



HTI's

Perspectives in Healing

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

2ND QUARTER 2013

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<i>and professional development</i>	

Wholeness through Service: Expanding Our Vision
Part 2 - Stewardship



"Stewardship is the willingness to work on ourselves first"
~ Peter Block

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This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to HTIhosp@aol.com ... Thanks!
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HEALING TOUCH INTERNATIONAL, INC.

*Spreading Healing, Light and Love,
Creating Wholeness on Earth
through heart-centered service, education
and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program by Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingTouchInternational.org.

Click on Education for class information.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart Centeredness
- Respect of Self and Others
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

HTI Perspectives in Healing, the official publication, is published quarterly.

Cover Photo: "Green Mountain Flower" ~ Lisa Anselme



Letter from the Editor

Wholeness through Service – Stewardship

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, HTI Executive Director

“Do your best and trust that others do their best.

And be faithful in small things because it is in them that your strength lies.”

~ Mother Teresa

In discussing the concept of service, we often think of the definition of a professional engaged in an altruistic mission and provision of care. An example of this would be Mother Teresa. She wrote: *“Be kind in your actions....There are many medicines and cures for all kinds of sick people. But unless kind hands are given in service and generous hearts are given in love, I do not think there can ever be any cure for the terrible sickness of feeling unloved.....Holiness grows fast where there is kindness. I have never heard of kind souls going astray. The world is lost for want of sweetness and kindness.”* (Mother Teresa. P. 17, 39)

Peter Block expounds upon the act of kindness in relationship to stewardship and power: *“We do not claim power, it is not passed on to us by others in power; we have no inherent right to power, whether by birthright, talent, or even achievement. The obligation of accepting a position of power is to be, above all else, a good human being.”* He further writes, *“Stewardship is the willingness to work on ourselves first, to stay in intimate contact with those around us, to own our doubts and limitations, and make them part of our dialogue with others. Our humanness is defined more by our vulnerability than our strengths. This is something different from leading from the heart, or walking our talk, or articulating a vision.”* (Block, P. 42-3)

We could consider that there are essentially two types of service. One type of service is a delivery of care or stewardship, as in the instance in which the professional health care practitioner delivers care or is a “steward” of the patient’s safety, care and well being. The second type of service concerns that which is given altruistically, selflessly, and emerges out of relationship to another human, a living being, to a cause or consciousness, or to the planet, as previously described above.

The *Miriam Webster Dictionary* (2011) defines stewardship as *“the careful and responsible management of something entrusted to one’s care”*. We are in essence, gardeners of our lives, our professional practice, and surrounding environment. Within our personal, professional and societal lives, we have the opportunity and responsibility to become stewards, and in turn, leaders on many levels. We are stewards of what one of my teachers would describe as “this precious

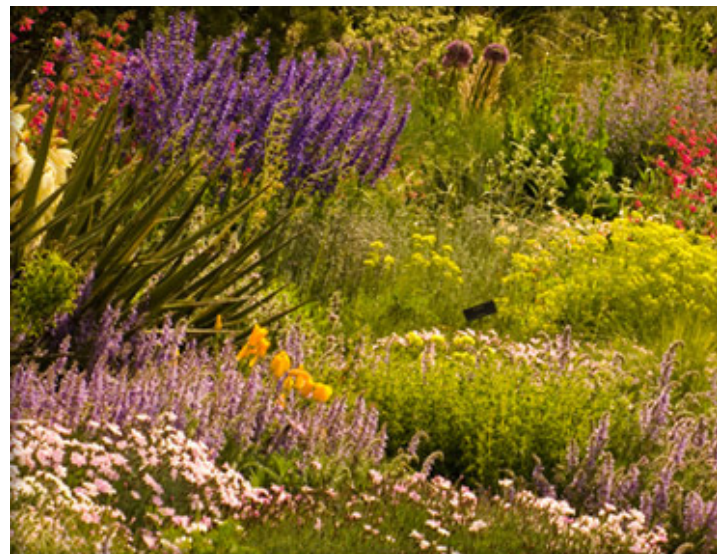
human life”. In the stewardship of this life, we are given the opportunity to care gently and respectfully for this physical body, to love greatly, to learn and evolve to our maximum potential. We then carry on the stewardship of caring and relating gently and respectfully with our loved ones and friends, nurturing and supporting their endeavors of growth, fulfillment and wholeness. As professionals and practitioners, we are stewards of our professions through respectfully complying with our standards and codes and through providing our skills in such a way that they uplift and support those with whom we work. We do this through our actions, our speech, and our compassion and kindness. Lastly, as members of the greater society, we respect our fellow planet inhabitants, and become stewards of our governments, our planetary organizations, and the planet who so graciously provides a home for us.

In essence, the concept of stewardship implies service to those beings or tasks entrusted to our care, and encompasses many layers of personal and societal roles. Throughout our work as stewards and gardeners, it is important that we examine how we deliver these roles and provide this service. Where do we encounter our challenges and where do we steward with ease?

References:

Block, P. *Stewardship: Choosing Service Over Self-Interest*, Berrett-Koehler Publishers, San Francisco, 1993.

Mother Teresa. *In the Heart of the World*, New World Library, Novato, CA, 1997.





Motivations from the President

Wholeness Through Service: Expanding Our Vision Part 2

by Mary O'Neill RN, CHTP/I, HTI President

"To have a servant's heart is to have no earthly strings attached when some level of action is taken; freely giving without expectation of anything in return."

Teri Johnson ~ Keepingitpersonal.com

Our conference is fast approaching and as the days quickly pass, I focus more and more on our theme of "Wholeness Through Service: Expanding Our Vision". Some days it seems that examples of service just appear in front of me and the theme comes to life.

I awoke a few weeks ago with the words 'the servant's heart' clearly in my consciousness. As I went through the day I focused on what qualities a servant's heart must hold. Surely compassion and humility are important virtues within the heart that chooses to serve others. I did a brief search and *VOILA!* The quote above appeared on my screen. The key is no attachment and giving without expecting anything in return.

As I spent some time with these qualities I became aware of Brugh Joy's Attributes of the Heart: make no comparisons, make no judgments and delete the need to understand.

These attributes are foundational to our work in Healing Touch. They become a life long quest to release our constant need to compare, judge and understand. It seems as if the servant's heart has evolved to the point of releasing comparisons, all judgment and the drive to understand along with the expectation of receiving anything in return. That heart targets in on a need to be met. The focus is singular, clear and without any strings attached.

I recently talked with my brother-in-law, Jim, regarding his work of service in the Boy Scouts of America. He has given freely of his time and energy for over fifty years to the cause of scouting. As Assistant Scout Master and now Scout Master, he has mentored boys and young men as they grow into manhood and face various life challenges, sharing with them the values that will serve them well throughout their life time. I asked Jim why he chooses to live a life of service and after he thought about it, he said "It just feels like the right thing to do. I'm at my best when I'm serving others." He shared

how several years ago he was stopped by a man in the grocery store. The man introduced himself as a former member of the scout troop. He told Jim that if it hadn't been for scouting he would have been in prison. It was a stunning moment when Jim saw the value of his service in one individual life.

Jim's service overflows into everyday life. As my in-laws aged, Jim was their primary caregiver. He provided them the opportunity to remain in their own home through daily service offered lovingly with only their needs in mind. Over the years, he has offered us his time and talents regarding numerous projects around our house. He does the work for the simple love of giving to another human being with no expectations or strings attached. This, I believe, allows the energy to flow at will to fulfill the greatest need.



There are so many varied ways that we can begin to incorporate service within our Healing Touch culture. Just look around and bring to awareness all the wonderful, unique gifts people bring to this work. Each of us has a passion for extending the work we do to a certain population or community. This is the deep dimension of healing work that Janet Mentgen, our founder, saw so clearly. She readily encouraged us to take our good ideas, talents and enthusiasm for developing service work and move it into reality. I've been very fortunate to meet many wonderful people involved in Healing Touch.

Stories abound about the beautiful healing moments they have personally experienced or witnessed. We can begin to trust our soul's longing and our heart's desire. Listen to that inner voice and follow the gentle urgings you receive, always with an open heart and offering our gift to anyone without distinction.

We never know what outcome will take place when a small

continued on page 5

Motivations from the President cont...

act of service is offered with an open heart. Let me share with you a couple of example situations.

Several years ago, I offered Healing Touch to a man hospitalized following a shooting. He was a victim of violence and was on protective status. Following the session, he thanked me and shared that he was aware of the identity of the man who shot him and had planned to find him after he was discharged from the hospital. He had a gun and intended to kill him. What he became aware of during the Healing Touch session was being enveloped in a warm light and a sense of peace that he just couldn't explain. He simply stated, "I think you need to know that what you did today took the gun out of my hand". Never underestimate the power of a Chakra Connection offered with an open heart.

Our hospital has a program for those individuals wanting to withdraw from drugs or alcohol. They are given three days of medically supervised withdrawal then go to further drug rehab centers to continue their recovery. Healing Touch has been accepted as a complimentary therapy for these patients to reduce their anxiety and pain, and assist in managing their withdrawal symptoms. As Healing Touch was offered to a young woman withdrawing from heroin, she became aware of the exact moment and negative thinking that brought her to using drugs several years before. It was the sense of never being good enough or smart enough, and believing all the negative comments that others told her. As the session concluded, she had tears in her eyes realizing that she was beautiful, whole, strong and smart enough to follow her own heart in her recovery journey.

I believe strongly that those we touch with our gift of Healing Touch leave a piece of their hearts with us forever. The energy from our shared experiences of what healing means allows our servant's heart to continue to grow. When I visited our community in Lima, Peru I found a beautiful piece of art that I brought home with me (see photo previous page). To me it represents the servant's heart.

