



Perspectives in Healing

A PUBLICATION OF HEALING BEYOND BORDERS

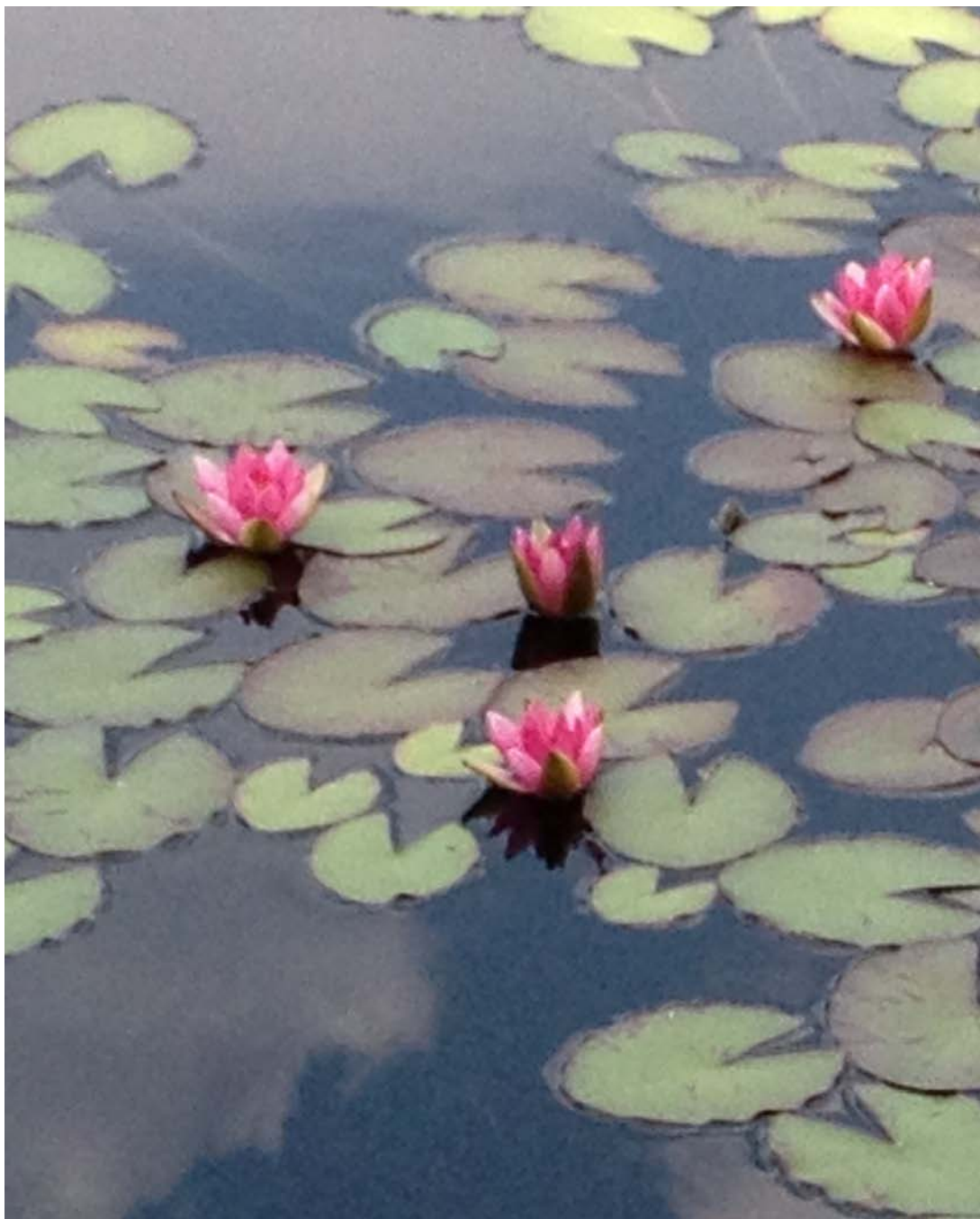
1ST QUARTER 2014

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***Spreading Healing Light through
heart centered service, education
and professional development***

Healing Beyond Borders - Dissolving Limitations to Healing Part 1...Illusion



"Let there be spaces in your togetherness. And let the winds of the heavens dance between you. Love one another but make not a bond of love: Let it rather be a moving sea between the shores of your souls."

~Kahlil Gibran

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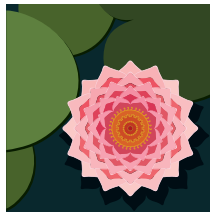
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call us at 303-989-7982 or visit us at
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Healing Beyond Borders

Educating and Certifying the Healing Touch™

*Spreading Healing, Light and Love, Creating Wholeness on Earth
through heart-centered service, education and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered biofield (energy) healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by Healing Beyond Borders Certified Healing Touch Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch grew out of the nursing practice of Janet Mentgen and was developed as a certificate program by the Education Committee of the American Holistic Nurses Association (AHNA) in 1989. In 1996, the AHNA Healing Touch Certificate Program and credentialing was transferred to Healing Touch International and became the HTI Healing Touch Certificate Program; this original standardized curriculum continues today. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingBeyondBorders.org. Click on Education for class information.

Healing Beyond Borders Healing Touch Certification

Healing Beyond Borders Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to Healing Touch International, now dba Healing Beyond Borders, in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the Healing Beyond Borders Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Beyond Borders, Non-profit Membership Organization

Healing Touch International, Inc., now doing business as Healing Beyond Borders, is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996. We are dedicated to spreading healing, light and love worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, Students, Practitioners, Instructors and those interested in healing.

Healing Beyond Borders Core Values

- Integrity
- Heart Centeredness
- Respect of Self and Others
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

Healing Beyond Borders Perspectives in Healing, the official publication, is published quarterly.

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Letter from the Editor

Paradox and the Illusions of Separation and Oneness

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, Executive Director

"Let there be spaces in your togetherness, And let the winds of the heavens dance between you. Love one another but make not a bond of love: Let it rather be a moving sea between the shores of your souls. Fill each other's cup but drink not from one cup. Give one another of your bread but eat not from the same loaf. Sing and dance together and be joyous, but let each one of you be alone, even as the strings of a lute are alone though they quiver with the same music. Give your hearts, but not into each other's keeping. For only the hand of Life can contain your hearts. And stand together, yet not too near together: For the pillars of the temple stand apart, And the oak tree and the cypress grow not in each other's shadow."
~ Kahlil Gibran

I often hear people casually discuss the concept of oneness in new age speak. "I'm one, you're one, we are all one". They sincerely believe that this is truth, until "one" becomes angered and "one's ambitions are thwarted.... Then "you" are something other than "self", and "we" are something other than "one", and now observe while "I" embark upon "your" destruction....."

If the concept of oneness were as easily grasped as it is so easily voiced, then this world would indeed be a place of true compassion, unconditional love, enlightenment and grace. Rather, the emotional body, which is an expression of one's relative "truth" in that very microsecond of time, reigns supreme, flares and flames exquisitely, and actions are governed without consideration to consequences and effects upon future generations, evolution and the good of all or "one".

The truth is that we are constantly riding the fence of "duality" or dual belief systems. Richard Rohr O.F.M., Author, Founder and Director of the Center for Action and Contemplation, explores this duality through the cultural lens of anthropology in a recent series of daily meditations and writings. Essentially, from the time of our early childhood when we first must begin to differentiate ourselves from our parents, we identify the distinction between self and non-self, a necessary developmental task in which the young child begins to develop an ego identity that persists throughout early adulthood. He describes this as a necessary yet terrible lie and misperception of being separate from the rest of the world.

Caroline Myss explores the concept of patterns of behavior of the individual through her work with archetypes. (Myss 2013) She includes shadow sides of each archetype and it is these that I believe are most likely the possible traps that imprison us within a dual nature. She includes twelve archetype families - the Advocate, Artist/Creative, Athlete, Caregiver, Fashionista, Intellectual, Queen/Executive, Rebel, Spiritual Seeker and Visionary.

The Advocate and Caregiver archetypes may have the most relevance for those involved in Healing Touch. Advocates often have a political directive in that they are striving to remedy crisis, help people who are in need and solve the problems of the world. Myss notes that people often join groups in attempts to remediate the challenges and wounds that have incurred within their own lives, and that unless individuals can transcend personal issues for the sake of the group's higher purpose, the pain of the individual will always find ways of expression, often through passive-aggressive behavior that will impede the overall expansion and group mission. She notes that "it's always smart to check whether you are drawn to a cause for its own sake or because you are seeking a witness to your own grief or unfinished business." For the advocate, it is not the wounds but rather the vision and inspiration that will help people.

The Caregiver runs the risk of caring out of guilt, shame, or fear of what others might think rather than compassion, and placing the needs of others over self, such that the caregiver's personal physical, emotional and spiritual stamina is placed at risk. The important issue is that we don't become so identified with an archetype or behavior pattern that we are unable to be truly clear about our authentic self or that which we authentically serve. We are indeed creatures of habit, of history, and of wounded-ness. At the same time, we are capable of great expansion and discernment, provided we delve into our necessary personal work.

Within psychological theory (Maslow, Erikson), the early developmental tasks include trust vs. mistrust and initiative vs. guilt on our road to maturation. (Note the dual nature of these tasks.) Rohr reaches back into ancient times to identify the honor/shame system of duality (we work for honor and show it off and simultaneously deny our shame or shadow self) that is still prevalent within North America and Western Europe. Of course, this shadow self, as previously

continued on page 5



Motivations from the President

Dissolving Limitations: Have You Ever Been Afraid?

by Mary-Cathrine Campbell RN, BA, CHTP, Healing Beyond Borders President

Have you ever been afraid? Most of us have, at one time or another. Sometimes it is a fear of change, or a fear of the unknown. Sometimes it is a very tangible fear brought out by intimidation in speech or actions of others.

In an earlier writing, I shared that I have experienced a fear of change during various times in my life. Although change can be an opportunity for growth, it is often scary because it frequently involves the unknown, which means for me, that I am out of my “comfort” zone. Over the course of this life-journey, I have learned that facing my fears, whether large or small, *always* provides me with positive growth.

Several instances in my formative years gave fear opportunities to come in to my life. In one, an older male cousin would ask me questions that I found embarrassing in front of other members of my family. At the time, I felt he was persecuting me and I became afraid of seeing him. I avoided him. Many decades later, we were able to have a conversation about my childhood perception of his behaviour. Not having any older siblings, I did not know that he was teasing me the way he teased his younger sisters, and thought I would like the “attention”.

As a new graduate, I worked in a small but busy Emergency Department. Most of the first months of my experience there were filled with dread and fear of not being able to respond quickly enough or “well” enough for the cardiac arrests or traumas that frequently presented. (I had forgotten that I did not have the years of experience that many of my co-workers did, and that they too, at one time, were new graduates.) The fear I felt in this situation spurred me on to taking additional courses in emergency, cardiac and neurosurgical nursing. Several wonderful colleagues encouraged and supported me in this endeavour. This experience provided a basis for me to then work for many years in other acute care settings. Knowledge and experience provided tools to combat the fear I had felt in that first job; my self-esteem increased, and the fear eventually disappeared.

Sometimes we experience fear from physical settings. At one point in my life, I was in a relationship that was dangerous for my physical, emotional, financial and spiritual well-being. Many times I was immobilized by fear, not knowing where to turn, or what to do.

Fortunately, several people came into my life at that time....one through work, another through friends, and a third through a professional liaison. Each one of these individuals played an important part in helping me to face this very real fear. Interestingly, none of them ever met each other. However, like my experience with the fear in my first job, I was supported and encouraged by kind, loving individuals until I was able to develop the tools I needed to face and conquer that fear.

Sometimes when I reflect on times I have experienced fear, I realize that the fear is directly proportional to the amount of my powerlessness that I perceive in the situation. In her book, *“A Return to Love”*, Marianne Williamson writes a passage that had been erroneously attributed to the late Nelson Mandela:

*“Our worst fear is not that we are inadequate, our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves: ‘Who am I to be brilliant, gorgeous, talented and fabulous?’ Actually, who are you **not** to be? You are a child of God; your playing small doesn’t serve the world. There is nothing enlightened about shrinking so that other people won’t feel insecure around you. We were born to make manifest the glory of God within us. It is not just in some of us, it is in every one of us, and as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.”*

As I think about this passage, it seems to me that the fear Williamson describes is part of the responsibility each of us must take for our lives. I remember moving out of the family home as a young adult, fearless of life, and thinking that I was “in charge”. In many ways I was, but there was a rather large learning curve involved when it came to realizing that if I wanted to be respected as a mature member of society, then I had to be responsible for myself...physically, emotionally, financially, spiritually and intellectually. That was a rather daunting realization!

Then, there was the ultimate fear...parenthood. Somehow those initial fears of how to look after this tiny newborn subsided briefly during elementary and maybe even middle school, but once the teenage years arrived, fear of the unknown was part of the secrecy that seemed to shroud every interaction with the adolescent.

continued on page 5

Motivations from the President cont...

Yet as I journey forward, I know that each time a situation appears that may involve something “fearful”, I also know that I will be guided, supported and protected by the Divine Source. Although I may think I am walking alone, I am not. Through personal family and connection with this community of healers I am strengthened and encouraged to journey on. The caveat is, of course, to “pay it forward”, and let my light shine as encouragement to others. It is my hope that each of you will be encouraged to do the same.

Letter from the Editor cont...

remarked by Myss, if not addressed through some fairly vigorous personal work, can flare in some of the most remarkably bizarre and inappropriate ways. Rohr notes that dualistic thinking only works if you stay at the level of theory and abstraction, and once we enter the concrete, everything is always a blended mix of opposites – dark *and* light, good *and* bad, health *and* illness, life *and* death. It helps me to think of them as continuums rather than absolutes.

And just as the early child must first differentiate by embracing dualistic thought, the adult then must start to explore non-dualistic thought, at last recognizing that dualistic thought is not adequate to explain the mysteries and complexities of life. Dualistic thought doesn't answer the “big questions”, such as what is the meaning of life, or why is there suffering, or is there a power greater than ourselves out there, is there life after death, and so forth. These are questions that spiritual seekers, healers, leaders and philosophers have considered for ages. These are necessary paradoxes and potentially uncomfortable questions that allow us to sit with the mystery and the “other than self”. These are the gateways that can allow us to move through the dual mind which pervades nearly every aspect of human existence, into the oneness beyond duality and borders, where all possibilities exist.

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Rohr, R. Center for Action and Contemplation - Meditations, <https://cac.org>, 2014.



Healing Beyond Borders

Educating and Certifying the Healing Touch™

We are all very excited with the blossoming and renewed energy the name change has brought to the organization. A few of you had questions regarding using marketing materials with the HTI logo on it – such as brochures, business cards, etc. Please feel free to use up what you have and then order new ones with the Healing Beyond Borders logo. For those ready, the new brochure is currently available through www.healingbeyondborders.org. Click ‘Shop’, or call the office at (303) 989-7982. More to come in 2014!

