offering Healing Touch into their facility and patient care.

The time was one of beauty and I was so moved to see the art of healing spreading not only to healthcare professionals and patients but also to people from around the world.

As I journeyed afar, and since I didn't speak Dutch, I was a bit concerned that there might be a language barrier. But I was relieved when the class said to me, we may not have understood every word you said, but we received the teaching. I remembered Janet Mentgen telling me once, Healing Touch could be taught in silence, as long as we convey the spirit of the work.

Level 2 ~ The Hague, Netherlands



So as each of you hold a vision within your own heart, about how you might spread Healing Touch into your own community, may you take this story and vision of one who we might describe as rather small in stature but truly very large in vision, forth into your part of the world.

Nancy Strybol & Deborah Larrimore
HTI Certified Healing Touch Practitioners & Instructors



May this story inspire you, and even though you may feel your impact may be small, the outcome can be large.

May we truly go forth into the world and spread
Healing L ight and L ove.

Mentorship

What Is Mentorship? The Role of the Mentor

by Anne Day BSN, MA, CMT, HN-BC, CHTP/I and Mary Jane Aswegan RN, CHTP/I



Anne Day

As we begin a new year and with new Mentees calling for Mentorship, we thought it might be a good time to review the Mentorship process with reference to our HTI Mentorship Guidelines. The Mentor/Mentee relationship dates back to ancient history and some of the understanding

includes the following: *"A Mentor guides one to a fuller understanding of self. A Mentor is supportive, protective, intentional and insightful. Mentoring is a nurturing process that fosters growth and development in the Mentee."* I am sure these statements all resonate with those of you in HTI who have ever been through the process or are working in the process as we speak.

Mentorship is a dynamic process of guidance, support, nurturing, counseling and assessment that prepares the individual to develop necessary expertise and competency in order to become a Certified Healing Touch Practitioner. It is a sacred process for both the Mentee and Mentor and both have individual responsibilities. This article will focus on the Mentor.

Mentor: Becoming a Mentor is a responsibility not to be taken lightly. As a Mentor you are entrusted with the care and guidance of the Mentee to assure that they will be qualified to practice HT safely and to represent HTI to others from a heart-centered perspective. It is recommended that the Mentor should be certified and have an active practice for at least 6 months after becoming certified before agreeing to become a Mentor. Mentorship was created as a relationship that would foster growth for both the Mentor and the Mentee as they walk the path of development of the healer together. The Mentor is the guide, but the Mentee will stimulate maturity and growth of the Mentor as they ask questions and share their own learning process. HTI Certified Healing Touch Practitioners have customarily served as Mentors free of charge, following the principle of a "pay it forward" commitment, in that sometime in the future the Mentee would become a Mentor and give back to another apprentice in the process.

When you agree to become a Mentor it must be considered a commitment in which you will be available for questions, discussions and meetings on a monthly basis, as well as responses to questions by e-mail as

needed. These conversations can be by e-mail, phone or one to one. It is important to set up an initial meeting with your Mentee and form a Mentorship agreement, as well as request some written goals regarding personal development, professional development and development in the Mentorship process. Be sure you have the most recent certification packet, which can be downloaded from the HTI Website.

Meetings and conversations with your Mentee should include but not be limited to:

- (1) Reviewing the documentation process early on so that you are sure they are completing documentation correctly according to the 9 step process. We share samples of case scenarios, which are documented correctly which we go over to see how it should be done.
- (2) Provide guidance as needed for their homework requirements and suggest ways to format and write up books, modalities, case study, resume etc.
- (3) Help guide them in selection of a client for their case study and encourage them to write up perhaps the first session and send it to you or meet with them and make suggestions.
- (4) Give them guidance how to keep track of their 100 client documentation forms; we encourage them to keep these in a separate binder.
- (5) Make sure they understand exactly what they need to complete for homework at Level 5 and then after Level 5 help them to select client sessions which would best meet Criteria 7 - "Documentation of HT Curriculum Techniques." Also after Level 5 make sure they complete their "Self Study Evaluation" according to the bolded topics under Criteria 8 in the Certification Packet.
- (6) It will be important to review the Code of Ethics, Standards of Practice and Scope of Practice Statement with your Mentee as a baseline for practice.

There could be possible challenges and the Mentor may need to evaluate the process with the Mentee for perhaps an extension of a Mentorship period. Mentorship requirement is a minimum of one year but certainly "life does happen" and the



Mary Jane Aswegan

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Mentorship cont...

Mentorship process may have to be put on hold or continued for a longer period of time. Be sure your Mentee is ready for Level 5 and that you have seen their work. If you have a Mentee going to Level 5 and you have concerns, be sure you express these concerns with their Level 5 Instructor.

Be sure you have seen them practice and hopefully they have given you a HT treatment so you can evaluate their sequencing of techniques appropriately. Ideally, have the Mentee give you a treatment early in the Mentorship and then again at the end to evaluate their development as a healer.

On a monthly basis make sure that your Mentee stays in contact with you and that you re-evaluate goals at six month intervals to make proper adjustments and recommendations always focusing on creating empowerment and strengthening the Mentee's confidence in their HT practice and personal/professional development. Continue to remind the Mentee about importance of self-care and getting regular HT treatments themselves. You as a Mentor are the role model in your behavior for your Mentee. You should use appropriate HT terminology and encourage your Mentees to "Keep it Simple."

Before certification you will write a letter of recommendation for the Mentee and answer the questions required in the certification packet and sign the "Mentor's Statement for Recommendation" from in the certification packet. The end goal is to walk hand and hand as fellow practitioners.

Encourage your Mentees to pace themselves with their modalities and with the work. They should not look on the work as drudgery but as an opportunity to grow. Allow your Mentees to enjoy the process of learning and sharing in collaboration with others. Truly, the Mentorship process will benefit you as well as your Mentee. You should work together to spread the light of HT worldwide. Mentorship is a gift for both the Mentor and the Mentee.

2013 Spirit of Ireland Tour: Ruins, Runes and Tunes

Instructor: Brian Luke Seaward, PhD

Dates: June 20-29th, 2013 **Call:** 303-678-9962

Tour Destination of Ireland:

East (County Dublin) North (County Donegal) and West (County Clare)

Tour Theme: Ireland is a country rich in culture, history and music, yet there is a mystical essence that cannot be described in words. It must be felt in the heart through the landscape, the music, the stories and the Celtic earth

itself. It is this essence that we will capture on the Spirit of Ireland Journey. Not just a simple vacation to a pretty place, the theme of this journey is one of healing; healing the energetic ley lines (meridian points at various Celtic sacred sites, known as "faerie lines" in Ireland); helping to restore the healing energies of these sacred sites and offering compassion in action through daily meditations and reflections. We will also enjoy the beauty of the Irish culture and the spirit of Celtic traditions found in the music -- LOTS of great music! The northwest region of Ireland is renowned the world over for its stunning beauty and Celtic charm.

People often say that traveling to Ireland is like stepping back in time to a land steeped in rich culture, history and spirituality; a less rushed lifestyle in a magical setting, where people meet you with a smile and a twinkle in their eye. **Tour Itinerary:** Our tour itinerary is still being finalized, but sights on the agenda include the city of Dublin, Glendalough, The Sacred Boyne Valley, Hill of Tara, Beltane Stone Circle, Slieve League Cliffs, Glencolumcille, Doolin and... rather than spending each night in a different hotel (like most tours) we spend three nights in each of three hotels.

Full Brochure PDF: www.brianlukeseaward.com/downloads/2013SpiritOfIrelandTour.pdf

Photo Blog of 2012 Tour: <http://2012spiritofirelandseaward.blogspot.com>

**This continuing nursing education activity was approved by the American Holistic Nurses Association's Education Approver Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*



Board Corner

1st Quarter 2013

by Kimberly Gray RN, BA, HN-BC, LMT, NCTMB, CHTP/I, HTI Board of Director

Welcome to 2013 everyone. We are well on our way to the completion of the first quarter of this year, and the Healing Touch International Board of Directors (BOD) has been working in service to support the vision and mission of spreading healing love and light worldwide. The theme for the upcoming Energy Healing conference is well-suited for the ongoing development and expansion of the work that one does through Healing Touch.

The 17th Annual Energy Healing Conference and Instructor Meeting

The theme for the 17th Annual Energy Healing and Instructors Workshop is ***“Wholeness through Service: Expanding Our Vision”***. The conference will be held from October 3-6, 2013 at the Sheraton Denver West Hotel in Lakewood, Colorado.

The Miriam New Webster Dictionary has many definitions for the word service. The one that seems to resonate with the beautiful work of Healing Touch is, “the contribution to the welfare of others, a helpful act, to be helpful or useful.”

Some questions to ask from a centered reflective space, as one focuses on this theme for 2013 are: How am I an expression of service in my own life? How do I contribute to the welfare of others? How am I helpful or useful? As I have reflected on this many times, as a mentor, teacher, and wellness facilitator, a new and important question emerged. How am I of service to myself? How do I take care of myself to assure wholeness, or a restoration of balance, so that I may be a facilitator of a return to wholeness and balance for others through service to them? Self-care, or service to self, is an expectation, rather than an option for one who is providing Healing Touch for others. As an example, many of you may have heard the phrase, “You can only give to others what you give yourself first.” When you go on an airplane, the flight attendant, without fail, reminds the passengers to place the oxygen on themselves first, BEFORE attempting to assist others.

