Web-Sites to Help Understand and Use Research:

Berkley University Library https://guides.lib.berkeley.edu/evaluating-resources

Coursera has free online Introduction to Research course https://www.coursera.org/learn/research-methods

Open and free short Research course at Atlantic International University https://courses.aiu.edu/RESEARCH%20METHODOLOGY.html

The Open University has many short free courses available https://www.open.edu/openlearn/free-courses

Google Scholar is a free search engine for many open access academic articles https://scholar.google.com/

PsychCentral has a really brief webpage called Research 101: Understanding Research Studies https://psychcentral.com/lib/research-101-understanding-research-studies#1

The National Institute of Health has nice overview "Explaining How Research Works" https://www.nih.gov/about-nih/what-we-do/science-health-public-trust/perspectives/explaining-how-research-works

University of Minnesota Libraries has a brief explanation about the types and levels of research https://libguides.umn.edu/c.php?g=999283

In addition to having wonderful writing and citation help, Purdue OWL information on conducting primary research

https://owl.purdue.edu/owl/research_and_citation/conducting_research/conducting_primary_research/index.html