

Healing Touch Session

Practitioner Preparation

Initials _____ Date __/_ / Session #___

Therapeutic Presence: Ground, Center, Set Intention, Attune

Assessment

Interval History, Physical & Energetic Observations

Field (Shape, Size, Areas of Congestion)



Problem Identification



Mutual Goals

Measurable, Achievable, In Collaboration

Short term



Long term

Planning



Interventions

Techniques, Rationale, Energetic Shifts Noted

Final Assessment

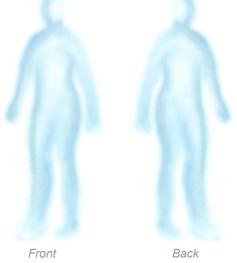


Ground Patient. Release from Field

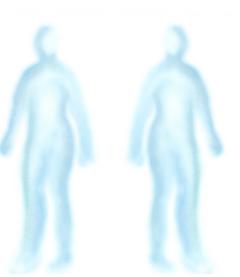
Repeat any rated scales, Recheck mutual goals, Refer/Recommend as appropriate

Chakras (Direction, Size, Speed of Spin)

- 7.
- 6. 5.
- 4.
- 3.
- 2. 1.



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