The annual conference is a wonderful self-care opportunity. The BOD and the conference committee have been diligently working to develop a conference that will support the participants in a holistic, fun, educational, experiential and restorative way. The conference is an opportunity to “put the oxygen on yourself”, breathe in some new perspectives, connect with like-minded individuals, learn, restore and expand

your own vision regarding service to self and others. You are encouraged to go to the Healing Touch International website to explore the keynote speakers who have committed to come and be of service to you, to assist you in expanding your vision of what it means to be an expression of wholeness through service.

Call for Workshop Proposals

Do you have a special message, gift or knowledge that would assist others through the conference theme? Is it time for you to be of service by sharing information, knowledge and experiences with others? The process for submission of a proposals to be a facilitator for a break-out workshop is listed on the Healing Touch International website. The HTI Conference Committee will review all submissions to select the appropriate balance of workshops for each participant to choose from to serve his/her own development, self-care and knowledge. The deadline for submission of proposals was March 11, 2013.

The Board/Service Orientation

The HTI BOD provides service to support the expansion, growth and awareness of the vision and mission of Healing Touch International, Inc. With the exception of the Executive Director, the BOD positions are voluntary, service-oriented and term limited assignments.

Board Strategic Planning Meeting

The HTI BOD will be participating in a Strategic Planning Meeting this spring in Colorado. The Board will be meeting to work on strategies to further support the mission and vision of HTI over the next five years.

Committees

The Healing Touch International Board works with numerous committees that have been developed to meet the needs of the membership and the assurance of the commitment to the vision and mission of Healing Touch International, Inc. Some of these committees include the Nominating Committee, the Ethics Committee, the Marketing Committee, the Research Committee, the Education Committee, the Membership Committee, the Instructor Training Committee, the International Committee and International Teaching Committee and the newly developed Instructor in Training Application Committee. In addition, the HTI Board provides oversight of process and fiscal soundness for the HTI Certification Board. All of the members of these committees provide service on a voluntary basis, and

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Board Corner cont...

work through the intention of representing for the highest good of the organization, membership and all those whose lives are touched by Healing Touch.

As you read the list of the various volunteer committees, ask yourself if you are drawn to any of these facets of being of support. Do you feel inspired to contribute in any of these areas at some point in time? If so, you may want to inform Healing Touch International of your desire to be of service in that way, and see what needs may be available. Potential committee members are nominated, then interviewed and selected by the BOD based on needs, skills, knowledge, etc, always with the highest-good focus.

Marketing Committee

The Marketing Committee, chaired by Evie Caprel, has expanded and been very active this quarter. Their theme is "Service in Motion." They are expanding the connectedness and awareness of the Healing Touch International work by creating awareness, education and support for membership to connect through Facebook and other social media avenues.

Education Committee

The most recently appointed members to the Education Committee are Sue Knutson, and Jody Hueschen. We welcome them and are honored for the gifts, skills and knowledge they are willing to bring through service

on the Education Committee. We are so grateful for the service provided by Diane Wind Wardell and Myra Tovey who are now rotating off.

International Focus/Outreach

With the title Healing Touch International, the BOD has one focus on assuring that the work is truly international. It is important that systems are put into place to allow for the inclusion of classes anywhere in the world that they are requested.

Some members of the BOD will be representing Healing Touch International at other conferences for outreach. Lisa Anselme (Executive Director) and Mary O'Neill (HTI President) will be providing outreach at the American Holistic Nurses Association Conference in June of 2013. Members of the HTI Board will again be traveling to represent HTI at the Healing Touch New Zealand Conference and Healing Touch Peru Conference. Mary Catherine Campbell will be providing HTI outreach at the Healing Touch Canadian Conference in April 2013. Other opportunities to provide outreach and awareness are being explored and considered.

Being of Service

As you move forward through this new year, while reflecting on the theme of "Wholeness Through Service: Expanding Our Vision", you may wish to reflect on the following:

Being of Service

By Kimberly Gray

Service is seeing with my

Eyes, through heart-colored glasses...

*Reaching out with compassion for myself and others, creating a
view that is manifested through a focus on highest-good
intentions.*

*Coming home to wholeness, so that I may be an
Endless expression of heart-centered care.*

Heart Centered Marketing

Simple Marketing Plan

by Evie M. Caprel, CHTP, PFT, WC, Vice-President HTI Board of Directors



HTI Marketing Update

Facebook 'likes' have increased to 1,593 – keep inviting others to experience service and community through HTI! Start a Facebook page if you haven't yet – it's easy and a great way to connect with clients, friends and make new ones!

HTI is expanding marketing efforts to reach new markets and we're researching potential places to have an exhibit booth and/or speak at conferences. Send us your suggestions! evie@livewellhealing.com

Healing Touch International in Harmony – individual voices coming together in service

As Healing Touch practitioners and students, our professional lives and personal lives are very intertwined, so that what we achieve in one enhances and refreshes the other. Our way of "being" is a constant no matter what part of life or work we are engaged in. Embrace the balance you offer to those you serve, to yourself as well. Heart centered marketing is service in action.

Business Tip of the Quarter

Networking is a very effective way to reach out to share healing touch. When should you network? Always. Where should you network? Everywhere. Join business networking and Special Interests groups – and really participate. Reach out in service.

Planning Your Marketing Year

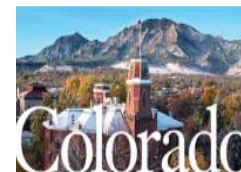
In last quarter's issue, I outlined a simple marketing plan including these elements: Goal, objectives, target markets, tactics, and results and we hope you were able to use it. Now is a chance to outline a promotion plan calendar. Use these easy steps:

1. Write a list of all the holidays, special events you know of, or other promotions (such as Healing Touch Day) you could use as a way to reach new target markets
2. Create a calendar or use one you already have
3. For each month, place each element on the appropriate day
4. This will allow you to plan ahead for promotions you can tie into or ideas on how to utilize existing holidays/events.
5. As 2014 rolls around, you can review your calendar and make adjustments for the new year.
6. It's easy and will keep marketing in the forefront helping you grow to serve more patients.

An invitation to Share your Experiences

The Marketing Committee would like to hear from you! Do you have a compelling story you can share? Just let us know and we'll take it from there. Help us spread the word about HTI!





SAVE THE DATES

Healing Touch International

17th Annual Energy Healing Conference & Instructor Meeting

"Wholeness Through Service: Expanding Our Vision"

October 3 - 6, 2013

Pre-Conference October 2 - 3, 2013

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Lakewood, Colorado

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2013 Conference Sponsorship Opportunities

Sponsorship opportunities for HTI's annual conference are now available and can be tailored to meet your needs. Individual Grants of any value are also available and greatly appreciated. For a complete sponsorship package please visit the website at: www.HealingTouchInternational.org Please contact the HTI office for individual opportunities not listed.

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- Acknowledgement in HTI Perspectives in Healing Quarterly Publication
- Visibility and name recognition throughout the Healing Touch community
- Establishment of your organization as a proponent of holistic and integrative care
- Enhanced exposure of your products, services or organization



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Dr. Mimi Guarneri

Board-certified in cardiology, internal medicine, nuclear medicine & holistic medicine. Dr. Mimi is Senior Consultant in Integrative Medicine and the founder of the Scripps Center for Integrative Medicine.

She is an award winning author and was honored the ARCS scientist of the year.



Colonel (R) Jill Chambers

Jill's focus is on wounded warrior issues, specifically in the areas of Post Traumatic Stress and Traumatic Brain Injury. She is founder of This Able Vet, & joins a prestigious group of women such as Madeline Albright, Sandra Day O'Connor, and Barbara Walters who are the innovators, models and strategists of justice, conflict resolution, problem solving, and contagious kindness



Michael Peterson

Recipient of the Bob Hope "Spirit Of Hope" award for his service to the U.S. and the servicemen and women of the Armed Forces. Loved for millions of top selling country music, this Grammy and CMA award nominee has moved audiences all over the globe for over a decade.



"Earth Prayers" ~ Artist: Francene Hart



Christine Stevens

Founder of UpBeat Drum Circles, offering diversity training, teambuilding, and wellness presentations world-wide. Internationally acclaimed speaker, author, music therapist and a leader in the music and wellness movement.



Dr. Charles Tegeler

Department of Neurology, Wake Forest University. Dr. Tegeler holds the McKinney-Avant Chair in Neurosonology, serves as Medical Director for the Neuroultrasound Laboratory, and is Head of the Section on Stroke, Cerebrovascular Disease, and Neurosonology.

