



Healing Beyond Borders  
Educating and Certifying the Healing Touch®

# Student Solutions Process

HTI Healing Touch  
Certificate Program  
Courses 1, 2, 3, 4, or 5

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Revised: 7/2017; 3/2019



## **Student Solutions HTI Healing Touch Certificate Program**

### **Table of Contents**

<b>Page</b>	<b>Title</b>
3 - 7	Student Solutions Process: Part 1 for Courses 1-5
8 - 15	Healing Beyond Borders Documents: Core Values, Vision, Mission Statement, Code of Ethics/Standards of Practice, Scope of Practice, HTI Healing Touch Certificate Program and Certification
16 -17	Student Solutions Process Part 2: Courses 1-5 Assignments
18 - 20	Course 1: Foundations of Healing Touch
21 - 23	Course 2: Energetic Patterning and Clinical Applications
24 - 26	Course 3: Advanced Healer Preparation
27 - 30	Course 4: Case Management and Professional Practice
31 - 33	Course 5: Self-Evaluation and Professional Development



# Student Solutions Process Part 1

(Overview & Selection of Options)



## **Healing Beyond Borders HTI Healing Touch Certificate Program Student Solutions Process**

Dear Student,

Welcome to the Healing Beyond Borders Student Solutions Process. We are pleased that you have chosen to continue your Healing Touch Course of Study through the HTI Healing Touch Certificate Program. This nursing continuing education program is endorsed by the American Holistic Nurses Association (AHNA). Because of our Continuing Education and Endorsement status, there are certain education requirements that must be met to transfer into this program.

Healing Beyond Borders has designed a process to accommodate individual students who wish to continue in the HTI Healing Touch Certificate Program Course Completion and Healing Touch Certification through Healing Beyond Borders when the student has taken classes from another agency **after April 1, 2008**. Please understand that this is a one-time option and that no future courses may be taken with another agency from this point forward. This will be effective for the following courses in the HTI Healing Touch Certificate Program:

- (1) Foundations of Healing Touch
- (2) Energetic Patterning and Clinical Applications
- (3) Advanced Healer Preparation
- (4) Case Management and Professional Practice
- (5) Self-Evaluation and Professional Development

**You have two options** for addressing each course needing student solutions. Both require the Healing Beyond Borders text *Foundations and Practice of Healing Touch* available on the Healing Beyond Borders website. If you have multiple courses, you may choose to use Option 1 for one of courses and perhaps use Option 2 for the other(s), whatever meets your needs.

**Option 1.** Attend the course at no charge and receive the Healing Beyond Borders HTI Healing Touch Certificate Program course certificate of attendance.

**Option 2.** Complete the Student Solutions Process and assignments for each course needed.

**The process involves 3 simple steps:**

### **STEP 1. Contact an Instructor**

- Contact a Healing Beyond Borders Certified Healing Touch Instructor who teaches the highest course needing solution(s). Search for an Instructor on the HBB website at [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org)

### **STEP 2. Meet with the Instructor**

- **The Instructor will:**
  - Discuss your options (option 1 or 2 may be chosen for each course needed)
  - Review ***Student Solutions Packet Part 2*** containing homework requirements.
  - Emphasize that this is a onetime offering as of this date, and no future courses from another agency will be accepted for Solutions.
  - Review Student Solutions Packet Part 1 documents.



- **You will then:**
  - Choose your options for each course needed.
  - Complete, sign and date both copies of the attached Student Solutions Forms with the Instructor, indicating your choices for each course and acknowledging that the courses are not interchangeable.
  - Keep one copy of the signed Student Solutions Form for your records. You will need this for the final Course 5: *Self-Evaluation and Professional Development*, homework and HTI Healing Touch Certificate Program Certification Requirements through Healing Beyond Borders.

### **STEP 3. Take Action**

#### **Option 1: Attend the corresponding course(s) needing Solutions.**

- Find the necessary HTI Healing Touch Certificate Program course of study.
  - Search for courses on the HBB website at [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org)
- Register for a course by contacting the Coordinator directly
  - Identify yourself as a Student Solutions participant.
  - ***If you have already signed the Student Solutions Form with another instructor, bring a copy of your signed agreement to the instructor for the course you wish to attend.***
  - Verify that the Instructor is participating in the Student Solutions Process.
- Attend the course at no charge and receive the Healing Beyond Borders HTI Healing Touch Certificate Program course certificate of attendance.
- Proceed in sequence with your course studies. Your process is complete.

#### **Option 2: Complete the Student Solutions Assignments**

- It is not necessary for you to attend the corresponding course(s).
- **The Instructor will:**
  - Review the **Student Solutions Process Part 2** containing the specific homework for each course of study needed.
  - Discuss the packet instructions for the specific course(s).
  - Review the course content and assignments for each course of study needed.
- **You will then:**
  - Complete the assigned course materials for the corresponding courses of study of the HTI Healing Touch Certificate Program prior to the next course you attend, so that the course content, objectives and required learning are consistent and in sequence.
  - Complete the necessary assignments for each course level. Follow up with the Healing Beyond Borders Instructor as needed to clarify any areas addressed in the Solutions.
  - Once you have successfully completed this process including all assignments, you will receive a Certificate of Course Completion of the HTI Healing Touch Certificate Program through Healing Beyond Borders.
  - The next step will be application for certification through Healing Beyond Borders.

We are here to support you in your successful completion of the HTI Healing Touch Certificate Program studies. If you have any questions, please contact the Healing Beyond Borders office at 303.989.7982.

