



Healing Beyond Borders

Educating and Certifying the Healing Touch®

FOUNDATIONS OF HEALING TOUCH TECHNIQUES REVIEW COURSE SYLLABUS

Course Prerequisite: Completion of Foundations of Healing Touch (Course 1).

Course Description:

Content includes review of the Framework for a Healing Touch session and review of an energy assessment. All the Healing Touch techniques taught in the Foundations of Healing Touch class will be discussed and demonstrated with students. Students will exchange each technique in practice sessions. Dialogue will conclude each exchange, with students describing their experiences (physical, mental, emotional, spiritual, and energetic) and dialoguing how they will use the techniques in their personal and/or professional lives.

This course is based on unity consciousness and the concept that human beings are a combination of their physical, emotional, mental, spiritual, and energetic aspects. It assists participants in experiencing their own wholeness as they exchange energetic interventions that may enhance the well-being, wholeness, and healing of another person.

Course Learner Outcomes:

The learner will be able to:

1. Review qualities and self-care needs of a Healing Touch Practitioner.
2. Demonstrate Healing Presence: the ability to remain grounded, present, and heart centered.
3. Apply the Healing Touch Framework to a variety of energy interventions.
4. Review rationale with proper use of specific Healing Touch techniques.
5. Review the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice

Course Text:

Required:

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

Companion:

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

Supplemental:

Joy, B. (1979). *Joy's Way: A map for the transformational journey*. Putman, NY: Jeremy P. Tarcher.

Additional course materials and resources can be found in the instructor and student sections on the Healing Beyond Borders website: www.healingbeyondborders.org.



Course Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and course overview	Group meditation and course intention. Dialogue and review participant's experience		
Framework for a Healing Touch session	Review Framework for a Healing Touch session: practice healer preparation, assessment, intervention, and evaluation	Anderson, Anselme, & Hart, pp. 39-48	
Field Repatterning	Review and practice Field Repatterning Exchanges using Framework and Field Repatterning	Anderson, Anselme, & Hart, p. 48, 67-68	
Break			
Modified Mesmeric Clearing, Chakra Connection	Review, practice, exchanges and dialogue – Modified Mesmeric Clearing, Chakra Connection.	Anderson, Anselme, & Hart, p. 80-81, 58-59, 74-75, 87, & 95-99,	Joy, pp. 269-275
Lunch			
Siphon, Laser, Pain Ridge, Pain Spike, and techniques for wound care	Clinical Applications for Pain Management: Siphon, Laser, Pain Ridge, Pain Spike, and techniques for wound care	Anderson, Anselme, & Hart, p. 95-96, 99	
Headache management: tension, sinus, and migraine headaches, and management of head trauma	Review, practice, exchanges and dialogue Clinical Applications for Headache Management: tension, sinus, and migraine headaches, and management of head trauma	Anderson, Anselme, & Hart, p. 96-99	
Break			



Noel's Mind Clearing, Chakra Spread	Review, practice, exchanges, and dialogue – Noel's Mind Clearing and Chakra Spread	Anderson, Anselme, & Hart, pp. 82-83, pp. 60-61	
Scudder Meridian Clearing	Review, practice, exchanges, and dialogue – Scudder Meridian Clearing	Anderson, Anselme, & Hart, pp. 84-86	
Ethics and professional practice	Ethics and professional practice	Anderson, Anselme, & Hart, pp. 103-109	
Closing	Course evaluation		