May we all continue to grow in our capacity to love, heal and develop a servant's heart.



HTI Marketing and Membership Development Request for Proposal

The HTI Board of Directors seeks a marketing consultant or firm to position HTI as the platinum standard in energy therapy.

Objectives

1. Develop HTI Brand throughout all marketing pieces and electronic interface outlets
2. Implement consistent messaging
3. Increase Growth and Retention
4. Identify and track marketing Key Performance Indicators (KPI)

Team Players

The successful marketing consultant or firm will work closely with:

- The HTI Executive Director & Board of Directors
- The HTI Marketing Chair and Committee
- Additional Committees as needed

Proposal Requirements:

Please include the following:

1. Consultant or company's background and areas of expertise relative to HTI, and/or non-profits. Knowledge of Healing Touch helpful.
2. Capabilities and qualifications of individuals assigned to the account.
3. Examples of work performed for non-profits including results.
4. Overview of recommended approaches to achieving goals and objectives.
5. Cost estimates itemization for large segments of work.
6. Identify marketing consulting costs vs. hard costs such as printing costs.

Guidelines

RFP deadline: September 6, 2013

The project will begin in mid to late October 2013 and run for 4 - 6 months maximum

All presentations can be delivered via email to HTI Executive Director Lisa Anselme
director@healingtouchinternational.org

Proposals will be reviewed by the HTI Executive Director and HTI Board Members. The successful candidate will be notified by October 1, 2013.

Inspirations

Quilting

by Sue Knutson RN, BSN, CHTP/



Quilts have been used over the centuries to celebrate births, deaths, marriages and special occasions. This quilt started during a trip to Branson, Missouri. In 2012, a group of women celebrated decade birthdays: two turned 60, one turned 70 and one celebrated her 90th (during the trip)! We went to a fabric store and found wild material that had all the colors of the chakras! I was inspired and decided to do what is called a 4 patch posey. The material was first stacked and cut into small squares, then our group put the stacks of four squares into a 4 patch, creating a larger square. All the squares in this quilt are from the same fabric, even though each square is different. The squares patiently waited until they went to a quilt retreat. Once again, things started happening, the fabric originally picked to complete the quilt, no longer worked – different fabric appeared, then another group of wise women added input into the layout and the quilt top was created. Though it still wasn't quite finished. The next message was to include words - words and phrases that we use in Healing Touch. After input from several sources, the words were selected. Next the backing fabric appeared during a shopping expedition, then it was time to pick threads for quilting and designs for the machine quilting different squares.

Quilting is the term used to sew the quilt top, batting and quilt back together. Quilting the quilt can be done by hand, long arm machine or a regular sewing machine. I chose a regular sewing machine, because I could use several patterns that would be very individualized. In our path of the Healing Touch Certificate Program, we sometimes go in a direct path, sometimes, meandering and sometimes we stop and start again. That's what quilting is like! Some of the threads are solid colors, and there are two different variegated colored threads; each section that is quilted is different and unique. It's a great way to meditate and dream!

The entire process has taken 15 months: 17 hours to select, design and build the squares, 10 hours to sew the squares into a quilt top, 64 hours of embroidery, 3 hours to sandwich the quilt top and bottom, 45 hours of free-hand quilting with a regular sewing machine and 2.5 hours to put on the binding. There are about 20 yards of fabric in the top and bottom of the quilt and over 4000 yards of thread!

Enjoy the quilt and use it to help you meditate or add it to a healing space! This quilt will be offered in auction for Healing Touch International and on display at the 2013 Healing Touch International conference.

~ Help HTI Flourish ~

Help Healing Touch International Flourish
in 2014 and years Beyond!

Many of us have assisted patients as they have transitioned - a gift beyond compare. HTI wishes to continue our important work of spreading healing light worldwide into the next millennia. You and your loved ones can help HTI expand and thrive.

Please consider a bequest to Healing Touch International in your will. It's easy and we can help you with the appropriate wording. Because of HTI's 501 c 6 status, bequests must be made in the form of grants but of course can be designated or restricted to what's important to you. (HTI is a non-profit association, but is not a charitable tax deduction.) Perhaps you would like to provide funding for student education, conference scholarships or expanding professional development. It's up to you.

Questions?

Please contact HTI Executive Director Lisa Anselme
Email: director@healingtouchinternational.org
Phone: 303-989-7982

On behalf of the HTI students, CHTPs, CHTIs, the Board of Directors, and most importantly, patients everywhere, thank you.

Mary O'Neill
President, Healing Touch International



Grace and Intention

In Memory of

Elizabeth Helen Blach, HTI-PA

Elizabeth Helen “Beth” Blach

1951 - 2013

Beth Blach left this life suddenly June 18, 2013. A lifelong resident of Mountain View, CA, she was eldest sister to ten brothers and sisters and precious daughter to her parents. She loved her many nieces and nephews and actively created joyful family gatherings with which to show her love. A letter or voicemail from Beth was always an outpouring of her devotion to each person she touched. One of Beth's many talents in life was that she acted as a conduit of love in order that her friends and family have deep connections, open hearts and compassionate communication. Beth was devoted to her parents and shared a deep soul and unwaivering friendship with her mother.



Beth's Healing Touch groups were a constant comfort to many hearts and bodies. She was extremely active in the Healing Touch Palo Alto and Bay Area Community, and provided support in many aspects of Healing Touch: support groups, service projects, practice groups, being a classroom helper, and community events. She was described as a seeker of truth and understanding of the mysteries of life not only for herself but for others who felt lost. An avid gardener, Beth brought color, beauty and abundance to barren landscapes and hollow hearts. A devoted member of The Center for Conscious Living, her radiant light will be greatly missed but carried forever in the hearts of everyone who knew her.

~ Graciously forwarded from the Northern California community by Sue Kagel

Grace and Intention

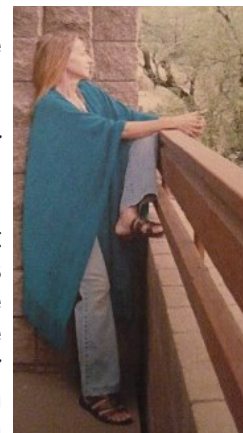
In Memory of

Susan Clair Fabre, RNC, CHTP

Susan Clair Fabre

1960 - 2013

Susan Clair Fabre, RNC, CHTP, of Baton Rouge, Louisiana, made her transition on July 24, 2013. She was born in San Diego, California but spent most of her life in the Baton Rouge Area.



Susan was a Neonatal nurse at Woman's Hospital for 27 years and a strong advocate for the babies and their parents. She was the Baton Rouge Chapter Coordinator for the American Holistic Nurses Association (AHNA), and initiated an annual "blessing of the hands" for Nurses' Day which was inclusive for all hospital employees.

She said that Healing Touch changed her life and worked to become a Certified Healing Touch Practitioner, volunteered doing HT sessions at an inpatient Hospice in Baton Rouge, coordinated classes at the hospital as well as local group practice sessions. Susan was a founding member of The Red Stick Peacemakers, which held an annual World Peace Day event in the city, as well as a Grandmother's Circle, and an annual 30-day meditation, Winter Feast for the Soul. In 2012 she accompanied a HT instructor and another CHTP to southern India for a Healing Touch trip to teach classes and support a local student and his family after a recent destructive hurricane. One of her last activities was to attend an event to honor and hear His Holiness, The Dalai Lama, on his first visit to New Orleans.

Our Beloved Sister lived with extraordinary zest and will forever be known to many for her contagious laugh, love and enthusiasm. She has two married children, three grandsons, a large family and community of devoted friends. She walked her walk with purpose and grace. Thanks Dear One!
~ Mary Frost

Community Development

Stewardship & Friendship - USA, Ireland and UK

by Lisa Anselme RN, BLS, HN-BC, CHTP/I

In the spirit of stewardship of and friendship through this work, I have been privileged to once again travel to England and Ireland in April. Alison Facey MDiv, Level 4 HTI HTPA (Potters Bar, UK) and family and Felicia (Flish) McCarthy CHTP (Galway, Ireland)



Level 1, Potters Bar, UK

once again coordinated classes, gathered students, located classrooms and venues for introductory talks and presentations, and ever so graciously hosted me during this endeavor.

Additionally, Mim Hodgson Level 4 HTI HTPA and her family hosted me for several days in her lovely home in Widness, UK. Each of these pioneering women and their families have been stewarding the work of Healing Touch in their respective countries: their strong commitment to establish and grow a community of Healing Touch students and practitioners has been both inspiring and comforting.



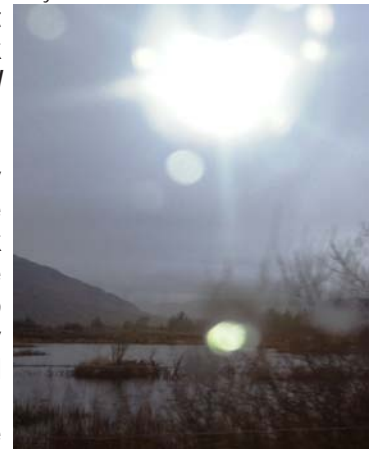
Level 3, Potters Bar, UK

As part of the work that is happening in these exquisite islands, we were able to work with child care workers and children with special needs, sharing energy tools that could assist them in their care; a CARAS group of women who are care providers for adult children, spouses, or parents; and teach levels 1 and 2 in Ireland and Levels 1 and 3 in the UK.



Level 2, Galway, Ireland

As we travel throughout the globe, if we simply ask the question, *how may I serve?*, we are often given the clear means by which to do so. Throughout my visit, not only were we privileged to engage, link and exchange with the people, we were also given the opportunity to engage, link and exchange with the Earth. An example of such a time was when we sat huddled within a car while a major rainstorm waged outside. There was zero visibility. The moment a personal hara line was established, the storm stopped, clouds dispersed, and the planetary grid lines of other sites previously visited began to link up like dancers around a May pole, borrowing the personal hara line. Once link up occurred, the connection dropped as a blueprint/matrix into the Earth, the rain returned, visibility once again reduced to almost nothing, and the work was complete, each of us transformed.