Sincerely,  
Healing Beyond Borders Board of Directors & Staff



**HTI Healing Touch Certificate Program Student Solutions Form**

Thank you for continuing your studies with the HTI Healing Touch Certificate Program. This nursing continuing education program is endorsed by the American Holistic Nurses' Association (AHNA). Because of our Continuing Education and Endorsement status, there are certain education requirements that must be met to transfer into this program.

You must attend HTI Healing Touch Certificate Program courses taught by HBB Certified Healing Touch Instructors (CHTP/I) in order to achieve HBB's Healing Touch Certificate Program Course Completion and be eligible for HBB Healing Touch Certification. In the event that this has not occurred, the HBB Student Solutions Process must be completed.

This is a one-time allowance for any Healing Touch Program courses taken after April 1, 2008. All subsequent courses must be HTI Healing Touch Certificate Program to be eligible for HBB Healing Touch Certificate Program Course Completion and HBB Healing Touch Certification (CHTP).

**OPTION 1**

Attend the corresponding level(s) of HTI Healing Touch Certificate Program courses that were taken through another Healing Touch agency.

**OPTION 2**

Complete the assignments for each specific course level needed as outlined in the HBB Student Solutions Packet with an HBB Certified Healing Touch Instructor (CHTP/I).

I have chosen Option 1 for Courses 1, \_\_\_ 2, \_\_\_ 3, \_\_\_ 4, \_\_\_ 5 \_\_\_  
And /or Option 2 for Courses 1, \_\_\_ 2, \_\_\_ 3, \_\_\_ 4, \_\_\_ 5 \_\_\_

***Please print the following contact information.***

Name \_\_\_\_\_  
Last First MI

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Student: I acknowledge that this is a one-time allowance. I have read and understand the above expectations for HTI Healing Touch Certificate Program Student Solutions and will abide by them.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Instructor: I acknowledge that I have reviewed the one-time allowance, the Student Solutions Packet Part 1, the Course Level requirements and responsibilities with the student.

\_\_\_\_\_  
Print Instructor Name and Credentials Signature Instructor Level Date

**\*\*\* STUDENT COPY; If you have already signed the Student Solutions Form with another instructor, bring a copy of your signed agreement to the instructor for the course you wish to attend. SAVE FOR LEVEL 5 COURSE AND HBB CERTIFICATION**



**HTI Healing Touch Certificate Program Student Solutions Form**

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You must attend HTI Healing Touch Certificate Program courses taught by HBB Certified Healing Touch Instructors (CHTP/I) in order to achieve HBB's Healing Touch Certificate Program Course Completion and be eligible for HBB Healing Touch Certification. In the event that this has not occurred, the HBB Student Solutions Process must be completed.

This is a one-time allowance for any Healing Touch Program courses taken after April 1, 2008. All subsequent courses must be HTI Healing Touch Certificate Program to be eligible for HBB Healing Touch Certificate Program Course Completion and HBB Healing Touch Certification (CHTP).

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I have chosen Option 1 for Courses 1, \_\_\_ 2, \_\_\_ 3, \_\_\_ 4, \_\_\_ 5 \_\_\_  
And /or Option 2 for Courses 1, \_\_\_ 2, \_\_\_ 3, \_\_\_ 4, \_\_\_ 5 \_\_\_

***Please print the following contact information.***

Name \_\_\_\_\_  
Last First MI

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Student: I acknowledge that this is a one-time allowance. I have read and understand the above expectations for HTI Healing Touch Certificate Program Student Solutions and will abide by them.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Instructor: I acknowledge that I have reviewed the one-time allowance, the Student Solutions Packet Part 1, the Course Level requirements and responsibilities with the student.

\_\_\_\_\_  
Print Instructor Name and Credentials Signature Instructor Level Date

**\*\*\* INSTRUCTOR COPY; FORWARD TO HBB OFFICE**



# Healing Beyond Borders Documents





## VISION

Spread Healing, Light and Love, creating wholeness on Earth.

## MISSION STATEMENT

Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch Practitioners and Instructors
- Sets international standards of practice and international code of ethics for Practitioners and Instructors
- Supports Healing Touch Practitioners and Instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch

Approved: 1996

Revised: 12/2006

Healing Touch International Board of Directors

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## Healing Touch International / Healing Beyond Borders Core Values for Practitioners, Instructors and Students

Healing Touch International, Inc. (HTI) Board of Directors identified Core Values in 2003. These Core Values foundational to HTI were: Integrity; Heart-Centeredness; Respect of Self and Others; Service; Community; Standardized, established curriculum; Letting go of ego; Unconditional Love; recognizing the Outcome of the Work is the Spiritual Journey.

In 2004, these Core Values were revised and approved by the HTI Board of Directors for application by Healing Touch Practitioners, Instructors and Students at all levels of the HTI Healing Touch Certificate Program. **These Core Values support and underlie the practice and teaching of Healing Touch.** These Healing Beyond Borders values are:

Integrity \* Heart-Centeredness \* Respect of Self and Others  
Self-Care \* Service \* Community \* Unconditional Love

© Healing Touch International, 2003

Revised 2004



## **INTERNATIONAL CODE OF ETHICS / STANDARDS OF PRACTICE FOR HEALING TOUCH PRACTITIONERS and STUDENTS**

### **PURPOSE:**

The following Code of Ethics/Standards of Practice guide the energetic and holistic practice of Healing Touch.

### **DEFINITION:**

Healing Touch is an energy therapy in which practitioners use their hands to enhance and balance the physical, mental, emotional and spiritual well-being of their clients.

### **GOAL:**

The goal in Healing Touch is to restore harmony and balance in the energy system, facilitating the client's self healing process.

