



Healing Beyond Borders

Educating and Certifying the Healing Touch®

SELF-EVALUATION AND PROFESSIONAL DEVELOPMENT COURSE SYLLABUS

Prerequisite:

Successful completion of Case Management and Professional Practice course

Course Description:

Completed mentorship activities are reviewed and evaluated to assist the students in identifying activities that can help them to grow in their professional practitioner role.

Course Objectives:

The learner will be able to:

1. Analyze personal strengths, challenges and growth opportunities related to the practitioner role.
2. Evolve in the role from Healing Touch Student to Practitioner.
3. Review homework for course completion for increased depth of the practice.
4. Share specific practicum learning to enhance personal and professional growth.
5. Collaborate in the review of clinical case studies.
6. Correlate research studies to case situations and choices of treatment.
7. Present clinical cases to groups of professional care providers.
8. Demonstrate ability to deliver a Healing Touch session as part of a group.
9. Incorporate in their professional practice the Healing Beyond Borders Code of Ethics, Standards of Practice and Scope of Practice required of a Healing Touch practitioner.

Course Text:

Required:

Anderson, J. G., Anselme, L., & Hart, L. K. (2017). *Foundations and Practice of Healing Touch*. Lakewood, CO: Healing Beyond Borders.

Companion:

Wardell, D., Kagel, S., & Anselme, L. (2014). *Healing Touch: Enhancing life through energy therapy*. Bloomington, IN: iUniverse.

Supplemental:

Healing Touch Practitioner Certification Application Forms and Criteria (2015).

<https://www.healingbeyondborders.org/images/CertPackets/CHTP-App-2015-2017.pdf> Lakewood, CO: Healing Beyond Borders.

Brennan, B. (1993). *Light Emerging: The Journey of Personal Healing*. New York, NY: Bantam Books. (ISBN: 0553354566)

Additional course materials and resources can be found in the instructor and student sections on the Healing Beyond Borders website: www.healingbeyondborders.org.



Course Schedule:

Day One			
Topic	Learning Activity	Resource	Supplemental Resources
Orientation and course overview	Group Hara Alignment Meditation and course intention		Brennan, pp. 300-301
Professional practice overview		Anderson, Anselme, & Hart, pp. 103-111	Wardell, Kagel, & Anselme, Chapter 6
Break			
Healing Touch practice and healer development		Anderson, Anselme, & Hart, pp. 17-25	Wardell, Kagel, & Anselme, Chapter 11
Lunch and self care			
Professional profile notebook	Presentation of professional profile notebooks and resume		
Break			
Dinner, self care, and networking			
Session wrap up	Discussion: Group healing exchange: one person as leader per exchange, using Framework for an HT Session		



Course Schedule:

Day Two			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Meditation		
Review of mentorship and practicum activities: documented sessions, healing modalities, reading program, mentorship process, and community projects			
Breaks, lunch, and self care			
Review of case study	Case study presentations		
Dinner and self care			
Review of case study (continued)	Case study presentations		

Day Three			
Topic	Learning Activity	Resource	Supplemental Resources
Session opening	Meditation Group sharing		
Clinical practice issues	Group discussion		Wardell, Kagel, & Anselme, Chapters 6 & 8
Break			
Ethics of practice	Case study discussion	Anderson, Anselme, & Hart, pp. 103-108	Wardell, Kagel, & Anselme, Chapter 5
Research and evidence-based practice		Anderson, Anselme, & Hart, pp. 100-102	Wardell, Kagel, & Anselme, Chapter 9 HBB Research Brief
Lunch and self care			
Review of certification portfolio			HBB Certification Packet
Individual meetings for homework evaluation and feedback			HTI Healing Touch Certificate Program – Verification of Homework Completion Form
Evaluation and Closing	Course evaluation		