Hearts Over Ireland

During my return home, I reflected upon how brilliant the islands and people are, and the strength of spirit and light that they embody, as they step forward and reclaim the wisdom they have always held within them. I am deeply grateful to have been able to walk a few steps with them in their journey.



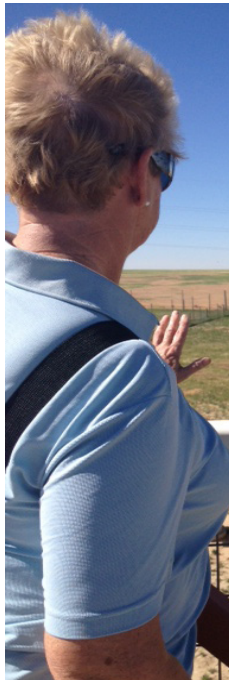
"Pain Drain" Mandala

Community Development

Stewardship & Friendship - New Zealand and USA

by Lisa Anselme RN, BLS, HN-BC, CHTP/I

My family and I were privileged to host Annis Parker RN, CHTP/I, (HTI 2011 Hawaii Conference Keynote), from Christchurch, New Zealand as she visited the USA and Canada in June and July. While in North America, she worked in service at Wild Animal Rescue Sanctuaries, along with working with animals in veterinary care. The HTI staff accompanied Annis to Rocky Mountain Wildlife Conservation Center, (DBA *The Wild Animal Sanctuary - TWAS*) a state and federally licensed zoological facility and 501(c)(3) nonprofit organization. Located 30 miles northeast of Denver TWAS is located on rural, rolling grasslands, comprising 720 acres and sheltering more than 290 large carnivores alone! TWAS is the largest sanctuary of its kind and one of the oldest in the United States. For the past 33 years, TWAS has responded to more than 1,000 requests from private citizens and government agencies to rescue animals from across the United States, and other countries throughout the Western Hemisphere. The animals had been abandoned, abused, illegally kept, or were victims of other terrible situations and include tigers, African lions, black bears, grizzly bears, mountain lions, leopards, wolves, servals, bobcats, foxes, lynx, coyote, coati mundi, raccoon, porcupine, ostrich, emu, camel, alpaca, horses and rescued dogs & cats. Today, thanks to TWAS, these animals are extremely well cared for in their "forever home". While there, Annis simply, efficiently and respectfully worked with the animals to assist in connecting them to planet Earth and their innate healing and wholeness capacity.



Annis Parker

While the work with each of the large animals will remain deeply etched in my memory, there was one particular wolf who responded so notably, that everyone from the HTI office can remember his response with absolute

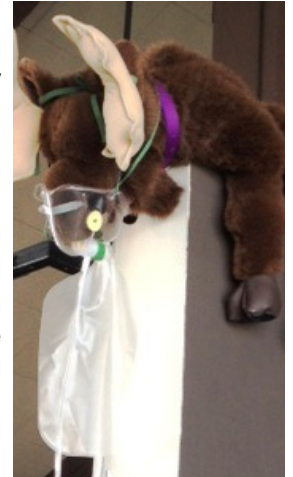


agreement of story. He appeared to be wandering rather aimlessly and had a slightly ataxic gait, head was held lowered, and he appeared to be unable to see easily. Annis



quickly assessed his energy and then worked with his heart area to clear congestion. He immediately began to act as though he had just rediscovered his surroundings; he began to deliberately place his paws in connection with the ground, walked over to the

water source with firm direction, drank deeply, passed a large volume of urine, appearing to be having an immediate diuretic response, and began to hold his head upright and gaze at his surroundings as though seeing them for the first time. High Sense Perception revealed that his field was greatly expanded and enlivened.



Oxygen Moose

With each animal, there appeared to be immediate recognition and awareness of energy being shifted, followed by enhanced awareness of surroundings and proprioception. And then, once Annis and the animal worked together, the animal would often walk deliberately to and stand in front of its companions within the enclosure, as if to tell them about what just happened.

As a treat, we then spent several days and visited Garden of the Gods and Pikes Peak in Colorado Springs, and then traveled to Rocky Mountain National Park and Grand Lake on the other side of the continental divide via Trail Ridge Road, at 12,183 ft elevation. The moose in the visitor's center required oxygen, although we managed quite well. While exiting Grand Lake, we had a close encounter with a bolt of lightening that struck several feet from the passenger window of our car. Then, having experienced this cardioversion and illumination/awakening, we put the "pedal to the metal" and raced ahead of the fast approaching mountain storm.



Annis and Lisa atop Trail Ridge

Community Development

South Africa: Challenges, Humanity, Hope

by Mary J. Frost, RN, BSN, MS, HNB-BC, CHTP/I

The spring of 2013 found me again headed to the beloved country at the southern tip of the formidable continent of Africa. The Republic of South Africa in all of her beauty and diversity continues to struggle with separation of classes and unequal allocation of resources and services. I had planned a month-long trip which included four weekends for teaching Healing Touch classes and some free time to explore a bit. When one travels to such places where lifestyle is rooted in eons of undisturbed cultural history, it can be a challenge to the Westerner. The challenges are welcome, but one may find a daily planner bordering on useless. I find that events simply schedule themselves out of intention and opportunity. I have come to trust that I will be continually gifted with amazing experiences and that being open and allowing should take up the bulk of my luggage space.

So, ready for anything with a framework of a class schedule, I had one weekend open for an opportunity to travel and share Healing Touch in the city of Durban on the northeast Indian Ocean coast. I had briefly visited there on a past trip and found it very different from either Johannesburg or Cape Town, with a unique climate, monkeys, heritage and traditions. It is important to know that Durban resides in the province of Kwa Zulu-Natal, home of the warrior Zulu people. "Zulu Land" as it is often referred to, is subtropical, can be very hot and steamy and has the highest incidence of HIV/AIDS in the world – an infection rate up of to 40-60% of the population in some communities.



HT Durban HTAC Outdoor Classroom

I was given the names of two women there, Joy and Elizabeth, who were former students of Dr. Mary Jo Bulbrook, the first Healing Touch Instructor to visit and teach in this country. A friend in Cape Town, Jessica

Abramson, RN, CHTP, also was acquainted with Elizabeth and said she was interested in trying to organize a HT Level 1 class up in the Durban area. I procured a ticket to fly to Durban and let my adventuresome spirit lead the way. Good fortune met me at every turn



Mary Frost

and soon I met a woman, Wendy, who introduced me to Hillcrest AIDS Centre Trust (HACT), a non-governmental organization (NGO) that was to be a major highlight of the trip. Hillcrest is a small town, about 30 minutes from Durban. The HACT was founded by the Hillcrest Methodist Church as a ministry in 1990. I always treasure opportunities to do service work and teaching among the rural populations who would otherwise not have access to such opportunities as the HT curriculum.

Wendy and I were given a tour of the HACT property and with each aspect shared my excitement grew. I was not only impressed by their varied work in the community of the impoverished Valley of 1000 Hills region, but each person involved radiated such openness and love. When we reached the very back of the property, we toured the clinic and 24-bed inpatient respite care facility. My heart quickened as I anticipated entry into what I knew was a very special place dedicated to care of the very seriously ill.



I was soon engaged in a lively conversation with the nurse respite director, Mary-Ann Carpenter. She said that originally this care unit served strictly for end of life care and now, with new drugs and protocols, about 60% of patients admitted can stabilize and return home. So much more hope for these persons and their families! I mentioned the concept of Healing Touch to her and I was delighted to hear that she was familiar with HT, as four years previous a small group of Australian women had arrived and offered a short class for the caregivers. Amazing how our good news has traveled

continued on page 12

Community Lines

Celtic Vibrations and Healing Journeys to the Emerald Isle

by Brian Luke Seaward, PhD

Planet Earth pulses with a vibrancy everywhere. Sometimes obvious, more often quite subtle, Earth's collective vibration is a vital sign of our planet's health and wellbeing. While every location your feet touch the ground is considered sacred, some locations hold a special significance of mystical importance. For millennia people would travel to these specific geographic areas to tap into and access these energies, for healing, for insight, for wisdom, and always for beauty.

*"Awaken to the mystery of being here
and enter the quiet immensity of your own presence.
Have joy and peace in the temple of your senses.
Receive encouragement when new frontiers beckon...
Be consoled in the sacred symmetry of your soul.
May you experience each day as a sacred gift woven
around the heart of your wonder."*

—John O'Donohue, *To Bless the Space Between Us*



Beltane Stone Circle

Anyone who has ever been to Ireland knows there is an indescribable essence, a pulse that engages all the senses to a heightened level of mystical appreciation. Ireland, the land known to many as the Emerald Isle, is considered by some mystics and sages to be "the heart of the world," a special vibrational energy that pulses for the world, much like the AV node of the anatomical heart. Many musicians will tell you that they tap into this vibration when they play their traditional music; when this happens the air is electric. Though hard to articulate in western terms, this pulse, this energy, is quite real to the country folk of Ireland, particularly in the west. It's quite real for those who travel to these parts as well. While the locals won't volunteer the secrets of this wisdom randomly, once a deep sense of trust is proven, bits and pieces, through verbal expressions, physical gestures and divine intentions make



Beltane Stone Circle

it clear that, indeed, Ireland is a spiritual place. It has been for ages. Within the confines of this island nation, locations such as Glendalough, Hill of Tara, Beltane Stone Circle and Glencolmcill, are extremely mystical and considered quite divine. Irish people simply use the word "magical." And magical it is, indeed.