### **CODE/STANDARD 1: Scope of Practice**

Healing Touch practitioners integrate and practice Healing Touch within the scope of their education, training, current licensing and credentialing. They represent themselves to the public in accordance with their credentials and practice within the guidelines of Healing Touch International's Scope of Practice statement.

### **CODE/STANDARD 2: Collaborative Care**

Healing Touch is a holistic therapy that is complementary to conventional health care and is used in collaboration with other approaches to health and healing. Healing Touch practitioners must know the limits of their professional competence. Health/medical conditions are to be followed by health care professionals. Referrals are made to appropriate health care professionals as needed.

### **CODE/STANDARD 3: Self Development**

Healing Touch practitioners work from a theoretical and practical knowledge base of Healing Touch. They integrate self care practices to enhance their own physical, emotional, mental and spiritual well-being. They maintain a commitment to ongoing learning and self growth.

### **CODE/STANDARD 4: Equality and Acceptance**

The practitioner and patient are equal partners in the process of healing. Honoring individual autonomy, growth, and self-empowerment, patients will be respected and valued at all times regardless of race, creed, age, gender expression, disability, sexual orientation, or health condition, honoring individual autonomy, growth, and self-empowerment in keeping with the United Nations Declaration on the Rights and Dignity of Persons with Disabilities, which is recognized internationally by 160 countries. The Healing Touch practitioner respects the individual spiritual beliefs and practices of the patient. Healing Touch does not promote a particular spiritual practice.

### **CODE/STANDARD 5: Communication and Education**

Information given to the client is individualized according to the expressed need, context and personal situation. The explanation about the treatment is conveyed at the level of the client's understanding. Healing Touch practitioners act as a resource for appropriate education materials that can support the ongoing self care of clients.

### **CODE/STANDARD 6: Healing Touch Process**

The Healing Touch practitioner obtains essential health information, an energy assessment, and sets mutual goals. Appropriate interventions are applied, the energy system is reassessed, and client feedback is obtained. This process serves as the foundation for understanding the health/healing needs of the client and promoting client safety.



**CODE/STANDARD 7: Intention**

Healing Touch is offered only for the benefit of the client, with intention for his or her highest good. The Healing Touch practitioner acts with the commitment to Do No Harm.

**CODE/STANDARD 8: Creating a Safe Healing Environment**

Healing Touch practitioners provide a safe, welcoming, supportive and comfortable environment that is conducive to healing. Consent for Healing Touch therapy and permission for hands-on touch is obtained. The practitioner is free from the influence of alcohol, recreational drugs, or prescription medication that would compromise their judgment, actions, or interfere with safe practice for the patient. The practitioner is physically, emotionally and mentally capable of providing for the patient's care and safety during the entire Healing Touch session. The practitioner is dressed in a non-revealing manner, clean and professional in appearance, with a minimum of scent. The patient is empowered to give feedback, modify or discontinue the session at any time. Safe and clear professional boundaries are maintained. Touch is non-sexual and non-aggressive and respects the patient's boundaries. The practitioner does not engage in romantic or sexual relationships with our clients. The patient is clothed except in professional therapy contexts involving physical or medical interventions requiring disrobing, in which case appropriate draping is provided.

**CODE/STANDARD 9: Principle of Healing**

Healing Touch practitioners recognize and honor the client's unique self healing process. The individual is acknowledged as a complex being, who is part of a social system, and is interactive with and is acted upon by their internal and external environments.

**CODE/STANDARD 10: Confidentiality**

Client confidentiality is protected at all times. Treatment findings are documented appropriately specific to the practitioner's background and setting. Client records are secured in such a way as to protect privacy and be in compliance with professional and legislative regulations. Client written permission must be obtained prior to release of or reporting of any record or information.

**CODE/STANDARD 11: Quality Care**

Healing Touch practitioners maintain a commitment to a high standard of quality care. The practitioner obtains supervision and consultation as needed from Certified Healing Touch Practitioners and other qualified professionals.

**CODE/STANDARD 12: Professional Responsibility**

Healing Touch practitioners represent Healing Touch to the public in a professional manner by exercising good judgment, practicing with integrity and adhering to this HBB Code of Ethics/Standards of Practice.

Standards of Practice Approved: 6/1996  
Code of Ethics Approved: 6/1996  
Code of Ethics Revised: 2001  
Standards/Code of Ethics Combined/Approved:  
12/2006, Revised: 2/2014  
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# Healing Beyond Borders

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## STATEMENT OF SCOPE OF PRACTICE HTI Healing Touch Certificate Program

**PURPOSE:** This Scope of Practice statement defines four Courses of Healing Touch Practice.

### DEFINED COURSES OF PRACTICE

- I. Student of Healing Touch International** has at the minimum completed a Course 1 course taught by a Certified Healing Touch Instructor and is actively participating in the Healing Touch educational program.
- II. Healing Touch International Practitioner (HTI – P)** has completed the 100 contact hour preparation coursework within Courses 1 through 5 and has received a Certificate of Completion issued by Healing Touch International.
- III. HTI Certified Healing Touch Practitioner (CHTP)** is a Healing Touch Practitioner who, in addition to completing the program, met the certification criteria and was approved by the Healing Touch International Inc. Certification Board.
- IV. HTI Healing Touch Course 1 Instructor-in-Training** has completed the HTI Course 1 Instructor Training and is working on the continuing coursework required by the HTI Healing Touch Instructor Certification Application.
- V. HTI Certified Healing Touch Instructor (CHTI)** is a Certified Healing Touch Practitioner who in addition has completed the HTI Course 1 Instructor Training and has met the certification criteria by the HTI Certification Board.
- VI. HTI Healing Touch Course 2, 3, 4, or 5 Instructor-in-Training** is an HTI Certified Healing Touch Instructor (CHTI) who has completed the HTI Instructor Training for the advanced class Course and is working on the continuing coursework required to be approved as an instructor for the corresponding class Course.
- VII. HTI Healing Touch Course 2, 3, 4, or 5 Instructor** is an HTI Certified Healing Touch Instructor (CHTI) Course 1, 2, 3, 4, or 5 has completed the coursework for the corresponding class instructor Course and is approved by the HTI Instructor Advancement Committee to teach the corresponding class Course.

