

Perspectives in Healing

A PUBLICATION OF HEALING BEYOND BORDERS

3RD QUARTER 2014

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*Spreading Healing Light
Worldwide through heart
centered service, education
and professional development*

Healing Beyond Borders Dissolving Limitations to Healing - Part 3 Intention and Attention



"Attention and intention are two qualities of awareness that bring about the manifestation or attraction, of both the material and the nonmaterial world. Attention is the focusing aspect of the mind. Intention is purpose."

~ Deepak Chopra

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This periodical is published quarterly (4 times a year). We welcome articles, photographs, advertising and other items. All items are published on a space available basis and with the approval of the Executive Director. We acknowledge all submissions; originals will be returned upon request. Send advertising and articles to Director@HealingBeyondBorders.org ... Thanks!

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Healing Beyond Borders

Educating and Certifying the Healing Touch™

*Spreading Healing, Light and Love, Creating Wholeness on Earth
through heart-centered service, education and professional development.*

Healing Touch – a Nurturing Energy Healing Therapy

Healing Touch is a nurturing and heart-centered biofield (energy) healing therapy. Gentle touch assists in balancing physical, mental, emotional and spiritual well-being. The goal in Healing Touch is to restore harmony and balance, to support the body's natural healing ability. It is safe for all ages and works in harmony and collaboration with standard medical care.

Healing Touch is used in a wide variety of settings including hospitals, long term care facilities, private practices, hospices and spas and is taught in universities, medical and nursing schools and other settings internationally.

HTI Healing Touch Certificate Program

The HTI Healing Touch Certificate Program includes 5 levels of training provided by Healing Beyond Borders Certified Healing Touch Instructors. Classes are open to anyone interested in healing. Students progress through the course at their own pace and may take as many levels as desired. Nursing and Massage continuing education contact hours are provided.

Healing Touch grew out of the nursing practice of Janet Mentgen and was developed as a certificate program by the Education Committee of the American Holistic Nurses Association (AHNA) in 1989. In 1996, the AHNA Healing Touch Certificate Program and credentialing was transferred to Healing Touch International and became the HTI Healing Touch Certificate Program; this original standardized curriculum continues today. AHNA has endorsed the HTI Healing Touch Certificate Program since 1997. See www.HealingBeyondBorders.org. Click on Education for class information.

Healing Beyond Borders Healing Touch Certification

Healing Beyond Borders Certification Board offers credentialing for Certified Healing Touch Practitioners (CHTP), and Certified Healing Touch Instructors (CHTI). Certification was established within AHNA in 1993, and transferred to Healing Touch International, now dba Healing Beyond Borders, in 1996. Students, Practitioners, and Instructors are responsible to practice with integrity, adhering to the Healing Beyond Borders Standards of Practice / Code of Ethics, and Scope of Practice.

Healing Beyond Borders, Non-profit Membership Organization

Healing Touch International, Inc., now doing business as Healing Beyond Borders, is the Healing Touch non-profit professional organization founded by Janet Mentgen RN in 1996. We are dedicated to spreading healing, light and love worldwide, and supporting the heart-centered practice and teaching of Healing Touch, Continuing Education, Research, Health Care Integration, and Professional Development. Support services are provided for the general public, Students, Practitioners, Instructors and those interested in healing.

Healing Beyond Borders Core Values

- Integrity
- Heart Centeredness
- Respect of Self and Others
- Self Care
- Service
- Community
- Unconditional Love

HTI 2003, Revised 2004

Healing Beyond Borders Perspectives in Healing, the official publication, is published quarterly.

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Letter from the Editor

Dissolving Limitations to Healing Part 3 - Intention & Attention

by Lisa Anselme RN, BLS, HN-BC, CHTP/I, Executive Director

*"Attention and intention are two qualities of awareness that bring about the manifestation or attraction, of both the material and the nonmaterial world. Attention is the focusing aspect of the mind. Intention is purpose."
~ Deepak Chopra*

Ram Das observes, "When I start to get angry, I see my predicament and how I'm getting caught in expectations and righteousness. Learning to give up anger has been a continuous process. If you feel a sense of social responsibility, first of all keep working on yourself. Being peaceful yourself is the first step if you want to live in a peaceful universe. Social action arouses righteousness. Righteousness ultimately starves you to death. If you want to be free more than you want to be right, you have to let go of righteousness, of being right. *Ultimately I would rather be free and in love than be right.*"

Within our energy healing work, we set great value upon the power and focus of **intention** for the highest good. It is one of our healing principles and foundational preparation for providing Healing Touch. We train to set aside distractions, and center and focus upon the wholeness and highest good of the patient/client. In order to become proficient at this setting of intention, it becomes important to practice it in daily life and cultivate it as we would any other skill. In order to do so, we must place our **attention** upon cultivating this within a daily practice and developing this skillset. As this skill tends to focus within the realm of centering and connecting within the transpersonal, for the sake of argument, let's identify it as a spiritual or centering practice.

In his 2014 baccalaureate speech to Stanford University graduates, Zen teacher Norman Fischer notes that, "it takes a great deal of fortitude and moral strength to sustain a worthwhile, happy, and virtuous human life over time in the world as it actually is. And, ultimately, your life has never been about you, as my life has never been about me, or how much we accomplish, or how successful we are or how much good we do for others, or the world: our lives have always only been about one thing: love.

And he asks the question, "How do we make love real in our lives?" He shares that "It takes **attention**, commitment, continuity and effort. It won't come automatically, from wishing, (**intention**), or believing or assuming." He states that we are "going to have to figure out how not to get distracted by success or lack

of it, our needs, our desires, our suffering, our various interests, but that we need to keep our **attention** on love and commit ourselves to its pursuit, even as we deal with the rest."

This is where our work, our practice, comes in. Regardless of whether or not we believe in a power higher than ourselves, we can still have a discipline, a spiritual or centering practice to help us find the spaciousness to place our focus upon love.

Our practice doesn't have to be prescribed religious ritual, although that can be one path of practice. It can involve walking a labyrinth, creating a beautiful piece of art, listening to magnificent, timeless music, gazing at or walking in nature, sitting in meditation, practicing and cultivating energy movement and breath, such as yoga or Qi Gong, practicing prayer of any faith, offering prayers of gratitude, practicing giving/tithing, practicing kind speech and kind action, practicing being of service to someone other than ourselves, practicing compassion by moving toward rather than away from the suffering of others, human or nonhuman, practicing mindfulness in our daily living, or practicing stillness in order for the universe to speak to us, to name just a few. In essence, this is practicing "presence".

Zen teacher Fischer also reminds us to practice recognizing that anything we do, cannot be done solely on our own power and "takes a world of support", (consider those who provide our food, our lodging, our technology, our emotional support, etc.).

Only recently have I come to fully appreciate an early childhood opportunity to learn "**attention**" and "**presence**". I grew up in a family owned business in which my grandfather, great uncle, uncle, and father were French bakers. In our family, work began at 4:00 am in order to begin the preparation of dough, beautiful breads, elegant pastries and desserts that would be freshly baked and displayed as the store opened in the early morning. Holidays were highly stressful times of intense activity, as most of the pre-orders were quite large and set for delivery the day before or morning of the holiday. At one period of time, our bakery would even

continued on page 4

Letter from the Editor cont...

prepare and bake the holiday turkeys and some of the dishes in one of the very large bakery ovens. As holidays were heavy work periods for our family, as a nurse in later years, it seemed second nature to work over the holidays, and I would often cover for colleagues who had more fixed family schedules. It would give me the opportunity to organize a dinner or celebration to bring into the hospital for families of children who were hospitalized over those special days.

While this work philosophy may seem atypical for ones who were raised differently, it afforded a perspective that tempered the egocentrism of childhood and adolescence, while still allowing for a full academic and social life. This work ethic carried over into adulthood and has remained with me since. My first “job” as a very young girl was to partially fold and stack the clean white boxes that would hold the pastries, allowing them to be slipped into the box and closed. I would do this over and over, practicing the same repetitive movement. Often times, my mind would daydream about what I would do when my task was finished. Other times, I might be resentful that I would be assigned this task while others were out playing. And then, sometimes, initially quite rarely, I would become very attentive, noting how each fold was perfect in itself, and how wonderfully the little pastry boxes stacked within each other. With each fold, my mind would become very quiet and calm, very focused and at peace. I don’t believe this was at all my parent’s **intention** in assigning this task, however, it was a very good lesson in **attention**. Later, when I was assigned the task of serving customers, I would again experience moments where the dynamic interaction with that person was completely and fully a point of focus upon the other person, one in which I would listen carefully to what they wished to purchase, even as they would share with me small vignette stories of their life. In retrospect, I realize that that was the starting point of cultivating **attention** and **healing presence** for another.

I found this same occurrence of focused attention happening when I had my first “real” job – detasseling corn at the age of 13. We removed the center tassels from the corn plant so that it would not pollinate itself and could then be used for seed corn in later years. Hoping to be hired onto the crew, I wore my mother’s “heels” in my job interview so that I could meet the height requirement... the job paid well for a teenager, and it afforded a means to be outside in the summer. Again, we left very early each morning at dawn and would work towards sunset, walking between the long rows of corn, and as I was short, reaching up to pull the tassels and then letting them drop in the path. While we were frequently very social and would often sing and laugh, there would be times when it would become

very quiet and once again, my mind would settle and stillness and focus became absolute. I became very present to the task at hand. I think that I would have been able to hear a pin drop at the edge of the field in those moments. In those moments, the typical concerns of adolescence, family, the Vietnam war, worries about my older brother and the draft, racism, the world, and so forth, would drop away and peace would descend within my entire being.

Zoketsu Norman Fischer stated that, “The defining characteristic of a spiritual practice is that it is useless. It has no practical purpose except to connect you to your heart and your highest and most mysterious purpose – a purpose that is literally unknown, because it references the unanswerable questions...” He further urged the Stanford graduates to cultivate regular spiritual practices to survive the difficult human journey of life with their “hearts intact” and their “love generous and bright.”

Today I recall the past nine years since our founder’s passing in 2005 and reflect upon the many challenges that have crossed our pathway both before and during this period. I am acutely aware that while board of directors and staff have focused upon and held highest **intention**, and diligently worked towards taking the “high road” while forging a new, sustainable path, it has been our ongoing discipline, spiritual practice, **attention** and **presence**, fostered through those moments of quiet retreat, that have allowed us to keep our hearts intact and love bright, attending to what has been placed before us to the best of our capabilities.

