



## 2023 VIRTUAL CONFERENCE

27<sup>th</sup> Annual International Energy Healing Conference & Instructor Meeting  
*“Awakening & Connecting to the Art of Healing”*

Presented by Healing Beyond Borders

October 13-22, 2023

Available for on-demand viewing through December 31, 2023

[www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org)



Healing Beyond Borders  
Educating and Certifying the Healing Touch®



# Healing Beyond Borders

## Educating and Certifying the Healing Touch®

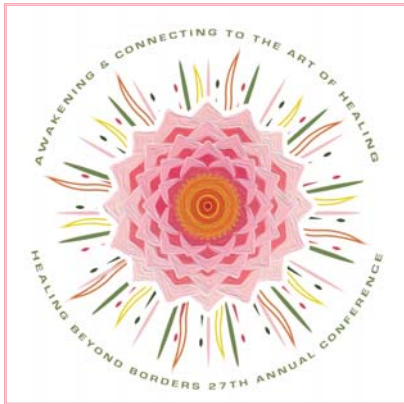
**VISION STATEMENT:** Spread Healing, Light and Love, Creating Wholeness on Earth.

**MISSION STATEMENT:** Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch students, practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch

### Purpose

The purpose of this annual conference is to provide continuing education for nurses, health care providers and others interested in healing, to strengthen the holistic approach of healing work including body, mind, emotion and spirit. The focus is to enhance self-awareness, self-care, holistic and energetic concepts and practices, and to increase the knowledge base of all who are interested in health and healing of self, family, clinical populations, community and planet.



Conference Learner Outcome Participants will identify one new practice/skill to support one's capacity to increase skills in the art as well as science of healing.

### About Our Theme

#### *"Awakening & Connecting to the Art of Healing"*

"Awakening & Connecting to the Art of Healing"

The root/origin of the word "heal" is derived from the Anglo-Saxon word, "haelen" which means to be or to become whole. Nurse theorist and researcher Janet F. Quinn PhD, RN, FAAN defines "healing" as the emergence of right relationship at one or more levels of the body-mind-spirit system. (Quinn, 1997)

### The Science and Art of Healing

Those of us practicing complementary therapies, especially energy or biofield therapies such as Healing Touch, have been necessarily required to scientifically validate our work with evidence-based practice, even as we know that our work is more resembling a collaborative dance, one of equal partnership with different responsibilities between practitioner and patient/client, and then between body, mind, emotion, soul and spirit within each.

"Beauty and art are part of the ushering in of a transpersonal caring-healing perspective. All true works of healing are works of beauty; beauty heals. The Native American people remind us that 'every day we should do an act of power and an act of beauty'. (Watson, 1999)

### The Healing Arts and Patient-Centered Care

Traditional "healing arts" include creative practices that foster and support healing, wellness, resiliency, and personal transformation. They may include creative practices such as writing prose or poetry, dancing, painting, singing, playing an instrument, and dramatic acting. For purposes of patient-centered care, these practices are facilitated by trained therapists, combining creative expression and psychological awareness.

An expanded description of the "healing arts" includes many of our "complementary" or "integrative" therapies, and are focused not only upon the science, but upon the art of care, compassion, fostering wholeness, and service...recognizing the individual in their entirety, and the greater environment within which they reside. These healing arts include, but are not limited to meditation, guided imagery, biofeedback, yoga, tai chi, and hypnosis); manual/manipulative therapies (massage, chiropractic, reflexology) energy/biofield therapies (Healing Touch, Therapeutic Touch, Reiki, Qi Gong); and whole medical systems (Traditional Chinese Medicine, Ayurvedic Medicine, Naturopathic Medicine, Indigenous Healing Traditions). These therapies and systems work from a humanistic perspective, acknowledging the important role of beliefs, emotions, social connections, stress, spirituality, cultural foundations, the greater community and society, and interdependence to the greater whole.

Studies indicate that healing arts and integrative therapies can fill gaps in treatment effectiveness, particularly for patients with complex, chronic health conditions and those seeking health promotion and disease prevention.

### References:

Starburst Lotus 2023 Conference Logo Design by Cat Miller BFA

Donahue, M.P. (1985) *Nursing, The Finest Art: An Illustrated History*. St. Louis. C.V. Mosby Co.

Quinn, J. "Healing: A Model for an Integrative Health Care System," *Advanced Practice Nursing Quarterly* 3, no. 1 (1997): 1-7.

Smolan, R., Moffitt, P., Nathons, M. (1990) *The Power to Heal: Ancient Arts & Modern Medicine*. New York:NY. Prentice Hall Press.

Watson, J. (1999) *Postmodern Nursing and Beyond*. New York:NY. Churchill Livingstone.



# Virtual Conference Information

*We dedicate this conference to the healing of ourselves, the service of those in need, and our beloved planet, Earth.*

## PEACE. RESPECT. HARMONY. COURTESY. KINDNESS.

This conference is a peace, education, and harmony zone. We ask that everyone model "walking our talk", calling forth the highest standard of behavior and vibration of which we are capable. We do this by releasing our judgment and treating our presenters, staff, and fellow attendees with patience, respect, courtesy, compassion and kindness. Please extend a warm welcome to our first time attendees.

## PRESENTATION CONTENT ADVISEMENT

Healing Beyond Borders makes no claims of endorsement of any therapy, technique or product explored within this conference. It is up to the individual practitioner to take full responsibility for utilizing the methods learned and apply them within his/her legal scope of practice. Note: Content and Schedule are subject to change.

## SPEAKER HANDOUTS

Speaker handouts will be located on the virtual platform for those presenters who have made them available.

## RECORDING

*No private recordings by any means are permitted* of any conference content or speaker without explicit written permission from **BOTH** Healing Beyond Borders and the Presenter. Healing Beyond Borders staff will be taking virtual conference photos and some filming during the conference for use on our website and future publications.

## CONFERENCE EVALUATION & CERTIFICATES

Our conference evaluation and certificate system is on line. Go to [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org), under Latest News (left side of lower website front page). Click on 2023 Virtual Conference Evaluation. You will be directed to a Log In Screen: Your SIGN ON is your email that you listed on your conference registration form. Your password is HBB. Complete your evaluation. Upon completion of the Online Evaluation, Contact Hours will be



Caroline Niewenhaus RN, BS, CHTP/I, Education Administrator, Conference Content Reviewer

### 2023 Conference Planning Committee

Gina Bondurant RN, BSN, CHTP/I, Herbalist; Victoria E. Cornelius MD, CHTP, RYT 200 hours;  
Christine Stewart RN, MSNc, CCRN, CHTP/I; Lisa Anselme BLS, RN, HN-BC, CHTP/I; Carol Schoenecker RN, BSN, HN-BC, CHTP/I  
Barbara Schommer RN, MS, CHTP/I; Christa Voorn RN, BScN, CHTP/I

automatically calculated and you will then be able to print your Certificate. *Participant Evaluations will be accepted for continuing education credit up to December 31, 2023* Requests for certificates after that date will be charged a \$20 processing fee.

## INDEMNIFICATION

Healing Beyond Borders reserves the right to refuse conference registration if HBB determines that the registrant would detract from the goals and/or security of the conference. Healing Beyond Borders reserves the right to request that a person attending the conference leave if HBB determines that the registrant detracts from the goals and/or security of the conference.



## CONTINUING EDUCATION

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approved to award up to 91 contact hours. The American Holistic Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Healing Touch International, Inc./Healing Beyond Borders is a provider approved by the California Board of Registered Nursing, Provider Number CEP15275.

"The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®."

Registered conference attendees will be eligible to earn nursing contact hours from this conference by completing online evaluations for sessions they attended. Please remember one must attend 100% of any given workshop to receive continuing education for that event; there is no partial credit awarded.

# 2023 Virtual Conference Schedule

Live Events will be recorded unless otherwise indicated. Re

Note: Pre-Recorded Events will be accessible at the start of confer

Mountain Time	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Th
	October 13	October 14	October 15	October 16	October 17	October 18	October 19
8:00 AM	<b>Welcome</b> from Board of Directors, <b>Opening</b> & <b>Pinning</b> Ceremony	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina
8:30 AM							
9:00 AM			<b>ME1:</b> Yoga w/ Victoria Cornelius	<b>W4.</b> Being Your <b>Authentic Self</b> in Community w/ Victoria Menzies	<b>W2.</b> Q&A	<b>ME2:</b> Chair Yoga w/ Victoria Cornelius	<b>W14.</b> Yoga and the 5 Vayus w/ Tracy Vacura
9:30 AM							
10:00 AM	<b>K1.</b> Arti Prasad	<b>K4.</b> Christine Page		<b>K1.</b> Arti Prasad Q&A	<b>W4.</b> Q&A		Di
10:30 AM							
11:00 AM	<b>HC1.</b> Racial Healing Circle 1 w/ Roxane Chan		<b>HC3.</b> Racial Healing Circle 3 w/ Roxane Chan Will <u>not</u> record	<b>W8.</b> Last Responders... Children at End of Life w/ JoAnne Auger	<b>W11.</b> The Art of Healing Harp Music w/ Tami Briggs	<b>W6.</b> Q&A	<b>W</b>
11:30 AM							
12:00 PM			<b>W1.</b> Enneagram w/ Linda Hoskins		<b>W3.</b> Q&A	<b>W8.</b> Q&A	
12:30 PM	<b>K2.</b> Paul J. Steinbroner		<b>W5.</b> HT & Long COVID w/ Anderson & Anselme		<b>W12.</b> Practical Art of Medical Intuition w/ Debra Denker	<b>W12.</b> Q&A	
1:00 PM	<b>F1.</b> Called from Darkness <b>Home Boy: Joy Ride</b>	<b>W2.</b> Holistic Interventions in LT Care w/ Hovde, Geisler, Marinelli				<b>F2.</b> Called from Darkness <b>Soul Sanctuary</b>	
1:30 PM							
2:00 PM			<b>W1.</b> Q&A	<b>W9.</b> Viewing Research with a Holistic Nursing Perspective w/ David Rabinowitsch	<b>W7.</b> Q&A		
2:30 PM							<b>W10.</b> Q&A
3:00 PM	<b>K3.</b> Journey to the Heart of Healing w/ <b>Brugh Joy</b> (1998 Keynote)	<b>W3.</b> Energetic Soul w/ Wardell, Tovey	<b>W6.</b> World of Energetic Herbalism w/ Bondurant & Quade		<b>W13.</b> Near Death Exp. & Radical Remission w/ Wardell & Kelley		<b>W19.</b> E Voo
3:30 PM							
4:00 PM			<b>HC2.</b> Racial Healing Circle 2 w/ Roxane Chan Will <u>not</u> record		<b>W10.</b> Potentiating Distant Healing w/ Anne Day	Concurrent Sessions <b>W16.</b> Transforming Healthcare for Veterans w/ O'Rourke, Derflinger, Shanhai	Concurrent Sessions <b>IM1.</b> Instructor Meeting (live)
4:30 PM							
5:00 PM	<b>K3.</b> Discussion		<b>W7.</b> Use Your Voice to Grow Your Business w/ Phoebe Fazio	<b>K4.</b> Christine Page Q&A	<b>F3.</b> Called from Darkness <b>Stand Down</b>		<b>W</b>
5:30 PM							
6:00 PM	Storytime & Meditation w/ Lisa	Storytime & Meditation w/ Lisa	Storytime & Meditation w/ Lisa	Storytime & Meditation w/ Lisa	Poetry Slam 1: Words of Healing w/ Joel	Storytime & Meditation w/ Lisa	Poe V Hea
6:30 PM							
<b>Event Color Codes</b>	Live Events: Most will be Recorded & Posted			Pre-Recorded Keynotes			Call

# Schedule (Subject to change)

Recorded Events will be viewable through December 31, 2023

Conference, offering you the opportunity to view on your own timetable.