### HEALING TOUCH EDUCATIONAL PROGRAM DESCRIPTION

The Healing Touch curriculum is designed as a multi-Course continuing education program. As a continuing education model, it builds upon an individual's previous foundational health care professional preparation.

Each Course includes both didactic and experiential learning in which participants use specific healing interventions. The program of study is carefully sequenced in five Courses of instruction: Courses 1, 2, 3, 4, and 5. Certificates of attendance with approved continuing education credits are issued at the completion of each Course.



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

The Healing Touch student undergoes a rigorous and comprehensive program that includes 100 hours of standardized curriculum with Certified Healing Touch Instructors. After completion of Course 4, the student begins a minimum one-year mentorship with a Certified Healing Touch Practitioner and documents a minimum of 100 Healing Touch sessions. The Healing Touch Certificate Program places emphasis on self-care and development of the student. In addition, the student participates in an extensive reading program as well as a wide variety of complementary therapies.

## HEALING TOUCH CERTIFICATION PROCESS

Prior to 1996, certification was provided by the American Holistic Nurses' Association. Healing Touch International Inc.'s Certification Board has provided certification since 1996.

## DESCRIPTION OF HEALING TOUCH INTERNATIONAL

Healing Touch International is a non-profit educational corporation established in March 1996. It provides the following programs and services:

- Certification as a Healing Touch Practitioner
- Certification as a Healing Touch Instructor
- International Directory of Certified Practitioners and Instructors
- International Code of Ethics/Standards of Practice for Healing Touch Practitioners
- International Scope of Practice Statement
- Ethics Committee
- Healing Touch Research
- Integrative Health Care Nurse Consultant Program
- Annual International Conference
- Special Interest Groups
- Continuing Education
- HTI Healing Touch Certificate Program
- Professional Development
- Leadership and Support for countries developing Healing Touch programs

## LEGAL BASIS FOR HEALING TOUCH PRACTICE

The legal basis for Healing Touch practice is the same as for manual and biofield interventions. The legal basis for practice is inherent under the auspices of the professional preparation of the practitioner who adds Healing Touch to his/her foundational discipline. The individual's professional discipline, educational preparation, and credentials provide the legal parameters for the practice of Healing Touch. This holds true for any manual and biofield therapy.

Approved: 1/18/2000

Updated: 11/25/2005, 2/20/2009, 3/05/2010, 3/2014, 5/9/2017

HTI Board of Directors

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## HTI Healing Touch Certificate Program Description

The HTI Healing Touch Certificate Program is a continuing education program in energy therapy that is taught throughout the world. Well-grounded in nursing and scientific process, this transcultural course of study inspires an in-depth exploration of the human energy system and ancient healing traditions, as well as the qualities of therapeutic relationship, healing presence, and compassionate care within an energetic framework. Participants learn about the scientific basis and evidenced-based practice that underlies this energy therapy and apply the unique theories and principles of holistic health from an energetic foundation and perspective.

Highly experiential as well as didactic, this exceptional, five-course certificate program moves from introductory to advanced practice, preparing the participant for a critical role in the unfolding field of complementary and integrative health care. The course of study focuses not only upon professional caring for and serving of others, but also upon transformational self-development and caring for oneself.

Over 100 continuing education contact hours eligible towards certification are available for this certificate program. Participants receive a continuing education certificate of attendance upon completion of each course taught by a Certified Healing Touch Instructor and receive a Certificate of Course Completion issued through Healing Beyond Borders, upon meeting all necessary practicum requirements. The graduate of this certificate program is then eligible to apply for credentialing as a Certified Healing Touch Practitioner through Healing Beyond Borders.

### Intended Audience

The HTI Healing Touch Certificate Program is intended for registered nurses, licensed health care professionals of other disciplines, body-oriented therapists, psychotherapists and counselors, or individuals and lay persons who desire an in-depth understanding of healing work that uses energy-based concepts and approaches. Becoming a Certified Healing Touch Practitioner is an appropriate goal for those who wish to establish a Healing Touch practice or incorporate Healing Touch as a major focus within an existing professional practice.

### Certification as a Healing Touch Practitioner

Credentialing as a Certified Healing Touch Practitioner is available to those who meet eligibility requirements and have successfully completed the entire HTI Healing Touch Certificate Program. Credentialing follows a mentorship model and portfolio process, established in the American Holistic Nurses Association in 1993 and transferred to Healing Touch International, Inc., now Healing Beyond Borders in 1996. It is expected that prior preparation and work experience have contributed to the practitioner's awareness and application of confidentiality, legal responsibility for hands-on practice, biomedical ethics, standards and scope of practice, therapeutic relationship, and civic involvement. Healing Beyond Borders administers certification through a separate review by a Certification Board using standardized criteria. Intended for the professional practitioner, certification acknowledges learning experiences and demonstration of competence as a Healing Touch Practitioner. The Certification Board does not license the practice of an individual or assume any legal responsibility for her/his practice.



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# Student Solutions Process Part 2

## Courses 1, 2, 3, 4, or 5 Assignments

(Information re: Healing Beyond  
Borders, Course Assignments  
and Revision Updates)



# Healing Beyond Borders

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## Student Solutions Assignments

All of the following material is located on the Healing Beyond Borders website under **Education: Student Resources**.