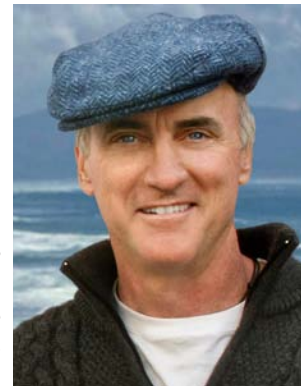
Pilgrim Stone Glencolmcill

If you were to talk to the sages, and mystics of all times, all cultures and languages, very likely you would hear them explain that directly under the skin of the earth are invisible lines

of energy, much like the meridians of the human body. Sages remind us that many of these lines follow the paths of underground rivers. Scores of these veins of energy are easily detectable via dowsing. This network of lines, often referred to as lay-lines (a term coined by Alfred Watkins in 1921) consists of a broad constellation of earth energies, known in esoteric circles as geomancy. In Ireland, these same rivers of energy are called "Fairy Lines" by the country locals. Not always understood, these energies are most definitely respected. Recent published works by Freddie Silva (*Secrets in the Field* and *Common Wealth*), illustrate an amazing array of isosceles and equilateral triangles around the globe, anchored by these sacred sites. Millennia ago, ancient cultures designated the cross points of these lay lines as sacred sites and often built stone structures as a means to honor these energies. Ireland has many



Heart Symbols



continued on page 12

Community Development South Africa cont...

so far The door had swung open and I offered to scholarship one or more caregivers into the Level 1 class. She immediately referred a beautiful young man of 26 years, Thamy, to attend the weekend class and invited me to return to hold a shorter class on site to her caregivers. Upon this initial visit I was offered a chance to visit with the patients and caregivers and to ask questions about their facility and care protocols. What a joy it was to be in the light-filled rooms. While there I was requested to do a HT treatment for a slight, thin woman with downcast eyes while others watched with inquisitive attention. I mentioned that I would return in a few days to train others that could provide HT also.



So – Healing Touch is alive and well at HACT and they have begun to use it routinely with the patients. These compassionate care professionals are a part of our HTI mission and vision to “Spreading Healing Light Worldwide.” It is definitely in my plans to return again to participate in small part of the HACT mission, “To provide unconditional love to all infected and affected by HIV/AIDS in a practical, sustainable way.”

Visit www.hillaid.org.za to learn more about the multi-faceted programs offered to their community.

Special Note: If you are interested in participating in a Healing Touch trip to South Africa or taking a Level 4 or 5 class there, please contact Mary at Tothealt@aol.com



Community Lines Ireland cont...

of these stones structures. Not only does each stone have a unique vibration but when combined in a circle, the collective vibration is equally palpable.

Every summer I take a group of nurses, healers and anyone interested in the alchemy of Celtic wonders to Ireland, my ancestral homeland. The focus of each trip is to make a series of pilgrimages to various sacred sites offering sacred works of healing. Through meditation, intentions, prayers, poems (mostly from John O'Donohue), blessings, music, and healing touch energies, we humbly assist the flow of energies through these fairy lines in an effort to balance the geomantic energy grids, much like acupuncture helps regulate the flow of energy through the meridians of the body. We also take in a lot of great traditional music from local musicians. On this year's trip, we located a statue dedicated to the Beltane Stone Circle, where a healer makes a heart with her hands in a healing gesture for the Earth. Many people on our trip recognized it immediately, which made the pilgrimage even more special.

Within this article is a photo essay from this year's trip of images from the Beltane Stone Circle, The Fairy Tree at the hill of Tara and the Pilgrim Stones of Glencolmkill.

Brian Luke Seaward, Ph.D. is an award winning author, teacher and filmmaker. He takes group trips to Ireland each summer. He can be reached at www.brianlukeseaward.net

References:

Ley Lines: http://en.wikipedia.org/wiki/Ley_line
Freddie Silva: www.invisibletemple.com



Fairy Tree Meditation Hill of Tara

Mentorship

Choosing the Gift of your Mentor

by Anne Day BSN, MA, HNB-BC, CHTP/I and Mary Jane Aswegan RN, CHTP/I



Anne Day

The biggest gift of your mentorship requirement experience is your mentor! The person that you choose will be your “cheerleader” and guide through the year or more of your mentorship. Therefore, it is very important to choose the best mentor for you. Everyone has different needs and ways of doing things, so it is important to take

time to choose a mentor who is a good fit for you and will be able to give you the support that you need. We encourage you to read the “Mentorship Guidelines” in the appendix of your Level 4/5 Workbook to be clear about the role of the Mentor and the Mentee before you begin your search.

It is important to choose a mentor who is an active Certified Healing Touch Practitioner, and who is familiar with the latest Certification Packet, as well as the Level 5 Homework requirements. It is possible to work with someone who has been away from the requirements for a while if that person is willing to refresh their familiarity with these requirements by helping with a Level 4 or 5 class, or spending some time refreshing with another active CHTP. Remember, if you are a nurse, you can choose a nurse or non-nurse for a mentor. If you are not a nurse, you must have a nurse mentor either as your main mentor, or as a supervising mentor.

You want to feel comfortable with your mentor as someone you admire, as well as someone whom you feel you can share with freely about your questions and challenges. There will be many times of great progress as you deepen your work, but also

times that you may feel “stuck” or unexpectedly blocked in your progress. This is an important time to be open and honest with your mentor about your frustrations. We have all had the ups and downs of this journey and most likely, your mentor will be able to share stories of how they or others worked through these challenges.



Mary Jane Aswegan

If you live in an area where there are few CHTPs, you may need to choose a mentor who will work with you at a distance. This is very workable and has been accomplished nicely with many students. The important part is interviewing CHTPs by phone or internet and energetically assessing which one would be best for you to work with. It is also important that you have regular contacts monthly (minimum) either by phone or internet, as well as availability by e-mail for questions. If you are working at a distance, it is best if at least once during the mentorship you can meet in person, for instance at the HTI Conference, so that you can demonstrate your treatment ability by giving your mentor a HT treatment.

The whole mentorship process is truly a gift for both the mentor and mentee. The Mentorship Guidelines states this so well in that **“Mutual Respect is essential to the success of your mentorship experience.”** The right choice for this relationship of mentor/mentee creates a beautiful bond and heart centered connection that will fulfill you with many blessings from the beginning to the end of the Mentorship Experience.

Note from the Editor:

Amendment to
“Community Development”
by D. Larrimore, page 8,
First Quarter 2013 issue
HTI Perspectives in Healing



We wish to acknowledge that the first nurse HTI Certified Healing Touch Instructor (CHTP/I) in the Netherlands was Diane Schaap, RN. Diane is also the founder of Healing Touch Netherlands (HTN). HTN has RN representation on their Board of Directors and membership. Since 1996 HTN is a strong affiliate country member of HTI with an existing community of over 400 run entirely by volunteers.

Board Corner

Strategic Planning

by Evie M. Caprel, BA, CHTP, FT, WC, Vice President,
Healing Touch International

The HTI Board of Directors met in March, 2013 for a Strategic Planning Meeting In Denver CO. We discussed the Key Priority Areas and planning for the next 5 years. To ensure sustainability, Board members and HTI's Executive Director, volunteered to support each Key Area both as Committee Liaisons and energetically. Each Key Area will be worked on as the years progress.

HTI 2018 Key Priority Areas

1. **Expand International Presence** – as an International Association dedicated to service the Board feels it's critical to continue to expand education, service and connection around the world.
2. **Education** – The Board discussed the potential resources needed to be a Continuous Education (CE) provider for allied health disciplines, and how to expand and promote professional development of practitioners and students, e.g. ethics, energy practices, and consciousness.
3. **Reputation (marketing)** – We explored how to distinguish, promote, communicate and advance HTI as the leader in Healing Touch and energy therapy, and at the same time empower our 'ambassadors' to be impeccable leaders.
4. **Infrastructure** – To promote the growth of HTI, it's necessary to review technology, systems, and skill sets, to support HTI initiatives.
5. **Evidence-Based Research** – we explored:
 - What are our research priorities?
 - What resources are needed to bring them to fruition?
6. **Financial** – we reviewed:
 - What combination of current revenue and new / emerging revenue will enable HTI to achieve our financial requirements?
7. **Community (leadership)** – We asked:
 - How do we develop and grow dynamic, vibrant, heart-centered professional leaders at all levels to serve throughout HTI and the world?
 - How do we empower our "ambassadors" to be impeccable leaders – to attract those 'ready' to grow and lead within HTI? (e.g. mindfulness, core values expression)



Front Row: Kimberly, Lisa, Mary
Back Row: Denise, Mary-Cathrine, Joel, Evie

The Board has planned a follow-up Board Retreat to strengthen and support these initiatives.

Your Board of Directors:

Mary G. O'Neill, President

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Denise DeForest Pastoor, Secretary

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Mary-Cathrine Campbell, Director

Joel Anderson, Director

Lisa C. Anselme, Executive Director

Heart Centered Marketing

Simple Marketing Plan

by Evie M. Caprel, BA, CHTP, FT, WC, Vice-President, Healing Touch International



HTI Marketing Update

Facebook 'likes' continue to grow. As of this printing, Healing Touch's Facebook is close to 1800 – will you help us break 2,000? Spread the word, 'like' HTI and join in the conversation! Pose a question, find out about the latest classes and see photos from classes from around the world!

We're also on Linked In and have close to 700 in our Healing Touch International Group. Simply sign up and search for the Healing Touch International Group. Ask to join, and join us!

Business Tip of the Quarter

You've probably enjoyed a video on You Tube at some time. But did you know you can easily take a video and upload it from your computer, Ipad, Iphone or video camera to your website? People will read the text on your website 20% of the time, but about 80% will watch videos! "How to" videos are the best. Keep them under 2 minutes, be casual and friendly, and start with something you know. Have three items or points you want to cover and then have a 'call to action' to encourage people to act. Have fun!