Thursday	Friday	Saturday	Sunday	Amsterdam, Europe	Auckland, New Zealand	Australia	Japan	
October 19	October 20	October 21	October 22	<i>Same Day</i>	<i>Next Day</i>	<i>Next Day</i>	<i>Next Day</i>	
Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	Coffee break & Meditation w/ Joel & Gina	4:00 PM	3:00 AM	10:00 PM	11:00 PM	
				4:30 PM	3:30 AM	10:30 PM	11:30 PM	
W. Attributes of the Heart w/ Ruth Joy	<b>W9. Q&amp;A</b>	<b>ME3:</b> Yin Yoga w/ Victoria Cornelius	<b>W19. Q&amp;A</b>	5:00 PM	4:00 AM	11:00 PM	12:00 AM	
				5:30 PM	4:30 AM	11:30 PM	12:30 AM	
<b>W17.</b> Discussion	<b>W20.</b> Awakening to "Dreamality" w/ Deb Carter	Concurrent Sessions <b>W22:</b> Creating Opportunities for Growth w/ Suzanne Hess	Concurrent Sessions <b>IM2.</b> Instructor Meeting (live)	<b>W24.</b> Spiritual Cinema w/ Lisa Anselme	6:00 PM	5:00 AM	12:00 AM	1:00 AM
					6:30 PM	5:30 AM	12:30 AM	1:30 AM
<b>W13. Q&amp;A</b>	<b>W15. Q&amp;A</b>			7:00 PM	6:00 AM	1:00 AM	2:00 AM	
<b>W18.</b> Elder Women's Issues w/ Meta Commerce	HBB Business Meeting Report			7:30 PM	6:30 AM	1:30 AM	2:30 AM	
	<b>W21.</b> Via Joy: Spiral Meditation & Chakra Connection			8:00 PM	7:00 AM	2:00 AM	3:00 AM	
				8:30 PM	7:30 AM	2:30 AM	3:30 AM	
Called from Darkness <b>Just Us</b>	<b>W21.</b> Discussion	<b>F6.</b> Called from Darkness Recovery Café	<b>K5.</b> Rev. Rosalyn Bruyere	9:00 PM	8:00 AM	3:00 AM	4:00 AM	
				9:30 PM	8:30 AM	3:30 AM	4:30 AM	
				10:00 PM	9:00 AM	4:00 AM	5:00 AM	
<b>W14. Q&amp;A</b>	<b>W16. Q&amp;A</b>			10:30 PM	9:30 AM	4:30 AM	5:30 AM	
A Light in Europe w/ Arn, Strybol		<b>W23.</b> How to Be a Good Creature w/ Joel Anderson	<b>W22. Q&amp;A</b>	11:00 PM	10:00 AM	5:00 AM	6:00 AM	
	<b>W18. Q&amp;A</b>			11:30 PM	10:30 AM	5:30 AM	6:30 AM	
			Closing Ceremony of Monitored Conference	12:00 AM <i>Next Day</i>	11:00 AM	6:00 AM	7:00 AM	
				12:30 AM	11:30 AM	6:30 AM	7:30 AM	
<b>W15. Q&amp;A</b>	<b>F5.</b> Called from Darkness Journeys on the Red Road	<b>W20. Q&amp;A</b>		1:00 AM	12:00 PM	7:00 AM	8:00 AM	
				1:30 AM	12:30 PM	7:30 AM	8:30 AM	
Story Slam 2: Words of Healing w/ Joel	Storytime & Meditation w/ Lisa	Storytime & Meditation w/ Lisa		2:00 AM	1:00 PM	8:00 AM	9:00 AM	
				2:30 AM	1:30 PM	8:30 AM	9:30 AM	
Called from Darkness Film Series		Pre-Recorded Workshops						



# Keynotes

## Arti Prasad MD, FACP



Arti Prasad MD, FACP, ABOIM, is the new Chief Strategic Development Officer at Hennepin Healthcare. She is a Professor of Internal Medicine at University of Minnesota, Clinical Professor of Medicine at University of New Mexico, an adjunct Professor in the College of Integrative Medicine at Maharishi International University (MIU), is board certified in Internal Medicine and Integrative

Medicine and is the founding board member of the American Board of Integrative Medicine. She had provided over 22 years of continuous service to University of New Mexico (UNM) before joining in August 2017, the Hennepin Healthcare System (HHS) as an Endowed Chair of Medicine. Dr. Prasad, during her five-year tenure, was the first immigrant woman of color nationwide as a department chair of Internal Medicine with expertise in primary care, preventive, integrative and community engagement, in an academic organization.

The most important and fulfilling aspect of Dr. Prasad's career is to provide person-centered and compassionate care to her patients, creating new and expanding existing programs, fund-raising, and mentoring and coaching faculty, colleagues, staff, residents, and students, and in reducing physician-burnout. She created a first-of-its-kind division in any department of medicine nationwide, the 'Division of Person-Centered and Culturally-Inspired Integrative Health.' With the inclusion of integrative health programming, she helped reform two clinical programs at HHS – Pain management and Bariatrics - the latter now called the Comprehensive Weight Management Center and developed an integrative oncology program. She established a nation's first integrative medicine track (IMR) in the internal medicine residency program at UNM and also facilitated the development and launch of IMR at HHS. Dr. Prasad precepts residents in the General Internal Medicine clinic and practices integrative oncology at the HHS's cancer center. She is the PI for several state funded grants and is working with her team on state-wide non-pharmacological and integrative pain management to address the opioid crisis. She is the executive sponsor and provides oversight for HHS's Project ECHO (Extension for Community Healthcare Outcomes), funded by the state legislature.

Dr. Prasad serves as an HHS Board of Trustee and is a member of the HHS's board's quality subcommittee. She also serves as a board member of 'Pathways,' a local non-profit organization that provides free complementary and integrative medicine service to people in need, and on the George Family Whole-Person Health Initiative local Steering Committee of the Morrison College, St. Thomas University in Minneapolis, MN. She is also the Fellowship director of the new Fellowship MS in Integrative Medicine and Ayurveda for Medical Professionals offered through Maharishi International University (MIU), Fairfield, Iowa.



## Rev. Rosalyn L. Bruyere D.D.



Rosalyn L. Bruyere is an internationally acclaimed healer, clairvoyant and medicine woman. Her frequent collaborations with physicians and scientists reflect her belief that healing and health should be a cooperative effort between patient, physician and healer. Her combined scientific and spiritual focus influences both her teaching and writing style and serves to bridge the gap between concept and reality.

Dual involvement in research and healing has provided a primary inspiration for Rosalyn's work. Using her skills in perceiving and interpreting auric phenomenon, she was instrumental in research conducted at UCLA with Dr. Valerie Hunt in which the existence and significance of the human aura was first proven and measured scientifically. It was here Rosalyn's capacity to "read" the human energy field was first noted. Her ability to see patterns of disease and behavior in exquisite detail and to energetically transform tissue at a cellular level has brought her worldwide attention and a reputation as one of the nation's most notable healers.

Acknowledged by the keepers of medicine and shamanic traditions on several continents, Rosalyn is committed to learning, practicing and preserving the ancient ways. The grace with which she moves between cultures, honors their sacred traditions and gathers knowledge from varying disciplines has made Rosalyn a welcome and honored guest in Hopi Kiva, African hut and Tibetan temple alike.

Founder and director of the Healing Light Center Church, Rev. Bruyere has committed her life to the teaching of these sacred and ancient disciplines, thereby providing her students with practical tools for living the spiritual life, while introducing them to the venerable traditions from which those tools are derived. Her goal is to encourage the compassionate healing and empowerment of the individual, believing that as we each heal, we can be of greater assistance in the healing of the world.

# Keynotes

Rev. Rosalyn is the originator of the whole-body technique known as Chelation which has become a classic, taught in many modern healing schools, as well as Brain Balancing and a pain-reducing skill which some have called Pain Drain. Her book, *Wheels of Light, A Study of the Chakras*, is an invaluable text for the bridging of ancient and modern healing arts. Rev. Bruyere has studied extensively in areas of Egyptian temple symbology, Sacred geometry, ancient Mystery School rites, international shamanic practices, the pre-Buddhist Tibetan Bon-Po Ways, and various Native American Medicine traditions. Rosalyn's knowledge of ancient traditions and practices has led to requests for her technical assistance on several films and documentaries. Among the more notable features on which she has served as technical consultant are "Resurrection" and "The Last Temptation of Christ".

Rosalyn is an experienced public speaker on camera and off. She has the capacity to profoundly move an audience. Not only does Rosalyn present her ideas and perceptions with charm and intelligence, but her perspectives and insights offer the promise of healthier and more fulfilling lives and a brighter future for the planet. She serves on the Advisory Board, American Holistic Health Association (1993-present), Visiting Faculty/Advisory Board, University of Arizona Fellows Program in Integrative Medicine, Tucson, AZ (1998-present), Adjunct Faculty, Master's Program in Applied Healing, Tai Sophia Institute for the Healing Arts, Laurel, MD (2002-present) and Advisory Board, Integrative Medicine Initiative, Children's Memorial Hospital, Chicago, IL (2002-present). Rosalyn has received the following honors: Missionary Minister, Ordained to the Independent Church of Antioch, Medicine Woman, Hopi, Navaho, and Cree Indian Nations, Acknowledged Oracle for the Tibetan Bon Po, Sixth Lineage Of the Pre-Buddhist Tradition.

## Christine Page MD



A pioneering health practitioner, Christine is a true holistic doctor, with a passion for seeing and treating the whole person; body, mind and spirit. Raised amongst healers, psychics and complementary medicine practitioners, she's been called a mystical physician gifted with both healing and intuitive skills. Choosing to take her

compassion and knowledge to a deeper level, she received her medical degree from the Royal Free Medical School, University of London, in 1978. After qualifying, she engaged in many fields of hospital medicine, specializing in pediatrics, obstetrics and gynecology. In 1983, Christine transitioned into general practice where, alongside her regular duties, she created one of the first integrative health centers within the British National Health Service. This was followed, in 1988, by a highly successful London based holistic private practice which included homeopathy, counseling and energy medicine.

Christine is a charismatic and engaging speaker, using humor, charm and her own personal experiences to convey profound messages about consciousness and heart-soul centered wellbeing. From 1982 onwards, she began a lifelong love of teaching, sharing her wisdom and knowledge about complementary and energy medicine with doctors, nurses and other medical personnel, and teaching clinical medicine to complementary practitioners. Through this work she became known as a bridge builder especially as a founding committee member of the British Holistic Medical Association in the early 80's. It was during this time that her international teaching travel began, where she was introduced to many wonderful pioneering holistic doctors and practitioners across Europe, the USA, Russia, New Zealand, Canada and Australia. Her media work also increased, allowing her to spend five enjoyable years as a radio doctor on London based LBC, offering a wide range of healthcare advice to listeners. Christine's first five books reveal teachings and wisdom associated with the message of disease, intuition, the chakra system, mind-body medicine and sacred alchemy, all of which encourage self-development and soul expression. Her first book, *Frontiers of Health*, was originally published in 1992 and is now a bestseller in many languages.

In 2001, she moved to the USA and was invited to run an extremely popular three level intuition training program for doctors, psychologists and other healthcare professionals in association with NICABM (National Institute for the Clinical Application of Behavioral Medicine). From that time onwards, Christine has been an international keynote speaker and seminar leader at many professional and public conferences including Science and Consciousness, ISSSEEM, National Wellness, the International Institute of Integral Human Sciences and the Energy Psychology Conference. Since 2003, her focus has been on women's health and empowerment, knowing that when women embody their true female gifts, humanity will be healed. Her last three books are dedicated to this subject: *the Return of the Great Mother*, *the Healing Power of the Sacred Woman* and *the Handbook of Women's Mysteries*. The handbook is the basis of an introductory, home study and online certification course called: *Women's Mysteries for the Modern Woman*.

Apart from teaching and writing, Christine offers soul readings and spiritual mentoring where she uses her intuitive skills to guide her clients to embody their strengths, face their challenges and ultimately express their soul's full potential here on Earth. Christine and her husband Leland lead tours to beautiful sacred places around the world many of which have a deep connection to the feminine. For Christine, as a pioneer and seeker of truth, she knows the journey never ends but is merely a delicious exploration of consciousness with the eternal question: who are we?



# Keynotes

## W. Brugh Joy MD, Author, Healer



Dr. W. Brugh Joy held a BA from the University of Southern California (graduating Magna Cum Laude and elected into Phi Beta Kappa). He held a medical degree from the University of Southern California, where he was elected into the Alpha Omega Alpha Medical scholastic society. He completed an internship and first year

of Medical Residency at Johns Hopkins Hospital in Baltimore Maryland, and concluded his Internal Medicine training at the May Clinic in Rochester, Minnesota. Brugh was board certified and practiced Internal Medicine specializing in heart and lung disease in Los Angeles, California, and was a distinguished and respected member of the Los Angeles medical community.

In 1974 contracted a life-threatening disease that culminated in an illuminating meditation, which caused him to give up his medical practice abruptly. Six weeks later he discovered that his illness was totally cured. This experience pushed him to further his explorations into realms of healing involving body energies, the chakra system, meditation, and higher levels of consciousness. A true pioneer in the metaphysical world and the world of healing, Brugh authored *Joy's Way, A Map for the Transformational Journey* and *Avalanche*, a story about personal transformation that led him to abandon his medical practice.

His book, *Joy's Way* is the story of an extraordinary personal transformation, one in which he deeply explores the heart center and reality. Exercises to activate and cultivate the heart chakra, description and exploration of his identified attributes of the heart center, as well as two techniques that he developed and practiced in depth, Spiral Meditation and Chakra Connection, are foundational to the study and practice of Healing Touch. Brugh graciously gave permission for their inclusion within the HTI Healing Touch Certificate Program.

In 2009, Brugh was diagnosed with a recurrence of his pancreatic cancer, his third experience with pancreatic health issues. This time, there was no recovery. He left a legacy of exploring the art and science of healing, through his pioneering exploration of the heart center.

## The Attributes of the Heart

Unconditional Love  
Healing Presence  
Innate Harmony  
Compassion  
Selfless Service

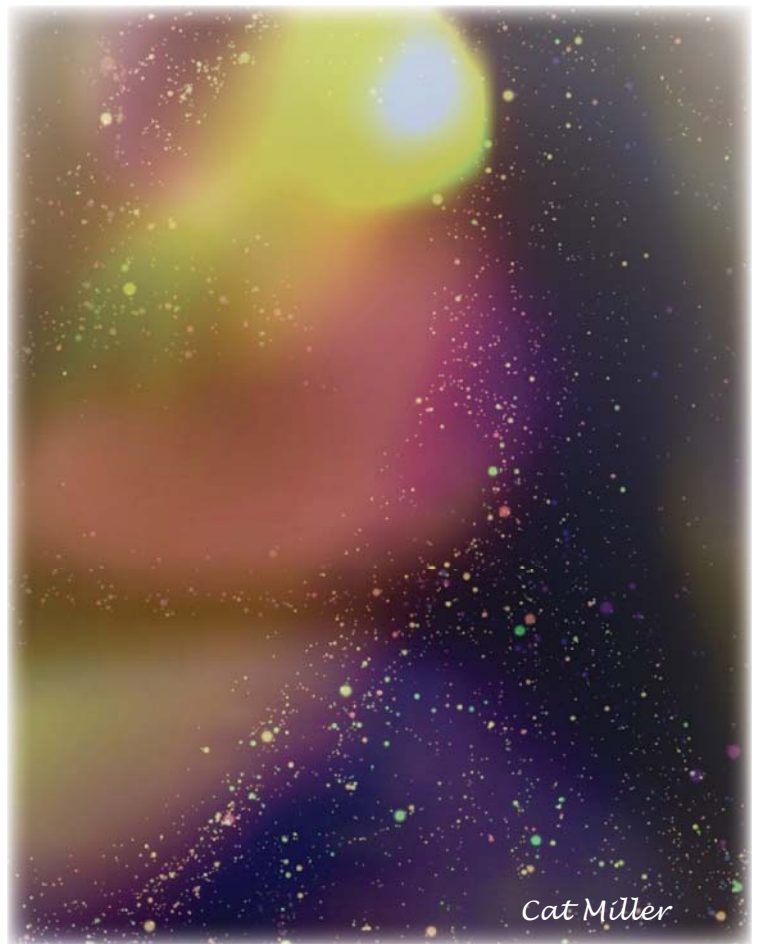
~W. Brugh Joy MD

## Paul J. Steinbronner BA, Filmmaker



Paul founded CNS Productions in 1983, where he produced and distributed more than 50 films, ranging from educational materials on addiction, neuropharmacology and brain chemistry, to uplifting and transformational documentaries. Additionally he published all 8 versions of the text book *Uppers, Downers, All Arounders* which is used to

train substance abuse counselors. He left that role after 35 years to create TouchPoint Productions in 2017 where they have just completed a six part documentary series "*Called From Darkness*" on willingness and transformational healing. Paul was also a News Film Editor for KGO, KPIX, KRON in San Francisco, CA. Paul has a B.A. in Cinema from SFSU Graduate School – American Film Institute. Paul won the 2023 Michael Q Ford award for journalism awarded by the National Association for the Addiction Treatment Providers.



Cat Miller

"Manifestation into Light"



# Workshop Speakers

## Phoebe Fazio RM, Yoga Teacher



Phoebe has been transforming lives through a unique form of healing called Sound Washing® and her Vision Alignment programs. Using her voice, she channels vibrational messages from the Divine. As a Reiki Master and Yoga teacher, her true essence radiates when sharing her gifts with others.

Spiritual Healers and Channelers are magnetized to Phoebe's programs that empower them to clearly deliver their messages and come into alignment with their Vision. Action steps are easier as the obstacles are removed. Business becomes easier, life is joyful, they feel the magic again, and their vision becomes their new reality.

The Global Channeling Summit, hosted by Phoebe, is uplifting channelers by broadcasting their messages to the world and allowing conversation where it has felt taboo in the past. People new to channeling learn more and find resources to support them and veterans find a community where they have support for this growing field of channeling. Even if you are interested in hearing channeled messages, you will get something from these interviews. Find out more at [globalchannelingsummit.com](http://globalchannelingsummit.com)

Phoebe lives in a world where dis-ease is a reminder to bring in ease, where we all remember to love ourselves in every moment, where our bodies crave only the foods they need to thrive in this world and where we all have everything we need and desire by sharing our gifts with others. As a Reiki Master & Sound Washing® performer and certified Yoga Teacher, she has been transforming people's lives. Experiencing her unique Sound Washings® in which she uses her own voice to channel sounds, people have had heart openings, emotional releases, physical pain released for good, spiritual awakenings as well as support in their ascension. She can be heard on YouTube videos, in live one-on-one sessions and in front of groups such as yoga classes, spiritual gatherings, church services and conferences.



## Roxane Chan PhD, BSN, MS, AHN-BC



Roxane is a board certified advanced holistic nurse, and holistic nurse consultant working through her company, Chan Body Energy. Her areas of specialty include Mindfulness and Self-Compassion Practices, Health Justice, and Organization and Individual Health. Roxane earned a Baccalaureate of nursing from Northern Illinois University, a

Master's in nursing administration from the University of Illinois at Chicago, and received her PhD in community health promotion from the University of Michigan where she conducted an NIH funded study on the use of mindfulness practices in persons with chronic disease. This study both validated her understanding of how persons with chronic disease need to be supported and clearly identified the critical need for social support grounded in love. Over her many years as a nurse, she has directly cared for patients in acute care and community settings across the United States, held positions in nursing administration and taught nursing at major universities. Her overall focus in nursing has been in vulnerable populations, which led her to develop a specialty in holistic nursing. Currently she is honored to be elected as the president of the American Holistic Nurses Association, is actively involved in facilitating racial healing circles for TRHT (Truth, Racial Healing and Transformation) and is a member of the strategic planning committee for Washtenaw county United Way. She is also currently working with the phenomenal team of McDuffy Evens to deliver organizational assessments and development of DEI solutions.

Roxane Chan will be assisted by the following facilitators:

### **Karen Cumberbatch-Sullivan PhD, MSN, RN, PMHCNS-BC**

Karen is Senior Course Lead, Evaluation Faculty, Health Professions - MSNF of Western Governors University, Salt Lake City, UT.

### **Kaija Freborg DNP-TCN, RN, NC-BC**

Kaija is Associate Professor at California State University-Sonoma. Racial + Social Justice Health Activist, Feminist, and Healer.

### **LaTonia Clark-Chalmers RN, MSN, PMHNP-BC APNA**

LaTonia is a psychiatric-mental health nurse practitioner

# Workshop Speakers

## Joel G. Anderson PhD, CHTP, FGSA



Joel G. Anderson is an Associate Professor in the College of Nursing at the University of Tennessee. He holds a Doctor of Philosophy Degree in Nutrition from the University of North Carolina-Greensboro, a Bachelor of Science Degree in Biology from the University of North Carolina-Wilmington, and a certificate in Advanced Clinical Dementia Practice from the University of Michigan.

Joel holds an adjunct appointment at the Centre for Age-Related Medicine at Helse Stavanger in Stavanger, Norway. Joel's research program focuses on supporting caregivers of people living with dementia. He currently leads several studies to examine family quality of life in dementia and issues related to caregiving, including the use of social media as part of the family caregiving experience and the unique needs of LGBTQIA+ caregivers and older adults.

Joel has received funding from the National Institute on Aging, the Pat Summitt Foundation, and the Kavli Foundation. He has published over 80 peer-reviewed articles in numerous academic journals and serves as a member of the editorial boards of the *Journal of Family Nursing* and *Research in Gerontological Nursing*. Joel is an elected fellow of the Gerontological Society of America. He currently serves as a member of the Executive Committee for the Knox County Council on Aging and a volunteer for the Alzheimer's Association. For over two decades, Joel has been actively involved in efforts related to multicultural diversity, equity, and inclusion. In 2023, Joel received the UTK LGBTQ Advocate Award in recognition of his contributions in promoting an inclusive campus environment that respects the diversity of sexual orientations and gender identities and expressions at UTK. He is the Immediate Past President of Healing Beyond Borders.

## Victoria E. Cornelius MD, CHTP, RYT 200 hours



Victoria Cornelius is Board Certified in Pediatrics and Internal Medicine, and Adolescent Medicine, and currently serves as Adjunct Professor of Pediatrics, Division of Adolescent Medicine St. Louis University Health Science Center. Previous positions include Assistant Professor of Internal Medicine and Pediatrics (clinical track) St. Louis University Health Science

Center, and Associate Program Director of Internal Medicine Program, University of Louisville, Louisville, KY, and Staff Physician and Educator in Emergency Medicine and Ambulatory Care, Newark Beth Israel Hospital (affiliated with UMDNJ).

Victoria has served on the Board of Healing Beyond Borders since 2016. Her education as a physician has laid the foundation for a medical practice. All her professional years have been as a practitioner and a medical educator. Yet, her experiences as a Certified Healing Touch Practitioner and a Yoga Instructor provide energy treatments and movements to encourage wellness from within. She notes:

"Healing Beyond Borders is an organization that brings this light and philosophy to the world. This organization offers a unique perspective. Our educational programs, certification, and conferences provide an anchoring community with that philosophy. The people, the mission, and the work continue to inspire me. And in giving, I have received. Thank you for the opportunity to contribute in this capacity."

## Lisa C. Anselme BLS, RN, HN-BC, CHTP/I



Lisa Anselme is a Registered Nurse of 44+ years and a passionate, dedicated advocate for holistic/integrative health. A long time consultant to health care facilities in integrative health, she is the Executive Director for Healing Beyond Borders. Lisa holds a Bachelors degree in Liberal Studies from the University of Iowa and pursued graduate coursework

in Biomedical Ethics. She has co-taught biomedical ethics to Iowa medical students under the tutelage of bioethicist Dr. Robert Wier and served on panels for ethical decision making at the University of Iowa and Healing Beyond Borders.

Lisa has held certification as a Clinical Transplant Coordinator, is a Certified Healing Touch Practitioner and Instructor through Healing Beyond Borders, a Certified Holistic Nurse through AHNCC, a Usui Reiki practitioner and teacher, and Jin Ki Do and Qi Gong practitioner. Lisa teaches Courses 1-5 of the HTI Healing Touch Certificate Program within the USA and internationally. She has expertise in the clinical areas of pediatrics, nephrology, and transplantation, and was part of the University of Iowa team that examined the effects of dietary protein restriction and strict blood pressure control in the randomized controlled national clinical trial Modification of Diet in Renal Disease, and co-investigator in the N. American Pediatric Renal Trials and Collaborative Studies.

Lisa has published in professional health care journals and presented widely to both professional and lay audiences. She is editor of Healing Beyond Borders' quarterly publication *Perspectives in Healing*, co-author of *Healing Touch: Enhancing Life through Energy Therapy* (2014), co-author of the text, *Foundations and Practice of Healing Touch* (2017), Past President and co-founder of LifeSpark Cancer Resources and Energy Partners program, (Denver) and an instructor in the Integrative Health Program at Red Rocks College, Denver, CO. She serves on the Consciousness and Healing Initiative's (CHI) Practitioners Council. Lisa maintains a private practice in Holistic Nursing and Energy Therapies in Lakewood, CO.



# Workshop Speakers

## Anne Day BSN, MA, HN-BC, CHTP/I



Anne Day has been a visionary in helping to build two holistic health centers in Lakewood, Colorado. She is a past President and Charter Member of Healing Touch International, (now dba Healing Beyond Borders) and was a member of the Board of Directors for over 8 years. Anne has been a member of the American Holistic Nurses Association since 1988. She

founded Healing Touch Hawaii in 1996 and is actively teaching and supporting HT classes in Hawaii, as well as classes on the mainland of the US, and internationally. She has been a lead instructor for Healing Touch since 1990, teaching Courses 1 – 5, and assisted Janet Mentgen in the development of the curriculum for the Practitioner levels of Healing Touch.

Anne has over 40 years experience as a holistic nurse and health educator. She has a Bachelors Science in Nursing from the University of Minnesota School of Nursing, a Masters of Arts in Health and Wellness from Boulder Graduate School, is a Certified Healing Touch Practitioner and Instructor, Certified Holistic Nurse, Massage Therapist, Certified Journal Instructor, and a recognized speaker and leader in the areas of healing, holism, journaling and presence.

Anne is dedicated to bringing Healing Touch and other integrative therapies into mainstream health care. She is passionate about teaching others to connect with their inner healing potential. Her private practice includes Healing Touch, wellness counseling and guided imagery for healing.

## Christa Voorn RN, BScN, CHTP/I



Christa Voorn is a Course 1 Instructor. She has an active Healing Touch practice and is a member of the Board of Directors of Healing Beyond Borders. She has been a nurse for more than 30 years and has worked internationally (Canada, USA, Vietnam and the Netherlands). She maintains clinical practice as a High Care nurse in the PICU of Erasmus MC Sophia Children's Hospital, Rotterdam, Netherlands.

Christa has successfully advocated the implementation of Healing Touch and other complementary/integrative approaches, specifically for self-care of healthcare professionals. Christa serves as Secretary on the Healing Beyond Borders Board of Directors.

## Nancy Strybol BSN, MS, CHTP/I



Nancy Strybol is a Certified Healing Touch Practitioner and Instructor who works with people with both acute and chronic conditions. Her recent focus is on working with people with NAH (non-congenital brain injury). Previously, she was active as a Healing Touch practitioner in the oncology room of the MCH (Haaglanden Medical Center). Nancy's interest in "working with energy" arose at the end of her 30-year career

as a nurse and nursing educator. During her studies in Nursing Science and Social Sciences, she was constantly looking for the essence of nursing with the aim of integrating it into her work as a nurse and later as a teacher. Nancy has served as chair on the Healing Beyond Borders Certification Board and has an active Healing Touch practice in the Netherlands.

## Victoria Menzies PhD, RN, FAAN



Associate Professor, Family, Community and Health Systems Science, University of Florida. Dr. Menzies is a PhD prepared nurse researcher and educator. Her broad clinical training as a psychiatric clinical nurse specialist and her doctoral training in research methods have provided an ideal foundation for examining the biobehavioral factors in human health and disease. Over the

past 15 years, her research program has focused on improved symptom self-management in individuals diagnosed with chronic pain conditions, including those with fibromyalgia. Her previous work in the field has centered on the development and testing of effective non-pharmacologic symptom self-management strategies for individuals suffering from non-malignant chronic pain (NMCP). Her current program of research (a), continues to focus on the use of non-pharmacologic interventions for pain and other symptom management and (b), has expanded to include investigating mechanisms underlying the pathophysiology of NMCP using metabolomic approaches with an aim to determine the clinical and biological risks that contribute to the development and treatment of chronic pain conditions.

Dr. Menzies serves as an Ambassador to the Friends of the National Institute of Nursing Research, 2016 to present. In this role she works with other members of the nursing profession to advocate for generous funding of nursing research to state and federal congressional representatives. Dr. Menzies is an active member of the American College of Rheumatology(ACR)/Association of Rheumatology Professionals (ARP)and has served on the ACR Government Affairs Committee (2016-2020), the ARP Executive Committee (2018-2020), and is currently serving as a member of ACR's RheumPac, the committee that provides funding for advocacy issues related to improved patient outcomes championed by the ACR/ARP membership.



# Workshop Speakers

## Myra Tovey RN, BS, CHTP/I, HN-BC



Myra Tovey has been associated with Healing Touch as an organization since its inception in 1988 and studied with Brugh Joy, MD (the originator of the Chakra Connection), since 1981. Myra worked with Janet Mengten, the founder of Healing Touch, and two other nurses to help create a national program. Myra is a Certified Healing Touch Practitioner and Instructor. She has served both on the Healing Beyond Borders and American Holistic Nurses Association Board of Directors. In the 1990's Myra served as consultant at Colorado Center for Healing Touch. She has long taught Healing Touch Courses 1 and 2 and was the instructor for course 2 Instructor training. Myra has authored, *Yes, I Will*, an autobiographical book, and *Meditations from the Heart*, a relaxation CD. Currently she teaches classes in Heart Centered Living and is an avid watercolor artist.

Myra has authored *Yes, I Can*, an autobiographical book, and *Meditations from the Heart*, a relaxation CD. Currently she teaches classes in Heart Centered Living and is an avid watercolor artist.

## Donna C. Henry RN, MSN, CHTP, LMT, AHN-BC

Donna is a Certified Holistic Nurse, Certified Healing Touch Practitioner and Licensed Massage Therapist. She provides services for family, friends and community, providing education and direct care with healing touch, massage therapy and holistic nurse. Donna is a charter member of Healing Touch International/Healing Beyond Borders. She was an educator and administrator in a community college setting for 30 years and continues to mentor persons who assumed the position following her retirement. She is a strong advocate for underserved and marginalized populations.



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## Deb Carter CHTP/I

Based in Christchurch, New Zealand, Deb has a full-time clinical practice encompassing Healing Touch, Esoteric Healing, and Sound work. She has an educative arm, teaching Healing Touch Courses 1, 2 and 3, along with sharing the benefits of Healing Touch within the Secondary School Curriculum to Year 13 students and to the wider community. She has spent time in the field studying Rongoa – Indigenous Maori herbs and has engaged with the study of Maori Esoteric Wisdom with the late Rev Maurice Grey. Her passion is to live with her own 'Life Essentials' – Song with harmony, heart balanced with wisdom, courage to walk her truth. Deb is currently on HTNZ Committee as the Instructor representative and continuing leadership on the Education sub-committee. Music and sound is the essence of our soul. Singing with a World Music A cappella Group and singing with gentleness at bedside in palliative care hospitals gives Deb joy. She believes it is time to call our community to action and create a community that has great connectivity, honesty and heart, with spaces where we can have time to share and heal and in turn generate that sense of connectivity out into wider society. The journey begins with knowing the self that sits quietly within.

