



Initials _____ Date ____/____/____ Session #____

Practitioner Preparation

Therapeutic Presence: Ground, Center, Set Intention, Attune



Assessment

Interval History, Physical & Energetic Observations

Field (*Shape, Size, Areas of Congestion*)



Problem Identification



Mutual Goals

Measurable, Achievable, In Collaboration

Short term



Long term

Planning



Interventions

Techniques, Rationale, Energetic Shifts Noted

Final Assessment



Ground Patient. Release from Field

Evaluation

Repeat any rated scales, Recheck mutual goals, Refer/Recommend as appropriate

Chakras (*Direction, Size, Speed of Spin*)

- 7.
- 6.
- 5.
- 4.
- 3.
- 2.
- 1.



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