Call for PIH Articles

Do you have a story to share? We're looking for articles for the next PIH. Send us your ideas, insights, successes, challenges or health journey! You'll be providing a great service to those HTI Members who are in similar situations or who could benefit from your story. Contact evie@livewellhealing.com.

How is Your Marketing Plan Going?

In the last PIH, we talked about the basic elements needed for a marketing plan: Goal, Objectives, Target Markets, Tactics, and Results. We also suggested you create a promotion calendar. (We hope the promotion pieces for one of our Healing Touch International calendar events: Healing Touch Day March 6 were helpful to you!) Let me know what events you have planned! Share your ideas.

The Basics

But what if you're not there yet? Maybe you're just starting out. Maybe you have a website, but maybe you haven't had a chance to create one, or don't even know where to start. First, even if you don't have a website, make sure you create business cards. As a professional you must have business cards. This sounds simple, but it's very important.

Your online presence: even if you don't have a website, I encourage you to create a company Facebook page. You can create it under your company's name. It's easy, simple to upload a few photos, tell about yourself, and what you offer. Remember, you want to be available so people can find you, so you can serve them.



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Leanne Kaiser Carlson

Health futurist helping organizations and individuals consciously evolve. Works with organizations to create strategy, teaches and writes, serves as a hospital trustee, and leads initiatives at the Kaiser Institute and Two Worlds Wisdom School.

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Dr. Mimi Guarneri

Board-certified in cardiology, internal medicine, nuclear medicine & holistic medicine. Dr. Mimi is Senior Consultant in Integrative Medicine and the founder of the Scripps Center for Integrative Medicine. She is an award winning author and was honored as the ARCS scientist of the year.



Colonel (R) Jill Chambers

Jill's focus is on wounded warrior issues, specifically in the areas of Post Traumatic Stress and Traumatic Brain Injury. She is founder of This Able Vet, & joins a prestigious group of women such as Madeline Albright, Sandra Day O'Connor, and Barbara Walters who are the innovators, models and strategists of justice, conflict resolution, problem solving, and contagious kindness



Michael Peterson

Recipient of the Bob Hope "Spirit Of Hope" award for his service to the U.S. and the servicemen and women of the Armed Forces. Loved for millions for top selling country music, this Grammy and CMA award nominee has moved audiences all over the globe for over a decade.



"Earth Prayers" ~ Artist: Francene Hart



Christine Stevens

Founder of UpBeat Drum Circles, offering diversity training, teambuilding, and wellness presentations world-wide. Internationally acclaimed speaker, author, music therapist and a leader in the music and wellness movement.



Dr. Charles Tegeler

Department of Neurology, Wake Forest University. Dr. Tegeler holds the McKinney-Avant Chair in Neurosonology, serves as Medical Director for the Neuroultrasound Laboratory, and is Head of the Section on Stroke, Cerebrovascular Disease, and Neurosonology.

**For more information call 303-989-7982 or
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Preconference October 2 - 3, 2013

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Sponsorship opportunities for HTI's annual conference are now available and can be tailored to meet your needs. Individual Grants of any value are also available and greatly appreciated. For a complete sponsorship package please visit the website at: www.HealingTouchInternational.org
Please contact the HTI office for individual opportunities not listed.

Gold, Silver, Bronze Sponsorships are available along with the following additional opportunities

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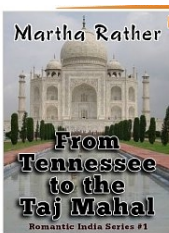
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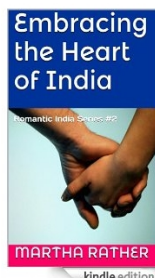
www.EllieDrew.com



Introducing “Romantic India Series” by author: Martha Rather CHTP/I



“From Tennessee to the Taj Mahal” is the beginning of an exciting travel adventure series. Sonia and her best friend are two healers who win a trip to India. They find that Healing Touch comes in handy while traveling, but they were not prepared for dreams of past lives or the dark mysterious eyes of their romantic guide.



“Embracing the Heart of India” takes our two heroines back to India to teach the fictional, first Healing Touch Class in a remote village. Sonia is excited about working with a translator, but is surprised by more past life memories that include people travelling with her! But how can Sonia think straight when their guide, Raj, looks lovingly into her eyes? Is it true love?

Coming this winter: “Kismet or Kamasutra”

Sonia discovers she has more than jetlag. She is suffering from breast cancer. Everything in her life falls apart, but she insists on using all her healing skills to restore her health and her life. What happened to Raj?

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Practitioner Perspective

Two Hearts, One Path

by Betz McKeown, CHTP and Christine B. Stewart, RN, BSN, CCRN, HTI-P



Betz McKeown

When my friend Betz told me she felt like non-clinical Healing Touch students and practitioners may need more support, I really wanted to explore what she meant. When we told each other our stories, we realized that they are more similar than they are different.

"But, I'm a Critical Care Nurse!"

When I graduated from nursing school and started working in the Critical Care Unit, I thought, "This is it! I get to really help people when they need it most then send them off to continue their wonderful lives!" But what I quickly realized was that we were stenting, stitching, bypassing, removing parts, and patching people up, but we were not healing them. Somehow, traditional medicine and all the care and patient teaching I gave seemed as though it wasn't enough. It felt like something was missing.

About 6 months after starting my nursing career, I went online and looked up holistic nursing to see if anything was written about the subject. I found the American Holistic Nurses Association and noted the educational opportunities included Healing Touch. I was curious and went directly to the HTI website. I found research articles and a professional, non-profit, science based organization that offered classes and certification. I immediately found the nearest Level 1 class (2 hours away) and enrolled.

I didn't have any expectations and arrived with an open mind. It was a small class that was being presented in a hospital by a Licensed Vocational Nurse, an instructor in training (not a nurse), and one helper. I noted that I was the only Registered Nurse in the class, and somehow chose not to judge that fact. As the class got started, I found myself being really open to the information and found it absolutely fascinating that we (I) could "feel" things by waving our hands near someone. And those sensations could offer information about a person's physical body!



Christine Stewart

By day 3, I had laughed, cried, and talked myself into and out of, and back into believing everything I had just experienced. It was so hard for me to reconcile Healing Touch against the years I had just put into nursing school learning anatomy and physiology, and they never mentioned any chakras, or auras, or energy centers, or biofield. My mind was screaming, "Show me the evidence based practice!" But I could not deny the physical effect of Healing Touch that I experienced. My real struggle was with worrying how my peers and physicians were going to feel about all this. Would they look at me as some kind of Woo Woo Goddess and dismiss me? And who was I to pretend I was any kind of "healer?" After all, I was an elite, critical care trained, evidence based professional nurse (even if I was a newbie) who works in a Catholic hospital, and I couldn't practice this in that setting...could I?

When I got back to work, I met with our resident nun, the Vice President of Patient Services. I told her about the Healing Touch class I had attended and asked for her opinion. She told me about a Therapeutic Touch class she attended, and in a conspiratorial whisper stated that she too had felt it in her hands. She said that because it was an independent nursing intervention, and I had the support of my clinical Director, that I could use Healing Touch in my hospital practice. She even asked me to practice on her! That was all it took for me. I looked up different HTI instructors and found one that was also a critical care nurse so I could learn how to integrate this healing modality into my practice. I planned out my next class, and I never looked back. Oh, I still had insecurities, but I decided to give it a try because...my heart was telling me I just had to. -Christine

"But, I'm not a Nurse!"

I had gone to massage school, an intensive full-year, 850 hour curriculum, and had built a successful

continued on page 21

Practitioner Perspective cont...

practice over 10 years. I had taken classes in numerous other healing modalities and incorporated the education in my massage practice. Needless to say, I'd had a fair share of holistic health training.

After injuring my wrists and taking a 15-year hiatus from my massage practice, I felt the call to return to my healing roots. Through the Hospice facility where my mom lived her last few days, I was introduced to Healing Touch. This was it! Bells rang, angels sang, my entire body vibrated "Yes!" And I enrolled in the next Level 1 Healing Touch class I could find.

Three months later, I walk into my first healing class of any kind in over 15 years. I was confident; I was sure what to expect. After all, I've taken many classes similar to this – a room filled with open-minded, open-hearted, slightly hippy'ish, make-up free, mostly middle-aged women. I stepped through the door of the classroom in a local hospital, comfortably dressed in sweat pants and a very soft, oversized t-shirt. And immediately I felt out of place. It was definitely a room filled with mostly middle-aged women, but the whole open-minded, open-hearted, make-up free, hippy'ish parts were apparently missing. There were slacks, skirts, suits, make-up, and styled hair! And a couple of scrubs, but still....

I truly felt out of my element (and seriously wished I had brought some more professional clothing for day two). During introductions, I discovered most of the Level 1 students were nurses or medical personnel. There was even an administrative person present – she was very well-heeled. And there were also a couple of massage therapists, but unlike me, they had obviously gotten the dress code memo.

Medical terminology and acronyms were thrown around, and at times I felt like I was in a foreign country. Most everybody knew somebody else there (I was the newbie), and during breaks they naturally congregated into little groups, sharing stories and information as only long-time acquaintances can.

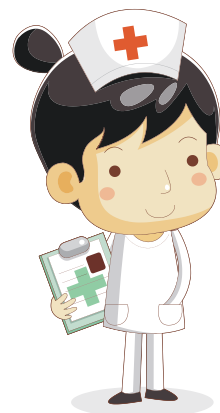
Please don't misunderstand - everybody was very kind and most welcoming. But it felt to me that they were definitely in a different healing stratum than I was. This was undoubtedly my issue - I felt self-conscious and out of place. I did eventually connect with the other massage therapists and finally felt I found people who spoke my language. But on the whole, I felt uncomfortable.

I got through the weekend; I am still in contact with a couple of people I met in my first Healing Touch class. And since then, I've met non-medical, non-massage Healing Touch students, who certainly felt even more out of place than I did that first day of class. But what we all learned through the discomfort and the not-fitting-in, the common thread isn't what we do; it most definitely isn't what we wear. It's who we are. We are Healing Touch Practitioners. And that designation overrides any other outworn label or false perception. -Betz

Do you see the similarities? We both felt like we didn't fit in. We both had to learn a new language. We were both in class by ourselves. And, we both loved Healing Touch! We weren't a nurse or a body worker; we were two hearts on the same path, learning to do the work.

The Healing Touch International Curriculum is clinically based, and the treatments come from a variety of healing traditions that complement many types of healing practices. That is the beauty of the teaching: it is professional *and* inclusive by its very nature. Credited within the HTI textbooks are doctors, nurses, academics, multicultural healers, and mystics from many walks. I sometimes wonder what it would be like if they were all in one room together. How would they feel about their association? I like to think they would be fascinated by the variety of experiences each one has to offer. I imagine it would feel like being in Level 5: Everyone has reached a level of proficiency, each one sharing their challenges and triumphs, eager to hear how each came to this place. Each one knowing they had to stand boldly in their truth as healers, doing the work they were born to do.

Many hearts, on the path to spreading healing light.

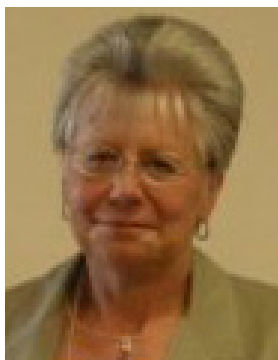


Student Perspective

I Am A Teacher

by Jann Crock, HTI-P

I am a teacher. I take information and break it down into easy digestible chunks. I then find ways to teach that chunk using as many senses as possible. I take a child and I teach him or her, what it is he or she needs to know. I do not look back to see what content he/she was taught. I check, reassess, and direct his learning from my assessments. I take that child from where I get him and move him forward.



The Level 5 Case Study gave me a new perspective when working with Healing Touch. Yes. We explain Healing Touch in simple and easy chunks so the client might understand energy work. YES. We meet that client with the issues as assessed. YES. We address those assessed issues through known techniques. BUT if we continue to see that person for more than one session, we need a well-documented medical history. We need to know medical patterns that have recurred over time. We need to see if those patterns are reflected in what we assess now. We need to address those patterns in our techniques that we use with the client. If we are going to make a difference we need to work with the whole person. Past, present and future!!

What an AH-HA moment for me as I came to realize the difference between "me" the Teacher and "me" the HT Practitioner. As a teacher we used background information when the child was not learning. We would look back into the medical history to see if there were clues as to why the child was struggling. We would then administer tests to further assess academic weaknesses. We would use that information to change our teaching plans. Based on new knowledge we would teach to those educational gaps. In Healing Touch, having that information up front gives us an opportunity to look back immediately after the first session to see if there are medical patterns in the history. Knowing the medications, surgeries and family background give us a deeper understanding of the whole individual. By the second session we can assess with a new understanding of what is really happening to the client, working to promote his/her healing.

I am a teacher. I am a healer. I will meet clients where they are. I will assess them and direct the client's session. But I am a healer. I will take detailed medical documentation. I will use it to understand their healthy history. I will assess and use appropriate HT techniques. AND I will assist in moving the client forward.

Holistic Stress Management Workshop



September 19-22, 2013 Holistic Stress Management Instructor Certification Workshop with Brian Luke Seaward, Ph.D. The early bird deadline has been extended through **August 15th**. This special comprehensive workshop, for all allied health professionals in both personal growth and professional development is an endorsed program through the American Holistic Nurses Association and offers 54 CE's for nurses. Below are links for more information.

Instructor: Brian Luke Seaward, PhD

Class: Holistic Stress Management Workshop

Location: Boulder, Colorado

Dates: September 19-22, 2013

Link for Workshop Brochure:

www.brianlukeseaward.com/downloads/Fall2013HolisticStressMangWorkshop.pdf

To Register Online:

www.brianlukeseaward.com/store/holistic-stress-management-workshop



Group Meditation

Paid Advertisement

~ Congratulations ~ Newly Certified

Practitioners

Elizabeth Augustine - Edmond, OK
Marilyn Brodie - Muscatine, IA
Patricia Cheeks - Broadway, VA
Lavanya Chigurupati - Cary, NC
Lucy David - Iowa City, IA
Patricia Duty - Ridgefield, WA
Debra Fanucci - Lincroft, NJ
Susan Fierman - Hailey, ID
Elli Haffey - Coronado, CA
Nancy Hayes - Colchester, VT
Carolyn Hyman - St. Johns, FL
Deborah Jackson - Mavisdale, VA
Mary Kirkpatrick - Iowa City, IA
Amy Kowalzek - Pierz, MN
Carolyn Langenbrunner - Cincinnati, OH
Roseann Liu - Honolulu, HI
Barbara Manley - Indianapolis, IN
Genoveva Judith Mansilla Jaime
- Surquillo, Peru
Cindy Mason - Norman, OK
Elmer Mattila - Winona, MN
Karla Mitchell - Canton, MI
Marie Nemec - St. Augustine, FL
Christine O'Connor - Escondido, CA
Heather Ohrt - Coralville, IA
Donna Porter - Saint Albans, VT
Beverly Radjewski - Brighton, MI
Katherine Roman - Pompton Lakes, NJ
Mary Shaughnessy - Coral Springs, FL
Rachel Smith - Raleigh, NC
Carmen Luisa Vargas Carmona
- Surco, Peru
Patricia Welch - Gillette, NJ
Betty Young - Ames, IA

Instructors

Gina Bondurant - Harrisonburg, VA
Kay Michaels - Earlville, Cairns Australia

Call for Additional Certification Board Members

Our number of applications for practitioner and instructor certification continues to expand. There is currently a need for the HTI Board of Directors to appoint additional individuals to serve on the HTI Certification Board. This opportunity is a wonderful way to serve the International Healing Touch community. If you are called to serve as a volunteer in this capacity, please forward a letter indicating your interest in serving along with your resume or CV to the HTI Office, Attention: Executive Director.

The Certification Board member commits to serve as a volunteer for 3 years, with the option to renew at the end of that time. We would like to develop a list of individuals who would be willing to serve now or later as other vacancies occur.

The criteria for Certification Board members are:

- Registered Nurse (advanced degree / MSN desired)
- Certified Healing Touch Practitioner (CHTI desired)
- Prior review experience and/or background in education
- Understanding of legal and ethical ramifications of scope of practice
- Volunteer position
- Fluency in English and another language (spoken and written) is an asset (Spanish, French, etc.)
- HTI Member in good standing
- Computer skills and access with the availability to participate throughout the year

Please submit your application for membership with the Certification Board by **August 22, 2013**. This should allow time for appointments to be made before September 2013. Once your application is submitted, interviews will be scheduled to allow the applicant to learn more about the position, the commitment, and the orientation process. The volunteer journey with the HTI Certification Board is another memorable path that we hope will provide you with additional joy in service.

Educational Insights

The Many Faces of "Through"

by Barb Schommer RN, MS, CHTP/I



The word "through" captured my interest. It is part of our HTI theme for the year, "Wholeness Through Service: Expanding Our Vision".

"Through" has a variety of meanings which can lead one on an intriguing path!

One definition of "through" is "in one side and out the other side"; as in going in the front door and out the back door or moving "through" a home; as in walking from one side of the road to the other side; as in beginning a class on the first day, and walking out the other side in a day, several days, weeks, months. This kind of "through" has a beginning and an end.

Another definition of "through" is "in the midst of, among". We move "through" our life experiences "among" others, and also "in the midst of" life. Part of our human experience is to move "through" times of joy, sorrow, grief, peace, calm – immersing ourselves "in the midst" of the experience and allowing the opportunity to know ourselves more deeply. It is a part of moving "through" our innermost selves, embracing our wholeness (all the aspects of ourselves whether we like them or not!!) and deeply knowing ourselves. This does not happen during a drive-by, "in one side and out the other" life experience, although that might be the event that moves us into the "in the midst of" life unfolding and enriching experience. It is the act of sitting "in the midst of" life, being in our body, honoring every aspect of ourselves that we come into the deepest places of our existence.

On the other side of "through" is another thoughtful definition – "traveling to the destination without stops". Would this be those times when I do not pause between my in-breath and out-breath? When I stack the

calendar full of appointments and wonder why I am tired of "driving"? When I tell myself that I will "rest" (self-care) at the next rest stop, which I pass by because I just have to get those last two things accomplished? When I say "yes" to everyone except myself? When I do not sit "in the midst of" myself, my life, my body, my existence? That is a clue to me that it is past time to circle back "through" and come "in the midst of" me.

Then there is the "through" of "finished", completed, done. There are many examples of "finished" or completion in our lives: school graduation, arrival at a destination in travels, becoming certified.....And as I look at and think about these examples, I move toward the idea of "through" as "in the midst of". How many times do we think we have completed something, and it becomes the catalyst for more movement, deeper study, deeper inner work as we immerse ourselves "in the midst of" that which we thought "finished"???? What a gift that is!

Allow others to experience your wholeness not because you "serve" them but because you empower them to their own wholeness. "Wholeness through service" to self first.

