



HTI's

Perspectives in Healing

A PUBLICATION OF HEALING TOUCH INTERNATIONAL, INC.

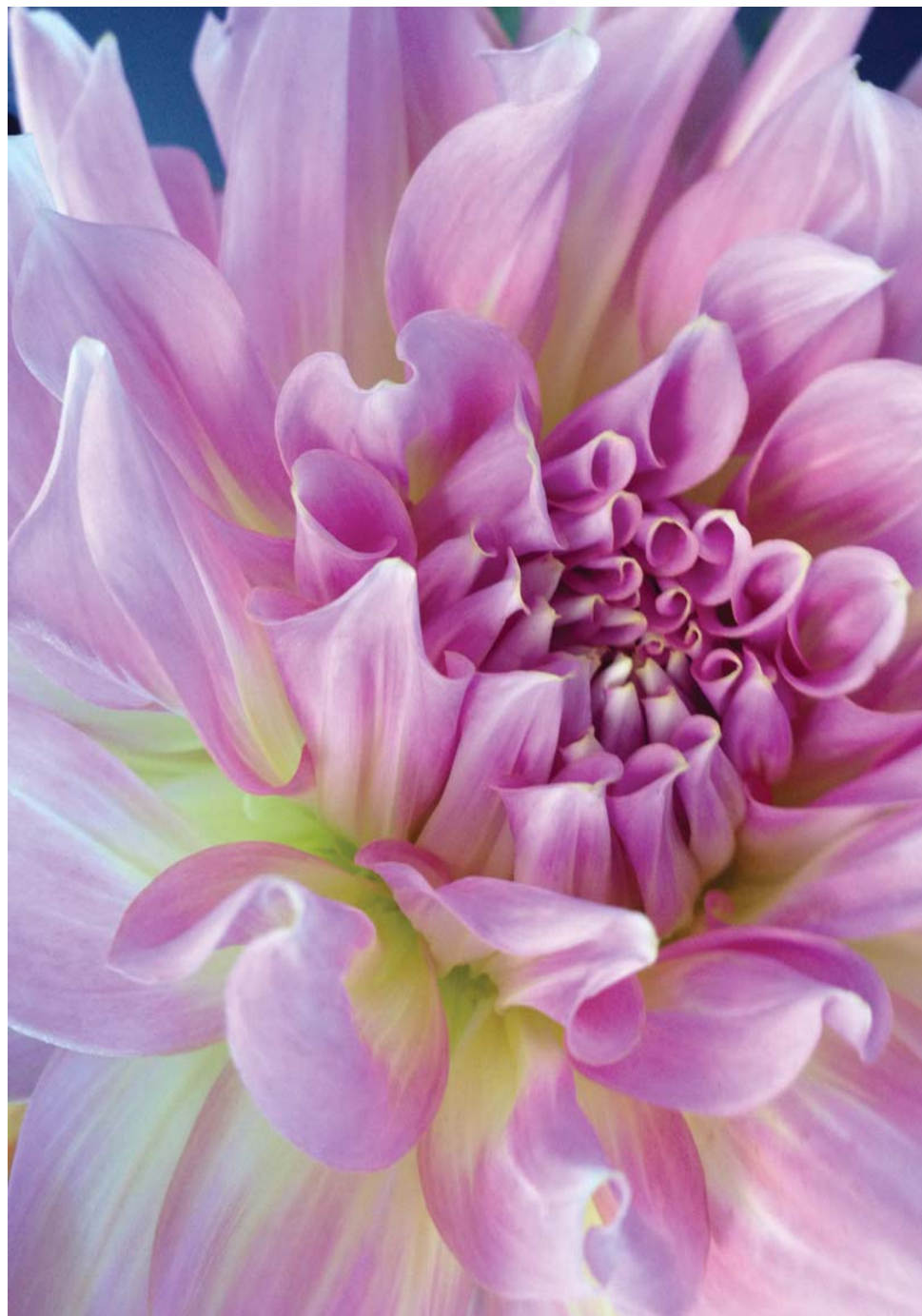
3RD QUARTER 2013

In this issue:

Directory.....	2
<i>Who We Are</i>	
Editor's Letter.....	3
<i>Change: Insubstantial & Substantial</i>	
Motivations from the President.....	4
<i>Wholeness Through Service</i>	
Inspirations.....	5
<i>Flight</i>	
Practitioner Perspective	6
<i>Reflections</i>	
Student Perspective	7
<i>Edith's Story</i>	
Board Corner.....	10
<i>3rd Quarter 2013</i>	
HTI Networking Column	10
<i>Upcoming Conferences</i>	
Heart Centered Marketing	11
<i>Simple Marketing Plan</i>	
2013 Conference - Colorado.....	12
<i>Wholeness Through Service</i>	
2013 Conference - Colorado.....	13
<i>Exhibiting & Sponsorship</i>	
Community Development.....	14
<i>Healing Touch at VA</i>	
Community Development.....	15
<i>Notes From Uganda</i>	
Educational Insights	16
<i>Attachment and Service</i>	
Newly Certified	16
<i>Congratulations!</i>	
Energy Research.....	17
<i>Dispelling Myths and Criticism</i>	
Words of Wisdom	18
<i>Sacred Space</i>	
Professional Development	19
<i>Classes Offered</i>	
Class Schedules.....	20

*Spreading Healing Light
Worldwide through heart
centered service, education
and professional development*

Wholeness through Service: Expanding Our Vision Part 3 - Non-Attachment



"You are the sky. Everything else - it's just the weather.

- Pema Chödrön

HEALING TOUCH INTERNATIONAL, INC.
445 UNION BLVD., SUITE 105
LAKEWOOD, CO 80228
303-989-7982 FAX: 303-980-8683
OFFICE HOURS (MOUNTAIN TIME)
8:30 AM - 4:30 PM MON. - FRI.
WWW.HEALINGTOUCHINTERNATIONAL.ORG

STAFF

Executive Director / Integrative Healthcare / Editor
Lisa Anselme
Director@HealingTouchInternational.org
Office Administration / Certification / Graphics
Kassi Anderson
Certification@HealingTouchInternational.org
Office Administration / Membership
Cathy Nunemaker
Membership@HealingTouchInternational.org
Office Administration / Education
Carrie Niewenhous
Education@HealingTouchInternational.org
Research Director
Joel Anderson
intentionshealing@gmail.com

BOARD OF DIRECTORS

President	Mary O'Neill oneillmary@yahoo.com
Vice President	Evie Caprel evie@livewellhealing.com
Secretary	Denise DeForest Pastoor ddpastoor@gmail.com
Director	Joel Anderson intentionshealing@gmail.com
Director	Mary-Cathrine Campbell mc_campbell@sympatico.ca
Director	Kimberly Gray mysticangelhood@earthlink.net
Director	Rauni Prittinen King rking487@aol.com

BECOME A MEMBER NOW

call us at 303-989-7982 or visit us at
www.HealingTouchInternational.org

This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to HTIhosp@aol.com ... Thanks!
© by Healing Touch International, Inc. All rights reserved. No reproduction or other use without the permission of HTI, Inc.



HEALING TOUCH INTERNATIONAL, INC.

*Spreading Healing, Light and Love,
Creating Wholeness on Earth
through heart-centered service, education
and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered energy healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by HTI Certified Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch was created as a certificate program by Janet Mentgen RN, through the American Holistic Nurses Association (AHNA) in 1989. It became the HTI Healing Touch Certificate Program in 1996 and continues with the original standardized curriculum. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingTouchInternational.org.

Click on Education for class information.

HTI Healing Touch Certification

HTI Healing Touch Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to HTI in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the HTI Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Touch International Non-profit Membership Organization

Healing Touch International (HTI) is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996, dedicated to spreading healing worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, students, practitioners, instructors and those interested in healing.

HTI Core Values

- Integrity
- Heart Centeredness
- Respect of Self and Others
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

HTI Perspectives in Healing, the official publication, is published quarterly.

Cover Art and Inspiration Art: Cat Miller

Eagle Photo by Jerry Anselme , Lotus Photo by Lisa Anselme



Letter from the Editor

Expanding Our Vision -

The Change of Insubstantial and Substantial

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, HTI Executive Director

*"The hsin (mind) mobilizes the ch'i (breath).
Make the ch'i sink calmly; then it gathers and permeates the bones.
The ch'i mobilizes the body.
Make it move smoothly, then it follows the hsin.
The I (mind) and ch'i must change agilely,
then there is an excellence of roundness and smoothness.
This is called "the change of insubstantial and substantial."*

~ Wu Yu-hsiang (1812-1880)

Expanding our vision implies that we are willing to be open to ride the breath of change. From the moment of birth when we take our first breath on our own, our life is filled by a series of events and adventures that reflect continuous change. Our bodies change, our thoughts and beliefs change, our external environments and life circumstances change, our hopes and dreams change, our cohort groups change; we grow up, we graduate, we may marry, we may divorce, we change careers, we have children, we grow older, we may have health challenges, and then our children continue this process of change, and it continues on and on. Some of these changes are perceived as positive and joyful, whereas others may be perceived as a loss and negative. Whether positive or negative, any change creates a degree of stress in our lives; a small amount of stress is often the impetus to take the initiative and pursue our goals and dreams. A higher level of stress and change may cause us to reach a threshold where any change becomes very unwelcome and fear provoking. Rather than good or bad, change truly exists along a continuum of experience that has gradations of positive and negative. For example, sometimes the loss of a job can be initially seen as negative, until a different opportunity for employment presents itself in a company that turns out to be an excellent match. Our ability to retain perspective can be influenced by our role models and our own temperament, and our previous experience with change and ability to successfully cope with these transitions.

Despite the inevitability of change, we attempt to contain it or avoid it by holding to routines, rituals, circumstances, groups, ideas, familiar environments....in other words, we attempt to manage and master change. In doing so, we develop attachment to people, ideas and things in order to remain constant and in our comfort zones. As we breathe in and experience life, our instinct may

be to hold the breath (ch'i) in an attempt to savor the perceived positive moments, make time stand still and avert change. We do this because we are enjoying a delicious aspect of life and we truly don't wish to move onward. We may also attempt to hold the breath as a means of preventing change that is perceived as negative. In either case, we literally begin to tighten the breath and thus tighten the ch'i. Despite our beliefs to the contrary, however, change is inevitable and it will occur whether or not we participate in its unfoldment.

"The I (mind) and ch'i (breath) must change agilely, then there is an excellence of roundness and smoothness." Like an eagle riding the currents of the wind or a surfer riding the crests of a wave, flowing with the opportunity



and current, breathing with it in order that we have the strength and alignment to make the necessary adjustments of pitch, altitude and speed, we begin to ride change and have "excellence of roundness and smoothness". The minute we begin to observe that we are holding or tightening our breath and battling change, then we can take the opportunity to breathe deeply, and consider that we can't know that the perceived change will be negative or positive. Indeed, it could turn out to be exactly the means to what we have always held in our heart's greatest desire - that of true happiness. At the very least, it could be the stepping stone to such freedom. And if not, then it too shall pass and we will have the opportunity to create anew.



Motivations from the President

Wholeness Through Service: Expanding Our Vision

by Mary O'Neill RN, CHTP/I, HTI President

"All our dreams can come true, If we have the courage to pursue them."

Walt Disney

Walt Disney was the personification of the American Dream. He was one of five children born into a poor family in Chicago, Illinois in 1901. As a child, Walt was always drawing, doodling on anything he could get his hands on, his school assignments, pieces of scrap paper, notebooks, even his class presentations were accompanied by chalk drawings on the black board. He sold some drawings to help his family make ends meet. When World War 1 broke out Walt was too young, at age 16, to enlist but he drove an ambulance for the Red Cross. All the other ambulances had the appropriate lettering. Walt's were covered in cartoon characters that he painted himself.

Following the war, he continued with his drawings, developing his skills and vision for entertaining people. Charlie Chaplin was a strong role model for his characters. He did some Chaplin impersonations to amuse people but was most drawn to the character's qualities of simplicity, honesty and humility. These eventually were the character traits of a little mouse that was created on a legal pad on a train trip from New York to California. Mickey Mouse was to become the firm foundation of the future Disney Empire. Walt's vision of providing entertainment, especially for families to enjoy together, was developed one step at a time. He didn't have the entire vision laid out for him. It expanded and grew due to his diligence and attention to the dream. The other important quality is courage. For many years this dream was beset with problems. It was never easy, funding for his projects was always a challenge. Once he went into bankruptcy unable to meet the obligations of the financial challenges. His home, own finances and even his personal insurance policy were put forward as collateral for his projects. But with courage, he never gave up on the dream. The word courage means "with heart". His dream and vision was always in his heart. His objectives were for the greater good. He once stated that his primary goal in creating family theme parks were to allow families time together, not to make money. He recalled that as a child, he and his sister stood outside an amusement park in Chicago watching others enter but they didn't have money to go in. He stated then that he would create a family park where people could afford to go. Disneyland opened in California in 1955. Admission fee was one dollar.

As we look forward to expanding our vision of Healing Touch into the world of 2013 and beyond, many of the qualities and character traits Walt Disney possessed can assist us in moving our dream and vision forward.

1. Practice your craft. Find ways to strengthen and develop yourself as a healer.

In Healing Touch classes, we encourage you to use your new healing techniques at every opportunity. Janet stated, "Practice your technique one hundred times before you change anything."

2. Be true to yourself. Know who you are and what ethical qualities you stand for. Be true to these. Always hold to the highest standards, it will serve you well. Once a trust has been broken, it is very hard to regain it. Be honest, caring and compassionate not just when offering Healing Touch but in all your actions with everyone, every time, in every way.

3. Keep your vision before your eyes. Life presents many opportunities to distract us from our work, and ultimate vision of our goal. Attend to the items as they come but always with how this will move your vision forward. Many small steps are necessary to prepare you to make the giant leap.

4. Take inspiration from others who have achieved a dream. We have a rich history and resource of people who have walked before us and offer inspiration on achieving our goals and expanding our work. Make use of them, read their stories and look for the bread crumbs they left on the trail.

5. Commitment, courage and consistency. These virtues will keep us on the path toward our goals. We already possess these, we just need to bring them to awareness and be ready to activate them at a higher vibration.

This year has been a time of deep reflection for Healing Touch International Board of Directors. During two Board retreats this year, we have looked at our rich history, honored the past, noted where we need to improve and laid a path forward for the organization to provide clarity, vision and growth. Our future is bright, filled with unlimited possibilities for the expansive

continued on page 7

Inspirations

*“When you come to the edge of all the light you know,
and are about to step off into the darkness of the unknown,
faith is knowing one of two things will happen:
There will be something solid to stand on,
or you will be taught how to fly.”*

— Patrick Overton



Practitioner Perspective

Reflections

by Mary-Cathrine Campbell RN, CHTP, HTI Board of Directors



As I have thought about the theme of this year's conference, I felt that before we are able to give to others in service we must have embraced and embarked upon our own journey of personal healing. This healing encompasses both mental and physical discipline, which in turn, forms the fertile ground necessary for the creativity of the soul to flourish in its work of service to others.

For me, healing is an ongoing process. As one area of my being bursts forth in radiance, another part is brought forth from the shadow to begin its work. Janet Mentgen's admonition to "Just do the work" resonates on many levels for me. When I was in the process of certification, it was to keep nibbling away at all the various requirements...treatments, readings, modality experiences, until all were finalized and submitted. While this was happening, I continued my personal healing journey of self-care. Having completed my certification, part of the work now is to pass it along to others through service.

Components of personal healing are defined for me, in part, by the three A's utilized by 12 Step programmes. The three A's are: Awareness, Acceptance and Action. Until I am aware of an issue or problem, I cannot move forward to resolve it. Reflection of attitudes towards myself and others is a helpful starting place. Do I always live by the Golden Rule, or am I tempted to bend it to suit my own wishes? Do I nurture myself physically, intellectually, emotionally and spiritually each day? If not, why not?

Examining these aspects of our self-care may lead to developing new strategies, such as setting aside a few minutes each day to spend in prayer and meditation (spiritual); learning a new skill or considering a new point of view (intellectual); taking time to nourish our physical body (nutrition), and allowing moments to rest and refresh ourselves (rest, relaxation and play). Connecting with others, whether family or friends keeps the emotional aspect of our beings healthy.

Often I have had opportunities for service, arise seemingly, out of the blue. Such was the case when I saw an advertisement in a nursing journal to volunteer a year with the Jesuit Volunteer Corps in Alaska. Nurses who became part of the KNOM project in Nome, donated their salary to support the radio station. I kept a journal of that year's experience, and although there were challenges, by the time I returned home, I knew that this had been a very powerful and formative

period in my life journey. I came to realize that although I appreciate and enjoy the finer things of life, I do not need a lot of money to have a rich and meaningful life. What I do need are people: family, friends and organizations whose energies bring depth and beauty to my daily existence.

Along the way, other opportunities arose for personal growth and service. I had become a sad and sorry soul when I entered the doors of Al-Anon. The 12 Steps, Traditions and Concepts of service have led me to the awareness and acceptance that much of my "suffering" was self-inflicted, and that I could actually be happy... if I chose to change. Working these steps, traditions and concepts of service, calls up the shadowy side of our personalities. Support from other group members who are also working to become better human beings, encourages our progress to take responsibility for ourselves, physically, emotionally, intellectually and spiritually.

As I started to heal and feel less sorry for myself, I was encouraged to become involved in service. That could be something as simple as helping to set out chairs for a meeting. Soon I was ready to make commitments, as a representative for our group in the regional council, and from there have had other experiences of helping others. One of the sayings popular in 12 Step programs is: "When I got busy (in service), I got better".

With this experience, it became clear to me that once my certification in HTI was completed, I needed to spread my wings and become involved in service with this organization. But how??? As I completed my daily prayer and meditation, I asked the Universe for direction, stating that I wished to be "of service". Personally, I figured some need in the GTA (Greater Toronto Area) would manifest and I would be on my way. Instead, an opportunity arose when the International representative on the Board of Directors contacted me to ask if I would consider fulfilling the remainder of her term of office... she was unable to fulfill the responsibilities for personal reasons and thought I might be suitable. So here I am...learning each day, and loving the contact with the other Board members.

So....how is life with you? Are you happy and satisfied, or is there a small niggling voice in your being that suggests something missing? I would like to suggest that you consider becoming

continued on page 7

Continued Articles

Practitioner Perspective

more active in service with HTI. It is work unpaid in monetary funds, but rich in rewards of being heart-connected to others. It doesn't have to be complicated or a long-time commitment. Perhaps helping with a Level 1 class, or become part of a practice group. Offer free treatments to folks in palliative care, women's shelters or homeless outreach programs. If there are none of these programs in your area, consider starting one. You'll be happy you got involved, spreading the light of HTI.

Motivations cont from page 4 ...

development of Healing Touch. We are on the cusp of exciting change, expanding our vision to more than we could have imagined. We are ready to make the leap. The dream is becoming reality. As Walt Disney said, "If you can dream it, you can do it."

It's time.....



**Follow us on
Facebook, Twitter, LinkedIn**



Student Perspective

Edith's Story

by Don Horton HTI-P

Edith, 73, a long time member of our church, was in the hospital recovering from kidney surgery. At her request I performed post-surgical Healing Touch with her in the hospital. HT was uneventful: Intention setting, Magnetic Clearing, Chakra Connection. She relaxed and was quickly asleep. She was discharged the next day, on schedule. It was about a month later when she was strong enough to return to church. The first thing she said upon seeing me was, "We need to have coffee."

Days turned into weeks and weeks into months before that happened; life got in the way for both of us. When we finally met, it was for breakfast at a neighborhood café. She hobbled through the door on the arm of her husband and shuffled to a booth.

"Bet you want to know why I wanted to meet?" she said. Her eyes were sparkling and she seemed almost giddy.

"I do indeed."

"The day after you did Healing Touch on me I went home and it was not good. I was in awful pain and restless. I could not get comfortable enough to sleep. That's when I remembered the calming effect of your presence in the hospital the day before. I was so out of it in the hospital I don't know if you were there for five minutes or two hours; all I remembered was the calm I felt while you were there. Lying in bed at home, I decided to conjure you up and that's what I did. I conjured up your presence and the pain went away, I relaxed and fell asleep and slept for four and a half hours. That was the turning point for me in my recovery."

I was stunned to hear Edith's story, to say the least. This was all new for me. As my composure returned I smiled and said, "Well, Edith, I thought I was being conjured," and we laughed. Then I gave her my standard response when someone says HT helped, "Sometimes it happens that way." Before we left I recommended she read *The Magus of Strovolos* to find out more about HT writ large. I know she will.

I writing this in order that others might be served by Edith's and my experience. Blessings. The journey continues.

PAID ADVERTISING

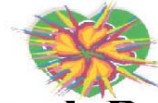
~ Advertise your business in the next Perspectives in Healing ~
Ads offered in all sizes ~ Pricing as low as \$50 per issue
Contact the HTI office at 303-989-7982

~ Kinetic Hands ~
Keeping The World In Balance, LLC

A HIPAA Certified Healing Touch Electronic Medical Record
Schedule Your Clients
Register Client Information
Complete Documentation of HT Session
Bill and Keep Track of Payments
Document Education Progress

Founder: Laurie Straw CHTP, FNP-C
www.kinetchands.com
laurie@kinetchands.com

HTI Conference 2013



Workshop Presenters

Healing Touch Buddies, Inc.

A Non-Profit Organization Providing Energy Therapy
for Care and Comfort to People with Breast Cancer

Betty Ann Baker, Co-Founder and Executive Director
13901 US Hwy 1, Suite 10, Juno Beach, FL 33408
Tel 561-741-1671 Email: htbuddiesinc@cs.com
Website: <http://www.healingtouchbuddies.org>

Need CNEs / Contact Hours ?

Desire a Magical, Meaningful
Experience Getting Them?



**Lotus Flower Forgiveness
& Manifesting Retreat**
(30 CNEs / CEs)

Sacred Partnership Workshop:
Tools to Integrate
Body • Mind • Spirit
(12 CNEs / CEs)



2013 Come to
SEDONA – Tucson
Atlanta/Alabama, Minnesota!



www.EllieDrew.com



Healing Touch Trip to South Africa April 23 - May 7, 2014

Come and take Healing Touch Level 4 or Level 5 in the Kalahari Region of South Africa in the midst of The Khomani San, Bushman community and Kagalagadi Transfrontier Wild Game Park. Or come along for this immersion into Indigenous culture as well as the delights of the glorious and diverse Cape Town and peninsula at the tip of the African continent.

Look for flyer at the HTI Conference!
Inquiries to: Mary Frost, RN, CHTP/I
Tothealt@aol.com

Mary J. Frost, RN, BSN, MS
Certified Holistic Nurse,
Certified Healing Touch Practitioner & Instructor

Paid Advertising

HEALERS WANTED



MISSION STATEMENT

We need your help! We are starting a movement to create more love and healing in the world – a world-wide chain of spiritually oriented healing spas, organic salons and yoga centers following the “Pay-It-Forward” philosophy of Tom's Shoes. Our first location opens in Southern CA in Sept. We are looking for Certified Healing Touch practitioners who are also hair stylists or yoga instructors or massage therapists.

Pay It Forward with LOVE. Love, joy, wonder, inspiration and gratitude fill our hearts as we focus on loving and serving others. Hand-in-hand with you (our family of clients), we pay-forward our love by giving 50% of our profit to organizations driving meaningful change – such as feeding children, empowering women and helping heal Mother Earth. Much of the remaining 50% is used to expand to new locations so that even more paying-it-forward can occur around the world. We welcome you with love and are committed to your experience of relaxation, rejuvenation and healing. Our intention is for you to leave our doors vibrating with peace and love to share with your family and community.

If your heart feels aligned to our vision, let's talk. We enjoy benefits, good pay, growth opportunities and lots of fun.

E-mail your resume and a cover letter to Stephanie@LoveOrganicSpa.com

Paid Advertisement

Board Corner

Strategic Planning Continues

by Mary-Cathrine Campbell RN, CHTP, HTI Board of Directors

Our conference committee is finalizing details for our 17th annual conference. We are excited to be hosting this at our "home base"...Lakewood, Colorado at the Sheraton Denver West, which is in close proximity to the HTI office. Our theme: "Wholeness through Service: Expanding our Vision" has resonated with me since it was announced. For me, one of the most effective vehicles of personal growth has been to be involved in service.

Some of you might ask: "How does one get involved in service?" My experience has been to set the intention: "How may I be of service?" Often, it seems that the Universe hears and answers our requests far better than we could ever dream or expect. Don't worry....service needn't be complicated or a long-term commitment! Something as simple as being a helper for a Level 1 class is a great way to start a journey into service.