Thanks,
Evie Caprel, Marketing Committee Chair

A Healing Touch session feels like a nurturing radiance that flows through and around you. Each individual experience is unique and based upon your individual needs.

"I receive Healing Touch to bring in serenity, balance and love. Healing Touch is my monthly infusion of peace."
— Andrea Rietisch, Mother of three

Healing Beyond Borders
Educating and Certifying the Healing Touch™

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relaxing ... calming ... energizing

What is Healing Touch?
Healing Touch is a relaxing nurturing energy therapy. Gentle touch assists in balancing your physical, mental, emotional and spiritual well-being. Healing Touch works with your energy field to support your natural ability to heal. It is safe for all ages and works in harmony with standard medical care.

How can Healing Touch benefit you?

- Calming anxiety/depression
- Decreasing pain
- Strengthening the immune system
- Enhancing recovery from surgery
- Complementing care for neck & back problems
- Deepening spiritual connection
- Supporting cancer care
- Creating a sense of well-being
- Easing acute & chronic conditions

Healing Touch research suggests that there are many benefits. Individual experiences will vary.

Where is Healing Touch Used?
Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices, and spas. Janet Mengler, RN, founded Healing Touch in 1991 as a continuing education program for nurses, other health care professionals and lay persons. Today Healing Touch has spread throughout the world and is taught in universities, medical and nursing schools and other settings internationally.

It is endorsed by the American Holistic Nurses Association since 1995. Practitioners and instructors are certified through Healing Beyond Borders, supported by its research department and expertise in health care integration. Healing Touch continues to grow rapidly, spreading healing light worldwide.

Who are Certified Healing Touch Practitioners?
The Certified Healing Touch Practitioner (CHTP) credential is widely recognized in energy therapy training. Look for the CHTP credential to assure the highest standards. All CHTPs:

- Complete a rigorous training and certification program
- Abide by a professional Code of Ethics and Standards of Practice

"My pain level dropped from unbearable to manageable after just one session."
— Marjorie Cammelito, Chronic pain sufferer

www.HealingBeyondBorders.org

Inspirations - The Turning Point

Chartres Cathedral Labyrinth, Built late 13th century, France

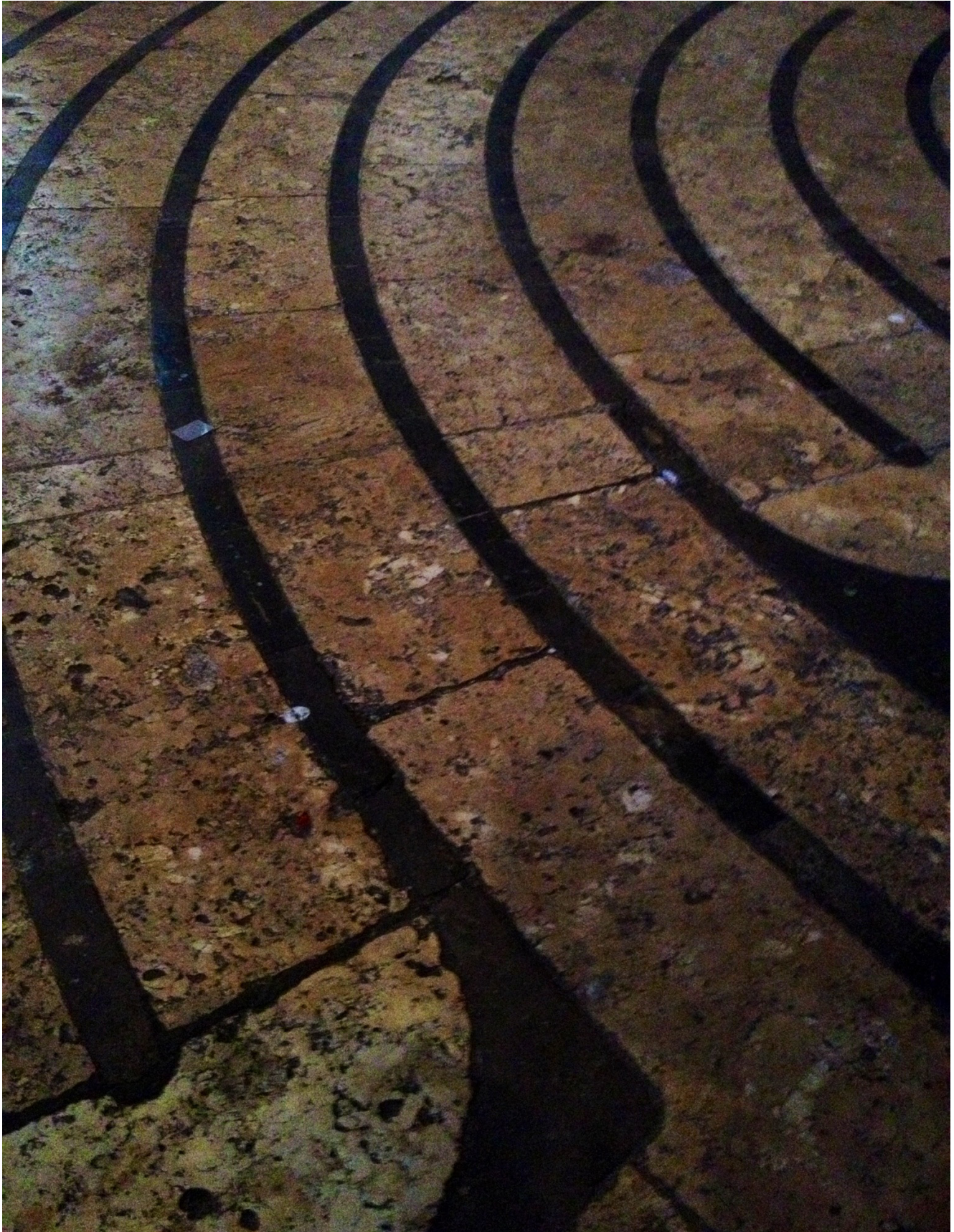


Photo by Joel Anderson



Reflections from the Past President

Dissolving Limitations to Healing: Ourselves, Others, Our Organization

by Mary O'Neill RN, CHTP/I Immediate Past President

"There is a time when every crisis can become transformation; when simply surviving can become thriving. In our lives that time is the turning point. In our lives that time is now."

~ Greg Braden The Turning Point

As we begin this journey towards our 2014 Conference, it is so meaningful to reflect on the words of our keynote speaker, Greg Braden. The possibilities are present when we go through a crisis to flow beyond what society says is a catastrophe and use the circumstance as a springboard to transformation. Many of us can relate to a devastating personal circumstance that brought us to a new level of growth, acceptance, maturity and personal development and even into healing work. Over the years, in my healing practice, I have had clients who have experienced the depths of cancer diagnosis, treatment, recovery and even in approaching their own death say that they would not change a thing because of the transformation they experienced through their journey. Keeping an open heart to see the gift in the crisis is the key. Doing our own healing work around the issue allows for the space for grace to fill us with the resilience to move forward under a burden we thought we couldn't bear. This growth will carry us to new levels we could have never imagined. Then we have the ability to support others in their journey, knowing that each step has provided us with compassion, mercy and awareness of suffering and the Light it brings to our own life and eventually to others.

As healers, we have the unique gift to be present to those who are experiencing this burden and assist them in their own transformation through the Healing Touch we offer. Holding the space and being allowed to walk the journey with them is an honor not to be taken lightly. Offering them time to share their own story, without trying to fix it, is a rare gift in today's society. This can open the door for them to see the richness and opportunity for transformation. We simply create the healing space, be present and hold the energy for their personal experience. We avoid the pitfall of interpreting their experience. The depth and richness will come to them in ways we could never imagine. Trust that they are the best person to unfold their healing experience, dreams and imaginings. We simply offer Light to support their energetic process and refer as needed to professionals.

As a nonprofit organization, Healing Beyond Borders is on the cusp of a dynamic time of transformation. We have experienced challenges over the past several years in a variety of ways. With each new challenge, we have deepened our commitment to our Vision, Mission and Core Values to be a public trust for the ethical, professional work of Healing Touch. As we move forward, we, as an organization founded by Janet Mentgen, will continue to grow, thrive and support our Instructors, Practitioners and Students in their journey toward practicing Healing Touch.

The growth we envision is birthed through the crisis and the challenges presented. We resolve to dissolve the limitations placed on us. We will move "beyond borders" to develop and grow this work given to us so many years ago. We commit to engage a model of Servant Leadership that will ensure the longevity of our organization for generations to come. Servant Leadership is a model that begins with the desire to serve first. Then a conscious choice brings a person to aspire to lead. Do the persons being served become healthier, freer, wiser, independent and autonomous and more likely to become servants themselves? What effect will this have on society or the least privileged?

We will be exploring this model of Servant Leadership at our 18th Annual Energy Healing Conference in September. I invite you to join us for an enriching preconference day of growth and learning.

We are aware that crisis in our personal, professional and organizational life can be difficult. It is never easy, but the transformation that can and will come is phenomenal.

This is the turning point for Healing Beyond Borders and the time is now! We are filled with commitment, dedication and resolve to clear the path to our future. We, as an organization, are grateful for the growth, transformation and clarity presented to us in many new and exciting ways. The train is leaving, hop on board, fasten your seat belts... destination transformation!



Board Corner

1st Quarter Update

by Kimberly Gray RN, HN-BC, LMT, CHTP/I, Director Healing Beyond Borders

On behalf of the Board of Directors of the non-profit professional organization Healing Beyond Borders: Educating and Certifying the Healing Touch™ (HBB), I extend to you an enthusiastic welcome to 2014.

A new year is always an opportunity to reflect on our learning from the past, stay grounded in the present, while planning for the future. The year 2013 held great change for our organization. It was a time of celebration to maintain our roots and foundation of Healing Touch International, Inc. while rebranding and doing business as Healing Beyond Borders: Educating and Certifying the Healing Touch.

During the Board of Directors strategic planning meeting in the Spring of last year, it was evident that it was time to define how Healing Touch International, Inc. could support and exponentially expand the mission, vision and service of spreading healing, love and light worldwide. Our discussion elicited the concept of putting one's "stake in the ground", to claim the commitment and dedication to the growth, support and expansion of the profound service of educating and certifying the Healing Touch™.

Growing up on a produce farm in the Midwest and being visually inclined, I immediately saw the vision of a staked tomato plant (as we grew 10,000 of them annually). One method of protecting the growth and productivity of a tomato plant is to attach it to a stake that is firmly rooted in the ground. The support this stake provides the plant, ensures that it can continue to grow roots more deeply and expand its foliage more widely. The stake is somewhat like a hara-line, deeply rooted in the earth and reaching up toward the Universal field. Ultimately, the support of the stake provides strength and resilience, as well as optimizes the ability of the plant to grow, flourish and bear plentiful "fruit", regardless of any outside forces of nature that may threaten its existence, productivity and vibrancy.

The announcement of the rebranding of Healing Touch International, Inc. to Healing Beyond Borders: Educating and Certifying the Healing Touch in October of 2013, served as the symbolic "putting the stake in the ground" for our organization.

The key priority areas of focus for the Board of Directors, in tending and nurturing the growth of Healing Beyond Borders: Educating and Certifying the Healing Touch continue to be the following:

1. Expand International Presence
2. Education-Global expansion while maintaining integrity
3. Reputation (marketing)-Awareness
4. Infrastructure-Technology/Service-oriented website
6. Financial stability/security-For international growth and service
7. Community (leadership)-Succession planning for our future leaders

Our intention and focus of transcending borders and boundaries, to reach a full expression of our mission, is carried out further through the theme of the **18th Annual Energy Healing conference and Instructors Meeting** to be held at the Cheyenne Mountain Resort in Colorado Springs, CO, on September 3-7, 2014. The theme is "**Healing Beyond Borders: Dissolving Limitations to Healing.**"

The conference will broadly and deeply explore, honor, envision and intend concepts of going beyond our perceived geographical, psychological, and healing, consciousness and relationship borders. The agenda will include setting an alignment with our core values, the planet and its people and creatures, as well as outstanding programming including keynote presenters and pioneers Gregg Braden and Joan Halifax Roshi, as well as others.

Now that Healing Beyond Borders: Educating and Certifying the Healing Touch™ has been firmly planted, with the supportive stake in place, we, the Board of Directors are working diligently, along with our many fellow gardeners, consisting of committees members, instructors, HBB members and students, to tend and protect its integrity, strength, growth and mission expansion.

We look forward to sharing this productive and successful growth experience with you over the coming year and to seeing you at the conference.

Heart Centered Marketing

Marketing Update

by Evie M. Caprel, BA, CHTP, FT, WC, Vice-President, Healing Beyond Borders



March 6, Healing Touch Day

We wish all our members a Happy Healing Touch Day! March 6 was Healing Touch International's/Healing Beyond Border's 18th year anniversary. What did you do to celebrate?

Here are some ideas shared with us to inspire you for next year!

- "My private practice offered special discounts on treatments in honor of Healing Touch Day."
- "Presented at a local high school regarding Healing Touch as a stress management modality."
- "I was at a local nursing school doing a demo."

Thanks to all our members for celebrating your special day!

Business Tip of the Quarter

Marketing is Really about Service

Now that the first quarter of 2014 is just about over, it's time to review your marketing strategy. Don't have a marketing strategy? Not sure what it is? It doesn't take much - but it's important to help you focus your efforts and grow your business either in or out of a clinical setting.

But wait, do you feel like you're selling yourself and that makes you uncomfortable? Well, here's what's true: 'You can be the best healer in your area, but if no one knows how to find you, you cannot be of service.' It's really not about selling yourself. It's about providing a service to those who need you.

Just take a moment to think about 2014 and who you would like to reach. Who needs you? How can you get to them?

Review these easy steps to reach out and connect with those who need you! Here's a quick review of a simple marketing plan:

1. What's your overall goal? Have you heard of BHAGs? (**B**ig **H**airy **A**udacious **G**oals from the book by Jim Collins & Jerry Porras, Built to Last: Successful Habits of Visionary Companies)? What do you want for your Healing Touch business or in your department? Make it emotionally compelling and what you want your future to be in this work.
2. Next, review your objectives. Objectives are measurable and often include those related to finances. Come up with three objectives, such as:
 - a. How much income do you want to make in 2014? 2015? 2016?
 - b. What population or area do you wish to focus upon to serve?

3. Strategies...the 'how' to create your future. These create the road map for your tactics or action items. Do you want to increase your visibility?

Offering additional services to patients is a Strategy. Sending them self-care techniques once per month is the action item or tactic. Come up with 6-8 strategies for 2014.