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Contact for more information:

Conference Chair:

Yolande Boulé Douglas
htacanada.conference@gmail.com
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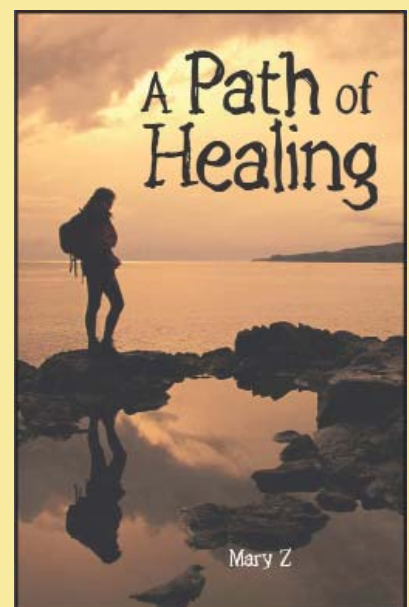
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Practitioner Perspective

Healing Touch Practice: Death and Dying

by Flish McCarthy, CHTP, RM, MA, MWSt.



It was the Championship Game. The penultimate game of his lifetime. We were at the fourth down with no more to go. Who was going to win or lose?

My brother died last week. He had been ill for many years with things that would have killed a less determined man. But he was a fighter, proud to call himself one of the Fighting Irish. He was a McCarthy who followed the Notre Dame football team. He wanted to stay long enough to see that championship game with Atlanta on the 12th of January. And he did live that long. His wife put on the game in his room and I suggested she turn on the sound, or it would be like purgatory to not be able to see or hear the game. Since the game went so badly against Notre Dame, I would tell you that was probably a mistake to have the sound on! I like to imagine that he finally decided to leave this world in disgust after the first few minutes when the rout by Atlanta began.

Dave was a fighter though, like I said, and he stayed on for another few days. I would tell you that he was in agreement with one of his favorite Welsh poets, Dylan Thomas, who said *"Do not go gently into that good night/wail wail, against the dying of the light."*

My brother didn't wail, but he did rattle his "beads" at me. His rosary beads - the iconic totem prayer counter of the Catholic religion. He had a set of these wrapped around his right hand in a fist that he could not open. It took a great amount of effort for him to move any part of his body at all, but he managed again and again to lift and lower that hand to indicate, we thought, that he wanted the rosary one more time. He loved bossing us, the little (younger) kids around, even now!

My brother was a big man, 6 foot 5, carrying 315 when he was trim in his prime. His dying took a very long time. As we, his many brothers and sisters wondered how he managed to hold on through 23 days of "active" dying, one brother commented that it might be his large body that took time to shut down. That would be right, but we all knew that he had an equally large personal will that held the line at 3 and 10.

But I wanted to write to you all about Healing Touch and dying. I want you to know that it may be worth risking how others perceive you, even your closest - and Catholic - family, to be available to provide Healing Touch during the dying process.

My family comes from a tradition of strict religious Catholicism and I was reticent to offer to do what I could. Instead, I stayed with him as Thich Nhat Hahn teaches, as a healing presence talking quietly with reminders of past happy moments of our shared childhood. What this meant to me was to be in my best practice as a grounded, flawed individual, leaning on Spirit to hold the light bridge as I bore witness. This is a bit fanciful. Indeed I cried quietly and prayed quietly as I kept a hand placed on his upper arm where it would not hurt his ravaged oversensitive skin. After a day of my taking time beside him as often as the chair was empty, his worn out wife encouraged me to do whatever I could to make the process easier. This is important for all Healing Touch practitioners to know. Do not be afraid to offer even with your own family of non believers in energy work. The benefit to everyone is worth the risk.

I emphasize this part since most of them think of my energy work as possibly quackery. Most do not understand energy bodies, vibration, or what Healing Touch Therapy is, nor are they particularly interested in finding out. It is a Catholic/Christian belief that only God has the power to give and take mercy, and only Jesus has the power to heal. I suppose I believe that it is unconditional love that is the power that heals; that it is the fuel that powers Healing Touch Therapy. Add familial love and compassion, and the recipe for success is complete.

The good example of a calm presence was noticed by my sister-in-law, or possibly just her great exhaustion moved her. I was asked to support my brother and do whatever I might to help him. I then informed the hospice worker on duty what my credentials and experience were, and what I would be doing in front of them. The hospice workers also appreciated the help my brother received from Healing Touch, and I met many of them over the course of the four days. Dave had an open wound and received 24 hour care. This particular hospice had many nurses and students nurses on its staff. They were very interested in any techniques that would help their patients feel easier and more calm.

Good example has a big voice. It has depth and breadth that brings across the message that we are not

continued on page 21

Practitioner Perspective cont...

helpless against death. We can stand and walk with the dying - they needn't be alone. Our most cherished loved ones, our own family above all, deserve this service. Just do the work. Do not be afraid.

But when all hope of a return to life is done, and the goodbyes are all said and the rosary and the memorarae have been repeatedly prayed, and there is nothing left but helpless waiting and prayers for mercy, the techniques of Chakra Spread and Magnetic Clearing from Healing Touch, and the practice of a healing presence were gifts to me and my brother and his family. It is good work to be doing, and risking what family you care about, I think is truly worth the risk.

Thanks Healing Touch International, Flish McCarthy



Healing Warriors Program

Healing Warriors Program (HWP) is a Colorado based 501(c)(3) non-profit organization serving Veterans and their families by offering Healing Touch and other evidence-based complementary care therapies such as Acupuncture, Massage and Cranio-Sacral Therapy in support of established medical treatment programs. This approach aligns with the Army Surgeon General's Pain Management Initiative, which recommends a "... comprehensive pain management strategy that is holistic, multidisciplinary, and multimodal in approach, utilizes state of the art/ science modalities and technologies, and provides optimal quality of life for Soldiers and other patients with acute and chronic pain... ". HWP will add other services such as Jin Shin Jyutsu, Reflexology, and Guided Imagery as the program develops. Our mission is to advance individual wellbeing for Veterans and their families through complementary care services and education. The main emphasis of the program is on pain management therapies with education and tools for self and family care. We are in the process of forming Clinics, which will serve the Denver and Cheyenne Veterans Health Administration Hospital (VHA) as well as offer services to local facilities, such as the VFW and American Legion Posts.

Launched by three HTI Certified Healing Touch Practitioners, Shelley Poland, Jane Trexler and Ana Yelen, we are very excited to spread the word about the new Healing Warriors Program and have received an enormous amount of support. Feel free to visit our Facebook page and Like our page: www.facebook.com/HealingWarriors.

Please email us at info@healingwarriorsprogram.org with any questions, comments and/or suggestions, or if you would like to volunteer.

Website: www.HealingWarriorsProgram.org

Certification Matters

Important Update for Students & Mentors: Practitioner Certification Application Packets

The language in the Practitioner Certification Application Packet has been slightly amended as follows, in order to provide greater clarification for the applicant and reviewers and pertain to Energetic Findings occurring during the sessions:

Criteria 6

Case Study: Healing Touch Interventions utilized and reasons for selection of technique(s)...Describe why a technique was selected based on overall goals, client's symptoms and energetic evaluation. Techniques are to be done in accordance with HTI curriculum (steps of technique not required). ***Describe energetic findings experienced during the session.*** The case study focus must be on Healing Touch. If non-Healing Touch modalities are used, provide the entire name, description, and reference of the procedure/treatment.

Criteria 7

Mini Case Study: Healing Touch Intervention and Rationale utilized and reasons for selection of this technique(s). Please bold type the name of the technique used. Describe why the technique was selected based on overall mutual goals, client's symptoms and energetic assessment. Techniques are to be done in accordance with HTI curriculum (steps of technique not required). ***Describe energetic findings experienced during the session.***

Criteria 7

Group Two (Full Spectrum Healing Techniques which include Hara Line Meditation, Chelation, 5th Level Interventions and may include 6th and 7th Level Interventions) Choose one of the techniques below and describe healer preparation, rationale for use with this client and what was observed energetically within the subtle energy system during the technique and as a result.

- ***Etheric Template Clearing, Lymphatic Drain, Level 3 Back Techniques, 6th and 7th Level.***

CHTP Mentors: Please contact the HTI office if you have any questions re: these revisions.

~ Congratulations ~ Newly Certified

Practitioners

Joan Anderson - Hailey, ID
LaRen Kristen Antoine Cummiskey
- Kailua Kona, HI
Becky Bail - Ypsilanti, MI
Elaine Balish - Kenai, AK
Ursula Mariella Benavides Valera
- San Borja, Lima Peru
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Margery Friedlander - Hailey, ID
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Phyllis Pohle - Bridgewater, NJ
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Lisa Segall - Indianapolis, IN
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Christine Stone - Palm Desert, CA
Nancy Turner - Farmington Hills, MI
DeeDee Wirebaugh - Colorado Springs, CO

Instructors

Pegi Black - Santa Ana, CA
Nan Cicha - Grand Forks, ND
Liz Fraser - Carlsbad, CA
Linda Thomas - Sylva, NC

Educational Insights

Service is a Multi-Dimensional Path.....

by Barb Schommer RN, MS, CHTP/I



As we take Healing Touch classes, as we practice Healing Touch, we are reminded again and again of the importance of being Grounded and being connected with the Earth as well as being open to Higher Power energy. Grounding exercises begin in simple ways in Level 1, inviting people to imagine tree roots extending from their body into the earth, or inviting them to imagine themselves sunk knee deep into the earth. As we progress in our experiences of energy, and progress in taking classes, we are introduced to the Grounding power of the Hara Line (which has been there all along but we become more aware of it through the Level 3 class experience). Over the course of time, we learn many ways of being connected with Earth, and we deepen our connection with each new lesson learned. Gradually we may find ourselves starting our day with Grounding exercises, and eventually find ourselves striving to live each hour of every day from a place of being totally Grounded and centered, connected above and below.