Which brings me full circle "through" this writing. As part of our human experience, we are a part of community, a whole, connected "through" this sense of being "among". It is from this sense of connection "through" and being "among" that we become whole "through" our service. It is not about us "doing for" others. It is about discovering the connection of being "among" and being with another, supporting and empowering that person's wholeness. This is where we practice from, this is where we teach from. Allow others to experience your wholeness, not because you "serve" them but because you empower them to their own wholeness. "Wholeness through service" to self first.

Words of Wisdom

Taking Care of the Self as Paramount to the Work

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I

Sometimes you need to hear the same thing again and again. Each time you hear the advice it gives you greater insight into your own behavior and needs. You are not the same person you were when you encountered the “words of wisdom” the first time! Maybe you tried to make changes, or maybe you failed, forgot, or found alternative paths. Maturity comes in knowing that it is okay to retrace your steps. Janet’s guidance in 1995 was directed as “taking care of you”. Janet wrote how she was directed that this is “paramount to the work so that you may accomplish all that is asked of you. Rest in order to get ahead instead of catching up. Preventative rest is the ideal, to rest before you are tired. Lack of rest is as dominate problem among most people today, a nation of tired individuals. This creates most of the stress and strain putting many people at a vulnerable and disadvantage place. By being rested you gain position and are in a better place to deliver the work. You are to focus on rest for this current time period as your first priority. Rest comes before anything else.”

Further direction comes in how to use this rest time for contemplation and problems that have occurred during the day. Janet is directed to take any issue that arises during the day into contemplation and watch in silence. Engage in contemplation before you retire into your solitude allowing plenty of time for review and instruction. She writes that by using this method she was open to her guidance and felt well protected. And by doing this each day with the issues that were brought to her attention she was able to prevent a sense of overwhelming burden. She suggests, that once an issue is put into contemplation, dismiss it from your mind. If further action is required it will be brought to your attention again.

Live simply. Rest and rejuvenate the body, mind and spirit. Do not let your worries becomes burdens that you carry into the next day. By freeing the past you are then able to do the work.



HTI Networking Column

Healing Touch Networking Column

Healing Touch International is pleased to offer the following column as a means to facilitate networking within your local communities. Healing Touch International, Inc. makes no claims as to the accuracy or content of the various networking groups. It is our expectation that all groups conduct themselves in accordance with the HTI Code of Ethics & Standards of Practice and maintain respect and confidentiality of all networking information.

Community Meetings/Gatherings

The purpose of community meetings is to: build community; educate by relaying information from the international organization outward; promote membership in Healing Touch International, Inc.; encourage attendance at the international annual conference, thus affording global networking for students, practitioners and instructors.

Affiliate Organizations: National & International Conferences

Healing Touch International’s 17th Annual Energy Healing Conference & Instructor Meeting

Date: October 3-6, 2013

Location: Lakewood (Denver), Colorado - Sheraton Denver West Hotel

Theme: *Wholeness through Service; Expanding our Vision*

Contact: For additional information please visit: www.HealingTouchInternational.org

Integrative Healthcare Symposium

Date: February 20-22, 2014

Location: New York, New York
New York Hilton Midtown

Contact: For additional information please visit: www.ihsymposium.com

HTI Professional Development Series and Advanced Practice Offerings

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Touch International Certification and Renewal. These classes are open to any individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. ***If you wish to bring one of these classes to your area, please contact the coordinator or instructor to learn how this may be accomplished. Please watch the HTI Website for information on how to apply.***

Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living leads to a healthy life.

Contact: Myra Tovey at davidmyra7@msn.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system.
Pre-requisite - The course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing pain

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at
brianlukes@cs.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Beyond Surgery Program-Bridging the Gap

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Program is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at JudyLynneRay@yahoo.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Journaling the Spiritual Journey and Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. For use, whether you are facilitating others in the healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at anneday7@gmail.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

This listing is updated regularly; check often for classes near you!!

PROFESSIONAL DEVELOPMENT

** for info on these classes, please visit www.healingtouchinternational.org **

Date	Location	Instructor(s)	Contact	Phone	e-mail
Beyond Surgery Training Seminar					
Nov 1-3	Brevard, NC	JL Ray / Nancy Blue	Kathy Blue	828-577-6948	BlueCavu527@aol.com
Energy, Wisdom & Practice					
Oct 7-	Littleton, CO	Judy Turner	Ruth Muhr	303-794-4720	ruth1234@q.com
Oct 19-	Maui, HI	Anne Day	David Schoonover	808-879-4044	healingtouch808@gmail.com
Healing Disruptive Energy Patterns					
Oct 8-	Littleton, CO	Judy Turner	Ruth Muhr	303-794-4720	ruth1234@q.com
Oct 20-	Maui, HI	Anne Day	David Schoonover	808-879-4044	healingtouch808@gmail.com
Heart Centered Living					
Aug 23-24	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Journaling the Healing Journey					
Journaling the Spiritual Journey					

INSTRUCTOR TRAINING

application deadline is Sept 9th !

LEVEL 1	Lakewood, CO	TBD	Kassi or Carrie	303-989-7982	education@healingtouchinternational.org
Sep 30 - Oct 2					
LEVEL 2 - 5	Lakewood, CO	TBD	Kassi or Carrie	303-989-7982	education@healingtouchinternational.org
Oct 2-					

LEVEL 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 16-17	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Aug 17-18	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Aug 17-18	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Aug 23-24	West Palm Beach, FL	Lori Wyzykowski	Lori Wyzykowski	561-818-4517	lwzy@bellsouth.net
Aug 23-24	Arvada, CO	Carrie Niewenhaus	Red Rocks College	303.914.6600	admissions@rrcc.edu
Aug 24-25	Sarasota, FL	Valorie Knowlton	Valorie Knowlton	941-720-2884	valorie@tampabay.rr.com
Aug 24-25	La Jolla, CA	Liz Fraser	Liz Fraser	800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Sep 6-7	Morganton, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Sep 7-8	Bemidji, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsa.com
Sep 7-8	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Sep 7-8	Page, AZ	Sue Kagel	Mia Kelly	928-640-0888	amelia.kelly@bannerhealth.org
Sep 7-8	Silver Spring, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Sep 7-8	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Sep 8-9	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 13-14	St Paul, MN	Barb Schommer	Denise Joswiak		denise.joswiak@allina.com
Sep 13-15	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Sep 13-14	Escondido, CA	A Day / M Kowba	Darcy Wright	760-739-2385	darcy.wright@palomarhealth.org
Sep 14-15	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Sep 14-15	Indianapolis, IN	M O'Neill / S Smith	Sharon Smith	812-878-2034	cswholeness@aol.com
Sep 14-15	Albuquerque, NM	Lisbeth Carlisle	Lisbeth Carlisle	505-459-7358	lisbethcarlisle@aol.com
Sep 18-19	Los Angeles, CA	closed Rauni King	Sherie Black-Hasan	closed	
Sep 20-21	Sun Valley, ID	L Thompson / MK Foley	Mary Kay Foley	208-727-8417	foleym@slhs.org
Sep 20-21	Lakewood, CO	Carrie Niewenhaus	Carrie Niewenhaus	303-210-3906	cgn454@gmail.com
Sep 20 & 23	Liberty, MO	Mary Oberg	Bruce Needhammer	816-301-6045	Bruce@needhammer.net
Sep 21-22	Ft. Lauderdale, FL	Valorie Knowlton	Marcia Gill	954-494-2849	marciag@bellsouth.net
Sep 21-22	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	Tammy.Dragel@baycare.org
Sep 21-22	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Sep 21-22	Des Moines, IA	Gail Hardinger-McCarthy	Gail Hardinger-McCarthy	515-964-9842	lifenbalance@aol.com
Sep 21-22	St Louis, MO	Pam Kelch	Julianne Vander Meulen	314-873-7636	pranajuli55@gmail.com
Sep 25-26	Woodbury, MN	Barb Schommer	Emily Nowak	651-326-0025	ewnowak@healtheast.org
Sep 28-29	Omaha, NE	Jeanne Thune	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Sep 28-29	Vero Beach, FL	Keith Manley	Keith Manley	772-774-8788	keithc.manley@gmail.com

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 1; cont'd...

Date	Location		Instructor(s)	Contact	Phone	e-mail
Oct 3-4	Springfield, VA	closed	Lucrezia Mangione	Inova Hosp	closed	hhservice@handcraftedhealth.net
Oct 5-6	Denville, NJ		Maggi hutchinson	Maggi Hutchinson	973-214-2582	maggihtn@gmail.com
Oct 5-6	Redding, CA		Raine Benham	Debi Simon	530-355-3669	HealingTouchRdg@aol.com
Oct 5-6	Rochester, MN		Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Oct 12-13	San Diego, CA		Suzanne Weeks	Suzanne Weeks	858-538-4963	sweeks@san.rr.com
Oct 12-13	Littleton, CO		Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Oct 12-13	St Louis Park, MN		Jan Halbach	Renay Ingledew	952-457-3844	renay.ingledew@parknicollet.com
Oct 12-13	Pontiac, MI		Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 12-13	Lakeville, MN		Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Oct 19-20	Brevard, NC		Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Oct 19-20	Evansville, IN		Vicki Slater	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 19-20	La Jolla, CA		Trish Wragg	Haley Wragg	1-800-SCRIPPS	healingtouch4wellbeing@gmail.com
Oct 19-20	Hudson, WI		Barb Schommer	Claire Kohout	651-283-9808	cmkenergy@gmail.com
Oct 19-20	San Diego, CA		Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Oct 19-20	Ann Arbor, MI		Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 26-27	Greenville, NC		Deborah Larrimore	Kristine Salamon		kksalamo@vidanthealth.com
Oct 26-27	Minneapolis, MN		Barb Schommer	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 26-27	Nashville, TN		Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Oct 26-27	Waukesha, WI		Judy Turner	Polly Schellinger	262-370-3810	Rschellinger@wi.rr.com
Nov 2-3	Pontiac, MI		Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 2-3	Baldwin City, KS		Robin Goff	Robin Goff	785-255-4583	info@lightcenter.info
Nov 2-3	Sartell, MN		Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Nov 2-3	Harrisonburg, VA		Gina Bondurant	Gina Bondurant	540-433-3421	calendula@ntelos.net
Nov 2-3	Chula Vista, CA		Mary Jane Aswegan	Donna Cahill	619-686-3774	cahill.donna@scrippshealth.org
Nov 8-9	Bismarck, ND		Judy Turner	Renee Feist	701-222-0546	drlrfeist@bis.midco.net
Nov 7-8	Aberdeen, SD		Jeanne Thune	Janene Papendick	605-622-5164	janene.papendick@avera.org
Nov 9-10	Colorado Springs, CO		Myra Tovey	Brenda Disparti	719-365-6741	brendadisparti@yahoo.com
Nov 9-10	Cary, NC		Linda Thomas	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Nov 9-10	La Jolla, CA		Liz Fraser	Liz Fraser	800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Nov 9-10	Charleston, SC		Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Nov 16-17	Kansas City, MO		Mary Oberg	Shelly Welch	816-523-9140	ext 111
Nov 16-17	Albuquerque, NM		Lisbeth Carlisle	Lisbeth Carlisle	505-459-7358	lisbethcarlisle@aol.com
Nov 22-23	Winston-Salem, NC		Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Nov 23-24	Metairie, LA		Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Dec 7-8	Farmington Hills, MI		Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Dec 7-8	Kansas City, MO		Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com

Healing Touch Class Schedule - 2013

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LEVEL 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 24-25	Waterbury, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 5 - Oct 24	Silver Spring, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Sep 6-7	Arvada, CO	Lisa Anselme	Red Rocks College	303.914.6600	admissions@rrcc.edu
Sep 7-8	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 7-8	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Sep 11- Oct 23	Silver Spring, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Sep 13-15	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Sep 14-15	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 14-15	Harrisonburg, VA	Deborah Larrimore	Gina Bondurant	540-433-3421	calendula@ntelos.net
Sep 14-15	Baldwin City, KS	Robin Goff	Robin Goff	785-255-4583	info@lightcenter.info
Sep 14-15	La Jolla, CA	Rauni King	Liz Fraser	858-554-3360	fraser.elizabeth@scrippshealth.org
Sep 20-21	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Sep 21-22	San Diego, CA	Cecilia Kasperick	Lori Johnson	858-382-9191	ljjohnson@ucsd.edu
Sep 21-22	Bemidji, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsa.com
Sep 21-22	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Sep 21-22	La Jolla, CA	Mary Jane Aswegan	Trish Wragg	760-519-6760	wragg.patricia@scrippshealth.org
Sep 26-27	Springfield, VA closed	Lucrezia Mangione	Inova Hosp	closed	hhservice@handcraftedhealth.net
Sep 28-29	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brendadisparti@yahoo.com
Sep 28-29	Abita Springs, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Oct 19-20	Kansas City, MO	Jody Hueschen	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 19-20	Omaha, NE	Jeanne Thune	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 19-20	Evansville, IN	Kimberly Gray	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 19-20	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Oct 26-27	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Oct 26-27	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Oct 26-27	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Nov 8-9	Minneapolis, MN	Barb Schommer	Kathryn Kerber	612-863-7937	kathryn.kerber@allina.com
Nov 9-10	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsa.com
Nov 9-10	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	Tammy.Dragel@baycare.org
Nov 9-10	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Nov 9-10	Grass Valley, CA	Elizabeth Helms	Sue Berney	530-575-6586	sberneyht1@gmail.com
Nov 10-11	Bismarck, ND	Judy Turner	Renee Feist	701-222-0546	dlrmfeist@bis.midco.net
Nov 15-16	Denville, NJ	Maggi hutchinson	Maggi Hutchinson	973-214-2582	maggihtn@gmail.com
Nov 16-17	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	760-815-5439	nursebecky@roadrunner.com
Nov 16-17	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Nov 16-17	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Nov 19-20	Woodbury, MN	Barb Schommer	Emily Nowak	651-326-0025	ewnowak@healtheast.org
Nov 23-24	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 23-24	Silver Spring, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Dec 7-8	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Dec 13-14	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Dec 14-15	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 24-25	Farmington Hills, MI	D Wardell / B McConnell	Barb McConnell	517-914-4133	mcconb@bigplanet.com
Aug 24-25	San Diego, CA	A Day / L Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Sep 7-8	Encinitas, CA	A Day / MJ Aswegan	Rebecca Lundgren	760-815-5439	nursebecky@roadrunner.com
Sep 16-17	Los Angeles, CA closed	Rauni King	Sherie Black-Hasan		
Sep 21-22	St Louis, MO	Mary O'Neill	Julie Vander Meulen	314-659-8116	pranajuli55@gmail.com
Sep 21-22	Denville, NJ	Maggi Hutchinson	Maggi Hutchinson	973-214-2582	maggihtnj@gmail.com
Sep 21-22	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Sep 27-29	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Oct 18-19	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 19-20	Evansville, IN	Bonnie Johnson	Peggy Graul	815-465-1161	pgraul@usi.edu
Oct 19-20	Omaha, NE	Jody Hueschen	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 19-20	Colorado Springs, CO	Judy Turner	Myra Tovey	719-622-0703	davidmyra7@msn.com
Oct 24-26	Red Wing, MN	Jackie Mielke	Sarah Stinson	651-267-3506	Stinson.sarah@mayo.edu
Oct 26-27	La Jolla, CA	Rauni King	Liz Fraser	800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Oct 12-13	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Oct 26-27	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Nov 2-3	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Nov 2-3	Indianapolis, IN	Deborah Larrimore	Kay Morris	317-873-0438	kaymor@att.net
Nov 16-17	Farmington Hills, MI	Barb McConnell	Barb McConnell	517-914-4133	mcconb@bigplanet.com
Nov 30-Dec 1	Abita Springs, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Dec 5-6	Springfield, VA closed	Kathleen Scacciaferro	Lucrezia Mangione	closed	hhservice@handcraftedhealth.net
Dec 7-8	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net

LEVEL 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 15-18	Farmington Hills, MI	D Wardell / B McConnell	Barb McConnell	517-914-4133	mcconb@bigplanet.com
Aug 22-25	Stoneville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Aug 22-25	Columbia, IL	Mary O'Neill	Jeanne Whalen	314-771-8649	jwshamrock@sbcglobal.net
Sep 19-22	Montgomery, TX	Diane Wardell	Judy Walker	713-412-9774	standing.stone@sbcglobal.net
Oct 25-27	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	MaggiHTNJ@gmail.com
Nov 1-3	St Paul, MN	Carol Schoenecker	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Nov 22-24	San Diego, CA	Rauni King	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org

LEVEL 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 22-25	Columbia, IL	Lisa Anselme	Jan McArthur	636-724-2435	janmac2001@gmail.com
Sep 5-8	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
Oct 10-13	Cresco, IA	Lisa Anselme	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Oct 10-13	Hamptonville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 24-27	Coralville/Iowa City, IA	Maggi Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Nov 22-24	San Diego, CA	Anne Day	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Dec 5-8	Denville, NJ	Deborah Larrimore	HT New Jersey	973-214-2582	maggi@healingtouchNJ.com

Healing Touch Class Schedule - 2013

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International Classes Level 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Aug 24-25	Dawson Creek, BC	Lisa Hickey	Anna Tabak	250-782-7802	panda@pris.ca
Sep 21-22	Cumberland BC CANADA	Toby Krell	Toby Krell	250-336-2143	tobe88@shaw.ca
Sep 28-29	Haarlem, Netherlands	Wietzke van Oene	Natascha vanden Ban	650826376	curus@healingtouch.nl
Oct 5-6	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Oct 19-20	Prince George, BC	Lisa Hickey	Lisa Hickey	250-964-1936	lisa@bodymindrenewal.ca
Oct 26-27	Collingwood, ON CANADA	A Zaritsky/S Hutchinson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
Nov 16-17	Vancouver, BC CANADA	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Nov 16-17	Penticton, BC CANADA	Kathleen Smythe	Kathleen Smythe	250-447-6201	inn@sunflowerinnbb.com

International Classes Level 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 21-22	Vancouver, BC	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Oct 12-13	Oosterbeek, Netherlands	Wietzke van Oene	Natascha vanden Ban	650826376	curus@healingtouch.nl
Oct 26-27	Nanaimo, BC CANADA	Bev Worbets	Frankie Rose	250-754-3027	apurplerose@shaw.ca
Nov 9-10	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Nov 18-19	Oostkamp, Belgium	Deborah Larrimore	Agnetha Delacauw		info@healingtouchbelgie.be
Dec 14-15	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net

Level 2 - 2014

Jan 18-19	Victoria, BC CANADA	Catherine Awai	Catherine Awai	250-597-4312	catherineawai@gmail.com
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International Classes Level 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 21-22	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada @healingtouchcanada.net
Nov 2-3	Comox, BC CANADA	Bev Worbets	Bav Worbets	250-339-7452	bevworkbets@shaw.ca
Nov 2-3	Haarlem, Netherlands	Wietzke van Oene	Natascha vanden Ban	650826376	curus@healingtouch.nl
Nov 29-Dec 01	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com

International Classes Level 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 26-29	Coburg, ON CANADA	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net
Nov 14-17	Oostkamp, Belgium	Deborah Larrimore	Agnetha Delacauw		info@healingtouchbelgie.be

International Classes Level 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 24-27	Surrey, BC CANADA	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net

Healing Touch International, Inc.
445 Union Blvd., Suite 105
Lakewood, CO 80228

VISION

Spread Healing, Light and Love, creating wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Touch International practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch