HEALING BEYOND BORDERS UPDATE

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Intention

The purpose of this presentation is to provide an introductory update to Practitioners, Mentors and Students on the new text, Foundations and Practice of Healing Touch, and relevant revisions for the HTI Healing Touch Certificate Program.

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The New Text

- Is comprehensive and will be used for the entire HTI Healing Touch Certificate Program
- Is sourced from the original material supporting the HTI Healing Touch Certificate Program
- Expands the source material, including classic texts and more recently published texts
- Is well referenced and cited with original source material
- Builds on the foundation of Healing Touch and takes the education and practice of this therapy into the next harmonic

Table of Contents

- **Chapter One:** Introduction to Healing Touch
- **Chapter Two:** Preparation and Evolution of the Healer
- **Chapter Three:** Holistic and Energetic Foundations of Healing
- **Chapter Four:** Framework for the Healing Touch session
- **Chapter Five:** Healing Touch Techniques
- **Chapter Six:** Energetic Patterns and Clinical Applications of Healing Touch
- **Chapter Seven:** Professional Practice and Ethics

What does the new text look like?

New Figures
New figures include algorithms for processes in Healing Touch. For example, this figure illustrates the framework for a Healing Touch session. Another infographic presenting information for assessing and describing the energy field.

New figures also include infographics to visually display information. For example, this figure provides information about the major chakras. This figure illustrates the process of entrainment during healer preparation.
New Illustrations

The new text includes original artwork to illustrate the energy body.

Linear figures and energetically inspired illustrations highlight the synchronicity of the science and art of healing.

Origination of the Four Energy Bodies

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New Photographs

Laser

Beak Finger Laser
All Healing Touch techniques were reviewed and original sources referenced to ensure that:
- Techniques were true to original sources
- Were adequately supported by reference material
- Were up to date in terms of original and more recent source materials

Re-visioning was done to rename, modify, or create new technique sequences.
- Many were unchanged.

The names of these techniques remain the same:
- Chakra Connection
- Chakra Spread
- Spiral Meditation (* Now includes arms)
- Chelation (* Hand positions modified)
- Laser (* Expanded description and application)
Techniques are identified in the text by how they are used—either for balancing, energizing, and/or clearing.

Techniques for which advanced healer preparation is required are also identified.

A New Technique
Glymphatic System Support

• In 2012, researchers at the University of Rochester Medical Center discovered what is now termed as the “Glymphatic System,” a previously unknown means of distributing the cerebrospinal fluid throughout the brain.
• Cerebrospinal fluid was formerly only known to move through the slow process of diffusion.
• This new system operates through a highly organized, pressurized, fast acting CSF delivery system that is managed by the brain’s glial cells.
• It is primarily functional during sleep and dormant during waking hours.
• This Glymphatic System serves a similar function in the brain as the Lymphatic System does in the body.
New Course Titles, Descriptions, and Objectives

Healing Touch Courses

- All Healing Touch courses were re-visioned in terms of:
  - Titles
  - Descriptions
  - Objectives
- The new titles, descriptions, and objectives better reflect the course purpose and the evolution of the student through the certificate program.

<table>
<thead>
<tr>
<th>Previous Class Name</th>
<th>New Course Title</th>
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<tbody>
<tr>
<td>Level One</td>
<td>Foundations of Healing Touch</td>
</tr>
<tr>
<td>Level Two</td>
<td>Energetic Patterning and Clinical Applications</td>
</tr>
<tr>
<td>Level Three</td>
<td>Advanced Healer Preparation</td>
</tr>
<tr>
<td>Level Four</td>
<td>Case Management and Professional Practice</td>
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<tr>
<td>Level Five</td>
<td>Self-Evaluation and Professional Development</td>
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<table>
<thead>
<tr>
<th>Course Description</th>
<th>Course Objectives</th>
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<tbody>
<tr>
<td>The theoretical concepts that underlie holistic healthcare practices are explored along with how these concepts relate to the core values that guide the practice of Healing Touch. Healing Touch techniques used in the etheric field are acquired, along with an understanding of how these techniques interface with the human biofield.</td>
<td>The learner will be able to:</td>
</tr>
<tr>
<td>2. Discuss the facets of Healing Touch and correlate techniques that support physical, mental, emotional, and/or spiritual healing.</td>
<td>2. Discuss the facets of Healing Touch and correlate techniques that support physical, mental, emotional, and/or spiritual healing.</td>
</tr>
<tr>
<td>4. Develop the ability to remain grounded, present, and heart-centered while working in the energy field.</td>
<td>4. Develop the ability to remain grounded, present, and heart-centered while working in the energy field.</td>
</tr>
<tr>
<td>5. Describe personal perceptions of subtle energy/heart-centeredness.</td>
<td>5. Describe personal perceptions of subtle energy/heart-centeredness.</td>
</tr>
<tr>
<td>6. Adapt the Healing Touch Framework to a variety of energy interventions.</td>
<td>6. Adapt the Healing Touch Framework to a variety of energy interventions.</td>
</tr>
<tr>
<td>7. Evaluate the seven energy centers (chakras) and related energy layers that surround the body.</td>
<td>7. Evaluate the seven energy centers (chakras) and related energy layers that surround the body.</td>
</tr>
</tbody>
</table>
### ENERGETIC PATTERNING AND CLINICAL APPLICATIONS

<table>
<thead>
<tr>
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<th>Course Objectives</th>
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</table>
| The skill of completing an intake interview that identifies patterns of behaviors for which Healing Touch techniques may be useful in assisting a patient to re-pattern their energy field is acquired. Healing Touch techniques learned in the foundation course are integrated into applications that assist in re-patterning spinal health. The appreciation of Healing Touch progresses to a deeper level, with the acquisition of a technique to assist the patient in expanding their heart energy. | The learner will be able to:
1. Demonstrate the ability to remain grounded, present, and heart-centered while working in the energy field.
2. Conduct an intake interview with a plan toward intervention.
3. Recognize that previous experiences may have an impact on physical, emotional, mental, and/or spiritual health.
4. Assess the status of the chakras and biofield on both front and back of the body.
5. Document the process of re-patterning and balancing a patient’s biofield.
6. Apply techniques that support the health and comfort of the back.
7. Describe the Healing Beyond Borders Code of Ethics, Standards of Practice, and Scope of Practice as these relate to the developing Healing Touch practitioner. |

### ADVANCED HEALER PREPARATION

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Course Objectives</th>
</tr>
</thead>
</table>
| Methods of raising one's energetic vibration are acquired that facilitate the student’s application of techniques that can be used with upper layers of the biofield. | The learner will be able to:
1. Elevate the personal energy vibration to support upper level work.
2. Apply clearing, balancing, and energizing techniques to the upper energetic layers.
3. Acquire in-depth techniques to support spinal health.
4. Practice an Advanced Healing Session.
5. Relate the Healing Beyond Borders Code of Ethics, Standards of Practice, and Scope of Practice required of an advancing Healing Touch practitioner. |

### CASE MANAGEMENT AND PROFESSIONAL PRACTICE

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Course Objectives</th>
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</thead>
</table>
| To align with the responsibilities of professional practice, this course is a practicum in which case management is implemented and multiple Healing Touch sessions are delivered over a period of time. | The learner will be able to:
1. Apply a meditation (Etheric Vitality) to clear and raise the personal energetic vibration.
2. Create sequential Healing Touch sessions appropriate to a patient’s presentation.
3. Explore a variety of methods for practicing Healing Touch.
4. Expanded their understanding of professional practice that allows one to work with other health care providers.
5. Describe the practicum process.

### SELF-EVALUATION AND PROFESSIONAL DEVELOPMENT

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Course Objectives</th>
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</table>
| Completed mentorship activities are reviewed and evaluated to assist the students in identifying activities that can help them to grow in their professional practitioner role. | The learner will be able to:
1. Analyze personal strengths, challenges, and growth opportunities related to the practitioner role.
2. Evolve in the role from Healing Touch Apprentice to Practitioner.
3. Review homework for course completion for increased depth of practice.
4. Share specific practicum learning to enhance personal and professional growth.
5. Collaborate in the review of clinical case studies.
6. Correlate research studies to case situations and choices of treatment.
7. Present clinical cases to groups of professional care providers.
8. Incorporate the Healing Beyond Borders Code of Ethics, Standards of Practice, and Scope of Practice required of a professional Healing Touch practitioner. |
Important Points

• The new text, Foundations and Practice of Healing Touch (Anderson, Anselme, Hart, 2017) textbook sales to the public are now available for pre-order and will be shipped by June 1.
  — All proceeds go to Healing Beyond Borders.
• The new text is supplemented by Healing Touch: Enhancing Life Through Energy Therapy (Wardell, Kagel, & Anselme, 2014).
  — All proceeds go to Healing Beyond Borders for any books purchased through Healing Beyond Borders.
  — A percentage of proceeds goes to Healing Beyond Borders for any books purchased through another supplier.
• There will be a rich dive into the foundations of this text throughout the instructor meeting and conference 2017.

New Student Resources

Student Resources
https://www.healingbeyondborders.org

Student resources accessible from two locations on HBB home page.
New Student Resources

- New resources for students have been developed, including:
  - Learning activities
  - Reading lists
  - Handouts
  - Etheric Vitality recording
- New student resources are available on the website.
- New video resources are planned for the future.

Course 1: Foundations of Healing Touch

Course 1 Resources: Foundations of Healing Touch

- **Course Syllabus**
- Handout 1: *Appreciative Inquiry*
- Handout 2: *Energy Assessment*
- Handout 3: *Heart to Heart Meditation*
- Documentation Form: *Intake Assessment*
- Documentation Form: *Follow up Session - Option 1*
- Documentation Form: *Follow up Session - Option 2*

Student Resources Course 1:
Foundations of Healing Touch

Course 1: Foundations of Healing Touch Techniques

<table>
<thead>
<tr>
<th>Techniques</th>
<th>Names Unchanged</th>
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<tbody>
<tr>
<td>Chakra Connection</td>
<td></td>
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<tr>
<td>Chakra Spread</td>
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<tr>
<td><em>Laser</em></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Previous Technique Name</th>
<th>Revised Technique Name</th>
<th>*indicates revised or new technique</th>
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<tbody>
<tr>
<td>Magnetic Passes</td>
<td>Field Repatterning</td>
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<tr>
<td>Magnetic Clearing</td>
<td>Modified Mesmeric Clearing</td>
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<tr>
<td>Pain Drain</td>
<td><em>Siphon</em></td>
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<tr>
<td>Mind Clearing</td>
<td><em>Noel’s Mind Clearing</em></td>
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<tr>
<td>Scudder</td>
<td><em>Scudder Meridian Clearing</em></td>
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<tr>
<td>Ultrasound</td>
<td><em>Beak Finger Laser</em></td>
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</table>
Student Resources Course 2: Energetic Patterning and Clinical Applications

Course 2: Energetic Patterning and Clinical Applications

Course 2 Resources: Energetic Patterning and Clinical Applications
- Course Syllabus
- Handout 1: Appreciative Inquiry
- Handout 2: Technique Name Chart
- Documentation Form: Intake Assessment
- Documentation Form: Follow up Session - Option 1
- Documentation Form: Follow up Session - Option 2

Course 2 Techniques: Energetic Patterning and Clinical Applications

Review Course 1 Techniques: Foundations of Healing Touch

<table>
<thead>
<tr>
<th>Techniques</th>
<th>Names Unchanged</th>
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<tbody>
<tr>
<td>Chakra Connection</td>
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<table>
<thead>
<tr>
<th>Previous Technique Name</th>
<th>Revised Technique Name * Indicates revised or ** new technique</th>
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<tbody>
<tr>
<td>Spiral Meditation</td>
<td>* Includes arms</td>
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<tr>
<td>Back and Neck Techniques</td>
<td>* Spinal Flush</td>
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<tr>
<td></td>
<td>** Glymphatic System Support</td>
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</tbody>
</table>

Student Resources Course 3: Advanced Healer Preparation
Course 3: Advanced Healer Preparation

Course 3 Resources: Advanced Healer Preparation
- **Course Syllabus**
- Handout 1: **Appreciative Inquiry**
- Handout 2: **Technique Name Chart**
- Documentation Form: **Intake Assessment**
- Documentation Form: **Follow up Session - Option 1**
- Documentation Form: **Follow up Session - Option 2**

Course 3 Techniques: Advanced Healer Preparation

<table>
<thead>
<tr>
<th>Advanced Healer Preparation</th>
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<tbody>
<tr>
<td>Hara Alignment</td>
<td>* Includes Earth’s Core Star</td>
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<tr>
<td>Core Star Expansion</td>
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<tr>
<td>Spinning Chakras</td>
<td></td>
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<tr>
<td><strong>Techniques</strong></td>
<td></td>
</tr>
<tr>
<td>Chelation</td>
<td>* Hand positions modified</td>
</tr>
<tr>
<td>Previous Technique Name</td>
<td>Revised Technique Name * indicates ** indicates revised or new techique</td>
</tr>
<tr>
<td>Spinal Cleansing</td>
<td>Spinal Clearing and Energizing</td>
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<tr>
<td>Deep Cleansing</td>
<td>Deep Auric Repatterning</td>
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<tr>
<td>Etheric Template Clearing</td>
<td>Etheric Template Repatterning</td>
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<tr>
<td>6th and 7th level work</td>
<td>Celestial and Ketheric Template Repatterning</td>
</tr>
<tr>
<td>Lymphatic Drain</td>
<td>*Lymphatic Clearing</td>
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<tr>
<td><strong>Lymphatic System Support</strong></td>
<td>** Glymphatic System Support</td>
</tr>
</tbody>
</table>

Student Resources Course 4: Case Management and Professional Practice

Course 4 Resources: Case Management and Professional Practice
- **Course Syllabus**
- Book list
- Handout 1: **Appreciative Inquiry**
- Handout 2: **Case Study Outline**
- Handout 3: **Homework Grid**
- Handout 4: **Technique Name Chart**
- Documentation Form: **Intake Assessment**
- Documentation Form: **Follow up Session - Option 1**
- Documentation Form: **Follow up Session - Option 2**
- Practitioner Certification Application
- Mentorship Guidelines – Updated and available at the top of the page
- Note: The HBB Certification Board is recognizing we are in a time of transition and will accept all previous work prior to July 1; and will encourage incorporation and application of the new language and techniques as the student continues.
Course 4 Techniques: Case Management and Professional Practice

Review Course 1 - 3 Techniques

<table>
<thead>
<tr>
<th>Advanced Healer Preparation</th>
<th>Etheric Vitality Meditation</th>
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<tbody>
<tr>
<td>Previous Technique Name</td>
<td>Revised Technique Name * indicates revised or ** new technique</td>
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<tr>
<td>Full Body Chakra Connection</td>
<td>** Chakra Energizing</td>
</tr>
</tbody>
</table>

Course 5: Self-Evaluation and Professional Development

Course 5 Resources: Self-Evaluation and Professional Development

- Course Syllabus
- Handout 1: Appreciative Inquiry
- Handout 2: Technique Name Chart
- Documentation Form: Intake Assessment
- Documentation Form: Follow up Session - Option 1
- Documentation Form: Follow up Session - Option 2
- Practitioner Certification Application

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Student Resources
Course 5: Self-Evaluation and Professional Development

Practitioner and Mentor Resources

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Note: The HBB Certification Board is recognizing we are in a time of transition and will accept all previous work, language and techniques, done prior to July 1; and will encourage incorporation and application of the new language and techniques as the student continues forward.
Practitioner and Mentor Resources

https://www.healingbeyondborders.org

Practitioner and Mentor resources accessible from two locations on HBB home page.

**MENTORSHIP GUIDELINES - Updated**

**NEW PRACTITIONER CERTIFICATION APPLICATION - Updated**

Note: The HBB Certification Board is recognizing we are in a time of transition and will accept all previous work, language, and techniques done prior to July 1; and will encourage incorporation and application of the new language and techniques as the student continues.

**DOCUMENTATION FORMS & HANDOUTS**

- Intake Assessment
- Follow up Session - Option 1
- Follow up Session - Option 2
- Handout 1: Technique Name Chart
- Handout 2: Appreciative Inquiry
- Handout 3: Energy Assessment
- Handout 4: Heart to Heart Meditation
- Handout 5: Case Study Outline
- Handout 6: Homework Grid

Please direct any questions to education@healingbeyondborders.org

Thank you for sharing your wisdom and nurturing of the mentees.

These are times of exciting changes, transformations and opportunities for service.

May the light and service that you give to others be returned to you a thousand fold.

We thank each of you for all that you do to “Pay it Forward” as we step into the Next Harmonic.