Whatever the form of Grounding we use, it is intimately connected with our planet Earth. Planet Earth gives us the gifts of love and light and energy that helps us be fully present in our bodies as we do the work – the work of living, the work of sharing healing energy and love with others. As a woman who is mentoring with

me said, “All we need to do is receive this gift and open it”.

As with most gift openings, there is a sense of gratitude for the gift given. How often are we in a state of gratitude to planet Earth for the many gifts she freely gives us. This gratitude can take as many forms as there are people living on our Earth. Daily awareness of all that Earth provides is one form of gratitude we can offer. Being in quiet contemplation and meditation while walking on the earth, recycling materials rather than burying them, re-using materials, practicing gratitude for all the life (plant, animal, human, mineral, etc.) that the Earth supports, setting intention for the highest good of planet Earth – just a few examples of manifesting our gratitude back to Earth for all the gifts she presents to us.

This is the two-way path – the gift of Grounding in love and light and energy freely given in service from planet Earth to us, with us, for us, in us and the service, gratitude, love we offer back to our planet Earth. May the heartbeat of our Earth continue to support and ground us, and may we be in a state of gratitude to Earth for these gifts.



Energy Research

Expanding our Vision:

Supporting the Evidence-Based Practice of Healing Touch

by Joel Anderson, PhD, HTI-P, HTI Board of Directors and Research Director



In my previous column last year, I wrote about recommendations for clinical research involving Healing Touch and focused mainly on assessing subjective patient outcome measures. I also touched on the presentation and reporting of the findings of Healing Touch research. I would like to expand upon this aspect of research in the current column.

As part of evidence-based practice, it is important to present the results of clinical research in a standardized, systematic way so that it can be clearly interpreted, replicated, disseminated and implemented. As students and practitioners of Healing Touch, we apply the same standards when documenting client sessions. As mentioned in my previous column, the Consolidated Standards of Reporting Trials (CONSORT) statement was developed by researchers and journal editors to provide a systematic framework for reporting and presenting findings of clinical research studies. While originally designed for randomized controlled trials, use of the CONSORT statement in all clinical research studies is encouraged. This is important because many peer-reviewed journals require that authors follow CONSORT guidelines when submitting manuscripts for publication. The statement and associated documentation can be accessed online (<http://www.consort-statement.org>).

In an article from the *Annals of Internal Medicine*, Isabelle Boutron, MD, and colleagues developed an extension of the CONSORT statement for trials of non-pharmacologic treatments. Non-pharmacologic therapies are not only complementary and integrative therapies such as Healing Touch, but also include research evaluating surgical procedures, medical devices, rehabilitation and behavioral therapies. Around a quarter of peer-reviewed publications of randomized controlled trials report findings from non-pharmacologic treatments and interventions. Boutron and colleagues address in their article aspects related to blinding, methodology and practitioner expertise, calling for adequate descriptions of each of these study components and describing how each can bias interpretation of treatment effects. The recommendations, with specific application to Healing Touch clinical research, are summarized as follows.

A detailed description of the Healing Touch intervention is vital. Healing Touch sessions are usually complex with several components, either in a research study or in real-world practice. **Qualitative information** provided should include the content of the session (techniques used), how the session was

delivered (setting), if sessions were supervised, the content of any exchange of information or communication between practitioner and study participant, and the questionnaires or instruments used to collect study data. **Quantitative description of the study protocol** should include the number and timing of Healing Touch sessions, as well as the duration of both the individual sessions and the overall study intervention period. Methods used to standardize delivery across practitioners to ensure treatment fidelity should be described. Additionally, a description of any procedures used for tailoring interventions to individual participants is necessary. Finally, a full description of the control treatment should be included, whether the control treatment used was a placebo, usual care, an active treatment or a wait list.

It is important to provide a description **of expertise and experience of the Healing Touch practitioners** involved in a research study, with particular attention made to differences in years of experience and training across practitioners. Also, the treatment setting for the intervention sessions should be described, including any modifications made to blind participants to treatment.

A flow diagram of study participants should be included. For each group, the number of participants assigned, receiving the treatment, completing the study protocol and analyzed for the primary outcome should be included. Additionally, the number of practitioners assigned to each treatment group should be reported as well as the median number of participants treated per practitioner.

Not only do these recommendations provide an outline for reporting study results, but also may serve as an outline for planning research studies. Individuals should consider each of these recommendations when proposing and implementing Healing Touch research. Doing so will aid in expanding the research findings needed to support the evidence-based practice of Healing Touch in clinical settings.

References:

Boutron I, D Moher, DG Altman, KF Schulz and P Ravaud. Extending the CONSORT statement to randomized trials of nonpharmacologic treatment: explanation and elaboration. *Annals of Internal Medicine* 2008; 148:295-309.

Words of Wisdom

Vision

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I



Traveling with Janet so many years ago now offered me the opportunity of working with someone who was extremely clear on her purpose in life. There was little that altered this path over the next decade and a half that we worked together. The only change I saw was a deepening in her commitment as a grandmother. Janet shared with me that she felt that her own grandmother influenced her as she believed her grandmother was a Cherokee Medicine Woman. Janet also shared that she believed she followed this same intergenerational tradition.

In 1989 as Janet was working with the American Holistic Nurses Association to create a curriculum in energy healing, she writes, "My vision is to teach healing touch therapies to the entire world. It's part of the healing of mother earth and all the living people, animals and plants. It's a mission. I am a part of that mission and I bring others to that course. There is no way for me not to do it, and I do it as a nurse, my chosen profession. It is my life work. I do it by healing myself, as well as others. I have guidance both spiritual and human. I work with both. The energies teach me directly, and I interact with people anywhere I am in the present moment. I am charged with taking care of me to see that I eat, sleep, care for my physical body, deal with my emotions and develop my mental awareness. Solitude and peace are important to me, to keep stress to a minimum, the thinking clear. My environment needs to be uplifting and pleasant, simple, and uncluttered. I love my home and land as they are a sanctuary for me, a place to live and work, and share with my family and friends. It is important to make it as lovely and peaceful as I am capable. Keep the balance, so I can function optimally."

In this statement Janet incorporates all that is necessary to hold to one's vision. The first way Janet mentions for accomplishing this is to heal herself as well as others. Self-care is an important element in being able to hold a vision of service through healing. This means that not only does one offer healing to others but also receives healing from others, nature, and the environment. It also means that one sleeps well and attends to personal emotions. It does not mean that one needs to express anger or other natural emotions but that one "tends" to them by recognizing

and healing the perceptions and events creating the disharmony. It is a lifelong task to heal oneself and one that blossoms when given full attention. Healing others is the gift you receive in return and because of this is best embraced when done in service.

Reference

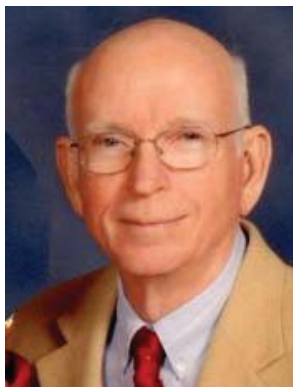
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Grace and Intention

*In Memory of
Don Stouffer, PhD, CHTP*

Donald C. Stouffer, 74, beloved husband of Joan C. (Nee Dreyer), devoted father of Brett and Scott (Mary) Stouffer, loving grandfather of Dustin, Kirby (LeeAnna), Holly (Scott) Beall, Elise, Nate, Teddy, and great-grandson Sebastian Stouffer. Passed away peacefully at his home on December 5, 2012. Don served many years as a Professor at UC Department of Engineering. Don was a Certified Healing Touch Practitioner for 15 years and a member of Healing Touch International also for 15 years. Don served as Treasurer on the Healing Touch International Board of Directors from 2003 through 2005. A memorial service was held for family and friends at St. John the Evangelist Church.



Grace and Intention

*In Memory of
Emily Dangel, BA, CHTP, GCFP*

Emily Louise MacLaurin Dangel, 74, of Centennial, died Friday, Nov. 9, 2012 at Azura of Lakewood Rehab. Center. She was recovering from a stroke suffered Oct. 31. She is survived by her husband Ray of Centennial, two daughters, Ruth Anne Tolbert and husband Roger of Vicksburg, MS, and Susan Kay Dangel and partner Becky of Broomfield, CO; a brother, John Peter MacLaurin and wife Sharon of Columbus, OH; a granddaughter, Rebecca Anne Lee-Harting and husband Aaron of Houston, TX, and a great-grandson, Eliot David Ray Harting of Houston. She was born Dec. 12, 1937 in Lakewood, OH, and attended Lakewood High School and Bowling Green State University in Bowling Green, OH, and graduated cum laude from Colorado Women's College in Denver in 1975. She married Ray Dangel May 16, 1959, and they had lived in Centennial since 1970. She had a private practice as a Feldenkrais® and Healing Touch practitioner and was a volunteer for many years at St. Luke's Medical Center as the Healing Touch Team Leader. Emily was a Certified Healing Touch Practitioner for 20 years and a member of Healing Touch International for 17 years. Being of Scottish-Norwegian descent, she played bagpipes for the Colorado St. Andrews Pipe Band and the City of Denver Pipe Band. She enjoyed Ikebana, the art of Japanese flower arranging, Ohara School, and liked to read, garden and walk. A private memorial service was held for family and friends.



HTI Networking Column

Healing Touch Networking Column

Healing Touch International is pleased to offer the following column as a means to facilitate networking within your local communities. Healing Touch International, Inc. makes no claims as to the accuracy or content of the various networking groups. It is our expectation that all groups conduct themselves in accordance with the HTI Code of Ethics & Standards of Practice and maintain respect and confidentiality of all networking information.

Community Meetings/Gatherings

The purpose of community meetings is to: build community; educate by relaying information from the international organization outward; promote membership in Healing Touch International, Inc.; encourage attendance at the international annual conference, thus affording global networking for students, practitioners and instructors.

North Central Healing Touch Community Gathering

Date: March 8-9, 2013

Location: Plymouth, MN - Crowne Plaza & Conference Center

Theme: *Core Star - "Let Your Star Shine"*

Contact: For additional information please visit: www.NCHTcommunity.org

Affiliate Organizations: National & International Conferences

Healing Touch California - 7th Annual Regional Symposium

Date: April 20-21, 2013

Location: San Diego, California - Town & Country Resort

Theme: *Self Care: Body, Mind & Spirit*

Contact: For additional information please visit: www.HealingTouchCalifornia.com

Scripps Integrative and Holistic Nursing Conference

Date: April 27-28, 2013

Location: San Diego, California - Hilton San Diego Resort

Theme: *Bringing Healing to You and Your Patients*

Contact: For additional information please visit:

www.scripps.org/events/integrative-and-holistic-nursing-conference-april-27-2013

American Holistic Nurses Association 33rd Annual Conference

Date: June 5-8, 2013

Location: Norfolk, Virginia

Theme: *Holistic Nurses: Oceans of Possibilities*

Contact: For additional information please visit: www.ahna.org

Healing Touch Canada Annual Conference

Date: April 26-28, 2013

Location: Quebec City, QC Canada - Hotel Chateau Laurier

Theme: *The Language of the Heart*

Contact: For additional information please visit: <http://htac-jm.org/htac-2013-conference/>

Healing Touch International's 17th Annual Energy Healing Conference & Instructor Meeting

Date: October 3-6, 2013

Location: Lakewood (Denver), Colorado - Sheraton Denver West Hotel

Theme: *Wholeness through Service, Expanding our Vision*

Contact: For additional information please visit: www.HealingTouchInternational.org

HTI Professional Development Series and Advanced Practice Offerings

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Touch International Certification and Renewal. These classes are open to any individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. ***If you wish to bring one of these classes to your area, please contact the coordinator or instructor to learn how this may be accomplished. Please watch the HTI Website for information on how to apply.***

Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living leads to a healthy life.

Contact: Myra Tovey at davidmyra7@msn.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system.
Pre-requisite - The course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing pain

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at
brianlukes@cs.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

The Beyond Surgery Training Seminar

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Training Seminar is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at JudyLynneRay@yahoo.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Journaling the Spiritual Journey and Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. Whether you are facilitating others in the healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at AnneDay7@gmail.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

This listing is updated regularly; check often for classes near you!

| PROFESSIONAL DEVELOPMENT | | ** for info on these classes, please visit www.healingtouchinternational.org ** | | | |
|---|----------------------|---|----------------|--------------|--------------------------|
| Date | Location | Instructor(s) | Contact | Phone | e-mail |
| Beyond Surgery Training Seminar | | | | | |
| Apr 12-14 | Tampa, FL | JL Ray / Nancy Blue | Tammy Dragel | 813-870-4766 | Tammy.Dragel@baycare.org |
| Jun 21-23 | Brevard, NC | JL Ray / Nancy Blue | Kathy Blue | 828-577-6948 | BlueCavu527@aol.com |
| July 19-21 | Lake Park, FL | JL Ray / Nancy Blue | Judy Lynne Ray | 828-553-8146 | Judylynnray@yahoo.com |
| Nov 1-3 | Brevard, NC | JL Ray / Nancy Blue | Kathy Blue | 828-577-6948 | BlueCavu527@aol.com |
| Energy, Wisdom & Practice | | | | | |
| Oct 7- | Littleton, CO | Judy Turner | Ruth Muhr | 303-794-4720 | ruth1234@q.com |
| Healing Disruptive Energy Patterns | | | | | |
| Oct 8- | Littleton, CO | Judy Turner | Ruth Muhr | 303-794-4720 | ruth1234@q.com |
| Heart Centered Living | | | | | |
| May 3-4 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| May 4- | Colorado Springs, CO | Myra Tovey | Myra Tovey | 719-622-0703 | davidmyra7@msn.com |

Journaling the Healing Journey

Journaling the Spiritual Journey

| LEVEL 1 | | | | | |
|----------------|----------------------|---------------------------|-------------------|---------------|----------------------------------|
| Date | Location | Instructor(s) | Contact | Phone | e-mail |
| Apr 2-3 | Springfield, VA | closed | Lucrezia Mangione | Inova Hosp | closed |
| Apr 4-5 | Springfield, VA | closed | Lucrezia Mangione | Inova Hosp | closed |
| Apr 6-7 | Pontiac, MI | Jan Tait / Marian Long | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Apr 6-7 | Roseau, MN | Dana Spates | Dana Spates | 320-266-5476 | dspates@mchsi.com |
| Apr 6-7 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Apr 10-11 | St Louis Park, MN | Jan Halbach | Renay Ingledew | 952-457-3844 | renay.ingledew@parknicollet.com |
| Apr 12-13 | Red Wing, MN | Sarah Stinson | Sarah Stinson | 651-267-3506 | stinson.sarah@mayo.edu |
| Apr 13-14 | San Diego, CA | Lisa Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |
| Apr 13-14 | Ann Arbor, MI | Jan Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Apr 13-14 | Cary, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Apr 19-20 | Lakewood, CO | Carrie Niewenhaus | Carrie Niewenhaus | 303-210-3906 | cgn454@gmail.com |
| Apr 19-20 | Bloomington, MN | Barb Schommer | Terry Clegg | 952-358-8708 | terry.clegg@normandale.edu |
| Apr 20-21 | Paynesville, MN | Dana Spates | Dana Spates | 320-266-5476 | dspates@mchsi.com |
| Apr 20-21 | Oklahoma City, OK | R Benham/C Hjersted-Smith | HT Oklahoma | 405-706-7716 | heartsmith@sbcglobal.net |
| Apr 20-21 | Cresco, IA | Laura Hart | Lisa Bormann | 319-330-0623 | chi.lisabormann@gmail.com |
| Apr 20-21 | Grass Valley, CA | Jan Tait | Sue Berney | 530-575-6586 | sberneyht1@gmail.com |
| Apr 20-21 | Omaha, NE | Jody Hueschen | Vicki Baines | 402-350-8042 | vickibaines5@gmail.com |
| Apr 26-27 | Lakewood, CO | Carrie Niewenhaus | Carrie Niewenhaus | 303-210-3906 | cgn454@gmail.com |
| Apr 26-28 | St Joseph, MN | Dana Spates | Jackie Mielke | 952-473-9378 | jackie@jackiemielke.com |
| Apr 27-28 | Biloxi, MS | Mary Frost | Mary Frost | 228-342-1519 | tothealt@aol.com |
| Apr 27-28 | Flat Rock, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | karentoledo@hotmail.com |
| Apr 27-28 | La Jolla, CA | Trish Wragg | Haley Wragg | 1-800-SCRIPPS | healingtouch4wellbeing@gmail.com |
| Apr 27-28 | Minneapolis, MN | Nola Schmitt | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Apr 27-28 | Farmington Hills, MI | B McConnell/G Sliwinski | Nancy Judge | 248-471-4624 | judgenj1@aol.com |
| Apr 27-28 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | Maggi@HealingTouchNJ.com |
| Apr 27-28 | Grand Rapids, MI | Jan Tait | Betsy Wiley | 616-863-8146 | o2bawood@msn.com |
| Apr 27-28 | Hyde Park, VT | Ruth Ann Eaton | Ruth Ann Eaton | 802-851-1589 | reatonchtp@gmail.com |

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 1; cont'd...

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|--------------|-------------------------------|---------------------------|------------------------|---------------|------------------------------------|
| Apr 30-May 1 | Richmond, MI | Jan Tait / Gail Sliwinski | Dawn Piascik | 586-430-4075 | educationstationholistic@yahoo.com |
| May 4-5 | Bridgeport, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| May 4-5 | Des Moines, IA | Gail Harding-McCarthy | Gail Harding-McCarthy | 515-964-9842 | lifenbalance@aol.com |
| May 4-5 | Jupiter, FL | Judy Lynne Ray | Lindsay Babich | 561-596-2727 | LaFloraStar@gmail.com |
| May 4-5 | Tucson, AZ | Sue Kagel | Sue Kagel | 520-577-9371 | sue.kagel@gmail.com |
| May 4-5 | Hudson, WI | Barb Schommer | Claire Kohout | 651-283-9808 | cmkenenergy@gmail.com |
| May 4-5 | Somers Point, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@healingtouchnj.com |
| May 10-11 | Bismarck, ND | Mary Ann Carlson | Sharon Spaedy | 701-223-5926 | sespaedy@aol.com |
| May 11-12 | Hot Springs, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| May 17-18 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| May 18-19 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| May 18-19 | Vero Beach, FL | Keith Manley | Keith Manley | 772-774-8788 | keithc.manley@gmail.com |
| May 18-19 | Silver Spring, MD | Lucrezia Mangione | Lucrezia Mangione | 802-578-3700 | hhservice@handcraftedhealth.net |
| May 25-26 | Rochester, MN | Sue Knutson | Sue Knutson | 507-292-0247 | sueknutson@usfamily.net |
| Jun 1-2 | Charleston, SC | Bonnie Johnson | Janet Neal | 843-388-1834 | healingtouch1@bellsouth.net |
| Jun 1-2 | Springfield, IL | Mary O'Neill | Kendra Hurd | 217-793-9120 | kkc6345@aol.com |
| Jun 1-2 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-363-0259 | kscacciaferro@gmail.com |
| Jun 1-2 | Baldwin City, KS | Robin Goff | Robin Goff | 785-255-4583 | info@lightcenter.info |
| Jun 1-2 | Colorado Springs, CO | Myra Tovey | Brenda Disparti | 719-365-6741 | brendadisparti@yahoo.com |
| Jun 6-7 | Springfield, VA closed | Lucrezia Mangione | Inova Hosp | closed | hhservice@handcraftedhealth.net |
| Jun 8-9 | Ridgewood, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | Maggi@HealingTouchNJ.com |
| Jun 8-9 | Littleton, CO | Ruth Muhr | Ruth Muhr | 303-794-4720 | ruth1234@q.com |
| Jun 14-15 | Olathe, KS | Mary Oberg | Mary Oberg | 913-706-6345 | healingtouch736@gmail.com |
| Jun 15-16 | La Jolla, CA | Liz Fraser | Liz Fraser | 800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| Jun 22-23 | San Diego, CA | Mary Jane Aswegan | Donna Cahill | 619-686-3774 | cahill.donna@scrippshealth.org |
| July 13-14 | Brevard, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | karentoledo@hotmail.com |
| July 13-14 | Cary, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| July 20-21 | Houston, TX | Diane Wardell | Judy Walker | 713-412-9774 | standing.stone@sbcglobal.net |
| July 20-21 | San Diego, CA | Lisa Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |
| July 20-21 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| July 20-21 | Farmington Hills, MI | Barb McConnell | Nancy Judge | 248-471-4624 | judgenj1@aol.com |
| July 27-28 | La Jolla, CA | Trish Wragg | Haley Wragg | 1-800-SCRIPPS | healingtouch4wellbeing@gmail.com |
| Aug 3-4 | Colorado Springs, CO | Myra Tovey | Brenda Disparti | 719-365-6741 | brendadisparti@yahoo.com |
| Aug 10-11 | Oklahoma City, OK | C Hjersted-Smith/R Benham | HT Oklahoma | 405-706-7716 | heartsmith@sbcglobal.net |
| Aug 10-11 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| Aug 16-17 | Minneapolis, MN | Carol Schoenecker | Kathy Herber | 612-863-7937 | kathryn.kerber@allina.com |
| Aug 16-17 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Aug 17-18 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Aug 17-18 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| Aug 24-25 | La Jolla, CA | Liz Fraser | Liz Fraser | 800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| Sep 7-8 | Bemidji, MN | Dana Spates | Dana Spates | 320-266-5476 | dspates@mchsa.com |
| Sep 7-8 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-363-0259 | kscacciaferro@gmail.com |
| Sep 7-8 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| Sep 8-9 | Bridgeport, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Sep 13-14 | St Paul, MN | Barb Schommer | Denise Joswiak | | denise.joswiak@allina.com |
| Sep 13-15 | St Joseph, MN | Dana Spates | Jackie Mielke | 952-473-9378 | jackie@jackiemielke.com |
| Sep 14-15 | Rochester, MN | Sue Knutson | Sue Knutson | 507-292-0247 | sueknutson@usfamily.net |
| Sep 21-22 | Tampa, FL | Kimberly Gray | Tammy Dragel | 813-870-4766 | Tammy.Dragel@baycare.org |
| Sep 21-22 | Charleston, SC | Bonnie Johnson | Janet Neal | 843-388-1834 | healingtouch1@bellsouth.net |
| Sep 21-22 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-363-0259 | kscacciaferro@gmail.com |
| Sep 21-22 | St Louis, MO | Pam Kelch | Julianne Vander Meulen | 314-873-7636 | pranajuli55@gmail.com |
| Sep 25-26 | Woodbury, MN | Barb Schommer | Emily Nowak | 651-326-0025 | ewnnowak@healtheast.org |

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 1; cont'd...

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|------------------------|-------------------|-------------------|---------------|------------------------------------|
| Oct 3-4 | Springfield, VA closed | Lucrezia Mangione | Inova Hosp | closed | hhservice@handcraftedhealth.net |
| Oct 5-6 | Rochester, MN | Sue Knutson | Sue Knutson | 507-292-0247 | sueknutson@usfamily.net |
| Oct 12-13 | St Louis Park, MN | Jan Halbach | Renay Ingledew | 952-457-3844 | renay.ingledew@parknicollet.com |
| Oct 12-13 | San Diego, CA | Lisa Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |
| Oct 12-13 | Pontiac, MI | Jan Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Oct 19-20 | Brevard, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | karentoledo@hotmail.com |
| Oct 19-20 | La Jolla, CA | Trish Wragg | Haley Wragg | 1-800-SCRIPPS | healingtouch4wellbeing@gmail.com |
| Oct 19-20 | Hudson, WI | Barb Schommer | Claire Kohout | 651-283-9808 | cmkenergy@gmail.com |
| Oct 19-20 | Ann Arbor, MI | Jan Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Oct 26-27 | Minneapolis, MN | Barb Schommer | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Oct 26-27 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| Oct 26-27 | Waukesha, WI | Judy Turner | Polly Schellinger | 262-370-3810 | Rschellinger@wi.rr.com |
| Oct 26-27 | Farmington Hills, MI | Barb McConnell | Nancy Judge | 248-471-4624 | judgenj1@aol.com |
| Nov 2-3 | La Jolla, CA | Liz Fraser | Liz Fraser | 800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| Nov 2-3 | Pontiac, MI | Jan Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Nov 2-3 | Chula Vista, CA | Mary Jane Aswegan | Donna Cahill | 619-686-3774 | cahill.donna@scrippshealth.org |
| Nov 9-10 | Colorado Springs, CO | Myra Tovey | Brenda Disparti | 719-365-6741 | brendadisparti@yahoo.com |
| Nov 9-10 | Charleston, SC | Bonnie Johnson | Janet Neal | 843-388-1834 | healingtouch1@bellsouth.net |
| Nov 22-23 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Dec 7-8 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 2

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-------------|----------------------|---------------------------------|-----------------------|---------------|------------------------------------|
| Mar 30-31 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-363-0259 | kscacciaferro@gmail.com |
| Apr 5-6 | Aberdeen, SD | Jeanne Thune | Janene Papendick | 605-622-5164 | Janene.Papendick@avera.org |
| Apr 6-7 | Red Bud, IL | Mary O'Neill | Clare Boehmer | 618-282-3848 | mailhealingmin@aol.com |
| Apr 13-14 | La Jolla, CA | Rauni King | Liz Fraser | 800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| Apr 13-14 | Silver Spring, MD | Lucrezia Mangione | Lucrezia Mangione | 802-578-3700 | hhservice@handcraftedhealth.net |
| Apr 13-14 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@healingtouchnj.com |
| Apr 13-14 | St Louis, MO | closed Mary O'Neill | Mary O'Neill | closed | oneillmary@yahoo.com |
| Apr 13 & 20 | Arvada, CO | Ruth Muhr | Red Rocks College | 303-914-6600 | admissions @ rrcc.edu |
| Apr 20-21 | Omaha, NE | Jeanne Thune | Vicki Baines | 402-350-8402 | vickibaines5@gmail.com |
| Apr 20-21 | Baldwin City, KS | Robin Goff | Robin Goff | 785-255-4583 | info@lightcenter.info |
| April 25-26 | St Cloud, MN | Carol Schoenecker | Vickie Ruegerner | 320-255-5612 | RuegernerV@centracare.com |
| Apr 26-28 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackie@jackiemielke.com |
| Apr 27-28 | Colorado Springs, CO | Myra Tovey | Brenda Disparti | 719-365-6741 | brendadisparti@yahoo.com |
| Apr 27-28 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| Apr 27-28 | Minneapolis, MN | Barb Schommer | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| May 3-4 | Coon Rapids, MN | Jackie Mielke | Laura Cleveland | 763-576-4849 | lcleveland@anokatech.edu |
| May 4-5 | Des Moines, IA | Carol Ann Flack | Carol Ann Flack | 605-966-5645 | carolflack@longlines.com |
| May 4-5 | San Diego, CA | Lisa Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |
| May 4-5 | Coralville, IA | Maggi Freel | Lisa Bormann | 319-330-0623 | chi.lisabormann@gmail.com |
| May 4 & 18 | Albuquerque, NM | Lisbeth Caelisle | Kalika Davis | 505*507-2368 | kalika.davis@gmail.com |
| May 10-11 | Bismarck, ND | Judy Turner | Sharon Spaedy | 701-223-5926 | sespaedy@aol.com |
| May 18-19 | Waukesha, WI | Judy Turner | Polly Schellinger | 262-370-3810 | Rschellinger@wi.rr.com |
| Jun 1-2 | Flat Rock, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | karentoledo@hotmail.com |
| Jun 1-2 | Biloxi, MS | Mary Frost | Mary Frost | 228-342-1519 | tothealt@aol.com |
| Jun 1-2 | Grass Valley, CA | Elizabeth Helms | Sue Berney | 530-575-6586 | sberneyht1@gmail.com |
| Jun 8-9 | Rochester, MN | Sue Knutson | Sue Knutson | 507-292-0247 | sueknutson@usfamily.net |
| Jun 21-22 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Jun 22-23 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Jun 29-30 | Silver Spring, MD | Lucrezia Mangione | Lucrezia Mangione | 802-578-3700 | hhservice@handcraftedhealth.net |
| Jun 29-30 | Farmington Hills, MI | Barb McConnell | Nancy Judge | 248-471-4624 | judgenj1@aol.com |
| Aug 3-4 | Baldwin City, KS | Robin Goff | Robin Goff | 785-255-4583 | info@lightcenter.info |
| Aug 10-11 | San Diego, CA | Lisa Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |
| Sep 7-8 | Bridgeport, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Sep 7-8 | Farmington Hills, MI | Barb McConnell | Nancy Judge | 248-471-4624 | judgenj1@aol.com |
| Sep 13-15 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackie@jackiemielke.com |
| Sep 14-15 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Sep 14-15 | La Jolla, CA | Rauni King | Liz Fraser | 858-554-3360 | fraser.elizabeth@scrippshealth.org |
| Sep 20-21 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Sep 21-22 | Bemidji, MN | Dana Spates | Dana Spates | 320-266-5476 | dspates@mchsa.com |
| Sep 21-22 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| Sep 22-23 | La Jolla, CA | A Day / MJ Aswegan | Trish Wragg | 760-519-6760 | wragg.patricia@scrippshealth.org |
| Sep 26-27 | Springfield, VA | closed Lucrezia Mangione | Inova Hosp | closed | hhservice@handcraftedhealth.net |
| Sep 28-29 | Colorado Springs, CO | Myra Tovey | Brenda Disparti | 719-365-6741 | brendadisparti@yahoo.com |
| Sep 28-29 | Silver Spring, MD | Lucrezia Mangione | Lucrezia Mangione | 802-578-3700 | hhservice@handcraftedhealth.net |
| Oct 19-20 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-363-0259 | kscacciaferro@gmail.com |
| Oct 26-27 | Rochester, MN | Sue Knutson | Sue Knutson | 507-292-0247 | sueknutson@usfamily.net |
| Oct 26-27 | Minneapolis, MN | Jan Halbach | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 2; cont'd...

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|----------------------|-------------------|-------------------|--------------|----------------------------|
| Nov 2-3 | Tampa, FL | Kimberly Gray | Tammy Dragel | 813-870-4766 | Tammy.Dragel@baycare.org |
| Nov 8-9 | Minneapolis, MN | Barb Schommer | Kathryn Kerber | 612-863-7937 | kathryn.kerber@allina.com |
| Nov 9-10 | Paynesville, MN | Dana Spates | Dana Spates | 320-266-5476 | dspates@mchsa.com |
| Nov 9-10 | Cary, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Nov 16-17 | Encinitas, CA | Mary Jane Aswegan | Rebecca Lundgren | 760-815-5439 | nursebecky@roadrunner.com |
| Nov 16-17 | Nashville, TN | Bonnie Johnson | Bonnie Johnson | 615-383-3337 | jbonnie@aol.com |
| Nov 19-20 | Woodbury, MN | Barb Schommer | Emily Nowak | 651-326-0025 | ewnowak@healtheast.org |
| Nov 16-17 | Brevard, NC | Judy Lynne Ray | Karen Toledo | 828-215-6565 | karentoledo@hotmail.com |
| Nov 23-24 | Pontiac, MI | Jan Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |
| Dec 7-8 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Dec 7-8 | Farmington Hills, MI | Barb McConnell | Nancy Judge | 248-471-4624 | judgenj1@aol.com |
| Dec 13-14 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Dec 14-15 | San Diego, CA | Lisa Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |

LEVEL 3

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|----------------|----------------------|-----------------------|-----------------------|---------------|------------------------------------|
| Apr 11-13 | Coon Rapids, MN | Jackie Mielke | Laura Cleveland | 763-576-4849 | lcleveland@anokatech.edu |
| Apr 13-14 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Apr 13-14 | Farmington Hills, MI | Barb McConnell | Barb McConnell | 517-914-4133 | mconb@bigplanet.com |
| Apr 13-14 | Houston, TX | Sue Kagel | Judy Walker | 713-412-9774 | standing.stone@sbcglobal.net |
| Apr 19-20 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Apr 19-21 | Duluth, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackie@jackiemielke.com |
| Apr 20-21 | Burlington, VT | Kathleen Scacciaferro | Kathleen Scacciaferro | 802-363-0259 | kscacciaferro@gmail.com |
| Apr 23-24 | St Paul, MN | Barb Schommer | Emily Nowak | 651-326-0025 | ewnowak@healtheast.org |
| Apr 27-28 | Minneapolis, MN | Jan Halbach | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| May 3 & 10 | Arvada, CO | Lisa Anselme | Red Rocks College | 303-914-6600 | admissions @ rrcc.edu |
| May 4-5 | La Jolla, CA | Rauni King | Liz Fraser | 800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| May 4-5 | Tucson, AZ | Sue Kagel | Sue Kagel | 520-577-9371 | sue.kagel@gmail.com |
| May 31 - Jun 1 | St Paul, MN | Barb Schommer | Denise Joswiak | | denise.joswiak@allina.com |
| June 5-6 | St Cloud, MN | Carol Schoenecker | Vickie Ruegemer | 320-255-5612 | RuegemerV@centracare.com |
| June 7-9 | Coralville, IA | Maggi Freel | Lisa Bormann | 319-330-0623 | chi.lisabormann@gmail.com |
| June 22-23 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | maggi@healingtouchnj.com |
| July 13-14 | Waterbury, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| July 19-20 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Aug 24-25 | San Diego, CA | A Day / L Thompson | Patricia Pascucci | 619-520-8995 | ppascucci@rchsd.org |
| Aug 24-25 | Farmington Hills, MI | Barb McConnell | Barb McConnell | 517-914-4133 | mconb@bigplanet.com |
| Sep 7-8 | Encinitas, CA | A Day / MJ Aswegan | Rebecca Lundgren | 760-815-5439 | nursebecky@roadrunner.com |
| Sep 21-22 | St Louis, MO | Mary O'Neill | Julie Vander Meulen | 314-659-8116 | pranajuli55@gmail.com |
| Sep 27-29 | St Joseph, MN | Jackie Mielke | Jackie Mielke | 952-473-9378 | jackie@jackiemielke.com |
| Oct 18-19 | Winston-Salem, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Oct 19-20 | Evansville, IN | Bonnie Johnson | Peggy Graul | 815-465-1161 | pgraul@usi.edu |
| Oct 24-26 | Red Wing, MN | Jackie Mielke | Sarah Stinson | 651-267-3506 | Stinson.sarah@mayo.edu |
| Oct 26-27 | La Jolla, CA | Rauni King | Liz Fraser | 800-SCRIPPS | fraser.elizabeth@scrippshealth.org |
| Oct 26-27 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Oct 26-27 | Minneapolis, MN | Carol Schoenecker | Janet Dahlem | 651-690-7758 | jldahlem@stkate.edu |
| Nov 2-3 | Kansas City, MO | Jody Hueschen | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| Nov 16-17 | Farmington Hills, MI | Barb McConnell | Barb McConnell | 517-914-4133 | mconb@bigplanet.com |
| Dec 5-6 | Springfield, VA | closed | Inova Hosp | closed | hhservice@handcraftedhealth.net |
| Dec 7-8 | Pontiac, MI | Jan Tait | Judy Rascano | 248-241-6636 | judy.rascano07@comcast.net |

Healing Touch Class Schedule - 2013

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LEVEL 4

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|--------------|-----------------|-------------------|-------------------|--------------|---|
| Apr 4-7 | Stillwater, MN | A Day/B McConnell | Barb Schommer | 763-458-0220 | barb.schommer@gmail.com |
| May 31-Jun 2 | San Diego | Anne Day | Liz Fraser | 858-554-3360 | efraser678@gmail.com |
| Jun 6-9 | Selma, IN | Deborah Larrimore | Shaaron Smith | 812-878-2034 | cswholeness@aol.com |
| July 11-14 | Lakewood, CO | Lisa Anselme | Carrie Niewenhous | 303-989-7982 | education@healingtouchinternational.org |
| July 18-21 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| July 25-28 | Kansas City, MO | Mary Frost | Jody Hueschen | 816-838-0438 | jhueschen@aol.com |
| Aug 15-18 | MI | TBD | Barb McConnell | 517-914-4133 | mconb@bigplanet.com |
| Aug 22-25 | Stoneville, NC | Deborah Larrimore | Ashley Fleetwood | 336-777-0680 | HToftheCarolinas@me.com |
| Aug 22-25 | Columbia, IL | Mary O'Neill | Jeanne Whalen | 314-771-8649 | jwshamrock@sbcglobal.net |
| Sep 19-22 | Montgomery, TX | Diane Wardell | Judy Walker | 713-412-9774 | standing.stone@sbcglobal.net |
| Oct 25-27 | Denville, NJ | Maggi Hutchinson | HT New Jersey | 973-214-2582 | MaggiHTNJ@gmail.com |
| Nov 1-3 | St Paul, MN | Carol Schoenecker | Barb Schommer | 763-458-0220 | barb.schommer@gmail.com |

LEVEL 5

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|--------------|----------------|-------------------|-------------------|--------------|---|
| Apr 4-7 | Stillwater, MN | Judy Turner | Barb Schommer | 763-458-0220 | barb.schommer@gmail.com |
| May 31-Jun 2 | San Diego | Rauni King | Liz Fraser | 858-554-3360 | efraser678@gmail.com |
| June 20-23 | Lakewood, CO | Lisa Anselme | Carrie Niewenhous | 303-989-7982 | education@healingtouchinternational.org |
| Aug 1-4 | Norwich, CT | Jeanne Zuzel | Tim Zuzel | 860-889-4690 | healingtouchct@yahoo.com |
| Aug 22-25 | Columbia, IL | Lisa Anselme | Jan McArthur | 636-724-2435 | janmac2001@gmail.com |
| Sep 5-8 | Capitan, NM | Lynne Jeffrey | Lynne Jeffrey | 575-354-3424 | lbjeffrey1@windstream.net |
| Oct 10-13 | Cresco, IA | Maggi Freel | Lisa Bormann | 319-330-0623 | chi.lisabormann@gmail.com |
| Dec 5-8 | Denville, NJ | Deborah Larrimore | HT New Jersey | 973-214-2582 | maggi@healingtouchNJ.com |

Healing Touch Class Schedule - 2013

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International Classes Level 1

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-----------------------|-------------------------|-----------------|--------------|---------------------------------|
| Apr 6-7 | Galway, Ireland | Lisa Anselme | Flish McCarthy | 087-675-0446 | mccarthy.felicia@gmail.com |
| Apr 6-7 | Vancouver, BC | Ginny Mulhall | Karen Stewart | 778-292-1845 | kasinbc@yahoo.ca |
| Apr 6-7 | Peterborough, ON | A Zaritsky/S Hutchinson | Angela Mattos | 705-652-0506 | HTCanada@healingtouchcanada.net |
| Apr 26-27 | Potters Bar, England | Lisa Anselme | Alison Facey | 01707-652978 | eyes_chile@yahoo.co.uk |
| May 4-5 | Christina Lake | Kathleen Smythe | Kathleen Smythe | 250-447-6201 | info@sunflowerinnbb.com |
| May 4-5 | Parksville, BC CANADA | Toby Krell | Anji Jones | 250-752-3893 | innerjoyht@gmail.com |
| May 15-16 | Nanaimo, BC CANADA | Bev Worbets | Frankie Rose | 250-754-3027 | apurplerose@shaw.ca |
| Jun 8-9 | Toronto, ON CANADA | Alexandra Jonsson | Angela Mattos | 705-652-0506 | HTCanada@healingtouchcanada.net |
| Oct 26-27 | Dieppe, NB CANADA | Jeanne Balcom | Jeanne Balcom | 506-382-4832 | hummingforhealth@hotmail.com |

International Classes Level 2

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|---------------------|-------------------|-----------------|--------------|---------------------------------|
| Apr 13-14 | Galway, Ireland | Lisa Anselme | Flish McCarthy | 087-675-0446 | mccarthy.felicia@gmail.com |
| Apr 20-21 | Dieppe, NB CANADA | Jeanne Balcom | Jeanne Balcom | 506-382-4832 | hummingforhealth@hotmail.com |
| Apr 20-21 | Sicamous, BC CANADA | Kathleen Smythe | Kathleen Smythe | 250-447-6201 | info@sunflowerinnbb.com |
| Apr 27-28 | Victoria, BC CANADA | Catherine Awai | Linda Hallett | 250-381-0203 | hallettlinda@hotmail.com |
| Apr 27-28 | Prince George, BC | Marilyn Blair | Marilyn Blair | 250-564-5015 | Marilyn_Blair@telus.net |
| Apr 27-28 | Oostkamp, Belgium | Deborah Larrimore | Nancy Strybol | | httenn@hetnet.nl |
| May 4-5 | Dawson Creek, BC | Marilyn Blair | Brenda Letcher | 250-782-2998 | beeletcher@shaw.ca |
| May 11-12 | Comox, BC CANADA | Bev Worbets | Bav Worbets | 250-339-7452 | bevworbets@shaw.ca |
| Aug 10-11 | Toronto, ON CANADA | Alexandra Jonsson | Angela Mattos | 705-652-0506 | HTCanada@healingtouchcanada.net |
| Sep 21-22 | Vancouver, BC | Ginny Mulhall | Karen Stewart | 778-292-1845 | kasinbc@yahoo.ca |
| Oct 26-27 | Nanaimo, BC CANADA | Bev Worbets | Frankie Rose | 250-754-3027 | apurplerose@shaw.ca |
| Nov 16-17 | Dieppe, NB CANADA | Jeanne Balcom | Jeanne Balcom | 506-382-4832 | hummingforhealth@hotmail.com |
| Dec 14-15 | Toronto, ON CANADA | Alexandra Jonsson | Angela Mattos | 705-652-0506 | HTCanada@healingtouchcanada.net |

International Classes Level 3

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|----------------------|-------------------|----------------|--------------|---------------------------------|
| Apr 6-7 | Vancouver, BC CANADA | Catherine Awai | Karen Stewart | 778-292-1845 | kasinbc@yahoo.ca |
| Apr 19-20 | Potters Bar, England | Lisa Anselme | Alison Facey | 01707-652978 | eyes_chile@yahoo.co.uk |
| May 3-5 | Toronto, ON CANADA | Alexandra Jonsson | HT Canada | 705-652-0506 | HTCanada@healingtouchcanada.net |
| May 4-5 | Oostkamp, Belgium | Deborah Larrimore | Nancy Strybol | | httenn@hetnet.nl |
| Jun 15-16 | Victoria, BC CANADA | Catherine Awai | Catherine Awai | 250-597-4312 | catherineawai@gmail.com |
| Nov 2-3 | Comox, BC CANADA | Bev Worbets | Bav Worbets | 250-339-7452 | bevworbets@shaw.ca |

International Classes Level 4

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|--------------------|-------------------|-----------|--------------|---------------------------------|
| May 16-19 | Nanaimo, BC CANADA | Catherine Awai | HT Canada | 705-652-0506 | HTCanada@healingtouchcanada.net |
| Sep 26-29 | Coburg, ON CANADA | Alexandra Jonsson | HT Canada | 705-652-0506 | HTCanada@healingtouchcanada.net |

International Classes Level 5

| Date | Location | Instructor(s) | Contact | Phone | e-mail |
|-----------|-------------------|-------------------|-----------|--------------|---------------------------------|
| Oct 24-27 | Surrey, BC CANADA | Alexandra Jonsson | HT Canada | 705-652-0506 | HTCanada@healingtouchcanada.net |

Healing Touch International, Inc.
445 Union Blvd., Suite 105
Lakewood, CO 80228

VISION

Spread Healing, Light and Love, creating wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Touch International practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch