

## Mari Kelley and Diane Wardell

### After Effects of NDE

- Both NDErs, their families, and friends report that NDEr have tended to become more spiritual, including: less materialistic, more compassionate toward others, more concerned about others, and more interested in spiritual matters. (Holden et al., 2009, Noyes et al.,2009)
- NDEr need time to process their NDEs in order to come to an understanding of them.(Foster et al.,2009, Holden, 2012, Noyes et al.,2009)
- NDEr find it helpful to learn about NDEs and/or to talk with other NDEr and knowledgeable health professionals.

### Research Resources

[www.iands.org](http://www.iands.org)

- ▶ Over two thousand NDE narratives
- ▶ Informational pamphlets
- ▶ IANDS Groups & Events
  - ▶ Local in-person and virtual online sharing groups
  - ▶ Webinars, book club, podcast, etc.
- ▶ Listing of transpersonally competent mental health professionals
- ▶ Annual IANDS conference
- ▶ Experiencers' annual retreat
- ▶ [www.nderf.org](http://www.nderf.org)
  - ▶ Thousands of International NDE narrative

### Professional Resources

<https://iands.org/resources/support-for-other/ndes-in-health-care.html>

One can apply to be listed as a transpersonally competent US licensed mental health professional.  
*Criteria:*Currently licensed as MHP, Documentation of specialized preparation in transpersonal experiences, summit application.

*Journal of Near-Death Studies* past issues.

Kelly A. Turner website and documentaries, i.e. radicalremission.com

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