How might you be of service to Healing Touch International? Consider volunteering to serve on one of our committees. The positions are term-limited; in addition to discovering skills you may not have realized, you also have a wonderful opportunity to make and deepen friendships within our healing community. If you have a gift in a particular area, such as education, you might consider the Education committee. However, don't be shy about learning something new by joining a completely different committee, such as the Research Committee or Marketing Committee. Being involved in service often brings personal growth in unexpected and wonderful ways.



With the exception of the Executive Director, the Board of Directors are all volunteers. Part of their mandate is to plan ahead, and with this in mind your current Board has spent very productive weekends in March and August envisioning the future. OCome hear all about these great Innovations at the conference! By bringing the concept of service into our daily consciousness we may foster an increased awareness of opportunities to get involved...to be part of something bigger than ourselves. To give of ourselves-physically, emotionally, spiritually, creatively, and compassionately...this is our challenge and our goal.

HTI Networking Column

Healing Touch Networking Column

Healing Touch International is pleased to offer the following column as a means to facilitate networking within your local communities. Healing Touch International, Inc. makes no claims as to the accuracy or content of the various networking groups. It is our expectation that all groups conduct themselves in accordance with the HTI Code of Ethics & Standards of Practice and maintain respect and confidentiality of all networking information.

Community Meetings/Gatherings

The purpose of community meetings is to: build community; educate by relaying information from the international organization outward; promote membership in Healing Touch International, Inc.; encourage attendance at the international annual conference, thus affording global networking for students, practitioners and instructors.

Affiliate Organizations: National & International Conferences

HTI's 17th Annual Energy Healing Conference Instructor Meeting

Date: October 3-6, 2013

Location: Lakewood (Denver), Colorado - Sheraton Denver West Hotel

Theme: Wholeness through Service: Expanding our Vision

Presenters: Leanne Kaiser Carlson, Mimi Guarneri, Jill Chambers, Michael Peterson, Christine Stevens, Chuck & Catherine Tegeler, Kathleen Adams, Brian Luke Seaward and more!

Contact: For additional information please visit:
www.HealingTouchInternational.org

Australasian Gathering 2013

Date: October 18-20, 2013

Location: Akaroa, New Zealand

Theme: The Heart of Community - Holding the Light

Presenters: Annis Parker, Lisa Anselme, Wendy Risdon, Jane Carter, Donna Steel, Kitty Kingsbury, Sam MSorley, Marianne Vertelli

Contact: For additional information please visit:
www.healingtouchnz.com

Heart Centered Marketing

Simple Marketing Plan

by Evie M. Caprel, BA, CHTP, FT, WC, Vice-President, Healing Touch International



HTI Marketing Update

HTI's social media presence and participation continues to move upward! We are so close to 2,000 'likes' on Facebook! You have to join Facebook and then search for Healing Touch International. Or, if you are already on Facebook, go to the Healing Touch International Page and send an invite to your friends, colleagues, clients, associates, etc. to 'like' Healing Touch International! HTI is on LinkedIn too. Are you? Many nurses and health professionals are on LinkedIn. It's easy, and a great way to connect with professionals. Go to LinkedIn.com and join our group.

Sponsorships

Do you know a person or company that would like to support HTI's vision and mission? It's a great way for companies to reach our 1200+ HTI members who are all health professionals. Since we are a non-profit 501 (c) 6 professional association, companies or individuals can designate where they would like the funds to go. Do you have someone in mind, but don't feel comfortable contacting them? Let us know and we'll do it for you! Contact Evie at evie@livewellhealing.com.

Business Tip of the Quarter

Many of you live in areas that have a community center or a park district which offers programs, classes and seminars. Have you ever thought about offering an Introduction to Healing Touch class? Contact the Education Coordinator, but first have an idea of what you'll present. Remember, the Education Coordinator will want to know how it's going to benefit attendees.

Here are some ideas:

- Benefits: You'll teach people about selfcare, and the basic principles of Healing Touch, a nurturing energy therapy
- Participants love being involved, so teach them how to feel energy. Barbara Brennan's book, Hands of Light has some great exercises you can use.
- Have you heard of an Energy Ball? It looks like a ping pong ball with two small metal pieces on it. Touch each piece at the same time, and the ball lights up or makes a sound. Now have the group hold hands. Close the circle with two different people touching the metal pieces. Again it will light up. This is an active visual participants will remember. (Energy Balls are available on the HTI website. Click 'Shop' tab.)
- Teach the self-chakra connection, and a simple meditation technique.

- If you have a slide presentation, include one on Healing Touch International. This adds even more credibility to your talk!
- Remember to have your business cards, and offer one free ½ hour session to attendees good for the next two weeks. You can even write that on your business card.
- Capture all names & emails for your data base!
- Have fun!

An Easy Way to Promote Your Business

If you're not quite ready to give a presentation on Healing Touch, maybe you'd like to write an article about your experiences, challenges, or solutions! Submit your article to PIH for approval. Once it appears in PIH, you can copy and send to current and potential clients. Or scan and send in an email. Use past editions of PIH for format and content guidelines, or email Evie – evie@livewellhealing.com.

Thank you HTI Members!

I'd like to take a moment to thank all of our dedicated HTI Members!! Our organization is thriving because of your commitment to Healing Touch.

Do you know someone who would like to learn more about HTI, classes, or professional development? Tell them about HTI, and what your membership has done for you! As a non-profit Association, our mission is one of service. Reach out and connect with your friends, colleagues & patients so they can also be part of 'something bigger'. Thank you for helping HTI grow so we can reach even more people around the globe!

HTI Marketing Committee Members

A special thanks to HTI Marketing Committee members! We have been meeting to discuss avenues to 'get the word out' about HTI. You'll start seeing their efforts soon. And if one of them comes up to you at Conference and asks for a few words about Healing Touch or HTI to take a quick video, please say yes, and have fun!

Please join me in thanking this fantastic team: Julie Brown-Price, MA, CHTP, Cary Hobbs, HTI-PA; Betz McKeown, CHTP; Christine Stewart, RN, BSN, CCRN. Live well, Evie



HEALING TOUCH INTERNATIONAL, INC.

presents

Wholeness Through Service, Expanding Our Vision

17th Annual Energy Healing Conference

October 3-6, 2013 * Sheraton Denver West Hotel * Lakewood, CO, USA



Leanne Kaiser Carlson

Health futurist helping organizations and individuals consciously evolve. Works with organizations to create strategy, teaches and writes, serves as a hospital trustee, and leads initiatives at the Kaiser Institute and Two Worlds Wisdom School.

Dynamic Keynote Speakers & Workshops



Dr. Mimi Guarneri

Board-certified in cardiology, internal medicine, nuclear medicine & holistic medicine. Dr. Mimi is Senior Consultant in Integrative Medicine and the founder of the Scripps Center for Integrative Medicine. She is an award winning author and was honored as the ARCS scientist of the year.



Colonel (R) Jill Chambers

Jill's focus is on wounded warrior issues, specifically in the areas of Post Traumatic Stress and Traumatic Brain Injury. She is founder of This Able Vet, & joins a prestigious group of women such as Madeline Albright, Sandra Day O'Connor, and Barbara Walters who are the innovators, models and strategists of justice, conflict resolution, problem solving, and contagious kindness



Michael Peterson

Recipient of the Bob Hope "Spirit Of Hope" award for his service to the U.S. and the servicemen and women of the Armed Forces. Loved for millions for top selling country music, this Grammy and CMA award nominee has moved audiences all over the globe for over a decade.



"Earth Prayers" ~ Artist: Francene Hart



Christine Stevens

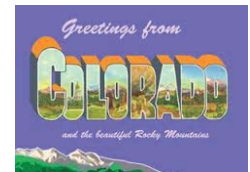
Founder of UpBeat Drum Circles, offering diversity training, teambuilding, and wellness presentations world-wide. Internationally acclaimed speaker, author, music therapist and a leader in the music and wellness movement.



Dr. Charles Tegeler

Department of Neurology, Wake Forest University. Dr. Tegeler holds the McKinney-Avant Chair in Neurosonology, serves as Medical Director for the Neuroultrasound Laboratory, and is Head of the Section on Stroke, Cerebrovascular Disease, and Neurosonology.

**For more information call 303-989-7982 or
visit: www.HealingTouchInternational.org**



Call for Exhibitors

Healing Touch International

17th Annual Energy Healing Conference & Instructor Meeting

October 3 - 6, 2013

Preconference October 2 - 3, 2013

Sheraton Denver West Hotel

Lakewood, Colorado

Download Exhibitor Prospectus and Application at:
www.HealingTouchInternational.org

2013 Conference Sponsorship Opportunities

Sponsorship opportunities for HTI's annual conference are now available and can be tailored to meet your needs. Individual Grants of any value are also available and greatly appreciated. For a complete sponsorship package please visit the website at: www.HealingTouchInternational.org
Please contact the HTI office for individual opportunities not listed.

Gold, Silver, Bronze Sponsorships are available along with the following additional opportunities

- Literature/Product Sample in Registration Packet
- International Scholarship Sponsor
- Entertainment
- Refreshment Break
- Conference Proceedings Booklet Back Cover
- Keynote Speaker
- Saturday Banquet

All Sponsorships Include the Following Benefits

- Enhance your visibility and name recognition with health care professionals
- Recognition on signage at the conference
- Company name and website in official 2013 conference proceedings booklet
- Listing as conference sponsor on the HTI website – Average 12,000 unique hits/mo
- Exposure to 400+ attendees and 11,000+ students, members & practitioners (ezines)
- Acknowledgement in HTI Perspectives in Healing Quarterly Publication
- Visibility and name recognition throughout the Healing Touch community
- Establishment of your organization as a proponent of holistic and integrative care
- Enhanced exposure of your products, services or organization

Community Development

Healing Touch At VA in Greater Los Angeles Healthcare System

by Terri Telligman RN-BC, BSN, HNB-BC and Terry Goldwater RN

We are Holistic Registered Nurses that work at the VA Sepulveda Ambulatory Care Center part of the VA Greater Los Angeles Healthcare System (VAGLAHS). VAGLAHS has provided Healing Touch training for the nurses. We have currently completed level 4, and are planning to take Level 5 in 2014.

In 2011 we were fortunate to be included in the planning and implementation of a new program that consists of a multidisciplinary team of nurses and psychologists. The program is called "Introduction to Meditation and Relaxation" and is a 4 week program, where patients attend one class a week and learn and practice different forms of meditation, including Progressive Muscle Relaxation, Guided Imagery, Mindfulness Meditation, and Meditative Movement, an introduction to yoga practice. We take the opportunity to provide 7-10 minute Healing Touch sessions on each patient while they practice Guided Imagery. We start each individual session by centering and attuning, and then we perform a hand scan over the body. Depending on our assessment, we perform various Healing Touch techniques from the HT trainings up to Level 4. This provides an introduction to Healing Touch, and the patients received such benefit, that they began requesting more Healing Touch.

In the spring of 2012 we won the National Innovation Award for this program and were awarded money to pay for half of our salaries, so that we could expand the program. We, along with Dr. Duman, a psychologist, are able to provide on going continuation classes for each type of meditation taught each week, and we also have added two Healing Touch clinics where patients can schedule for 30 minute Healing touch sessions. The clinics are full each week and we are scheduling 1 month ahead of time.

Below we have included some feedback we have received from some of our patients:

"I came back from Afghanistan on May 2012, after 14 months. I had a hard time to integrate with the society and cope with my PTSD. I got to know Terri through Dr. Altman. She recommended Healing Touch therapy. I was skeptical that it could help at all, however I decided to give it a chance. Make a long story short, it was

great. I recovered so fast that it was unbelievable. I hope that other veterans like me try the same method."

Taraneh

California National Guard

OEF 2011-2012



"Healing Touch was beneficial for me in that I was experiencing some pain in my back and the Healing Touch Nurse revealed that it was not a problem with my back, but a problem in my stomach, which indeed it was. The entire staff, nurses and others are very professional and have been instrumental in my healing process. Thank you all."

Alicia

US ARMY Vietnam 75-79

"I would like to thank the VA Sepulveda Ambulatory Care Center for implementing the Healing Touch

(VA) Program. It relaxes my body, calms my mind, and helps to alleviate my anxiety pain. I love it, simply amazing."

Charles

USMC Vietnam 68-69

"My initial thoughts when asked if I was interested in participating in the Healing Touch (VA) Program was negative, religious hocus pocus. I agreed only out of desperation. Going in basically blind I went into a meditative state. At the end of the session I felt more relaxed as I normally do after meditating, the only difference was how light my body felt. It was as if there was less gravity, like I had been transported to the moon."

George

US Air Force

Vietnam 67-69

We want to acknowledge the Patient Center Care Coordinator, Sandy Robertson, who was responsible for providing the Healing Touch trainings for the nursing staff, and gratitude to our supervisor, Fredalin Braden, who was also trained in Healing Touch and has supported us through our training and program development, and also acknowledge Donna Beiter, the director of VA Greater Los Angeles Healthcare System (VAGLAHS), who is a great supporter of Integrative Medicine and Complimentary Therapies.

Community Development

Notes from Uganda

by Linda Hallett RN, CHTP



After many weeks away from Victoria I am finally here in lovely Uganda. It has almost been a week since Adrienne and I arrived at ROTOM (Reach One Touch One Ministries)

Adrienne is a wonderful friend from Wales who began her nursing training with me in 1969. We did

our Orthopaedic training together. She took a leap of faith to come with me. I promised her an amazing experience so fingers crossed she loves it here as much as I do.

The medical centre here in Mukono, outside of Kampala, is now almost complete; the many things that came from Victoria in the container can now come out of storage and be placed where needed.

The other medical centre near Kabale is already functioning in a limited way. We are still in need of medical personnel and guidelines, but slowly all is coming together.

We have been welcomed and cared for so well and it certainly feels like I have come home. The morning sounds of the life here always warms my heart. There have already been some great Jaja (granny) group meetings with lots of dancing and singing and of course hugs. Smiling faces to greet you all day long. Where else can you get that?



One surprise has been the arrival of my son, James. He is now travelling in Africa, soon to be going on to Richard's Bay region of South Africa for Scuba Diving Training. He has been

here just a short while but has settled in so well, He has learnt some Swahili, and other local phrases so that he can communicate well. I still struggle to learn some words. I rely on smiling and great translation from the staff here.

James has really helped with all the heavy lifting and sorting of the equipment. He goes shopping daily into the local market area and then creates a great meal that he cooks on the one burner we have in our little home.



Today he joined Adrienne and I at a gathering of the elderly where they get to meet and share their stories and have a good meal and of course dance and sing their traditional songs.



A humbling time always to hear the stories of their hardships and losses but then the happy part is they are part of such a great project that now really cares about them all. They have more food, health care and fellowship. I get to tell them about how hard the Canadian Grannies are working to raise the funds to send to Uganda.

Last weekend the 6th Vancouver Island Cycle ride of nearly 300 kims over three days raised nearly \$80,000. They were amazed and moved to hear that those who have never met them care enough about them to send money to help them.

I am hoping this message reaches you. My iPad and I do not always get along.

The photos are of one of the Jaja groups (grannies) beautiful faces. One of Adrienne and Zac the medic doing some medical checks. The young girls are called "The Beautiful Girls" and are being funded to go for Higher education such as High school and University. Its a partnership with another organization.

I hope this finds you all well. Blessings from Uganda, Linda



Educational Insights

Attachment and Service

by Barb Schommer RN, MS, CHTP/I



One of the Foundations of Energy, Health, and Healing we learn in Healing Touch is to “maintain an intention for the client’s highest good and release expectations about the outcomes of the sessions” (Level 1 Student Workbook, pg. 26). When we “attach” ourselves to an outcome, we are not in “service” to the other. This is about allowing people (clients, co-workers, friends, family) to do their own self-healing while we hold the space for that healing. It is working from “allow”. It is less about “fixing” a situation and/or a person and more about “allowing” them to unfold in their own journey.

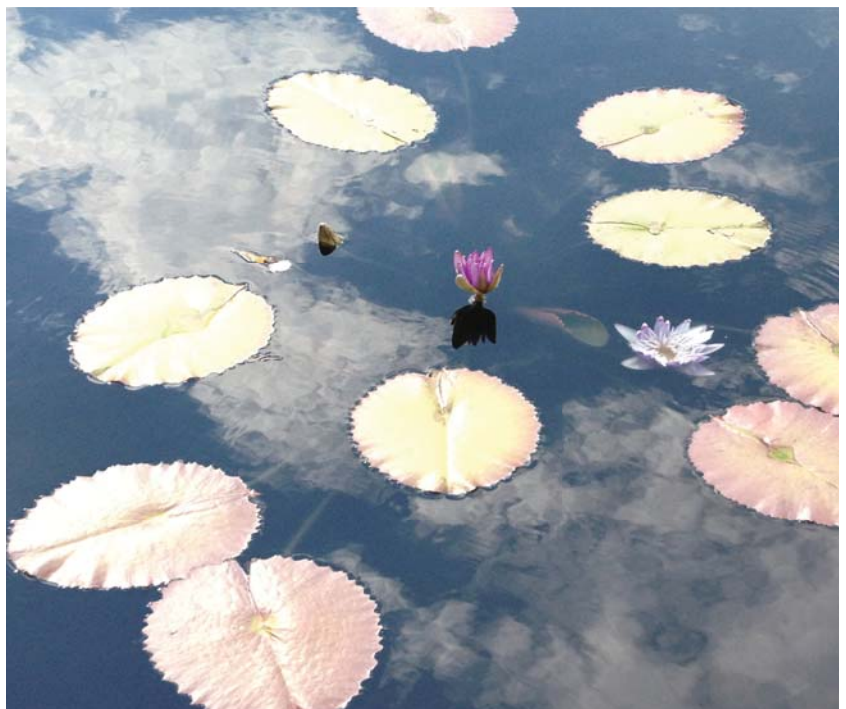
I witnessed this in myself and a friend this week. She is working with a German Shepherd dog breeder to purchase a new puppy. We visited the 3 week old puppies, cuddled them, helped the breeder clip their sharp tiny nails, adjusted their collars because they are growing, and generally enjoyed spending time with these small bundles of light and energy! As our visit was winding down the breeder commented that she had to take a trip out of town on the weekend, related to one of her champion dogs. She has engaged the services of a dog sitter to be with the puppies for the day and evening she is gone. She voiced concern that this dog sitter will not attend properly to her puppies. In our minds, both my friend and I had thoughts about offering to come and assist the dog sitter. We did not express these thoughts to her, and not to each other until we were in the car. As we shared our thoughts

and feelings after leaving the breeder, we had the awareness that this breeder did have choices. She did not have to make the trip out of town. She could ask us for our help. She could find another dog sitter whom she trusted to care for the puppies the same way she does. It would have been very easy for us to “attach” ourselves to an outcome that would satisfy our need to see the puppies cared for. Our learning was that we did not attach ourselves to her dilemma. We did not jump in with offers to “fix”. We allowed her space to work out her possibilities and solutions. Not easy, because we both had emotions about those puppies needing good care in the breeders absence. We wanted to “help”, to jump in and “rescue”!

As practitioners, we have a strong sense of the value of releasing expectations about the outcomes in our sessions with clients. We perhaps have more learning to do in relation to releasing expectations about the outcomes when it comes to family, friends, co-workers, everyday life! If Healing Touch is life changing, then it is life changing in everyday life as well as when we are a practitioner in a Healing Touch session. It means we release expectations about the outcomes in our interactions with everyone, and allow those around us to experience the growth and joy of unfolding into their own being-ness.

~ Congratulations ~
Newly Certified
Instructors

Roberta Brown Brugo - Cos Cob, CT
Sheila Judd - Maple Grove, MN



Energy Research

Dispelling Myths and Criticism Regarding Research

by Joel Anderson, PhD, HTI-P, HTI Board of Directors and Research Director



In my role as Research Director for HTI, I get emails, questions and calls about research in general and research involving Healing Touch specifically. These questions aren't just confined to the role that I serve for HTI, but also come up in my academic research career, given the focus of my research. A lot of the questions revolve around how to respond to criticism against Healing Touch research from so-called "serious" or "real" scientists. Sometimes members of the Healing Touch community become very frustrated because they tell me that they don't have the research background or resources to back up their arguments in support of Healing Touch research. They ask me how I approach it. Here's what I tell them.

First, know the source of the criticism. Is it an article on the internet? This happens a lot, and these days anyone can set up a website and call themselves an expert. Whether it's an internet article or a face-to-face exchange, what is the person's educational background or credentials? Oftentimes, these "serious" or "real" scientists aren't researchers at all. Just because someone is a physician doesn't mean they know a lot about research. The same could be said for science majors. That's not to say that all physicians and science majors know nothing about research. But I know a lot more about research design, methods and data analysis now than I did when I graduated 14 years ago with a Bachelor's degree in biology, despite my laboratory experience. Most often these critics know what they learned in medical school, in their practice or in their large lecture courses, reading journal articles and text books about studies that fit their paradigm of a "gold standard"—the randomized controlled trial (RCT).

The RCT can be a very useful, rigorous tool to answer research questions. It also can be poorly designed or not fit the type of questions being asked. Non-pharmacological therapies, such as Healing Touch, make up a great deal of the published scientific literature, something like a quarter to a third. Are all of those studies invalid or useless because they didn't follow the RCT paradigm? Certainly not. Not every research question can be answered with an RCT. Surgical studies and behavioral therapy studies, such as cognitive behavioral therapy or weight loss regimens, do not lend themselves to an RCT design either, yet there is not always an equal level of criticism.

Second, if it is an article on the internet or something in a magazine, is it published in a peer-reviewed journal? As much as these "experts" would like to think they're having an impact on the direction of research, they're not. Evidence-based practice is a term that gets thrown around a lot these days, particularly in terms of healthcare. Evidence-based clinical practice is based on a hierarchy of published evidence that relies on peer-review, not opinion pieces on a random website. The article or post you read on the internet denouncing the effectiveness of Healing Touch and lambasting a study's design or results in actuality is not adding to the scientific discourse about the efficacy or effectiveness of biofield therapies in general or Healing Touch specifically. These individuals who scream for scientific rigor ignore the same guidelines that are in place to support evidence-based practice.

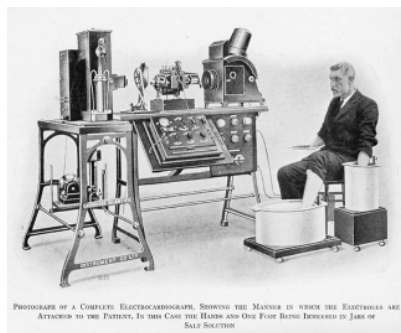
One of my goals when I became Research Director for HTI was to revamp the Research Survey into a more useful tool for the Healing Touch community. I frequently get questions about what research has been done in specific patient populations or in response to particular symptoms. Not everyone has access to the academic research library that I do by working at a university. It is my belief that the Healing Touch community needs an effective, easy to use guide when it comes to research—a document that not only allows them to contribute to the growing evidence base for the clinical application of Healing Touch, but also provides them with a clear state of the science in terms of Healing Touch and biofield therapy research. The

Research Committee and I are in the process of creating such a document. It is hoped that this new document, and additional resources, will help bridge that gap.

Finally, there will always be skeptics. There are still people who believe the Earth is flat, and they have their own flat Earth society. Until we can reliably measure the portions of the biofield that play a role in Healing Touch, some

researchers, scientists and funding agencies will not be won over. However, let's not forget that many of the scientific facts we take for granted now are recent discoveries in the grand scheme of things. As shown in the image, Einthoven's first "sensitive" electrocardiogram,

continued on page 18



PHOTOGRAPH OF A COMPLETE ELECTROCARDIOGRAPH, SHOWING THE MANNER IN WHICH THE ELECTRODES ARE ATTACHED TO THE PATIENT. IN THIS CASE THE HANDS AND ONE FOOT BEING DEPRIVED IN JARS OF SALINE SOLUTION.

Words of Wisdom

Sacred Space

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I



In 1990 Janet Mentgen was teaching Healing Touch through the American Holistic Nurses Association. Much had changed in her life as the program grew. She changed from being a local teacher in the Denver suburbs to one who traveled across the country and an international traveler. For this new role of “traveler” she was given information on creating sacred space. However, for each of us traveling on this path the creation of sacred space in our everyday life is a valuable lesson.