Student Solutions Assignments vary for each course. Recommended readings in the Source Texts are assigned as indicated in the course syllabus. Specific areas of variation are clarified. Healing Beyond Borders sources for additional learning requirements are included.

You are on the honor system to complete these assignments and will be responsible for contacting the Instructor with any questions or areas needing clarification. It is expected that the assignments will be completed and that proficiency will be developed before attending your next course(s) and HTI Healing Touch Certificate Program Course Completion.

## Student Solutions Assignments for Courses 1, 2, 3, 4, or 5

- Review Healing Beyond Borders Vision, Mission, Core Values, Standards of Practice/ Code of Ethics, Scope of Practice.
- [Review re-visions/updates LINK](#) to the HTI Healing Touch Certificate Program and design/layout of text: *Foundations and Practice of Healing Touch*
- Review Framework for a Healing Touch Session - reinforce practitioner preparation by grounding, heart centeredness with attributes of the heart, and setting the intention for the highest good.
- Review Education: Student Resources Section of Healing Beyond Borders website
  - Textbook
  - Update Information
  - HBB Student and Practitioner Updates
  - [Course Syllabus and Handouts LINK](#)
- Review updated Course(s) content: energy assessments, origins of, principles and expanded &/or revised content related to techniques
- Review information on Healing Beyond Borders in general: Research Brief, Health Care Integration, Support Materials at [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org).
- Review textbook reading assignments within appropriate course syllabus





# Healing Beyond Borders

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## **COURSE 1: FOUNDATIONS OF HEALING TOUCH** COURSE SYLLABUS

### **Course Description:**

The theoretical concepts that underlie holistic healthcare practices are explored along with how these concepts relate to the core values which guide the practice of Healing Touch. Healing Touch techniques used in the etheric field are acquired along with an understanding of how these techniques interface with the human biofield.

### **Course Objectives:**

The learner will be able to:

1. Explore qualities and self-care needs of a Healing Touch Practitioner.
2. Discuss the facets of Healing Touch and correlate techniques that support physical, mental, emotional, and/or spiritual healing.
3. Demonstrate Healing Presence: the ability to remain grounded, present, and heart-centered.
4. Describe personal perceptions of subtle energy/heart-centeredness.
5. Apply the Healing Touch Framework to a variety of energy interventions.
6. Evaluate the seven energy centers (chakras) and related energy layers that surround the body.
7. Describe rationale with use of specific Healing Touch techniques.
8. Discuss the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of a beginning Healing Touch student.

### **Course Content**

- Holistic and energetic foundations of healing
- Fostering healing presence
- Core Values and development of the healer
- Principles and assessment of the human energy system
- Framework for a Healing Touch session
- Energetic Interventions: Chakra Connection, Chakra Spread, Field Repatterning, Laser(s), Modified Mesmeric Clearing, Noel's Mind Clearing, and Scudder Meridian Clearing
- Clinical Applications: Pain and headache management
- Professional ethics and legal considerations

### **Course Text:**

#### **Required:**

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

#### **Companion:**

Wardell, D., Kagel, S., & Anselme, L. (2014) *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

#### **Supplemental:**

Joy, B. (1979). *Joy's way: A map for the transformational journey*. Putman, NY: Jeremy P. Tarcher.

*Additional course materials can be found in the instructor and student sections on the Healing Beyond Borders website: [www.healingbeyondborders.org](http://www.healingbeyondborders.org)*



# Healing Beyond Borders

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## Class Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and class overview	Group meditation and class intention		
Healing Touch historical perspective, philosophy, and research		Anderson, Anselme, & Hart, pp. 9–12, 100–102	Wardell, Kagel, & Anselme, Chapters 1, 2, & 9
Break			
Framework for a Healing Touch session	Demonstration and practice of healer preparation, assessment, intervention, and evaluation	Anderson, Anselme, & Hart, pp. 39–48	
Field Repatterning	Demonstration and practice of Field Repatterning	Anderson, Anselme, & Hart, p. 48, 67–68	
Lunch			
Human energy system		Anderson, Anselme, & Hart, pp. 27–36	Wardell, Kagel, & Anselme, Chapter 9
Energy assessment	Demonstration and practice of energy assessment	Anderson, Anselme, & Hart, p. 48	
Break			
Modified Mesmeric Clearing	Demonstration and practice of Modified Mesmeric Clearing	Anderson, Anselme, & Hart, pp. 80–81	
Chakra Connection	Demonstration and practice of Chakra Connection	Anderson, Anselme, & Hart, pp. 58–59	Joy, pp. 269–275



# Healing Beyond Borders

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Day Two			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Meditation Appreciative inquiry		
Break			
Clinical Applications: Pain management and Wound Care	Demonstration and practice of Siphon, Laser, Pain Ridge, Pain Spike, and techniques for wound care	Anderson, Anselme, & Hart, pp. 74–75, 82–83, 87, & 95–99	
Clinical Applications: Headache management	Demonstration and practice of techniques for tension, sinus, and migraine headaches, and management of head trauma	Anderson, Anselme, & Hart, pp.95-99	
Noel's Mind Clearing	Demonstration and practice of Noel's Mind Clearing	Anderson, Anselme, & Hart, pp. 82-83	
Development of the healer and self care		Anderson, Anselme, & Hart, pp. 17–20	Wardell, Kagel, & Anselme, Chapter 4
Lunch			
Heart to heart meditation	Dyadic practice of Heart to Heart Meditation		Joy, pp. 238-252
Chakra Spread	Demonstration and practice of Chakra Spread	Anderson, Anselme, & Hart, pp. 60–61	
Ethics and professional practice		Anderson, Anselme, & Hart, pp. 103–109	
Scudder Meridian Clearing	Demonstration and practice of Scudder Meridian Clearing	Anderson, Anselme, & Hart, pp. 84–86	
Closing	Course evaluation		



# Healing Beyond Borders

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## **COURSE 2: ENERGETIC PATTERNING AND CLINICAL APPLICATIONS** **COURSE SYLLABUS**

### **Prerequisite:**

Successful completion of Foundations of Healing Touch course

### **Course Description:**

The skill of completing an intake interview that identifies patterns of behaviors for which Healing Touch techniques may be useful in assisting a patient to re-pattern their energy field is acquired. Healing Touch techniques learned in the foundation course are integrated into applications that assist in re-patterning spinal health. The appreciation of Healing Touch progresses to a deeper level with the acquisition of a technique to assist the patient in expanding their heart energy.

### **Course Objectives:**

The learner will be able to:

1. Demonstrate the ability to remain grounded, present, and heart-centered while working in the energy field.
2. Conduct an intake interview with a plan toward intervention.
3. Recognize that previous experiences may have an impact on physical, emotional, mental and spiritual health.
4. Assess the status of the chakras and biofield.
5. Document the process of re-patterning and balancing a patient's biofield.
6. Apply techniques that support the health and comfort of the back.
7. Describe how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice relates to their developing as a Healing Touch practitioner.

### **Course Content**

- Creating and supporting a healing environment
- Assessment skills and energetic patterning
- Clinical applications of energetic interventions
- Energetic Interventions: Chakra Connection, Glymphatic System Support, Hopi Technique, Spinal Flush, and Spiral Meditation
- Documentation of clinical findings
- Professional ethics and legal considerations of a developing healer

### **Course Text:**

#### **Required:**

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

#### **Companion:**

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

#### **Supplemental:**

Joy, B. (1979). *Joy's Way: A map for the transformational journey*. Putman, NY: Jeremy P. Tarcher.  
Hay, L. (1984). *You can heal your life*. Carson, CA: Hay House, Inc.

*Additional course materials and resources can be found in the instructor and student sections on the Healing Beyond Borders website: [www.healingbeyondborders.org](http://www.healingbeyondborders.org).*



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and course overview	Group meditation and course intention		
Review of techniques from Foundations of Healing Touch course	Review any techniques needing reinforcement		
Healing presence and healing environment		Anderson, Anselme, & Hart, pp. 21-25	Wardell, Kagel, & Anselme, Chapter 4
Intake and assessment process	Intake interview and assessment Practice documentation	Anderson, Anselme, & Hart, pp. 39-48	Wardell, Kagel, & Anselme, Chapter 6 Hay, Chapter 14
Intake and assessment process (continued)	Debrief of intake interviews and assessments		
Spiral Meditation	Demonstration and practice of Spiral Meditation	Anderson, Anselme, & Hart, pp. 92-94	Joy, pp. 191-201
Full healing session	Full healing session, including assessment with intake interview, Spiral Meditation, and Chakra Connection	Anderson, Anselme, & Hart, pp. 39-48, 92-94, 58-59	Joy, pp. 267-268, 191-201, 269-275
Professional practice	Debrief of full healing sessions Discussion of specific client needs and documentation of clinical work		
Glymphatic System Support		Anderson, Anselme, & Hart, pp. 70-71	



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day Two			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Meditation: Guided Self Spiral Meditation	Anderson, Anselme, & Hart, pp. 92-94	Joy, pp. 191-201
Energetic patterns and pain management		Anderson, Anselme, & Hart, pp. 95-102	Wardell, Kagel, & Anselme, Chapters 7 & 8
Spinal Flush and Hopi Technique	Demonstration and practice of Spinal Flush and Hopi Technique	Anderson, Anselme, & Hart, pp. 89-91, 72-73	
Break			
Spinal Flush and Hopi Technique(continued)	Debrief of Spinal Flush and Hopi Technique		
Lunch			
Full healing session	Practice of full healing session: may include techniques pertinent to case and/or Spinal Flush and Hopi Technique		
Break			
Full healing session (continued)	Debrief of full healing session		
Clinical applications	Discussion of clinical applications of Healing Touch		
Ethics and professional practice		Anderson, Anselme, & Hart, pp. 103-109	
Closing	Course evaluation		



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## **COURSE 3: ADVANCED HEALER PREPARATION** **COURSE SYLLABUS**

### **Prerequisite:**

Successful completion of Energetic Patterning and Clinical Applications course

### **Course Description:**

Methods of raising one's energetic vibration are acquired that facilitate the student's application of techniques that can be utilized with upper layers of the biofield.

### **Course Objectives:**

The learner will be able to:

1. Elevate the personal energy vibration to support upper level work.
2. Apply clearing, balancing, and energizing techniques to the upper energetic layers.
3. Deliver in-depth techniques to support spinal health.
4. Practice an Advanced Healing Session.
5. Identify how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of an advancing Healing Touch practitioner relates to their practice.

### **Course Content**

- Deepening assessment of the human energy system
- Advanced healer preparation to elevate personal energetic vibration: Core Star Expansion, Hara Alignment, and Spinning Chakras
- Advanced healing session and its clinical application and rationale
- Energetic Interventions: Celestial and Ketheric Template Repatterning, Chelation, Deep Auric Repatterning, Etheric Template Repatterning, Fifth Layer Healing, Glymphatic System Support, Lymphatic Clearing, and Spinal Clearing
- Advanced ethical application and use of high sense perception

### **Course Text:**

#### **Required:**

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

#### **Companion:**

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

#### **Supplemental:**

Brennan, B. (1993). *Light emerging*. New York, NY: Bantam Books.

Brennan, B. (1987). *Hands of light*. New York, NY: Bantam Books.

Bruyere, R. (1989). *Wheels of life: Chakras, auras, and the healing energy of the body*. New York, NY: Fireside.

Joy, B. (1979). *Joy's Way: A map for the transformational journey*. Putman, NY: Jeremy P. Tarcher.

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# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and course overview	Course intention		
Roles of the practitioner, patient, and observer			
The energy bodies		Anderson, Anselme, & Hart, pp. 35-37	
Advanced healer preparation	Hara Alignment Meditation, Core Star Expansion, and Spinning Chakras.	Anderson, Anselme, & Hart, pp. 49-53	Brennan (1993), Chapter 17
Chelation	Demonstration and practice of Chelation	Anderson, Anselme, & Hart, pp. 62-63	Bruyere, pp. 194-197 Brennan (1987), pp. 204-215
Break			
Chelation (continued)			
Lunch			
Spinal Clearing	Demonstration and practice of Spinal Clearing	Anderson, Anselme, & Hart, p. 88	Brennan (1987), pp. 216-217
Deep Auric Repatterning	Demonstration and practice of Deep Auric Repatterning	Anderson, Anselme, & Hart, pp. 64-65	
Advanced healing session	Completion of an advanced healing session, including Chelation and Spinal Clearing or Deep Auric Repatterning	Anderson, Anselme, & Hart, p. 50	
Break			
Advanced healing session (continued)			





# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day Two			
Topic	Learning Activity	Resource	Supplemental Resources
Course opening	Group meditation: Hara Alignment Meditation, Core Star Expansion, and Spinning Chakras..		
Ethics and research		Anderson, Anselme, & Hart, pp. 101-108	Wardell, Kagel, & Anselme, Chapters 5 & 9
Etheric Template Repatterning	Demonstration and practice of Etheric Template Repatterning	Anderson, Anselme, & Hart, pp. 66	
Break			
Lymphatic Clearing	Demonstration and practice of Lymphatic Clearing	Anderson, Anselme, & Hart, pp. 76-79	
Glymphatic System Support	Demonstration and practice of Glymphatic System Support	Anderson, Anselme, & Hart, pp. 70-71	
Lunch			
Fifth Layer Healing, Celestial and Ketheric Template Repatterning	Demonstration and practice of Fifth Layer Healing and Celestial and Ketheric Template Repatterning	Anderson, Anselme, & Hart, pp. 56-57	Brennan (1987), pp. 219-230
Break			
Advanced healing session	Completion of an advanced healing session, including Chelation and Celestial and Ketheric Template Repatterning	Anderson, Anselme, & Hart, pp. 49-50	
Closing	Course evaluation		



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## **COURSE 4: CASE MANAGEMENT AND PROFESSIONAL PRACTICE** **COURSE SYLLABUS**

### **Prerequisite:**

Successful completion of Advanced Healer Preparation course

### **Course Description:**

To align with the responsibilities of professional practice, this course is a practicum in which case management is implemented and multiple Healing Touch sessions are delivered over a period of time.

### **Course Objectives:**

The learner will be able to:

1. Apply a meditation (Ethereic Vitality) to clear and raise the personal energetic vibration.
2. Create sequential Healing Touch sessions appropriate to a patient's presentation.
3. Explore a variety of methods for practicing Healing Touch.
4. Work with other health care providers in a professional manner.
5. Describe the practicum process.
6. Identify how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of an advanced Healing Touch practitioner correlates to issues in their practice.

### **Course Content**

- Professional practice issues
- Professional legal and ethical issues
- Case management using the framework for a Healing Touch session
- Case study presentation to professional peers
- In-depth study of clinical applications
- Advanced healer preparation: Etheric Vitality Meditation
- Preparation for mentorship and practicum
- Advanced healer development

### **Course Text:**

#### **Required:**

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

#### **Companion:**

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

#### **Supplemental:**

Brennan, B. (1993). *Light emerging: The journey of personal healing*. New York, NY: Bantam Books.

Canali, R. (2013). *Mastermind alliances: Strategic tool for entrepreneurs*.

<http://www.bizmonthly.com/mastermind-alliances-strategic-tool-for-entrepreneurs/>.

Markides, K. (1987). *Homage to the Sun*. New York, NY: Penguin Books.

Seale, A. (2008). *The manifestation wheel: A practical process for creating miracles*. San Francisco, CA: Red Wheel/Weiser LLC.

*Additional course materials and resources can be found in the instructor and student sections on the Healing Beyond Borders website: [www.healingbeyondborders.org](http://www.healingbeyondborders.org).*



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and course overview			
Course centering	Group hara alignment meditation with course intention		Brennan, pp. 300-301
Role of the healer		Anderson, Anselme, & Hart, Chapter 2 & 4	Wardell, Kagel, & Anselme, pp. 88-92, and Chapter 11
Break			
Self as practitioner	Introduction of self as practitioner Selection of Practice Partner Intake interview	Anderson, Anselme, & Hart, pp.121-122	HBB CHTP application packet Criterion 2: resume considerations
Lunch and self care			
Review of Healing Touch session process	Review of Framework for a Healing Touch session and sequencing of techniques	Anderson, Anselme, & Hart, pp. 39-54	Wardell, Kagel, & Anselme, pp. 193-210, Chapters 7 & 8
Review of healing environment	Review environment and energetic space	Anderson, Anselme, & Hart, pp. 215	Wardell, Kagel, & Anselme, Chapter 3
Case management	First healing session exchange		
Debrief 1 <sup>st</sup> healing session exchange	Review documentation and debrief intake interview of first healing session exchange		
Dinner, self care, and networking			
Ethical and professional practice	Group discussion	Anderson, Anselme, & Hart, pp. 103-110	Wardell, Kagel, & Anselme, Chapter 5
Developing a professional practice	Group masterminding and professional practice visioning and manifestation		<a href="http://www.bizmonthly.com/mastermind-alliances-strategic-tool-for-entrepreneurs/">http://www.bizmonthly.com/mastermind-alliances-strategic-tool-for-entrepreneurs/</a> . Seale, book.



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day Two			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Group meditation		
Case management (continued)	Second healing session exchange		
Debrief 2 <sup>nd</sup> healing session exchange	Review documentation and debrief 2 <sup>nd</sup> healing session exchange as case study in progress		
Lunch and self care			
Healer preparation	Etheric Vitality meditation	Anderson, Anselme, & Hart, p. 54	Markides, pp. 58-60
Case management (continued)	Third healing session exchange		
Dinner, self care and networking			
Debrief 3 <sup>rd</sup> healing session exchange	Review documentation and debrief 3 <sup>rd</sup> healing session exchange as case study in progress		
Introduction of case study	Discuss case study process	Anderson, Anselme, & Hart, pp. 109-111	
Introduction of mentorship and practicum process	Discuss mentorship process and activities Professional Profile Notebook, Community Service, Networking	Anderson, Anselme, & Hart, pp. 109-111	HBB Mentorship guidelines  HBB CHTP application packet <b>Criterion 4: Mentorship.</b>



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day Three			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Group meditation Appreciative inquiry		
Introduction of mentorship and practicum process (continued)	Group discussion Documentation of 100 sessions		
Break			
Discharge planning			
Case management (continued)	Fourth healing session exchange		
Lunch and self care			
Debrief 4 <sup>th</sup> healing session exchange	Debrief of 4 <sup>th</sup> healing session exchange as case study in progress		
Professional practice and development	Review certification portfolio: Completion of courses, Professional Resume, Healing Modalities, Reading Program and Case study presentation		HBB CHTP application packet Criteria: (1) Course certificates; (2) Professional Resume; (3) Healing Modalities; (5) Educational Experiences; (6) Case Study
Closing	Course evaluation		



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## **COURSE 5: SELF-EVALUATION AND PROFESSIONAL DEVELOPMENT** **COURSE SYLLABUS**

### **Prerequisite:**

Successful completion of Case Management and Professional Practice course

### **Course Description:**

Completed mentorship activities are reviewed and evaluated to assist the students in identifying activities that can help them to grow in their professional practitioner role.

### **Course Objectives:**

The learner will be able to:

1. Analyze personal strengths, challenges and growth opportunities related to the practitioner role.
2. Evolve in the role from Healing Touch Student to Practitioner.
3. Review homework for course completion for increased depth of the practice.
4. Share specific practicum learning to enhance personal and professional growth.
5. Collaborate in the review of clinical case studies.
6. Correlate research studies to case situations and choices of treatment.
7. Present clinical cases to groups of professional care providers.
8. Demonstrate ability to deliver a Healing Touch session as part of a group.
9. Incorporate in their professional practice the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of a Healing Touch practitioner.

### **Course Content**

- Case study presentation
- Clinical application refinement
- Presentation and evaluation of practicum experiences, including healing modalities, reading program, mentorship, and community service
- Identification of strengths and growth opportunities for the Healing Touch practitioner

### **Course Text:**

#### **Required:**

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

#### **Companion:**

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

#### **Supplemental:**

*Healing Touch Practitioner Certification Application Forms and Criteria* (2015). [CHTP Application Link](#)  
Lakewood, CO: Healing Beyond Borders.

Brennan, B. (1993). *Light Emerging: The Journey of Personal Healing*. New York, NY: Bantam Books. (ISBN: 0553354566)

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# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and course overview	Group Hara Alignment Meditation and course intention		Brennan, pp. 300-301
Professional practice overview		Anderson, Anselme, & Hart, pp. 103-111	Wardell, Kagel, & Anselme, Chapter 6
Break			
Healing Touch practice and healer development		Anderson, Anselme, & Hart, pp. 17-25	Wardell, Kagel, & Anselme, Chapter 11
Lunch and self care			
Professional profile notebook	Presentation of professional profile notebooks and resume		
Break			
Dinner, self care, and networking			
Session wrap up	Discussion: Group healing exchange: one person as leader per exchange, using Framework for an HT Session		



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## Course Schedule:

Day Two			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Meditation		
Review of mentorship and practicum activities: documented sessions, healing modalities, reading program, mentorship process, and community projects			
Breaks, lunch, and self care			
Review of case study	Case study presentations		
Dinner and self care			
Review of case study (continued)	Case study presentations		
Day Three			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Meditation Group sharing		
Clinical practice issues	Group discussion		Wardell, Kagel, & Anselme, Chapters 6 & 8
Ethics of practice	Case study discussion	Anderson, Anselme, & Hart, pp. 103-108	Wardell, Kagel, & Anselme, Chapter 5
Research and evidence-based practice		Anderson, Anselme, & Hart, pp. 100-102	Wardell, Kagel, & Anselme, Chapter 9 HBB Research Brief
Lunch and self care			
Review of certification portfolio			HBB Certification Packet
Individual meetings for homework evaluation and feedback			HTI Healing Touch Certificate Program – Verification of Homework Completion Form
Evaluation and Closing	Course Evaluation		