



Assessment for Healing Touch Session

Initials: _____ Gender Identity _____ DOB ____ / ____ / ____ Phone _____

Address _____ Email _____

Date ____ / ____ / ____ Session # _____

Physical Presentation

Mobility

Mood

Comfort

Reason for Session

Signs & Symptoms of Complaint

Aggravating Factors

Interventions used

Personal Information

Family Structure

Living arrangement

Employment

Social Life

Spiritual affiliation

Other important organizations

Major Stress factors

Self Care

Nutrition

Sleep pattern

Exercise

Spiritual Practices



Medical History

Current problems & interventions used

Chronic problems & care providers

Surgeries

Injuries

Family illnesses history

Medication/ Supplements

Energetic Assessments

Chakras

Field Shape & Size

Areas of Congestion

Problems: (Prioritize)

Mutual Goals –Short Term

Long Term