4. Action items – everyone loves these! Most people start with tactics, but these should be chosen only after numbers 1-3 are complete.

Social Media Update

Healing Beyond Borders has 2,258 'Likes' on Facebook. We have 921 Group Members on LinkedIn. Join us! If you need help signing up, just email me at evie@livewellhealing.com. Make sure you sign up for Twitter, because Healing Beyond Borders will host its first 'Tweet Chat' with HBB Board Member and Research Director Joel Anderson on Saturday, May 3. Watch HBB Social Media for time and details!

HBB Marketing Committee

Special thanks to Betz McKeown for her help on the HBB Marketing Committee! Welcome to Barbara Mahoney, our newest HBB Marketing Committee member.

HBB Marketing Materials

The new brochures are ready when you need them! Here's what one member says about them..."*The brochures came today. WOW! I really like the entire brochure, especially the color on the front! Great job to the ones that put it together*". You can order yours by calling the HBB office at 303-989-7982. More great materials with the new logo are in the works!

2014 Conference

Don't miss the 18th Annual Energy Healing Conference & Instructor Meeting is September 4-7, 2014. Movie Night is September 3. Our theme is "**Healing Beyond Borders – Dissolving Limitations to Healing**". Conference Registration will be available shortly! Hotel Reservations are now open! Go to www.HealingBeyondBorders.org for details including the latest on speakers! Join us at the Cheyenne Mountain Resort in Colorado Springs, CO for unparalleled education, relationship-building, self-care and fun.

HBB Certification Board Update

The HBB Board of Directors has increased the number of the Certification Board's members to increase its international representation. Four CB members now come from countries other than the US and four multilingual assistants have been appointed as adjunct to the CB. The BOD previously appointed Rosalie van Aken, a member of the CB to be an international liaison. Rosalie is assisted by CB member Lori Protzman. Assisted by CHTP in other countries, mechanisms are being developed to review applicants that, while maintaining HTI / HBB standards, address cultural and language differences. Six persons from South America (Peru) have recently become certified through these newly developed mechanisms. The CB's current challenge is to develop mechanisms which will assist with certification of HTI practitioners from Japan.



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2014 Conference
Dissolving Limitations to Healing
September 3-7, 2014



Integrative Health Care

Health Freedom Acts - Revisited

by Lisa Anselme RN, BLS, HN-BC, CHTP/I

There has been information circulating re: professional practice legislation and/or attempts to restrict access to unlicensed complementary/integrative (CAM) providers within the CAM community. This is nothing new - many states have dealt with this challenge for the past 15 plus years. As an integrative health care consultant and on behalf of HTI/HBB, I have been encouraging our students, practitioners and instructors to connect with and mobilize Health Freedom Action within their respective states in North America and also within their respective countries.

In 2000, Healing Touch International identified a Scope of Practice Statement that defined levels of practice. It is pertinent to North America and also has relevance throughout western nations. Students and practitioners are responsible for determining their legal scope of practice; if they do not have a necessary health care licensure that would provide for a legal Scope of Practice beyond family and friends, they can actively work towards passing Health Freedom legislation within their region.

The Health Freedom Coalition was initiated by a Minnesota attorney a number of years back. It supports legislation that imparts unlicensed CAM practitioners freedom to practice and offer services to the public within their training and scope. They do so while providing full disclosure of their training, its scope, any limitations and also any licensure or lack thereof.

HTI/HBB has been informing people re: the Health Freedom Coalition through consultation, newsletter, Integrative Health Care book since 2000, through the level 4/5 student workbook, and through writing on behalf of states in which various health care organizations or disciplines attempted to place energy therapy under their purview only (e.g. Massage in Florida, Iowa, etc.). Meanwhile, we recently passed health freedom legislation in our home state of Colorado this past year, becoming the 9th state to do so in the USA.

Again, to thus reiterate, students and practitioners are responsible for determining their legal scope of practice (SOP), and if they do not have an SOP beyond family and friends, can actively work towards getting a Health Freedom Act within their region.

Following is a reprint of material from the *HTI Level 4 – 5 Student Workbook* re: the Health Freedom Coalition, along with the template Policy and Procedure for individuals working within a health care setting.

continued on pages 11-13

Health Freedom Acts

Scope of Practice and US Health Freedom Laws

Healing Touch is a complementary therapy founded in nursing process. The HTI Healing Touch Certificate Program offering continuing education in nursing and massage is designed to be incorporated within your educational and professional preparation. Within the US, state regulatory laws have required both licensed health care professionals and lay individuals to practice within their scope of practice and training.

A number of states within the US have passed **Health Freedom Laws** in order to allow unlicensed health care providers to advertise and provide their services legally, while complying with certain requirements specified within the law. As of July, 2010, eight states have enacted health freedom laws, including Idaho, Oklahoma, Minnesota, California, Rhode Island, Louisiana, Arizona and New Mexico. More states continue to be added.

Essentially, these health care laws allow the public to have access to unlicensed complementary care practitioners provided they comply with the following conditions:

Most of these laws require that unlicensed practitioners MUST disclose:

- ✓ their credentials
- ✓ they are not a licensed physician or health care provider
- ✓ their service / therapy is NOT licensed by the state and is alternative or complementary to licensed healing arts services
- ✓ a description of their service and the rationale behind it

A Description of Healing Touch can be found in the **HBB Healing Touch Practitioner Brochure**.

"Healing Touch is a relaxing nurturing energy therapy. Gentle touch assists in balancing your physical, mental, emotional and spiritual well being. Healing Touch works with your energy field to support your natural ability to heal. It is safe for all ages and works in harmony with standard medical care. Research suggests that Healing Touch may benefit you in" This brochure is available online through the HTI website at www.HealingBeyondBorders.org.

These laws prohibit unlicensed practitioners from invasive or diagnostic procedures. These laws include but are not necessarily limited to: performing surgery, setting fractures, administering x-ray radiation, prescribing drugs or controlled substances, directly manipulating the joints or spine, physically invading the body except for topical non-harmful and non-prescription applications, recommending discontinuing current medical treatment prescribed by a licensed health care practitioner, making a specific medical diagnosis, or engaging in unethical behavior or behavior that would be otherwise prohibited under state law.

The National Health Freedom Coalition is an organization with the mission of *"Promoting access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation."* It assists in the adoption of Health Freedom Laws throughout the country. **It is important for you to become very familiar with the regulatory laws in your state** and if a lay practitioner, consider becoming involved in a Health Freedom Law movement within your area. For further information re: such laws or activities in your state, visit: <http://www.nationalhealthfreedom.org>

Author Lisa Anselme RN, BLS, HN-BC, CHTP/I

Reference National Health Freedom Coalition at www.nationalhealthfreedom.org

Reprinted with permission: 2010 HTI Level 4-5 Student Workbook



Healing Beyond Borders

Educating and Certifying the Healing Touch™

Health Care Facility Policy and Procedure

Definition: Healing Touch

Healing Touch is an energy (biofield) therapy that encompasses a group of non-invasive techniques that utilize the hands to clear, energize and balance the human and environmental energy fields. Healing Touch grew out of the nursing practice of Janet Mentgen, RN, BSN and was developed as a nursing continuing education program within the education committee of the American Holistic Nurses Association. Healing Touch is a nursing intervention that may be used to restore, energize and rebalance an energy field disturbance. (See NANDA diagnosis 1.8, Disturbed Energy Field): The North American Nursing Diagnosis Association's (NANDA's) Nursing Diagnosis of energy Field Disturbance is identified as a disruption in the flow of energy surrounding a person's being that results in a disharmony of the body, mind, and/or spirit.

Policy

Healing Touch complements and is adjunctive to therapeutic interventions utilized by physicians and other licensed health care providers. Healing Touch is an independent nursing intervention and does not require a physician order nor does it require formal informed consent. However, the nurse must have permission to assist the client. In addition, nurses who use Healing Touch as an intervention must have successfully completed at the minimum, an eighteen hour Level 1 continuing education course taught by a Certified Healing Touch Instructor. Within the acute care setting, it is highly recommended that the nurse will have successfully completed at minimum 29 hours of continuing education courses to include Healing Touch Levels 1 and 2.

There are five courses within the HTI Healing Touch Certificate Program curriculum that leads to completion of the course of study. Healing Beyond Borders defines four levels of Healing Touch practice: the Student has completed a Level 1 course. An HTI Healing Touch Practitioner Apprentice has completed Level 4, and the Healing Touch International Practitioner has completed the 105 contact hour preparation coursework within Levels 1 through 5 and has received a Certificate of Completion by Healing Touch International, now doing business as Healing Beyond Borders. The HTI Certified Healing Touch Practitioner has further met certification criteria and competency and has been approved by the Healing Beyond Borders Certification Board.

Indications for use include but are not limited to:

Pain, acute and chronic	Fear and Anxiety
Promotion of health and well being	Spiritual distress
Impaired tissue integrity	Respiratory distress
Post utilization of anesthesia, chemotherapy and other toxins	

The following are approved Healing Touch interventions for a basic Healing Touch sequence:

Magnetic Passes (Hands in Motion/Hands Still), Magnetic Clearing, Chakra Connection, Ultrasound, Laser, Chakra Spread, Scudder, Pain Drain, Headache techniques, back and neck techniques, Hopi technique, Spiral Meditation, Mind Clearing, Wound Closing and Sealing, Chelation, Etheric Template Clearing, Lymphatic Drain, Fifth/Sixth and Seventh Level techniques, Full Body Connection and Etheric Vitality.



Healing Beyond Borders

Educating and Certifying the Healing Touch™

Health Care Facility Policy and Procedure cont.

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North American Nursing Diagnosis Association. *NANDA Nursing Diagnosis: Definitions & Classification, 1999-2000*. Philadelphia, 1999.

Resources

- | | |
|---|--|
| Healing Beyond Borders | Certification of Healing Touch Practitioners |
| 445 Union Blvd. Suite 105 | Certification of Healing Touch Instructors |
| Lakewood, CO 80228 | HTI Healing Touch Certificate Program |
| (303) 989-7982 Fax (303) 980-8683 | Standards of Practice/Code of Ethics |
| Email: education@healingbeyondborders.org | Scope of Practice Statement |
| www.HealingBeyondBorders.org | Instructor Guidelines |
| | Professional Development Courses |
| | Annual International Conference |
| | Research Compilation/Consultation |
| | Nurse Consultant for Health Care Facilities |

Created: 4/1998
Revised: 9/03, 8/07, 9/09, 7/10, 2/14
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Affiliate Country - Community Development - Peru and Chile

Living Evolutionary Consciousness in a Lima Shanty Town

by Margaret Kehoe PBVM, CHTP/I and Eileen Kearney PBVM, CHTP/I (Presentation Sisters, Lima, Peru)

* Reprinted from OCCASIONAL PAPERS Winter 2-14, a publication of the Leadership Conference of Women Religious.



Over the past twenty years we have lived inserted with a group of displaced families, who were forced to move from their lands, families and animals in the mountains during the time of the terrorist Shining Path movement in Peru. This group of 25,000 people invaded the Lima rubbish dump in March 1992. The Presentation Sisters joined their struggle in August 1993. We have been living and evolving together with these families ever since.

Looking back over these twenty years there have been many changes in our lives. We have been awakened to a new way of being, seeing and relating to ourselves, to others and to God. We have experienced the letting go of power and privilege that Ilio Delia calls “a kenosis of love.” Actually since entering religious life in the late sixties, early seventies, all we have known is change. However, the shift in consciousness and the awakening of awareness which we are experiencing now is impacting deeply on our own lives as religious sisters and also on the lives of the people with whom we live. We are more consciously aware now as we live on the edge and are pushing into this new consciousness, of the impact that we are making as we co-create with those who have been made poor for too long, the new humanity based on heart centered love, co-creation and desire for something new.

Barbara Marx Hubbard says: “In evolutionary consciousness we incarnate the souls of evolution within ourselves. The core of the spiral, the conscious force animates us in the present and illuminates our unique purpose as participants in the unfolding story.” (Hubbard 2008)

Our lives have been immersed in the new consciousness and the impulse to evolve is now an energy which

fuels our hearts with love and compassion for this new humanity we are co-creating. As we live, change and evolve in this new consciousness we are aware of knowing that we are in relationship together. It is not a question of what I can *do* but of *who are we becoming together* and how together, we can listen deeply to the heart-beat of love so that something new can emerge. The gift of be-ing and living amongst those who have been made poor challenges us and awakens us to a deeper consciousness of the unitive field where we are all one, all blessed and all made whole. Our anxious questioning and concerns about the relevance of this new consciousness for those who struggle to survive are brought into a new light as we hear the call to live from the Christ consciousness, knowing and recognizing the blessing we are to each other. “Blessed are the poor....Blessed are those who hunger and thirst for justice.” (Mt:5). Ilio Delia tells us that “Justice is not an achievement but an evolution in love. The poverty of the cross is love that gathers disparate human beings into a new body that is more whole, more one and more loving.” (Delio, 2013)

As religious sisters, we are experiencing our hearts expanding in love, opening to each other as we become conscious of our participation in the new emergent energy field of humanity. We may not have ever met but we know that we know we are all connected in our desire to love and that, as religious, we are able to influence the energy field of humanity and hold and embrace in a very particular way those who have been made poor. We, as Sisters, are experiencing that space in our hearts where we can welcome each other, hold each other's vulnerability in the darkness and rejoice together in the light. From this deep human experience of communion we are aware of the whole universe consciously expanding and evolving through us in human form. Living out of this heart-centered energy, together, as religious sisters we consciously radiate that heart vibration into the field of creation that has been so unjustly destroyed by power, greed and the accumulation of wealth. “We are invited to be sparked by the primordial fire from which we came. We ourselves are to become flames of love that burn away fear and bring the warmth of compassion to all creation.” (Cannato, 2006)

In Lima, our specific ministry as healers opens our hearts to touch the fragility, vulnerability and pain within ourselves and embrace and hold the vibration of love for those who are struggling. It is an

continued on pages 15 & 16

Community Development - Peru and Chile cont...



experience of mutual healing. When one person opens her heart to experience healing she opens the field of humanity to receive that healing. Our experience with energy healing is that what happens amongst us when two or more gather together is happening to all. The words are made flesh as we share together our desire for healing and wholeness. Healing is our mutual awakening to wholeness in love.

Our spirituality is no longer a personal relationship with God. It is in the space between us that we are finding, touching, tasting, embracing and recognizing the divine continually evolving in our human experience. Intimacy with the divine is our deepest longing and this longing and desire is also the experience of the divine for us. We experience and know the joy of co-creating life together, we share the pain of dying and we rejoice in rising together into the field of Christ consciousness, where the energy vibration of the divine and the human is felt and known to be one.

Through being in this field of the new consciousness, we have been changed. The people who are part of our conversations have changed and our conversations have moved from what we can do, to sharing together our essences, our deepest desires and holding the energy for the highest good as each person we embrace becomes awakened and empowered. We see how as we grow in confidence together, the quality of our lives is enriched and life is experienced at another dimension. "When we learn to love, to love unto tears, then change and growth, new relationships and new explorations, become not a threat but an opportunity to expand our love" (Delio, 2013)

Over the years we have put a lot of energy into training people from marginalized areas of Peru and Latin America as healers. We have also co-created holistic healing centres with these people in different areas of Peru and in Chile. This has helped to open spaces

where people from very different social and economic backgrounds have come together as one. The walls of separation have come tumbling down and the new consciousness is being embodied. These healers have now constituted a legal association in Latin America, PROSH, (promoting holistic health) which recently hosted its first international gathering entitled "Embracing the new humanity". At the gathering 200 healers from all different social, economic and cultural backgrounds came together. We experienced the unitive field of love and compassion. We became aware that "earth cannot be changed for the better unless the consciousness of individuals is changed first" (Declaration toward a global ethic.) The boundaries were dissolved and the impulse to evolve, the desire for wholeness, was experienced like a burning fire which consumed and energized all.

Here is where we were able to embody the evolutionary consciousness. Visions for projects were shared as the vibrational energy of love for a new humanity expressed itself in creative ways. "Our purpose is not merely a personal vocation or profession. It is our part



of the larger design of creation for more life, more consciousness, more freedom and more intelligence. When we attune to our deep callings, they seem to be integral elements of the cosmic code, residing as each person's desire to create." (Hubbard, 2008)

People formed circles of love and discussed dreams for the new humanity:

- Using music, song and storytelling as a way of sharing the essence of who we are becoming together in this moment of evolution.
- Connecting with our Andean story and embracing the richness of our cosmic vision and rich tradition of healing rituals and wisdom. New ways of educating our children and youth in evolutionary consciousness and holistic health.

Community Development Peru and Chile cont...

- New ways of teaching children from an early age how to experience themselves and the whole of life as an energy field, in which we are all healers.



- Religious Sisters sharing their compassionate response to the trafficking of women and children in the interior of the country.

And the list goes on. The universe is waiting for us to embrace the new and we are experiencing together the new emerging in our midst. We are co-creators consciously choosing to actively participate in this evolutionary moment. *"Behold, I am doing a new thing; Now it springs forth, Do you not perceive it?"* (Isaiah 43:19)

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Eileen Kearney PBVM and Margaret Kehoe PBVM are Presentation Sisters living in a shanty town in Lima, Peru. They live as neighbours and offer a variety of healing opportunities for adults and children to recover their wellbeing in two holistic centres in the area -Centro Nana Nagle and Corazón de Nana.



~ New Design ~

Healing Beyond Borders

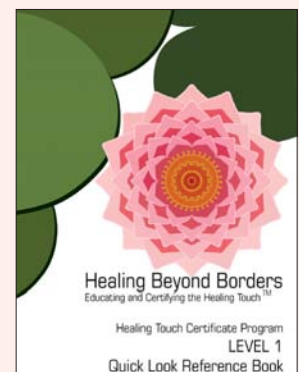
Newly Updated Student Workbooks and
Quick Look Reference Books

Coming Soon!

HTI Healing Touch Certificate Program
Student Workbooks 1-5



Quick Look Reference
Books 1-5



Community Development

Healing Touch, Caring for Caregivers

by Gina Bondurant BSN, RN, CHTP/I



I began my journey in Healing Touch in 2002 when I was invited by a friend to take Healing Touch Level 1. Within several hours of Day 1 of Level 1, I experienced a moment of awakening that was life changing. It was a busy time in my life with family, home and a nursing career to balance yet somehow I managed to attend the Healing Touch Practice Group in my community on a regular basis.

Several months after that Level 1 class I had the opportunity to participate in a Healing Touch volunteer activity. Several members of the Healing Touch Practice Group were offering Healing Touch mini sessions to both residents and staff in a nursing home.

I was doing a seated Scudder technique with a young woman who worked as a Certified Nursing Assistant in the nursing home.

I settled her in the chair, asked her to breathe deeply, relax and enjoy these moments away from her busy day. I centered myself, attuned to her energy and set an intention for her highest good. I began the beautiful Scudder technique, slowly, lightly using feather-light fingertip brushing in the patterns we all know. I gently brushed outer elbow to palm of hand and as I knelt before her holding her hand in mine I experienced a shift as if time had slowed... and a profound heart opening occurred. - an opening as with heart to heart meditation (Joy, 1972). In those few moments I could sense the loving and caring that she offered daily through her hands - care of the elderly residents in the nursing home, her family, her children, the meals she prepared, and safekeeping of home. As she breathed softly, the energy of her story transferred to me through her hands without her speaking a word.

Energy and intuitive knowing resonated through me in that short time and to this day. I was deeply moved and so very honored to be offering this stranger healing presence, compassionate touch and care.

In those moments the realization that I wanted to serve as a conduit to caregivers through Healing

Touch came in to my "knowing". A vision of a place of healing for nurses awakened. Over the next several years I honored that vision through volunteer work with members of the Blue Ridge/Shenandoah Healing Touch Practice Group. We volunteered and offered Healing Touch in nursing homes, schools, in a recovery program for trauma victims, at the hospital where I work during nurses' week and other events.

I continued to hold the energy and speak about a vision of a Healing Center for staff located within the hospital, a place for renewal, stress reduction, strengthening resilience and self-care. This Healing Center would be focused on giving a few moments of respite, care and nurturing to nurses, physicians and staff who give so much of themselves every day. I spoke of this many times with my director, manager, and other staff, anyone that would listen.



In the summer of 2011, I was contacted by Nancy Shomo, a counselor from my hospital's Grief and Loss Services. She and another counselor from the Employee Assistance Program had been receiving a large volume of calls from hospital staff who were feeling stress and anxiety. Nancy and her colleague had the idea of providing a once a month drop-in for staff to speak to a counselor, or just to have a quiet place to sit. She had heard through my manager that I might have some ideas

to add to this project.

As we met and talked I realized I had been given an opening. I immediately offered my services as a volunteer Healing Touch Practitioner. Nancy also asked for advice about setting up the space. I made some suggestions for creating a therapeutic environment and as we talked, "Circle-of-Care" was born.

On an August day in 2011 we offered our first Circle-of-Care. Together Nancy and I set up a conference room to create a therapeutic environment by dimming

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Community Development Caregivers cont...

lights, providing soft music, flowers, plants, color and aromatherapy. That day I gave 17 Healing Touch mini sessions in 2.5 hours. It was nearly overwhelming but I thought, «I have for so long had this vision of care for caregivers - I will not turn away anyone who is here for Healing Touch». I continued to work mindfully and hold healing presence until every person that asked for Healing Touch received a session. The two counselors that were present spoke with many staff members as well.

Since that time members of the Blue Ridge/Shenandoah Healing Touch Practice Group have volunteered at Circle-of-Care. We often have 4-5 Healing Touch stations for seated work, a quiet location for counseling sessions and a space that people can join us to just sit in healing presence. It has grown so that we now see between 25-45 people in the 2 hour drop-in time. At one event we offered as many as 47 Healing Touch mini sessions for relaxation and stress reduction. Most months we are on the main campus but we also travel to off-site locations several times a year to expand our service.

It has been a wonderful experience to see the response to Circle-of-Care as it continues to grow. I still hold to the vision of a permanent location for a Healing Center within the hospital. Caring for caregivers so they may sustain themselves and continue to offer compassion and healing presence to patients and families they serve.



~ Congratulations ~ Newly Certified

Practitioners

Patti Aesoph - Milbank, SD
Mikki Allen - Omaha, NE
Maryann Brand - Ringwood, NJ
Jill Chambers - San Diego, CA
Juana Alida Espinoza Lara - Ica, Peru
Susan Griffard - Florissant, MO
Bonnie Harty - Oklahoma City, OK
Karen Kingery - San Diego, CA
Nicole LaMotte - Banner Elk, NC
Marcia Lippert - Coralville, IA
Barbara O'Connor-Grube - Cottonwood, MN
Bharati Patidar - Maple Ridge, BC Canada
Maria Piza Canellas - San Pedro Sula, Peru
Fred Rible - Poway, CA
Kathy Rule - Carlsbad, CA
Ann Tramuta - Elizabeth, NJ
Mary Beth Versgrove - Iowa City, IA

Instructors

Donna Cahill - Coronado, CA
Marian Long - Grayling, MI

~ In the News ~ KUDOS!

Pamela Potenzo RN, BSN, HNB-BC, CHTP was recognized in the March/April 2014 Desert Health News for her work in offering complementary healing touch sessions to staff at Desert Regional Medical Center. Palm Springs, California, USA.

Pamela visits the hospital once a month offering 15 - 20 sessions to nursing staff in need. Nurses take part during work hours and the service is promoted through the employee newsletter and leadership staff, with approval by Desert Regional Medical Center's Chief Nursing Officer, Mary Ann McCrea.

Notice for Nominations to Healing Beyond Borders Board of Directors

Healing Beyond Borders is seeking members to the Board of Directors for installation this upcoming September. Each board member is elected or appointed for a three-year term of voluntary service. In order to be considered for placement on the ballot, one must be at minimum a Healing Beyond Borders member in good standing. Commitments required from board members include: monthly scheduled conference calls, rare unscheduled conference calls in the event of an urgent issue affecting the organization, easy access by internet and SKYPE, along with an on-site 1- 2 day meeting either prior to the annual international conference or mid-year face to face strategic planning meeting. Duties include fiscal oversight and compliance with rules and regulations that govern the general nonprofit management of Healing Touch International, Inc. doing business as Healing Beyond Borders.

You may wish to consider serving for a term as a board member or nominating a fellow member for a position. In July, the membership will receive the finalized ballot for the Board of Directors. Any person wishing to serve on the HBB Board of Directors should download an application form from the HBB Members Only area of the HBB website (www.HealingBeyondBorders.org) and forward it to the HBB office **by June 1, 2014**, addressed to the attention of the nominating committee.

Completed applications should include:

1. Accompanying Cover Letter stating your intent and reason that you feel you would like to serve on the Board
2. Professional resume
3. Application Form (Members Only area)
4. Confidentiality Statement (Members Only area)

Mail submissions to:

Healing Beyond Borders
445 Union Blvd. Suite 105
Lakewood, CO 80228

or email: director@healingbeyondborders.org

Healing Beyond Borders Networking Column

Healing Touch Community Meetings/Gatherings

The purpose of community meetings is to: build community; educate by relaying information from the international organization outward; promote membership in Healing Beyond Borders; encourage attendance at the international annual conference, thus affording global networking for students, practitioners and instructors. *Members of HBB are presenting and HBB is exhibiting at each of the following offerings.

California Symposium - 8th Annual

Date: April 12-13, 2014

Location: Redwood City, California

Theme: Healing from the Heart

Speakers: Kenneth West, Rolin McCraty, *Joel Anderson

For more info: www.HealingTouchCalifornia.com

Scripps 5th Annual Integrative, Holistic Nursing

Date: April 25-26, 2014

Location: San Diego, CA

Theme: Bringing Healing to You and Your Patients

Presenters: Mimi Guarneri, *Rauni Prittinen King, *Anne Day, *Mari Kelley, Lucia Thornton, Christine Stevens and more.

For more info: www.scripps.org/conference-services

Affiliate Organizations: National & International Conferences

2014 Westberg Symposium - National Parish Nurse and Health Ministry Professionals

Date: April 24-28, 2014

Location: Memphis, TN

Theme: Stronger Together: Partnerships in Health Ministry

Presenters: Joanne Duffy, Deborah Ziebarth, Sharon Stanton, Ameldia Brown, Amy Hanson, *Lisa Anselme

For more info: www.churchhealthcenter.org

American Holistic Nurses Association 34th Annual Conference

Date: June 5-8, 2014

Location: Portland, Oregon

Theme: A Vision of Holistic Leadership

Keynotes: Christine Tanner & Bonnie Wesorick

Post Conference Presenters: Brian Luke Seaward, *Lisa Anselme

For more info: www.AHNA.org

Healing Beyond Borders 18th Annual Energy Healing Conference & Instructor Meeting

Date: September 4-7, 2014

Location: Colorado Springs, Colorado - Cheyenne Mtn. Resort

Theme: Dissolving Limitations to Healing

Keynotes: Gregg Braden, Joan Halifax, Gayan Gregory Long, Vivian Rice & Jonathan Ellerby

For more info: www.HealingBeyondBorders.org



Healing Beyond Borders

Educating and Certifying the Healing Touch™



VIVIAN RICE



JONATHAN ELLERBY



JOAN HALIFAX ROSHI



GAYAN GREGORY LONG



GREGG BRADEN

*Healing Beyond Borders
Dissolving Limitations to Healing*



18th Annual Energy Healing Conference & Instructor Meeting

September 3 - 7, 2014

Cheyenne Mountain Resort * Colorado Springs, CO

***~ Remember to Reserve Your Lodging Now ~
On Line Conference Registration Coming Soon!***

Keynote Speakers - 2014 Conference



Gregg Braden PhD

New York Times best selling author Gregg Braden is internationally renowned as a pioneer in bridging science, ancient wisdom and the real world! Following a successful career as a Computer Geologist for Phillips Petroleum during the 1970's energy crisis,

he worked as a Senior Computer Systems Designer with Martin Marietta Defense Systems during the last years of the Cold War. In 1991 he became The First Technical Operations Manager for Cisco Systems.

For more than 27 years Gregg has explored high mountain villages, remote monasteries, and forgotten texts to merge their timeless secrets with the best science of today. His discoveries are now shared in 33 countries and 38 languages through such paradigm-inspiring books as: *The God Code*, *The Divine Matrix*, *Fractal Time*, and his newest, *Deep Truth*. His 2007 best seller, *The Divine Matrix*, was recently selected as the source for the made-for-television feature, "Entanglement," and is now a textbook for college level courses exploring new discoveries of science and our relationship to the world.

Gregg is an active member of several leadership organizations, including the Evolutionary Leadership think tank, founded by Deepak Chopra in 2008, and has received numerous awards in recognition of his insights and innovation.

Gregg's work has been shared on every continent of the world and in recent years he has presented his seminars and trainings to Fortune 500 companies, the U.S. military, international businesses and is now featured in media specials on the History Channel, the Discovery Channel, National Geographic, ABC and NBC.

Joan Halifax PhD



Roshi Joan Halifax, PhD, is a Buddhist teacher, Zen priest, anthropologist, and pioneer in the field of end-of-life care. She is Founder, Abbot, and Head Teacher of Upaya Institute and Zen Center in Santa Fe, New Mexico. She

received her Ph.D. in medical anthropology in 1973 and has lectured on the subject of death and dying at many academic institutions and medical centers around the world. She received a National Science Foundation Fellowship in Visual Anthropology, was an Honorary Research Fellow in Medical Ethnobotany at Harvard University, and was a Distinguished Visiting Scholar at the Library of Congress.

From 1972-1975, she worked with psychiatrist Stanislav Grof at the Maryland Psychiatric Research Center with dying cancer patients. She has continued to work with dying people and their families, and to teach health care professionals and family caregivers the psycho-social, ethical and spiritual aspects of care of the dying. She is Director of the Project on Being with Dying, and Founder of the Upaya Prison Project that develops programs on meditation for prisoners. She is also founder of the Nomads Clinic in Nepal.

She studied for a decade with Zen Teacher Seung Sahn and was a teacher in the Kwan Um Zen School. She received the Lamp Transmission from Thich Nhat Hanh, and was given Inka by Roshi Bernie Glassman.

A Founding Teacher of the Zen Peacemaker Order and founder of Prajna Mountain Buddhist Order, her work and practice for more than four decades has focused on applied Buddhism. Her books include: *The Human Encounter with Death* (with Stanislav Grof); *The Fruitful Darkness*; *Simplicity in the Complex: A Buddhist Life in America*; *Being with Dying: Cultivating Compassion and Wisdom in the Presence of Death*; *Being with Dying: Compassionate End-of-Life Care (Professional Training Guide)*; *Seeing Inside*, among others. She is a Lindisfarne Fellow and a Mind and Life Fellow and Board member.

Keynote Speakers - 2014 Conference



Gayan Gregory Long
Master Drummer,
Mystic

Gayan Gregory Long is a master drummer, mystic Sufi teacher, singer, storyteller, ritual leader and composer. Greg lived in Fort Collins, Colorado for many years but is now

“on the road”. He performs at venues as diverse as the Cathedral of Saint John’s the Divine in New York City and the New Orleans Jazz and Heritage Festival.

A Certified Leader of the Dances of Universal Peace, Gayan has been drumming for the Dances for fifteen years. He drums and teaches regularly in the Western United States, Russia, Europe, Canada, and South America. He is fluent in all languages of the heart: Afro-Cuban-Brazilian drumming and singing, sacred chants and dances with Indian and Middle Eastern stylings, community celebration and ritual, group leadership and inclusion and personal empowerment.

Gayan is a leader, drummer, composer, storyteller, and singer. He leads sacred dances, rituals and retreats in the United States and Europe. He has two CD’s of his own, “Padma Thunder” and “When Two or More are Gathered” (recorded with Pamela Robinson), and has appeared on twenty recordings. With fiery traditional African rhythms, devotional chants from around the world, and stellar rhythmic and melodic accompaniment.



Jonathan Ellerby PhD

Jonathan Ellerby returns to us! Featured as an expert in films, print, television, and radio, Jonathan Ellerby, Ph.D., is the author of two international bestsellers, “*Inspiration Deficit Disorder*,” and “*Return to the Sacred*,” as well as the new release, “*The Promise of Paradise*.” He is the CEO of Tao Inspired Living, a wellness company and community in the Riviera Maya of Mexico. Jonathan has over 20 years of experience in the fields of holistic healing, spiritual counseling, integrative medicine, and corporate consulting. Drawing from a PhD in comparative religion and travels to meet and study with healers and teachers in more than forty cultures around the world Jonathan brings unique insight and practical pathways to everything he does.

Vivian Rice CN, CGP
Tka Shoonkey
Washitay We’en

Vivian’s professional career began in 1964, as an LPN. Her experience working in hospitals as well as her personal experience with allergies motivated her to study and implement holistic healing methods.

She studied at the American Hygienic Society in Chicago, Dr Shelton’s Health School in Texas with a focus on nutrition, with Paavo Airola, N.D. in Arizona and with N.W. Walker, Ph.D in California. She became a Certified Hypnotherapist and later graduated as a massage therapist and foot reflexologist.

Vivian became a Certified Healing Dialogue Therapist in 1983, and has done extended independent studies in nutrition, herbology and applied kinesiology. She has had 50 years experience in natural healing with nutrition and herbs. In 1980, Vivian opened and continues to operate her own wholistic practice in Colorado Springs, Wild Rice Nutrition.

A nationally known ceremonialist, educator and speaker, she is an active member of the American Holistic Nurses Association, The American Herb Guild, and the Pikes Peak Herb Association. Vivian lives what she teaches. In 1983, she honored her Seminole/Creek Indian blood by learning and living the Spirit Road that honors all of the Creator’s life forms and their synergistic purpose. She was adopted by the Lakota White Hawk family in South Dakota in 1987.



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Instructor: Brian Luke Seaward, PhD
Class: Holistic Stress Management Workshop
Location: Boulder, Colorado
Dates: May 15-18, 2014
Link for Workshop Brochure:
www.brianlukeseaward.com/downloads/May_Boulder_HSMW_Brochure.pdf
To Register Online: www.brianlukeseaward.com

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Any and all people interested in a spiritual adventure to the Emerald Isle, specifically those who wish to travel with like-minded companions and healers interested in participating in a magical journey of Celtic spirituality, Celtic music and Celtic history. This special comprehensive workshop is an endorsed program through the American Holistic Nurses Association and offers 6 CE's for nurses. Below are links for more information.

Instructor: Brian Luke Seaward, PhD
Class: Spirit of Ireland 2014
Location: Emerald Isle, Ireland
Dates: June 20-29, 2014
Link for Workshop Brochure:
www.brianlukeseaward.com/downloads/2014_Spirit_of_Ireland_Brochure.pdf
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Mentorship

A Mentee Inspiration

by Mary Jane Aswegan RN, CHTP/I

This past conference in October 2013 in Lakewood, Colorado was inspiring in many ways for me. Being with friends Anne Day and Kathleen Adams, who have taught me much about journaling prompts, reminded me of such prompts like: "What/who inspired me today? What am I grateful for today." As we are well into 2014, I am most grateful for all my mentees who inspire me along the way in their process of completing the homework for Level 5 and ultimately submitting for certification. This past year at conference, I had the pleasure of pinning four wonderful mentees who will spread the light of Healing Touch wherever they go. I would like to share a little bit about one of those mentees, because she inspired me with all kinds of lessons on life. I do so with her permission.

Kyle Kimbel is 81 years old, soon to be 82 now in 2014. She received her certification in 2012 at the age of 80. She wanted to be pinned at conference that year but a mild stroke intervened. Kyle first came to me in April 2010 with her nephew, Andy Laub, who went with her through Healing Touch Levels 1 - 4 for support and encouragement. This was a relationship between aunt and nephew that was beautiful and inspirational to behold. They both embraced the work together and soon Kyle and Andy had set up a healing space in Kyle's lovely condo in California to work and encourage other mentees to all work together to maintain self-care. They made it their mission to treat what they called "wounded angels (nurses)" who give so much in their profession but do not get a lot in return. They inspired me to also receive treatments from them and it gave me an opportunity to gently mentor and be mentored by them. The lesson for me as I observed Kyle was that Healing Touch knows no age limits and I was so inspired by the fact that she embraced this work in spite of health issues surrounding her back at times. In fact, when she was preparing to submit for certification she was bedridden with a back issue.



Kyle is an educator by training; so to assist her in completing her Criteria 7 and 8, I went and sat at her computer as she dictated from her bed what she wanted to say. Nothing would stop her from submitting her work on time. She moves through life with grace and dignity. She is a model of living her authenticity, of recognizing her essence and always giving in service to others in the process. She encouraged her son and daughter-in-law to come to San Diego to take a level one class from me. She and Andy both helped at that class to support them. Her son and daughter-in-law are now embarking on this journey. She influences by example in the way she moves through life and relates to other people.

It was pure joy as she moved slowly through the embracing line of practitioners to be pinned at conference. All of the Healing Touch community welcomed her; she was an inspiration to us all. Even though the mentorship process is over, Kyle is still a great part of my life and I continue to be inspired. All through the year I give thanks and I am grateful for where I am in life - I take time to be grateful not only for Kyle but for all my mentees who continue to inspire and teach me in the process.



Practitioner Perspective

The Give and Take of Mentoring

by Judy Stoddard, RN, BEd, CHTP



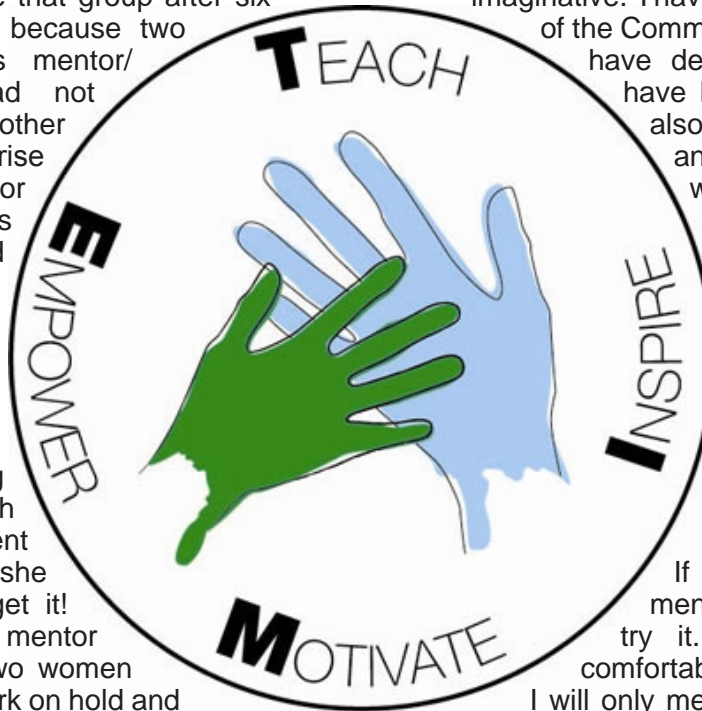
In 2008 I completed the level 5 Healing Touch course and had my certification work accepted. I could not have accomplished this without the skillful and knowledgeable help and support of my excellent and exceptionally encouraging mentor. We have since become friends and allies and remain in close contact with one another.

Two years later when my mentor requested that I mentor four of her students who had completed her L-4 class, I agreed to do so with some trepidation. I made the decision to dissolve that group after six months of working together because two members missed numerous mentor/practice sessions and had not submitted any work and the other two had personal difficulties arise that made it too challenging for them to continue. This was discouraging as I had devoted a substantial amount of time and effort in those six months. When I was again asked to mentor another student eight months later, I hesitated. After talking to and meeting with this potential apprentice, reviewing my mentor agreement with her and stressing commitment (evidently strongly, as she laughingly said, "I get it! I get it! Commitment!"), we agreed to mentor together. I contacted the two women who had previously put the work on hold and with whom I had kept in contact and invited them to participate. A new group was formed. One of the three completed the work and was certified within the year and the other two completed L-5 one year later, one submitting certification work shortly after finishing the course December 2013. Just as this group ended, my mentor again asked if I would mentor three more students and yet another group materialized.

I believe there is scholarship for the mentor in working with apprentices. Some of the techniques have been

tailored since I learned HT, so I am kept updated technique - wise. I read continuously and learn about books they are reading that may be new on the market or ones I have not yet read but will want to after reading their reflective reports. It is good for practitioners to review Standards of Practice and the Code of Ethics periodically as we do in group. More importantly it is fun and exciting to work with people who are enthusiastic, inquisitive and imaginative. I have been astounded by some of the Community Service projects they have designed or in which they have become involved. I have also learned that students grow and expand progressively when expected to work independently after my initial review of their work. I mentor because, like the CHTP who mentored me, I feel that I have experience and skills learned in my practice and nursing career that are helpful to apprentices on their journey.

If you have considered mentoring, I urge you to try it. Decide what you feel comfortable handling. For example, I will only mentor one small group at a time to be able to give them my full attention while comfortably fitting it into my personal schedule. I have met some wonderful people whom I would not have met otherwise. The time and effort (and it does take a significant amount of both) will be well spent. Frustrations? Yes, sometimes, but the surprises and rewards, not to mention the enjoyment are well worth your commitment to such a meaningful and valuable experience. I find that helping an apprentice grow and develop from an unsure student into an accomplished HT practitioner is exhilarating. Don't miss the opportunity!



Educational Insights

Dissolving the Barriers to Our Inner Self

by Barb Schommer RN, MS, CHTP/I, Education Committee Chair



The “borders” part of Healing Beyond Borders got me to thinking this month. What are the borders that I erect around my inner self? Do I trust the inner voice, the inner teacher? Am I looking outside myself for answers, for teaching, for insight?

A client of mine recently became aware that she was on the beginning of a path of becoming a shaman. I asked her if she had thought about a guide or teacher for her journey. After a pause, she replied that she had not identified a teacher, because the guidance was already inside her. We looked at each other in profound silence, she because she had voiced an inner truth, and me because I was in the life process of looking for a “teacher” to further my own journey. What I took away from this encounter was a deep sense that I have been looking outside myself more than I have been looking inside. That I had put a border of sorts around my inner wisdom – telling myself that I needed and wanted to work with a teacher who could guide me deeper into the mysteries of consciousness and being. Yes, teachers, guides, conferences, workshops, classes are a wonderful part of our life journey. But they are only a part of the equation. Like a circle, which has balance, symmetry and no beginning and no end, our life journey is made up of internal and external learning, which blend together and create wholeness. How often has my circle been out of balance? Listening to inner

wisdom, and pairing it with outer wisdom (classes, gurus, workshops, conferences, etc.) completes a circle. Without listening to inner wisdom, there is only half a circle, an incomplete being.

I went back to Brugh Joy and his book *Joy’s Way*. In it he states “each of us...actually contains the total information of all consciousness past, present and future...” (page 47). He is speaking of the holographic nature of each of us. We **have** the wisdom already inside – the total information of all consciousness right there within each of us.

It is time to dissolve the borders that inhibit us from recognizing and honoring and listening to the depth and breadth of wisdom within us. It is time to accept that we are the inner teacher; to listen to the still small voice within and to give it at least as much, and perhaps more recognition as we give to external sources of wisdom.

We can claim the total information of all consciousness, past, present, and future! What a gift!!!! I invite you to go inside and become re-acquainted with your inner teacher, your wisdom, your inner truth. Cheers for the journey!



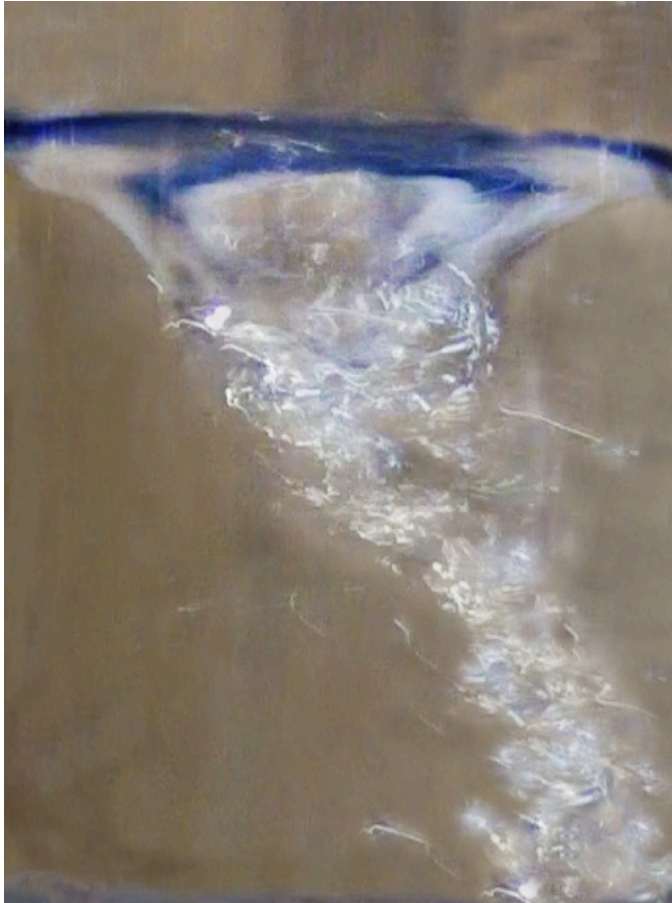
Words of Wisdom

Whirlwind and Peace

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I



This journal entry goes back to 1981, the very early days of Janet Mentgen's writings. This was a time when she was learning and building on her healing knowledge. At a particular difficult time there is dissolution of her peaceful understanding into a "whirlwind" of activity. Janet¹ writes to the whirlwind, "You keep me stirred up all the time, not satisfied with anything, agitating me,



disrupting me, and won't let me enjoy anything. You make me feel guilty if I don't work all the time, push, push, push." The whirlwind responds, "If I don't push you and stir you up, you wouldn't do anything. You would be a dead weight, depressed, moping around, life would be boring and you would complain and cry."

Janet responds, "I am afraid of peace because I might die if I don't have the stimulation. Peace, you are so calm and gentle, the eye of the storm. You are warm, friendly, and comforting." Peace responds, "What is there to fear? I offer the ultimate, the goal of life, relief from the trials, pains, agitation, confusion, of the world. If you stay with me you will be calmed, you will absorb my peace." Janet responds, "I feel resistance to peace." Peace says, "I am angry you resist." Janet asks, "How

can peace feel anger?" Peace responds, "Everything can feel anger, anger is okay. It creates change." Janet responds, "I don't like anger, it causes me to feel pain. I try to eliminate anger in my life." Peace asks, "Like you try to eliminate me?" Janet answers, "If I don't feel I won't have to deal with either." Peace laments, "Without feelings there is nothingness."

It is what we chose to do with our feelings that defines us. It is important to acknowledge that which is present within our being. Not acknowledging feelings can put us in as great a risk as acting upon them. Become the observer of your own feelings and ask the hard questions of why am I feeling this way, what is my contribution, and how does it serve me? With greater insight we can offer peace to our being through forgiveness of others' wrongs to us, their forgiveness for our wrong to them, and forgiveness of self. No one is perfect and it is in owning who we are that we honor all that makes us the person we are. May we find peace.



¹Wardell, DW. (2005). *Healer's path of Janet Mentgen: The early days*. Unpublished manuscript.

Grace and Intention

In Memory of Jacqueline Phillips CHTP

August 25, 1917 - January 14, 2014

Jacquelyn Jarmuth Phillips (Jackie) died at age 96, after a long and beautiful life. She was born in Seattle, Washington and raised in Malibu, California. Jackie was preceded in death by her parents, two brothers, one son, and her husband of 53 years. She is survived by her sister Barbara Campbell, her son and his wife, three granddaughters, one grandson, and many nieces and nephews.



As a young woman Jackie joined the Women's Army Corp, where she met her husband "Phil", who was in the Army Calvary. She was always proud to have served her country. She and Phil were volunteers in the Coast Guard Auxiliary and Fire Company.

Jackie was a talented artist, carving beautiful fish decoys, painting and writing poetry. After Jackie's husband died she moved to Accomac, VA, where she was known for changing the spiritual life of many through Healing Touch. She was the founder of the Center for Healing Interventions, a Certified Healing Touch Practitioner and Reiki Master. Jackie studied in Virginia (Monroe Institute), California, Canada, and New Zealand.

In 2002 Jackie moved to Iowa City to be near her sister Barbara. She quickly became known far and wide as Healing Touch Jackie. Jackie adopted Trinity Episcopal Church; along with being a parishioner she gave Healing Touch to the staff members. Jackie convinced the parish to sponsor an introductory day to Healing Touch; 15 people who participated in that day went on to complete the Healing Touch Spiritual Ministries course. Deacon Lori Erickson was in charge of Healing Ministries at Trinity and worked with Jackie to form the Free Healing Touch Clinic which provided a month opportunity for practitioners to practice Healing Touch in a supervised setting and Iowa City residents to experience Healing Touch free of charge.

Jackie, Lisa Bormann and Elyn Waterbury had a vision of helping support HT research. They met with Maggie Freel CHTP/I and pitched their vision for a core group of practitioners to be trained. Maggie embraced the vision and soon 10 practitioners completed all 5 levels of training, became certified and began helping with research in Iowa City.

continued on page 30

Grace and Intention

In Memory of Marilyn Brodie CHTP

December 11, 1936 - July 20, 2013

Marilyn Brodie was born and lived a rich and full life in Muscatine, Iowa. She was a teacher for over 20 years and was involved with the Newman Center, Faith Formation Education, Music Ministry and Healing Touch.



Marilyn married the love of her life; Edwin T. Brodie in 1971 and became a stepmom. She was preceded in death by her husband; two brothers and two sisters. One sister, two daughters, a son, several grandchildren, nieces and nephews mourn her passing.

Marilyn was a volunteer Chaplain at the University of Iowa Hospitals and Clinics two days a week where she offered prayers, blessings, Healing Touch and hope to all those she encountered (patients and staff alike). Marilyn was lovingly referred to as the white haired Grandma who gave Healing Touch and wasn't afraid to pray.

Marilyn was introduced to Healing Touch at a free introductory session offered one Saturday at Trinity Episcopal Church in Iowa City. She told everyone that she was hooked from that day forward and that her life was forever changed. She was very involved with Healing Touch Ministries at Trinity Episcopal Church; gave many free treatments through the clinic and was always available to help mentor others who were learning Healing Touch. She was very proud of the fact that this "white haired grandma" was certified and ready and available to start helping with research. Marilyn was certified in Healing Touch on June 4, 2013.

Marilyn taught the Iowa City Healing Touch Community about "inside owies". She said, "with Healing Touch we can reach and heal the inside owies and then the person can be fully healed". Marilyn had an amazing spirit and all that knew her were deeply touched - we are convinced that she is doing great healing work in another realm.



Beyond Limitations

Writing a Book

by Mary “Z” Szczepanski RN, BSN, MS, HN-BC, CHTP/I

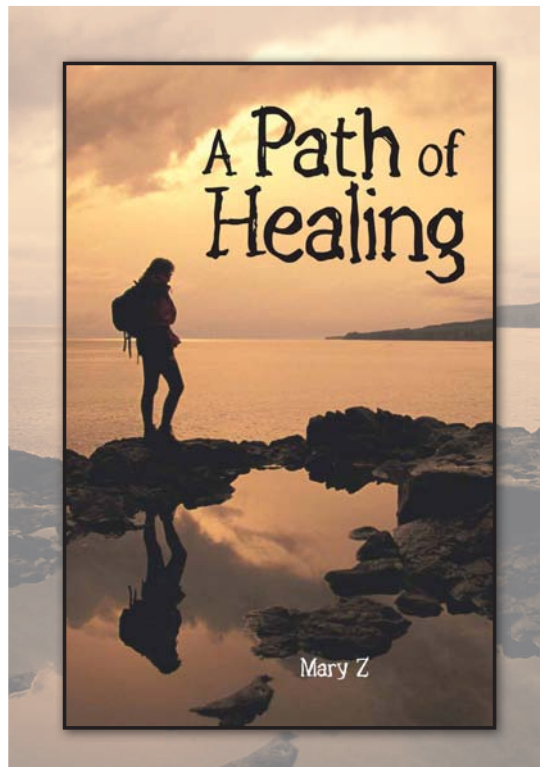


When I tell people about the book I've written, *A Path of Healing* (2012) by Mary Z, I am often amazed at how many others want to write a book, or have even started to do so. For most of us, it is a different type of commitment than we have made for other goals. This article is about my process in writing. I had actually started writing two books concurrently, but then realized I had to choose one and finish it. I self-published the fiction book for adolescents first and have recently submitted a futuristic novel for adults, also about a healer.

My motivation for writing a young adult fiction book about healing came after reading the Harry Potter books. Although the magic in the books was exhilarating, the tone set by violence and murder showed a lot of misdirected energy in the plots. My idea was to write about something more upbeat, though subtle, and include an approach that young people could actually use: energy healing. In my research several years ago, I had found no books about healing for young people. My goal was to give teens an opportunity to sense within themselves a deep truth and discover their own inner abilities that are positive and healing. I thought writing a book would be one thing I could do to support the emerging generations of healers and indigo children. I also have a vision that Healing Touch and other energy healing could serve as an anti-drug approach for youth.

My previous writing experience consisted of writing reports, or nursing notes - a style of writing for which sentences aren't necessary. For several years I had written articles about the environment for AHNA and for a newsletter I published called Nurses for the Environment. All of this was more technical writing, not requiring characterizations, plots, or intricate descriptions of details harboring clues to a story. "Word-smithing" and sitting long hours at the computer waiting for the next scene to enter my awareness are still challenges.

Another issue is having the discipline to manage one's time for writing. The books took me years to write. Indeed, sometimes weeks or months would go by with no writing, while I worked shifts at the hospital, traveled, or focused on other projects needing attention.



In my meditations, I asked for guidance and aligned myself with the vibration of the completed book. I used subliminal tapes, imagery, etheric weavers, and created a mock-up of the cover of the book and kept it in my field of vision. I asked others to hold energy for me. I've also used Mind Clearing, work with guides, a synchronicity symbol, and EFT. There were days when the story seemed to be writing itself effortlessly. After years of work and seventeen versions of changes and corrections, I recruited the help of an editor friend for some feedback. her verdict? There were serious problems.

After a few days or weeks, I was able to absorb the feedback. I **discarded the entire manuscript** and started over. Only two scenes from the original writing made it into the next version. The new version has a plot trajectory, plot devices, adventure, foreshadowing, boy-girl relationships, side stories, and more. It tells about Megan, a troubled thirteen-year-old who was sent from her family in New York to southeast Alaska. She met others her age and went to a wilderness camp. Amidst harrowing adventures, challenges to friendship loyalties, and being immersed in exquisite beauty, she spontaneously discovered her healing abilities.

While still writing the story, I entered a contest called *Are You the Next Top Spiritual Author?* The contest included internet classes on the process of writing, publishing, and marketing. I learned the importance of writing—even for fifteen minutes—every day. Yes, it is true that if I left writing for weeks or months, it was

continued on next page

Beyond Limitations cont...

necessary to re-read everything that had been written, leaving much less time to actually write. Resisting the re-reading several times, I would compose a scene or

page, only to find that I had already written it. Another serious time waster for me was having multiple copies of the manuscript (e.g. laptop, disc, flash drive, hard drive) for travel or writing from different locations. It didn't take many times of forgetting which version was the current, before I kept the document consistently in one place: a flash drive.

The biggest impact of taking the on line class for contestants was learning that because publishing is so competitive, self-publishing is becoming popular even for well-known authors. This was useful information because after submitting to two different publishers that each took three months to *not* choose my book, I decided I did not want a career of waiting for publishers to respond.

Although self-publishing seemed like a good option for me, I did not want to spend an inordinate amount of time choosing a self-publishing company. I decided on a company (iUniverse) that a trusted friend had used. It was expensive, but they had a lot of services that seemed good for my first try at it. The staff was very responsive by email or phone, even if I called at odd hours or week-ends.

After eight friends read the final manuscript and many corrections were made, I followed the directions for submission. In a cold sweat, I finally clicked the

"*submit*" prompt. In a few days I was given twelve pages of editorial evaluation from the self-publishing company. Most of it was positive feedback. I used all but one of the suggestions for changes.

In self-publishing, it is necessary to select cover ideas. Choosing the cover involved sketching out my ideas, then viewing about ten thousand pictures (I'm not exaggerating) from a website containing stock art and photos. I narrowed it down to about a dozen possibilities. With help from friends and my main contact at the company, the decision was made on the cover design, as well as the title, *A Path of Healing*, and a pen name, Mary Z. What I remember so clearly, is the contact person, Rebecca, telling me, "We want you to be thrilled with the results."

That phrase echoed in my mind for several months. When my order of books arrived, I was truly *thrilled*. It was more beautiful than I could have imagined! The cover conveyed some aspects of

Grace and Intention cont...

In Memory of Jacqueline Phillips CHTP

Jackie came to Iowa City with a dream and mission to nurture and expand Healing Touch. Her dream and the clinic concept at Trinity has grown from a once a month opportunity into a place where HT students come to receive mentoring, opportunities for self care and to help provide regular HT treatments to people in the community who are dealing with chronic illness.

Jackie was loved by all and left everyone who crossed paths with her feeling loved and special from the young children (who stood in line to receive a blessing from her at the healing alcove on Sunday mornings at Trinity) to the neighbors who stopped by her apartment at Ecumenical towers in their pajamas to receive their Healing Touch treatment before going to bed, and the friends who just stopped to sit in her healing presence. Her legacy will live on through the healing hands of practitioners that she mentored across this country, as well as through the clinic at Trinity Episcopal Church under the healing guidance of Deacon Lori Erickson.



the environment and climate of southeast Alaska, as well as the character's reflective moments. Thankfully the publishing company also put the book on several websites including Amazon (a Kindle version, too).

The discipline of writing, letting go, rewriting, and staying with it was learned over the years, and was definitely a process test of endurance. The feedback from adult readers has been great so far, and I am hoping to learn more about how to get the book into the hands of the adolescent audience.

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Contact: Myra Tovey at davidmyra7@msn.com

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Contact any of the following instructors:

Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu

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Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
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www.HealingBeyondBorders.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at
brianlukes@cs.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Beyond Surgery Program-Bridging the Gap

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Program is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at judyray333@gmail.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Journaling the Spiritual Journey and

Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. These tools can be helpful whether you are facilitating others in their healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at AnneDay7@gmail.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Healing Touch Class Schedule 2014

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

This listing is updated regularly; check often for classes near you!!

PROFESSIONAL DEVELOPMENT

(see web site for class summary details)

Beyond Surgery Program Training Seminar

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 25-27	Philadelphia, PA	JL Ray / N Blue	Penny Martin-Holly	215-499-2412	penstermh@verizon.net
May 30-Jun 1	San Diego, CA	JL Ray / N Blue	Pamela Grigg	619-322-9552	pamgrigg2@hotmail.com
July 17-19	Red Wing, MN	JL Ray / N Blue	Sarah Stinson	651-267-3506	stinson.sarah@mayo.edu
Aug 22-24	Cary, NC	JL Ray / N Blue	Diane Cox	919-350-2536	dcox@wakemed.org
Sep 19-21	Brevard, NC	JL Ray / N Blue	Kathy Blue	828-577-6948	BlueCavu527@aol.com

Energy, Wisdom & Practice

Date	Location	Instructor(s)	Contact	Phone	e-mail
June 20-	Sun Valley, ID	Anne Day	Mary Kay Foley	208-727-8417	foleym@slhs.org

Healing Disruptive Energy Patterns

Date	Location	Instructor(s)	Contact	Phone	e-mail
June 21-	Sun Valley, ID	Anne Day	Mary Kay Foley	208-727-8417	foleym@slhs.org

Heart Centered Living

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 2-3	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Aug 15-16	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com

LEVEL 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 12-13	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Apr 12-13	NYC, NY	David Rabinowitsch	PCOM-NY	212-982-3456	drabinowitsch@pacificcollege.edu
Apr 12-13	San Diego, CA	Suzanne Weeks	Suzanne Weeks	858-538-4963	sweeks@san.rr.com
Apr 25-26	Bloomington, MN	Barb Schommer	Amanda Gustafson	952-358-9182	amanda.gustafson@normandale.edu
Apr 25-27	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Apr 25-27	Grand Forks, ND	Nan Cicha	Nan Cicha	701-738-8888	ncicha23@hotmail.com
Apr 26-27	Page, AZ	Sue Kagel	Mia Kelley	928-640-0888	Amelia.kelley@bannerhealth.com
Apr 26-27	Farmington Hills	Barb McConnell			
Apr 26-27	Carmel, IN	Sharon Smith	Carole Creech	317-340-1926	sassyroo1@yahoo.com
Apr 25-26	Bloomington, MN	Barb Schommer	Amanda Gustafson	952-358-9182	amanda.gustafson@normandale.edu
Apr 26-27	Coralville/Iowa City, IA	Laura Hart	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Apr 26-27	Minneapolis, MN	Nola Schmitt	Janet Dahlem	651-690-7758	jldahlem@stake.edu
May 2-4	Ossining, NY	Carol Schoenecker	Carol Schoenecker	612-720-3946	schoengeis@earthlink.net
May 3-4	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
May 3-4	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	712-333-7394	carolflack@longlines.com
May 3-4	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
May 3-4	Pac Pearl/La Jolla, CA	Rauni King	Rauni King	858-459-6919	rking487@aol.com
May 9-10	Bismarck, ND	Judy Turner	Renee Feist	701-222-0546	dlrmfeist@bis.midco.net

Healing Touch Class Schedule 2014

These classes are recognized by the HTI Healing Touch Certificate Program; endorsed by the American Holistic Nurses Association, NCBTMB and California Board of Nursing

LEVEL 1; cont'd

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 16-17	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
May 17-18	Silver Springs, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
May 17-18	Charleston, SC	Valerie Knowlton	Janet Neal	843-388-1934	healingtouch1@bellsouth.net
May 17-18	Hudson, WI	Barb Schommer	Claire Marie Kohout	651-283-9808	cmkenergy@gmail.com
May 17-18	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	858-435-7181	lundgren.rebecca@scrippshealth.org
May 17-18	Greenwich, CT closed	Robert Brown Brugo	Roberta Brown Brugo	closed	
May 17 & 24	Lakewood, CO closed	Ruth Muhr	Ruth Muhr	closed	
May 29-30	Springfield, VA closed	Lucrezia Mangione	Lucrezia Mangione	closed	
May 31 - Jun 1	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
May 31 - Jun 1	Tucson, AZ	Sue Kagel	Sue Kagel	520-891-5162	sue.kagel@gmail.com
Jun 5-6	Rochester, MN	Jan Halbach	Mary Laven	507-281-6649	mclaven@charter.net
Jun 7-8	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Jun 7-8	La Jolla, CA	L Fraser/ M Kowba	Liz Fraser	1-800-scripps	fraser.elizabeth@scripps.org
Jun 14-15	Bainbridge, IN	Sharon Smith	Sharon Smith	812-878-2034	cswholeness@aol.com
Jun 21-22	San Diego, CA	Lisa Thompson	Tricia Pascucci	619-520-8995	ppascucci@rchsd.org
Jun 21-22	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Jun 21-22	Iowa City, IA	Carol Ann Flack	Carol Ann Flack	712-333-7394	carolflack@longlines.com
Jun 23-24	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Jun 27-28	Lakewood, CO	Carrie Niewenhous	Carrie Niewenhous	303-210-3906	cgn454@gmail.com
Jun 27-29	Omaha, NE closed	Lisa Anselme	Sheila Mee		
Jun 28-29	Flat Rock, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Jun 28-29	Silver Springs, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
July 12-13	Indianapolis, IN	Sharon Smith	Lori Wernsman	317-695-8944	lwernsman@gmail.com
July 19-20	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggihtnj@gmail.com
July 26-27	La Jolla/San Diego, CA	Trish Wragg	Haley Wragg	760-310-1057	wragg.patricia@scrippshealth.org
July 31-Aug1	Springfield, VA closed	Lucrezia Mangione			
Aug 2-3	Charleston, SC	Linda Thomas	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Aug 15-16	Minneapolis, MN	Carol Schoenecker	Kathy Kerber	612-863-7937	kathryn.kerber@allina.com
Aug 16-17	La Jolla, CA	Liz Fraser	Liz Fraser	1-800-scripps	fraser.elizabeth@scripps.org
Aug 16-17	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Aug 02-03	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	712-333-7394	carolflack@longlines.com
Aug 22-23	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Aug 22-23	Arvada, CO	Carrie Niewenhous	RRCC	303-914-6600	www.rrcc.edu
Aug 23-24	CO Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brendadispartia@yahoo.com
Sep 13-14	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Sep 13-14	Silver Spring, MD	Lucrezia Mangione	Lucrezia Mangione	802-578-3700	hhservice@handcraftedhealth.net
Sep 19-21	Grand Forks, ND	Nan Cicha	Nan Cicha	701-738-8888	ncicha23@hotmail.com
Sep 20-21	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Sep 20-21	Harrisonburg, VA	Gina Bondurant	Gina Bondurant	540-433-3421	calendulas@live.com
Sep 20-21	Bainbridge, IN	Sharon Smith	Sharon Smith	812-878-2034	cswholeness@aol.com
Sep 20-21	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Sep 24-25	Woodbury, MN	Barb Schommer	Denise Wills	651-326-0025	dmwills@healtheast.org
Sep 26-28	St Joseph, MN	Dana Spates	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Sep 27-28	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net

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LEVEL 1; cont'd

Date	Location	Instructor(s)	Contact	Phone	e-mail
Sep 27-28	Flat Rock, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Sep 27-28	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Sep 27-28	Red Bud, IL	Mary O'Neill	Clare Boehmer	618-282-3848	mailhealingmin@aol.com
Oct 2-3	Springfield, VA closed	Lucrezia Mangione			
Oct 3-4	St Paul, MN	Barb Schommer	Denise Joswial	651-241-6217	denise.joswiak@allina.com
Oct 4-5	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgen1@aol.com
Oct 4-5	Berkley, CA	L Anselme / YA Pak	Youngmi Pak	510-295-3718	ypak@me.com
Oct 4-5	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	858-435-7181	lundgren.rebecca@scrippshealth.org
Oct 11-12	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1934	healingtouch1@bellsouth.net
Oct 14-15	Woodbury, MN	Sheila Judd	Denise Wills	651-326-0025	dmwills@healtheast.org
Oct 18-19	Minneapolis, MN	Jan Halbach	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 18-19	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Oct 18-19	Evansville, IN	Vicki Slater	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 24-25	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Oct 24-26	Omaha, NE closed	Lisa Anselme	Sheila Mee		
Oct 25-26	Evansville, IN	Vicki Slater	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 25-26	La Jolla/San Diego, CA	Trish Wragg	Haley Wragg	760-310-1057	wragg.patricia@scrippshealth.org
Nov 1-2	La Jolla, CA	Liz Fraser	Liz Fraser	1-800-scripps	fraser.elizabeth@scripps.org
Nov 1-2	CO Springs, CO	Myra Tovey	Brenda Disparti	719-365-6741	brendadispartia@yahoo.com
Nov 1-2	Indianapolis, IN	Sharon Smith	Carole Creech	317-340-1926	sassyroo1@yahoo.com
Nov 8-9	Charleston, SC	TBA	Janet Neal	843-388-1934	healingtouch1@bellsouth.net
Nov 8-9	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Nov 8-9	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Nov 14-15	Grand Forks, ND	Nan Cicha	Nan Cicha	701-738-8888	ncicha23@hotmail.com
Nov 21-22	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Dec 6-7	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgen1@aol.com
Dec 12-13	Red Wing, MN	Sarah Stinson	Sarah Stinson	651-267-3506	stinson.sarah@mayo.edu

LEVEL 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 9 & 12	Arvada, CO	Lisa Anselme	RRCC	303-914-6600	www.rrcc.edu
Apr 11-12	Minneapolis, MN	TBA	Kathy Kerber	612-863-7937	kathryn.kerber@allina.com
Apr 25-27	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Apr 26-27	Minneapolis, MN	TBA	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Apr 26-27	Albuquerque, NM	Lisbeth Carlisle	Lisbeth Carlisle	505-459-7358	lisbethcarlisle@aol.com
Apr 30-May 1	Springfield, VA closed	Lucrezia Mangione			
May 1-2	Red Wing, MN	Barb Schommer	Sarah Stinson	651-267-3506	stinson.sarah@mayo.edu
May 2-3	Honolulu, HI	Savitri Kumaran	Joyce Wong	808-487-5824	joycwong@aol.com
May 3-4	Stanford, CA	Elizabeth Helms	Elizabeth Helms	650-863-1701	elizabeth@sierrahealingtouch.com
May 3-4	Milbank, SD	Jeanne Thune	Jeanne Thune	712-635-4301	jeannethune@hotmail.com
May 3-4	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
May 3-4	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	605-966-5645	carolflack@longlines.com
May 3-4	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
May 3-4	LaJolla, CA	Mary Jane Aswegan	Trisha Wragg	760-519-6760	wragg.patricia@scrippshealth.org
May 9-10	San Diego, CA	Lisa Thompson	Tricia Pascucci	619-520-8995	ppascucci@rchsd.org
May 10-11	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
May 10-11	Cary, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com

Healing Touch Class Schedule 2014

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LEVEL 2; cont'd

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 16-17	Aberdeen, SD	Jeanne Thune	Janene Papendick	605-622-5164	janene.papendick@avera.org
May 17-18	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	605-966-5645	carolflack@longlines.com
May 31 - Jun 1	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
May 31- Jun 1	Harrisonburg, VA	Deborah Larrimore	Gina Bondurant	540-433-3421	calendulas@live.com
Jun 7-8	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgen1@aol.com
Jun 14-15	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Jun 20-21	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Jun 28-29	Red Bud, IL	Mary O'Neill	Clare Boehmer	618-282-3848	mailhealingmin@aol.com
Jun 28-29	OKC, OK	R Benham / C Hsmith	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
July 12-13	Indianapolis, IN	Kimberly Gray	Linda Lee	317-498-0621	corjalinn@aol.com
July 19-20	Tucson, AZ	Sue Kagel	Sue Kagel	520-891-5162	sue.kagel@gmail.com
July 19-20	Pac Pearl/La Jolla, CA	Rauni King	Rauni King	858-459-6919	rking487@aol.com
July 26-27	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
July 26-27	Flat Rock, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Aug 2-3	Springfield, IL	Mary O'Neill	Kendra Hurd	217-816-9287	kkc6345@aol.com
Aug 9-10	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Aug 9-10	Bainbridge, IN	Mary O'Neill	Sharon Smith	812-878-2034	cswholeness@aol.com
Aug 16-17	Omaha, NE	Jeanne Thune	Vicki Baines	402-350-8402	vickibaines5@gmail.com
Aug 16-17	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	858-435-7181	lundgren.rebecca@scrippshealth.org
Aug 23-24	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	712-333-7394	carolflack@longlines.com
Sep 13-14	Bridgeport, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
Sep 19-20	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Sep 19-20	Arvada, CO	Lisa Anselme	RRCC	303-914-6600	www.rrcc.edu
Sep 20-21	La Jolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scripps.org
Sep 20-21	St Louis, MO	Jody Hueschen	Joan Hogrebe	314-351-9621	jhogrebe@att.net
Sep 20-21	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	712-333-7394	carolflack@longlines.com
Sep 26-28	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Oct 11-12	Charleston, SC	Bonnie Johnson	Janet Neal	843-388-1834	healingtouch1@bellsouth.net
Oct 18-19	Minneapolis, MN	Carol Schoenecker	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 18-19	Sioux City, IA	Carol Ann Flack	Carol Ann Flack	712-333-7394	carolflack@longlines.com
Oct 18-19	Rochester, MN	Sue Knutson	Sue Knutson	507-292-0247	sueknutson@usfamily.net
Oct 25-26	Evansville, IN	Bonnie Johnson	Peggy Graul	812-465-1161	pgraul@usi.edu
Oct 25-26	Flat Rock, NC	Judy Lynne Ray	Karen Toledo	828-215-6565	karentoledo@hotmail.com
Nov 1-2	Harrisonburg, VA	Deborah Larrimore	Gina Bondurant	540-433-3421	calendulas@live.com
Nov 8-9	Paynesville, MN	Dana Spates	Dana Spates	320-266-5476	dspates@mchsi.com
Nov 8-9	Tampa, FL	Kimberly Gray	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Nov 08-09	Grass Valley, CA	Elizabeth Helms	Sue Berney	530-575-6586	ruffreadysue@gmail.com
Nov 15-16	Red Bud, IL	Mary O'Neill	Clare Boehmer	618-282-3848	mailhealingmin@aol.com
Nov 15-16	Farmington Hills, MI	Barb McConnell	Nancy Judge	248-471-4624	judgen1@aol.com
Nov 15-16	Denville, NJ	Maggi Hutchinson	Healing Touch NJ	973-214-2582	maggihtnj@gmail.com
Nov 17-18	Springfield, VA closed	Lucrezia Mangione			
Nov 21-22	St Paul, MN	Carol Schoenecker	Denise Joswial	651-241-6217	denise.joswiak@allina.com
Nov 22-23	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Dec 7-8	Tucson, AZ	Sue Kagel	Sue Kagel	520-891-5162	sue.kagel@gmail.com
Dec 12-13	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com

