



Course 2: Energetic Patterning and Clinical Applications

This table will help you enhance the student experiences in Healing Touch classes through use of and reference to *Healing Touch: Enhancing Life Through Energy Therapy* (2014) by Wardell, Kagel, and Anselme. The chapter summary is followed by italicized discussion points. Please refer to the course syllabus for complete references.

Syllabus Topic	Companion Resource Material	Pages
Healing Presence and healing environment	Chapter 4. Living in Harmony: Caring for Self and Other Living Systems 1. Importance of self-healing and incorporating self-healing into everyday life	Pp. 125–133
Intake and Assessment Process	Chapter 6. Energy System Reflected in Practice – Using the Framework for a Healing Touch Session 1. Energy Awareness in Healing 2. Energetic Assessment and Patterning 3. Listening and assessing during Interventions 4. Evaluation and reassessment 5. Supporting and sustaining a healthy pattern now and through future sessions	Pp. 194–198 Pp. 198–204 Pp. 204–206 Pp. 206–207 Pp. 207–210
Energetic Patterns and Pain Management	Chapter 7. Healing Touch through the Life Continuum: Clinical Applications 1. Fertility Issues and Conception 2. Pregnancy 3. Growing and Changing Needs of Babies and Children 4. Acute Care in the Clinical Setting 5. First Aid 6. Chronic Care 7. End of Life Transitions 8. Working with the Elderly	Pp. 213–216 Pp. 216–221 Pp. 221–224 Pp. 224–227 Pp. 227–228 Pp. 228–235 Pp. 235–240 Pp. 240–245
	Chapter 8. Healing Touch for Specific Health Care Issues 1. Cancer Treatment 2. Use of Healing Touch with Chemoradiation 3. Organ Removal and Surgical Transplantation 4. Psychiatric or Psychological issues 5. Depression 6. Effects of Disasters and Physical Trauma on the Energy System 7. Amygdala Connection 8. Trauma: When patterns are Shattered 9. Phantom Limb Pain 10. Distance Healing	Pp. 248–257 Pp. 257–264 Pp. 264–271 Pp. 271–275 Pp. 275–278 Pp. 278–293 Pp. 294–297 Pp. 297–301 Pp. 302–303 Pp. 303–308
HBB Code of Ethics	Chapter 5. Ethical Underpinnings: Respecting and Honoring the Soul 1. Increased awareness of ethical issues when conducting healing and intuitive work. 2. Recognizing need for care of self, others, and the planet through right relationships	Pp. 159–185 Pp. 162–180 Pp. 174–180 Pp. 174–175

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