It is with such **attention**, that each newly certified practitioner and instructor completed their trainings and requirements, that the container and ingredients for this year’s successful conference was created, that each speaker and workshop delivered such inspired content, and that the new website was designed, developed and negotiated. It is with such attention that each person connects to their heart, continues their practice, such that we may continue to spread healing light worldwide.





Motivations from the President

Dissolving Limitations: Part Three

by Mary-Cathrine Campbell RN, BA, CHTP, Healing Beyond Borders President

Did you attend conference? If you did, I hope that you were present when Sue Kagel presented the "Intention" experiment. The intention

was set to raise the vibration of Healing Beyond Borders by asking each member center, set intention, and log onto and explore our new website www.healingbeyondborders.org daily, thereby raising the overall vibrational frequency of our organization.

Pondering the two words "Attention" and "Intention" has resulted in some interesting thoughts. Phrases such as "Pay attention" or "May I have your attention?" convey to me a passive response on the part of the listener. On the other hand, when someone speaks of "Setting an intention", or asks another person "What is your intention?" the feeling I have is more of an active response by the listener.

Either way, both words also convey to me a sense of focusing my mind on a particular thought or idea. When we do this, we sharpen our ability to discern with clarity. Take the recent example of credentialing. Just prior to conference, Lisa Anselme wrote a very clear explanation of what credentialing with Healing Beyond Borders, Educating and Certifying the Healing Touch, means with respect to the unbroken lineage begun with the American Holistic Nurses Association (AHNA) in 1993. Did you happen to read that particular article? Did you understand its significance?

Other practitioners claim to have credentialing through the NCCA. How does this compare? There was a great ballyhoo in the past couple of years that this was the standard by which biofield practitioners such as us needed to be recognized. BUT...**PAY ATTENTION** to the wording...

If you happen to "google" NCCA, you will find it is an acronym for the National Commission for Certifying Agencies. It operates under the auspices of ICE, another acronym which stands for Institute of Credentialing Excellence. If you investigate further, you discover that the NCCA mission is:

1. To establish standards
2. To evaluate compliance with those standards
3. To *recognize* programs which demonstrate compliance with standards
4. To serve as a resource for certification

Compare this to the mission of Healing Beyond Borders. Our mission is: "To spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the certification process for Healing Touch practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch students, practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch"

Sometimes, I think, we can be misled by not focusing, or paying attention to what is actually being stated. In the distractions of daily living, we may assume that whatever is proclaimed is "the Truth". We may find ourselves becoming emotionally unbalanced by situations that convey only partial truths. And so, I believe that it is our duty, when we receive information that is new and may have significance for how we practice, to take the time and investigate ourselves. To seek out and clarify the information and not to just "react" with anger or fear.

It has been my personal experience that whenever I have been distracted by an emotionally-charged situation in the past, I lose my ability to "pay attention". I become ungrounded, and wobble in negativity. Maintaining a daily spiritual practice is essential for me to stay grounded in positive affirming patterns of behaviour (and yes, I do sometimes "fall off the wagon", because I'm human). By setting the intention each day to be willing to be of service, and to do not my will, but the Will of the Divine, I can go forward in peace and tranquility, no matter what the day brings, knowing I will be supported by the integrity of the work and this organization.



Reflections from the Past President

Dissolving Limitations to Healing - Intention

by Mary O'Neill RN, CHTP/I Immediate Past President

"Everything has a past. Everything – a person, an object, a word, everything. If you don't know the past, you can't understand the present and plan properly for the future." ~ Chaim Potok, Davita's Harp

We had such an amazing Annual Conference this year in Colorado Springs. I experienced the warmth of our community coming together to learn, grow and deepen our connection to the work of Healing Touch. The incredible setting at the base of Cheyenne Mountain was breathtaking. I felt the strength of our Healing Beyond Borders organization as I observed the mountain anchored so deeply into the earth and reaching for the heavens. During my reflection time in the early morning, I began to think of the passage of time that mountain has witnessed. From the time the mountains were first formed with unimaginable force through the ages, all of the life forms that have been birthed, thrived and then passed on as new life emerged. That life cycle continues in the shadow of this great mountain. What a story it could tell from eons of change - from the ice age and inland seas, to dinosaurs roaming the valley, to the ancient native people living off the land, to the present day tourists who now play golf at its feet. It is important to be able to reflect on our origins, past history, and our own story within our Healing Touch culture. We know with time some details are lost; fragments of the story get changed or forgotten. With the passage of time, people who were the early stakeholders will pass on. We don't want to lose the valuable information they have carried and passed forward. As the quote above states, we have to know the past in order to understand our present and plan for the years ahead. This is the responsibility of leadership to call us into awareness of our rich history. Many indigenous people have a rich oral history that is passed down carefully from generation to generation. What amazing respect is modeled for their history within this tradition!

With that thought, I want to share with you two ways that responsibility is being attended to within our Healing Beyond Borders community. Last year, as my term on the Board from 2007- 2010 as Director and 2010-2013 as President came to a close; the Board discussed the importance of not losing the valuable experience and significant history that occurred as I served in a leadership role. We looked at the methods established by other organizations to provide a resource to the Board of previous officers who could provide counsel and relate history. So after taking a few months to reflect, discuss and refine this endeavor, the Board

approved the position of Immediate Past President. In this position, I attend quarterly Board meetings and am available to the Board as needed to offer a perspective on our history or clarify points of discussion as related to past actions and decisions. I do not have a vote on Board motions. This position of Immediate Past President provides a very important link for our Board as they set the course for the future. I am pleased to continue to be of service as needed.

The second way we are attending to our link to the past is in the most recent publishing of a new book, *Healing Touch: Enhancing Life through Energy Therapy*. This rich text by authors Diane Wardell, Sue Kagel and Lisa Anselme is a compilation of forty-four contributors. I just received my copy as I returned home from teaching this past weekend. I must admit, I stayed up into the wee hours as I devoured this book. What a delight to hear from so many wonderful people who have played an integral part in the beginning and incredible growth of Healing Touch, holism health and energy therapies through the years. This is an amazing way to link to our living history and get the story from the healers who generated the energy to carry this work forward. It is a weaving from person to person, story to story that becomes a tapestry of discovery, passion, commitment and determination to move this work forward while always being open to guidance and flow. This exquisite tapestry shows how the work spread from country to county, continent to continent with a life of its own. It honors the origins with Janet's study of many healers and traditions, and her subsequent practice, insight, vision and wisdom. It chronicles her taking it to AHNA and the further refinement of the process through AHNA's Education Committee into a certificate program, then ultimately the creation of the certification process under AHNA, and finally to the creation by Janet of Healing Touch International as a non-profit organization to house certification, education, and research and provide for membership to support our students, practitioners and instructors.

We are in a complex world today where there are many challenges to our work, our right to offer the work and to our history. Each of us who have studied, grown and matured through this process has the responsibility to carry forward the truth of our rich history to those who follow.

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Reflections from Past President cont...

Know your origins, know your history, tell the story in your classes, practice groups from Mentor to Mentee, to the newly certified. This is how we will strengthen and preserve our rich tradition of Healing Touch.

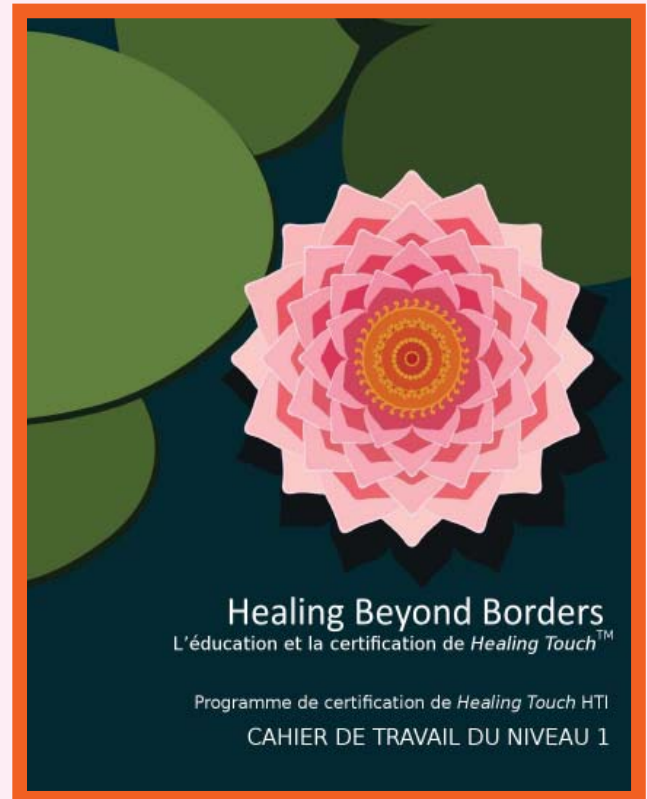
If we are to remain a vital force for healing in the world and continue to move beyond borders into new frontiers with Healing Touch, we each are responsible for learning and understanding our HTI/HBB history so that we can plan an effective course for the future. *Healing Touch: Enhancing Life through Energy Therapy* offers us this rich history, honoring those who set the stones on the path so that we could indeed climb the mountain for the view from the top. I am most grateful for all who contributed to this book and for those who spent a good portion of their past two years to edit it. I honor your time, commitment and dedication to bring it to life. My deepest gratitude to each of you for the valuable resource you have provided.

Thank You Gracious Donor

We have had the opportunity to exhibit and represent Healing Beyond Borders at the International Planetree Conference, thanks to a very generous donor who wishes to remain anonymous. We are immensely grateful and know that this increased visibility will serve everyone now and in the future.



New French Language Level 1 Student Workbook



Merci Beaucoup and Kudos!

Thank you and Kudos to Julie Chasse' Level 3 Student and Jeanne Balcom RN, CHTP/1 for their collaborative work with Healing Beyond Borders, in the creation of a French language Level 1 Healing Beyond Borders Student Workbook!



Now Available!
Healing Touch Technique
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with **Anne Day**,
BSN, MA, HNB-BC, CHTP/1

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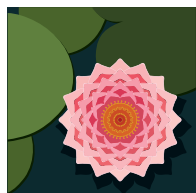
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STRANDS by Mary Szczepanski
In a futuristic tale set in a time of global warming, shifting politics & social change, an evolving healer with enhanced DNA finds her own growth intertwined with everyone else's. Her challenge is to remember where she came from & to learn to use her abilities. Available at Amazon.com hard copy or kindle.

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Watch for Second Printing on Amazon & Barnes & Nobles!

44 Expert Contributors including 4 Holistic Nurses of the Year & the Founder of the American Holistic Medical Association

****A portion of all proceeds will be granted to Healing Beyond Borders*

Healing Touch

Enhancing Life through Energy Therapy

Diane Wardell, PhD, RN
Sue Kagel, BSN, RN
Lisa Anselme, BLS, RN

Be prepared to be enlightened and inspired. If any book deserves to be subtitled a "life enhancing" book, this is it.

— GARY E. SCHWARTZ, PhD

Healing Touch

"I believe that energy therapies will be part of medicine and health care of the future... This informative and thorough book is an excellent introduction to the field."

—Andrew Weil, MD, author of *Natural Healing*

Healing Touch: Enhancing Life through Energy Therapy offers guidance for those interested in deepening their understanding of holistic energy therapy, holistic health care, and further developing their skills. It's a practical companion for those who are curious, interested, or work in health care or the healing arts fields. Forty-four contributors from around the world share expertise, experiences, passion, and caring examples on how to use Healing Touch to better our lives, community, and world. This guide was carefully edited by Diane Wind Wardell, Sue Kagel, and Lisa Anselme.

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Inspirations

Acrostic ("Alpha") Poems - While Observing Level 4 Students & Contemplating Their Unfoldment

by Lisa Anselme RN, BLS, HN-BC, CHTP/I

My Self Care

My healthy self knows how to care for me. She says:
You carry the wisdom within your heart

Sing to the mountains - sing to their beauty
Even your feet and toes know this dance
Love to the fullest expression of Source
Family is blessed - friendships are holy

Clarify all those aspects of doubt
Acceptance of self - allowance of quiet
Rest deeply so you may hear the music of the cosmos
Ever calling you present - ever calling you whole

ACROSTIC POEM CHALLENGE

Acrostic poems, sometimes called "alpha" poems, use the letters in a topic word or concept to begin each line. All lines of the poem then pertain to the poem concept or word. They are easy to write and typically involve placing the letters of the topic word or concept in a vertical line down the page. Each letter on a line then becomes the start of the first word in that line. It is a way to break through a writer's block of any sort, approach journaling of any topic, or simply find joy in writing! We challenge you to have fun with this and see what you can create!



Prosperity Flows

Plentiful opportunities
Resting in the abundance of Source
Oh, to sing the song of our souls
Simple lives - lived in grace
Priceless friendships
Experiences, each one a treasure
Riches of this precious human life
Infinite flow - infinite blessings
Touching the core of our being
Yielding to our authentic selves

First - centering deep in our bellies
Light becomes our purpose
Our path unfolds before us
Wholeness beckons
Stillness arises

Heart Centered Marketing

Marketing Update

by Evie M. Caprel, BA, CHTP, FT, WC,

Vice-President, Healing Beyond Borders, Educating and Certifying the Healing Touch™



New Website Launched!

Yes, it's true! We have a new website! Go to www.healingbeyondborders.org and check it out!

Is the 'old' website still coming up for you? That's OK – just don't click on it anymore. You may need to clear your website search history, or cache. Not sure how? Just 'Google' "How do I clear my search history for (your browser, such as Internet Explorer, Safari, Google Chrome, Firefox, etc.)."

Go to www.healingbeyondborders.org **EVERY DAY!** (This will help bring us up on website search results.) Then scroll down the front page to see the Latest News, videos, a place for people to sign up for Perspectives in Healing (Our Quarterly Publication), plus an easy-to-use bottom menu with quick access to popular pages.

Special Website Features...

- **Google Translate** (top left hand corner). Visitors can translate the website into any selected language! We are truly an International organization!
- **Change the font size** of the website – Bigger, Reset, or Smaller!
- **New Member Login** – found in the upper right-hand corner. You can easily update your profile here.
- **Members Area, Instructors Area** – Sign in and find new features!
- **Map of Healing Touch Around the Globe** – A map of the world which highlights CHTPs, CHTIs, Classes, Clinics, Programs, *AND NEW STUDENT LEVELS 4 & 5*, etc. (Those who are identified on the map have selected to do so, and must be a member of Healing Beyond Borders.)
- **Event Calendar** – Each month highlights a calendar of classes, regional meetings, etc.

Special thanks to the Website Team: Lisa Anselme, Executive Director; Kassi Anderson, Certification Administrator; Marketing Committee Members: Julie Brown-Price, Cary Hobbs, Barbara Mahoney, and Betz McKeown.

Social Media

Social media and interactions are increasing every month! You can easily connect on our social media right on the new website! As of August 2014:

You Tube: We have a new YouTube Channel with several videos! You can see them easily on our website on the front page (remember to scroll down a bit) or, click on the arrow ('carrot') in the upper right corner of the website.

Facebook 'likes' are 2,566 – join us!

LinkedIn now has 992 members.

Twitter has 359 tweets and 366 followers.

Corporate Sponsorship Program

Did you know that Healing Beyond Borders, Educating and Certifying the Healing Touch™ has a Corporate Sponsorship Program? There are several levels – and great benefits! Do you know of or work with a company that would benefit from exposure to our diverse, wonderful membership of healers? How about the hospital you work with? The company your neighbor owns? A company that produces products or services that would be helpful to us?

You can find out more on our website under "Become a Member", 'Membership'. Here's a quick-look chart to get you started on the following page!

Business Tip of the Quarter

Who is Your Target Market?

Healing Touch Practitioners bring such light into the world. And of course, we want to support as many as we can through their health journey. To grow your business though, I encourage you to choose a target market – a specific group of people. Why?

When you have a challenging health issue, you want the best, right? The specialist who you know will support you? The one with years of experience with your health problem and has a stellar reputation? The same is true of our profession. We need to specialize, become 'the person' to reach out to for Healing Touch.

Your target market could be a health challenge you are drawn to, or you notice you see more and more people with a certain wellness concern. Identify women or men, age, location (within 10 miles for example), etc.

continued on page 11

Heart Centered Marketing cont...

I know this is a difficult exercise, and most question: 'But what if someone calls me who is not in my target market?' Of course, we are going to offer our work to anyone who needs it. But to *grow your business*, I encourage you to select a target market and then reach out to them.

The key to marketing is to identify your target market, determine what problems you can solve for them,

communicate how you bring them value and connect with them in a way that shows you can help.

Attention Level 4 & 5 Student Members!

As an added benefit of membership, Level 4 and 5 students can select to have their contact information displayed on the Healing Beyond Borders' website! You must have an active membership, and can update your profile (Login on the website to do so). Thanks for being a Member!

Global Sponsor Benefits - \$15,500 (only one available)

Category Name	Free Conference Registration/ Value	Free Conference Sponsorship Value	Free Trade Show Booth Value	Banner Ad & hyperlink on Website/ Value	PIH Ad in electronic format	PIH Ad + Conference Ad (printed)	Featured article (x4) in PIH	Value if Purchased Separately
Global Sponsor	5/\$2,650	\$4,750	\$2,000 (20'x20')	\$3,400	\$1,000	\$3,000	\$1,000	\$20,800

Additional Corporate Memberships

Category Name	Dues	Free Conference Registration/ Value	Free Conference Sponsorship Value	Free Trade Show Booth Value	Ad on Website front page Value/link to sponsor	Value if Purchased Separately
Seed	\$750	1/\$530	0	\$500	0	\$1,030
Bud	\$2,500	2/\$1,060	\$1,500	\$500	\$1,000	\$4,760
Petal	\$5,000	3/1,590	\$3,250	\$500	\$1,800	\$7,940
Bloom	\$9,500 (only 1)	4/\$2,120	\$4,750	\$1,000 (10'x20')	\$2,400	\$11,270

~ Help Healing Beyond Borders Flourish ~

Help Healing Beyond Borders Flourish in 2015 and years Beyond!

Many of us have assisted patients as they have transitioned - a gift beyond compare. Healing Beyond Borders wishes to continue our important work of spreading healing light worldwide into the next millennia. You and your loved ones can help HBB expand and thrive.

Please consider a bequest to Healing Beyond Borders in your will. It's easy and we can help you with the appropriate wording. Because of HBB's 501c6 status, bequests must be made in the form of grants but of course can be designated or restricted to what's important to you. (Healing Beyond Borders is a non-profit association, but is not a charitable tax deduction.) Perhaps you would like to provide funding for student education, conference scholarships or expanding professional development. It's up to you.

Questions?

Please contact HBB Executive Director Lisa Anselme

Email: Director@HealingBeyondBorders.org Phone: 303-989-7982

On behalf of the HBB students, CHTPs, CHTIs, the Board of Directors, and most importantly, patients everywhere, thank you.

Mary O'Neill, Past President, Healing Beyond Borders



Board Corner

3rd Quarter Update

by Denise DeForest Pastoor, MEd, APRN, BC, CHTP/I

"The lotus is the most beautiful flower, whose petals open one by one. But it will only grow in the mud. In order to grow and gain

wisdom, first you must have the mud - the obstacles of life and its suffering... The mud speaks of the common ground that humans share, no matter what our stations in life... Whether we have it all or we have nothing, we are all faced with the same obstacles: sadness, loss, illness, dying and death. If we are to strive as human beings to gain more wisdom, more kindness and more compassion, we must have the intention to grow as a lotus and open each petal one by one. "

~Goldie Hawn

As we leave the 3rd quarter of 2014, the Board of Directors carry the light of reflection, discernment, and focused intention to expand the vision and mission of Healing Beyond Borders. Just as the lotus grows in mud, we have gained wisdom through facing obstacles, overcoming barriers, and seeking equitable solutions in areas of concern voiced by membership. Our petals continue to open one by one, as we honor and strive to live our core values of integrity, heart-centeredness, respect, self-care, service, community, and unconditional love

The Board of Directors met for their annual retreat in Lakewood, Colorado on July 24-27th, 2014 to define goals, share ideas, process challenges, and explore proactive approaches to carry a high vibration and the vision of our organization. Highlights for this 3rd quarter are:

- **18th Annual Energy Healing Conference and Instructor Meeting PreConference September 3-7, 2014 in Colorado Springs, Colorado.** This year's conference theme invited us to explore *Dissolving Limitations to Healing* to create deeper connections on the path to wholeness. We were excited and delighted with our line-up of gifted keynote speakers this year. We basked in the wisdom teachings of renowned best selling author Gregg Braden, Zen priest Roshi Joan Halifax, Master Drummer Gayan Gregory Long, holistic healer Vivian Rice, best selling author

Jonathan Ellerby. and our own family of gifted CHTP/I presenters, Mary Fox and Kimberly Gray.

- **Credentialing Process** - A Credentialing Summary has been created to explain the value of being certified through Healing Beyond Borders, the only non-profit, service-based organization for Healing Touch. The HTI Healing Touch Certificate Program preserves its nursing roots, maintaining the highest standards of nursing process, ethics and research. The portfolio credentialing process, developed through the American Holistic Nurses Association, supports individualized, reflective, and experiential skill competencies to demonstrate growth and abilities in energy work. The nursing lineage and timeline are posted on the website as a detailed reference.
- **Website** - The launch of a completely overhauled, user friendly website has been a long process with meticulous attention to detail to create a state of the art resource for Healing Touch. Updated navigation tools allow easy access to information on Healing Touch resources, research, education, shopping, and updates. Members and Instructors sections will highlight valuable resources to expand the HBB vision and mission. The evolving website will grow, as defined goals for more social media presence and expanded mentoring and coordinator education through webinars and Your Tube videos are implemented.
- **Marketing** - Marketing committee, under the direction of Evie Caprel, are fine tuning strategic planning to expand membership, engage social media, support scholarships, seek grants, and establish corporate sponsorship.
- **Research** - Research committee, under the direction of Joel Anderson, have tirelessly worked to update and revise the Research Survey. This invaluable resource shows highest standards in publication of evidence-based research on Healing Touch.
- **Education** - The Education committee has worked hard and contributed greatly

continued on page 13

Board Corner cont...

to completion of updated workbooks for all levels of Healing Touch instruction. They have devoted heart and time to bring forth impeccable Healing Beyond Borders material for our HT teachings and education.

- **Healthcare Integration** - Discussion and ideas continue to be explored on how to integrate Healing Touch and our Healing Beyond Borders organization into the changing climate of healthcare. Through conscientious efforts to stay tuned into opportunities for consultation and education, we can increase a noticeable presence in the Integrative Healthcare culture.
- **New Board of Director members** - Kimberly Gray, Rauni Prittinen King, and Denise DeForest Pastoor rotated off the Board of Directors at conference, having served with gratitude to hold the light of our beloved Healing Beyond Borders to the highest good. Our incoming Board of Directors

were announced and welcomed at conference, carrying their expertise, dedication, enthusiasm, and strengths to serve as emissaries to our vision and mission. We welcome Annis Parker, Maureen Kowba and Jan Tait!

As I complete my 4th year on the Board of Directors, having served as secretary, on nominating and conference committees, and representing our organization at national conferences, I am deeply appreciative of the leadership, networking, collaboration, and personal growth I have experienced in this enlightening journey. The challenges and celebrations I have shared with the Board of Directors resonate in my heart, feed my soul, and strengthen my spirit. I am humbled and grateful for the opportunity to be a part of this thriving organization, Healing Beyond Borders, Educating and Certifying the Healing Touch™. May our lotus pedals open with brilliance and light, as we root deep within the rich mud that anchors us to Mother Earth's nurturing strength. ~ Blessings! Denise



2013 - 2014 Board of Directors Strategic Planning in alignment with a Triple Rainbow. L. - R. Mary O'Neill, Lisa Anselme, Evie Caprel, Joel Anderson, Mary-Cathrine Campbell, Kimberly Gray, Rauni Prittinen King, Denise DeForest Pastoor

A Non-Profit Organization vs. a For-Profit Business: What's the Difference?

Many members on the Healing Beyond Borders, Educating and Certifying the Healing Touch™ Board of Directors have had questions about how a non-profit organization like ours is different from a for-profit business or corporation. We hope these points will help clarify your questions!



Healing Beyond Borders, Educating and Certifying the Healing Touch™ is a non-profit certification, education, and membership organization serving Healing Touch students, providers, practitioners, instructors, and the general public. Our goal is to serve the public trust with platinum standards, ethics and research. The organization educates and certifies Healing Touch Practitioners and Instructors, coordinates Healing Touch research, assists integration of Healing Touch into healthcare settings, and promotes the work of Healing Touch around the world. Healing Beyond Borders, is a 501(c)6 organization and can accept grants. Grants made to Healing Beyond Borders are not tax-deductible.

Healing Beyond Borders is the **only non-profit Healing Touch service organization** endorsed by the American Holistic Nurses Association, that educates and certifies Healing Touch. Our mission statement: Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch Practitioners and Instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch Practitioners and Instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch.

Distribution of Assets

If a non-profit organization dissolves, its assets (logo, names, slogans, publications, services, programs, mailing lists, member lists, endorsements, cash, content in office computers, office furniture, etc.) cannot be gifted or distributed to a for-profit company. Assets can be sold to a for-profit company for fair market value only. Further on dissolution of the assets not otherwise sold for fair market value must be gifted to another non-profit organization.

Non-Profit Organization – US!	For-Profit Business
Has a mission for the greater good, generally humanitarian or environmental, of the community it serves as recognized by federal and state laws. The State's Attorney is responsible for overseeing all non-profit organizations.	Is designed to make money for the owners and/or shareholders.
All funds are channeled into programs and services to meet the mission.	Produce products or services for purchase. Any property or income is distributed to the owners.
Can create a surplus of funds held in reserve, BUT these funds must be used for the operation of the organization.	All profits benefit the owners or shareholders.
Does not pay taxes, but cannot use its funds for anything other than the mission for which it was formed. Federal tax law restricts how non-profit organizations are governed, provides mandatory guidelines in determining compensation of key employees, and restricts business opportunities, access to capital and contributions for employees and its governing body.	Pays taxes. After taxes and expenses all profits are used at the discretion of the business owners. Some put it back in the business. Other shareholders take this money in addition to salaries.
Usually has a small paid workforce, relies heavily on volunteers.	Staffed with salaried and hourly employees.
Must have a Board of Directors which makes decisions by majority rule for the organization keeping the mission, Articles of Incorporation and Bylaws always in mind.	Each state is different, but usually only a president and secretary are needed to incorporate as a for-profit company.

Healing Touch in the News and “In the Field”

Healing Beyond Borders staff and past board members have continued to be hard at work representing Healing Touch both nationally and internationally. Here are some highlights:

American Massage Therapy Association’s National Convention Healing Beyond Borders members were represented by past board member, **Kimberly Gray**, RN, HN-BC, BA, LMT, CHTP/I, Executive Director, **Lisa Anselme** RN, BLS, HN-BC, CHTP/I, Board Member **Evie Caprel** BA, CHTP, FT, WC, and Staff Member **Carrie Niewenhous** RN, CHTP/I at the **American Massage Therapy Association’s National Convention** in Denver, CO, Sept. 17-20! This is the first time exhibiting at this conference, and the Healing Beyond Borders’ booth was busy all the time with questions on how to incorporate Healing Touch into massage, when classes were taking place, where to find Healing Touch practitioners for referrals and demonstrations. Keynote speaker **Dr. Mehmet Oz** stopped by the booth for a photo opportunity with Executive Director Lisa Anselme and former Board member, Healing Beyond Borders’ Instructor and Licensed Massage Therapist Kimberly Gray. It was a great show for us!



Additionally, Evie Caprel presented a workshop on Heart Centered Marketing for Massage Professionals at the conference, with an overview of compassion, social media skills and renewed focus.

Planetree International Conference

Next stop to increase exposure for and awareness of Healing Touch and Members was the **Planetree International Conference** on Patient-Centered Care Oct. 12-15 in downtown Chicago. Fantastic alliances were developed with Planetree, hospitals, and medical centers around the country and the world! Healing Beyond Borders’ staff member **Carrie Niewenhous** and Board Member **Evie Caprel** (who lives in the



Chicago area) were at the exhibit booth talking about Healing Touch, offering sessions ‘on the table’ and the last day were able to give a brief presentation to the members of Planetree. This is the second time exhibiting at Planetree – an organization that truly aligns with our mission.

Awards

Margaret Bohman, RN, CHTP, Oncology Nurse is the recipient of the Outstanding Nurse Award in Cancer Treatment at Fairview Southdale Breast Center in Minnesota.

Publications

Healing and Ubuntu

By **Mary J. Frost, RN, BSN, MS, HNB-BC, CHTP/I**

This is a first-hand account of how an American nurse was “called” into service in various areas of South Africa to bring an Energy Healing Curriculum, Healing Touch, to many groups with little or no resources. This work has sought to assist with caregiving of children orphaned as a result of the AIDS pandemic, and to give simple information and tools for front line hands-on caregivers in a marginalized indigenous community in the northern Kalahari Desert region. Accounts are shared explaining how this teaching was used to ease distress and disease and has created strong and caring relationships.

Frost, M. (September 2014) *International Journal of Healing and Caring*.

Note: ***To receive a free subscription visit: <http://www.wholistichealingresearch.com/ijhchome>

Reflections from the Conference

Basking in the Energy

by Barbara Mahoney BS, BA, CHTP

I look forward to the conference every year and try to attend whenever possible, because I know that I will come away with much more than just more knowledge in my head. I experience something profound each time.

I have come to believe that it is a combination of the camaraderie of being around like-minded individuals where no explanation or other “way of being” is expected, the workshops and plenary speakers with information to assist in life and practice, the Bio Mats (yes!), and the beautiful space in which the conference is held. All of this together creates an energetic environment

that allows my body, mind and soul to HUMMMMM in a way that I’m somehow familiar with, but miss terribly. So I soak it up!!!! I become truly joyful as a result.

This year when I returned home and experienced my energy let down, I touched my heart, envisioned all of what and whom I enjoyed, and appreciated all things and everyone I met, especially my roommate Judith.



Reflections from the Conference

The Best Things....

by Jan Tait RN, BSN, CHTP/I, Healing Beyond Borders Board of Directors



For almost 15 years, I have attended the Healing Touch International, now Healing Beyond Border conferences. Each one has been worthwhile and this year was an especially good one. Gregg Braden was the keynote speaker Thursday evening. While he has interesting YouTube videos, hearing him in person and experiencing his energy is even better. Speaking of energy, Gayan Gregory Long had people on their feet in the center of the room swaying and clapping to the music at his keynote following Saturday evening's banquet!

Connecting with others of like mind is one of my favorite parts of attending our conferences. It is nice to talk

with people to learn what they are doing. The Hindu greeting, “namaste”, is the recognition of the divine spirit in another by the divine spirit in you. Connecting with people even in passing in the halls, I made the intention to remember to smile, look them in the eyes and silently send that greeting. Each time I received a warm smile in return.

I was enjoying Jonathan Ellerby's talk on Sunday morning so much that we left for the airport a few minutes later than we should have. A tip that you might want to remember is, don't do that.

On the way to the airport, I had visions of spending the night in the terminal. Not to worry, though - the 10 minutes we had to spare was sufficient!

Reflections from the Conference

Using My Courage

by Carol Ann Flack LMT, CHTP/I



For the last three years, I knew that I wanted to create a workshop for the Healing Beyond Borders Annual Conference, so that I might share tools that I have been practicing since 2005. My inner voice was telling me that I had no confidence in my ability to share this information and I find that that is the voice that I believed.

This year, when the call for proposals arrived in my email InBox, I gathered my courage, sat down at my computer and laid out the workshop proposal and submitted it. After a little fine tuning, it was accepted and approved for inclusion into the conference.

The workshop was called *Conscious Communication*. Immediately after the proposal was accepted, the universe supported me in discovering many familiar ways that I had not previously recognized where I communicate unconsciously. My thoughts: "How am I to support others when I still have so much work to do to support myself?" The few months between the acceptance and the workshop were fruitful in my conscious communication growth and confidence that I can support peers in the work that I find supports me in my life both personally and professionally.

My chakras (energy centers) provide me with sensations that identify when I am communicating from love or from fear. I believe that any thought that is other than loving and compassionate comes from fear (blaming, judging, critical, etc.) and feels painful in one or more of my chakras when I scan them. The key is to not communicate from this place of fear but to make the healthiest choice that I can in the moment - to respond rather than react. When I identify life and everything in it as a mirror to my spiritual growth, I realize that I am responsible for my life choices. Inner work is just that "work on self" and only I have the power to change myself.

The workshop consisted of two simple but powerful exercises to support the participants in recognizing when they were communicating from love or from fear. I asked the participants questions and then they had opportunities to share. I supported the participants in going deeper within their awareness. The sharing was powerful and the awareness eye-opening. It was real-time recognition of our communication and the outcome that was created.

I look forward with joy to sharing at conference in the future when a workshop proposal I submit is accepted.

Silent Auction 2014 Conference

Live Auction = \$1,295
Silent Auction = \$3,150

A big THANK YOU to all those who donated to the Silent Auction this year.

Laurie Angell
Lisa Anselme
Tom Armesy
Cyndi Bertha
Gina Bondurant
Mary-Cathrine Campbell
Evie Caprel
Anne Day
Zoe de Negri
Schez Downey
Agnes Eide
Barbara Evans
Carol Flack
Liz Flynn
Mary Frost
Deb Goldberg
Kimberly Gray
Kathy Green
Gail Hardinger-McCarthy
Hawaii Healing Resort
Healing Touch Redding, CA
Michelle Henderson
Maggi Hutchinson
Sue Kagel
Jan Kindwoman
Deborah Larrimore
Cathy Nunemaker
Sherry Olree
Mary O'Neill
Denise DeForest Pastoor
Sue Peck
Jill Petersen
Marty Rather
Barbara Reinish
Madonna Rossell
Nancy Russ
Brian Luke Seaward
Vicki Slater
Christine Stewart
Mary Szczepanski
Leslie Teyssier
Jeanne Thune
Judy Turner
Vicki's Boutique
Anne Viktora
Diane Wardell
Pat Welch
WhisperingTree.net
Betsy Willey
Yuthok Tibetan Treasure

2014 CONFERENCE



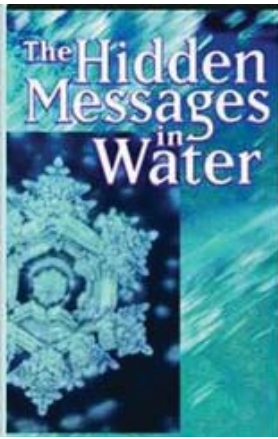


2014 CONFERENCE PINNING Newly Certified Practitioners



Newly Certified Instructors and more 2014 Conference





Grace and Intention

In Memory of Dr. Masaru Emoto

July 22, 1943 - October 17, 2014

"By holding the intention of peace towards water, by thinking, speaking and acting with the intention of peace towards water, water can and will bring peace, to our bodies and to the world."

~ Masaru Emoto

Dr. Masaru Emoto, world renowned water researcher and New York Times Best Selling author of "The Messages from Water" and many other published works, has passed away at the age of 71 on October 17th, in a hospital in Tokyo, Japan. His wife Kazuko was at his side. The Emoto Family's announcement read, "His last word was 'Arigato', which means thank you in Japanese. We believe his last word was to the people who shared his vision for peace, the people he met along his journey, and everybody who came into contact with his life's work." *Tokyo, Japan (PRWEB) October 20, 2014*

Born in Yokohama, Japan, Dr. Masaru Emoto gained worldwide acclaim as one of the most influential leaders of water research, spirituality consciousness and intentionality, and the concept that our words, thoughts, and intentions can influence our lives and environment. His groundbreaking work explored how water is deeply connected to our individual and collective consciousness and that exposing water to different vibrations (thoughts, emotions, words, music, prayer) resulted in unique crystalline water structures that could be captured with microscopic photography. These stunning photographs have enchanted millions across the globe. He theorized that as we and our planet is primarily water, these unique vibrations had the potential to affect ourselves and the surrounding world, and that vibrations of love, kindness, gratitude and peace had the potential to bring coherence and wholeness.

Although members of the scientific community, including William A. Tiller have commented that Dr. Emoto's experiments with water fell short of proof as they did not control for manipulation or human error, Dr. Emoto shared his message of the power of love, gratitude and peace for over 30 years, lecturing in 75 countries, publishing his work in 46 countries and reaching millions of people with this humanitarian message.

Dr. Emoto was also dedicated to sharing this knowledge with children, and authored two children's books; "The Secret of Water for the Children of the World" and "The

Message from Water" children's version, which was printed in over 75 countries and is available free of charge on his web site. <http://www.emotoproject.com/english/picturebook.html>

In 2005 he was invited as a special guest keynote speaker at the headquarters of the United Nations in New York City, to speak on his findings with water for The Spiritual Dimensions of Science and Consciousness Subcommittee. In 2012, he was listed number 18 of the world's 100 most spiritually influential people on the planet. He was also featured in several documentary films such as "What the Bleep Do We Know?", the Russian documentary, "Water the Great Mystery", and "The Invocation", and his work has been recognized by scientists, physicists, dignitaries, celebrities, world leaders, and the Dalai Lama. Dr. Emoto is survived by his wife Kazuko and his three children, Yoko, Kentaro, and Hiromasa, as well as two grandchildren, Riku, and Sora. A global live streaming memorial event will take place at the end of November. For more details please visit <http://www.emotoevents.com>

ARIGATO

Arigato, Dr. Emoto,
For your Message
to the World
of Peace, Love, Kindness
and Gratitude.

Service Project Partnerships

Healing Beyond Borders wishes to acknowledge our ongoing and new collaboration with other organizations and individuals to support our vision and mission of spreading healing light worldwide. A few products include:



Healing Touch Technique DVDs
- Anne Day, BSN, MA, HNB-BC, CHTP/I



Mandala Books
- Barbara Evans, Author, Artist & Spiritual Visionary



Project Have Hope Jewelry
- 100 women in the Acholi Quarter of Uganda



Spirit Rattles
- Marlys Rucker, Potter



Crystal Pendulums
- Zoe de Negri, Jeweler



Wooden Pendulums
- Ron Ramos, Craftsman



Harp Music
- Tami Briggs, Composer and Recording Artist



Healing Touch Music
- Beverly Rieger, Composer and Recording Artist



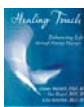
Guided Meditations
- Denise Pastoor, MEd, APRN, BC, CHTP/I, CWP



Children's Book - Mr. Wigglebottom Gets Asthma: An Integrative Health Journey
- Evie Caprel, BA, FT, WC, CHTP



Gratitude & Love Bottles
- Suzanne Weeks, BA, CHTP/I



Healing Touch: Enhancing Life through Energy Therapy
- Diane Wardell, Sue Kagel, Lisa Anselme

Conference Scholarships

We are happy to announce that seven general conference scholarships were extended by Healing Beyond Borders, to include six international scholarships. Additionally, two scholarships were offered for this year's Instructor Training courses.



~ Newly Certified ~

Practitioners

Maria Dusnela Aguilar - Santiago, Chile
Glenda Audsley - Glen Iris, Australia
Claire Barendrecht - Perth, Australia
Kim Boyles - Poway, CA
Anne Brown - Schnecksville, PA
Beth Corbisez - San Diego, CA
Chery Fidler-Dobrinsky - Lakeside, CA
Liz Flynn - Waco, TX
JoAnna Foster - Westfield, NC
Paula Gullion - Oklahoma City, OK
Michelle Henderson - Golden Point, Australia
Lauren Johnson - Richfield, MN
Glen Mary Kirk - Attadale, Australia
Barb Klapperich - Stacyville, IA
Janel Lee - St. Cloud, MN
Ronda MacKenzie-Cooper
- Cumberland, BC Canada
Jeanette Maher - Victoria, BC Canada
Janis Mallett - Preston, CA
Jan Mullarkey Murphy - Duluth, MN
Anna Maria Nolan - Perth, Australia
Patricia Pascucci - San Diego, CA
Renee Pisarz - Bronxville, NY
Jan Reed - Oklahoma City, OK
Dayna Thompson - San Diego, CA
Claudia Victoria Vargas Herrera - Iquique, Chile
Sharon Wilborn - Bellevue, WA
Alison Wilson - Booragoon, Australia
Monique Wollan - St. Paul, MN

Instructors

Denise DeForest Pastoor - Greensboro, NC
Lynn LeMere - Minneapolis, MN
Der-Fa Lu - Iowa City, IA
Stacey Quade - Duluth, MN
Jeanne Whalen - St. Louis, MO

Recordings Order Form

2014 Healing Beyond Borders Conference

Dissolving Limitations to Healing

September 4th - 7th, 2014 Colorado Springs, CO

I would like to purchase the Full Set of MP3s , on a USB drive, at a 55% discount	\$149
I would like to purchase the Full Set of Audio CDs , at a 25% discount	\$239

PLEASE READ You may order either individual sessions, or one of the full set options offered above. In an effort to reduce our carbon footprint this year, we will be shipping most orders from our office within two weeks. We will have MP3 Full Sets available onsite if you order by Saturday at 7 pm. Thank you for your business!

Thursday Sessions

#	Presenter	Event	MP3	CD
Key-1	Gregg Braden	Creating Resilience in a Time of Extremes	\$10	\$12

Friday Sessions

#	Presenter	Event	MP3	CD
Fri-1	Mari Kelley	Community Life & Health Service Integration...	\$14	\$16
Fri-2	S. C. Blonder Adams	Visioning with the Patient: Bearing Witness...	\$14	\$16
Fri-3	Debra Denker	Interspecies Communication: Healing all Creatures	\$14	\$16
Fri-5	Deborah R. Goldberg	"Boundaries: Excuse Meeeee!"	\$14	\$16
Fri-6	Joel Anderson	Healing Touch Research & Service Projects	\$14	\$16
Fri-7	Myra Tovey	Awaken to the Inner Teachers	\$14	\$16
Fri-8	Leslie Teyssier	Expressive Arts for Healers	NA	NA
Fri-9	Lisa Anselme	Movement & Cultivation of Flow	\$14	\$16
Key-2	Reshi Joan Halifax	Inside Compassion: Exploring Compassion...	NA	NA

Saturday Sessions

#	Presenter	Event	MP3	CD
Sat-1	Porter, Sparks, Pak	Ethics Beyond Boundaries	NA	NA
Sat-2	Susana Stoica	Using Energy Medicine to Detect/Mitigate Brain Injury...	NA	NA
Sat-3	Sandra Coutts	How to Work with Energy to Create Balance & Harmony	\$14	\$16
Sat-4	Carol Flack	Conscious Communication	\$14	\$16
Sat-5	Vicki Marish	Emotions	\$14	\$16
Sat-6	Mary Szczepanski	Trauma Healing & Holistic Approaches	\$14	\$16
Sat-7	James Patrick Lynch	Resilience, Now & Forever	\$14	\$16
Sat-9	Joel G. Anderson	Research Methods 101	\$14	\$16
Sat-10	Cynthia Backer	Rocks for Healing, Balance & Fun	\$14	\$16
Key-3	Gayan Gregory Long	The Healing Village: An Evening Journey	\$10	\$12

Sunday Sessions

#	Presenter	Event	MP3	CD
Key-4	Mary Fox	Resolve & Dissolve Your Invisible Blocks	\$10	\$12
Key-5	Kimberly Gray	Looking Through Heart-Colored Glasses...	\$10	\$12
Key-6	Jonathan Ellerby	Inspiration!	\$10	\$12

<http://backcountryrecording.com/collections/healing-beyond-borders-conference-2014>

Energy Research

Synopsis of Research Activities at Annual Conference

by Joel G. Anderson, PhD, HTI-P, HBB Board of Directors and Research Director



At this year's conference in Colorado Springs, two research-related workshops were held. Both were well-attended and well-received based on feedback during conference. In addition, the Research Committee met to discuss current activities, including the revisions of the *Research Survey*, and additional research-related resources for members.

The first research-related session involved research and service presentations from Mary Frost, Claire Barry, Suzanne Hess, Gina Bondurant and me. I began the session with a brief overview of some recent Healing Touch related research that had been published since the 2013 conference. References for these studies can be found below. Look for synopses of these studies on the new Healing Beyond Borders website in the blog. This was followed by presentations of service projects by the other speakers. Mary Frost and Claire Barry presented a summary of their work with Healing Touch in the community in South Africa, including classes and practice groups. Suzanne Hess gave an overview of two projects she is guiding in Buffalo, New York, through her work at Roswell Park Cancer Institute. Gina Bondurant shared her experience coordinating a Healing Touch practice and service projects in the Shenandoah Valley of Virginia. Each of these speakers spoke with passion, illustrating the impact of Healing Touch in the community setting.

The second research-related session was a workshop centered on research methods. Based on the numerous questions I receive as Research Director regarding how to get started in research and how to develop a research project, I presented a session that outlined that process. The workshop covered the development of a research question, proposal and protocol. If you were

unable to attend the session or conference and would like to receive the handouts from the research methods session, feel free to contact me.

Both conference research sessions were recorded.

The final research-related update from conference involves the revision of the *Research Survey*. Over the past year and half, the Research Committee and I have been in the midst of this project. Look for the new publication in the coming months.

As always, please contact myself or members of the Research Committee for questions about research and guidance as you engage in research-related work.

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Mentorship

Sequencing Demystified for Upper Level Techniques

by Anne L. Day RN, BSN, MA, HNB-BC, CHTP/I



Mary Jane Aswegan and I have found it so important to carefully review with all our mentees the importance of proper sequencing of techniques. In the last *Perspectives in Healing*, Mary Jane began the process of "Sequencing Demystified", and I am going to go a step further in this article to talk more about sequencing upper level techniques -specifically Level 3 interventions

The guidelines (opening/balancing, utilizing specific techniques for particular problems and addressing the biofield) in the first article on sequencing also apply to upper level work. Remember in healer preparation the healer will still ground, center and set intention for the work. The pre-energetic assessment with pendulum and hand scan is performed. The healer then moves to the foot of the table to start with the Opening/Balancing technique taught in Level 3, which is the Hara Alignment, Chakra Meditation and Expansion of the Core Star to raise your vibration as the healer. When this is complete the healer places their thumbs on the solar plexus points of each foot to attune and further concentrate on holding a higher vibration. The healer then moves into the first balancing technique of Chelation. Working at this higher vibration that comes with regular Hara Alignment practice truly facilitates a clearing and charging of the energy field as well as balancing of the chakras. In essence it has a similar effect as doing a Chakra Connection followed by a full Magnetic Clearing. Therefore, you would not want to incorporate a Magnetic Clearing following Chelation, as the clearing should be complete after the Chelation. It is important to avoid over-doing techniques that have a similar effect.

Now it is time for Specific Techniques, based on the symptoms that the client has reported to you during the intake process. After Chelation, the healer moves into Fifth Level Techniques, which include: Etheric Template Clearing, Spinal Cleansing, Deep Cleansing Techniques (Etheric Fingers, Double Hands, Hand Above and Hand Below), Lymphatic Drain or Spiritually Guided Healing. Remember that any of the techniques for pain release learned from Level 1 & 2 can be used and they will have a fifth level effect on the field. For instance, it is okay to do Ultrasound or Pain Drain at this time if appropriate for client symptoms. If you have performed Chelation and Fifth Level Techniques, it is preferred to use Spinal Cleansing rather than the Level

2 Back Techniques. If you are guided to do Level 2 Back Techniques you must give a good rationale for this choice.

Lymphatic Drain may stand alone but it is preferable to clear and charge the field with Chelation first if time allows. If you do not do Chelation before the Lymphatic Drain, please give a rationale for the choice. Also consider that when performing Spinal Cleansing and Lymphatic Drain you are turning the client over. You will want to sequence so that you are turning them over only one time. This is an example of a sequencing that could be used if utilizing both of those techniques. Begin with Chelation, perform Lymphatic Drain on the front side, as well as Etheric Template Clearing and any other techniques that may be indicated, then turn the client over, perform Lymphatic Drain on the backside and proceed to Spinal Cleansing. Deep cleansing techniques could be utilized at this point, as well as more Etheric Template Clearing or other techniques for pain. Then you can turn them onto their back and incorporate any additional techniques that may be needed for optimal balance before reassessing and moving to the 6th & 7th level healing.

Spiritually Guided Healing is not something you plan but at some point in the treatment you may be guided to place your hands in a certain area and hold the energy while the guides do the work. You will intuitively feel when the work is done and it is time to move on.

Before Closing, it is important to re-check the energy field and the chakras to make sure the work is complete. If a little more energy is needed in any areas, take care of that before moving into your Closing with 6th and 7th Level Interventions, the Celestial Body work of Level 6 and the Sealing of the Ketheric Template, Level 7. Allow your client time to integrate this higher level of work before grounding them and going into debriefing and feedback sharing.

Remember that to simplify your sequencing think of Opening/Balancing, Specific Techniques and Closing. This guideline also works for upper level work and will help you to be more clear about how to best work with the biofield for the highest and best for your clients.

Educational Insights

Attention Feet - You Bring Light

by Barb Schommer RN, MS, CHTP/I, Education Committee Chair



There is an inner light within each of us. It is the spark, the essence that is our unique self. It radiates outward from our inner most core, and is beyond time and space. It connects all of us to each other.

We don't have to have taken a Healing Touch workshop, nor any kind of energy training to have this inner light. It is there as part of our being. It is the deepest aspect of ourselves. We know in our hearts that we have this light.

Knowing we have this light, and bringing our awareness and attention to our light are two very different things. Our heads and minds can "know" about our light, and acknowledge it. At times our being may forget that we are light, and forget to give attention to this beautiful, unique light within.

Here is a brief experiment in giving attention to your light. Sink your awareness – your attention – deep inside your being. Go to your inner place of stillness. Your light is in your stillness. Sit quietly with the stillness and your light. Give attention to your light and sense it expanding out in all directions. Allow it to fill your physical body and radiate outward beyond your physical borders. Allow your radiant light to illuminate your family and friends, the person next to you whom you do not yet know, the students who are taking HTI Healing Touch Certificate Program classes, Certified Healing Touch Practitioners, Certified Healing Touch Instructors, Instructors-in-Training, our Board of Directors, our Certification Board, our committees, our central office employees, and our entire Healing Beyond Borders organization. Pause in gratitude for your own light, and the light of everyone around you.

Janet Mentgen, first President of Healing Touch International, now Healing Beyond Borders, was fond of saying something to the effect that everywhere you put your foot down there is an opportunity to bring Light to that part of the world. This is the gift you bring to the world – your part of the world, that part you live everyday life in – that you can choose to bring your light to every encounter during your day. You can choose to bring your light to whomever crosses your path – people, animals, plants, nature, on and on. The choice is yours, to radiate light or to not radiate light. We do not have to diminish another's light in order to expand our light. Light expands as it shines, love comes back to us as we give it out, energy expands as we allow it to flow. The choice is yours, to bring your attention to the light within you, and allow your light to radiate as

you take each step throughout your day.

During the recent Annual Instructor Workshop, the Instructors gave many beautiful ideas about stepping into our light and sharing Healing Touch and Healing Beyond Borders with others in the world. A sample of these great ideas includes: A day of gratitude for staff and Boards; Identify projects and offer to grant funds to make them happen; Writing articles for Perspectives in Healing publication; Local/Regional Instructor Collaboration; Teach to direct care givers in Nursing Homes; Use the new blog and website; Walking our Talk using the Healing Beyond Borders Core Values (Integrity, Heart-Centeredness, Respect of Self and Others, Self Care, Service, Community, Unconditional Love); Find ways to reach out to other cultures in our communities, perhaps by teaching classes for free or very minimal cost in certain situations

In summary, and with intention and attention, allow your feet to bring light everywhere you put your foot down. Live in your own expanded and radiating light. Express gratitude for the light in others. Honor the path of light you have chosen.



Healing Beyond Borders

Educating and Certifying the Healing Touch™

Core Values

-  Integrity
-  Heart-Centeredness
-  Respect of Self and Others
-  Self Care
-  Service
-  Community
-  Unconditional Love

Words of Wisdom

Dissolving Limitations to Healing: Goals

by Diane Wind Wardell PhD, RN, WHNP-BC, AHN-BC, CHTP/I



It feels like a new beginning after the conference in the beautiful foothills of Colorado Springs. The view of mountain slopes and old ski runs provided this flatlander a delightful and invigorating scene each moment of the day! I was awed from the moment I emerged from sleep and this feeling continued throughout the day with each workshop and speaker. The chance to see things anew brought me back to the earliest of Janet's journals and her initial goals for her own self-learning and growth.

Her goals as stated in the early 80's were to be "really good at healing work, excel as a teacher, and glow in the spiritual light and touch other lives by my example."

¹ These goals surface again in the months that follow as, "I want to see where I can make a contribution to the needs of others; develop my healing work and help others learn how to help others; and excel in my teaching skills and to become more of a guide for my students to help them along life's journey. I will accomplish this by paying attention to details and needs, and being productive and creative with my time."¹

Janet did become "really good at healing work" as was evident in any class that she taught often during class demonstrations, but also she did the work. She maintained a Healing Touch practice for many years that strengthened her understanding of the work. Many of these clients were women with breast cancer. Janet would say those that are drawn to you have something to teach you about yourself on many different levels. We are always learning and taking that next step on your journey.



She also accomplished being an "excellent teacher" as she drew classes and students to her from around the world. You could sit in a class with Janet over and over and always learn something new. In her later years, as she would skillfully slide more responsibility to me for

teaching, she demonstrated the art of teaching others to be teachers. This is what we do when we empower others in the work from encouraging self-care homework to teaching formalized classes.

Janet once helped me see the importance of changing my view of a "significant" learning with a lecture by a renowned healer when I lamented the fact that I didn't learn anything new. She challenged me to look deeper until I could find at least one thing I learned. Once I found that gem of information I was able to move forward with a new understanding, no longer angry or upset that I had wasted my time. So, I challenge you, as Janet did me; find the wisdom in the words spoken to you in the moment.

Janet also grew in the "spiritual life" and in so doing touched others by example. She looked to Spirit with the help of a personal teacher and also through religious ideas formally and informally. She searched many different sources to find examples and words that would guide her in holding the light. She did not judge another's views. Her evaluation of other healers was done by looking at the light they could hold. The importance of being the light, the radiance, is what helps others find the light within them.

Janet's words of wisdom were to pay attention to details and needs, and be productive and creative with time. Paying attention requires being in the moment. When one is in the moment one is also aware of the light they are holding so they can experience joy and gratitude to shine even brighter still. By paying attention to the needs of self and others a focused attention eliminates the need for distraction through such things as texting, gaming, and T.V. Creativity is bountiful and is delightful when it is the central focus of one's day as we experienced at conference! Bring that spirit home to rest in your soul by nourishing and caring for the self in your daily life.

¹ Wardell, D. W. (2005). *Healer's path of Janet Mentgen: The early days*. Unpublished manuscript, p. 45.

Grace and Intention

In Memory of Kathryn "Kay" Morris RN, CHTP

August 3, 1943 - July 27, 2014

By Sharon D. Smith, LMHC, CHTP/I

When Kay Morris became a Certified Healing Touch Practitioner in 2010 it was one of the happiest moments in her life. Kay loved nursing and loved Healing Touch. She worked at IU Health North Hospital in Carmel, Indiana. Kay first started a Healing Touch practice group there to help students grow and improve their skills. She then developed a Breast Cancer Support Group where breast cancer patients could receive free Healing Touch treatments. Kay quickly became a strong leader of the Indianapolis Healing Touch community. She offered her gifts to others as she became a mentor, sharing her love of Healing Touch with everyone she could.

In the fall of 2013 Kay was diagnosed with cancer. Our mentoring group volunteered to provide Healing Touch to Kay on a weekly basis, rotating this responsibility among the mentees. Kay often spoke of how much this meant to her. She felt that Healing Touch greatly helped her deal with the challenges of cancer and chemo. She was able to keep up her mentoring throughout her illness until she died this past summer on July 27, 2014. Kay had a great desire to write an article for *Perspectives in Healing*, to share her experience of receiving Healing Touch from the community of mentees. Unfortunately, Kay died before she was able to write this article. Therefore, we the members of her Healing Touch community decided to write this article for her, the difference now being from the perspective of the givers rather than the receiver. Below are thoughts from some of those who gave Healing Touch to Kay during the past year of her life.

Kay, for me, represented a solid foundation of faith and principle. She was a true example of poise and grace, and she had such a kind approach to teaching..... I am so grateful to have been there with her at that time (of her illness). In her love of and selfless commitment to the Healing Touch community, she used her illness as an opportunity to continue her teaching right up to the end. I will miss this dear friend! (Lana)

Kay was a gentle presence of love and light. She was soft spoken, but had a firm resolution to care for others and share Healing Touch. She generously agreed to be a mentor to those of us working toward CHTP certification. It was an honor to give her Healing

Touch during her illness. She was so receptive to our compassionate care for her. I learned a lot during those treatments... Kay's family knew how much she loved Healing Touch. They generously offered her massage table to our Healing Touch community to use in classes and practice sessions. They also asked that a memorial scholarship fund be established in her name so that local students needing tuition assistance can attend Healing Touch classes in central Indiana. The Healing Touch community in central Indiana continues to be truly blessed! (Carole)



Kay - such a humble and sweet spirit. While Kay was receiving Healing Touch weekly, on my first visit to see her I asked her if there was anything specific that she would like for me to do. In her quiet, humble manner she said, "No, just do whatever you are feeling". Things don't always turn out the way we want and pray for. The spiritual healing that was taking place was preparing Kay for the next phase of her journey. I am very thankful for the opportunity to have given Kay Healing Touch. Her vote of trust gives us encouragement as we move forward in our work of Healing Touch. She will be sorely missed. (Bernice)

It is such an honor that our Healing Touch community, in the greater Indianapolis area, was blessed by being able to get organized to be beside Kay throughout her cancer fighting journey of almost a year: everyone stepping forward willingly to take a week, every week for all those months, to come to her home and to do Healing Touch for her...Kay was my nurse mentor for Level Five (as she was for many.) Each time I would visit Kay, she'd open the door of her home with her sweet, kind and welcoming smile... It was a joy to give back to her. Hers had been a life-long, courageous, deepening journey with Spirit., a journey of gently contagious hope and love and truth-telling. This tiny, gentle yet powerful, smiling, kind, and intelligent woman was never a complainer nor a giver-upper, and was also a gently honest, deeply faithful soul. My hands-on experience of Healing Touch with Kay began with a rush of amazement and love and light, flowing through her and around her... These holy connections of love and light and hope cannot be broken, even though our hearts continued on page 30

Grace and Intention cont...

can feel broken and fearful as “death” seems to take our loved ones physically from us...I was changed by the Holy through the life of Kay Morris. Thanks be to God. (Marcia)

The mentorship between mentor and mentee is a special one and different for each person. For me, the relationship with my mentor turned into what I would describe as a special relationship of patience and understanding...Providing my mentor with Healing Touch sessions was a deeply meaningful experience for me. I was sharing with her the results of my training. In turn, she was sharing her feedback about the techniques, my energy, and insights received during the session... Kay may have been my Healing Touch mentor but she was also a Guardian of Light. ...I believe her understanding and acceptance of my progress helped me to bloom in ways that were previously beyond my understanding...It was her patience, understanding, and compassion that made her such a wonderful mentor... Thank you Kathryn “Kay” Morris for your encouragement as my mentor, your lessons, and your beautiful Light that is now being carried forward. (Kim)



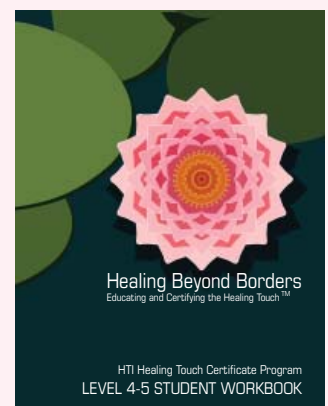
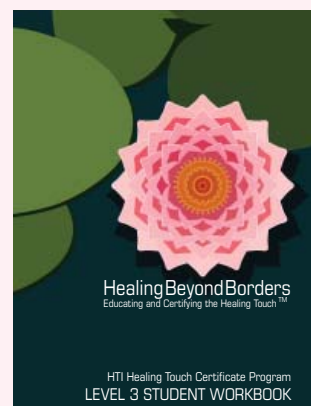
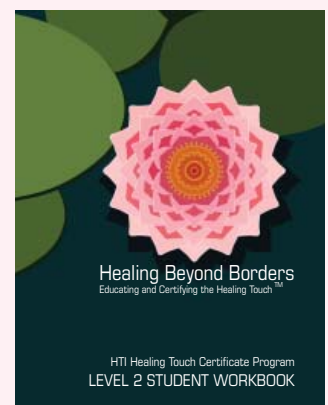
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Healing Beyond Borders Professional Development Series and Advanced Practice Offerings

Healing Beyond Borders Professional Development Series classes offer advanced professional development of the healer that can be used for continuing education in nursing and massage and also can be applied to Healing Beyond Borders Certification and Renewal. These classes are open to any individuals interested in an in-depth understanding of healing-related work. Some pre-requisites apply. Please watch the Healing Beyond Borders Website for dates and class coordinator contact information. **For more information about these classes:** Visit www.healingbeyondborders.org, Select "Education", then "Professional Development Classes". **If you wish to bring one of these classes to your area:** please contact the coordinator or instructor to learn how this may be accomplished.

Heart Centered Living

Living through the heart center has many advantages. It keeps one focused in present time and keeps one's relationships balanced and whole. It helps one handle stressful situations without blame or projection and allows individuals to value self-care. Research has proven that heart centered living leads to a healthy life.

Contact: Myra Tovey at davidmyra7@msn.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Healing Disruptive Energy Patterns

Chronic pain often involves an injury that creates a pattern of "memory" that is retained within the body. Learn how to work with these energy patterns through an extensive review of the body system. **Pre-requisite** - The course is open to all experienced energy workers who desire to learn how to work with releasing disruptive energy patterns causing pain.

Contact any of the following instructors:

Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu

Check our website for scheduled classes
www.HealingBeyondBorders.org

Energy Wisdom and Practice

Increase your repertoire of healing tools with a variety of different healing approaches that will aid in balancing the body, decrease symptoms from muscle-skeletal disorders and provide the client an opportunity for deep healing. Explore sacred geometry and the foundations of energy medicine.

Pre-requisite - This course is open to all experienced energy workers who desire to learn new healing techniques and to deepen their healing work.

Contact any of the following instructors:

Anne Day at anneday7@gmail.com
Rauni Prittinen King at rking487@aol.com
Judy Turner at judithturner38@gmail.com
Diane Wardell at diane.wardell@uth.tmc.edu

Check our website for scheduled classes
www.HealingBeyondBorders.org

Holistic Stress Management Instructor Training

The goal is to train professionals to teach, direct or facilitate the finest quality presentations/workshops at their worksite. Topics include humor therapy, art therapy, music therapy, meditation, visualization, stress & spirituality, stress & disease, energy medicine, etc...

Contact: Brian Luke Seaward at
brianlukes@cs.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Beyond Surgery Program-Bridging the Gap

This class teaches a protocol which blends Healing Touch with other integrative therapies to support your client's primary medical care. The Beyond Surgery Program is a specific protocol useful for patient support before and after surgery, chemotherapy or radiation treatments, or stressful medical procedures of any kind.

Pre-requisite - Completion of Healing Touch Level 2 (or completion of Healing Touch Level 1 with permission of instructor)

Contact: Judy Ray at judyray333@gmail.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Journaling the Spiritual Journey and

Journaling the Healing Journey

In this two-day workshop, you will learn proven techniques and processes to chronicle the spiritual journey. These tools can be helpful whether you are facilitating others in their healing process, or taking charge of your own healing. Dress comfortably and bring a notebook or journal!

Pre-requisite - This course is open to all experienced energy workers who desire to learn new methodologies of journaling to promote optimal health and wellness.

Contact: Anne Day at AnneDay7@gmail.com

Check our website for scheduled classes
www.HealingBeyondBorders.org

Current list of HTI Healing Touch Classes
Please visit our Healing Beyond Borders website for details and Updates

www.HealingBeyondBorders.org

Level 1 2014

Mary Szczepanski	Juneau, AK	October 25-26
Carol Schoenecker	Minneapolis, MN	October 31-Nov 1
Maggi Hutchinson	Denville, NJ	November 1-2
Dana Spates	Bemidji, MN	November 1-2
Ginny Mulhall	Vancouver, BC, Canada	November 1-2
Liz Fraser	Scripps; La Jolla, CA	November 1-2
Sharon Smith	IU Health Hosp North; Carmel, IN	November 1-2
Carol Schoenecker	St. Cloud, MN	November 8-9
Linda Thomas	Charleston, SC	November 8-9
Barb Schommer	Bloomington, MN	November 8-9
Rosalie Van Aken	Townsville, Queensland, Australia	November 8-9
Bonnie Johnson	Nashville, TN	November 8-9
Suzanne Weeks	San Diego, CA	November 8-9
Kathleen Smythe	Saskatoon, Saskatchewan, Canada	November 8-9
Denise Pastoor	Mercy Medical Center; Redding, CA	November 8-9
Linda S. Thomas	Charleston, SC	November 8-9
Nan Cicha	Grand Forks, ND	November 14-15
Donna Cahill	Chula Vista, CA	November 15-16
M Tovey / A Seckinger	San Jose, CA	November 15-16
Marian Long	Trillium Woods Faith Hospice; Byron Center, MI	November 15-16
Pegi Black	Palm Springs, CA	November 15-16
Donna Cahill	Chula Vista, CA	November 15-16
Jeanne Thune	Sioux Falls, SD	November 20-21
Deborah Larrimore	Winston-Salem, NC	November 21-22
Susan Ashton	Ballina, New South Wales, Australia	November 22-23
Jeanne C. Zuzel	Bridgeport, CT	November 22-23
Kathleen Smythe	Edmonton, AB, Alberta, Canada	November 22-23
Sarah Porter	Fujisawa, Kanagawa, Japan	November 29-30
Kathleen Smythe	UBC Okanagan, Kelowna, BC, Canada	November 29-30
Sarah M. Stinson	Red Wing, MN	December 4-5
Nan Cicha	Grafton, ND	December 4-5
Barb McConnell	Farmington Hills, MI	December 6-7
Barb Schommer	Atlanta, GA (Closed)	December 6-7
Ava Zaritzky	Collingwood, Ontario, Canada	December 6-7
Marian Long	Munson Comm HC; Traverse City, MI	December 6-7
Sheila Judd	New Brighton, MN (Closed)	December 10-11

Level 1 2015

Kathleen Scacciaferro	Burlington, VT	January 3-4
Denise DeForest Pastoor	Greensboro, NC	January 9-10
Gina Bondurant	Harrisonburg, VA	January 10-11
Ginny Mulhall	Vancouver, BC, Canada	January 17-18
Kathleen Scacciaferro	Burlington, VT	January 17-18
Dana Spates	Paynesville, MN	January 24-25
Elizabeth Helms	Stanford, CA,	January 31-Feb 1
Catherine Awai	Victoria, BC, Canada	January 31-Feb 1
Ruth-Ann K. Eaton	Green Mtn Tech & Career Cntr; Hyde Park, VT	February 7 & 24
Lisa Anselme	Red Rocks Community College; Arvada, CO	February 27-28
Dana Spates	Paynesville, MN	March 14-22
Jeanne Whalen	St Louis, MO	March 21-22
Jeanne Whalen	St. Louis, MO	March 21-22
Gina Bondurant	Harrisonburg, VA	March 21-22
Sue Kagel	Stanford, CA	March 28-29
Jeanne Zuzel	Norwich, CT,	April 11-12
Ruth-Ann K. Eaton	Green Mtn Tech & Career Cntr; Hyde Park, VT	April 18-19
Gina Bondurant	Harrisonburg, VA	June 13-14
Dana Spates	Paynesville, MN	August 29-30
Gina Bondurant	Harrisonburg, VA	September 5-6
Dana Spates	Paynesville, MN	November 7-8
Jeanne Zuzel	Norwich, CT	November 14-15



Level 2 2014

Jeanne Balcom	Dieppe, NB, Canada	November 1-2
Lucrezia Mangione	Silver Spring, MD	November 1-2
Deborah Larrimore	Harrisonburg, VA	November 1-2
Raine Benham	Redding River House; Redding, CA	November 1-2
Jeanne Zuzel	Greenwich, CT	November 1-2
Lisa Thompson	San Diego, CA	November 8-9
Kimberly Gray	Tampa, FL	November 8-9
Dana Spates	Paynesville, MN	November 8-9
Jeanne Thune	Omaha, NE	November 15-16
Mary O'Neill	Red Bud, IL	November 15-16
Lori Protzman	Honolulu, HI	November 15-16
Ava Zaritzky	Toronto, Ontario, Canada	November 15-16
Lucrezia Mangione	Springfield, VA	November 17-18
Carol Schoenecker	St. Paul, MN	November 21-22
Janet Tait	Pontiac, MI	November 22-23
Maggi Hutchinson	Denville, NJ	December 6-7
Jeanne Zuzel	Norwich, CT	December 6-7
Deborah Larrimore	Winston-Salem, NC	December 12-13
Sue Kagel	Tucson, AZ	December 13-14
2015		
Dana Spates	Minneapolis, MN	January 17-18
Carol Schoenecker	St. Cloud, MN,	January 30-31
Ginny Mulhall	Vancouver, BC, Canada	Feb 28-Mar 1
Ruth-Ann K. Eaton	Green Mtn Tech & Career Cntr; Hyde Park, VT	March 7-8
Kathleen Scacciaferro	Burlington, VT	March 14-15
Dana Spates	Paynesville, MN	March 21-22
Lisa Anselme	Red Rocks Community College; Arvada, CO	April 8 & 11
Elizabeth Helms	Stanford, CA,	April 25-26
Deborah Larrimore	Harrisonburg, VA,	May 1-2
Jeanne Zuzel	Norwich, CT,	May 30-31
Deborah Larrimore	Harrisonburg, VA,	October 31-Nov 1



Instructor Training 2014

Level 3 2014

Bev Worbets	Parksville, BC, Canada	November 1-2
Janet Tait	Pontiac, MI	November 8-9
Mary O'Neill	Springfield, IL	November 8-9
Sue Kagel	Stanford, CA	November 8-9
Jeanne Balcom	Dieppe (FRENCH), NB, Canada	November 14-15
Barb McConnell	Farmington Hills, MI	November 15-16
Raine Benham	Austin, TX	December 6-7
Mary J. Frost	Abita Springs (New Orleans Area), LA,	December 6-7
2015		
Sue Kagel	Tucson, AZ	January 17-18
Raine Benham	Shasta Lake Indian Center, Redding, CA	February 21-22
Jeanne Zuzel	Norwich, CT	March 7-8
Carol Schoenecker	St. Cloud, MN	March 27-28
Lisa Anselme	Red Rocks Community College; Arvada, CO	May 6 & 9
Jeanne Zuzel	Norwich, CT	July 11-12
Deborah Larrimore	Harrisonburg, VA	July 25-26

Level 4 2014

Deborah Larrimore	Siddeburen, Netherlands	November 13-14
Rauni Prittinen King	La Jolla, CA	November 21-22
Catherine Awai	Nanaimo, British Columbia, Canada	November 27-28
2015		
Maggi Hutchinson	Denville, NJ	March 20-21
Anne Day	Stillwater, MN	April 9-10
Jeanne Zuzel	Norwich, CT	April 23-24
Kathleen Scacciaferro	Burlington, VT	May 8-9
Catherine Awai	Alma, New Brunswick, Canada	May 28-29
Jeanne Zuzel	Norwich, CT	October 23-24

Level 5 2014

Judy Turner	Tampa, FL	November 7-8
Maggie Freel	Coralville, IA	November 13-14
Lisa Anselme	Tulsa, OK	November 23-24
2015		
Mary J. Frost	Waveland, MS	January 22-23
Jeanne Zuzel	Norwich, CT,	March 19-20
Carol Schoenecker	Stillwater, MN	April 9-10
Jeanne Zuzel	Norwich, CT	September 24-25

Healing Beyond Borders
445 Union Blvd., Suite 105
Lakewood, CO 80228



Healing Beyond Borders
Educating and Certifying the Healing Touch TM

VISION

Spread Healing, Light and Love, Creating Wholeness on Earth.

MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- * Administers the Certification process for Healing Beyond Borders practitioners and instructors
- * Sets international standards of practice and international code of ethics for practitioners and instructors
- * Supports Healing Touch practitioners and instructors as they develop, practice and serve communities worldwide
- * Promotes and provides resources in health care integration and research in Healing Touch
- * Provides opportunities for promotion of and education about Healing Touch