



# Healing Beyond Borders

Educating and Certifying the Healing Touch®

## ADVANCED HEALER PREPARATION COURSE SYLLABUS

### **Prerequisite:**

Successful completion of Energetic Patterning and Clinical Applications course

### **Course Description:**

Methods of raising one's energetic vibration are acquired that facilitate the student's application of techniques that can be utilized with upper layers of the biofield.

### **Course Objectives:**

The learner will be able to:

1. Elevate the personal energy vibration to support upper level work.
2. Apply clearing, balancing, and energizing techniques to the upper energetic layers.
3. Deliver in-depth techniques to support spinal health.
4. Practice an Advanced Healing Session.
5. Identify how the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of an advancing Healing Touch practitioner relates to their practice.

### **Course Text:**

#### Required:

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

#### Companion:

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

#### Supplemental:

Brennan, B. (1993). *Light emerging*. New York, NY: Bantam Books.

Brennan, B. (1987). *Hands of light*. New York, NY: Bantam Books.

Bruyere, R. (1989). *Wheels of life: Chakras, auras, and the healing energy of the body*. New York, NY: Fireside.

Joy, B. (1979). *Joy's Way: A map for the transformational journey*. Putman, NY: Jeremy P. Tarcher.

*Additional course materials and resources can be found in the instructor and student sections on the Healing Beyond Borders website: [www.healingbeyondborders.org](http://www.healingbeyondborders.org).*



**Course Schedule:**

<b>Day One</b>			
<b>Topic</b>	<b>Learning Activity</b>	<b>Resource</b>	<b>Supplemental Resources</b>
Orientation and course overview	Course intention		
Roles of the practitioner, patient, and observer			
The energy bodies		Anderson, Anselme, & Hart, pp. 35-37	
Advanced healer preparation	Hara Alignment Meditation, Core Star Expansion, and Spinning Chakras.	Anderson, Anselme, & Hart, pp. 49-53	Brennan (1993), Chapter 17
Chelation	Demonstration and practice of Chelation	Anderson, Anselme, & Hart, pp. 62-63	Bruyere, pp. 194-197 Brennan (1987), pp. 204-215
Break			
Chelation (continued)			
Lunch			
Spinal Clearing	Demonstration and practice of Spinal Clearing	Anderson, Anselme, & Hart, p. 88	Brennan (1987), pp. 216-217
Deep Auric Repatterning	Demonstration and practice of Deep Auric Repatterning	Anderson, Anselme, & Hart, pp. 64-65	
Advanced healing session	Completion of an advanced healing session, including Chelation and Spinal Clearing or Deep Auric Repatterning	Anderson, Anselme, & Hart, p. 50	
Break			
Advanced healing session (continued)			



**Course Schedule:**

<b>Day Two</b>			
<b>Topic</b>	<b>Learning Activity</b>	<b>Resource</b>	<b>Supplemental Resources</b>
Course opening	Group meditation: Hara Alignment Meditation, Core Star Expansion, and Spinning Chakras..		
Ethics and research		Anderson, Anselme, & Hart, pp. 101-108	Wardell, Kagel, & Anselme, Chapters 5 & 9
Etheric Template Repatterning	Demonstration and practice of Etheric Template Repatterning	Anderson, Anselme, & Hart, pp. 66	
Break			
Lymphatic Clearing	Demonstration and practice of Lymphatic Clearing	Anderson, Anselme, & Hart, pp. 76-79	
Glymphatic System Support	Demonstration and practice of Glymphatic System Support	Anderson, Anselme, & Hart, pp. 70-71	
Lunch			
Fifth Layer Healing, Celestial and Ketheric Template Repatterning	Demonstration and practice of Fifth Layer Healing and Celestial and Ketheric Template Repatterning	Anderson, Anselme, & Hart, pp. 56-57	Brennan (1987), pp. 219-230
Break			
Advanced healing session	Completion of an advanced healing session, including Chelation and Celestial and Ketheric Template Repatterning	Anderson, Anselme, & Hart, pp. 49-50	
Closing	Course evaluation		