



Healing Beyond Borders

Educating and Certifying the Healing Touch®

HTI Healing Touch Certificate Program Course Descriptions, Content, and Learner Objectives

Healing Touch Description

Healing Touch is a relaxing, nurturing, heart-centered energy therapy that uses gentle, intentional touch that assists in balancing physical, emotional, mental, and spiritual well-being. Classified by the National Institutes of Health as a biofield therapy and nursing intervention, Healing Touch may be used to address the North American Nursing Diagnosis Association (NANDA-1) diagnosis of “Imbalanced Energy Field.” Healing Touch is a collection of standardized, noninvasive techniques that clear, energize, and balance the human and environmental energy fields. Healing Touch assists in creating a coherent and balanced energy field, supporting one’s inherent ability to heal. It is safe for all ages and works in harmony with, is complementary to, and may be integrated with standard medical care.

Participants learn about the research basis that suggests Healing Touch is beneficial in calming anxiety and reducing symptoms of depression, decreasing pain, strengthening the immune system, enhancing recovery from surgery, complementing care for neck and spine problems, deepening spiritual connection, supporting cancer care, creating a sense of well-being, easing acute and chronic conditions, and supporting resiliency in health care providers.

HTI Healing Touch Certificate Program Description

The HTI Healing Touch Certificate Program is a continuing education program in energy therapy that is taught throughout the world. Well-grounded in nursing and scientific process, this transcultural course of study inspires an in-depth exploration of the human energy system and ancient healing traditions, as well as the qualities of therapeutic relationship, healing presence, and compassionate care within an energetic framework. Participants learn about the scientific basis and evidenced-based practice that underlies this energy therapy, and apply the unique theories and principles of holistic health from an energetic foundation and perspective.

Highly experiential as well as didactic, this exceptional, five-course certificate program moves from introductory to advanced practice, preparing the participant for a critical role in the unfolding field of complementary and integrative health care. The course of study focuses not only upon professional caring for and serving of others, but also upon transformational self-development and caring for oneself.

Over 100 continuing education contact hours eligible towards certification are available for this certificate program. Participants receive a continuing education certificate of attendance upon completion of each course taught by a Certified Healing Touch Instructor and receive a Certificate of Course Completion issued through Healing Beyond Borders, upon meeting all necessary practicum requirements. The graduate of this certificate program is then eligible to apply for credentialing as a Certified Healing Touch Practitioner.

Intended Audience

The HTI Healing Touch Certificate Program is intended for registered nurses, licensed health care professionals of other disciplines, body-oriented therapists, psychotherapists and counselors, or individuals and lay persons who desire an in-depth understanding of healing work that uses energy-based concepts and approaches. Becoming a Certified Healing Touch Practitioner is an appropriate goal for those who wish to establish a Healing Touch practice or incorporate Healing Touch as a major focus within an existing professional practice.



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Certification as a Healing Touch Practitioner

Credentialing as a Certified Healing Touch Practitioner is available to those who meet eligibility requirements and have successfully completed the entire HTI Healing Touch Certificate Program. It is expected that prior preparation and work experience have contributed to the practitioner's awareness and application of confidentiality, legal responsibility for hands-on practice, biomedical ethics, standards and scope of practice, therapeutic relationship, and civic involvement. Healing Beyond Borders administers certification through a separate review by a Certification Board using standardized criteria. Intended for the professional practitioner, certification acknowledges learning experiences and demonstration of competence as a Healing Touch Practitioner. The Certification Board does not license the practice of an individual or assume any legal responsibility for her/his practice.

HTI Healing Touch Certificate Program

FOUNDATIONS OF HEALING TOUCH

Course Description

The theoretical concepts that underlie holistic healthcare practices are explored along with how these concepts relate to the core values which guide the practice of Healing Touch. Healing Touch techniques used in the etheric field are acquired along with an understanding of how these techniques interface with the human biofield.

Course Objectives

The learner will be able to:

1. Explore qualities and self-care needs of a Healing Touch Practitioner.
2. Discuss the facets of Healing Touch and correlate techniques that support physical, mental, emotional, and/or spiritual healing.
3. Demonstrate Healing Presence: the ability to remain grounded, present, and heart-centered.
4. Describe personal perceptions of subtle energy/heart-centeredness.
5. Apply the Healing Touch Framework to a variety of energy interventions.
6. Evaluate the seven energy centers (chakras) and related energy layers that surround the body.
7. Describe rationale with use of specific Healing Touch techniques.
8. Discuss the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of a beginning Healing Touch student.

Course Content

- Holistic and energetic foundations of healing
- Fostering healing presence
- Core Values and development of the healer
- Principles and assessment of the human energy system
- Framework for a Healing Touch session
- Energetic Interventions: Chakra Connection, Chakra Spread, Field Repatterning, Laser(s), Modified Mesmeric Clearing, Noel's Mind Clearing, and Scudder Meridian Clearing
- Clinical Applications: Pain and headache management
- Professional ethics and legal considerations



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ENERGETIC PATTERNING AND CLINICAL APPLICATIONS

Pre-requisite, completion of Foundations of Healing Touch

Course Description

The skill of completing an intake interview that identifies patterns of behaviors for which Healing Touch techniques may be useful in assisting a patient to re-pattern their energy field is acquired. Healing Touch techniques learned in the Foundation course are integrated into applications that assist in re-patterning spinal health. The appreciation of Healing Touch progresses to a deeper level with the acquisition of a technique to assist the patient in expanding their heart energy.

Course Objectives

The learner will be able to:

1. Demonstrate the ability to remain grounded, present, and heart-centered while working in the energy field.
2. Conduct an intake interview with a plan toward intervention.
3. Recognize that one's previous experiences may have an impact on one's physical, emotional, mental and spiritual health.
4. Assess the status of the chakras and biofield.
5. Document the process of re-patterning and balancing a patient's biofield.
6. Apply techniques that support the health and comfort of the back.
7. Describe how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice relate to their developing as a Healing Touch practitioner.

Course Content

- Creating and supporting a healing environment
- Assessment skills and energetic patterning
- Clinical applications of energetic interventions
- Energetic Interventions: Chakra Connection, Glymphatic System Support, Hopi Technique, Spinal Flush, and Spiral Meditation
- Documentation of clinical findings
- Professional ethics and legal considerations of a developing healer

ADVANCED HEALER PREPARATION

Pre-requisite, completion of Energetic Patterning and Clinical Applications

Course Description

Methods of raising one's energetic vibration are acquired that facilitate the student's application of techniques that can be utilized with upper layers of the biofield.

Course Objectives

The learner will be able to:

1. Elevate the personal energy vibration to support upper level work.
2. Apply clearing, balancing, and energizing techniques to the upper energetic layers.
3. Deliver in-depth techniques to support spinal health.
4. Practice an Advanced Healing Session.
5. Identify how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of an advancing Healing Touch practitioner relates to their practice.



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Course Content

- Deepening assessment of the human energy system
- Advanced healer preparation to elevate personal energetic vibration: Core Star Expansion, Hara Alignment, and Spinning Chakras
- Advanced healing session and its clinical application and rationale
- Energetic Interventions: Celestial and Ketheric Template Repatterning, Chelation, Deep Auric Repatterning, Etheric Template Repatterning, Fifth Layer Healing, Glymphatic System Support, Lymphatic Clearing, and Spinal Clearing
- Advanced ethical application and use of high sense perception

CASE MANAGEMENT AND PROFESSIONAL PRACTICE

Pre-requisite, completion of Advanced Healer Preparation

Course Description

To align with the responsibilities of professional practice, this course is a practicum in which case management is implemented and multiple Healing Touch sessions are delivered over a period of time.

Course Objectives:

The learner will be able to:

1. Apply a meditation (Etheric Vitality) to clear and raise the personal energetic vibration.
2. Create sequential Healing Touch sessions appropriate to a patient's presentation.
3. Apply the use of distant healing using the case management model of care.
4. Explore a variety of methods for practicing Healing Touch.
5. Work with other health care providers in a professional manner.
6. Describe the practicum process.
7. Identify how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of an advanced Healing Touch practitioner correlates to issues in their practice.

Course Content

- Professional practice issues
- Professional legal and ethical issues
- Case management using the framework for a Healing Touch session
- Case study presentation to professional peers
- In-depth study of clinical applications
- Advanced healer preparation: Etheric Vitality Meditation
- Preparation for mentorship and practicum
- Advanced healer development



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SELF-EVALUATION AND PROFESSIONAL DEVELOPMENT

Pre-requisite, completion of Case Management and Professional Practice

Course Description

Completed mentorship activities are reviewed and evaluated to assist the students in identifying activities that can help them to grow in their professional practitioner role.

Course Objectives

The learner will be able to:

1. Analyze personal strengths, challenges and growth opportunities related to the practitioner role.
2. Evolve in the role from Healing Touch Student to Practitioner.
3. Share specific practicum learning to enhance personal and professional growth.
4. Collaborate in the review of clinical case studies.
5. Correlate research studies to case situations and choices of treatment.
6. Present clinical cases to groups of professional care providers.
7. Incorporate into one's professional practice the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of a Healing Touch practitioner.

Course Content

- Case study presentation
- Clinical application refinement
- Presentation and evaluation of practicum experiences, including healing modalities, reading program, mentorship, and community service
- Identification of strengths and growth opportunities for the Healing Touch practitioner

Approved 1996

Revised & Approved, 10/02, 10/06, 01/09, 8/10, 3/12, 4/17, 1/22