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## Diane Wind Wardell PhD, RN, AHN-BC, CHTP/I



Diane Wind Wardell has been with the Healing Touch community for 25 years and worked closely with the founder, Janet Mengten. She is co-author and co-editor of *Healing Touch: Enhancing Life through Energy Therapy* (2014) and *Collaborative Meditations* (2023) and author of *White Shadow: Walking with Janet Mengten*. She has also acted in research positions within the organization and nationally, and served as Chair of the Certification Board of Healing Touch International, Inc. She has conducted studies on Healing Touch with the elderly and spinal cord injured patients and has published these findings and other articles on Healing Touch in professional journals. She is currently a Professor of Nursing at Cizik School of Nursing, a Certified Healing Touch Practitioner and Instructor, and has taught all levels of the nursing and Healing Touch curriculum.

## Mari Kelley RN, CHTP, CHTI, RPCV, PCRV



Mari Kelley has 41 years of Clinical and Administrative Nursing in Hospital settings, as well as Community Health Outreach Volunteer and Maternal and Child Health Specialist with the US Peace Corps in Uganda and Zambia. She served as Nurse Manager of Critical Care and Renal Dialysis at hospital institutions and initiated training staff in Healing Touch at the Department of Veteran Affairs in Virginia and Los Angeles, CA for all interested Healthcare Professionals, raising awareness in the medical profession to energy therapy. She has presented at numerous national and local conferences. Mari is co-author of *Collaborative Meditations* (2023). Her private practice provides basic and advanced practice of a variety of healing modalities using energy-based concepts, tuning forks, and aromatherapy to restore wholeness and harmony to the Mind/Body/Spirit of persons seeking self-healing. Her private practice incorporates the nursing process, networking, mentoring, consulting, lecturing, teaching workshops for Healing Beyond Borders and Inner Sound Tuning Forks for the community. She continues to combine conventional and complementary therapies as an Integrative Healing Process.



## JoAnne Auger RN, CHPPN

JoAnne is a registered nurse, certified in hospice/palliative pediatric nursing, who has dedicated the heart of her career to gentling the journey for children at life's end. She serves the patients and families at Rady Children's Hospital in San Diego (RCHSD) as the Supportive Care RN Coordinator. As the parent of a childhood cancer survivor, she has rare insight into the burdens shouldered by families when a child is very sick. She has walked alongside many hundreds of families on their journeys through serious illness, on the paths to both survivorship and bereavement.

# Workshop Speakers

## Stacey Quade COTA/L, CHTP/I, Herbalist



Stacey has maintained a private practice in Healing Touch and Herbal Medicine since 2002 in Duluth, MN. Retired in October 2021 as a Certified Occupational Therapy Assistant at Essentia Health Miller Dwan Rehabilitation where she had specialized in Traumatic Brain Injury for 33 years, was part of Energy Based Therapy Research, and served on the Integrative Health Advisory Committee.

Stacey's herbal experience stems from a lifelong relationship with plants and nature; structured learning and clinical education began in 2002. Stacey teaches classes on a variety of wellness topics, including energetic principles, diet/nutritional basics and herbalism in the Duluth area and surrounding communities. She currently serves on the board of North Central Healing Touch (NCHT) and on the Professional Development committee for Healing Beyond Borders.

## Mary Szczepanski MS, HNB-BC, CHTP/I



Mary Szczepanski has worked in nursing in psychiatric/mental health settings, education. She currently provides Healing Touch at the local hospital in Juneau, Alaska and also has a holistic nursing private practice offering energy healing and related classes and techniques in person and online. Mary has served as chair and as a member of the Healing Touch International certification board and the Healing Beyond Borders Instructor Training Committee. She has written 3 books related to energy healing including: Energy Healing: Reflections on a Journey, A Path of Healing, and Strands. She has taught classes and written articles on Ending Racism and has led support groups and book groups on the topic.

## Tami Briggs CHP, MBA, Therapeutic Harpist



Tami Briggs founded Musical Reflections located in Minneapolis, Minnesota in 1999 after receiving her International Harp Therapy Program certification. She has produced 15 CDs for relaxation and written two books. Her newest project is fulfilling her dream of using her harp for world peace by founding Healing Harps for Global

Peace and Unity (harpists around the world who play with love for unity, peace and planetary healing). Through the vibrations of the harp, the musical intention is to help you connect with your own inner peace so that you can radiate it out bringing peace and calm to the world.

## Gina Bondurant BSN, RN, CHTP/I, Herbalist



Gina has been a Registered Nurse since 1997 working primary care on a pediatric and adult medical-surgical inpatient unit. Her roles past and present include Staff RN, Shift Coordinator/Charge Nurse, Certified Pediatric Advanced Life Support Instructor, Pediatric Clinical Educator in Staff Development: member Shared Governance:

Nursing Excellence Champions, Chair Sentara Pediatric Practice Forum focusing on development of best practice, policy and procedure to insure safe, competent care of children across a 13-hospital system in VA, MD and NC. Magnet Ambassador and Healing Touch Provider for hospital staff through the Care or the Caregiver Program.

Long interested in integrative therapies she is a Certified Healing Touch Practitioner & Instructor, a graduate of a Clinical Herbalist program in Western Energetic Herbalism, Level 2 Inner Sound. Therapy and Reiki 2 practitioner. She serves as the coordinator of the Blue Ridge Shenandoah Healing Touch Practice and Mentorship Groups, as a frequent volunteer offering Healing Touch in various settings including as part of the Healing Touch Mentorship team for INOVA Health Systems. She currently serves as President of the Healing Beyond Borders Board of Directors.

## Rosalie Van Aken PhD, RN, CHTP/I



Rosalie is an Australian Registered Nurse who has practiced mainly in the areas of mental health and drug and alcohol. She was also employed by Southern Cross University teaching in the areas of Natural Therapies,

Stress Management, Mental Health and Drug and Alcohol. She currently works as a private practitioner, mentor and teacher in the Perth area. Rosalie was awarded a PhD from Southern Cross University in 2004 for a study titled 'Emerging from Depression: the experiential process of Healing Touch studied through grounded theory and case study'. The area of energy work and emotional health are a major interest.

She became a Certified Healing Touch Practitioner and Instructor in 1996 and continues to have a bioenergetic healing practice and teach all levels of the HTI Healing Touch Certificate Program in the Asia Pacific Region. She has served on the Board of Directors, Certification Board, and is currently Chair of the Healing Beyond Borders Instructor Training Committee. She developed the Way of the Healer series of workshops during 2005 to assist healers to develop their energy system. Her objective is to share bioenergetic healing with as many people as possible through teaching, giving talks and doing the work. She acknowledges the traditional owners of the land on which we work and pays respect to Elders both past and present.



# Workshop Speakers

## David Rabinowitsch DNP, RN, AHN-BC CHTP/I, SGAHN



David Rabinowitsch, DNP RN AHN-BC CHTP/I CNE SGAHN has been a nurse for 30 years and a nurse educator in almost every area of care. As a nurse educator, he developed and taught many holistic nursing courses. He volunteers at a VA hospital and continues to teach clinical nursing there for York College of CUNY. Dr. Rabinowitsch is a past president of the American Holistic Nursing Credentialing Center. He incorporates Healing Touch and holistic nursing in every day “mainstream” healthcare. David has shared the gifts of holistic health and Healing Touch around the world. In 2021, he was recognized as a Distinguished Scholar by the Global Academy of Holistic Nursing.

## Debra Denker CHTP/I, Author



Debra Denker, CHTI, has been a Certified Healing Touch Practitioner since 2002 and an instructor since 2006. She has taught Healing Touch in the US, South Africa, and Tibet and has private practices in New Mexico and Alaska. Debra began studying the healing arts with Rev. Rosalyn Bruyere in 1986. She taught Intuitive Awareness at the Healing Light Center Church and graduated as an ordained minister in 1991. She has practiced medical intuition since the early 90s and has been teaching it since 2000. She is also an award-winning novelist and environmental journalist, a filmmaker and photographer. She is author of the cli-fi novel, *Weather Menders* (21017), and the non-fiction literary memoir *Sisters on the Bridge of Fire: One Woman's Journeys in Afghanistan, Pakistan, and India*, and the novel *War in the Land of Cain*—a story of love, war, and moral choices set during the Soviet-Afghan war of the 1980's. She has specialized in social documentation utilizing journalism, photography, and film to convey the experiences of people in war torn areas, with the intention of stimulating the empathy necessary for humans to stop violence against people and planet.

## Debbie Derflinger BSN, RN, CHP

Debbie Derflinger, BSN, RN, Joyologist, CLL-E, CHP, NBC-HWC humanizes healthcare with love & Laughter. She is a proud diploma graduate from Trumbull Memorial Hospital School of Nursing and a BSN from Malone University. Nursing experience includes Army dispensary treatment room, ER, VA primary care, VA Mental Health, and VA Whole Health. A nurse healer practicing Laughter, Reiki, Labyrinth, Tai Chi Easy, drum circle, tapping, and sound healing. She is passionate about the Arts in Healthcare and the healing power of laughter. As the Whole Health RN at the Cleveland VA Healthcare System, she develops and facilitates groups for Veterans with a holistic nursing focus.

## Meta Commerse MA, MFA, CWP



Meta is an elder who has had a fruitful teaching career, including 5 years in grades K-12, 6 years as an adjunct professor in both public and private schools, and since 2015, in community-based adult education. She is an author, word medicine woman in the Southern Appalachian tradition inherited from her grandmother. Her

publications include essays, articles, and cross-genre titles. A graduate of Goddard College in Vermont, Meta is founder/CEO of Asheville-based Story Medicine Worldwide. An artist, activist, vocalist, mother of three, grandmother to four grandsons, she has since 2009 made Western North Carolina her home.

## Suzanne M. Hess PhD, CHTP



Sue Hess, Ph.D., CHTP, is a former NC cancer researcher and Assistant Professor at Wake Forest University School of Medicine in Winston-Salem, NC and current HRI Scientist, Department of Gynecologic Oncology and Assistant Professor at Roswell Park Comprehensive Cancer Center in Buffalo, NY. Her current work focuses on

writing grants and publications, as well as managing projects and clinical trials related to ovarian cancer. Sue has been certified as a Certified Healing Touch Practitioner (CHTP) since 2005 from Healing Beyond Borders and is also the Chair of the HBB research committee and HBB Research Director.

## Lynn LeMere RN, BSN, CHTP/I



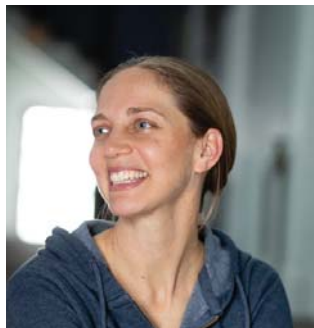
Lynn Le Mere, RN, BSN, CHTP/I has been a nurse for 32 years. Lynn is a Certified Healing Touch Practitioner and Instructor. She has worked in Neurology, Neurosurgical ICU, Cardiac, Perioperative, and Care Coordination as a nurse in hospital settings. She has worked as a Case Manager in Hospice and Disease Management. Many professional and personal experiences lead her to

take Healing Touch classes. Healing Touch fit in perfectly with all the self-care and holistic health care that she learned in Nursing School at University of Wisconsin Milwaukee and restored her passion for nursing. Her strong desire to share her passion of Healing Touch motivated her to become an instructor of Healing Touch.



# Workshop Speakers

## Tracy Regan Vacura BFA, MFA, CHTP, Yoga Teacher E-RYT 500



Tracy believes yoga is a time for deep connectedness. Having spent decades teaching dance, she loves fully-embodied movement and feels passionate about understanding anatomy and alignment. She enjoys working with people to center, find what is truly important, and then magnify their own unique gifts in the world.

Tracy is a Certified Healing Touch Practitioner. She also co-leads a 9-month Holistic Yoga Teacher Training program, which emphasizes personal transformation as a key to becoming a yoga teacher. She loves the community at Yoga Sanctuary in Minneapolis, MN, where she teaches and feels at home.

## Patricia Ann O'Rourke MA, LMBT, RN, BC, CCRN-K CHPN, HN-BC, HWNC, NBC-HWC-BC



Patti O'Rourke is a lifelong learner. 60 years in nursing & still going! A joyologist, nurse healer, educator, mentor, & coach about covers it. Areas worked – critical care & psych in civilian nursing, in the Navy, & in the VA. An educator in diploma, community college, & university, both clinical & classroom, and in the community. Certified

in critical care, psych, hospice & palliative care, holistic nursing, health & wellness nurse coach. For over 40 years has been practicing complementary modalities with anyone who gives her permission. A legacy goal – to pass on her love of nursing.

## Lisette Shanhai MSN, RN, AHN-BC, HWNC-BC, QTTP



Lisette Shanhai, MSN, RN, AHN-BC, HWNC-BC, QTTP (She/Her) received her undergraduate degree from the University of Central Florida and her graduate degree with a concentration in Advanced Holistic Nursing from Florida Atlantic University. Her diverse nursing experience includes travel nursing, nephrology, post-surgical, step-down, direct observation, home

hospice, acute care behavioral health, case management, nursing education, holistic and integrative nursing. As the Holistic RN at the Orlando VA Healthcare System, she develops and facilitates meditation and mindfulness groups for Veterans with a holistic nursing focus and incorporates interventions such as Reiki, Therapeutic Touch, Mantram Repetition, Guided Imagery, Meditation and Breathwork.



## Linda Hoskins CHTP

Healing Touch has become my third profession after Microbiology technician and then a Nonprofit Management consultant. However, energy work is my real passion, and I was drawn to Healing Touch through studying the Enneagram in my local community of St. Paul MN. What's the connection? Both focus on connecting our 3 centers, mind, body and spirit or heart by quieting, grounding, and using heart energy. Both are about becoming more aware and present in order to change and heal ourselves. And I have a love of sharing both with my family, friends, community members, and clients.

## Janet Hovde MA, BS, OTL, CHTP



Janet Hovde has had a private healing practice for 25 years. She is a licensed Occupational Therapist with work experience in long term care, assisted living, memory care, hospital, school and home care settings. She is a Certified Healing Touch Practitioner, Certified Aromatherapist and practitioner of

Chinese Energetic Medicine. She has created and taught classes in energy healing and intuition development. She is an artist and writer, playing in painting, art quilting, memoir and fiction writing.

## Carol Geisler PhD, RN



Carol has been teaching and serving as the Research Coordinator in the Master of Arts in Holistic Health Studies St. Catherine University since 2004 and has guided over 250 graduate students in completing a master's thesis of their own choosing. Personally, she has been interested in the interconnections between mind, body, and spirit since she was a young child. Her life

journey has taken her on an interesting and ever-evolving path where she has studied nursing, counseling, psychology, spirituality, energy healing, plants as medicine, soul purpose, ritual, death & dying, meditation, collaboration, and research as part of her own lifelong integrative health journey.

## Janet Marinelli MS



Janet Marinelli is Assistant Professor, and grateful to teach in the Master of Arts in Holistic Health Studies Program at St. Catherine University; she has been doing so since its creation in 2004. A highlight of her teaching career has been to lead the early collaborative development of curriculum. She has many interests, as her students do, including spirituality, energy healing, the arts and healing, women and myth, and Jungian psychology. The overarching

theme for her teaching is transformative process, and it is a joy for her to work with students as we explore at the edge of knowing.

# Opening & Pinning Ceremony

## Healing Beyond Borders Board of Directors

### 2023 Newly Certified Practitioners & Instructors

*What you give  
to the world  
is who you are.  
We are not here  
to hoard the light.  
We are here  
to reflect it"*  
~ John Roedel



TRANSFERRING THE LIGHT from PRESIDENT TO PRESIDENT

HEALING BEYOND BORDERS

**CONGRATULATIONS TO OUR NEWLY CERTIFIED  
PRACTITIONERS & INSTRUCTORS!  
Pinning Ceremony Participants to be announced!**



2022 - 2023 HEALING BEYOND BORDERS BOARD OF DIRECTORS

# Keynotes

## K1. Connecting the Art and Science of Healing

Arti Prasad

1.5 contact hours

The current state of our national health care calls for shifting our focus to one of collaboration with others to create and influence a culture of health and well-being. Providing care to underserved communities and commitment to compassionate, patient-centered, and relationship-based care necessitates interweaving both the art and the science of healing. *(Pre-Recorded w/ Live Q&A)*

## K2. “Called from Darkness” - A Six Film Documentary Series

Paul Steinbroner

6.5 contact hours

Journeys of Healing, Restoration, and Reconciliation: Marginalized Populations Dealing with Addiction Recovery

Paul Steinbroner and TouchPoint Productions worked with Fr. Greg Boyle of Home Boy Industries, Rabbi Mark Borovitz of Beit T'Shuvah, the Veterans Village of San Diego, and Fr. Richard Rohr of the Center for Action and Contemplation. After four years of production these films are now ready to share the message of hope and reconciliation with a wide audience especially in this time when so much healing is needed.

Co-facilitated discussion will follow each film with: *Joel G. Anderson, Mary Szczepanski, Rosalie van Aken, Lisa C. Anselme, Donna C. Henry, Gina Bondurant*

**F1: *Home Boy: Joy Ride*** – Spiritual dimensions of addiction recovery

**F2: *Soul Sanctuary*** – The recovery community of Beit T'Shuvah

**F3: *Stand Down*** – Connecting veterans with legal, medical, dental, housing, and job training

**F4: *Just Us*** – Existential struggles of the Mestizo culture

**F5: *Journeys on the Red Road*** – Spiritual dimensions of addiction recovery in Indian Country

**F6: *Welcome to Recovery Café*** – A refuge for healing and transformation. *(Pre-Recorded w/ Live Facilitation)*

## K3. Journey to the Heart and Mystery of Healing

W. Brugh Joy

2 contact hours

Healing Touch International, Inc., now dba as Healing Beyond Borders, was so very privileged to have Brugh Joy present the opening keynote for our 2nd international conference in January 1998, entitled “Journey to the Heart of Healing”. In this presentation, he delves into the heart center, connecting to the Sisterhood and

Brotherhood to all in the healing arts, the importance of confronting one's shadow, the healing afforded through forgiveness, exploration of the masculine as differentiation and the feminine as wholeness, and so much more! *(Audio Recording - 1998 Keynote)*

## K4. Awakening through Resonant Healing

Christine Page

2 contact hours

All forms of energy healing understand that we're vibratory beings living in a Universe whose myriad of different frequencies, connect together to produce the most beautiful harmonious music. As a microcosm of the macrocosm, we too express amazing music when we resonate with our soul's truth, enabling others we meet to entrain to their highest potential. Yet, since the Universe is constantly evolving, our energy bodies must be regularly upgraded to integrate incoming frequencies, often causing us to feel out of balance until we begin to resonate with the new inner truth. But nothing has

prepared us for the upgrades required over the next few years as our lives are bombarded with higher frequency energies awakening areas of our DNA and consciousness that have, until now, been sleeping. The call has gone out to those who already vibrate at a high level, to strengthen their energy fields by resonating with people, beliefs and actions that resonate with these new frequencies, becoming a beautiful vibratory instrument for others to follow their soul's melody. *(Live Event with Live Q&A)*

## K5. Caring for the Healers

Rev. Rosalyn Bruyere

1.5 contact hours

In this time upon the Earth, how do we take care of the family of healers? How do we create energy bonds with each other such that we can accomplish our work. How do we form our energy

balls to create healing energy for the client? And how do we safeguard such bonds, such that we do not become redirected from our path? *(Live Event)*



## Energy Movement Workshops Victoria Cornelius

*1 contact hour each (may attend all three)*

**Yoga - ME1** -- We move our energy through both active and passive yoga poses and breath work. Each person will be guided in their own personal expression of such poses as Downward Dog, Child, and Dolphin. Curiously exploring the poses helps to bring mind, body, and spirit into harmony. Bring your mat and appreciation for all efforts. Open to Beginning & Experienced Practitioners. *(Live Event)*

**Chair Yoga - ME2** -- Chair Yoga is a specific form of yoga as therapy developed by Lakshmi Voelker in 1982, practiced sitting on a chair, or standing using a chair for support. The poses are often adaptations of asanas in modern yoga as exercise. Use a very stable comfortable chair. Open to Beginning & Experienced Practitioners. *(Live Event)*

**Yin Yoga - ME3** -- We incorporate a relaxing yoga practice into our nighttime routine, releasing tension, which may improve the quality and duration of our sleep. The focus will be to get out of our heads and into diaphragmatic breathing and releasing the tension in the spine and especially the hips. Open to Beginning & Experienced Practitioners. *(Pre-Recorded)*



## Morning Coffee/Tea Break & Meditation

**Joel G. Anderson and Gina Bondurant**

*1 contact hour each (may attend all nine)*

A daily gathering, intention setting and meditation, and recap of our experiences with focused topics during this conference event. Bring your freshly brewed coffee or tea. *(Live Events)*

## Evening Meditation & Storytime

**Lisa C. Anselme**

*1 contact hour each (may attend all seven)*

An evening gathering and sharing of the days focused insights, with gentle meditation to promote self-nurturing and rest. Bring your freshly brewed decaf coffee or tea. Pajamas are welcome. *(Live Events)*



## Racial Healing Circles - Social Change through Listening Roxane Chan, Karen Cumberbatch-Sullivan, Kaija Freborg, LaTonia Clark-Chalmers

*1.5 contact hour each (may attend all three)*

Racial Healing Circles are based on the Truth Racial Healing and Transformation process developed by Dr. Gail Christopher and are a time to be present with an open heart though engaged and compassionate listening. The goal of a racial healing circle is not to change policy or laws, but to heal the community by acknowledging hurt brought about by unconscious biases and structural racism that exists in the fabric of our lives. It can be described as spiritual work as we extend compassion and honor the common humanity in all of us. Generally racial healing circles are comprised of three parts:

- Listening deeply

- Becoming open to another's perspective
- Allowing yourself to be impacted or transformed by the experience.

More than a time to listen to each other's stories, racial healing circles allow us to blend those stories into a new community fabric that can then support social change. Racial healing circles accomplish this by outlining a series of "touch stones" that describe how the circle participants will be with each other during the circles. *(Note: Circle 1 is Pre-Recorded. Circles 2 & 3 are live and will not be recorded.)*

# Open Mic Poetry Slam(s)

Joel G. Anderson

1 contact hour each (may attend both)

Tapping into the creative process that emerges while in community, you will be provided prompts to initiate reflection, discovery and fostering of the creative process. Participants will be given the opportunity to share

their writings with the group. All contributions are welcome. No prior experience required. (*Poetry Slam 1, Poetry Slam 2 - Live Events*)

## 2023 Conference Workshops

(May attend all)

### **W1. The Enneagram: Why do I do what I do? 2 contact hours**

*Linda Hoskins CHTP*

The Enneagram is a framework, a personality typing tool, used by people and corporations around the world. Knowing the Enneagram can bring greater self-awareness for a practitioner and increase their ability to be present in the moment. Understanding the why, the motivation, behind what each of us does everyday increases an ability to be the best practitioner we can be. This workshop provides an overview of the Enneagram framework and ways it can be used for self-development and in relationships with others. (*Pre-Recorded with Live Q & A*)

### **W2. Holistic Interventions in Long-term Care 2 contact hours**

*Janet Hovde MA, BS, OTL, CHTP; Carol Geisler PhD, RN; Janet Marinelli MS*

The science and art of holistic interventions can fill gaps in treatment effectiveness and support the health and well-being of residents and staff in long-term care. Residents with complex, chronic health conditions often live with significant pain and anxiety, which may contribute to distressing behaviors. This may lead to decreased quality of life, difficulty in providing care, decreased resident and staff safety, and the overuse of psychotropic medications. Holistic interventions including 'M' hand technique, aromatherapy, and/or energy healing show promise in reducing pain, anxiety, and distressing behaviors in patients residing in long-term care facilities, along with improvements in the facilities' environments. Join us as we discuss our collaborative dance between research and practice. (*Pre-Recorded with Live Q & A*)

### **W3. The Energetic Soul 2 contact hours**

*Diane Wind Wardell PhD, RN, AHN-BC, CHTP/I; Myra Tovey RN, BS, CHTP/I, HN-BC*

Our presentation will inform, enlighten, and empower participants to identify their soul's purpose and guidance for living. It has been shown that having such knowledge about one's purpose enhances one's health and supports the development of meaningful activity. We will include both the art and wisdom of healers to help direct reflection on personal growth. By moving into an understanding of one's life purpose through the depiction of art, healing is enhanced.

(*Pre-Recorded with Live Q & A*)

### **W4. The Art of the Authentic Self 2 contact hours**

*Victoria Menzies PhD, RN, FAAN*

This workshop will examine the lived experience of a quest for the authentic self, of being valued and validated while walking between two worlds. How does one navigate and sustain the true self, maintaining healership and guidance while also inhabiting a world of science and academia. How does one weave the fabric together for wholeness? (*Pre-Recorded with Live Q & A*)

### **W5. Healing Touch and Long Covid 2 contact hours**

*Joel G. Anderson PhD, CHTP, FGSA; Lisa C. Anselme BLS, RN, HN-BC, CHTP/I*

Three years in, we are still learning more about COVID and its impact on human health. As a follow up to their 2021 keynote presentation on using Healing Touch to address symptoms of COVID, Joel and Lisa will explore what we have learned from both a medical and energetic standpoint during the past three years, with a specific exploration of pathophysiology of long COVID and how to address symptoms using Healing Touch.

(*Pre-Recorded with Live Q & A*)

### **W6. Awakening and Connecting to the World of Energetic Herbalism No Contact hours awarded by AHNA; 2 Contact hours awarded by HBB for CHTP renewal.**

*Gina Bondurant BSN, RN, CHTP/I, Herbalist; Stacey Quade COTA/L, CHTP/I, Herbalist*

The history of herbalism and our relationship with herbs is a way of connecting to the natural world that spans the continuum of human time on Earth. Herbal medicine and living in the natural world is a very different paradigm from the western allopathic approach. Herbs have actions that affect us through phytochemicals/constituents but also through energetics and relationship. In this presentation we will explore how we may awaken and connect the human energy system to the energy of herbs, our relationship to the natural world, the actions and energetics of herbs through lecture, discussion of energetic uses, ways to bring the energy of herbs into your life through energetic practices such as of organoleptics and experience a guided plant spirit meditation, and discuss our relationship/connection to plants/herbs and fostering sustainable, respectful use and care of medicinal herbs.

(*Pre-Recorded with Live Q & A*)

### **W7. Use Your Voice to Grow Your Business 2 contact hours**

*Phoebe Fazio RM, Yoga Teacher*

In this live, experiential workshop, you will be offered 3 simple ways to activate your throat chakra. Through use of your authentic voice, you can grow your business by attracting your ideal clients, especially during these challenging times, and serve more people with your thriving, profitable and sustainable healing program.

(*Live Event with Live Q & A*)

### **W8. Last Responders... Creating Sacred Space for Children at End-of-Life 2 contact hours**

*JoAnne Auger RN, CHPPN*

While first responders race in to save lives, last responders stand steadfast at bedsides to gentle life's end. Last responders companion patients to the edges of their lifetimes, as the path slips beyond the horizon. What must be suffered, what can be gentled



# 2023 Conference Workshops

(May attend all)

on the journey through end of life? We are powerful witnesses to the delicate rhythms of life... the ebb and the flow. It is a space that grants us clarity and insight. Where there is sorrow, there has also been great joy; we can't always cure, but we can always care. We find some solace in these life truths. As death nears, last responders gentle the way with anticipatory guidance, vigilant symptom management, and tender loving care. The liminal space between the beats and breaths and thoughts is the threshold between the known and the unknown. Last responders remind us there is soul work woven into the fabric of healthcare, rooted in the wisdom traditions and healing energies of the ages.

*(Pre-Recorded with Live Q & A)*

## **W9. Viewing Research with a Holistic Nursing Perspective** **2 contact hours**

*David Rabinowitsch DNP, RN, AHN-BC, CHTP/I, SGAHN*

Although reading and critiquing a research article commonly uses a methodical analytic approach, taught in many disciplines, it can also be an art. The criteria and questions can lead to a broader understanding of phenomena. Further, if one has a Holistic Perspective, the pieces of the article can have different meanings. The dominant bio-medical perspective emphasizes numbers over qualitative experiences; however, the work of the Healing Touch Practitioner cannot be easily summed up in numbers. It is from this perspective that the participants will be invited to explore the research literature. *(Pre-Recorded with Live Q & A)*

## **W10. Potentiating Distant Healing** 2 contact hours

*Anne Day BSN, MA, HN-BC, CHTP/I*

In this workshop, I will share how I have been awakened to another level of healing after being guided to start recording my distant Healing sessions for those Healing Touch patients with whom I've been working. This allows them to listen and experience receiving at other times from the actual session. Attendees will receive easy steps for making recordings with examples of how to verbalize sessions while offering various techniques and will gain confidence in voice guiding and recording their healing sessions for their patients. They'll also receive important guidelines, considerations, and cautions for implementation and use. I have made many recordings and have been receiving wonderful feedback from these patients! Recently this message came in: "*Just used your healing tape and I feel just as I did when it was real time. So relaxed and warm and unable to do anything for a little while. Thank you again!*" *(Pre-Recorded with Live Q & A)*

## **W11. Reflections on the Art of Healing Harp Music** **2 contact hours**

*Tami Briggs CHP, MBA, Therapeutic Harpist*

Many Healing Touch practitioners use music in their practices and when they do so, they are connecting to the art of healing. Music is one healing arts modality. This experiential session will focus on how and why music, specifically the harp's vibrations, works so beautifully with the energetics of Healing Touch. Tami Briggs, therapeutic harpist, will share ideas and experiences from her 20+ year career as a healing musician. We will explore the differences between in-person and virtual harp therapy, and how this relates to Healing Touch sessions. We will also discuss how playing the

harp energetically/for distance healing is similar to doing distance Healing Touch treatments. Finally, Tami will share several ideas how to navigate these unprecedented energetic times using music as a "healer, heal thyself" tool. *(Pre-Recorded with Live Q & A)*

## **W12. The Practical Art of Medical Intuition: Deepening Your Healing Touch Practice** 2 contact hours

*Debra Denker CHTP/I, Author*

The art of intuition is a human birthright that can be practically applied to deepen the assessment of a client's well-being or imbalance in person or at a distance. It is an important counterbalance to an increasingly mechanistic and materialistic approach to medical treatment, and will profoundly empower healers, clients, and each of us as individuals to assess others and ourselves using transrational intuitive perception in alliance with existing diagnostic technologies. Medical intuition has the potential to facilitate very early perception of imbalances leading to illness and creating paths to recovery of balance and wellness. Medical intuition will come naturally to practitioners and students of Healing Touch as we already are familiar with the concept of perceiving information through unconventional means such as pendulum assessment and hand scan assessment. Developing medical intuition is a natural next step into Deep Assessment, potentially providing more detailed information for healers, clients, and their medical professionals to use to create better outcomes and treatment plans. Medical intuition, and in fact all intuitive approaches, are part of the perceptual diversity needed for humanity to survive and thrive. *(Pre-Recorded with Live Q & A)*

## **W13. Energetic Impact of a Near Death Experience and Radical Remission** 2 contact hours

*Diane Wind Wardell PhD, RN, AHN-BC, CHTP/I;*

*Mari Kelley RN, CHTP, CHTI, RPCV, PCRV*

Our presentation will offer the personal insights from the presenters' perspective on spiritual awakenings and transformation of a Near Death and a Spiritual Transformative experience. NDEs (Near Death Experiences) and Radical Recovery will then be further explored from current literature. Implications will be identified from the review on how to identify, provide Healing Touch, and support our Healing Touch clients and individuals with these experiences with greater understanding of the client's challenges not only to their credibility, but to the psychological, social and spiritual ramifications of near-death and related experiences.

*(Pre-Recorded with Live Q & A)*

## **W14. Yoga and the 5 Vayus** 2 contact hours

*Tracy Regan Vacura BFA, MFA, CHTP, Yoga Teacher E-RYT 500*

Yoga's inquiry about how we might find fulfillment led ancient practitioners to notice that energy moves in and out of the body in different ways when all is healthy and balanced. These 5 Vayus or "winds" can be a valuable tool as we make choices towards holistic healing, both for ourselves and for others. Since the Vayus are energy, they correspond with the 7 chakra systems in some ways, but also offer a more expansive, interconnected view of the energy system. This experiential workshop begins with a Vayu Assessment, to bring focus to the breath. Various parts of the inhale and exhale are linked with these distinct currents of energy in our bodies and minds. We

# 2023 Conference Workshops

(May attend all)

will spend the majority of our time learning about the Vayus through mindful breath practices and gentle, dynamic yoga postures. This embodied practice helps to understand the directional flow of energy by experiencing and noticing it. Each Vayu will be explored through a brief visualization and meditation as well. All of this movement information brings us to a place of increased awareness and sensitivity to the movement of Prana (energy) in ourselves and others. We'll close with tools to increase/decrease flow in the energy system in regards to Vayus that feel over or under-utilized.

*(Pre-Recorded with Live Q & A)*

## **W15. Core Star Healing Meditation: Creation of Self-Healing** **2 contact hours**

*Lynn LeMere RN, BSN, CHTP/I*

In this presentation Lynn will share the anecdotal development of the Core Star Healing Meditation and guide participants through the meditation. A case study will be presented to discuss the possibility of using this meditation as an Intervention during a Healing Touch session. Participants will have the opportunity for self-reflection and journaling following this meditation.

*(Pre-Recorded with Live Q & A)*

## **W16. Transforming Healthcare for Veterans 3 contact hours**

*Patricia Ann O'Rourke MA, LMBT, RN, BC, CCRN-K CHPN, HN-BC, HWNC, NBC-HWC-BC; Debbie Derflinger BSN, RN, CHP; Lisette Shanhai MSN, RN, AHN-BC, HWNC-BC, QTPP*

Our presentation will demonstrate how Whole Health and the introduction of complementary modalities is transforming the healthcare of our Veterans, their significant others, and our staff. We will show how our Whole Health circle incorporates what matters to our Veterans and not - what's the matter with them. Sharing stories and research about our Veterans and also having our conference attendees experience some of the modalities, will hopefully demonstrate why this type of healthcare is the new paradigm, one to which we all need to awaken, connect and manifest for all, not just our Veterans.

*(Pre-Recorded with Live Q & A)*

## **W17. Attributes of the Heart 1.5 contact hours**

*W. Brugh Joy MD, Author, Healer*

This never before offered audio recording of Brugh Joy's 2007 Denver, Colorado workshop on the Attributes of the Heart: Compassion, Healing Presence, Unconditional Love, Innate Harmony, Selfless Service, will be followed by an open discussion of his teachings. *(Pre-Recorded with Live Discussion)*

## **W18. Elder Women's Stories: Strong Medicine for our Ailing World 2 contact hours**

*Meta Commerse MA, MFA, CWP*

The space held in this session for women of all ages and experience levels is a healing opportunity by virtue of the fact that women are being summoned to gather, speak openly and honor their lives in ways that they may not have done before. In this workshop, we will revisit term "elder" as most useful in the lives of women who have lived under patriarchal influence and authority. Having learned to transcend experiences of oppression, elder women have wisdom to share. It is also important for women of all

ages to see and embrace the value of their stories and to record or somehow document their lived experience, for this is their legacy. Our focus will be on the intentional gathering of women, honor their presence, and the presence of the elders within the healing circle, and ask key, unifying questions about their lives that will engender trust and openness in this vulnerable space. We will explore how we use the basic energy of story medicine (break silence, find language, move energy) and how all of our indigenous ancestors used story medicine in the time before written history, to pass on knowledge, heal and teach tradition within their communities and villages. *(Pre-Recorded with Live Q & A)*

## **W19. A Light in Europe – The Path of Healing Touch Benelux Foundation 2 contact hours**

*Christa Voorn RN, BScN, CHTP/I; Nancy Strybol BSN, MS, CHTP/I*

In April 2023, Healing Touch Benelux Foundation (HTB), a non-profit organization, was established by three Certified Healing Touch Instructors. The aim of the foundation is to spread the internationally accredited HTI Healing Touch Certificate Program in Belgium, the Netherlands and Luxembourg. The foundation collaborates with Healing Beyond Borders and adheres to the Code of Ethics and Standards of Practice. HTB also offers support to students and Healing Touch Practitioners in the form of supervision, mentorship, and continuing education. This presentation highlights the dedication and pioneering spirit of the Healing Touch Benelux team as they embrace the attributes of the heart and shine a light in Europe. *(Pre-Recorded with Live Q & A)*

## **W20. Experiencing the Call of Our Soul: Awakening to "Dreamality" 2 contact hours**

*Deb Carter CHTP/I*

A child of the land and a child of nature, a horse whisperer, who grew up where the bush meets the sea, Deb has journeyed from coast to coast as a Sacred Ritual, walking from sacred site to sacred site, being brave, experiencing nature, experiencing the magic and knowing we are all that is. You are invited to share in this journey and in doing so be reminded of your own sacred places and rituals that bring you connection, peace and succour. Remember your 'still space' where spirit speaks clearly.

*(Pre-Recorded with Live Q & A)*

## **W21. Spiral Meditation & Chakra Connection through the Eyes of Brugh Joy 1.5 contact hours**

*Gina Bondurant BSN, RN, CHTP/I, Herbalist; Myra Tovey RN, BS, CHTP/I, HN-BC; Lisa Anselme BLS, RN, HN-BC, CHTP/I*

This presentation will offer a clinical dive into the teaching of Brugh Joy, his true application of Spiral Meditation and Chakra Connection throughout his years of practice.

*(Pre-Recorded with Live Discussion)*

## **W22. Creating Opportunities for Personal and Professional Growth 3 contact hours**

*Suzanne M. Hess PhD, CHTP*

This workshop is designed to awaken the healing touch student, practitioner, or instructor to their vision for their Healing Touch practice, whether for self, professional development, greater community (development of programs, research opportunities,



## 2023 Conference Workshops

(May attend all)

integrating Healing Touch into a western healthcare system), as well as connecting to the next steps to make that vision happen. They will do this by assessing their goals and vision and learning how to “package” and “market” their accomplishments, talents, contributions, and knowledge through written (resumes, bio sketches, personal statements) and oral means (elevator talk) to connect with others and generate support and opportunities to achieve their goals, ultimately connecting to our mission to bring light and healing to the world. *(Pre-Recorded with Live Q & A)*

### **W23. 2023 Healing Beyond Borders Group Read: How to Be a Good Creature 1.5 contact hours**

*Joel G. Anderson PhD, CHTP, FGSA*

One way to explore topics in community is through shared reading. Research on shared reading or group reading finds that taking part in reading groups increases relaxation, calmness, the ability to concentrate, life satisfaction, confidence, and self-esteem, all of which are aspects of healing. By participating in group reading,

one shares community and common purpose. The work of author, naturalist, and adventurer Sy Montgomery is a great place to explore these concepts, particularly her book *How to Be a Good Creature*. During our live, interactive discussion, we will explore themes related to healing, gratitude, compassion, and wholeness through Montgomery's memoir. *Participants will be expected to have read the book prior to the discussion and come prepared to discuss the book.* *(Live Event)*

### **W24. Spiritual Cinema 2.5 contact hours**

*Lisa Anselme BLS, RN, HN-BC, CHTP/I*

Once again, thought-provoking, vignette films will be offered and explored in the context of our conference theme, *Awakening & Connecting to the Art of Healing*. Using the lens of cinema and videography, we will reflect upon the messages, healing presence, the importance of relationship and healing, application to the work of energy healing, and the path of the soul towards wholeness in the human experience. *(Live Event)*

## IM1 & IM2 Instructor & Leadership Meetings

### Instructors and Instructors-in-Training

*2.5 contact hour each (may attend both)*

Facilitators, Moderators, and Contributors: *Gina Bondurant BSN, RN, CHTP/I, Herbalist; Caroline Niewenhous RN, BS, CHTP/I; Members of the Healing Beyond Borders Instructor Training Committee and On Line Classes Task Force.*

In this workshop, we will discuss adult education and compassionate and transformative teaching, share feedback from an virtual task force instructor questionnaire, guidance with implementation, and use that information to formulate plans and opportunities for growth for students, practitioners and instructors. *(Live Events)*

## Closing of Live Conference - October 22, 2023

On-Demand Viewing of conference continues through December 31, 2023



# 2023 Virtual Annual Conference Registration

Please print clearly, one form per attendee. This registration and payment of fees reserves your space.

*NOTE: All attendees consent to be photographed/videotaped for use in HBB marketing materials.*

*Please note: One conference registration is required for each conference viewer/participant.*

Name \_\_\_\_\_

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Street

City \_\_\_\_\_ State/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Country \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

### Required for Reporting

Are you a Nurse?  Yes  No

Are you a Member of AHNA?  Yes  No

Yes, I give HBB permission to include city, state and email on the Participant Listing given to all attendees \_\_\_\_\_ (signature)

Yes, I plan on being **pinned** at conference. Pinned By: \_\_\_\_\_

Registration Early Bird rates are good through August 15, 2023 and the price provides you with full access to all recorded live and on-demand general conference offerings through October 22, 2023. Content will then be available on-demand through December 31, 2023.

*Note: You can register on-line at [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org)*

*There are optional three and four month payment plans available in our on-line registration.*

### Early Bird Rates vs. Regular Rates

Instructor Meeting and General Conference (Instructors or Instructors-in-Training Only).....	\$330 USD	\$380 USD	_____
Instructor Meeting and General Conference - AUSTRALIA residents only .....	\$220 USD	\$250 USD	_____
Instructor Meeting and General Conference - CANADA residents only .....	\$250 USD	\$286 USD	_____
Instructor Meeting and General Conference - JAPAN residents only .....	\$230 USD	\$265 USD	_____
Instructor Meeting and General Conference - NEW ZEALAND residents only .....	\$200 USD	\$230 USD	_____
Instructor Meeting and General Conference - SOUTH AMERICA residents only .....	\$80 USD	\$85 USD	_____

### Early Bird Member & Non-Member Rates vs. Regular Member & Non-Member Rates

General Conference .....	\$300 USD	\$350 USD	\$350 USD	\$400 USD	_____
General Conference - AUSTRALIA residents only .....	\$182 USD	\$212 USD	\$212 USD	\$264 USD	_____
General Conference - CANADA residents only .....	\$226 USD	\$263 USD	\$263 USD	\$301 USD	_____
General Conference - JAPAN residents only .....	\$210 USD	\$242 USD	\$242 USD	\$277 USD	_____
General Conference - NEW ZEALAND residents only .....	\$200 USD	\$230 USD	\$230 USD	\$243 USD	_____
General Conference - SOUTH AMERICA residents only .....	\$82 USD	\$96 USD	\$96 USD	\$110 USD	_____

Exchange rate with: Australian Dollar, New Zealand Dollar, Japanese Yen, Canadian Dollar, Peruvian Sol

Become a member or renew membership now & receive the member discount for conference registration ..... \$125 \_\_\_\_\_

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