Healing Touch Class Schedule 2014

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LEVEL 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 11-12	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
May 02-03	Meridian, ID	Lisa Thompson	Mary Kay Foley	208-727-8417	foleym@slhs.org
May 9-10	Arvada, CO	Lisa Anselme	RRCC	303-914-6600	admissions@rrcc.edu
May 17-18	La Jolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scrippshealth.org
May 17-18	Farmington Hills, MI	Barb McConnell	Barb McConnell	517-914-4133	mcconb51@bigplanet.com
May 24-25	Albuquerque, NM	Lynne Jeffrey	Lisbeth Carlisle	505-459-7358	lisbethcarlisle@aol.com
May 31-June 1	San Diego, CA	Lisa Thompson	Tricia Pascucci	619-520-8995	ppascucci@rchsd.org
Jun 6-8	Coralville/Iowa City, IA	Maggie Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Jun 13-14	St Cloud, MN	Carol Schoenecker	Alyssa Mohs (ext 54687)	320-251-2700	mohsa@centracare.com
Jun 20-21	Lakewood, CO	Lisa Anselme	Carrie Niewenhous	303-210-3906	cgn454@gmail.com
Jun 21-22	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggihtnj@gmail.com
Jun 26-27	Springfield, VA closed	Kathleen Scacciaferro			
Jun 20-21	Lakewood, CO	Lisa Anselme	Carrie Niewenhous	303-210-3906	cgn454@gmail.com
July 18-19	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
July 19-20	Farmington Hills, MI	Barb McConnell	Barb McConnell	517-914-4133	mcconb51@bigplanet.com
July 26-27	Harrisonburg, VA	Deborah Larrimore	Gina Bondurant	540-433-3421	calendulas@live.com
Aug 9-10	OKC, OK	Raine Benham	HT Oklahoma	405-627-3606	heartsmith@sbcglobal.net
Aug 16-17	Pac Pearl/La Jolla, CA	Rauni King	Rauni King	858-459-6919	rking487@aol.com
Aug 23-24	San Diego, CA	Anne Day	Tricia Pascucci	619-520-8995	ppascucci@rchsd.org
Sep 12-14	St Joseph, MN	Jackie Mielke	Jackie Mielke	952-473-9378	jackie@jackiemielke.com
Sep 20-21	La Jolla, CA	Mary Jane Aswegan	Trisha Wragg	760-519-6760	wragg.patricia@scrippshealth.org
Sep 24-25	Woodbury, MN	Barb Schommer	Denise Wills	651-326-0025	dmwills@healtheast.org
Sep 27-28	Nashville, TN	Bonnie Johnson	Bonnie Johnson	615-383-3337	jbonnie@aol.com
Oct 4-5	Indianapolis, IN	Mary O'Neill	Sharon Smith	812-878-2034	cswholeness@aol.com
Oct 17-18	Winston-Salem, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 18-19	Bismarck, ND	Judy Turner	Renee Feist	701-222-0546	dlrmfeist@bis.midco.net
Oct 18-19	Kansas City, MO	Jody Hueschen	Jody Hueschen	816-838-0438	jhueschen@aol.com
Oct 18-19	Minneapolis, MN	Barb Schommer	Janet Dahlem	651-690-7758	jldahlem@stkate.edu
Oct 18-19	La Jolla, CA	Rauni King	Liz Fraser	1-800-scripps	fraser.elizabeth@scripps.org
Nov 8-9	Pontiac, MI	Jan Tait	Judy Rascano	248-241-6636	judy.rascano07@comcast.net
Nov 15-16	Encinitas, CA	Mary Jane Aswegan	Rebecca Lundgren	858-435-7181	lundgren.rebecca@scrippshealth.org
Dec 6-7	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healing touch ct@yahoo.com

Healing Touch Class Schedule 2014

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LEVEL 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
April 10-13	Stillwater, MN	Judy Turner	Barb Schommer	763-458-0220	barb.schommer@gmail.com
April 12-14	Soldotna, AK	Mary Szczepanski	Bonnie Nichols	907-252-4129	bnichols@cpgh.org
May 15-18	Selma, IN	Lisa Anselme	Sharon Smith	812-878-2034	cswholeness@aol.com
May 15-18	Burlington, VT	Kathleen Scacciaferro	Kathleen Scacciaferro	802-363-0259	kscacciaferro@gmail.com
Jun 19-22	Kansas City, KS	Mary Frost	Jody Hueschen	816-838-0438	jhueschen@aol.com
July 10-14	Lakewood, CO	Lisa Anselme	Carrie Niewenhous	303-989-7982	education@healingbeyondborders.org
July 31-Aug 3	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healing touch ct@yahoo.com
Aug 7-10	Stoneville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Aug 14-17	Farmington Hills, MI	Barb McConnell	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Aug 21-24	Columbia, IL	Mary O'Neill	Jan McArthur	636-724-2435	Janmac2001@gmail.com
Aug 22-24	Denville, NJ	Maggi Hutchinson	HT New Jersey	973-214-2582	maggihtnj@gmail.com
Sep 11-14	Cedar Falls	Maggie Freel	Lisa Bormann	319-330-0623	chi.lisabormann@gmail.com
Sep 22-25	Madison, VA closed	Deborah Larrimore			
Sep 26-28	San Diego, CA	Rauni King	Tricia Pascucci	619-520-8995	ppascucci@rchsd.org
Oct 23-26	Omaha, NE	Maggie Freel	Jeanne Thune	712-635-4301	jeannethune@hotmail.com
Oct 24-26	St Paul, MN	Carol Schoenecker	Barb Schommer	763-458-0220	barb.schommer@gmail.com

LEVEL 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
April 10-13	Stillwater, MN	Anne Day	Barb Schommer	763-458-0220	barb.schommer@gmail.com
Apr 24-27	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healingtouchct@yahoo.com
May 30 - Jun 1	Pac Pearl/La Jolla, CA	Rauni King	Rauni King	858-459-6919	rking487@aol.com
Jun 19-22	Capitan, NM	Lynne Jeffrey	Lynne Jeffrey	575-354-3424	lbjeffrey1@windstream.net
July 17-20	Norwich, CT	Jeanne Zuzel	Tim Zuzel	860-889-4690	healing touch ct@yahoo.com
July 24-27	Kansas City, KS	Judy Turner	Jody Hueschen	816-838-0438	jhueschen@aol.com
Aug 14-17	Farmington Hills, MI	TBD	Barb McConnell	517-914-4133	mconb51@bigplanet.com
Aug 21-24	Columbia, IL	Mary Szczepanski	Jan McArthur	636-724-2435	Janmac2001@gmail.com
Sep 26-28	San Diego, CA	Anne Day	Tricia Pascucci	619-520-8995	ppascucci@rchsd.org
Oct 2-5	Hamptonville, NC	Deborah Larrimore	Ashley Fleetwood	336-777-0680	HToftheCarolinas@me.com
Oct 16-19	Selma, IN	Lisa Anselme	Sharon Smith	812-878-2034	cswholeness@aol.com
Nov 7-9	Tampa, FL	Judy Turner	Tammy Dragel	813-870-4766	tammy.dragel@baycare.org
Nov 14-16	St Paul, MN	Carol Schoenecker	Barb Schommer	763-458-0220	barb.schommer@gmail.com

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International Classes Level 1

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 12-13	Fredericton, NB	Jeanne Balcom	Julie Chasse	506-451-8884	acushla.cher@gmail.com
Apr 12-13	Alto Hospicio, CHILE	Mary Moloney	Solange Benedetti	88279991	
Apr 19-20	Prince George, BC	Lisa Hickey	Lisa Hickey	250-964-1936	lisa@bodymindrenewal.ca
Apr 26-27	Dawson Creek, BC	Lisa Hickey	Jenny Spitz	250-784-5522	jennyspitz@xplornet.ca
Apr 26-27	Edmonton, AB CANADA	Kathleen Smythe	Kathleen Smythe	250-447-6201	sunflowerinnbb@shaw.ca
May 2-3	Potters Bar, ENGLAND	Terry Sparks	Alison Facey	01707 652978	alisonfacey@gmail.com
May 3-4	Christina Lake, BC	Kathleen Smythe	Kathleen Smythe	250-447-6201	sunflowerinnbb@shaw.ca
May 3-4	Collingwood, ON	A Zaritzky / S Hutchinson	Angela Mattos	705-652-0506	HT.Canada@healingtouchcanada.net
May 3-4	Sunshine Coast, AUST	Veronika Oliver	Veronika Oliver	754422921	
May 24-25	Ballarat, AUSTRALIA	Rosalie Van Aken	Michelle Henderson	490133611	
May 31 - Jun 1	Tokyo, JAPAN	Lisa Anselme	Miki Toda		mail-eng@ht-tokyo.jp
Jun 7-8	Alto Hospicio, CHILE	Mary Moloney	Solange Benedetti	88279991	
Jun 14-15	Sydney, AUSTRALIA	Rosalie Van Aken	Susie Nash	242361504	
Jun 28-29	Perth, AUSTRALIA	Rosalie Van Aken	Rosalie Van Aken	410286287	
Aug 15-16	Sunshine Coast, AUST	Veronika Oliver	Veronika Oliver	754422921	
Aug 30-31	Alto Hospicio, CHILE	Mary Moloney	Solange Benedetti	88279991	
Sep 6-7	Wauchope, AUSTRALIA	Susan Ashton	Sisan Ashton	265856316	
Sep 27-28	Galway, IRELAND	L Anselme/F McCarthy	Flish McCarthy	353876750446	mccarthyfelicla@gmail.com
Sep 27-28	Parksville, BC CANADA	Toby Krell	Anji Jones	250-752-3893	innerjpyht@gmail.com
Sep 27-28	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	humming4health@hotmail.com
Oct 4-5	Dieppe, NB FRENCH	Jeanne Balcom	Jeanne Balcom	506-382-4832	humming4health@hotmail.com
Oct 25-26	Kelowna, BC CANADA	Kathleen Smythe	Kathleen Smythe	250-447-6201	sunflowerinnbb@shaw.ca
Nov 1-2	Vancouver, BC CANADA	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Nov 8-9	Townsville, AUSTRALIA	Rosalie Van Aken	Kristin Wicking	427102221	
Nov 22-23	Ballina, AUSTRALIA	Susan Ashton	Dawn Stead	266247859	

International Classes Level 2

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 26-27	Maple Ridge, BC	Ginny Mulhall	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
May 3-4	Dieppe, NB FRENCH	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
May 6-7	Utrecht, Netherlands	Deborah Larrimore	Agnetha Delacauw		info@healingtouchbelgie.be
May 8-9	Potters Bar, UK	Terry Sparks	Alison Facey	01707 652978	allisonfacey@googlemail.com
May 10-11	Townsville, AUSTRALIA	Rosalie Van Aken	Kristin Wicking	427102221	
May 10-11	Santiago, CHILE	Mary Moloney	Virginia Bustos	81645051	
May 24-25	Parksville, BC CANADA	Bev Workbets	Anji Jones	250-752-3863	innerjoyht@gmail.com
May 24-25	Ballina, AUSTRALIA	Susan Ashton	Dawn Stead	266247859	
May 31-Jun 1	Ballarat, AUSTRALIA	Rosalie Van Aken	Michelle Henderson	490133611	
Jun 7-8	Parksville, BC CANADA	Bev Workbets	Anji Jones	250-752-3863	innerjoyht@gmail.com
Jun 7-8	Cairns, AUSTRALIA	Rosalie Van Aken	Kay Michaels	417332904	
Jun 21-22	Victoria, BC CANADA	Catherine Awai	Catherine Awai	250-597-4312	catherineawai@gmail.com
Jun 21-22	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
Jun 28-29	Alto Hospicio, CHILE	Mary Moloney	Solange Benedetti	88279991	
Aug 9-10	Perth, AUSTRALIA	Rosalie Van Aken	Rosalie Van Aken	410286287	
Oct 4-5	Christina Lake, BC CAN	Bev Workbets	Kathleen Smythe	250-447-6201	sunflowerinnbb@shaw.ca
Oct 11-12	Alto Hospicio, CHILE	Mary Moloney	Solange Benedetti	88279991	
Nov 1-2	Dieppe, NB FRENCH	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com

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International Classes Level 3

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 25-27	Dieppe, NB French	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com
May 10-11	Oostkamp, BELGIUM	Deborah Larrimore	Agnetha Delacauw		info@healingtouchbelgie.be
May 17-18	Vancouver, BC	Catherine Awai	Karen Stewart	778-292-1845	kasinbc@yahoo.ca
Jun 21-22	Santiago, CHILE	Eileen Kearney	Virginia Bustos	81645051	
Jun 21-22	Northern NSW	S Ashton / R Van Aken	Susan Ashton	265856316	
Sep 20-21	Galway, IRELAND	Lisa Anselme	Flish McCarthy	353876750446	mccarthyfeliccia@gmail.com
Oct 4-5	Toronto, ON CANADA	Alexandra Jonsson	Angela Mattos	705-652-0506	HTCanada@healingtouchcanada.net
Nov 1-2	Parksville, BC CANADA	Bev Wordets	Anji Jones	250-752-3863	innerjoyht@gmail.com
Nov 10-11	Siddenburen, NETHER	Deborah Larrimore	Wilma Bijl		wilma_bijl@hotmail.com
Nov 21-23	Dieppe, NB CANADA	Jeanne Balcom	Jeanne Balcom	506-382-4832	hummingforhealth@hotmail.com

International Classes Level 4

Date	Location	Instructor(s)	Contact	Phone	e-mail
Apr 25-27	Alto Hospicio, CHILE	Eileen Kearney	Solange Benedetti	88279991	
Apr 28-30	Andreisvale; South Africa	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
May 15-18	Sydney, AUSTRALIA	Rosalie Van Aken	Susie Nash	242361504	
Nov 13-16	Siddenburen, NETHER	Deborah Larrimore	Wilma Bijl		wilma_bijl@hotmail.com
Nov 27-30	Nanaimo, BC	Catherine Awai	HTC	705-652-0506	HTCanada@healingtouchcanada@net

International Classes Level 5

Date	Location	Instructor(s)	Contact	Phone	e-mail
May 4-6	Andreisvale; South Africa	Mary Frost	Mary Frost	228-342-1519	tothealt@aol.com
Oct 26-29	Brisbane, AUSTRALIA	Rosalie Van Aken	Rosalie Van Aken	410286287	
Nov 28-30	Santiago, CHILE	Eileen Kearney	Virginia Bustos	81645051	

Healing Beyond Borders
445 Union Blvd., Suite 105
Lakewood, CO 80228



Healing Beyond Borders
Educating and Certifying the Healing Touch TM

VISION

Spread Healing, Light and Love, Creating Wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Beyond Borders practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch