

Criterion 4: Mentorship

Complete mentorship with a HTI Certified Healing Touch Practitioner (CHTP) for a minimum of one year <u>following completion of Course 4.</u>

Purpose:

To provide support and guidance to the practitioner development process, Healing Touch practice, and clinical health care. To foster growth and self-awareness as a healing practitioner.

Mentorship:

- Applicants may select more than one mentor to serve as primary and secondary mentors.
- Applicants who are not nurses must select an HTI CHTP mentor who is a nurse. It is recommended that the primary mentor be a nurse for non-nurses to provide guidance in clinical health care issues.
 - A CHTI who is not a nurse may serve as a primary mentor without the need for a secondary nurse mentor.
- Mentorship must have been in effect for a minimum of one year following the completion of Course 4 and must continue through the certification application process.
 - Secondary mentors (nurses or non-nurses) must provide consistent mentorship throughout the process.

Mentor Resources

HBB Healing Touch Mentorship Guidelines are available at www.HealingBeyondBorders.org or from the HBB office

Action/Evidence Required:

Submit the following completed forms (pg. 16-17) and written evaluations (**include date, signature, and credentials**) with your application. The written evaluations should be one page and single-spaced. Please put the headings of the required items for written evaluations in **bold** type:

Mentee Required Documents

- 1. Evaluation of Mentorship Letter: A written description and evaluation of your interactions with your mentor. If there is more than one mentor, <u>a separate evaluation letter is to be submitted for each mentor</u>. The evaluation of mentorship letter(s) must be signed, dated, and include your credentials. Include a description under each bolded heading as follows:
 - **Contact:** Description of regular contacts with the mentor(s) (at least monthly is recommended; a list of dates is not required.)
 - **Summary:** Identify the most valued learning gained during mentorship regarding each of the following:

Professionalism

Ethical issues/Standards and Scope of Practice

Self-development

Case consultation

- Healing Touch Practice and Clinical Skills: How the mentorship helped personal development of skills
- **Demonstration of Healing Touch for mentor:** Brief description of self-assessment about applicant's current level of Healing Touch practice and clinical skills, as well as discussion with mentor(s) regarding energetic patterns, clinical applications, advanced healer preparation, and healing presence.
- Self-learning: Description of what you have learned in general about yourself
- Benefits: How mentorship benefited you or, if any difficulties arose, how you managed these
- 2. **Applicant's Statement of Professional Responsibility (see pg. 16).** This should be signed and dated immediately prior to application submission.



Mentor Required Documents

Each mentor must complete the required written documentation (each letter must include mentors signature, credentials and date signed). A joint evaluation letter signed by primary and secondary mentors may be submitted, to include each mentors signature, credentials and date signed.

- 1. **Mentor's Evaluation of Mentorship Experience:** An evaluation letter that includes a description under each bolded heading:
 - **Contact**: Description of regular contacts with mentee (at least monthly is recommended)
 - **Summary** of discussion(s) or observation(s) regarding case consultation, Healing Touch practice, professionalism, Code of Ethics and Standards and Scope of Practice, and self-care practice
 - **Development of mentee as a Healing Touch Practitioner:** Development noted in applicant during mentorship
 - Healing Touch Practice and Clinical Skills
 - Observations about applicant's current level of Healing Touch practice and clinical skills
 - Activities the mentee used to improve their practice or clinical skills during mentorship
 - Summary of discussions regarding energetic patterns, clinical applications, advanced healer preparation, and healing presence.
- 2. **Mentor's Statement of Recommendation:** This should be signed and dated <u>immediately prior</u> to application submission (see pg. 17). <u>A separate mentor statement of recommendation is to be submitted by each mentor.</u>