Janet was given that sacred space, “in the outer world, is a place of specialness where one can experience the essence of source. It can be anywhere one chooses it to be, a place where one pauses along their path. It may have calmness, provide a refreshing feeling, have a sacred pool, or a peaceful pond. It may be quiet or have natural sounds if there is a breeze, insects, animals or birds. There may be a fragrance of flowers or grasses in the air. It may be cool or warm, damp or dry. Some people prefer the water, beach, desert, mountain or plain, woods or a meadow. A sanctuary can be found within this sacred space; one simply needs to look around to find it. In the sacred space, an alignment begins to happen as one lets go and begins to attune to the surroundings, allowing the self to get still. The trance begins naturally. The channel opens automatically and alignment begins to take form.

“For the healer, the task is to connect the physical body to source through the emotional and mental planes. This means as one plants the physical body in a sacred healing place, attunes and aligns with the vibration of

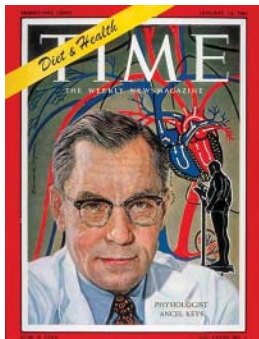
the environment, quiets the mind and relaxes the body, actually holds the body still, this creates an anchor, a base from which one can reach out for source. One must reach through the emotional and mental planes. It is in these planes that the next level of healing must occur by clearing out the emotional and mental garbage that comes in the form of pain, issues, old beliefs, hurts, and wounds. The healer must work to clear these channels. It is not easy work in most cases, for one needs to let go, release attachments. As the clearing happens, more light and vibration can enter the dense physical body. There is lightening of the dense physical body, quickening, release of tension, freedom of movement, release of emotion, clarity of thought, and awareness of light.”¹

A number of places contain the elements of sacred space and include but are not limited to holy sites of churches and temples, natural environments like Uluru in Australia, and retreat centers like the Well of Mercy in North Carolina. This sacred space can also be found in community when healers get together such as conference or in practice groups. *Letting go* of attachments to physical, emotional, and mental distractions and *connecting* to the earth and Source are paradoxical. However, it is within paradox where healing often occurs.

¹ Wardell, DW. (2005). *Healer's path of Janet Mentgen: The early days*. Unpublished manuscript.

Energy Research cont...

which he invented in 1906, has made terrific strides in the past 100 years. Dr. Ancel Keys was featured on the cover of *Time* in 1961, when the role of cholesterol in the body was still under investigation and it was believed that heart attacks were not preventable. The relationship between cardiovascular disease, hypertension, cholesterol and diet was a revolutionary, paradigm-altering idea only decades ago, something that we now take for granted.



With the ever-increasing use and evolution of technology, as well as the accumulation of mountains of data from a myriad of sources, I believe that we are much closer to reliably measuring the biofield and the physiological effects of biofield therapies in ways that will support the evidence-based practice of Healing Touch in clinical settings. Rather than be discouraged by criticism and skepticism, I am excited about the possibilities that new technologies and tools offer us in Healing Touch research. It is my hope and intention that I and the members of the Research Committee can aid the Healing Touch community in being a part of the exciting work ahead.

HTI Professional Development Series and Advanced Practice Offerings

HTI Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Touch International Certification and Renewal. These classes are open to any individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. ***If you wish to bring one of these classes to your area, please contact the coordinator or instructor to learn how this may be accomplished.*** *Please watch the HTI Website for information on how to apply.*

Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living leads to a healthy life.

Contact: Myra Tovey at davidmyra7@msn.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system.
Pre-requisite - The course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing pain

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact any of the following instructors:
Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at
brianlukes@cs.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Beyond Surgery Program-Bridging the Gap

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Program is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at JudyLynneRay@yahoo.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Journaling the Spiritual Journey and Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. Whether you are facilitating others in the healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at AnneDay7@gmail.com
Check the HTI website for scheduled classes
www.HealingTouchInternational.org

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

This listing is updated regularly; check often for classes near you!!

PROFESSIONAL DEVELOPMENT

** for info on these classes, please visit www.healingtouchinternational.org **

Date	Location	Instructor(s)	Contact	Phone	e-mail
Beyond Surgery Training Seminar					
Nov 1-3	Brevard, NC	JL Ray / Nancy Blue	Kathy Blue	828-577-6948	BlueCavu527@aol.com
Energy, Wisdom & Practice					
Oct 19-	Maui, HI	Anne Day	David Schoonover	808-879-4044	healingtouch808@gmail.com
Healing Disruptive Energy Patterns					
Oct 20-	Maui, HI	Anne Day	David Schoonover	808-879-4044	healingtouch808@gmail.com
Heart Centered Living					
Journaling the Healing Journey					
Journaling the Spiritual Journey					

LEVEL 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 3-4	Springfield, VA	closed	Lucrezia Mangione	Inova Hosp	closed
Oct 5-6	Redding, CA	Raine Benham	Debi Simon	530-355-3669	HealingTouchRdg@aol.com
Oct 5-6	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Oct 12-13	San Diego, CA	Suzanne Weeks	Suzanne Weeks	858-538-4963	sweeks@san.rr.com
Oct 12-13	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Oct 12-13	St Louis Park, MN	Jan Halbach	Renay Ingledew	952-457-3844	renay.ingledew@parknicollet.com
Oct 12-13	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 12-13	Lakeville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Oct 19-20	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Oct 19-20	Evansville, IN	Vicki Slater	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 19-20	La Jolla, CA	Trish Wragg	Haley Wragg	1-800-SCRIPPS	healingtouch4wellbeing@gmail.com
Oct 19-20	Hudson, WI	Barb Schommer	Claire Kohout	651-283-9808	cmkenenergy@gmail.com
Oct 19-20	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Oct 19-20	Ann Arbor, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 25-26	Duluth, MN	TBA	Michelle Russell	218-724-3679	holistichealthhealing@gmail.com
Oct 25-26	Morganton, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 25-26	Lakewood, CO	Carrie Niewenhaus	Carrie Niewenhaus	303-210-3906	cgn454@gmail.com
Oct 26-27	Minneapolis, MN	Barb Schommer	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 26-27	Watertown, WI	Penny Hanson	Sheri LaBlanc	920-262-2954	facilitatedhealing@att.net
Oct 26-27	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Oct 26-27	Waukesha, WI	Judy Turner	Polly Schellinger	262-370-3810	Rschellinger@wi.rr.com
Nov 2-3	Coralville, IA	L Hart / M Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Nov 2-3	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 2-3	Baldwin City, KS	Robin Goff	Robin Goff	785-255-4583	info@lightcenter.info
Nov 2-3	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Nov 2-3	Sartell, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Nov 2-3	Harrisonburg, VA	Gina Bondurant	Gina Bondurant	540-433-3421	calendula@ntelos.net
Nov 7-8	Aberdeen, SD	Jeanne Thune	Janene Papendick	605-622-5164	janene.papendick@avera.org
Nov 8-9	Bismarck, ND	Judy Turner	Renee Feist	701-222-0546	drlmfeist@bis.midco.net
Nov 9-10	Colorado Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brendadisparti@yahoo.com
Nov 9-10	Cary, NC	Linda Thomas	Linda Thomas	910-797-7942	healingtouchguide@yahoo.com
Nov 9-10	La Jolla, CA	Liz Fraser	Liz Fraser	800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Nov 9-10	Milbank, SD	Jeanne Thune	Jeanne Thune	605-924-0141	jeannethune@hotmail.com
Nov 9-10	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Nov 9-10	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Nov 14-15	Red Wing, MN	Sarah Stinson	Sarah Stinson	651-267-3506	stinson.sarah@mayo.edu

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 1; cont'd

Date	Location	Instructor(s)	Contact	Phone	e-mail
Nov 16-17	Kansas City, MO	Mary Oberg	Shelly Welch	816-523-9140; ext 111	
Nov 16-17	NYC, NY	David Rabinowitsch	Pacific College of OM	212-982-3456	drabinowitsch@pacificcollege.edu
Nov 16-17	Fennimore, WI	Vicki Marish	Vicki Marish	608-822-6049	energy4healthllc@tds.net
Nov 16-17	Chula Vista, CA	MJ Aswegan / D Cahill	Donna Cahill	619-686-3774	cahill.donna@scrippshealth.org
Nov 16-17	Albuquerque, NM	Lisbeth Carlisle	Lisbeth Carlisle	505-459-7358	lisbethcarlisle@aol.com
Nov 22-23	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Nov 23-24	Metairie, LA	Mary Frost	Mary Frost	228-342-1519	tohealt@aol.com
Dec 7-8	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Dec 7-8	Hyde Park, VT	Ruth Eaton	Ruth Eaton	802-371-9574	reatonchtp@gmail.com

2014

Jan 17-18	Lakewood, CO	Carrie Niewenhous	Carrie Niewenhous	303-210-3906	cgn454@gmail.com
Feb 1-2	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Feb 7-8	Harrisonburg, VA	Gina Bondurant	Gina Bondurant	540-433-3421	calendulas@live.com
Feb 28-Mar 2	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Mar 7-8	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Mar 15-16	Silver Spring, MD	TBA	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Mar 22-23	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Apr 4-5	Harrisonburg, VA	Gina Bondurant	Gina Bondurant	540-433-3421	calendulas@live.com
Apr 5-6	Hyde Park, VT	Ruth Eaton	Ruth Eaton	802-371-9574	reatonchtp@gmail.com
Apr 25-27	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
May 3-4	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Jun 23-24	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com

LEVEL 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 19-20	Kansas City, MO	Jody Hueschen	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 19-20	Omaha, NE	Jeanne Thune	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 19-20	Evansville, IN	Kimberly Gray	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 19-20	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Oct 26-27	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com
Oct 26-27	Greenwich, CT	Jeanne Zuzel	Roberta Brown Brugo	closed	Roberta.BrownBrugo@greenwichhospital.org
Oct 26-27	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Oct 26-27	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Nov 8-9	Minneapolis, MN	Barb Schommer	Kathryn Kerber	612-863-7937	kathryn.kerber@allina.com
Nov 9-10	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsa.com
Nov 9-10	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	Tammy.Dragel@baycare.org
Nov 9-10	Littleton, CO	Ruth Muhr	Ruth Muhr	303-794-4720	ruth1234@q.com
Nov 9-10	Grass Valley, CA	Elizabeth Helms	Sue Berney	530-575-6586	sberneyht1@gmail.com
Nov 9-10	Hyde Park, VT	K Scacciaferro/R Eaton	Ruth Eaton	802-371-9574	reatonchtp@gmail.com
Nov 10-11	Bismarck, ND	Judy Turner	Renee Feist	701-222-0546	drlmfeist@bis.midco.net
Nov 14-15	Red Wing, MN	Barb Schommer	Sarah Stinson	651-267-3506	stinson.sarah@mayo.edu
Nov 15-16	Denville, NJ	Maggi hutchinson	Maggi Hutchinson	973-214-2582	maggihtn@gmail.com
Nov 15-16	Rockford, MI	Jan Tait	Betsy Willey	616-863-8146	o2bawood@msn.com
Nov 16-17	Encinitas, CA	MJ Aswegan / D Cahill	Rebecca Lundgren	760-815-5439	nursebecky@roadrunner.com
Nov 16-17	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Nov 16-17	Brevard, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Nov 19-20	Woodbury, MN	Barb Schommer	Denise Wills	651-326-0025	dmwills@healtheast.org
Nov 23-24	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 23-24	Silver Spring, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Dec 7-8	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Dec 13-14	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 2; cont'd

Date	Location	Instructor(s)	Contact	Phone	e-mail
Dec 14-15	San Diego, CA	Lisa Thompson	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org

2014

Feb 1-2, 2014	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	
Feb 8-9	Silver Spring, MD	TBA	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Feb 28 - Mar 2	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Mar 8-9	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Apr 5-6	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Apr 25-27	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
May 3-4	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
May 31- Jun 1	Harrisonburg, VA	Deborah Larrimore	Gina Bondurant	540-433-3421	calendulas@live.com

LEVEL 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 18-19	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 19-20	Evansville, IN	Bonnie Johnson	Peggy Graul	815-465-1161	pgraul@usi.edu
Oct 19-20	Omaha, NE	Jody Hueschen	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Oct 19-20	Colorado Springs, CO	Judy Turner	Myra Tovey	719-622-0703	davidmyra7@msn.com
Oct 24-26	Red Wing, MN	Jackie Mielke	Sarah Stinson	651-267-3506	Stinson.sarah@mayo.edu
Oct 26-27	La Jolla, CA	Rauni King	Liz Fraser	800-SCRIPPS	fraser.elizabeth@scrippshealth.org
Oct 12-13	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Oct 26-27	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Nov 2-3	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Nov 2-3	Indianapolis, IN	Deborah Larrimore	Kay Morris	317-873-0438	kaymor@att.net
Nov 30-Dec 1	Abita Springs, LA	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Dec 5-6	Springfield, VA	closed	Kathleen Scacciaferro	closed	hhservice@handcraftedhealth.net
Dec 7-8	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Dec 7-8	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgenj1@aol.com

2014

Jan 17-18	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Jan 25-26	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	pgraul@usi.edu
Feb 7-8	St Cloud, MN	Carol Schoenecker	Carol Schoenecker	612-672-6366	schoengeis@earthlink.net

LEVEL 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 25-27	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	MaggiHTNJ@gmail.com
Nov 1-3	St Paul, MN	Carol Schoenecker	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Nov 22-24	San Diego, CA	Rauni King	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org

2014

Mar 20-23	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
-----------	-------------	--------------	-----------	--------------	--------------------------

LEVEL 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 10-13	Cresco, IA	Lisa Anselme	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Oct 10-13	Hamptonville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 24-27	Coralville/Iowa City, IA	Maggi Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Nov 22-24	San Diego, CA	Anne Day	Patricia Pascucci	619-520-8995	ppascucci@rchsd.org
Dec 5-8	Denville, NJ	Deborah Larrimore	HT New Jersey	973-214-2582	maggi@healingtouchNJ.com

2014

Apr 24-27	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
-----------	-------------	--------------	-----------	--------------	--------------------------

Healing Touch Class Schedule - 2013

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

International Classes Level 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 5-6	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Oct 19-20	Prince George, BC	Lisa Hickey	Lisa Hickey	250-964-1936	lisa@bodymindrenewal.ca
Oct 19-20	Fredericton, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Oct 19-20	Stockholm, Sweden	David Rabinowitsch	HT Sweden		kurses@healingtouch.se
Oct 26-27	Collingwood, ON CANADA	A Zaritsky/S Hutchinson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
Nov 16-17	Vancouver, BC CANADA	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Nov 16-17	Parksville, BC CANADA	Toby Krell	Anji Jones	250-752-3863	innerjoyht@gmail.com
Nov 16-17	Penticton, BC CANADA	Kathleen Smythe	Kathleen Smythe	250-447-6201	inn@sunflowerinnbb.com

2014

Jan 25-26	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	humming4health@hotmail.com
Feb 8-9	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	humming4health@hotmail.com

International Classes Level 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 12-13	Oosterbeek, Netherlands	Wietzke van Oene	Natascha vanden Ban	650826376	curus@healingtouch.nl
Oct 26-27	Nanaimo, BC CANADA	Bev Worbets	Frankie Rose	250-754-3027	apurplerose@shaw.ca
Nov 9-10	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Nov 16-17	Fredericton, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Nov 18-19	Oostkamp, Belgium	Deborah Larrimore	Agnetha Delacauw		info@healingtouchbelgie.be
Dec 14-15	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net

2014

Jan 18-19	Victoria, BC CANADA	Catherine Awai	Catherine Awai	250-597-4312	catherineawai@gmail.com
Mar 15-16	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
Apr 12-13	Dieppe, NB French	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com

International Classes Level 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Nov 2-3	Comox, BC CANADA	Bev Worbets	Bav Worbets	250-339-7452	bevworbets@shaw.ca
Nov 2-3	Haarlem, Netherlands	Wietzke van Oene	Natascha vanden Ban	650826376	curus@healingtouch.nl
Nov 29-Dec 01	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com

2014

Feb 8-9	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
May 23-25	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com

International Classes Level 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
Nov 14-17	Oostkamp, Belgium	Deborah Larrimore	Agnetha Delacauw		info@healingtouchbelgie.be

2014

International Classes Level 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
Oct 24-27	Surrey, BC CANADA	Alexandra Jonsson	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net

Healing Touch International, Inc.
445 Union Blvd., Suite 105
Lakewood, CO 80228

VISION

Spread Healing, Light and Love, creating wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Touch International practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch